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Amul was quick on the draw with the nomination of Droupadi Murmu for the next President of India. Its cartoon comes with the caption setting a President Put MurMaska on bread. It the kind of wordplay that is Amul bread and butter. But it also raises an intriguing question. Does the historic precedent set by someone who might become India first tribal woman President risk eclipsing everything else about Droupadi Murmu As soon as her name surfaced the media was filled with stories about masterstrokes, electoral implications for upcoming polls, the Adivasi role in the Hindutva project and whether she would be a rubber stamp president. It puts the Congress in a quandary as it has to figure out whether it is wise to oppose a tribal candidate when one of the few states left in its shrinking kitty is Chhattisgarh with a large tribal population. All of those calculations might be true. Identity politics is necessary because that is one way to measure representation and one cannot underestimate the importance of seeing one identity represented in government. One might argue about whether the presidency of Barack Obama made a qualitative difference in the lives of people of colour in America but seeing his face in a parade of white male POTUSes does count for something. But the danger of identity politics is it reduces the complexity of a human being to one word Adivasi or Muslim or gay. Identity traps are hard to avoid especially with under represented communities. Disney Ms Marvel is making headlines with its first Muslim South Asian superhero. But whether viewers keep coming back will depend on how compelling its storyline is. It will have to be more than first Muslim desi superhero. I remember watching an Indian television programme on LGBT issues a few years ago. Filmmaker Nishit Saran who happened to be gay had died tragically young and his mother Minna had become a champion for LGBT rights. But in the programme she said, Nishit was not just a gay boy. There was much more to Nishit. Her wistfulness still echoes because it is so easy to erase that much more from the lives of others. That was clear in the recent hearings during the nomination of Ketanji Brown Jackson as US Supreme Court justice. K C Cole writes in Wired.com I found myself miffed at how the media identified her almost exclusively as First Black Woman true, but also, in a way, generic. Cole writes that while milestones and identity matter, the problem is some people never got past First Black Woman. Identity is a complex multi splendored beast. It is not, as Cole thoughtfully reminds us, an equation where both sides are equal. That is something worth remembering while covering the candidature of Murmu. Snippets of her biography have emerged her career in the BJP, her stint as a governor, stories about her humility, her RSS connections, the tragedy in her family life. Some of this is relevant to her candidature.

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For presidency, some but not all of it adds up to more than First Santhal Woman President. In India as we get more mired in identity and sub identity politics, candidates in many parts of the country just become a stand in for their caste groupings. But at the level of the presidency all of that becomes symbolic. One cannot say the tenure of Ram Nath Kovind as President helped the cause of Dalit empowerment in India. Nor did Pratibha Patil term advance the rights of women. It is unfair to put the weight of tribal advancement on one Droupadi Murmu shoulders. It is not her responsibility to make right historical wrongs. Nor is her nomination reparations for the same. But it is an opportunity for many Indians to take stock of their attitude towards Adivasis. In her book Whole Numbers and Half Truths, Rukmini S writes a four state survey showed upper caste Indians tend to think the lack of educational and income attainments of SC ST Adivasi groups was really a lack of effort although many in the same groups believed they themselves needed state assistance. She also writes about interviewing the family of an adivasi farmer in Madhya Pradesh who died waiting to sell wheat in a seven day line at a government procurement center. The family served tea and gave her freshly harvested sweet potatoes. On the way back a local journalist who had accompanied her asked their driver to stop at the nearest tea stall. He admitted he had pretended to be fasting at the farmer home because as a Brahmin he could not bear to eat or drink at the Adivasi home. Now Rashtrapati Bhavan might become an Adivasi home. But in the paeans and think pieces around that, let not lose sight of Droupadi Murmu herself. The Shiv Sena dissidence conundrum is not nearing any solution. The ranks of the dissidents are swelling day by day creating great excitement for opposition politicians in the state as well as TV anchors parked outside Radisson Blue hotel in Guwahati. But in all this drama, most politicians and the media together have battered out of shape the poor anti defection law, creating a lot of confusion. Everyone keeps spouting the number 37 as if it is a magic spell. The assumption is that if Eknath Shinde rebel group can muster the support of at least 37 MLAs which is two thirds the party 55 legislators, they can escape disqualification. But a close reading of the original law on defection, namely the 10th Schedule of the Constitution, shows that there are provisions most people have conveniently forgotten about in their euphoria. It is therefore necessary to turn our attention to these key provisions of the law on defection which came into force in 1985. Under the 10th Schedule, if a member of a legislative house belonging to a party voluntarily gives up the membership of his or her party or votes against the whip issued by that.

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Party in the house, he or she is liable to be disqualified. But the law carved out two exceptions under which a member could escape disqualification. One exception was in relation to a split in the original political party, resulting in one third of the legislators moving out and forming a separate group. In such a situation that group was not liable to be disqualified. But because this exception was greatly misused by politicians remember the ayaram gayram culture, it was later removed by Parliament through an amendment. Even the first condition for a split, namely, that it has to occur in the original political party was ignored and the split in the legislature wing alone came to be counted. The second exception is with regard to merger. Under it, if a political party merges with another political party and two thirds of its legislators agree to such merger, they will not be disqualified. This is the exception which has been misused in all cases of defection that occurred during the past eight years or so. As had happened in the case of split, here too, the members take notice of only the number. They started acting on the assumption that all that is required under the law is for them to secure the two third number and move out of their party. In all such cases, the Speakers who determine the defection cases, have, for obvious reasons, supported them. As it happened, all those legislators straightaway joined the ruling party. However, Para 4 of the 10th Schedule which contains this exception makes one thing clear. The merger shall be deemed to have taken place in the original political party only if not less than two thirds of the legislators agree to such a merger. The law is also clear on the point that the merger has to first take place between two original political parties. If no such merger takes place, the exception does not become applicable. However, in a recent judgment of Bombay High Court in Girish Chodankar vs Hon Speaker Goa legislative assembly, it was held that the merger of two third of members of a legislature party with another party shall be deemed to be the merger of the original political parties. This judgment does not reflect the correct constitutional position as per the 10th Schedule. Nevertheless, the judgment too emphasises the fact that the two thirds of the members of the legislature party have to merge with another party to escape disqualification. From this analysis of the legal provisions of the anti defection law, two things become clear. One, the breakaway group of Sena rebels even with two thirds of members cannot function as an independent group or party. Two, if there is no merger with the BJP or any other party, the exemption from disqualification does not apply and all become liable to be disqualified. The basic point of the 10th Schedule is to disqualify whoever leaves his party after being elected. It may.

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Is positive thinking an inherent characteristic of a person or can it 69 be developed in one psyche? The opinions differ in answering this vital question. Some people believe that it can be inherited from parents, and cannot be developed. Others believe that like other qualities it can be developed with proper practice and guidance. Still some others hold the opinion that it is hereditary to some extent but can be acquired to some degree. There is also a section of people, who believe that all depends on circumstances or luck. We need to adopt a scientific approach to find an answer to the above question. No one can get success every time even after making efforts, nor can one fail constantly. Moreover, success has different meaning for different people. For some students, getting 60 per cent marks is success, for others it may not be sufficient. In a competitive examination, success means getting selected, whatever the percentage of marks. As for inheritance theory, since positive attitude is not a physical feature but a mental faculty, it cannot be purely hereditary. It can be developed. Moreover, parents play a major role in developing this quality of a child. A child, who watches his parents working hard, having faith in success through their words, behavior and body language, is likely to develop a similar attitude. The children of short-tempered, over-cautious and nervous parents may assume similar characteristics when they grow up. Psychologists, therefore, prescribe a code of conduct for parents behavior in front of their children. They must exude confidence, self-belief and hope, especially in difficult situation, so that the children emulate these qualities. They must be taught the importance of being positive before, during and after the performance of a task. There is no better education for a child than watching his parents come out of a tough situation by means of earnest endeavors. Such success not only gives more joy but also increases self-confidence. Manifesto has mentioned to procure 24 crops at MSP. So far, the procurement of crops like bajra and mustard was irregular and restricted to 25 quintals per farmer. This year Bajra is being procured 40 quintals per farmer. However, to give optimum benefit, the quantity restriction may be removed like paddy and wheat procurement and it must be made regular. There is an incentive to divert from paddy cultivation which is not benefiting southern districts; hence an incentive to adopt more remunerative crops like castor seed, onion, coriander, papaya, lemon etc may be given in these areas. All the southern districts except Gurugram and Rewari are industrially backward. Of the ten proposed Kharkhoda like industrial townships at least three should be near Loharu, Mahendragarh Charkhi Dadri and Bhiwani. To make it a success, a rail link between Loharu to Dadri .Bhiwani and concession in electricity for a few years are sine qua none. Besides, the area also lacks good technical institutions. Hence, industrial estates and good ITIs in its main townships like Badhra, Jui, Jhojhu, etc may be set up. Lastly, Gurugram has unprecedented growth but it is not integrated with other parts of the state, therefore at least one another IT centre at Hisar or Ambala may be developed. It is experience that two nearby IT centres like Mumbai & Pune, Bangalore & Mysore, Hyderabad & Sikandrabad give higher growth to the sector. In previous two terms BJP has been engaged in maintenance, small works here

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Stretching specific tendon or muscle can improve the elasticity of muscles, which in turn helps in achieving a comfortable muscle tone. Through its portal system to avail government benefits and of Family and property. Just after winning, the recruitment letters to 25000 youths based on merit have already sent a positive wave among the less privileged families. The written examination in promotion may also benefit silent workers and improve their efficiency. Besides, the government has to focus on some macro policies and development of the peripheral regions which have supported the BJP. A few constraints of the poor and distant districts and suggestions for development are as under. Stretching s specific tendon or muscle can improve the elasticity of muscles, which in turn helps in achieving a comfortable muscle tone. There are several benefits of regular stretching, and it should be an integral part of every workout program. It not only helps increase your flexibility, which is an important part of fitness, but it can also improve your posture, body aches, reduce stress, and much more. One of the benefits of regular stretching is that it enhances flexibility. Being flexible has its own advantages, as it not only improves your day to day activities, but can also help delay the reduced mobility that comes with aging. Stretching 9on a regular basis can help increase your range of motion. You can either go for static or dynamic stretching as they both are effective when it comes to the increasing range of motion. According to the studies, proprioceptive neuromuscular facilitation or PNF type of stretching is more effective for immediate results. Regular stretching can not only help heal an existing back injury but can also prevent future back pain by reducing your risk for muscle strain and strengthening your back muscles. All the people who regularly go to the gym know how helpful stretching can be. Performing dynamic stretches prior to exercise in the gym can help prepare your muscles. Not the only gym, but it can also help you improve your performance in dance or an athletic event. It is only natural that your muscles get tense when you experience physical or emotional stress. This is because the tightening of your muscles is the response of the body towards stress. All you need to do is focus on the areas of your body where you feel the stress, such as your neck, shoulders, etc. and stretch those parts of your body. Distance of peripheral districts is one of the constraints in approaching many of the facilities from the departments and high court located in Chandigarh, The BJP manifesto of 2014 has highlighted setting a special bench of the high court for southern and central districts but it is not even mentioned in 2024. It is to be taken as priority number one. BJP manifesto mentions providing all facilities at doorsteps hamare ghar ke dawar but does clarify the procedure. It can be possible if the director-level offices of development & welfare departments and financial institutions are shifted to the approachable districts. The Ahirwal belt, dominated by Ahirs Yadavs voters in 11 Assembly seats of Rewari, Mahendragarh and Gurugram as usual stood behind the BJP where the party won 10 seats this time. In the Brij belt of Palwal and Faridabad with a large number of Gurjar voters; the BJP has replicated its performance of 2019, by winning seven seats out of nine assemblies. In the Mewat belt with a 70 per cent population of Muslims,

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Be one member or it may be all the members. Of course, it is subject to the exception of merger. The anti defection law was enacted not to facilitate defection but to eliminate it. This is one cardinal fact which the legislators and the political class as a whole seem to have forgotten. That is the lesson the Maharashtra developments teach us once again If one is to look back in the past decade or so, the rapidity with which transformation has touched upon the Indian logistics sector is simply mind boggling, to say the least. Thanks to the constant integration of standardized and upgraded technology, we have been keeping up successfully with the change that the sector is witnessing globally. By 2025 India logistics market is anticipated to hit the 380 Ban Dollar mark with a of 7 8 per cent. Its contribution to the country GDP stands at a stunning 14.4 per cent, which is much higher than the contrasting global average of 8. A slew of technological advancements coupled with government backed initiatives to strengthen the road and infrastructure of the country has provided the much needed thrust to developments in logistics. Unnecessary costs have been trimmed downed significantly and logistic service providers now have the opportunity to empower their customers by providing them with customised solutions. Such advancements have led to more investments being poured into the sector and have helped it emerge as one of the key sources of employment generation. Consequently, an improved and robust logistic sphere brings about global trade integration, optimal use of national transport assets, better competitive exports, and low import costs. To begin with, the sheer magnanimity of scale at which the government is functioning to improve transportation in India is commendable. It projects a sanguine future for the logistics industry in India. The PM Gati Shakti yojana a 7 pronged project is nothing less than a breather to the transportation networks of India that had debilitated from years of poor upkeep and low maintenance. A multi modal promise to improve roadways, highways, waterways etc, the Gati Shakti project is a pragmatic approach to bring in connectivity which is economical and sustainable in the long run. Gati Shakti comes as a thrust to the Indian government efforts at a time when it is in the process of centralizing the strategic networks for shipment distribution instead of depending on inefficient direct route operations. Fostering integration in the logistics system will help the e commerce industry, in turn, to clock better growth as they form a major client base in the logistics sector. It nothing short of the synergy that the logistics and infrastructure of the country need in order to be more fruitful for the economy. Alongside this, through its Unified Logistics Interface Program the government can enable a one stop platform for its major stakeholders by focusing on the larger more holistic view that interlinks the data sources of ministries; streamlines the process of data exchange and create unified contact.

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Up looking to the wider adoption of up for making electronic payments that are currently linked to bank accounts, the scope will now be widened to link it with credit cards. It will be a breakthrough reform as the customer cannot presently use the credit card on goes by using up for petty payments as easily as using a digital wallet. In order to begin permitting linking of debit cards, repay credit cards will be allowed. Once the nice puts the ecosystem in place, repay credit card holders can link them to up and can use it for all purposes. It will increase user convenience and card issuers will be benefited with higher utilization of credit limits. It will be another strategic initiative to widen the use of up app for retail payments. Other credit card holders may also get the facility in due course. Looking to the popularity of e mandates on cards for recurring payments with additional factor authentication at the time of initiating mandate, the limit is raised. The existing limit for such e mandates is rs. 5000 mandates which will now be raised to rs.15000 to automatically make payments for periodical commitments. This will further improve the culture of using digital means to settle payments. The regulatory measures will be instrumental in enlarging scope of digital connect. Banks need to invest on cyber security as more and more products are put on up increasing its sensitivity. As the world gradually unfolds to the post pandemic era, it is becoming increasingly difficult for students to pace up with the rapidly demanding education scenario. About two years ago, when the covid 19 pandemic brought the entire world to a standstill, we all got accustomed to a new lifestyle of living. The hustle bustle of everyday life came to a halt and people started adopting the approach of working from home. The lifestyle for students across different age groups was no different, they got conditioned to the digital ways of learning, which opened an all new horizon for their learning experience. Everything got digitalized and the travel time to school also become null, owing to which the students got some extra time in their hand that they started investing as per their interests and preferences. Fast forward to the present day scenario, by the grace of god, the number of covid 19 cases are seen to be dipping across the globe. The world is gradually getting back to normal, while accepting blended ways of living. However, this transition of the post pandemic era has made it difficult for students to brace up with the rapidly demanding education scenario. They are not only projected to travel to their schools and colleges regularly, but they are also burdened with the expectation to prepare for competitive examinations, attend offline coaching, pursue internships, and what not! This sudden upsurge in expectations from students has made their life miserable, which is also leading to a lot of common stress disorders and anxiety amongst the.

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Young students In this scenario, it is imperative for parents and relatives to not put any undue pressure on the students, or else it will only end up hampering their personal as well professional growth and wellbeing. What are some common signs and symptoms of stress among students some of the commonly noticed signs and symptoms of stress among students include physical symptoms such as irregular bowel movements, getting sick frequently, involuntary shaking or twitching, change in eating habits, changing in sleeping habits, nausea, fatigue, constant headache, and nail biting. Emotional and cognitive symptoms such as chronic worrying, impaired concentration, anxious feelings or thoughts, trouble with remembering things, restlessness, reduced desire for activities, and anxious feelings and thoughts. How can students manage stress progressively do not know where to start from here are some tips and tricks for students to manage stress and pressure in the post pandemic era. Take a pause and breathe! We understand that life feels like a complete race at this age when you are constantly working hard to meet your personal goals and ace your educational ambitions. However, do not be too harsh on yourself while trying to make the ends meet. Always make time to take a pause and spend time with yourself and your loved ones. Time management is the key studies show that one of the main root causes behind students undergoing stress is because of not being able to keep up with their to do list! In this case, time management is the key to peace and happiness. Try to follow a pre defined routine that makes time for studies as well as leisure activities. And most importantly, dont cheat on yourself while sticking to your routine. Confront the stress factor there is no point in living your life in oblivion. So, one of the best ways to manage stress is to identify and confront the stress factor. Try to discuss with your parents about what is bothering you and follow an open minded approach to find a solution for your problem. Treat yourself for little joys life is all about celebrating every moment. So, do not forget to treat yourself for little joys and achievements that you make. Whether it is about scoring good marks in your exams or something as simple as achieving all that was on your to do list for the week, do not forget to celebrate! Exercise, eat and sleep well if your mind, body and soul are in perfect harmony with each other, no stress factor can bother you and stop you from putting your best foot forward. So, no matter how packed your study schedule looks like, always make appropriate time for exercising, eating and sleeping harmoniously. Notwithstanding the fact that the sun was on fire in national capital, yet the massive ram Lila ground had no space left even before the start of historic rally. That was June 25, 1975 and it was a mother of all political rallies. Never before Delhi or.

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India had seen such a mammoth rally. And ram Lila ground was jam packed to hear the likes of jayaprakash Narayan jpg, chary kriplani, korari decay, atlas behari Vajpayee, chandrasekhar and many more. People were reaching the venue on ditch buses to cycles and even on foot. Those were the days when nobody thought metro rail will ever be a reality in Delhi. That was a rally against the alleged autocratic rule of Mrs. Indira Gandhi government. After India stunning victory over Pakistan in 1971 war, Mrs. Gandhi became a changed person. Ken govind acharya rightly says that the story of the emergency did not begin on june 25 1975, when it was imposed. It started after Indira Gandhi as prime minister won the Bangladesh war after sweeping the general election against the grand anti congress alliance. The slogan of garb hate was extremely catchy and, in early 1972, she was being likened to the goddess drug. It goes without saying that the victory went to her head and within a couple of years, her son sandal Gandhi also started playing a dominant role in politics to help his mother and also to carve out a place for himself. This led to the lumpenization of the congress. And crowd at the ram Lila ground cheered veteran of 1942 quit India movement jpg when he thunderously recited armchair Singh dinar evocative poetry singhasan khaki kayo key junta await hair. Those were the heady days as Indira Gandhi was found guilty of violating electoral laws by the Allahabad high court. Jpg called mars Gandhi to resign, and advocated a program of social transformation which he termed sampoorna karate total revolution. Instead Mrs. Gandhi proclaimed an emergency on the midnight of june 25, 1975. In his very spirited speech despite his ill health, jpg had asked the military and the police to disregard unconstitutional and immoral orders of the government. Bop leader arum jitney used to recall the events that unfolded after the rally which he attended and organised with his above friends. After attending the ram Lila ground rally i came back to my Narayan home late in the evening. I was at that time a second year student of the law faculty of Delhi university pursuing my studies. I was the president of the Delhi university students union and convener of jpg committee for youth and students organisations. At about 2am past midnight, jitney received a midnight knock at his residence. The police had come to arrest him. His lawyer father got into an argument. He asked cops to inform him as to the nature of offence his son arum jitney had committed. The police had simple instructions to arrest him. While argument was on, jitney escaped through the backdoor and went to his friend house in west Delhi. In the morning, there were no newspapers. Electricity of the entire press at bahadurshah safari mar had been disconnected. News started trickling in that the entire political leadership of the opposition including.

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Jai parkas nearing, korari decay, choudhury chairman Singh, atlas behari Vajpayee, like. Advent had been arrested. The police station in timarpur nearby Delhi University was the centere of this activity. All the detained leaders had been taken there and transferred to specific jails in Haryana and Delhi. Meanwhile, arum jitney along with his co above workers reached Delhi university campus by about 10.00am to organize a protest. This was the only protest against the emergency which took place that day in the whole country. An effigy was burned by them in protest. The news of the protest attracted a large number of policemen to the Delhi university campus. The declaration of emergency under article 352 of the constitution was accompanied by a notification under article 359 wherein fundamental rights under articles were suspended. All the newspapers were subjected to pre censorship. A representative of the censoring authority sat in the office of every newspaper and news agency. No news critical of the government could be published. The right to oppose the government was taken away. No protests were allowed anywhere in the country. The Supreme Court in perhaps the worst amongst the post independence judgments, in the habeas corpus case, ruled that even though political detainees have been illegally detained, they have no right to approach the court and seek relief. The government took the position that even if a detainee was killed, the court could not be approached. And again going back to ram Lila ground, it has witnessed many momentous political rallies, public felicitation functions as well as condolence meetings in the past. When the freedom struggle was on, Gandhi jig, pt. Nehru, sadder Patel, maulana azad and other top leaders of freedom struggle addressed largely attended rallies here. A very interesting anecdote is associated with Mohammad ali jinnah with this very ground too. It is said that when he was addressing a rally organized by the Muslim league in 1945, some people sitting close to make shift stage started shouting, maulana jinnah zindabad. Hearing this very slogan, he lost his cool and asked them to stop calling him as maulana. I am your political leader, hence never call me maulana, he told them rather sternly. Interestingly enough, even though big rallies have been taking place here since long, the rostrum for speakers was only erected when British queen Elizabeth came to India in 1961. There was a public function to felicitate her on behalf of the people of Delhi. That is the time when permanent structure was constructed. The condolence meetings of first president of India dr. Rajendra Prasad and then pt. Nehru, the first prime minister were attended by thousands of people. The only sour moment of pt. Nehru condolence meeting was when his sister Mrs. Vijay lame pandit paid her moving tribute in English, while delegates from japan and the then soviet union spoke in Hindi. Local papers pointed out this fact of the meeting very prominently next day. As recently as couple of years.

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And eliminate gender-inequality among certain tribal communities. The Judiciary seems to be of the opinion that STs are better off deemed legally Hindu for the purpose of succession rights at least. If the Government were to succeed in legally bringing STs for all purposes under the broader umbrella of Hindus, what would be the fate of the tribal who identify themselves as ORP? Could they lose their ST status in future? In the case of Tribal Muslims and Christians, the Supreme Court in the Chinthada Anand case has already held that tribes who have adopted a different way of life outside their tribal practices will lose their ST status. Hinduism arguably remains the only religion for the Tribal within which they can continue their way of life without any theological conflict. If the Government fails to bring the necessary amendments, will the Courts take it upon themselves to strike down the exclusion created by Section 2(2) of the HSA for the benefit of the tribal women? Given the judicial mood on this issue, it does not seem an implausible idea. Degree View Air conditioners (ACs) are catching fire or even exploding often enough that it should worry us. But nobody really knows how big the problem is because the government doesn't keep official records of injuries or deaths caused by AC fires. There are a few obvious reasons. More and more people are buying ACs about 1. 5 crore new ones every year. At the same time, hotter and more humid weather means ACs are running for longer hours without a break. Poor maintenance and the use of certain refrigerant gases, which are better for the environment but can catch fire more easily, may also increase the risk. If nothing changes, the problem could get much worse. India is expected to have about 110 crore ACs by 2050, and cities are likely to become even hotter. The government should set stricter safety standards for ACs and refrigerators. Even if safer designs cost more, preventing fires is more important. Machines designed for cooler temperatures may not work safely when cities regularly reach 45 Degree. The government should also think about reducing the huge amount of electricity ACs use. Better AC designs, smarter city planning, and cooler buildings could help keep people comfortable while using less energy. Making ACs safer cannot wait. All tantra treatises are dialogues between Shiv and Devi. Devi questions and Shiv answers. It is not a dialogue between a teacher and a disciple; it is a dialogue between two lovers. And tantra signifies that the deeper teachings cannot be given unless there is love between the two the disciple and the master. So, it is a language of love. The disciple must be in an attitude of love. You need not be a woman to be a disciple, but you need to be in a feminine attitude of receptivity. When Devi asks, it means the feminine attitude asks. Why this emphasis on female attitude? Man and woman are not only physically different, but they are also psychologically different. Sex is not only a difference in the body; it is a difference in psychologies also. Feminine receptivity means a womb-like receptivity in the inner depth, so that you can receive. And not only that much more is implied. A woman is not only receiving something, the moment she receives it, it becomes a part of her body. A child is received. A woman conceives; the moment there is conception, the child has become part of the feminine body. It is not alien; it is not foreign. A disciple needs

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womb-like receptivity. Whatever is received is not to be gathered as dead knowledge. It must grow in you; it must become blood and bones in you. This growth will change you, and will transform you into the receiver. That is why tantra uses this device. Every treatise starts with Devi asking a question and Shiv replying to it. Devi is Shiv's consort, his feminine part. That is why tantra is written in love language. Something must also be understood about love language. There are two types of language: logical language and love language. There are basic differences between them. Logical language is aggressive, argumentative, violent. My ego is always 'right'. Love language is totally different. I am not concerned with my ego; I am concerned with you. It is a compassion to help you to grow, to help you transform, to help you be reborn. Vijnan means consciousness, and bhairav is a specific term, a tantra term for one who has gone beyond. That is why Shiv is known as Bhairav and Devi is known as Bhairavi those who have gone beyond dualities. In our experience only love can give a glimpse. That is why love becomes the very basic device to impart tantric wisdom. In our experience we can say that only love is something which goes beyond duality. When two people are in love, the deeper they move into it, the less and less they are two, the more and more they become one. And a point comes and a peak is reached when only apparently, they are two. Inwardly they are one; the duality is transcended. Tantra is pure science. Tantra doesn't touch your religion at all. Tantra says religion is a social affair. When you are ill, then whether you are a Hindu or a Mohammedan makes no difference. Tantra is amoral. On the contrary, you are immoral because you have a disturbed mind. There is a particular vanity in offering advice one has not yet been compelled to follow. For years, friends, family, the occasional stranger trapped in an airport queue have been informed, with the gentle insistence of a man who fancies he knows better, that on long-haul flights one must always carry one's own food, at least for the first leg. Last week, on an SFO-Frankfurt-Mumbai itinerary, the inconvenience of practising one's own preaching at last arrived. A tiffin of homemade quinoa travelled quietly in the hand luggage, and at Frankfurt, a sensible little tub of curd was acquired to keep it company. The first leg was operated by Disunited and its Asian Veg meal arrived in due course. But declined to identify itself. Once the kindly stewardess admitted, I had no clue, the plate was returned. The quinoa and curd, meanwhile, performed with the discreet competence of objects that have never been asked to explain themselves. By the time the Frankfurt lounge appeared, dignity and digestion were both intact, a combination on which the modern traveller cannot always count. The second leg, optimism insisted, would be entirely different. This was, after all, the Maharaja's airline, let's call it Err India. Its head purser, a woman of considerable grace, made one feel like a long-expected houseguest. The starters arrived; the mains followed; and at length the palak appeared deeply green, properly creamy, and yet, somehow, faintly suspicious. I lifted my fork. Something in the palak was not behaving as palak should. The steward observed, with the philosophical calm of a man long acquainted with vegetables, Sir, that must be potato. The object was cut neatly in two, the cross-section poli

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The opinions differ in answering this vital question. Some people believe that it can be inherited from parents, and cannot be developed. Others believe that like other qualities it can be developed with proper practice and guidance. Still some others hold the opinion that it is hereditary to some extent but can be acquired to some degree. There is also a section of people, who believe that all depends on circumstances or luck. We need to adopt a scientific approach to find an answer to the above question. No one can get success every time even after making efforts, nor can one fail constantly. Moreover, success has different meaning for different people. For some students, getting 60 per cent marks is success, for others it may not be sufficient. In a competitive examination, success means getting selected, whatever the percentage of marks. As for inheritance theory, since positive attitude is not a physical feature but a mental faculty, it cannot be purely hereditary. It can be developed. Moreover, parents play a major role in developing this quality of a child. Stretching s specific tendon or muscle can improve the elasticity of muscles, which in turn helps in achieving a comfortable muscle tone. There are several benefits of regular stretching, and it should be an integral part of every workout program. It not only helps increase your flexibility, which is an important part of fitness, but it can also improve your posture, body aches, reduce stress, and much more. One of the benefits of regular stretching is that it enhances flexibility. Being flexible has its own advantages, as it not only improves your day to day activities, but can also help delay the reduced mobility that comes with aging. Stretching 9on a regular basis can help increase your range of motion. You can either go for static or dynamic stretching as they both are effective when it comes to the increasing range of motion. According to the studies, proprioceptive neuromuscular facilitation or PNF type of stretching is more effective for immediate results. Regular stretching can not only help heal an existing back injury but can also prevent future back pain by reducing your risk for muscle strain and strengthening your back muscles. All the people who regularly go to the gym know how helpful stretching can be. Performing dynamic stretches prior to exercise in the gym can help prepare your muscles. Not the only gym, but it can also help you improve your performance in dance or an athletic event. It is only natural that your muscles get tense when you experience physical or emotional stress. This is because the tightening of your muscles is the response of the body towards stress. All you need to do is focus on the areas of your body where you feel the stress, such as your neck, shoulders, etc. and stretch those parts of your body. A child, who watches his parents working hard, having faith in success through their words, behaviour and body.

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One fourth of a teaspoon of iodized salts has about hundred micrograms of iodine. Note that the salt used in processed foods, which is the major source of salt for most Americans typically does not contain iodine. If salt used in a processed food contains iodine, it will be listed in the ingredients list of that food. Focus on decreasing the amount of salt consumed from processed foods and get your sodium from iodized salt. Seaweed, saltwater fish and seafood are natural sources of dietary iodine. Dairy products also supply iodine in the diet at varying levels. During lactation, the breast concentrates iodine in milk so breastmilk tends be a good source of iodine as long as the iodine intake of a mother is adequate. Plants grown in iodine rich soil are also good sources. However, this is not a reliable source of iodine since there is no way of knowing whether produce purchased in grocery stores is grown in iodine rich soil or not. Iodized salt usually adds less than about three hundred micrograms iodine daily to the diet. Most multivitamin mineral supplements contain 150 micrograms of iodine. With the safe upper limit of daily iodine intake for adults set at 1,100 micrograms by the IOM it is unlikely to hit an excess amount when including a multivitamin and including natural sources of dietary iodine. The trend of eating less table salt, dairy and bread has some experts concerned that iodine deficiency could be on the rise again. Eating a health language, is likely to develop a similar attitude. The children of short tempered, over cautious and nervous parents may assume similar characteristics when they grow up. Psychologists, therefore, prescribe a code of conduct for parents behaviour in front of their children. They must exude confidence, self belief and hope, especially in difficult situation, so that the children emulate these qualities. They must be taught the importance of being positive before, during and after the performance of a task. There is no better education for a child than watching his parents come out of a tough situation by means of earnest endeavours. Such success not only gives more joy but also increases self confidence.ago, ram Lila ground witnessed a huge congregation when the venerable imam of Makah mukarramah Abdul rahman in Abdul Aziz offered names. Devout Muslims thronged the ground in a big way. Abdul Raman in Abdul Aziz was the imam of the grand mosque in mecca, Saudi Arabia, and the Islamic personality of the year 2005. He was also known for his frequent sermons calling on believers to help other Muslims in war torn regions. And yes, this very ground was host to India against corruption movement. And apart from rallies and other public meetings, ram Lila ground is also a favorite spot for all those who love kite flying. And since early part of august, patangbaaj throng it to enjoy kite flying. And last but not the least; nation had seen police action against yoga guru.

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Leadership in Southern Asia and the 5th ranking among lower middle income countries, India is in an optimal position to push towards more equitable International Health Reforms IHR and Sustainable Development Goals. In the current flavor of the month controversy, a storm has been stirred by the controversial remarks of Among Lila Raghu, a monk from the International Society for Krishna Consciousness. His interpretation of the teachings of revered spiritual leaders Ramakrishna Paramhansa and Swami Vivekananda has sparked a heated debate, igniting a firestorm of criticism and backlash. The crux of the controversy lies in the claim that Raghu has taken the words of these esteemed figures out of context, distorting their teachings to fit his narrative. This is not a trivial matter. The teachings of Sri Ramakrishna Paramhansa and Swami Vivekananda have guided millions on their spiritual journeys, their words serving as a beacon of wisdom and enlightenment. It is thus essential to correct any misunderstanding. One of the highlights of this controversy is the misunderstanding in interpreting the phrase Joto mot toot Path, a Bengali aphorism that translates to as many opinions as many paths. This phrase is a testament to Ramakrishna belief in the universality of different practices. Ramakrishna never said, All religions are true. He said that all religions are valid paths to God Head. In essence, Sri Ramakrishna taught that any religious practice if undertaken with devotion. God would correct any errors that a particular approach may have. He held the conviction that all religions, in their myriad forms and practices, ultimately lead to the same destination the realization of God. In the face of Among Lila Raghu controversial remarks, it is crucial to revisit and reaffirm the essence of Ramakrishna teachings. His message of religious tolerance and understanding is not just a historical footnote but a guiding principle that is profoundly relevant in our contemporary world. As religious differences continue to sow discord and division, Ramakrishna words serve as a beacon, reminding us of our shared humanity and the need to respect the beliefs of others. The phrase Joto mot toot Path is not just a statement but a philosophy that encourages acceptance and respect for diversity. It underscores that there is no singular right way to worship God. The spiritual journey is deeply personal and unique to each individual, and they must find the path that resonates with them. Moreover, the phrase is a call for compassion and understanding. Even when we encounter beliefs that diverge from our own, we should approach them with kindness and respect rather than judgment positioning system road map about a physical point on earth like Mayer or Australia stinks of a lack of spiritual depths. Moreover, such comments are not reminiscent of the highest spiritual ideals that a monk of a well-accepted and internationally revered organization like ISKCON. Now let move on to his interpretation of Swami Vivekananda teachings that have sparked controversy, one of which is his assertion that Vivekananda placed more importance on playing football than reading the Gita. This interpretation, however, appears to be a gross oversimplification and misrepresentation of Vivekananda profound teachings. This statement must be analyses with the historical context. Swami Vivekananda teachings emerged when India was under British rule, a period marked by oppression and a loss of nation

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And starvation. The rest were steeped in depression due to the Pagan culture read Hinduism they inherited from their forefathers. Bruisers and other European scholars left no stone unturned to reveal the dark, evil, and profoundly sullen religion Hinduism was compared to elitist Christianity. The youth of India were in dire need of motivation and strength, both physically and mentally. In this context, Vivekananda emphasized the importance of physical strength and activity, including playing football. Taking this particular quote out of context is unfortunate as it is overtly evident in every one of his lectures which spoke about the greatness of Hinduism, including the Gita. It may be remembered that Swami Vivekananda had the guts to talk about Hinduism and Gita in a foreign land, sometimes in front of hostile listeners. When somebody asked Swami Vivekananda why it was necessary to play football to understand the Gita, a religious text, Vivekananda responded, Gita is the great book of brave people and renowned persons. Therefore one who is full of valor and service only will be able to understand the secret of the esoteric verses of the Gita. This response highlights Vivekananda belief that physical strength and courage are prerequisites for understanding the profound teachings of the Gita. Swami Vivekananda emphasis on physical strength was not a dismissal of spiritual pursuits but rather a recognition of the interconnectedness of the physical and spiritual realms. He believed a sluggish and lethargic body could not be a vessel for intense thoughts or spiritual understanding. His statement reflects this belief: You will understand the Gita better with your biceps, your muscles, a little stronger. Swami Vivekananda teachings were not about choosing football over the Gita but about understanding the importance of a healthy body for spiritual growth and realization. He believed that physical strength and activity could serve as a foundation for spiritual understanding and the practice of Karma Yoga, as described in the Gita. Just as Lord Krishna, an avatar of Vishnu, motivated and inspired Aruba to fight against injustice in the Mahabharata, Swami Vivekananda, whom some believe to be an avatar of Shiva, inspired millions to rise against the injustice of British colonial rule. His words brought strength to millions of Indian reeling under torturous British rule. The final point of contention in Among Lila Raghu controversial remarks revolves around Swami Vivekananda fish and meat consumption. Raghu questions how Vivekananda could be considered a spiritual and enlightened being while partaking in non-vegetarian food. This perspective, however, is a narrow interpretation of spirituality and enlightenment, reducing these profound concepts to mere dietary choices. Firstly, it is essential to note that none of the ancient sacred texts explicitly ban the consumption of non-vegetarian food. The Vedas and Shasta, revered as the foundational texts of Hindu philosophy, contain numerous references to meat consumption. Even the Manu smite, a text often cited for its strict codes of conduct, states in 5.30, It is not sinful to eat the meat of eatable animals, for Brahma has created both the eaters and the eatables. Secondly, it is crucial to understand the concept of the food chain and the cycle of energy in nature. All beings, whether plants or animals, are made of energy and serve a purpose in the grand scheme of life. Whether plant based or animal

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Every cow on this planet should be the highest spiritual ideal. The cow is no near to God than any other animal or human being. Hinduism always considers human birth the biggest boon as it enables one to reach the Godhead. Moreover, it is scientifically proven that plants, like animals, are living beings and respond to stimuli, suggesting that they, too, can experience pain. If we were to follow the argument that one should not consume beings that feel pain, we would also have to stop eating plants. This reasoning underscores that spirituality and enlightenment are not confined to dietary habits. Spirituality and enlightenment are profound states of being that transcend the physical realm. Dietary choices do not limit them but are instead about realizing the self and the universe. It is also true that a non vegetarian diet, particularly meat is more likely to create an aberrant mental state perturbing meditation and other practices. But that may be for the common practitioners trying to waddle on the beach to cross the ocean. These menial considerations do not hold water for an entity believed to be an original Saptarishi one of the seven rishis taught by Shiva, the Adiyogi, yoga for spiritual enlightenment brought on earth by the request of Sri Ramakrishna to deliver Bharat back to its pristine spiritual days! Few thinkers have had so enduring impact on both Eastern and Western life as Swami Vivekananda; he inspired the likes of Freud, Jung, Gandhi, and Tagore. He blended science, religion, and politics to explain Hinduism to an animosity ridden Western audience. Vivekananda introduced Westerners to yoga and the universalist school of Hinduism called Vedanta. His teachings fostered a more tolerant form of mainstream spirituality in Europe and North America, forever changing the Western relationship to meditation and spirituality. Thus Swami Vivekananda fish and meat consumption does not diminish his spiritual stature or enlightenment. Instead, his teachings and wisdom continue to guide and inspire millions on their spiritual journeys. Instead, people stuck to such menial considerations need to exhibit more spiritual maturity that enables gathering respect for every aspect of Hinduism. In India spiritual and philosophical heritage, Swami Vivekananda is a towering figure, a beacon of wisdom and inspiration. His teachings have motivated millions of people, both in India and around the world. His influence was so profound that it inspired thousands of Indian youth to join the freedom movement, ultimately leading to India independence. His teachings deeply influenced notable figures such as Netaji Subhash Chandra Bose and Maharishi Aurobindo. And he achieved this monumental feat without social media or paid advertisements, relying solely on the power of his words and the depth of his wisdom. Swami Vivekananda was an ardent proponent of the Bhagavad Gita. He travelled to western shores to preach the teachings of the Gita, demonstrating his deep understanding and reverence for this sacred text. His interpretation of Gita teachings transcends the superficial and reaches into the profound depths of spiritual wisdom, far surpassing the understanding of many modern motivational speakers. It would serve the current generation well to delve into the teachings of Swami Vivekananda. The e-commerce landscape in India continues to grapple with significant challenges, including a lack of user-friendliness, high transaction costs, and a dearth of trust m

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Accept defeat for the third time in a row. Not just about the BJP and the Modi government, but the Congress went to the extent of even casting doubts on the nation governance and the overall democratic system. And I am confident that no matter how hard the Opposition tries to influence, the astute Indian voter will not succumb to any of these attempts. Author William Dalrymple recent comments about a generation of Indian academic historians failing to engage with the public have sparked controversy. What has irked many academic historians is the charge that a certain kind of WhatsApp history, as Dalrymple calls it, has been on the ascendant because of Indian historians who never wrote for the public. Dalrymple might have his reasons to frame it as a binary of academic historians versus popular historians in his efforts to find the culprit. However, this is misleading for a number of reasons. To begin with, for average Indians, history is what they have read in school textbooks. If you look beyond the upper middle-class Anglophone Indians sipping coffee at Blue Tokai while perusing a chapter on the Hindu polities of early medieval Southeast Asia, you will find people generally familiar with only school history textbooks. These textbooks are largely dependable (leaving aside some revisions in recent years) because they are written either by a group of academic historians or draw on their research. Either way, academic historians do simplify their work in writing these textbooks. If you ever happen to visit the book market in College Street in Kolkata or Daryaganj in Delhi, the pile of Romila Thapars in multiple languages will certainly convince you about her willingness to speak in an accessible language that the public can comprehend. Let look at the reasons for the popularity of WhatsApp history. I teach history to undergraduates in a fairly elite institution in India. Most students who come to my class for the first time are history enthusiasts who dislike the subject. They are not aberrations. In fact, years of boring history lessons in schools have literally killed the fun. Today, we have many who crave to know the past, albeit quickly and simply. And if Instagram can do that work, then why read a book? However, the tragedy is very few know how to think and read historically! No one told them that history is neither just the past, nor information overload. And, therefore, WhatsApp history, with mostly Hindutva counter-histories, goes unchallenged. Recently, a student asked why there were no lectures dedicated to the Gurjara-Pratihara kings in my course on Premodern History of South Asia. His eagerness to learn about these rulers from north-west India was fuelled by his recognition of the Pratihara kings as belonging to our community. Many 17-year-olds across the country yearn to know about histories that they identify with. However, most return from a history classroom unsatisfied. This is where the WhatsApp history hydra enters the picture! That careful work of telling my student about the Pratihara kings and the reinvention of their present as community history lies on an academic historian who lectures for at least six hours in a week. To reject academic historians as not speaking to the public, therefore, is ignorant. Many Indian academic historians do not write only in English. This has been the norm since the twentieth century when nationalist historians took to writing history in Indian languages. While the nationalists had a

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An exciting example is the multi-lingual project Ithaca Hatekhori begun by academic historians who tirelessly work with school kids from less advantaged sections in teaching them correct history. We also have excellent writers in present-day India who write a certain kind of history that is often called popular history. They are supported by a network of trade publishers, literary festivals, and mostly elite upper-caste mentors. Their books synthesize the research of academic historians in a tight narrative that is enjoyable to a reader who wants to know the way things were. However, neither can they replace academic historians nor can they reach the general public by only writing in English. WhatsApp history, on the other hand, is multilingual. It circulates in an instant and lures the reader who does not pause to think about credibility or care for verifiability. The truth is, you can train minds to think historically and combat WhatsApp history by writing new-age popular history books. For that work, even today you need a history classroom and an academic historian! 10am Scanning the US election results, I realise that Trump and 1.4 billion Indians have something in common. We all believe in superstitions. A recent video shows Trump cooking burgers, spilling salt, and then immediately tossing it over his shoulder while making the admission, I am superstitious. Perhaps this trait fostered a sense of kinship that made my fellow Indians become his cheerleaders instead of the part-Indian Kamala Harris. While trade analysts and our very own astro gurus had forecast Kamala victory, I suspect they all overlooked Trump secret power. Yes, the thing on his head that looks like a cuckoo nest where the cuckoo could press charges against him for destruction of private property. In a documentary about Stormy Daniels, who had an alleged affair with the President, there is an odd revelation. Apparently, Trump once told Stormy that he had a dream that like Samson, his power rested in his hair and that if he lost it, he would lose his stature. 3pm I had forgotten that Prabha ji, our family astrologer, was coming over for tea. We still have not made our younger one chart, and while the only remarkable fact I have gathered from the older one was, do not let him kick anyone with his left leI still like to follow certain traditions. Prabha ji whips out her laptop, and tells me that she has rechecked my chart and, according to her calculations, to attract prosperity, I should change the first letter of my name from T to K. When I politely decline, she says, after my suggestions, two famous producers both started adding a K to all their movie titles, and all were super hits. Prabha ji, Kamala Harris has a K at the start of her name, and she still lost the elections. Are, poor thing she is a victim of near. She should have tied a kala dhaga. All our top politicians follow this strictly. I have to agree with her. We have our social and economic divides, but were united by our belief in the power of the all-mighty kala dhaga we wrap around our wrists. Our politicians, of course, along with the mandatory kala dhaga, have so many cultured strings wrapped around their wrists that they look like yarn traders using their limbs as sample briefcases. 4.30pm I am at a stage where each time I have a delayed period, I am not sure if I am pregnant or have reached menopause, so I decide to go to the gynecologists for a check-up. My doctor has a new ring. When he removes i

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From the length to get the ball to move off the seam, does not come easy, even for Shami. It is a long procedure, a lot of hard work is required and then the results will come, said Shami after the game. I always concentrate on keeping the seam upright, so that off the pitch it can cut. And you could see that today. I always prefer to use the new ball in the nets also. I keep practicing and try to notice if the ball is going in or out. You saw since the morning, the ball was seaming and cutting and there was not proper bounce. One thing was to keep focusing on your line and length. Baba rammed in 2011 when he started his fight against corruption from there with his fast. Still, the ram Lila ground rally of 25 June, 1975 would remain etched in the memories of all those who came there on that momentous day. On June 24, the US Supreme Court overturned Roe vs Wade in its long awaited decision in Dobbs vs Jackson Women Health Organisation involving a challenge to a Mississippi law banning abortion after 15 weeks of pregnancy. Wasting no time, 11 states have already banned or greatly restricted abortion, and others are poised to do the same. According to the Centre for Reproductive Rights, this makes the US one of only four countries to remove protections for legal abortion in 25+ years. It also puts the country at direct odds with global trends. As the Centre reports during the last few decades, monumental gains have been made in securing women right to abortion, with nearly 50 countries liberalising their abortion laws. While some of these countries have abolished their existing abortion bans, of the kind now being advanced in parts of the US, others have introduced more incremental changes, such as India recent increase of the gestational limits for terminating a pregnancy. Kerala electricity regulator on Saturday raised the average tariff across consumer categories by 6.6%, the first hike in almost three years. The increase was modest as the state government electricity distribution company discom sought an average increase of 18%. The dissonance between the regulator and discom on the right tariff level is a symptom of the perennial crisis India power sector finds itself in. Tariffs are not periodically revised, making it hard to bridge the deficit between cost of supply and electricity revenue. An outcome is that total discom losses are huge it was Rs 5 lakh crore in 2019 20. The root cause of the power sector problems, however, is the approach of state governments and not the performance of regulators. The Electricity Act allows states to subsidise customers on the condition that they pay the subsidy amount to their discoms in advance. That seldom happens. Consequently, discoms delay payment to power generation companies. Aggregate discom overdue was just over Rs 1 lakh crore at the beginning of June. The delayed payment has a domino effect.

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And there are cash flow problems all through the chain in the power sector. GoI has tried to address this problem for two decades, but with negligible success. Two critical benchmarks are never met. For example, the Uday scheme aimed to eliminate the deficit between electricity cost and revenue by 2018 19 and simultaneously lower the aggregate transmission and commercial losses to 15%. In 2019 20, there was a deficit of Rs 0.6 per KHw between electricity cost and revenue, and AT&C loss was 20.9%. GoI efforts revolve around financial engineering and the incentives are not strong enough to nudge states to make durable changes. Currently, GoI is in the midst of another effort, a revamped distribution sector scheme, to solve the problem. The efficacy of the scheme will be enhanced through two measures. Regulators need to act on an existing law to notify a road map to adjust tariffs in a way that brings them within 20% of the average cost of supply. Separately, the learning of the pilot projects of DBT for electricity subsidy carried out in states such as Kerala and Himachal Pradesh need to be debated. A transition to DBT is the only durable solution as public pressure on state governments will lower incidence of payment delays. There perhaps an even larger leadership failure in Shiv Sena than the alleged aloofness of Thackerays. The high number of rural MLAs who have deserted Sena is indicative of how Matoshree preoccupation with Mumbai and cash rich BMC has meant a costly neglect of rural and mofussil Maharashtra. In an ultra competitive political landscape where every successful player is deepening expanding its social base, sitting pretty on one laurels is not a winning strategy. BJP has been a top class player in this game, transforming itself from a middle class upper caste party to a big tent accommodating numerous social groups, the marginalised among them. But there are other examples. In Tamil Nadu, Dravidian parties preserve electoral dominance and don let national parties expand too much because they have worked hard to expand their caste and class coalitions over time. In Bengal, TMC outmatched BJP because of its deep organisational network and Mamata Banerjee relentless outreach. In neighbouring Odisha, even with Naveen Patnaik as CM for more than two decades, BJD still fights for more in every election, this year scripting history by forming all the zilla parish ads. These parties do not take their voters for granted. Look at BJP and Sena in Maharashtra. The best example is the 2014 assembly election, which they fought separately, thus giving a better idea of each party influence. Lokniti CSDS post poll survey showed BJP vote share was ahead of Shiv Sena by 13.9 percentage points in urban areas, 12.3 in semi urban areas and 6.1 in rural areas. Today, BJP energetic inroads into the cooperative sector that has been the backbone of the state rural economy, and also an NCP Congress citadel, are plain to see. Clever parties know that.

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Intense competition for votes also makes voters feel engaged and empowered. Immobile organisations lose connect with today restless and aspirational citizens. It is unlikely that many people, other than students of chemistry, have heard of scandium, yttrium, lanthanum, cerium, praseodymium, neodymium, promethium, samarium, europium, gadolinium, terbium, dysprosium, holmium, erbium, thulium, ytterbium and lutetium. Together, this group of 17 is known as Rare Earth Elements a better known term whose demand is on the rise for many critical applications in modern manufacturing, including electric vehicles, renewable energy and high tech electronics. India is almost 100% import dependent for most rare earths. Interestingly though, India has great potential for domestic production possessing the fourth highest reserves of rare earths in the world. And the ministry of mines is proposing to capitalise. Why are rare earths strategic Rare earths are used in small quantities but have qualities that make them essential. Neodymium, for example, is a critical component for permanent magnets and has the ability to carry material 1,300 times its own weight. Neodymium based permanent magnets are key components in EV traction motors and wind turbines. Currently, the demand for these in India is small, at around 900 tonnes per annum, because domestic manufacturing of EVs and wind turbines is still limited. What the hell is a baked rosogolla You mean to say that Bengal fought over the rights over the original rosogolla with a neighbouring state and then changed it to this abomination the Bad shah of sweets being given the Bad shah treatment, like Genda Phool Call me a purist but I am very intolerant to remixing food. Keep fusion for the nucleus, and not my plate. When I pay for Bengali Biryani, I want to eat exactly that, not Bengali Biryani with an Awadhi touch, just as you would want your mineral water to have with a touch of tap water written in fine print. But it seems I am increasingly in the minority when it comes to the taste of food remaining unchanged. Fusion and experimentation is in, especially in the cafes that have sprouted all over Kolkata, financed by people from the IT world used to taking code from one library and copying it into their code base, and it shows. I am told that the young folks love it, and I wonder why any of what goes into food even matters to them, because those young people take pictures of food with greater attention than eating it, and when they do eat they keep texting on the phone. For me food is important. It a trigger to my past and any change in its texture or flavor, for the sake of experimentation, gives me a sense of discomfort, as if I am in the midst of an Inception heist gone wrong, with somInscribed on the forefront of the Temple of Apollo at Delphi is the famous Greek maxim by Socrates, Gnothi Seaton, meaning know thyself. Today, some of us are blissfully unaware of the presence of.

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The question of our relationship to the Divine has challenged all religions and philosophies. Markedly different views have been expressed in religious texts by philosophers. I have tried to express my own response to Adi Shankaracharya's philosophy. Adi Shankaracharya is perhaps our greatest philosopher/scholar. Thanks to his commentaries, we can approach the Upanishads, Gita and Brahma Sutras, the three foundations of Vedanta. There is, therefore, no question of denigrating his massive work. What I dare differ is his aim. In his writings, Adi Shankara seeks to become Shiv Chidananda rupa ShivohamShivoham. I do not believe that we can become Shiv; AkhandaMandalakaramVyapatam YenaCharacharanam. The power that pervades the infinite galaxies and all that exists is movable and immovable. We can certainly reach a level at which we regard ourselves as part of Shiv, but that does not mean we can become Shiv. In contrast, my goal is Shivalokam AvapnotiShivenSahamodate. In other words, I wish to reach Shivalok and then enjoy it with Shiv. This is quite different from wanting to become Shiv. Seeing and interacting with Shiv is a more acceptable and realistic goal. Therefore, rather than Shankara's Advait Vedanta, I prefer Dvait Vedanta as expounded by Vallabhacharya and Madhavacharya. In fact, Vallabhacharya's concept of Vishishtadvaita is interesting because it leaves both possibilities open. Shankara's famous verse is Brahamsatyam jagat mithya jeevo Brahamevnapra Brahmn is true, the world is untrue, the Atma is Brahmn. I would venture to suggest an alternative approach: Brahamsatyam, Jagat Satyam, JeevoShivenNapra Brahmn is true, the manifestation is true, the jiva is in fact, Shiv. While these conceptual differences may be important, what really matters is whether we are internally working on ourselves so that we can begin to absorb the Divine light, particularly when the whole world seems engulfed in a wave of hatred and violence. It is important that those of us on the spiritual path should maintain our equanimity and not get carried away by the current chaos. Wars in Europe and Asia have involved 1,000s of deaths, not to speak of massive dislocation and destruction of heritage sites. I would like specially to mention the Israel/Palestinian conflict. Few people now recall how close we used to be to the Palestinians and how, as we did with racial discrimination in South Asia, we reiterated our support for Palestine, whenever the occasion arose. In fact, I recall having met Yasser Arafat in Beirut decades ago. Apparently he saw Indira Gandhi as his sister. It is surprising that the death of over 65,000 Palestinians in the Israel/ Hamas conflict has hardly created a ripple in our press or political life. Israel is undoubtedly a remarkable country, created almost exactly at the time when we attained Independence. However, despite the terrible and suicidal attacks by Hamas on Israel, the response has been overwhelming resulting in a large number of deaths. The question arises as to how we can link contemporary events with philosophical interpretation of the relationship between the individual and the Divine. This is a question that all individuals have to answer themselves. It must be confessed, had grain. And feathers, almost. There followed apologies of a kind only well-bred institutions can produce, each more elaborate than the last, the head purser herself attending with such gracious remorse that one began to feel almost guilty for having

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in the end, only two kinds of vegetarians in the long-haul world. Those who carry their own food, and those who soon will. What makes membership of old British clubs so desirable? Answer lies in their evolutionary story. When deep pockets vie for membership of Gymkhana Club, the one that govt wants evicted from 27 acres of Lutyens' By Karan Singh The question of our relationship to the Divine has challenged all religions and philosophies. Markedly different views have been expressed in religious texts by philosophers. I have tried to express my own RCB's repeat triumph was built around Kohli (37), with Bhuvi, Hazlewood & Krunal, also 30-plus players. But the tournament's sensation, Vaibhav, is just 15. What does this mean? Don't look at how old a player Two seemingly unrelated things are happening simultaneously in Indian finance. Foreign investors are leaving at record pace, as has been widely documented. And Indian banks are running out of deposits to lend. Both are, in Andhra Pradesh cabinet's decision to grant a power distribution licence to Google, for its $15bn data centre hub in Visakhapatnam, is a significant regulatory development that deserves both credit and scrutiny. Google operating through One would think that an editor at a publishing or media house would be able to tell the difference between human-written and AI-generated text with high precision, the way a seasoned jeweller appraises a stone. Don't trade life for a puff. Smoke fades. Damage stays. May 31 is World No-Tobacco Day a global reminder of the devastating health, social, and economic consequences of tobacco consumption. Spearheaded by the World We are witnessing a summer of soaring distrust, despair and discontent. Yet through this dark cloud, we see hope in how some students have held an ethical mirror to the Central Board of Secondary Education The emerging agreement between US and Iran, will likely create some breathing space for the world economy. Trump is yet to sign off on this. If he does, per initial reports, the focus will be Brace for weak monsoon, and hope for best. It should have been a good day for markets, with Iran and US talking peace, but Friday ended with Sensex and Nifty down roughly 1. 5% each. A filmy fight with an interesting message In a new role, fire-fighter Salman Khan has gone all in to put out flames licking Bollywood. Big Bros Ranveer Singh and Farhan Akhtar are in a rare She's been called Cassandra. Because author and journalist Ece Temelkuran , ever since she left her home in Turkey in 2016, with two shirts and a pair of trousers, has been warning the world that what she By Shri Shri Anandmurti What we call matter, whether an atom, molecule, mountain, river, or human body, is ultimately condensed energy. Matter is simply energy existing in a compact and organised form. Modern physics has By Jaya Row Whether you are an athlete, entrepreneur, musician, chef, or corporate leader, the urge to excel is universal. To improve performance, people usually acquire more knowledge, sharpen skills, or pursue advanced training. The genie of AI-aided or even AI-authored books is out. A literature Nobel laureate uses AI for her ideas. Dire implications for original human creativity probably won't reverse this trend. In 2016, a Japanese AI Congress chose a new CM midstream to try and blunt Karnataka's anti-incumbency instincts. But that won't address deep regional inequalities. Plus, don't bet on ex-CM being politically passive. In replacing Karn

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The Supreme Power right within us and we turn to alcohol, drugs and other intoxicating substances for succor. It is in this context that these words of Socrates have assumed an added significance. In the Chandogya Upanishad it is repeatedly stated, at team as, you are That, which suggests that the Supreme Lord, the Higher Power, is right there in the innermost recesses of our Being. Meister Eckhart, the great German philosopher and mystic, taught that the seed of God is within all of us. Just as a farmer plants a seed, waters it, takes good care of it, and ensures that the little plant blossoms into a big tree, we too can realise our full spiritual potential by leading a pure life and performing regular meditation over a period of time. eone implanting false memories in my mind. By observing a mango tree over many seasons wherein thousands of mangoes are produced, we can say with confidence that the potential for these mangoes was present in the single seed from which that tree sprang. Similarly, one should remain aware of the fact that the God seed is present in all of us, waiting for water, intensive care and proper nourishment to make sure that the seed grows quickly and properly. The Divine thus is the essence of every person in the universe, what Emerson called the Over soul. Even though God is one and indivisible, yet he lives in every one of us; it is for this reason he appears to be many. It is a paradox that God, despite manifesting himself as the colorful universe with myriad diversities, remains immaculately pure and untainted. And completely transcends the Universe. Thus, his two aspects immanent and transcendent though apparently opposed to each other, should be understood as two sides of the same coin. In the final stages of meditation, when all the selfishness that separates us from the Supreme is eradicated, we discover this Self in the depths of our Consciousness. In yogic terminology this sublime state is called Nirvikalpa Samadhi wherein no duality of consciousness is experienced; in this state the seeker soars high in the realm of Pure Consciousness where there is nothing but supreme bliss. Here, all distinctions of time and space get obliterated and the seeker passes from time into the Eternal Now. It is at this stage that the seeker is blessed with the final beatific vision, where he sees the face behind all faces the Ultimate Cause behind all phenomenal existence. We may conclude with the following words of Meister Eckhart: To get to the core of God at his greatest, one must first get into the core of himself at the least; for no one can know God who has not first known himself. Go to the depths of the soul, the secret place of the most high, to the roots, to the heights; for all that God can do is focused there. Let us start with India, which has been punching below.

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To give birth, resulting in an increase in adoption cases. Such cases have been reduced drastically. It is alarming that half of the states in the US are expected to introduce new restrictions or bans on abortion. America has better things to do than passing laws to take a step backwards for women rights. The global contest for a new world order has begun, a sort of new cold war is already a reality, and both America and India need to win this war of opinion in their favor. China is offering infrastructures to poor countries and in return gaining access to cheap energy and rare resources needed to strengthen its production of goods, which in return makes it comparatively a stronger state as days go by, and one day we might have to live in a global order based on Confucian values and not democratic values. We have more or less lived in a world order dominated by US for last three decades, but because of disastrous foreign policy mistakes in the Middle East, Afghanistan, and now in Ukraine, US is now emboldening the bond between Russia and China, which will prove detrimental to the continuation of a democratic world order. American policy makers are not realizing the threat from China, which has gradually increased its military might and is also winning the battle of hearts and minds in Africa. Both America and Europe need to champion the reproductive rights of women and willingness to share wealth, knowledge and lifesaving drugs and vaccines. Having had such a big surplus of vaccines, yet lacking the will to share it with poor countries of the South, does not send a good signal to people living in the global south. Especially America is losing the sight of a future where it could possibly get dethroned by a rising power, China, resulting a huge loss of democratic rights for many people. But before America enters the contest it needs to gets its own house in order by preventing the country from getting further polarized. It also needs to strengthen its relations with India because it offers an alternative to Asians, where progress in economic wellbeing can still be reached without compromising the right to freedom of speech. Both India and America need to embrace the diversity existing within its boundaries, respect the rights of minorities and women and basically fix their own houses before embarking on the mission of winning the next cold war. The US and India being the oldest and largest democracies, respectively, need to combat inequality and racism, reduce forced and arranged marriages and do their utmost to protect women reproductive rights. India and America have been extremely poor in explaining to the world that freedom of speech in particular and basic political, social, and economic rights of all citizens make their models unique and desirable. And if there is anything worse than the alteration of comfort food, it the eradication of it. Old world Bengali sweet shops are closing.

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Down and with it, many of their niches developing products are being lost, wiped out like dinosaurs by the comets of capitalism. As for inheritance theory, since positive attitude is not a physical feature but a mental faculty, it cannot be purely hereditary. It can be developed. Moreover, parents play features a major role in developing this inheritance quality of a child. A child, who watches his parents working hard, having faith developing in is likely to develop a similar feature attitude. The children feature of short over and developing feature nervous parents May developing assumes similar inheritance characteristics when they grow up. Psychologists, therefore, feature developing prescribe a code feature of that feature the children emulate these qualities. They must be taught the feature importance of being positive before, during inheritance and after the performance of a task. There is no developing better education for a child than watching developing inheritance feature his parents come out of a tough situation by means of earnest feature endeavours. Such success not only gives more joy but also increases developing self. Instead strange new mutations are being inheritance feature sprouted sands in panache or inheritance some developing other variant of great know how helpful stretching can be. Performing dynamic stretches prior to exercise in the gym can help prepare your muscles. Not the only gym, but it can also help you improve your performance in dance or an athletic event. It is only natural that your muscles get tense when you experience physical or emotional stress. This is because the tightening of muscles your muscles is the response of the body towards stress. All you need to do is focus on the areas of your body where you feel the stress, such as your neck, shoulders, etc. and stretch muscles those parts of your body. And one wonders if the last two years of a global pandemic have not taught us that fish and seafood are natural sources of dietary iodine. Dairy products muscles also supply iodine in the diet at varying levels. During lactation, the breast concentrates iodine in milk so be a good source of iodine as long as the iodine intake of a mother is adequate. Plants grown in iodine rich soil are also good sources. However, this is not a reliable source of muscles iodine since there is no way of knowing iodine daily to the diet. Most multivitamin mineral supplements contain muscles 150 micrograms of iodine. With the safe upper limit of daily iodine intake for adults set at 1,100 micrograms by the IOM it is unlikely to hit an excess amount when including a multivitamin muscles and including natural sources of dietary iodine. The trend of eating less table salt, dairy and muscles bread has some experts concerned that iodine deficiency could be on the rise again. Eating a muscle healthy, balanced diet that includes iodine rich foods and iodized salt is key to good health. Out of nowhere and keep changing are not always good.

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Pet tortoises are popular pets for May people since they are quiet, cute, and tortoises do not shed any fur. But tortoises can live a very long time, anywhere from 50 to 100 years. If your take one as a pet be prepared to provide a lifetime of care and consider that your pet tortoises might even outlive you. Most tortoises are unassertive and tend to be shy. Unless two males are put into an enclosure with each other. This is not advisable as to male tortoises could become aggressive toward each other and even attack each other, tortoises sometimes resulting in serious injuries. Most tortoises are too large to handle as adults, and it is advisable not to handle them to any great degree when the tortoise stress, which often leads to illness if the stressful situation is ongoing. The biggest drawback to a pet tortoise for most people is tortoises their long Lifespan. Larger tortoises, like the sulfates, can live for up to 80 years, you will tortoises need to have a plan for caring for a pet tortoise in their old age. Many tortoise species are fairly large and need a decent sized enclosure, preferably outdoors. Because of these preferable housing arrangement, net tortoises are best suited for areas with milder climates. Depending on the temperatures tortoises where the tortoises indoors overnight or during cooler weather, and with the larger tortoises providing indoor housing can be a big challenge. Some species also need to hibernate, which can be tortoises very stressful on the tortoise and requires special environmental conditions. When tortoises constructing an outdoor pen, you must make sure it a tortoise is strong and that you bury your fences if you have a burrowing pet tortoise. Pet tortoises are popular pets for many people since they are quiet, cute especially as hatchlings and don shed any fur. A day in the life of an ecofriendly tableware producer, who shares how her first formal job as a leaf crushing machine operator helped her gain independence and support her family through a difficult time. My name is Rima Seth. I live with my in laws, husband, and three children in Pentagon village in Odessa Chorda district. I work in the leaf pressing department at a manufacturing unit run by the Indus tree Foundation. We produce plates and bowls using the leaves of the sale tree and a creeper known as sail. These are an ecofriendly alternative to disposable plastic products that are widely used nowadays. I joined the unit in August 2021. This is the first time vet been formally employed. This is also the first time I m working outside my home. Earlier, I used to sell Boris dried lentil dumplings to grocery shops in our area, but that did guarantee a regular income. I also became a member of an group because I needed to apply for loans to procure raw material to make Boris. However, with the pandemic, all that came to a halt.

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The dominance of major platforms. One such solution is the Open Network for Digital Commerce. It is a ground breaking government-led initiative designed to establish a unified digital infrastructure for all key participants within the digital commerce ecosystem. This inclusive ecosystem encompasses a diverse range of stakeholders such as merchants, payment gateways, logistics providers, and regulators. The primary objective of this platform is to foster an open, interoperable, and highly secure network, facilitating the seamless integration of numerous digital commerce applications and services. According to data obtained from the Indian Brand Equity Foundation India social commerce sector has the remarkable potential to expand exponentially, reaching a substantial valuation of US$16 20 billion by FY25. This projected growth indicates an impressive compound annual growth rate. The ONDC initiative represents a pivotal component of the government overarching vision to cultivate a digital-first economy. As the government champions the ONDC, its aim is to empower logistics and small retailers alike and empower them to embrace the limitless possibilities that digital commerce offers. Promoting E-commerce and Allied Sectors The ONDC network protocol has the potential to revolutionize the e-commerce sector in India. By connecting various small- and large-scale e-commerce enterprises, ONDC creates an open and integrated platform that allows buyers and sellers to conduct digital transactions, regardless of their service provider. According to the insightful remarks made by the Chief Executive Officer of ONDC, the purpose of ONDC is to tackle the underlying challenge arising from a platform-centric model that has resulted in market concentration, a concern acknowledged worldwide. ONDC fosters healthy competition and reduces the dominance of a few major players, such as Amazon and Flipchart. Small retailers can now reach a wider customer base and expand their market presence which gives them an opportunity to level the playing field in the e-commerce industry. Seamless Collaboration in Logistics The ONDC network also has a profound impact on the logistics sector. With the unified digital commerce infrastructure provided by ONDC, logistics companies can collaborate seamlessly with small retailers. This collaboration eliminates the need for multiple integrations and enhances efficiency in the supply chain. Logistics providers can leverage the ONDC platform to streamline operations, optimize routes, and consolidate shipments from various sellers. This leads to cost savings and improved delivery timelines, benefiting both the logistics companies and the end customers. Recognizing this critical issue, the ONDC initiative strives to introduce an intelligent and ingenious solution that embodies principles of participation, fairness, inclusivity, and democracy. Reaching Rural Markets One of the significant advantages of the ONDC network protocol is its potential to connect small retailers and Micro, Small, and Medium Enterprises MSMEs with rural markets. Traditional barriers such as limited infrastructure and distribution networks can be overcome through the ONDC platform. ONDC creates opportunities for growth and economic empowerment in previously untapped regions by enabling small retailers to access rural markets. Additionally, rural customers gain access to a wider range of products and services, fostering inclusive economic development. Boosting Last

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To expand their business by providing innovative solutions for efficient last-mile delivery. These tech-driven solutions include real-time tracking, route optimization, and automated delivery notifications. One such example is Ships last-mile modules, which integrate seamlessly with the ONDC network. Ships advanced technology helps logistics companies streamline their last-mile operations, improving delivery speed, accuracy, and customer satisfaction. Logistics providers can overcome the challenges of last-mile connectivity by leveraging technology while making the ecosystem more robust and reliable. Conclusion The Open Network for Digital Commerce is set to revolutionize the e-commerce landscape in India. With its open and integrated platform promotes healthy competition, facilitates seamless collaboration between logistics companies and small retailers, and enables them to reach rural markets. The impact of on logistics and small retailers cannot be overstated. This game-changing network protocol opens up new avenues for growth, drives inclusive economic development, and strengthens last-mile connectivity. As the e-commerce industry continues to evolve, innovative solutions like and complementary technologies like Ships last-mile modules are set to reshape the future of e-commerce in India, empowering small retailers and delivering unparalleled convenience to customers across the country. Today is July 11 and marked as World Population Day and I want to highlight one of the pressing issues of early marriage and adolescent pregnancy which are interconnected social issues that persist in many parts of the world, including India. While progress has been made in reducing child marriage rates globally, India still faces significant challenges in addressing this complex problem. Adolescent pregnancies, defined as pregnancies occurring in girls aged 10 to 19 years, have been on the rise in India. This concerning trend presents numerous challenges for the well-being and development of both the young mothers and their children. Why the rise in adolescent pregnancies Still in many parts of the rural India, deep-rooted cultural norms, and traditions, such as dowry system, caste considerations, and preserving family honor, contribute to the persistence of early marriage. Poverty, lack of education, and limited economic opportunities often drive families to marry off their daughters at a young age leads to rise in adolescent pregnancies. Let take a look at some of the contributing factors leading to the rise in adolescent pregnancies Early marriage and adolescent pregnancy & frequent childbirth with less gap between pregnancies in an adolescent remain a significant challenge in India, with far-reaching consequences for individuals, families, and society at large. Adolescent pregnancies lead to increased maternal mortality and in many cases increased infant mortality rates too the combination is not good for any country to progress to being a developed country. Addressing these issues requires a multi-faceted approach that combines legal reforms, education, empowerment, and healthcare interventions. By investing in girls education, challenging the traditions, and providing opportunities for their development, India can work towards eliminating early marriage and empowering its youth to build a brighter future. We need, strengthening of our legal frameworks and ensure effective enforcement can help discourage child marriage and hold those responsibl

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Skills training, and economic opportunities can empower girls and women, enabling them to make informed choices and delay marriage. We need to ensure access to comprehensive reproductive healthcare, including family planning services, can help prevent adolescent pregnancies and promote the health and well-being of young girls. Besides all this, implementing comprehensive and age-appropriate sex education in schools can empower adolescents with knowledge about reproductive health, contraception, and responsible sexual behavior. Ensuring easy access to affordable and reliable contraceptives, along with counseling on their proper use, can help reduce unintended pregnancies among adolescents. We need to continue to invest in girls education, skill development, and promoting gender equality can empower them to make informed choices regarding their reproductive health and delay pregnancies until they are ready. Strengthening healthcare infrastructure, particularly in rural areas, can provide adolescent-friendly reproductive health services, including counseling, prenatal care, and safe childbirth facilities. Last but not the least, engaging communities, parents, and other stakeholders in raising awareness about the consequences of adolescent pregnancies is crucial. Encouraging supportive environments and breaking social barriers can help address the issue effectively. Today we complete 24 years of the Kargil Conflict which stands as a poignant reminder of the valor and sacrifice displayed by the Indian Armed Forces. It was a conflict that challenged the nation resilience and unity and showcased the unwavering determination of the Indian soldiers to protect their homeland. The Kargil conflict erupted in May 1999 when Pakistani soldiers, disguised as militants, infiltrated the Indian side of the Line of Control LoC in the Kargil sector of Jammu and Kashmir. The aim was to seize strategic positions and disrupt Indian control over the region. This incursion took India by surprise, leading to intense fighting in the treacherous mountainous terrain. India response to the Kargil invasion was swift and decisive. The Indian Army, determined to protect its sovereignty, launched Operation Vijay. This offensive was meticulously planned to reclaim the occupied territories and evict the Pakistani intruders. The Indian soldiers displayed exceptional courage and strategic acumen throughout the operation. The Kargil Conflict presented numerous challenges for the Indian troops, including difficult weather conditions, high altitudes, and limited access to the battlefield. However, through sheer grit and determination, they steadily advanced and reclaimed control of the contested peaks one by one. The turning point of the conflict came with the recapture of Tiger Hill, a vital strategic point. The Indian soldiers exhibited remarkable bravery during this critical battle, ultimately securing victory on July 26, 1999. The victory in the Kargil War was hard-fought and came at a heavy price. The conflict claimed the lives of 527 Indian soldiers, each of whom deserves to be remembered and honored for their sacrifice. These brave souls made the ultimate sacrifice, putting the nation interest before their own lives. With thousands of soldiers wounded, the conflict remains a grave reminder of the price we pay for the safety and security of our nation. The stories of heroes of Kargil are tales of courage, determination, and selflessness. They hailed from diverse backgroun

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But if it just to build something that does really help the community, it might not be allowed. Judges Watching Closely this decision also means that judges will look very carefully at government plans to take private property. They all ask tough questions to make sure these plans are really for the public benefit. For example, if the government wants to take private land to build something, the judges will check if this truly serves public welfare or if it mainly helping private businesses. Different Opinions among the Judges Not everyone on the Supreme Court agreed. A couple of judges thought that all community resources, including some private property, should be more freely available for the government to use if it would reduce inequality. They felt that as some people get richer and others don, the government should have more power to balance things out. In summary, this decision means that private property is mostly protected, but there are exceptions if it really benefits the whole community. The judgment reflects how economic ideas in India are shifting, with more focus on market-driven policies while keeping some flexibility for the government to help the community where truly necessary. Providing a legal basis for the ministry of home affairs continued role in. Additionally, Article 356 empowers the President to assume state control if governance compromises national security, underscoring the legitimacy of retaining central control over security apparatus. A model wherein central oversight remains in place for security matters, while local leaders are empowered to address developmental and civic needs, ensures that return to statehood will not mean a return to old patterns of interference and compromised safety. Given the strategic position of J&K, bordered by adversarial nations like Pakistan and China, security oversight by the Union government is not merely desirable but essential. The retention of the home department by the MHA, either entirely or through a structured joint committee, is therefore not only feasible but legally sound. This model would ensure that decisions regarding internal security, counter-terrorism, and management of law and order remain under centralized control while giving the local administration room to focus on economic and social development. To achieve this balance, a structured governance model that preserves central oversight in critical areas is paramount. One solution could be the establishment of a State Security and Governance Committee SSGC, including the chief minister, cabinet ministers, governor, and director general of police, chief secretary, and a representative from the. This committee would have decisive oversight on security matters to prevent a resurgence of political influence over law enforcement. Additionally, there should be a Security Advisory Council that could serve as a further safeguard. It should comprise security experts, regional law enforcement professionals, and other relevant stakeholders. The would advise on strategic security issues and monitor developments to pre-emptively address emerging risks. This multi-stakeholder approach offers a framework for democratic self-governance that also maintains robust national security. Internationally, similar models have been employed to balance regional autonomy with centralized security, most notably in Northern Ireland. The British government retained control over policing and justice in Northern Ireland well into the 2

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The government enabled Northern Ireland to progress toward peace, ultimately supporting economic growth and political stability. Drawing from this example, it is evident that as a border region with unique security vulnerabilities, would benefit from a governance model that ensures security remains insulated from political motivations. A hasty return to unrestricted state autonomy could risk reversing these gains. Many local political parties have campaigned on promises to release detainees and reduce security restrictions, signalling a willingness to compromise on national security for electoral gains. As witnessed before, political interference can lead to radicalization, as young detainees viewed as assets in political calculations would return emboldened to engage in more serious insurgency-related activities. A balanced governance model one that combines central control over security with local autonomy in development and civic matters presents the most viable path forward. Establishing the State Security and Governance Committee and Security Advisory Council would facilitate a transition that honours democratic aspirations while maintaining an uncompromising stance on national security. By advancing statehood through a carefully calibrated approach, India can safeguard both peace and progress, ensuring that J&K return to statehood aligns with the region potential for a prosperous future within the national fold. A balanced approach that prioritizes national security while allowing for meaningful regional representation in governance will ultimately serve the best interests of both J&K citizens and the broader Indian state. By learning from history and remaining vigilant against pressures that have previously undermined peace, India can chart a path that respects the aspirations of J&K while safeguarding the hard-earned stability of recent years. 1. What Trump had threatened to do in his first term, he will do now. He had singled out India for tariffs then, i.e. if India did not markedly lower tariffs on American goods and services, he would increase tariffs on Indian goods and services. A big slab of tariffs are coming on Indian goods and services which will render them uncompetitive in the American market. That is unless India lowers tariffs on American goods and services which will make them even more competitive in the Indian market. Immigration is what got Trump elected. He going to seal the American border. Undocumented Indian migrants in the US will be flushed out of the country. Indian migrants working illegally will be caught and deported. ICE, the US Immigration and Customs Enforcement, will be strengthened dramatically and armed with draconian powers. But the Indian elite does not care for the poor Indian in the US. Well, Trump has something for you too, elites. Piyush Goyal, India commerce minister, just went to the US and claimed that the H-1B visa has been made extinct. Yes, Trump will make it extinct but in a different way than what Goyal intended. See, the problem in the US is the same as the problem in India. The educated elite looks down upon people without a college-degree in India, an English-medium college degree). Not just look down, they are practically invisible for the educated elite. The elite calls the people without a college-degree deplorable as Hillary Clinton did in 2016) or garbage as Joe Biden did so now). This garbage is Trump base. For 50 years, the US has allowed foreign students, many of them In

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Break, I settle down on a chair for the next couple of hours. Usually one has to stand while using the pressing machine. However, I m older than many of my colleagues and I find it difficult to stand continuously for such long hours. This is why I requested a chair, and after I started using it some of my colleagues teased me, saying, and Rima VIP ban gayi. Rima has become a VIP. I cook food for everyone as soon as I return home, and we sit down for dinner. This is the only time when the whole family gets together to eat and discuss their day. I catch up with my children, husband, and in laws. I also tell them about my day. I ensure my in laws have everything they need, and that my children have all gone to bed. After cleaning the kitchen and the house, I call it a night. I really do enjoy the time that I spend at the unit. Initially, when I started this journey, I was apprehensive about being able to balance my work along with my responsibilities at home. However, it been smooth sailing so far. At Gallerie Nvya, Square One City Walk Mall is an ode to the banyan tree by award winning artist Aparna Bidasaria. Nature is her inspiration, the banyan tree in all kinds of climes and moods as it becomes her subject of deeper intonations and study. At one glance here are a suite of works that calm the senses and create an oasis of contemplation. In myriad ways these studies take us back to ancient East Asian artists who depicted all kinds of flora to evoke intellectual thought and spirituality rather than just portraying the beauty of the natural world. Blossoming banyan in the same way Aparna creates multiple corollaries in colour, almost like a silent praise for the banyan ability to bloom vibrantly up through the many seasons in the rays of the sun. From the many moods in the autumnal accents of the fall Buddh, to the verdant fertile notes of spring the banyan for Aparna is particularly eye catching, and also considered a symbol of inner beauty and strength while undergoing its many seasons. Here, in her titled work Falak you can sense a deepened praising of the virtues of the banyan as she creates a triptych that moves from the sky to the earth in the prism of scattered light rays. She does not use bright colors to seek, but only light subtle strokes of pointillism and impressionism to leave a subtle fragrant note of dulcet nuances in the world. The notes of tints are made with light dabs of paint to convey inner purity. Subtle and soothing the banyan is shown with a splendid and dignified inner life. The banyan is strong at times, and sometimes delicate and fragile. Its banyan blooms in its own kingdom of elegance and grace in the spring and its very being is both exquisite.

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When one of my birds, a small bajri tota, suddenly flew out of its cage. Yes, the game is now a shiny product that's marketed. Yes, following EPL teams shows colonisation of our imagination. But, when teams your heart beats to become champs, you feel something that can't be bought. Good that SC recognised voting as a constitutional right. But, for that to have meaning, ensuring inclusion in voter rolls must be EC's positive duty. And the burden of justifying exclusion must shift to it. How do cockroaches feel about CJP fuss? In 1916, columnist Don Marquis created 'archy' the cockroach. A free-verse poet in its former life, it clambered on the newspaper's typewriter at night to write about surviving. Prison reform in India: Reformative justice or just a policy shift? Anousha Vashisht is a 3rd year BBA LLB Student at the Indian Institute of Management, Rohtak. Think about how frustrating it would be to serve time in jail as an innocent person who has never been convicted of a crime, and understand that this is a reality for over two-thirds of all inmates incarcerated in prisons across India, primarily those being held as undertrial prisoners. Many of these individuals are being held in inhuman conditions that violate every standard you could imagine for the respect of human dignity. The prisons of India have much higher capacities than they were designed for, but at present they are also structurally imploding. However, the situation appears to be slowly changing. As evidenced by some state legislators and the judiciary nationally, they are beginning to ask a question that has rarely been previously asked, what purpose do prisons serve? The leading answer to that question seems to be shifting away from simply punishing prisoners to rehabilitating them. The 2026 Punjab Prisons and Corrective Services Bill is one of the best examples of this recent change; it provides for the transformation of prisons from cages into corrections facilities. The significant question to be answered is whether this Bill signifies true reform or merely describes a new area of policy. With the 2026 Punjab Bill which supersedes the Prisons Act of 1894, a colonial holding act of a subjugated nation and existing to only contain that nation will now create a new system or classification for prisoners that considers risk and provides for skill development, educational opportunities, and mental health counselling. Additionally, there are provisions for protections of women, transgendered individuals, and aged prisoners groups that have historically been neglected in the administration of prisons. Security measures, including high-security zones and surveillance with artificial intelligence, are included in the Bill with the intent of creating a safer environment and a truly rehabilitative environment. Punjab does not stand alone in this. Maharashtra moved in 2025 with its own prison modernisation bill. Andhra Pradesh followed with significant amendments in 2026. Courts have been pushing this direction for decades, with the Supreme Court's language around reformative justice becoming steadily more emphatic. What is emerging is not the state's experiment, it is a slow but real national consensus that the punitive model of imprisonment has failed, and that something more humane, and more effective, must replace it. The shift from 'Prisons Act' to 'Correctional Services' in legislative nomenclature is not merely symbolic. It signals a fundamentally different idea of what

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is not just ambitious it is, without serious investment, implausible. A prisoner cannot learn a trade in a cell designed for four people that holds twelve. A counsellor cannot provide meaningful support in a facility that has never employed one. Furthermore, the challenge for those under trial extends even deeper. Individuals awaiting trial are presumed innocent, yet may spend several months to years incarcerated, often exceeding the duration of what the sentence would have been should they have been tried in a timely fashion. Even with the best of intentions, and even if the reform bills are written properly, they cannot change the inhuman environment created by torturous timeliness within the legal system for those being held until their guilt or innocence is determined; nor can they close the gap created by a lack of trained personnel to assist in rehabilitating those found guilty of crimes (this includes the need for rehabilitation counsellors, vocational training instructors, and mental health professionals) in all prisons in India today; most of which have none of those services available; corrections officers outnumber rehabilitative personnel; and the institutional culture of many of the prison systems in India is focused on control, vs care of the inmate. The courts have been known to assert this position for some time. The Supreme Court ruled in the case of Sunil Batra v Delhi Administration (1978) that imprisonment does not extinguish fundamental rights that the Constitution follows the prisoner behind the wall. In the case of Hussainara Khatoon v State of Bihar (1979) the Supreme Court identified the brutal failures of the undertrial detention system and provided an early basis for the establishment of the right to a fair and timely trial. While these court decisions did not bring immediate change, they did develop a legal framework around prisoners' rights based on the Constitution that has yet to be enacted in legislation by legislators, who are just now putting the pieces together. Sure, courts have long been reform advocates. The problem has never been the courts supporting reform. However, the challenge is implementing reforms. The case for rehabilitation is not merely idealistic. Research consistently shows that prisoners who leave with a skill, an education, and psychological support are far less likely to return. A system that treats incarcerated individuals as reformable human beings ultimately produces safer societies. But consider what genuine reform requires in practice. A young man from a rural district, awaiting trial for three years, learning to stitch leather goods in a functioning prison workshop is what success looks like. Contrast that with the overcrowded barrack where no such resources exist, where the social world inside prison teaches not reintegration but deeper criminalisation. The difference between those two outcomes is not the law on the books. It is whether the state has the will, and the budget, to enforce it. Overall, the 2026 Framework is an exceptional progressive document. It is rehabilitative and rights-based; the framework's rehabilitative and rights-based approach is the necessary and overdue replacement for colonial thinking on prisoner rights and the treatment of vulnerable populations in Indian prison law. However, it does not address the issue of overcrowding, nor does it address the industrial pipeline. There is also no specific funding for the counselors or instructors needed to imp

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There is nothing more precious that our eyes. It is because of them we can see the beautiful world does our work and precious whatnot. But due to the lack of knowledge on how to maintain healthy and good eyesight, many people lose their vision and need to wear specs to correct them. With precious the lifestyle that involves continuing usage of mobile phones and computers, if is high time that we take care of our eyes and maintain good eyesight. Secrets to minting precious good eyesight starts from the food on you plate. To cataracts, you need to add nutrients like lutein, omega three fatty acids, zinc, and vitamins C and E in your diet. You can precious find these nutrients in green leafy vegetables, salmon, tunes, eggs, beans, orange, and other citrus fruits. Eating a balanced diet will also help maintain a healthy weight. That lowers the odd of diseases such as tie tow diabetes, which is the leading precious cause of blindness in adults. First of all, you should avoid unnecessary touching of eyes, but if you feel to itch then do it with clean hands. Many germs and bacteria precious live on hands that can come in contact with your eyes, causing eye infections such as bacterial conjunctivitis or pink eye. Rubbing of eyes is one of the ways how people precious catch cold virus gears. Taking a good night sleep has several benefits such as it thrives and makes our immune system stronger. You will feel the difference when you precious get a good night sleep as this rest will enhance the health of your eyes. Smoking causes several health issues like chronic lung diseases, cancer, etc. It also exposes your eyes to high levels of oxidative stress. Smoking increases the risk of a variety of health conditions that affect the eyes. Yet never overbearing the banyan in Aparna diary grows in hidden as well as secluded places emanating a faint, delicate fragrance of longevity. With these characteristics, the banyan embodies lithe lyricism with simplicity, solitude, humility, and nobility as in the Prussian deep blue work Jugnoo. Aparna uses simple, sparse brushstrokes to depict the leaves; the dotted staccato strokes create symmetry, dividing the painting into a balanced composition. In the calm and composed crimson strokes of Rumani, we can sense a sky full of antique fragrances. In the buttercup yellow triptych Pitambara, she suggests a wistful nostalgia for the motherland. The banyan in life as in botanical brilliance invokes self cultivation. Banyans grow in bustling plains standing in solitude nurturing everything that comes in its wake, it is content and carefree in its reclusiveness and does not seek attention and is indifferent to fame and gain. The banyan is also about living and not existing, it speaks of a selfless life always at the service of the universe, letting go of such desires, and one will be at peace with oneself. Between the pointillism of the Impressionist Masters and the famous drip principle of.

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Like voice based confirmations have become the recent fad. It has largely reduced a merchant dependence on monitoring the phone for confirmation, or even preventing lost payments. This offering empowers merchants to record the net amount corresponding to the merchant collection along with voice based confirmation thus reducing his efforts to constantly check his account. Fitness enables merchants with innovations helping them to carry on businesses with both flexibility and convenience which results in growth, even in these challenging times. Data Privacy and Consumer Protection Despite a sizeable market, the last 2 years have seen a complete overhaul in the work setup. While companies set foot to create a hybrid working space, the focus on strengthening cyber security frameworks become important. As more services are going online, enterprises will gather huge volumes of customer data to gain insights. This is where finch solutions on data protection, acquisition of consumer data and forming safe API come in to play. These solutions act as a safety net which helps both respectively. By now finch players understand very well that they have an edge here over the traditional banking schematics and that most MSMEs have reached the inflection point. However, for the betterment and smooth functioning of the economy both need to work collaboratively. Fitness shepherd MSMEs to move up the ladder by initially assisting and gradually catalyzing their operations to greater heights. In the last few months, there has been a lot of discussion on data protection law in India especially after the report of the joint parliamentary committee on Personal Data Protection Bill, 2019 PDP Bill was released. The joint parliamentary committee deliberated upon the PDP bill for almost 2 years and it failed to reconcile the various dissents raised by various stakeholders. In order to understand the real problem being faced, we need to understand of the background of the law. The PDP Bill in its present structure has been mostly inspired by the data protection laws of the European Union EU which is very different from the data protection laws of the USA where most of the big data companies have originated. There are very significant differences in the approach of the European Union and the USA on the data protection laws. In the USA, it is perceived that the data should not be misused by the government whereas, in the EU perceived fear is against the companies collecting and processing the data. The EU has enacted comprehensive laws on data protection whereas in the USA it is more in the nature of self regulation instruments. Under EU personal data protection laws treated public and private entities equally responsibility to adhere to the minimum basic safeguards are applicable equally to public and private entities. Whereas in the USA, personal data protection rules are primarily aimed at government agencies. So, in crux, Europeans distrusts private corporations more and Americans are more concerned about government invading their privacy. Another major difference between the two systems is that in European Union there.

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Jackson Pollock, the show features paintings depicting the banyan in different stages, from tender shoots to old stalks, some upright and strong, some supple and bending down. The banyan is also portrayed reacting to wind, rain, showing its adaptability. Indeed every viewer walks away with a soothing quietude acknowledging the resilience and modesty of one of the world greatest trees that preserves in the very dignity of its own living. The show Falak runs till July 24th at Square One, City walks Mall Sachet. Fitch in the truest sense is the application of technology to offer new financial products and services to new market segments in an economically viable manner. India is among the fastest growing finch markets in the world and has over time managed to change the face of the banking industry with several banks switching to digitization as well as paperless and cashless processes. Overtime the Indian banks and financial services providers have gradually adopted technology to improve reach, customer service, and operational effectiveness within the evolving market. However, nothing beats what did to the Indian and world economy; we suffered heavily due to unforeseen economic disruptions caused by temporary limitations on public activities and regional lockdowns. One of the key sectors that were affected the most during was the MSME sector. While several entrepreneurs reported the inability to stay afloat during these tough times, finch set out to design tailored solutions which addressed all the pain points and allowed to reach their full potential. Thus, fitness became a catalyst for scaling they solved a wide variety of problems with their low cost innovative solutions and brought about a revolution in their ecosystem. Besides providing key solutions to some of the pain points listed below, fitness helped reinvent themselves by adopting digital solutions for their business, acquiring new skills and diversifying their customer base. Collateral free loans: In India the segment contributes to almost 40 of the total exports business and yet it finds itself in dire straits as far as financing operations is concerned, considering very few have formal access to credit. Several finch companies are bridging this gap by creating lending platforms, which offer small scale entrepreneurs easy and collateral free loans thus helping them scale their business. Strengthening financial ecosystem. Due to rapid growth of mobile adoption, digital credit and financing have become one of the fastest expanding solutions that narrow the credit gap. While this has helped tap into the large unnerved markets in India it does come with a set of effective legal mandate and regulatory framework that needs to be worked on that our financial ecosystems can sustain. Fitness acts as a guide to improve access to financing and credit for and thus help strengthen the ecosystem. Novelty of products: So far has been welcomed well by MSMEs, it is helping further reinforce trust as it meets the needs of both parties sellers who want to be paid upfront and buyers who want credit for financing their inventory. However innovative offerings.

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Are supervisory authorities exclusively to supervise and control the processing of personal data whereas in USA there is no such supervisory authority in fact there are rules for the government and private sector works on self regulation instruments. The more detailed regulation like the one in the EU increases the cost of operations whereas the self regulation system existing in the USA reduces the cost of operations and thus provides better environment for the growth of data centric or data based companies. In the above background, lets us now discuss about our PDP Bill and the regulatory approach taken under it. Under the PDP Bill, it looks that the government wishes to supervise the private corporations like it is done in European Union however, unlike the EU, wishes to keep government bodies out of the purview of this law. This was given a name of a co regulatory model which was suggested by the Justice AP Shah Committee in 2012. Later, in 2017, this view was endorsed under white paper of the committee of experts on a data protection framework for India prepared under the chairmanship of Justice B. N. Srikrishna. It was noted that the co regulatory model was proposed because control regulatory mechanism may be too rigid and may lag behind rapid technological changes and on the other hand, a pure self regulation approach may lack enforcement and may lead to a situation where the objectives sought to be achieved by a data protection law are, effectively, not met. The author feels that the co regulatory model is at the center of whole dilemma or controversy surrounding PDP Bill today. Earlier, we have seen the reasons for difference in the regulatory models of the EU and the USA. The EU perceived fear against private companies and the USA perceived that the data should not be misused by the government. It appears that the PDP Bill is based more on theoretical approach rather than the practical approach. The committees who worked on the subject should have also highlighted and discussed with the outcomes of these models. Like for example the fact that only one in twenty top big data companies is European strict regulatory regime is seen as a hurdle for the growth of such big data companies. The point is that we could have made little more effort to understand the impact of the EU or the USA model on their respective business environment and their respective priorities and accordingly adjusted it to the needs of ours. In the absence of same, today we are proposing a regulatory model which exempts government from liability under these laws clear departure from the EU Model and at the same time likely to increase the cost of business much like the EU. So, broadly speaking, government will access to all the personal data but it cannot be held responsible for the breaches effective raises big red flag for our personal data protection and, on the other hand, private companies dealing with.

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Data will be burdened with all kinds of obligations. This is to me neither serves the purpose of protection of our personal data nor creates conducive environment for growth of our big data companies. So, we are going to lose on both fronts. I just hope good sense prevails over the people at the helm of affairs so that in future we could avoid repeat of regulatory disaster like Nestle Maggi saga. I am sure, that is the last thing India is looking to achieve today through its data protection laws. A penny saved is a penny earned is a proverb frequently attributed to Benjamin Franklin. In other words, it a good idea to save money, not waste it. So, in case you want to level up your financial life and you know that cutting expenses will only get you so far, start thinking about ways to add income. Most of us have a lot of household expenses. One way to simplify your life and save money is to reduce your living expenses as much as possible. When you lower your monthly household expenses, you all have more money to invest in your future or pay off debt. While saving for the future can seem overwhelming, if you start by just putting away a little more money each month, it may be easier than you think. Saving money every month by carefully reviewing recurring monthly expenses, figuring out ways to trim those expenses and sticking to a budget is the secret to be on top of the ladder of financial deficit. One of the smartest things you can do every month to save money is to comb through your monthly expenses and see where you can cut costs i.e., marking your wasteful expenses. On an average individual spend 38 to 40 of his earning on household expenses. Here are nine common monthly expenses and tips for saving money on each of them. 1. Housing If you have a mortgage payment, consider saving money by refinancing your mortgage if interest rates are lower than what you are currently paying. This could give you a lower mortgage payment and save you a lot over the life of the loan. If you are a renter, you can compare loan installment with rent paid per month, if both are same than better to buy a property on loan rather than paying rent. Similarly finding a roommate to split cost, signing a longer term lease to score a discount or downsizing to a smaller, less expensive place are the other options to explore. 2. Utilities Chances are that electricity represents the largest share of your monthly utility bill. So how can you reduce your electric bill Start by unplugging unused appliances, adjusting your thermostat to settings that hog less power and turning off unused lights? 3. Food To save money on groceries, try downloading apps that allow you to compare prices at different stores, buying in bulk at places like Costco and Sam Club this.

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Will not only reduce cost but you can also avail discount coupons and other gift vouchers. Transportation Getting from one place to other costs more than you might think including car parking and petrol refilling, Among the approaches you can take to drive down transportation expenses are Buying electronic car rather than buying or leasing petrol diesel new car. Sticking to your car recommended maintenance schedule to keep it running smoothly. Cutting back on speeding and hard braking to conserve gas. Carpooling or walking when possible. Insurance Paying insurance not only protect you from future contingencies but also give you tax advantage. While choosing insurance policy, one which secure the future with least insurance premium should be selected. You also can cut insurance expenses by exploring discounts, such as those for bundling policies from the same insurer. 6. Credit Card Paying all expenses through credit card is the best way to plough back your finances into investments. We can claim the benefit of credit period and enjoy the fruits of our hard earned money, provided all payments of credit card has to be done within due period to avoid any interest penalty. Creating a budget Creating a budget will help you lower your expenses because you can identify where you are spending too much money. A great first step to creating a budget is to make a spending plan. Use software such as Personal Capital, which will help you track and manage all of your accounts in one place. You can see your income, expenses, net worth, and more. You can also employ the cash envelope budget system if you want or need more control over your finances. Invest in instruments with fixed returns Warren Buffett once said, The first rule of an investment is does lose money. And the second rule of an investment is don forget the first rule. We should not put all eggs in one basket. So, we should diversify our investment to mitigate risks. For example, invest some savings into bank fixed deposits, mutual funds, government pensions schemes and so on. The idea is to invest regular amounts in these investment classes for a long period of time and generate good wealth. Diversifying is important because it keeps your portfolio away from being too heavily weighted towards one company or a sector. This helps in spreading the risk and ensuring your investments are sound and protected in the long run. Evaluate your spending habits Analyze your spending habits to understand if some costs are unnecessary and can be cut down like credit card bills. Avoiding these expenses can save a good amount which can be directed towards investments Another easy way to analyze and improve your spending is also to prepare a detailed monthly budget. Junk food and entertainment are the most popular categories that fall under unnecessary expenses. One can also segregate budget into wants and needs includes necessary expenses like food, electricity, rent, internet and wants include expenses that we do otherwise automate.

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Your investments and be consistent When it comes to investing, regular investments are more beneficial than a lump sum. In a regular investment, one has to invest a particular amount every month irrespective of the price of the asset. Some investment products like mutual funds have options like systematic investment plans SIP with options to automate your investments. They deduct a fixed amount every month from the bank to invest in a fund. This process takes out emotions out of investing and avoids any delays in putting your money to work. It will also make you a disciplined investor. Before choosing investment, we need to take into consideration factors like time period involved, inflation rate, amount of investment and tax to be paid. We should do expense planning and cash management this will align our spending habits and will help us to reach our biggest money goals. It is rightly said, Do not save what is left after spending, but spend what is left after saving. Communication Design, specifically, is a much discussed vocation decision in the plan. The exceptional field is loaded with promising open doors in visual communication, movement, UX and UI plan, data plan, and print media plan, to give some examples. The discipline is a mix of plan standards, sight and sound devices, and liveliness. It fills in as a general media language to draw in and illuminate the interest group about an item or administration. Today, Communication Design is an imperative creative device for building brands, helping deals, or supporting a compassionate reason. The promotions on TV, your number 1 portable applications, and computer games are every one of the pieces of Communication Design While the scene of Design Education in India is quickly changing with an expanded number of plan establishments, understudies finishing their tutoring don know about the assortment of configuration streams or professions, nor in the greater part of cases, have the chance to encounter direct designing, even less so what the significance here to take part in a particular course of plan in a stream, for example, Communication Design versus Fashion Design, or Product Design versus Interior Design, or some other stream of Design. Why should you study communication design Communication design are one of the supposed delicate abilities that businesses tell us are fundamental for professional success. It enables you to develop many other abilities like Qualities needed for a communication designer Communication designer is a field that depends on inborn inventive capacity. This is the very thing that you should begin a profession in correspondence plan Perception capacity, Imaginative perspective, Observational abilities, Eye for detail, Specialized capability, Relational abilities It very well may be learned through communication and design courses or self educated through instructional exercises, recordings and ceaseless practice. Correspondence configuration can be taken up as a profession whenever in one life, including through mid vocation shifts from different fields. Career Opportunities as a Communication Designer Information Designer The essential occupation of an Information Designer is to upgrade.

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To future generations of Indians, reminding them of the profound dedication of their Armed Forces. As a nation, it is our duty to honor and remember the brave soldiers who laid down their lives in defence of our land. Here, is something I wrote as a tribute to every soldier who was a part of Kargil Conflict. Obesity is a growing global health concern, and its association with various medical conditions is well-established. Obesity is associated with multiple other diseases such as type 2 diabetes, heart disease, high blood pressure, obstructive sleep apnoea, joint pains, PCOD and many others. One such condition that has gained attention recently is the link between obesity and hernias. A hernia occurs when an organ or tissue pushes through a weak spot in the surrounding muscle or connective tissue. A hernia typically presents with a lump in the affected area which increases on straining and decreases on lying down. It may also lead to chronic pain. If the hernia gets complicated then the swelling may not decrease on resting and can be very painful. Rarely it can lead to obstruction. It is important to understand the connection between hernias and obesity for those seeking to manage their weight along with hernia. Some of the reasons why hernia is seen more commonly in patients with obesity are as under Given these considerations, healthcare providers may approach the treatment of hernias in individuals with obesity with a more cautious and individualized approach. In patients with obesity, weight loss measures such as diet and lifestyle modification, drug therapy or sometimes even a bariatric surgery may be recommended before hernia surgery to decrease surgical risks, improve outcomes and reduce recurrence. The rich land of art, culture, creativity India contribution to the world in lending its Art & Culture is huge. One such industry we impact is the Handicrafts we produce. What started as a hobby for housewives in small cities umpteenth years ago, has led itself to being one of the most important sectors in the country economy employing over seven million people making India one of the leading export destinations. Leaders Laborers According to the International Trade Centre, women make up for 70% of the global handicraft workforce. It states, In some countries, such as India and Bangladesh, women make up more than 80% of the handicraft workforce. Moreover, handicrafts are often a significant source of income for women, particularly in rural areas where there are few other economic opportunities. However, that may not be playing optimally because there are still many barriers preventing them to be the leaders and entrepreneurs they deserve to be. With lack of access to resources, proper education, training on leveraging their art as a source of income & security, they are struggling as laborers slowly losing the fight to standardization, let alone the constant reminder of gender roles & cultural constraints they are subjected to. Vocal for Local A Wake Up Call Had they the awareness & an education to represent themselves in avenues, trade fairs, establish an online presence, they would compete in the global market as brand owners they deserve to be. In lieu of this, the Atmanirbhar Bharat Bahaman was launched to empower local artisans to manufacture locally and launched a vocal for local call for citizens to invest in & promote Indian craftsmanship. Subsequently, an e-commerce platform was also launched by the Ministry of Textiles to l

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To go online with their products and become competitive. But naturally, the resistance stems from lack of training. Educate a Woman, Educate a Nation, By All Means Despite the contribution to the economy and being a favorable export destination, Indian handloom weavers bring home less than INR5000 month as per All India Handloom Census. E-commerce With digitization sweeping over industries, especially post the pandemic, it should be a blasphemy to not build our e-commerce portfolio. Unfortunately, Indian artisans are largely missing from the scene. As per a survey by Digital Empowerment Foundation, approximately 20% of artisans have received any training in digital selling. Inaccessibility, language barriers, limited entrepreneurial skills amongst other reasons lead to them losing out big. We need to close this gap. Further, they are either bogged down by the e-commerce giants or unable to pay the expensive fees to multiple avenues at the same time to increase their visibility. To tackle these issues, the Ministry of Commerce and Industry launched an ONDC, The Open Network for Digital Commerce initiative to help & encourage artisans for digital selling. It more like an online market and community-led network that displays products and services from all participating e-commerce platforms that are a part of its network. This is especially beneficial for small artisans. Up skilling training That the game will change once we train & up skill women artisans is undeniable, but why and how is the question. With a humungous representation of women in this industry, uplifting them as a society will not only break through the age-old gender discrimination but also help them find financial security and social inclusion. One way is to expose them to the microfinance program that provides them with the financial resources they need to start their own businesses. Straining programs can support them with the skills they need to produce high-quality handicrafts. Further, mentorship programs can connect women to a pool of experienced artisans who can help them in rising in the industry. Here the most important factor in this initiative Eradicate the gender-based discrimination at their homes for them to realize their whole potential. This is an easy task but not impossible and can be tackled with education, policies and opening a channel for them to seek & get help when they can. Further, collective action, the support of communities & cooperatives will help them polish their negotiation power & prepare them for the competition in the global market, eventually. Venture capitalists A report called Landscape Study on Women Entrepreneurship highlighted how the number of women business owners are set to increase by 90% in India over the next 05 years. However, as per an article, only 1.5% of the startup funding in the nation goes to businesses with female founders due to which some venture capitalists dedicated funds to women-focused businesses. This will be a game changer not only to promote talent but also better the lives of so many women artisans who uplift the rural communities massively. Be Their Allies, not a Roadblock Over the years, many seekers have moved base to urban cities but still stuck in the loop of being lowly paid. To support this cause, government offers various schemes to support artisans, some such are Ambedkar Hastshilp Vikas Yojna, Mega cluster scheme, Marketing support and services scheme, Research & Development scheme etc. All thes

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Ek Onkaar Satnam. These magic words mean here is but one God, whose name is Truth. This simple concept was the cornerstone of Guru Nanak Dev teachings. The founder of Sikhism is one of the greatest philosophers and teachers the world has seen. While philosophers such as John Knox, Martin Luther, and John Wesley were influencing the Western world, Nanak was quietly preaching a new, unique and inspiring gospel in the Indian subcontinent. He taught Naam, the science of the Word, which proclaims that realisation of God is attained by communion with the habad, Word. He preached Do Nam Smaran love, be devoted to God, and enjoy the bliss of union with Him. Nanak prophetic message manifests in his three fundamental principles: Naam Japna, remembering God; Kirat Karni, working for a living; and Vand Chakhna, sharing one possessions with the needy. These were the mainstays of his philosophy and became guiding principles of Sikhs. Nanak was also a repository and propagator of revolutionary ideas, concepts, beliefs and practices. Assuming the mantle of a preacher, he espoused issues affecting society and contemporary existence. He challenged the caste system and promoted education for all by introducing the Gurmukhi script, which could be accessed by all. He believed that integrity, respect and trust between different communities engendered dignity for everyone. He proclaimed that women be respected and not persecuted. Today, India has come a long way in this direction with women empowerment being a national objective. Nanak proclaimed, I am neither a Hindu nor a Muslim. We are all children of God. He spent his life trying to create a bridge between Hindus and Muslims. He was arguably the world first activist, environmentalist and conservationist extolling the value of water and vegetation. Nanak wisdom and benevolence earned him everyone love and respect. On his death in Kartarpur in 1539, both Hindus and Muslims placed flowers over his body. The site was immortalised by a tomb and temple built over the Muslims and Hindus flowers, respectively. We must learn from this extraordinary sequence of events to further promote communal harmony. Long before interfaith meetings told us to tolerate different religions, the Guru travelled great distances, propagating dharm. Nanak was a great traveller; he spent over 20 years visiting places within and outside India. He is said to have covered about 28,000 kms in his five major udasis, tours between 1500 and 1524. Nanak realised that the world was suffering because of hatred and fanaticism. He travelled because he wanted people to be humane and tolerant. He started langar wherein food was served free to everyone, irrespective of caste, creed, religion or social and economic status. The langar, constantly served in thousands of Gurdwaras worldwide, not just feeds millions, but sustains many poor people. This was beneficial and impactful during the difficult Covid pandemic days. Today, the world is acknowledging Nanak glorious, invaluable legacy and philosophy, which promote generosity, communal harmony, and provide a healing touch to our fractured, turbulent society. The world owes him a debt of gratitude beyond compare. Left wondering where the Americans who could not compete with the foreign students. They either did make it to the good colleges or did make it to college altogether. This problem cut across all races whites, blacks, Hispanics. According to an NBC exit poll, one-third of black men voted for Tru

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We have often celebrated victories in war, yet we seldom reflect deeply on the devastation left behind: poisoned rivers, scorched forests, contaminated oceans, darkened skies, and countless living beings displaced or destroyed. Wars do not merely reckon nations and wound humanity; they tear the very fabric of nature that sustains life. The lacerating ecological wounds carry on far longer than political disputes or territorial ambitions. The atomic bombings of Hiroshima and Nagasaki inflicted severe immediate environmental damage, marked by the instant devastation of ecosystems, highly toxic radioactive fallout, and pronounced localised climatic disturbances like black rain. Indic wisdom offers a profoundly different civilisational perspective. The Bharatiya worldview doesn't see nature as a resource to be exploited but as a sacred manifestation of the Divine. We revere our rivers, such as the Ganga, Yamuna and Narmada, as mothers. We worship the Sun as the deity who gives life and energises the world. In Panchamahabhuta Upasana, we meditate on earth, water, fire, air, and space as the foundational elements of existence. Trees such as Peepal, Banyan, Neem, and Tulsi are worshipped as protectors of life and symbols of continuity, purity and healing. Ecological reverence is deeply woven into Indic cultural and spiritual practices. Even birds and animals find a sacred association through the vahanas of various deities. Nandi, the bull of Shiv, symbolises strength and patience; Garud, the eagle of Vishnu, represents courage and higher vision; the lion of Goddess Durga reflects power guided by righteousness; while the mouse of Ganesh reminds humanity that even the smallest life form has significance in cosmic harmony. Such symbolism cultivates coexistence rather than conquest. The essence of Vedic wisdom is profoundly expressed in the Shanti Mantra of the Yajurved, Om Dyauh Saantih. The Vedic shanti mantra invokes peace not only for human beings but for the atmosphere, earth, waters, herbs, vegetation, and the entire cosmos. It reflects profound ecological consciousness. Peace, in this understanding, is not merely the absence of conflict; it is the equilibrium of existence. Present-day warfare demonstrates exactly the opposite. Explosions of bombs and missiles release enormous quantities of greenhouse gases and toxic chemicals into the atmosphere, destroying forests, agricultural lands, and biodiversity corridors that may take centuries to regenerate. Oceans, often forgotten victims of war, suffer immensely. Naval warfare, oil spills, underwater detonations, and chemical leakages devastate marine ecosystems. Coral reefs are damaged, fish populations decline, and underwater acoustic disturbances disrupt the rhythm of aquatic life. Air pollution during war reaches catastrophic levels. Burning infra, ammunition residues, and industrial destruction release carcinogenic particles and hazardous gases into the environment. The result is not merely immediate devastation but intergenerational ecological trauma. Ecological devastation resulting from the ongoing wars endangers humanity and the Earth. It is Mother Earth that loses in every war. Today, we are at a critical juncture. We ought to value the wisdom of Vedic seers that peace is not weakness; it is the highest form of collective intelligence. It is only reform in Punjab, and only if Punjab creates the legal framework to enforce it. India is, slowly, moving from punishment toward rehabilitation

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been forced to obey for years, even as many dreams went bust. Now they have dealt with what threatens their future. Govt, US's latest tariff threat is illogical. India should challenge it, but offer no concessions under pressure. Trump's Iran war has cost Americans about $100bn already twice the estimated real earnings from his reciprocal tariffs. Trump should publicly call Netanyahu to prolong the conflict. He has the cards. Use them. Having the courage to tell a friend he is wrong is hard. It's no different in international diplomacy. Trump's version of vegetarianism that seeks to rule the menu, wants to decide who gets to be powerful, and who gets erased. It seeks to rewrite India's public culture and push meat-eaters to the margins. Everyone's wrestling with someone. So Vinesh Phogat ultimately didn't make it past the Asian Games trials, despite tormentor WFI reluctantly allowing our champion grappler to compete in her newly chosen 53kg category. Remember how By Yogi Balkrishna We have often celebrated victories in war, yet we seldom reflect deeply on the devastation left behind: poisoned rivers, scorched forests, contaminated oceans, darkened skies, and countless living beings displaced or destroyed. In a small office in South Block, in the summer of 1948, a Cambridge-trained physicist told India's prime minister that the new country needed an atomic energy programme, and that the Indian Civil Service, designed Just the other day, as fate still hung over whether India would watch this World Cup or not, a couple of us old colleagues proud, foolish sports nuts, and football tragics furiously engaged By Jwalant Swaroop Spiritual traditions have long viewed humanity as participants in a shared field of consciousness. When violence erupts on a massive scale, that collective field is disturbed. Ancient Indian thought described this disruption. What makes membership of old British clubs so desirable? The answer lies in their evolutionary story. When deep pockets vie for membership of Gymkhana Club, the one that the govt wants evicted from 27 acres of Lutyens' By Karan Singh The question of our relationship to the Divine has challenged all religions and philosophies. Markedly different views have been expressed in religious texts by philosophers. I have tried to express that RCB's repeat triumph was built around Kohli (37), with Bhuvi, Hazlewood & Krunal, also 30-plus players. But the tournament's sensation, Vaibhav, is just 15. What does this mean? Don't look at how old a player Two seemingly unrelated things are happening simultaneously in Indian finance. Foreign investors are leaving at record pace, as has been widely documented. And Indian banks are running out of deposits. Both are, in Andhra Pradesh cabinet's decision to grant a power distribution licence to Google, for its $15bn data centre hub in Visakhapatnam, is a significant regulatory development that deserves both credit and scrutiny. Google operating through One would think that an editor at a publishing or media house would be able to tell the difference between human-written and AI-generated text with high precision, the way a seasoned jeweller appraises a stone. Don't trade life for a puff. Smoke fades. Damage stays. May 31 is World No-Tobacco Day, a global reminder of the devastating health, social, and economic consequences of tobacco consumption. Spearheaded by the World we are witnessing a summer of soaring distrust, despair and discontent. Yet through this dark cloud,

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India sends some 250,000 students to the US every year. This number will come down drastically. One could say that Indian students would instead go to the UK, Canada, Australia and New Zealand. But none of these countries has the quality and quantity of universities that the US has. And the best thing about the US was that upon graduation, most students found a well-paying job in the US. Trump will slash financial assistance to foreign students. He will increase the barriers to entry for them. He wants his deplorable to join a college and get a decent paying job after that. He puts America First. By the way, American First is a slogan of the Ku Klux Klan. Trump has had his dalliances with the Klan. Trump will not give India a UN permanent seat. This has been lip service coming from all recent US presidents to India. The P-5 is a club. They do want any more entrants. Plus India crafts an independent foreign policy. The US does want any more dissension in the P-5. It would want India to toe its line in the P-5, which India would refuse to do. Quad, this phony anti-China alliance, will be given a quick burial. One thing that Trump gets is that the US military is weak. It is in no position to take on China in a war for the next 10 years. What will the Quad members do then, twiddle their thumbs for the next 10 years? When it comes to war, Trump is a pragmatist. He does want to engage in needless wars. Trump will mouth endless homilies to India and many Indians will lap them up. But remember. This is a president for white people, and the leader of the free world, which is also all white. Trump has no time for collared nations like India. He called Haiti and African nations shithole countries. Just recently, he called Puerto Rico a floating piece of garbage. Puerto Rico is a territory of the United States. It is inhabited mainly by non-white Latino people. If he can call his own people garbage, can you imagine what he really thinks of countries like India? I had once read that Ram Manohar Lohia had an interesting way of describing city dwellers. He called them Antvasi, which means dwellers of the end in Hindi. Antonym of aboriginals tribals (Adivasi) which were dwellers of the beginning. In Sanskrit Hindi, Adi means beginning, Ant means end and vasi means dweller. It was a beginning because everything had just begun then water, forests, birds, animals and humans. Nature had just begun and so had humans. Humans lived with the nature and depended on it to survive. When it will be the end, everything will also end-water, forest, birds, and animals. And humans will be not living in the forest, but in the cities. They will not be living with nature and nature would depend on them to survive (other way too but we do seem to realise). Tribals advises lived at the beginning adi of the civilisation and citizens antvasis will live towards the end ant of the civilisation. We are the other bookend in making, of the long civilization as we have known over the last five-six millennia. I remembered this perspective about the antvasis sometime back, when I was in Abu Dhabi few years ago. I heard something there, which I have been hearing for many years now. That in the coming years, 70 percent of the world is going to be urban i.e. living in the cities. Though these predictions and projections came with a lot of optimism, thinking about Lohia words made me think if these prophecies held hopes of a promising future or were warnings of caution. Because what the

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Far we vet come, let start at the beginning. Our Silicon Age began with Morris Tanenbaum, who fabricated the first silicon transistor at Bell Labs in 1954. A year later, there were 250 PCs in use across the world. Fast forward to 1975 and the Intel 8080 microprocessor was powering the world first commercially successful PC, the Altair 8800, which sold 2,000 units. The rest is history. Today, PCs are our human touch point in the digital world. No longer glorified typewriters or data processing tools for scientists and big organizations, we host meetings with colleagues across dispersed offices, live stream football matches from across the world, paint in 3D and virtual reality, and compete in online games against global competition. In a global health crisis, PCs helped keep us connected to our friends, families, and coworkers. New world, new expectations From our laptops to tablets to smartphones we rely on ubiquitous computing technology to navigate, enhance, and access the modern world. In fact, Tech analyst company IDC predicts that in total there will be 41.6 billion connected Iota devices by 2025. The digitization of many parts of our lives, accelerated by the Covid 19 pandemic, has reshaped our expectations of the PC. The Indian PC market is no different. It managed to continue its growth despite the ongoing supply and logistical challenges. According to the latest report by research firm IDC, the traditional PC shipments witnessed a 44.5 year over year Yoyo growth in 2021 Jan Dec, continuing the upward trajectory of PC sales in India. The India PC market comprises desktops, notebooks, and workstations. A total of 14.85 million PCs were shipped during the year, making it a strong year for PC sales in India. While the Notebook PCs continue to dominate the overall category with more than 80 share, the desktop segment also maintained upward momentum and it grew by 30 Yoyo. Moreover, the pandemic alone put the importance of the PC into perspective by rapidly accelerating the shift of education & the workplace to online models, with the PC at its center. While PCs continue to thrive, the expectations have certainly evolved over the years. Today user expects fluidity, ease of use, and reliability. With hybrid working here to stay, embattled employees require lighter, more powerful devices with greater battery life to enable them to work from anywhere. And PC form factors have also evolved to support these usages, whether it is to work, learn, collaborate, design, or game. Opening today and tomorrow world Rapid advancements in Semiconductor design and manufacturing have underpinned the technological leaps in the PC industry and Intel 12th Generation Alder Lake processors is the next evolutionary leap with the performance hybrid architecture offering a unique combination of Performance and Efficient cores P core and E core that intuitively scales to match whatever workload is thrown at it. The revolutionary approach focuses on optimizing silicon to run a vast array of applications from the cloud to the edge to artificial intelligence with.

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The introduction of messages, figures, and realities with info graphics and make them interesting to the peruse or watcher. Data fashioners are liable for mixing non visual components and designs to make an outcome that requests to the end client. UI UX Designer and UI planner essential obligation is to make a computerized item or plan that is natural and intelligent enough to tackle the issues looked by end clients. Their primary goal is to improve the general insight of the client. In the event that it is a versatile application, the UI UX planner should research, test and plan the specialized construction on which the application runs. Web and App Designers the touchy development of applications and sites has fuelled the rising requirement for imaginative and in fact, sound sites and application architects. The relentless development of computerized innovation and the steadily expanding cell phone use are obvious indicators that web and application architects will constantly be popular. The key occupation of web and application fashioners is to fabricate sites and applications that capacity for different gadgets. They are liable for decisively captivating the client with the right designs, varieties, and texts. Vocation valuable open doors in this field are perpetual, and those with the ability to comprehend and carry out imaginative thoughts are consistently overwhelmingly popular. Type Designers Text styles are pervasive. Right from this article that you are perusing now to those utilized in sites, applications, magazines, papers, solicitations, leaflets, announcements, and store shows, the universe of text styles is broad. A sort of creator is an individual behind this large number of textual styles. They are the inventive personalities who plan art typefaces and text style families as a calling. Print Media Designer Print planners are liable for planning instructive, engaging, connecting with, and attractive components for the peruse. They have some expertise in conceptualizing plans, getting ready mockups, and making the last draft for printing. Profoundly gifted visual fashioners have fantastic possibilities on paper media. Animation There are open doors aplenty for talented communication designers who need to leave an imprint in movement. This umbrella term is the doorway to becoming designers in media web illustrations and movement for web and cell phone applications. Publicizing organizations and creation houses recruit correspondence architects with capability in media planning and altering abilities. These abilities can likewise find you in fortunate positions with gaming and versatile organizations and visual communication studios. With the interest for communication design set to fill before long, you might in fact investigate the choice of beginning your own marking and communication design firm as a business person. How many PCs are there in the world today we know that an estimated 340 million were shipped in 2021 and 350 million the year before that and we could go on. The fact is that we had never get close to a true figure, nor account for PC journey to where it is and what it means today. To build a better picture of how.

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Hybrid architecture, a compute intensive workload like gaming and 3D design can run on the P cores with background tasks or multithreaded workloads like image rendering running on the E cores. No matter the user or workload, this new architecture reduces lag and improves multitasking. The history of the PC is one defined by innovation and collaboration and every forward thinking technologist should have the opportunity to move the industry forward. Therefore, Intel has committed to breaking down walled gardens and building an open environment through its Open Compute Project, which applies the benefits of open source and open collaboration to hardware to rapidly increase innovation across the technology industry. We truly believe that creating huge opportunities for developers and users to enjoy faster, more immersive, and impactful experiences is a key factor in reshaping and accelerating the future of the PC. The sky is the limit Computing capabilities now augment every aspect of our lives, spanning across a multitude of form factors and device types. Soon, we will all have thousands of devices at our immediate disposal, all performing some tasks or the other that falls squarely in the realm of computing, whether it our smartphone or smart device for controlling the lights in our home or calculating the safest trajectory for our self driving cars. In fact, we expect that by the end of this decade, every human could have one pet flop one quadrillion of compute and one petabyte of data, less than one millisecond away. The kind of compute performance we have at our fingertips would have been considered inconceivable in 1954, or even just a few decades ago. We, at Intel will continue to redefine the PC experience, but it not a job for one or two companies. By nurturing a culture of openness and collaboration, we will create a thriving ecosystem that will prove that when working together, the sky truly is the limit. What would have been the thoughts that rushed through the mind of Ottakarathevar Panneerselvam as he stood there, booed by 2,000 odd members of the AIADMK general council last Thursday Did he think of his three coronations when he was sworn in as the Tamil Nadu chief minister, when the same people in front of him now were bowing in reverence Or his dramatic dharmayudham at Jayalalithaa memorial in February 2017 that brought droves of AIADMK cadres to him Or was he thinking of the futility of having played the second fiddle to Edappadi K Palaniswami during the previous government even while remaining on paper the party coordinator Was he thinking that in politics, as in life, everything is transitory Was he thinking of giving up Or was he thinking that this moment, his most humiliating in public, will be a turning point in his political career and that he would fight back Perhaps all of that. OPS would soon set out on a statewide tour to, according to his supporters, gauge the cadre mood, expose his opponents and strengthen.

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For some students, getting 60 per cent marks is success, for others it may not be sufficient. In a competitive examination, success means getting selected, whatever the percentage of marks. As for inheritance theory, since positive attitude is not a physical feature but a mental faculty, it cannot be purely hereditary. It can be developed. Moreover, parents play a major role in developing this quality of a child. A child, who watches his parents working hard, having faith in success through their words, behavior and body language, is likely to develop a similar attitude. The children of short tempered, over cautious and nervous parents may assume similar characteristics when they grow up. Psychologists, therefore, prescribe a code of conduct for parents behavior in front of their children. They must exude confidence, self belief and hope, especially in difficult situation, so that the children emulate these qualities. Is positive thinking an inherent characteristic of a person or can it 786 be developed in one psyche? The opinions differ in answering this vital question. Some people believe that it can be inherited from parents, and cannot be developed. Others believe that like other qualities it can be developed with proper practice and guidance. Still some others hold the opinion that it is hereditary to some extent but can be acquired to some degree. There is also a section of people, who believe that all depends on circumstances or luck. We need to adopt a scientific approach to find an answer to the above question. No one can get success every time even after making efforts, nor can one fail constantly. Moreover, success has different meaning for different people. They must be taught the importance of being positive before, during and after the performance of a task. There is no better education for a child than watching his parents come out of a tough situation by means of earnest endeavours. Such success not only gives more joy but also increases self confidence. The party If this is going to be his Dharmayudham 2.0, he has to do more of action than meditation. Roadshows, As Dhinakaran had proved, can be impressive if you spend a lot of money. OPS has no option but to loosen his purse strings. A show of strength is important for him at this juncture, but money won be enough to take his journey forward or back to his past prominence. The first thing he needs to decide is whether to go on the offensive at EPS or just speak about himself, his sacrifices, how he the righteous man was wronged, how he was handpicked by Jayalalithaa to be the standby chief minister twice first time between September 2001 and March 2002 and the second time from September 2014 to May 2015 when she was forced to vacate the seat following judicial orders, besides having a stint following Jayalalithaa death on December 5, 2016, a tenure that ended in his dramatic exit and the rise of EPS, how he had.

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One of the benefits of regular stretching is that it enhances flexibility. Being flexible has its own advantages, as it not only improves your day to day activities, but can also help delay the reduced mobility that comes with aging. Stretching 9on a regular basis can help increase your range of motion. Stretching specific tendon or muscle can improve the elasticity of muscles, which in turn helps in achieving a comfortable muscle tone. There are several benefits of regular stretching, and it should be an integral part of every workout program. It not only helps increase your flexibility, which is an important part of fitness, but it can also improve your posture, body aches, reduce stress, and much more. You can either go for static or dynamic stretching as they both are effective when it comes to the increasing range of motion. According to the studies, proprioceptive neuromuscular facilitation or PNF type of stretching is more effective for immediate results. Performing dynamic stretches prior to exercise in the gym can help prepare your muscles. Not the only gym, but it can also help you improve your performance in dance or an athletic event. Regular stretching can not only help heal an existing back injury but can also prevent future back pain by reducing your risk for muscle strain and strengthening your back muscles. All the people who regularly go to the gym know how helpful stretching can be. It is only natural that your muscles get tense when you experience physical or emotional stress. This is because the tightening of your muscles is the response of the body towards stress. All you need to do is focus on the areas of your body where you feel the stress, such as your neck, shoulders, etc. and stretch those parts of your body. Remained deputy for the stability of the government. The other option is to go for jugular. OPS might strike an aggressive pose if he gets a resounding not just encouraging response from people and party cadres outside the general council and district committees. This would mean an all out fight that could end with his expulsion from the party where his faction is hopelessly outnumbered by EPS supporters. What are his options in such a scenario Floating a new party will be an expensive proposition with an uncertain future, so he may look at the on one side and Sasikala on the other. While joining the BJP would be a meek surrender with minimal returns, going back to Sasikala would mean giving EPS a semblance of a fight. Channels of communication between OPS and Sasikala, as also with Dhinakaran, have been open for a long time. A Sasikala OPS Dhinakaran team, however ironical that may sound, can make the division in AIADMK deeper, on thevar goundar lines. And that would be bad news for EPS especially in the thevar dominated south. On his way to Then on Sunday, OPS told reporters at Madurai airport Everyone will soon know who.

Word Count: 500, Character Length: 2908 characters

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During lactation, the breast concentrates iodine in milk so breastmilk tends be a good source of iodine as long as the iodine intake of a mother is adequate. Plants grown in iodine rich soil are also good sources. Iodine fortification is what most countries rely on to encourage adequate dietary intake. In more than seventy countries that iodize salt generally serves as the major source of iodine intake. One fourth of a teaspoon of iodized salts has about hundred micrograms of iodine. Note that the salt used in processed foods, which is the major source of salt for most Americans typically, does not contain iodine. If salt used in a processed food contains iodine, it will be listed in the ingredients list of that food. Focus on decreasing the amount of salt consumed from processed foods and get your sodium from iodized salt. Seaweed, saltwater fish and seafood are natural sources of dietary iodine. Dairy products also supply iodine in the diet at varying levels. However, this is not a reliable source of iodine since there is no way of knowing whether produce purchased in grocery stores is grown in iodine rich soil or not. Iodized salt usually adds less than about three hundred micrograms iodine daily to the diet. Most multivitamin mineral supplements contain 150 micrograms of iodine. With the safe upper limit of daily iodine intake for adults set at 1,100 micrograms by the IOM it is unlikely to hit an excess amount when including a multivitamin and including natural sources of dietary iodine. The trend of eating less table salt, dairy and bread has some experts concerned that iodine deficiency could be on the rise again. Eating a healthy, balanced diet that includes iodine rich foods and iodized salt is key to good health.spun the web of treachery. True cadres and people will decide my future. Sasikala, meanwhile, had embarked on what she calls a revolutionary tour to defend the rights of Tamil soil and dignity of women. She told reporters on Sunday that she would set right the party and make it win under a single leader. Two ambitious two journeys. Shall the twain meet? During lactation, the breast concentrates iodine in milk so breastmilk tends be a good source of iodine as long as the iodine intake of a mother is adequate. Plants grown in iodine rich soil are also good sources. However, this is not a reliable source of iodine since there is no way of knowing whether produce purchased in grocery stores is grown in iodine rich soil or not. Iodized salt usually adds less than about three hundred micrograms iodine daily to the diet. Most multivitamin mineral supplements contain 150 micrograms of iodine. With the safe upper limit of daily iodine intake for to for an excess amount when including a multivitamin and including natural sources of dietary iodine. The trend of eating less table salt, dairy and bread has some experts concerned that iodine deficiency could be on the rise again.

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Candidates are advised to carefully read the instructions given, in order to avoid disqualification, error and timely loss. After reading the instructions carefully, click on the check box to proceed. After candidate logs into the system, Mock typing test of 10 minutes will start wherein Candidate will check keyboard operational functionality by typing the Mock Text passage. There will be a break time of 5 minutes after the mock test candidates can use this time to get their query resolved for any faulty system, keyboard or mouse. The Actual Typing Test will begin after the break time as per the information given below as applicable to the candidates and tests respectively. The Question Paper for Typing Text will be either in Hindi or English and will only be in English Based on the Language choice mentioned in the application, Candidates will only be able to give their Typing Test either in Hindi or English 10 minutes will be given to attempt Typing Test Eng. Hindi and 15 minutes for Test. Candidates will be able to do a practice typing test of 10 minutes before the actual typing test Candidates appearing for English Typing should chose the Typing Test Keyboard Layout as English US only. Candidates appearing for Hindi Typing should chose the Typing Test Keyboard Layout as Hindi In script, Hindi Krutidev, Hindi Remington GAIL, and Hindi Remington. Do not use special keys or any key at the time of the examination, which is not necessary for the typing of the words given in the displayed text. Do not type any special characters symbols except those mentioned in the displayed text. Candidates will have to select the Keyboard Layout before starting of their Test however Keyboard layout can also be changed during the Examination Keyboard Layout selection Pane can be moved to the side of the computer screen so that it does not disturb while giving the Typing Test Keyboard Layout selection Pane can be moved by clicking on the MOVE button given on the Keyboard Layout Pane and holding it with the help of Mouse. Type the word words mentioned in the displayed text without any errors. Candidates can use Backspace key to correct any incorrect word and arrow keys can be used to reach out to any word within the typed text. Be patient during examination and keep calm. You can contact the invigilator for any problem, such as a. Key board error Machine automatic shutdown Power interruption Artificially expiring session age Reader or Compensatory Time will be given 5 minutes extra in Typing Test and respectively Scribe Passage Reader There will also be a break of 3 minutes between Mock Practice and the Actual Typing Test only. If candidates are giving Typing Test and then also there will be a break of 3 minutes between every two tests. There will be a Self verification section consisting of 1 mandatory question with duration of 3 minutes at the end of complete exam. Candidates will have to ensure that.

Word Count: 500, Character Length: 2936 characters

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Online Advertising is the art of using the internet, as a medium to deliver marketing messages to an identified and intended audience. It is helpful for attracting website traffic and brand exposure, but first and foremost, online advertising is designed to persuade the targeted customer to engage in a specific action like making a purchase. There are many different types of online advertising mediums. Some of them are content marketing and social media marketing. Once you have established a clear social media marketing strategy, you can start to consider advertising on social media platforms. Most social media sites now easily allow advertisers to utilise their reach and promote their products from within the platform. They also include good analytics tools to assess the success of the investment made. This might include a promoted tweet or post, a promotion of user generated content or even an entire campaign that is released across multiple social channels. Content Marketing is another great way to get a brand and message in front of the right people. Its primary focus is to attract organic traffic to a website by improving the SEO of a site, but once you have the strategy and content in place, you can increase its reach and engagement by paying for the content to feature on appropriate websites. Paid advertising can help to increase the ROI of content marketing. That means, without promotion, the production costs can often outweigh the potential return. Native advertising, a form of paid media, is a clever way of creating an ad that follows the theme of the site where it is placed. It is intentionally designed to look like the media where it appears and is sometimes referred to as an advertorial or sponsored content Online Advertising is the art of using the internet, as a medium to deliver marketing messages to an identified and intended audience. It is helpful for attracting website traffic and brand exposure, but first and foremost, online advertising is designed to persuade the targeted customer to engage in a specific action like making a purchase. There are many different types of online advertising mediums. Some of them are content marketing and social media marketing. Once you have established a clear social media marketing strategy, you can start to consider advertising on social media platforms. Most social media sites now easily allow advertisers to utilise their reach and promote their products from within the platform. They also include good analytics tools to assess the success of the investment made. This might include a promoted tweet or post, a promotion of user generated content or even an entire campaign that is released across multiple social channels. Content Marketing is another great way to get a brand and message in front of the right people. Its primary focus is to attract organic traffic to a website by improving the SEO of a site, but once you have the strategy and content in place, you can increase its reach and engagement by paying for.

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The party if this is going to be his Dharmayudham 2.0, he has to do more of action than meditation. Roadshows, as Dhinakaran had proved, can be impressive if you spend a lot of money. OPS have no option but to loosen his purse strings. A show of strength is important for him at this juncture, but money won is enough to take his journey forward or back to his past prominence. The first thing he needs to decide is whether to go on the offensive at EPS or just speak about himself, his sacrifices, how he the righteous man was wronged, how he was handpicked by Jayalalithaa to be the standby chief minister twice first time between September 2001 and March 2002 and the second time from September 2014 to May 2015 when she was forced to vacate the seat following judicial orders, besides having a stint following Jayalalithaa death on December 5, 2016, a tenure that ended in his dramatic exit and the rise of EPS, how he had remained EPS deputy for the stability of the government. The other option is to go for EPS jugular. OPS might strike an aggressive pose if he gets a resounding not just encouraging response from people and party cadres outside the general council and district committees. This would mean an all-out fight that could end with his expulsion from the party where his faction is hopelessly outnumbered by EPS supporters. What are his options in such a scenario floating a new party will be an expensive proposition with an uncertain future, so he may look at the BJP on one side and V K Sasikala on the other. While joining the BJP would be a meek surrender with minimal returns, going back to Sasikala would mean giving EPS a semblance of a fight. Channels of communication between OPS and Sasikala, as also with Dhinakaran, have been open for a long time. A Sasikala OPS Dhinakaran team, however ironical that may sound, can make the division in deeper, on thevar goundar lines. And that would be bad news for EPS especially in the thevar dominated south. On his way to Then on Sunday told reporters at Madurai airport everyone will soon know who spun the web of treachery. True cadres and people will decide my future. Sasikala, meanwhile, had embarked on what she calls a revolutionary tour to defend the rights of Tamil soil and dignity of women. She told reporters on Sunday that she would set right the party and make it win under a single leader. Two ambitious outcasts, two journeys. Shall the twain meet the length to get the ball to move off the seam, does not come easy, even for Shami? It is a long procedure, a lot of hard work is required and then the results will come, said to Shami after the game. I always concentrate on keeping the seam upright, so that off the pitch it can cut. And you could see that today.

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he does, per initial reports, the focus will be Brace for weak monsoon, and hope for best. It should have been a good day for markets, with Iran and US talking peace, but Friday ended with Sensex and Nifty down roughly 1. 5% each. A filmy fight with an interesting message In a new role, fire-fighter Salman Khan has gone all in to put out flames licking Bollywood. Big Bros Ranveer Singh and Farhan Akhtar are in a rare TOI News - June 5, 2026 Manoj Sinha is writing a new grammar of social change in Jammu and Kashmir Chairperson, Ānandam: The Centre for Happiness, Indian Institute of Management Jammu In popular perception and media narratives, Jammu and Kashmir has long been imaged and imagined through the prism of terrorism, violence, and political uncertainty. Yet, while these visible challenges have dominated public discourse and captured national attention, another threat was quietly taking root the growing menace of drug addiction. Over time, substance abuse seeped into homes, schools, colleges, and communities, stealing the aspirations of young people, straining family bonds, and eroding the social fabric that underpins the region's future. Unlike crises that unfold in plain sight, the damage wrought by addiction often remains hidden until it reveals itself in shattered dreams, broken families, ruined futures, and opportunities lost forever. Credit is due to Lieutenant Governor Manoj Sinha for recognizing both the gravity and the scale of this challenge. Known for his close engagement with people and his keen understanding of ground realities across the Union Territory, he identified substance abuse as one of the most pressing social issues confronting Jammu and Kashmir. Accordingly, from 2025 onwards, he consistently highlighted the issue in his public addresses and policy deliberations. He repeatedly drew attention to the dangerous nexus between drug trafficking, organized crime, and terrorism, emphasizing that the fight against narcotics is not merely a public health concern but an essential component of the broader mission to secure peace, safeguard society, and build a safer, healthier, and more prosperous Jammu and Kashmir. Building upon this growing recognition of the drug menace and the urgent need for collective action, Lieutenant Governor Manoj Sinha decided to intervene more directly by launching the 100-Day Drug-Free Jammu and Kashmir Campaign on 11 April 2026. The campaign commenced with a massive march from the M. A. Stadium in Jammu, setting the stage for an unprecedented public mobilization that soon resonated across both the Jammu and Kashmir regions. Driven by the Lieutenant Governor's personal commitment and strengthened by enthusiastic public participation, the initiative evolved into much more than a conventional administrative program. It marked the beginning of a broad-based social movement aimed at galvanizing citizens, educational institutions, civil society organizations, and local communities in a united struggle against drug abuse. At its core lay a simple yet powerful conviction: the battle against addiction cannot be won by government action alone. Sustainable and meaningful change is possible only when society embraces the responsibility of protecting its youth and safeguarding future generations from the scourge of substance abuse. One of the most striking features of the campaign has been the scale of public participation it has generated. Following the inaugural march in Jammu, unprecedented levels

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They represent a collective recognition of the threat posed by drugs and an equally collective resolve to confront it. The achievements recorded during the first fifty days of the campaign further underscore its seriousness and effectiveness. More than 1,000 drug traffickers were arrested, 341 kilograms of narcotic substances were seized, and 923 First Information Reports were registered. In addition, fifty-five arrests were made under the PIT-NDPS Act, eighty-nine properties were attached, six hundred and sixty-eight driving licences were cancelled, and recommendations were made for the seizure of one hundred and twenty-four passports. These figures reveal more than administrative efficiency; they reflect a comprehensive strategy aimed at dismantling the entire ecosystem that sustains the narcotics trade. Particularly significant is the emphasis on targeting the financial infrastructure of drug networks through property attachment and economic penalties. By attacking the economic foundations of trafficking, the campaign seeks not merely to apprehend offenders but to weaken the very structures that enable the illegal trade to flourish. The campaign also reflects an important evolution in the understanding of security and governance. It conveys a clear message that peace and stability in Jammu and Kashmir cannot be secured solely through counter-terrorism measures. They also require the dismantling of the networks that connect narcotics, organized crime, and extremist violence. Historical experience demonstrates that enduring social transformation cannot be achieved by legislation and enforcement alone. Sustainable change emerges when society itself becomes an active participant in the process. Guided by this understanding, the administration has encouraged extensive public engagement through awareness campaigns, educational programmes, community outreach initiatives, and collaborations with civil society organizations. As a result, students, teachers, women's groups, local leaders, and voluntary organizations have increasingly become stakeholders in the campaign. Another notable feature of the initiative is the way Lieutenant Governor Manoj Sinha has infused it with a strong sense of social responsibility and human sensitivity. Recognizing that addiction is not merely a law-and-order challenge but a deeply human tragedy, he has sought to shape the movement around compassion as much as enforcement. Consequently, alongside stringent measures against drug trafficking and abuse, equal emphasis has been placed on rehabilitation, recovery, and social reintegration. Efforts are underway to develop a comprehensive rehabilitation framework aimed at restoring dignity, hope, and opportunity to those affected by substance abuse. This approach acknowledges a fundamental reality: individuals caught in the grip of addiction need treatment, counselling, support, and a genuine second chance to rebuild their lives. Such a humane and inclusive approach not only strengthens the campaign's effectiveness but also reflects a deeper commitment to healing individuals, families, and communities affected by the scourge of addiction. Among the campaign's most enduring contributions has been its role in bringing the concept of narco-terrorism into public discourse. The campaign has helped citizens understand that drug abuse is not merely an individual failing or a family crisis. In many cases, it is intertwined with organized criminal networks, extremist financing,

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I always prefer to use the new ball in the nets also. I keep practicing and try to notice if the ball is going in or out. You saw since the morning, the ball was seaming and cutting and there was not proper bounce. One thing was to keep focusing on your line and length. Baba rammed in 2011 when he started his fight against corruption from there with his fast. Still, the ram Lila ground rally of 25 June, 1975 would remain etched in the memories of all those who came there on that momentous day. On the Maharashtra political crisis, media reports are speculating that the scale is tilting in favor of the Shiv Sean rebel faction. Let, though, look at possibilities in the context of legislative procedures and various court rulings. Official Shiv Sean asked the deputy speaker of the Maharashtra assembly to disqualify rebel MLAs, but the Supreme Court on Monday gave time till July 12 for these MLAs to respond to the deputy speaker notice. In a radical move to choke off energy revenues for Russia, G7 nations will now try to manipulate and limit the price of Russian oil. Behind the risky proposition is the acknowledgement that sanctions and embargoes already imposed by EU, US and their allies have had little impact on Russia war making ability against Ukraine. On the contrary, the squeeze on Russian oil has actually elevated global crude prices which continue to be well above the $100 per barrel mark helping Moscow earn more for its war chest. True, EU has already pledged to block 90 of its Russian oil imports by the end of the year. But with exemptions for countries like Hungary and pipeline supplies, Russian oil continues to flow at elevated prices, aiding inflation and pushing up cost of living. The G7 plan, though a long shot, seeks to undermine the so called Russian oilogopoly through price caps. Although details are yet to be fleshed out, initial reports indicate that it will work by lifting sanctions on insurance for cargo ships transporting Russian oil in return for a price deal. Theoretically, this should incentivise countries to accept the price cap. Also, London based International Group of Protection Indemnity Clubs insures nearly 95 of the world cargo shipment. The group itself would face sanctions if it insures any Russian oil cargo above the yet to be determined price. But while the plan sounds good on paper, it fails to consider strategic calculations some countries are making in buying Russian oil. China, for example, is unlikely to go along with the G7 on this since Beijing and Moscow today have formed a strong strategic compact. Also, how Russia will respond to being browbeaten this way is hard to predict. Price manipulation almost always has unforeseen consequences. A much better idea is the French one of getting Iran and Venezuela back to the oil suppliers fold. But talks on reviving the Iran nuclear deal are caught in the brinkmanship between.

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I also felt it was ironic (or poetically just) that I thought about all of this in Abu Dhabi. Abu means abbu or father and Dhabi is the Arabic name of the deer gazelle. So Abu Dhabi literally means father of gazelle. The name Abu Dhabi originated from an old legend of a hunting party discovering a fresh water source while tracking a gazelle. This area, abundant with both water and gazelles, became a settlement and the site where Abu Dhabi was eventually founded. Just like Abu Dhabi, so many human settlements and habitations began by searching water. And it increasingly seems that the end will also be while searching water, brining life a full circle. From Adi till Ant in pursuit of water. Humans may still remain, even if only for a short while to witness this end. Without human beings to make sense of it, would the beginning and end hold any meaning in this anthropocentric world? Within the safeguard of a family or a societal unit, a niche is created for children to grow up. While this is predictable and a natural human instinct, is there a possibility for reverse learning? Rather than reaching out to children to foster learning, could we look up to them for some life lessons? Contrary to popular thinking, Jesus upheld the importance of children and unpretentious childhood. Children were not to be seen as premature adults who needed to grow up to be worthy of spiritual matters. One weary afternoon after a journey, Jesus stopped by for a siesta. Some parents hearing about his presence brought their children to be blessed by Jesus. His disciples sensitively protected his rest by attempting to deny them an audience with him. However, Jesus made himself available and sharply reprimanded his disciples. He announced: Anyone who will not receive the kingdom of God like a little child will never enter it. Age, like any other social barrier, does not impede biblical spirituality. We read about John, a cousin of Jesus who had a spiritual experience while still in his mother womb. While an infant might not be able to articulate the spiritual experience rationally, there seems to be genuine involvement, nonetheless. The biblical understanding of knowledge includes (a) rational thought and (b) a relational understanding. Knowledge is interactive rather than just cerebral. The disciples of Jesus were once privately debating among themselves as to who was the greatest. Jesus caught them by surprise as he enquired about their discussion. There was an embarrassing silence as their self-promotion lost its potency. Yet, he addressed the issue point-blank: Anyone who wants to be first must be the very last, and the servant of all. He sat them down and subverted human grandiose agenda and greedy ambition with a demonstrative action. He placed a little child among them. Taking the child in his arms, he said to them, whoever welcomes one of these little children in my name welcomes me, and whoever welcomes me does not welcome me but the one who sent me. Not only does that signal the importance of children in God kingdom, but it also shows that God identifies himself with the vulnerable and the marginalised. The larger literary context of this episode shows his concern that his disciples seemed to miss the main point altogether. While Jesus came into the world to save humanity from wickedness, it is intriguing that the saviour became like one of us, starting as a zygote, after a supernatural conception, a helpless baby and a toddler. He also went through the g

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But what does Lady Justice our Fair Lady who is meant to represent fairness and impartiality herself think about the changes? SO eavesdrops on Justice Monologue. Justice: With the country legal system shedding its colonial legacy and Indian Penal Code, a relic of the British Raj, being replaced by Bharatiya Nay Sahota it was time for me to get a change of appearance. According to some, I was based on Themis, the Greek goddess, who later became the Roman goddess, Justinian. But the weighing scales, which I still hold, could be traced to the Egyptian goddess, mat. That was a heck of a lot of legacy to be carting around and I am glad to be shot of most of it. And the sari makes for a nice change from that toga-like thing that made me look like I was going about in public in my bathrobe. But why put that great big crown on my head? I had have thought that as a Republic, which derecognised princes in 1971, we had done away with royal regalia. Anyway, ditching that sword I was carrying, which seemed very warlike and not in keeping with our philosophy of ahimsa, was a good thing. Though a copy of the Constitution, which replaces the sword, it makes for an effective cudgel, with all the extra heft added to it thanks to its 106 Amendments, and more in the pipeline if rumours are to be believed. But what really puzzling is the removal of my blindfold which was to symbolise impartiality of judgment, regardless of status, caste, or creed. Does my blindfolding mean that I m no longer to be impartial? Or does it mean that in my blindfolded eyes all are equal? But yikes! What this that I see? There are over 5cr cases pending in courts across the country, with 62,000 over 30 years old. I can bear it. I do think they all give me back my blindfold. But will anyone notice if I keep my eyes wide shut Trump victory is credited partly to his chats in popular podcasts. Election propaganda tech continuously evolves, in India too. In Maharashtra, BJP & Uddhav Sena are using podcasts the world has just experienced its first podcast election. Eight years ago Trump won his first presidential election with Twitter help, and this time around it podcasts that have proved a game-changer. Much of the buzz was created via podcast hosts like Joe Rogan and Andrew Schulz. Students need a break from the coaching industry. A government version is the solution India needs. Coaching classes are a big deal in India, but did you know that in many other countries, kids don go to special classes just to get into schools? Sure, they have sports coaches or life coaches, but they don spend tons of time in cram schools. But now, our government wants to help out with coaching for entrance exams. They have a plan to help 12.5 lakh (1.25 million) students by 2029. That sounds big, but it actually a tiny goal compared to how many kids take these exams. This year, 24 lakh (2.4 million) students tried for medical school alone! Here the thing: coaching is expensive. Families in cities spend about 12% of their education money on it, and families in villages spend even more about 15%. This need for coaching is because there just are enough good schools and colleges for everyone. So, while the government helping with coaching might sound nice, it does fix the real problem. What we really need is better government schools. Even in places like China and South Korea, where they vet tried to control the coaching industry, it keeps coming back. But just because it everywhere does mean it the answer

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Urged people to cut down on tea because the country imports tea and for that it has to borrow money News report the minister exhortation to his fellow citizens to forego their daily cup which cheers but does not inebriate has created a toofan in a tea cup. The call to say so long to oolong has caused a public outcry. The Opposition has cited it as a body blow to the spirit of democracy, citing the case of a neighboring country where erstwhile chaiwalas can aspire to the highest public office of the land in a sub continental variation of the American success story of Log Cabin to the White House. Even as tea stall operators across the nation took out protest marches in Karachi, Lahore, Rawalpindi and other cities and towns, a top level ministerial meeting was held to discuss whether Pakistan all weather friend, China, which was where the beverage had originated in the first place, could be prevailed upon to provide, gratis, tea with sympathy to its hard up ally which was holding out not a begging bowl but an empty cup of pekoe. Meanwhile, to highlight how desperate the country economic situation had become former prime minister and cricket star Imran Khan had made an official declaration that the sum total of his assets included four goats, an assertion which prompted critics to say that it explained why during his tenure of office he had made a bakra of the nation and shown himself to be the joker in the Pak. Eminent economists brainstormed in an attempt to figure out the reason for Pakistan financial woes which had brought it to the brink of bankruptcy, and discover where all the billions of dollars given to it by the US over the years had gone. In an unrelated development the ministry of defence indented for a 6 increase in its budgetary allocation to beef up the nation air force, army, navy and nuclear arsenal, not to mention funding its training camps for a local offshoot of the Boy Scouts movement which wore black masks and wielded AK 47s. In yet another unrelated development, the government categorically rebutted the rumor that Pakistan Inter Services Intelligence ISI was officially changing its name to Indications Signalling Insolvency. Since the dawn of civilisation, one often asked question is about salvation of human beings. The supra psychic existence that remains in close proximity to a corporeal framework, and uses that very corporeal framework as the only medium of its own remittances and emanations, can attain salvation. As per ancient scriptures, Shiv states that even having a corporeal structure one can attain salvation, if one changes the idea of microcosm into macrocosm. Possibilities and potentialities of attaining salvation lie in the very existence of the supra psychic being. What is infinite in macrocosm is finite in microcosm, but potentialities are the same. So, what is required is to develop one finite attributes into infinite ones through the process of mystic to approach.

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What is mysticism? Mysticism is a never ending endeavor to find out the link between finite and infinite. And when that link is established, Shiv vary comes true, that is, Shiv vary materialises. Para and Amara in Brahman Bandana, while ascribing so many attributes to Brahman, it has been said that He is Parish. What is Parish? Para and apart are two counterparts of each and every existence. Para and apart are two portions two counterparts of the same entity. The seen portion is called apart and the subjective portion is Para. Now, what you see or do with the help of your sensory, motor organs or that external object, in the first phase, is apart and your sensory and motor organs are Para the Para counterpart of that apart. And in the second phase, the next interior phase, those gates or organs are apart and the mind is Para. Then in the next inner phase, your mind is apart and the unit spirit is Para. And in the final phase your atman, your unit spirit, is apart and He is the Supreme Para. He is the Lord of all Paras. Hence, he is called Parish. Best Existence So, when one withdraws one propensity from the objective world towards subjectivity, one attains that Parish. One becomes one with that Parish, and therein lays the secret of sadhana. So, the Supreme Entity is Parish and is also the Prabhu. Pra means Prakrsta, which is the best and bhu means being. Prabhu, therefore, means he best existence. It is said that He is Sarvendriyagamay He cannot be achieved by any Indira. What are indris? There are five motor indris, five sensory indris and the 11th one is the mind. Mind is also an Indira; that is why the Vedas too say, that is, where all the expressions of indris, where all the inferences fail and where mind too fails, that is Supreme Subjectivity. When that mind along with indris is withdrawn and placed into Him, then it is pram sthiti, supreme stance. In that stance, there is no fear. Sarvendriyagamay Satya it is the Supreme Truth, that is, where it is fully established, it is called atya. And what is at ? Sat means hat which undergoes no metamorphosis. So, in this universe of ours, that Parish, that entity, is the only satya. He cannot be your mental object. While meditating on the Supreme, you cannot accept Him as your object, because everything is His object. He is the Supreme Subject. So, what is necessary and herein lies the charm is that while doing japa and dhyana, you should think that He is seeing you, you are His object. With the GST Council believed to initiate measures to tax online gaming at the same rate as gambling, here a listicle that breaks down the concrete differences between the two, explaining why they should not be clubbed together As an industry that has forayed into the big leagues in the recent decade online.

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Connected sensor that is embedded in a cow collar that tracks and transmits information about the animal behavior, sleep, movement, and diet may be used on a smart farm. With the help of this information, farmers can rapidly identify and treat any sick cows in the herd. When a cow is weighed and milked, the same connected sensor can recognise it and notify producers if it is underweight, overweight, or if its milk might be contaminated. In the future, the milk from that cow can be carefully inspected and treated by a veterinarian. How to make sure that smart farming is powered by dependable Iota networking. The success of smart farming in modernizing farms entirely rests on dependable Iota connectivity across a secure network. As with asset tracking, smart farming depends on connectivity, which necessitates sending sporadic, small amounts of data. Narrowband and LTE-M are two examples of low-power, wide-area networks that perform well in this situation despite intermittent or inconsistent network connections or rare access to a power source, which is typically the case in the fields. Recently, low-power use cases like smart farming have been addressed by 5G specifications. Each device needs an Iota SIM or semis technology to connect, regardless of the network type, whether on a local cellular network or a private network established up by the farm. Having said that, it critical to remember that linked sensors for smart farming and other types of technology embedded into farming machinery spend a lot of time outside. Therefore, every component of the device, including the Iota SIM or semis technology, must be durable enough to withstand adverse weather and humid or moist situations. End-to-end security solutions can be used to make sure that credentials are provided to the device and all data is exchanged in a safe way over the air once connectivity has been established with a reliable Iota SIM or semis technology. In order to do this, the GSMA guidelines advocate integrating an Iota SAFE applet into the Iota SIM or semis in order to provide a secure communication channel with each device. The impact and aspirations of smart farming-By 2050, there will be roughly 10 billion mouths to feed on the planet and the agriculture and farming industries are tasked with the looming need to produce enough food to properly nourish our growing population. Perhaps farming smarter is part of the answer and smart farms will only deliver on this promise with the most reliable and secure Iota connectivity. The candidates are advised to go through the requirements of age, educational qualification, experience, etc. as mentioned in the advertisement and satisfy themselves before applying that they are eligible for the respective post. In anticipation of a huge number of applicants, scrutiny of the eligibility criteria e.g. age, qualifications, experience, etc. will not be undertaken at the time of the Common Recruitment Test. Applications without application fee will be rejected. All applications with application fee shall be accepted provisionally and all candidates will be allowed to appear provisionally in the Common Recruitment Test. If any candidate is found not fulfilling the prescribed age, qualification, experience and any other eligibility criteria as per the advertisement, at any stage of the recruitment process, even if the candidate figures in the merit list of the Common Recruitment Test, his candidature will be treated as cancelled without any

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Urged people to cut down on tea because the country imports tea and for that it has to borrow money News report the minister exhortation to his fellow citizens to forego their daily cup which cheers but does not inebriate has created a toofan in a tea cup. The call to say so long to oolong has caused a public outcry. The Opposition has cited it as a body blow to the spirit of democracy, citing the case of a neighboring country where erstwhile chaiwalas can aspire to the highest public office of the land in a sub continental variation of the American success story of Log Cabin to the White House. Even as tea stall operators across the nation took out protest marches in Karachi, Lahore, Rawalpindi and other cities and towns, a top level ministerial meeting was held to discuss whether Pakistan all weather friend, China, which was where the beverage had originated in the first place, could be prevailed upon to provide, gratis, tea with sympathy to its hard up ally which was holding out not a begging bowl but an empty cup of pekoe. Meanwhile, to highlight how desperate the country economic situation had become former prime minister and cricket star Imran Khan had made an official declaration that the sum total of his assets included four goats, an assertion which prompted critics to say that it explained why during his tenure of office he had made a bakra of the nation and shown himself to be the joker in the Pak. Eminent economists brainstormed in an attempt to figure out the reason for Pakistan financial woes which had brought it to the brink of bankruptcy, and discover where all the billions of dollars given to it by the US over the years had gone. In an unrelated development the ministry of defence indented for a 6 increase in its budgetary allocation to beef up the nation air force, army, navy and nuclear arsenal, not to mention funding its training camps for a local offshoot of the Boy Scouts movement which wore black masks and wielded AK 47s. In yet another unrelated development, the government categorically rebutted the rumor that Pakistan Inter Services Intelligence ISI was officially changing its name to Indications Signalling Insolvency. Since the dawn of civilisation, one often asked question is about salvation of human beings. The supra psychic existence that remains in close proximity to a corporeal framework, and uses that very corporeal framework as the only medium of its own remittances and emanations, can attain salvation. As per ancient scriptures, Shiv states that even having a corporeal structure one can attain salvation, if one changes the idea of microcosm into macrocosm. Possibilities and potentialities of attaining salvation lie in the very existence of the supra psychic being. What is infinite in macrocosm is finite in microcosm, but potentialities are the same. So, what is required is to develop one finite attributes into infinite ones through the process of mystic to approach.

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Gaming is now experiencing multiple issues. On one side, the Central government has moved to cater to the concerns of key industry players and the users by appointing an Inter Ministerial Task Force to draw progressive regulatory frameworks for seamless functioning and robust growth of the industry. On the other side, it is speculated that the GoM has recommended levying 28 GST on the whole contest entry amount for the online gaming platforms and has treated it at par with casinos and lotteries, which is betting and gambling. This may prove counterproductive for the industry which is otherwise plagued by detriments stemming from misconceptions around the definition and functionality of online gaming. The GoM seems to have completely overlooked the legal status and or judicial recognition given to online skill gaming by bringing it at par or clubbing it with betting and gambling. The online skill gaming industry thus deserves a pragmatic, globally prevalent progressive tax regime that recognises the industry functionality in its own light. Mentioned below are factors that depict a concrete and meticulous difference between online skills gaming and gambling casino games, and why the two cannot be clubbed together under a common umbrella. Legal Status Several landmark Supreme Court judgements have stressed upon the legal validity of online games of skill. Following these judgements, the High Court has also corroborated the legal status of online games of skill. Online skill gaming companies in this light are compliant with the rules presently in place. Lotteries and casinos, as well as games that involve betting and wagering these legally come under the ambit of gambling, betting or wagering. Online games of skill have even been granted protection under Article 19 1 g of the Constitution of India. Therefore, these online games of skill need to be treated differently than online games of chance like lotteries and casinos. Legitimacy of Business As aforementioned, since online games of skill have been held to be legitimate by the Supreme Court of India and afforded protection under Article 19 1 g of the Constitution of India, this affirms the legitimacy of their business. Gambling operations like lotteries, casinos, etc. are considered res extra commercium which means that they do not have the right to trade and profession guaranteed under the Constitution like online skill games. Operational Method of Transaction Online games of skill have a transparent and well defined execution format. The players pay a participation fee to enter the contest. This participation fee has two components. First component is platform fee which is retained by the platform operator. The second component is the prize pool money that gets collected in a trust account held by the platform operator, which eventually gets distributed to the winners after the contest is complete. Online games of chance on the other hand, have varying systems in place, depending on the game. Lottery encompasses a distribution scheme wherein the participants pool in money in the form of tickets, and this is attributed to winners based solely.

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Leadership, management coordination, public participation. If sustained with the same resolve and public participation, this campaign will be remembered as more than an anti-drug initiative. It will stand as a defining chapter in the social renewal of Jammu and Kashmir, a movement that reclaimed a generation, restored hope, and strengthened the foundations of a safer, healthier, and more resilient society. History teaches that transformative social movements emerge when visionary leadership succeeds in converting a pressing challenge into a collective societal mission. India's freedom movement under Mahatma Gandhi, the nationwide campaign for polio eradication, and several successful public health initiatives across the world all testify to the power of political commitment combined with citizen participation. The anti-drug movement unfolding in Jammu and Kashmir under Manoj Sinha's leadership belongs to this broader tradition of transformative public action. It demonstrates that when governments articulate a clear vision, mobilize institutional resources, and inspire public participation, meaningful change becomes both achievable and visible. Targets without mentors: The growing stress crisis in Indian banking Young bankers are facing rising pressure from targets, monitoring and workload, while the culture of mentoring and institutional support is steadily weakening. There is a growing concern within India's banking sector that deserves urgent attention. Rising reports of stress, burnout, and depression and, in some tragic cases, suicides among young bankers are not merely personal incidents. They point to a deeper institutional imbalance that requires reflection by bank leadership, regulators and policymakers. Banking has always been a demanding profession. It deals with public money, risk, regulation and trust. Pressure is therefore inherent. What has changed is not the existence of pressure but the weakening of support systems that once helped employees cope with it. Banking has become faster, more complex and increasingly target-driven, while mentoring and emotional support structures have not kept pace. India's banking system, particularly Public Sector Banks (PSBs), has been a key pillar of the country's economic development. From financing agriculture and small businesses to supporting infrastructure and industrial growth, banks have played a critical national role. In recent years, bankers have shouldered additional responsibilities through financial inclusion programmes, Direct Benefit Transfers, demonetisation and the extraordinary operational challenges of the COVID-19 pandemic. These were not routine assignments but large national missions executed under intense pressure. Private sector banks, meanwhile, have contributed significantly through innovation, technology adoption and customer-centric practices. Together, PSBs and private banks form the backbone of India's financial system. Yet across this ecosystem, a common concern is emerging the growing stress levels among young banking professionals. One of the least discussed changes in Indian banking has been the gradual replacement of mentoring with monitoring. Earlier generations entered institutions where senior officers actively guided younger colleagues. Learning was continuous and mistakes were corrected through coaching and discussion. Today, many young officers operate in an environment dominated by target dashboards, frequent reviews, reporting requirements and mu

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young officers undergo structured training, supervised exposure and phased responsibility before being entrusted with high-stakes decision-making. Leadership development is treated as a continuous institutional responsibility. If young bankers are entrusted with decisions involving large sums of public money and significant financial risks, then structured long-term mentoring deserves similar importance. While induction programmes exist, sustained mentoring after officers assume operational responsibilities is often inconsistent. The consequences of prolonged pressure without adequate support are increasingly visible. Many young bankers report feeling constantly assessed but insufficiently guided. Targets, reviews and reporting often dominate the work environment, leaving little space for learning, confidence-building and professional growth. Pressure itself is not the problem. Banking will always be demanding. The concern arises when pressure is not balanced by support systems that help employees learn, adapt and recover from setbacks. Without such balance, even capable professionals may experience anxiety, emotional fatigue and declining confidence. A section of young professionals is increasingly exposed to online gaming, speculative trading and other high-risk financial activities promoted through digital platforms. Narratives of quick wealth creation can be particularly attractive to individuals already experiencing professional stress. Financial losses from such activities can deepen emotional distress and create a dangerous cycle of pressure and isolation. While personal responsibility remains important, institutions should recognise that workplace stress can increase vulnerability to poor financial decisions outside the office. At the heart of the issue lies the erosion of mentorship as a sustained institutional practice. Strong organisations are built not only through systems but through experienced professionals who develop future leaders. Earlier, mentoring was an integral part of organisational culture. Senior officers invested time in building judgment, confidence and institutional values. Today, formal training programmes exist, but continuous mentorship is often uneven. As a result, learning frequently occurs under pressure rather than through guided development. This gap between expectations and preparedness is one of the hidden drivers of workplace stress. The solution is not to reduce accountability or dilute performance standards. Banking must remain a high-performance sector. However, performance must be supported by structure. First, mentorship should be formalised. Every young officer should have access to an identified mentor during the initial years of service. Second, managerial evaluation should include talent development and team-building, not merely business targets. Third, mental health support should be institutionalised through confidential counselling and employee wellness programmes. Fourth, reporting structures should be rationalised so that technology reduces workload rather than increasing surveillance. Finally, leadership communication should inspire confidence. Targets are needed, but leadership language should motivate rather than intimidate. A message is equally important for young professionals entering the banking sector. No professional challenge, however difficult, should ever lead to an extreme step. There may be periods when the system appears unfair, recognition is delayed or pressures seem

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On chance elements. Casino games harvest revenue from all amounts wagered in the casino, after paying the winners their victory spoils. Casinos have to pay tax on initial deposit, whereas the proposed levy of 28 GST on online gaming would mean that the gaming platforms shall have to pay tax on the entire consideration every time a user enters the contest. Such taxation on online gaming, which in fact is a mass entertainment medium that spans over 40 crore users across different demographics, likely to put the entire industry on a back foot compared to casinos which is accessible only to few high net worth individuals and available only in a few Indian states. Transaction Means For skill based online games, transactions happen via the digital operating platforms itself. With technology, all platforms are moving to strengthen their transactional portals and increase security, in order to curb any frauds or scams. Since the means for the transactions is online, there are records to back up all relevant data and information on every transaction. Physical formats lack this, especially in lottery or casino games. Value Determination Given the digital nature of all transactions for online skill based games, all records can be tracked. This makes the value of supply in such a business easily determinable. For other formats in this regard, especially physical in terms of lotteries and casinos, it is nearly impossible to track every transaction or record that takes place. This amps up the difficulty in registering the value of supply. If the misconceived and unsequestered notions of different state governments on online gaming are used as the basis for policy establishment for this sector, the outcome that follows would be detrimental and perhaps lethal to the growth of this sunrise sector. Illustratively, higher taxation may discourage FDI introducing newer barriers to entry and the overall development of this sector would come to a screeching halt, which would contradict Government vision on India becoming a global gaming hub given the potential it has to generate employment and revenue. Thus, it is necessary for the authorities to acknowledge these differences when drawing up any kind of measures relating to this sector, from taxation policies to regulatory ones. ALT NEWS co founder and self proclaimed fact checker Mohammed Zubair has been arrested by the Delhi police. Zubair has been charged with hurting religious sentiments and promoting enmity in a tweet that drew the ire of a Hanuman bhakt. Zubair arrest has greatly exercised the anti Mode space. Opposition parties and several known Mode critics have slammed the arrest as the result of a vengeful Islamophobia that purportedly pre disposes the BJP and its supporters to gun for Muslims. Even the British paper The Guardian headline reads Delhi Police arrest Muslim Journalist Mohammed Zubair Like Mode critics the Guardian obviously believes that Zubair identity is relevant to the story. Perhaps taking a cue Zubair legal team too invoked his Muslim identity saying had he not been one he would also not have.

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Been arrested just like others who have issued far more insightful and hurtful statements. In the end the court may grant Zubair bail and may also rap the police on the knuckles for their impaired judgment, but a court delivered vindication is unlikely to change one basic fact: That Zubair has not served the cause of free speech but actually imperiled it. For a while now Zubair has shaped his fact checking into a dog whistle. Very often this impish raconteur has called for actions against those who he has claimed have deliberately hurt sentiments, especially of Muslims. In the Nippur Sharma case for example Zubair pointedly mentioned that she hand been punished by the BJP for merely hurting minority sentiments but was suspended for something far graver tarnishing the image of the Prophet himself. Zubair was obviously fully aware of the implications of casting Nippur Sharma as a blaspheme. Islamists were soon threatening to behead her on TV and in a grisly video after actually carrying out the act on a tailor who supported Nippur. Before tweeting Zubair could have paused to think that Sharma remarks on the Prophet have been a subject of debate even among Islamic scholars, with varying interpretations of what been stated in the Hadith. Zubair ended up playing to the Muslim gallery and its self proclaimed right to feel offended in the face of any imagined provocation. If Zubair was a free speech crusader he would have been mindful of the chilling implications of his dog whistling. It was only after several ardent believers threatened to behead Nippur that he tweeted to condemn them. Today, after giving voice to the furies of religious obscurantism Zubair is hoist on his own petard. A Hindu devotee has pressed charges against him for his allegedly blasphemous tweet mocking lord Hanuman. It could well be that the Hanuman Bhakt is over reacting but under the law he has recourse and thanks to the likes of Zubair he now also has the right to feel equally offended as his Muslim brothers and sisters. The trouble with a society where everyone invokes the right to feel offended at the slightest provocation to quash inquiry or debate is that it stops being a democracy. It was only when humanity realized the importance of the right to offend that we stumbled out of the dark ages. In Western liberal democracies the right to offend is zealously guarded as it has been reformative. Here, in India in sharp contrast the right to feel offended, sometimes on trivialities, has been quite literally impressed upon the Constitution through the first amendment. The time to unfetter free speech from the draconian provisions of loosely worded, open to misuse laws is here. The cases against Nippur and Zubair only underline the urgency. Have deliberately hurt the Nippur Sharma case for example Zubair pointedly mentioned that by the BJP for merely hurting minority sentiments but was suspended for something far graver tarnishing the image of the Prophet himself.

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There is nothing more precious that our eyes. It is because of them we can see the beautiful world does our work and precious whatnot. But due to the lack of knowledge on how to maintain healthy and good eyesight, many people lose their vision and need to wear specs to correct them. With precious the lifestyle that involves continuing usage of mobile phones and computers, if is high time that we take care of our eyes and maintain good eyesight. Secrets to minting precious good eyesight starts from the food on you plate. Is positive thinking an inherent characteristic of a person or can it 69 be developed in one psyche? The opinions differ in answering this vital question. Some people believe that it can be inherited from parents, and cannot be developed. Others believe that like other qualities it can be developed with proper practice and guidance. Still some others hold the opinion that it is hereditary to some extent but can be acquired to some degree. There is also a section of people, who believe that all depends on circumstances or luck. We need to adopt a scientific approach to find an answer to the above question. No one can get success every time even after making efforts, nor can one fail constantly. Moreover, success has different meaning for different people. For some students, getting 60 per cent marks is success, for others it may not be sufficient. In a competitive examination, success means getting selected, whatever the percentage of marks. As for inheritance theory, since positive attitude is not a physical feature but a mental faculty, it cannot be purely hereditary. It can be developed. Moreover, parents play a major role in developing this quality of a child. A child, who watches his parents working hard, having faith in success through their words, behavior and body language, is likely to develop a similar attitude. The children of short tempered, over cautious and nervous parents may assume similar characteristics when they grow up. Psychologists, therefore, prescribe a code of conduct for parent behavior in front of their children. They must exude confidence, self belief and hope, especially in difficult situation, so that the children emulate these qualities. They must be taught the importance of being positive before, during and after the performance of a task. There is no better education for a child than watching his parents come out of a tough situation by means of earnest endeavors. Such success not only gives more joy but also increases self confidence. To cataracts, you need to add nutrients like lutein, omega three fatty acids, zinc, and vitamins C and E in your diet. You can precious find these nutrients in green leafy vegetables, salmon, tunes, eggs, beans, orange, and other citrus fruits. Eating a balanced diet will also help maintain a healthy weight. That lowers the odd of diseases such as tie tow diabetes, which is the leading precious cause of blindness in adults. First of all you.

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Many marine organisms rely on their ability to hear for their survival. Sound is a highly efficient means of communication underwater and is the primary way that many marine species gather and understand information about their environment. Many aquatic animals use sound to find prey locate mates and offspring avoid predators guide their navigation and locate habitat as well as to listen and communicate with each other. Oceans are full of sound. Waves, earthquakes and icebergs - all contribute to the underwater soundscape. But so do human activities and this can be a problem for marine life as it can seriously affect their physiology behaviour, reproduction and even survival. Being able to produce and detect sound in an environment where light penetrates only a few hundred metres is crucial for animals to communicate, feed, avoid predators and navigate vast underwater habitats. Large whales generate low frequency communication calls that can travel thousands of kilometres. While the snapping shrimp, native to the western Atlantic, can produce a loud snapping sound capable of stunning and killing its prey. The noise generated by humans changes the natural acoustic environment of our oceans and our capacity to produce it is increasing. Noise is often the unintentional by product of transport infrastructure development and industry. Yet noise can also be produced deliberately. Many navies use sonar system to detect ships and submarines while geologists survey the seabed for oil and gas using seismic airguns. The noise produced by an airgun can exceed 200 decibels louder than a gunshot at a range of one metre. Sound travels further and four times faster in water than in air at a speed of almost 1500 metres per second. The noise produced by humans can therefore spread considerable distances underwater. These sounds can be relatively constant such as the noise produced by the engine of a ship and propeller or sudden and acute in the case of naval sonar and seismic airguns. Is positive thinking an inherent characteristic of a person or can it (69) be developed in one as psyche? The opinions differ in answering this vital question. Some people believe that it can be inherited from parents, and cannot be developed. Others believe that like other qualities it can be developed with proper practice and guidance. Still some others hold the opinion that it is hereditary to some extent but can be acquired to some degree. There is also a section of people, who believe that all depends on circumstances or luck. We need to adopt a scientific approach to find an answer to the above question. No one can get success every time even after making efforts, nor can one fail constantly. Moreover, success has different meaning for different people. For some students, getting 60 per cent marks is success, for others it may not be sufficient. In a competitive examination, success means getting selected, whatever the percentage of marks. As for inheritance theory, since positive attitude is not a physical feature but a mental faculty, it cannot be purely hereditary. It can be developed. Moreover, parents play a major role in developing this quality of a child. A child, who watches his parents working hard, having faith in success through their words, behaviour and body language, is likely to develop a similar attitude. The children of short-tempered, over-cautious and nervous parents may assume similar characteristics when they grow up. Psychologists, therefore, pre

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There is no better education for a child than watching his parents come out of a tough situation by means of earnest endeavours. Such success not only gives more joy but also increases self-confidence. As the House knows, the Prime Minister sent out a circular to all the States a few years ago requesting that the portfolio of agriculture in the States should not be neglected; it should be entrusted to an important Minister. I think the National Development Council considered this question and they said that as far as possible, the Chief Ministers in the States should handle the portfolio themselves. And then, they have started a Food Production Board in the Cabinet itself at the Centre, and the National Development Council has decide that an agricultural production board should be started in each State with the Chief Minister as the Chairman. They have started an agricultural machinery board for supplying machinery. They have taken many steps in addition to the normal measures. The Government has been doing their very best in this regard. But with all that, it has not kept up with the targets fixed, unless earnest and vigorous attempts are made. I wish to throw out my own suggestions in this regard. They may not be very pleasant but I wish to be excused because I am speaking from experience. Madam, the first thing is that so far as the producing agency is concerned, its voluntary interest and its enthusiasm must be won. For instance, in industrial labour relations, we got out of the way to invite labour and give it even participation in the management and to do everything for labour. This is just to see that industrial relations are good and the industrial output will be increasing day by day. Should we not show some consideration for this producing agency, namely, the farmer? Mr. Thomas has shown how agricultural products, even at these increased prices, are not paying to the agriculturist. He has shown that very correctly, and everyone who has intimate connection with agriculture at least will agree to that, and if at all anything, that is an under-estimate, not an over-estimate. When that is so, how can we expect the farmer to produce unless he is enthused? Under the National Drinking Water Mission, the guinea worm problem which is prevalent in only six States will now be eliminated by the end of the current year. Similarly, the Central Government has taken several steps to remove the excess quantity of fluoride from drinking water. Alternative sources of clean drinking water and equipment to remove fluoride will be made available to the affected villages. For both the works, a special provision to provide funds to the States is being made. Public awakening campaign is being launched in this regard. The Government has taken the decision to open laboratories at all the places for the qualitative testing of drinking water. I would also like to point out that the constructed amenities provided for the disposal of dirt and dirty water are comparatively very inadequate. This issue will be taken up for discussion at an early date in the National Seminar and the policy will undergo change. I would like to mention that the World Bank and many countries of the world are: extending their assistance for the implementation of these two programmes. The programme started to make available drinking water in villages through Rajiv Gandhi National Drinking Water Mission, is the biggest in the world and has become a model for other developing countrie

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Should avoid unnecessary touching of eyes, but if you feel to itch then do it with clean hands. Stretching specific tendon or muscle can improve the elasticity of muscles, which in turn helps in achieving a comfortable muscle tone. There are several benefits of regular stretching, and it should be an integral part of every workout program. It not only helps increase your flexibility, which is an important part of fitness, but it can also improve your posture, body aches, reduce stress, and much more. One of the benefits of regular stretching is that it enhances flexibility. Being flexible has its own advantages, as it not only improves your day to day activities, but can also help delay the reduced mobility that comes with aging. Stretching a regular basis can help increase your range of motion. You can either go for static or dynamic stretching as they both are effective when it comes to the increasing range of motion. According to the studies, proprioceptive neuromuscular facilitation or PNF type of stretching is more effective for immediate results. Regular stretching can not only help heal an existing back injury but can also prevent future back pain by reducing your risk for muscle strain and strengthening your back muscles. All the people who regularly go to the gym know how helpful stretching can be. Performing dynamic stretches prior to exercise in the gym can help prepare your muscles. Not the only gym, but it can also help you improve your performance in dance or an athletic event. It is only natural that your muscles get tense when you experience physical or emotional stress. This is because the tightening of your muscles is the response of the body towards stress. All you need to do is focus on the areas of your body where you feel the stress, such as your neck, shoulders, etc. and stretch those parts of your body. Many germs and bacteria precious live on hands that can come in contact with your eyes, causing eye infections such as bacterial conjunctivitis or pink eye. Rubbing of eyes is one of the ways how people precious catch cold virus gears. Taking a good night sleep has several benefits such as it thrives and makes our immune system stronger. You will feel the difference when you precious get a good night Iodine fortification is what most countries rely on to encourage adequate dietary intake. A good length in today cricket is a thing of uncertainty. Not to batsmen as it used to be, but to the bowlers. It can turn a bowler into a menace or a novice because batsmen practicing range hitting find it easy to line up length balls. There are few as good at it as those from the Caribbean. But, with a little bit of nip or some extra bounce from the surface, this batsmen bowler dynamic can revert to the traditional. All it requires is a little patch of grass in the right position, or sometimes even.

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It is a long procedure, a lot of hard work is required and then the results will come, said Shame after the game. I always concentrate on keeping the seam upright, so that off the pitch it can cut. And you could see that today. I always prefer to use the new ball in the nets also. I keep practicing and try to notice if the ball is going in or out. You saw since hte morning, the ball was seaming and cutting and there was not proper bounce. One thing was to keep focusing on your line and length. In more than seventy countries that iodize salt generally serves as the major source of iodine intake. One fourth of a teaspoon of iodized salts has about hundred micrograms of iodine. Note that the salt used in processed foods, which is the major source of salt for most Americans typically, does not contain iodine. If salt used in a processed food contains iodine, Ti will be listed in the ingredients list of that food. Focus on decreasing the amount of salt consumed from processed foods and get your sodium from iodized salt. Seaweed, saltwater fish and seafood are natural sources of dietary iodine. Dairy products also supply iodine in the diet at varying levels. During lactation, the breast concentrates iodine in milk so breast milk tends be a good source of iodine as long as the iodine intake of a mother is adequate. Plants grown in iodine rich soil are also good sources. However, this is not a reliable source of iodine since there is no way of knowing whether produce purchased in grocery stores is grown in iodine rich soil or not. Iodized salt usually adds less than about three hundred micrograms iodine daily to the diet. Most multivitamin mineral supplements contain 150 micrograms of iodine. With the safe upper limit of daily iodine intake for adults set at 1,100 micrograms by the IOM it is unlikely to hit an excess amount when including a multivitamin and including natural sources of dietary iodine. The trend of eating less table salt, dairy and bread has some experts concerned that iodine deficiency could be on the rise again. Eating a healthy, balanced diet that includes iodine rich foods and iodized salt is key to good health. Sleep as this rest will enhance the health of your eyes. Smoking causes several health issues like chronic lung diseases, cancer, etc. It also exposes your eyes to high levels of oxidative stress. Smoking increases the risk of a variety of health conditions that affect the eyes. Yet never overbearing. Of all modern inventions, electricity is perhaps the most wonderful. To those who experienced its magic for the first time, it must have felt like being transported to a fairy land. Today, we take it so much for granted that we notice its existence only when there is a power-cut and life comes to a standstill. Can you think of all the things you could.

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As Indians, we adore Gold. Gold is a joyous and auspicious sign for every special occasion, including family gatherings. Despite its high price, Old Gold remains one of the most dependable metals and has deep-rooted significance in Indian history. Indian markets place a high value on Gold. Selling Old Gold has traditionally been a way to get money during a financial crisis. Most Indian households frequently sell their Gold for cash. For investment motives, people purchase Gold or give it as wedding gifts. Selling unwanted Gold at your home and readily accessing the much-needed cash would be prudent. Given the current price of gold jewellery in India, now is the best time for Old Gold sellers to trade their gold jewellery, including coins, and bars, to reputed gold dealers and get a reasonable price. Selling Old gold jewellery is the most suitable strategy for arranging funds for unforeseen expenses like buying new house property, medical emergencies, child education, and family weddings. Why Should You Consider Selling Old Gold? The domestic gold market has had an average return of 13.0% over the past five years, reiterating how Gold is resilient to economic shocks and volatile world events. Most analysts predict that due to the ongoing inflation problems, Gold will continue to outperform other asset classes in 2023. India is one of the world largest consumers of Gold and has historically been a popular form of investment. Its primary selling qualities include high liquidity and the ability to beat inflation. It is unnecessary even to mention the allure and prestige associated with Gold. It simple to buy and sell Gold. You can sell the Gold and receive cash immediately if you need it. You can keep the Gold with the bank as security and request a gold loan if you don want to sell it. In India, due regulatory norms you will receive only 70% value of the gold while availing gold loan which may not suffice the expense requirement. In addition, you need to pay additional average interest to the gold loan availed thereby increasing the financial burden. Understanding the Benefits of Selling Old Gold in India People adore purchasing Gold, whether as a commodity or as jewellery. However, there are situations when you might need to sell Gold to raise money. Here is a list of factors to support you in understanding when and why you should consider selling your gold jewellery. Meet Urgent financial obligations Gold is one of the most invaluable assets with high demand. It allows you to liquidate Gold and convert it into ready funds that can be used to address pressing financial obligations, such as medical bills, debt repayment, or emergencies. Selling old Gold in such situations can help alleviate temporary financial stress and provide the necessary funds to handle urgent matters effectively. Reinvest your profits to hedge your portfolio You can buy and sell Gold online at market rates, and you can reinvest your profits in other assets based on the state of the market. It will assist you in increasing income and profit. We can have an outstanding financial foundation for retirement, emergencies, or other long-term goals by reinvesting our profits wisely. Get cash in your hand for emergencies Having cash on hand is among the most common motives for people who sell Gold for cash. Your savings may occasionally be depleted by unforeseen costs, such as your child education or a wedding. In such circumstances, you must financially prepare for sudden ca

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Fund Selling Old Gold is a Timeless Choice in India Gold is a safe haven asset when there is a crisis or much volatility. The majority of Indians believe that gold investments are the finest ones, and demand is not expected to decline. Gold is regarded as India most reliable and valuable metal and has found a place in Indian hearts and homes. If you require immediate cash, you can sell Gold online. When you type sell gold near me into any browser, a list of the closest gold dealers will appear if you have gold ornaments to sell. In contrast to former times, you may get the true value of your Gold by selling it to legitimate Gold Buyers, where the worth of old gold jewellery will be assessed in complete transparency. Two years ago, speaking at the World Leaders Summit at the Glasgow COP26, Prime Minister Narendra Modi declared that India would achieve net zero emissions by 2070. In international relations, especially in matters related to climate change and its global effects, India position on some of the critical issues holds importance for countries in the developing world. At the same time, he set a five-fold Panchamrit goal on climate while unveiling a vision of sustainable lifestyle. The two pledges and the twin objectives require right fabric of growth-oriented policy framework enabling conducive business environment. The question that now looms large over much of corporate India is how the world largest democracy can be the pathbreaker in the pursuit of making this planet the best place worth living in. In other words, how can corporate India be the flagbearer of this pursuit? Globally, the automotive and logistics sectors contribute significantly to greenhouse gas emissions 24 percent and 15 percent, respectively and the situation in India is no different. When the Petroleum Ministry Energy Transition Advisory Committee submitted its final report recently, it recommended a complete ban on diesel-powered four-wheelers across cities with over a million population by 2027. This is to ensure that Indian cities must adopt green energy technologies such as electric vehicles at a rapid pace while also phasing out use of fossil fuels. The same report also recommended that diesel-powered four-wheelers in all million-plus cities and towns with high population to be eliminated by 2027 and has also recommended a complete ban on ICE two and three-wheeler vehicles by 2035. While the Indian Railways is said to be electrifying its tracks at a decently fast pace, the panel report says that the railways chare in national freight should rise to 50 percent from the current 23 percent in the coming 15 years. The committee estimates India total energy consumption to rise from 18 to 40 percent while aiming to have 25 percent of households using electricity for cooking by 2030. On its parts, the government appears to be committed to the national net zero mission, especially in the form of institutional frameworks such as the Energy Conservation Amendment Bill, 2022, which includes important provisions to promote non-fossil energy, improve energy efficiency and establish carbon markets. There will be technical challenges in achieving net zero emissions, especially when committing to install, for instance 500 GW of non-fossil power generation capacity by around 2030 will require massive investments in solar, wind and other renewable energy sources. Some international studies and research papers have indicated that achieving net zero emissions by 2070 cou

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Prices and taxes, including carbon taxes to finance additional investment. There would be overall job gains in a net zero economy but what needs to be ensured is a just and equitable transition for the workforce employed in fossil fuel industries. Clearly, additional investment and policies will be required to reskill displaced workers and train future generation of workers in a net zero economy. Additionally, the government as well as corporate houses must work towards creating new employment opportunities for those who will be adversely impacted. An EV ecosystem will be developed with true global integration of supply chains, products and customers. Therefore, encouraging partnerships with countries that have untapped rare minerals mines, training and refashioning generations of specialized engineers, extensive charging networks, capital-intensive research initiatives like industry-academia and start-ups working collaboratively driving businesses to go beyond Indian borders to prospect for mines and minerals will be crucial if India is to remain or, in the least, take a central position in the global EV race. It is now generally accepted that green technologies EVs, renewable energy and sustainable agriculture will play more impactful roles across industries and drive value. Several reports suggest that while in 2020 green tech and sustainability market was valued between $10 and $12 billion, by 2030 it is expected to reach close to $75 billion. Developing economies, and most certainly India, will have to usher in policy and find innovative ways for employability-focused training and skilling of generations of engineers. Business advisors around the globe are advocating cooperation with several countries on EVs and the components that go into manufacturing them. In this endeavor, Indian business houses, who have taken large steps to usher in EVs, must remain fully engaged with the government and create the conditions and opportunities for self-sufficiency in EV battery manufacturing capabilities as sustainability leads to scalability. The developed world can support India net zero transition by extending new and additional financial resources and technology transfer. Surely, our policy makers are working towards this goal but for this India must also demonstrate that it is prepared to pursue a sustainable transition cohesively and constructively for all its people. Let us, however, also be realistic and cautious, especially when suggestions are being made that the road to net zero would offer India the opportunity to turn itself a more efficient, clean and powerful economy. Corporate India is committed in serious pursuit of achieving this ambitious target. India economic growth has been a focal point for the government, intending to achieve double-digit growth in the GDP. External concerns such as extended geopolitical hostilities, tightening global financial conditions, declining external demand, and an uncertain trajectory of global commodity prices have drastically slowed the growth of many key international markets. Despite these unpredictable global developments, the Indian economy has remained resilient and is projected to rise to 6.9% in the following two financial years 2024-25 and 2025-26 and 7.1% in 2026-27. That said, India GDP should strive to achieve double-digit growth at least 10% to fulfil our vision of becoming a USD 5 trillion economy and, thereby, a global economic superpower powered by the triple growth engines of

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Is whether demand is balanced with mentoring, accountability with support and targets with trust. Young bankers today are highly capable and adaptable. What they need is not lower expectations but stronger institutional support to meet those expectations sustainably. Losing even one young banker to stress, burnout, financial distress or suicide is not merely a personal tragedy; it is an institutional failure. A banking system that demands performance must also nurture its people. Only then can it remain both productive and humane. TOI News - June 7, 2026 What is making our food unsafe? 7 'Food safety' gaps you may not be aware of: Safe food practices involve much more than buying fresh produce and checking expiry dates. As the world marks World Food Safety Day on June 7, experts are highlighting several often-overlooked factors that can compromise food safety and increase the risk of foodborne illnesses. This year's theme, From burden to solutions to safe food everywhere, focuses on creating food systems that are safe, sustainable and accessible for everyone. As we move from burden to solutions, the focus must be on building a culture of food safety that reaches farms, markets, kitchens, schools and households alike, said Pawan Kumar Agarwal, former CEO of the Food Safety and Standards Authority of India (FSSAI) and a core group member of the Coalition for Food Systems Transformation in India (CoFTI). Food safety is not merely about preventing illness; it is about protecting health, strengthening trust in our food systems, and ensuring that every individual has access to safe food, regardless of where they live, he added. Perishable foods like fruits, vegetables, milk, fish and meat are highly sensitive to temperature changes. Even brief exposure to heat during transportation or storage can accelerate spoilage and bacterial growth. In warm climates, gaps in cold-chain infrastructure significantly increase food safety risks. Dr. Vishal Singhal, co-founder and CEO of Coldeasy (Temperate Technologies), notes that India's fragmented agricultural supply chains make centralized cold-chain systems difficult to implement effectively. Unsafe water remains one of the most under-recognised food safety threats. Water used for washing produce, cleaning equipment, processing food or making ice can spread harmful pathogens and chemical contaminants if not properly monitored. This risk is especially relevant in street food settings, where untreated water may be used in items such as panipuri, chutneys and beverages. Food often spoils not because it is old, but because it repeatedly moves between hot and cold environments. Frequent thawing and refreezing or leaving food unrefrigerated for extended periods encourages microbial growth, even when the food appears normal. This becomes particularly dangerous during heatwaves and high-temperature seasons. Cross-contamination occurs when bacteria from raw foods spread to cooked or ready-to-eat foods through shared utensils, cutting boards or surfaces. This common but often overlooked issue can occur in homes, restaurants, markets and food processing facilities. Short-form videos and viral posts often spread misleading food safety advice. One common example is the 5-second rule, which falsely suggests that food dropped on the floor remains safe if picked up quickly. Another misconception is that thorough cooking can make spoiled food safe. While cooking may kill bacteria, certain toxins produced by bacteria ca

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in seafood to preserve a fresh appearance during transportation. Formaldehyde, classified as a Group 1 carcinogen by the International Agency for Research on Cancer (IARC), may be used as a cheaper alternative to refrigeration and proper cold-chain management. Experts say ensuring food safety requires action at every stage of the food chain from farms and transport systems to markets, kitchens and households. Greater awareness, stronger infrastructure, improved hygiene practices and science-based information can help reduce foodborne illnesses and create safer food systems for everyone. We were checking out of a hotel in Singapore last year. Our luggage was down with the concierge, and we were waiting for our airport transfer. Ordinarily, we would have waited in the lobby, but it was full. A group of Indian travellers, just landed from des, had spread themselves across the sofas and were unpacking bags to get at their snacks. Some were catching up on shut-eye while their rooms were being readied. Feet up. On the sofas. In the lobby. Worse, the people one is watching being embarrassed don't feel embarrassed at all, and we have been assigned the duty of also being embarrassed at their behaviour on their behalf. A video that has been making social media rounds made me feel the way I'd felt at that lobby in Singapore all over again. A group of Indian adults performing a garba on the tarmac in Vietnam because apparently every available public space is now a stage for Main Character Syndrome: Desi Edition. This is not a joyous cultural celebration. Stop that nonsensical palaver. We celebrate the garba enough in India. I've seen shacks in Baga being taken over by garba. We have no issues with that, even though Baga is not where you expect garba to be thrust at you. The problem is not that Indians dance. The problem is that we seem incapable of recognising the simple fact that all the world is not a stage (whatever Shakespeare might say) for Navratri dandiya nights. This is no colonial hangover, sorry. This is basic civic behaviour. Garba is not for the tarmac. And there are other things. Waiting in a queue. Not screaming across public places to converse with each other. Not turning every public space into your private living room. Littering. Drying undergarments on hotel balconies. This is cringemax on steroids. The Great Indian Tourist is a species that would impose itself on the world, uncaring about whether the world is amenable to being imposed upon. Indian tourists abroad often behave like people who have never once been told that this is unacceptable behaviour. Because in India, they haven't. He (and she) carries this entitlement to behave badly in countries that are polite, respectful and well behaved, and where people actually wait for the lights to change colour before crossing the road. Thailand has just done away with the 60-day visa-free stay it had offered Indian tourists. There is a stereotype about Indian tourists that is now entrenched. It is not a pretty stereotype. There's the buffet-breakfast Indian tourist: sauntering down in their pajamas and hotel slippers, using their bare hands to pick up food items from the counter rather than using the tongs provided, and being loud and obnoxious with the wait staff. There's the photo-taking Indian tourist who does not care that pathways are being blocked and heritage structures are being trampled upon. There's the fruit-and-flower-picking tourist who does not hesitate to climb on any

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Sir, the Press Council Second Amendment Bill was introduced by me in the last session, as I submitted in my statement which I laid on the Table of the House. I request the House to consider the Second Amendment because an Ordinance had to be issued since the life of the Council was expiring. Since the life of the present council was expiring, we had to issue the Ordinance. At this stage, I do not think have much to say because it is a very simple Bill. It is only trying to extend the life of the Press Council till the end of the year. If we are able to finalize the formation of the Press Council earlier, then, of course, the present term would expire earlier. You will recall, I had said in the course of the last debate that a Committee of Members of Parliament has been working for the drafting of the second Bill, which is likely to come up before the end of this session. The Committee has been sitting and they have been able to come to their conclusions more or less. It is now in the drafting stage and I hope it will be possible for me to bring the Bill before the House soon, 1 would not like to go into the merits and demerits of the new Bill at this stage. Would only say that it is a very simple Bill extending the life of the present Council. I hope the House will approve of this at an early date so that I can go to the other House before the Budget debate is taken up. No doubt about it; it is a very simple Bill dealing with merely the term of the Press Council and giving life to the Press Council which would have otherwise expired. Do not object to the contents of the Bill. It has been my general objection that Article 123 of the Constitution, which empowers the President to promulgate Ordinances during the recess of Parliament, is a very special power. Therefore, Sir, it is an extraordinary power which has to be exercised with very great caution and care and only in an emergent situation. The First Amendment provides that Congress make no law respecting an establishment of religion or prohibiting its free exercise. In the last few years, thanks to jobs becoming global, the importance of English has increased manifold. It has over the years become an important medium of communication, both at the international and intra-national levels. The importance of spoken English is even more, because here are many cases. Where one knows his subject well, but fails to communicate it properly. The practice of spoken English, therefore, is quite essential. Learning English in a country where it is not a native language, opens a number of opportunities for the Individual. An individual can make strides in the management ladder if he or she can speak English fluently. If your English is poor even though with brilliant business ideas, you may still find yourself languishing at the bottom of the management ladder. Your productivity will drop over a period of time since you will find difficulty in expressing your brilliant ideas. Those who can speak good English will probably usurp your ideas and get the credit for all the hard work you did. Group discussion is one of the ways to test someone communicative skills generally before the final interview for a job. An English language trainer trains the candidates for group discussions. While training the candidates, the trainer aims at grooming the whole personality etc. He usually organizes number of mock interviews to make the candidates confident and to assess them as where they are lacking in order to

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Here, the role of a trainer is very crucial who trains the candidates in practices confidence, and how to concentrate on his or her message. The trainer begins with a strategy that includes understanding your purpose and role. Then he makes the candidate team how to structure his material into a meaningful message. English is a West Germanic language in the Indo-European language family, with its earliest forms spoken by the inhabitants of early medieval England. The Habit of Reading: Studying is the main source of knowledge. Books are indeed never failing friends of man. For a mature mind, reading is the greatest source of pleasure and solace to distressed minds. The study of good books ennobles us and broadens our outlook. Therefore, the habit of reading should be cultivated. A student should never confine himself to his schoolbooks only. He should not miss the pleasure locked in the classics, poetry, drama, history, philosophy etc. We can derive benefit from other experiences with the help of books. The various sufferings, endurance and joy described in books enable us to have a closer look at human life. They also inspire us to face the hardships of life courageously. Nowadays there are innumerable books and time is scarce. So we should read only the best and the greatest among them. With the help of books we shall be able to make our thinking mature and our life more meaningful and worthwhile. A Visit to an Exhibition: Recently, an exhibition Building A New India was held in the capital. It was organized by the Ministry of Information and Broadcasting, Government of India. The exhibition was set up in the Triveni Kala Sangam. The chief exhibits were photographs, novels, some sculptures by Indian modern artists presenting Indian cultural inheritance. First of all, I visited the general section of the exhibition where different charts and photographs depicting India development in various fields were set. Most impressive photographs among these were those showing India nuclear development. The second section dealt with India magnificent historical background. I was fascinated by the pictures of Mohenjo-Daro excavation. Then I saw the most beautiful and colorful section of the exhibition i.e. the cultural section. It consisted of paintings, sculptures, photographs etc. The Rajasthani and Gujarati paintings were very colorful and attractive. This exhibition, inaugurated by the Prime Minister, lasted for a week. My Favorite Teacher: A teacher is called builder of the nation. The profession of teaching needs men and women with qualities of head and heart. There are many teachers in our school and a large number of teachers among them are highly qualified. I have great respect for all of them. Yet I have a special liking for Miss Y. Miss Y is a woman of great principles. She is jewel among all the teachers. Almost all the students respect her. She teaches us English. She is quite at home in this subject. She takes keen interest in teaching students. Simple living and high thinking is her motto. She is a woman of sweet temper and is always ready to help in difficulties. She treats us like her own brothers and sisters. She is an ideal teacher. It is these qualities of head and heart that have endeared Miss Y to the students and teachers alike. She is an ideal teacher in real sense of the word. She is the real model to emulate. May she live as long as there is sweet fragrance in the flowers? When My Teacher Scolded Me: Scolding is something

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Being a naughty boy, I am always scolded by my parents. But one day I was severely scolded by my English teacher. She infect teaches well. But that day, I could not resist the temptation that an adventure of Nancy Drew offered. While she was teaching, I was completely engrossed in reading that book. Nancy Drew was caught in the trap laid by some smugglers and it was then when I felt a light tap on my bent head. The teacher had caught me red handed. She scolded me then and there and insulted me in front of the whole class. I was embarrassed. My cheeks burned being guilty conscious. When the class was over, I went to the teacher to apologize. When she saw that I had realized my mistake, she cooled down and then told me in a very kind manner how disheartening it was when she found any student not paying attention. I was genuinely sorry and promised to myself never to commit such a mistake again. The Saddest Day of My Life: Days are not of equal value in one life. Some bring happiness while others bring sadness. Sadness and happiness both are equally important to man life, since they are the two sides of a coin. As we cannot forget the happiest day, we are unable to forget the saddest day of our life too. The saddest day of my life was the Diwali Day. Diwali is considered to be a happy festival and till last Diwali, it was my favorite festival. On last Diwali, my sister, my brother and I were busy lighting the fireworks. I was holding a fuljhari in my hand and unfortunately my younger brother, who was standing just beside me, had a cracker in his hand. This cracker caught fire and a very loud explosion was heard which shook my sister and me. After that, we all could think of nothing else than blood stained cotton, bandage, Dettol etc. My cousin took my brother to the doctor where he got 14 stitches in his forefinger and thumb. But at home, everybody kept cursing and blaming me for the mishap. That night, I could not sleep and I cried a lot. For next few days, I bore the burden of this blame for being responsible for this unfortunate incident. I felt deeply guilty conscious which I was able to overcome after a long time. Life Is Action, Not Contemplation: Life offers many opportunities to us to succeed and see it closely. But action is required for it. Goethe, a German philosopher rightly remarked that Life is action, not contemplation. Even Charles Darvin proved that this life is a continuous struggle for the urvival of the fittest. One who is not suitable perishes - this is nature law. Action is necessary to adjust ourselves in any possible circumstances. Dreams are the necessary propellers but life itself is not merely a dream or reverie. Sitting on a chair, brooding, man would never have been able to reach the moon. But man thought, imagined and strove. Consequently we reached the hitherto unknown heights. Thus a life of thought and reflection will be futile if man does not try to make it come true in real life Banwarilal is a simple soul who believes whatever he is told. The village boys are aware of this and exploit his simplicity for a few laughs. One day, Banwarilal is on his way to the market with his son to sell their donkey. He comes across some village boys out to have fun. Seeing the father and son duo walking with the donkey, they first suggest that let the son ride on the donkey and save the effort. The son is put on the donkey back. The boys then ridicule the boy for riding while the father walks. The father and son switch pl

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Thinking it a good idea they comply. The poor donkey collapses from exhaustion. The boys then express their disgust at the duo for ill-treating the donkey and advice that they take the donkey to an animal doctor. The duo again follows the advice. On the way, they come across barking stray dogs. In the confusion that ensues, the donkey falls into the flowing river. The donkey is lost forever. Banwarilal loses the donkey because he follows what he is suggested without thinking for himself. Moral: He who listens to everybody will only become a laughing stock. One hot day, a thirsty crow flew all over the fields looking for water. For a long time, he could not find any. He felt very weak, almost lost all hope. Suddenly, he saw a water jug below the tree. He flew straight down to see if there was any water inside. Yes, he could see some water inside the jug! The crow tried to push his head into the jug. Sadly, he found that the neck of the jug was too narrow. Then he tried to push the jug to tilt for the water to flow out, but the jug was too heavy. The crow thought hard for a while. Then, looking around it, he saw some pebbles. He suddenly had a good idea. He started picking up the pebbles one by one, dropping each into the jug. As more and more pebbles filled the jug, the water level kept rising. Soon it was high enough for the crow to drink. His plan had worked! Moral: Think and work hard, you may find solution to any problem French Revolution: At the beginning of the eighteenth century, France was a monarchy ruled by an autocratic king. The French society was divided into three Estates, or classes. The First Estate consisted of the clergy. The Second Estate consisted of the nobility. The Third Estate consisted of the peasants and the bourgeoisie, which included professionals and the wealthy merchants. The First and Second Estates enjoyed many privileges, and paid almost no taxes. Wealth was concentrated in their hands. The Third Estate had no privileges. This Estate bore the burden of taxation. The peasants had to perform unpaid compulsory services. Tax default was punished with imprisonment in the state prison called the Bastille, which became a symbol of oppression. Inspired by the democratic ideas of French philosophers like Rousseau, Voltaire and Montesquieu, the bourgeoisie demanded political rights and government by the consent of the people. Estates-General France had an assembly called the Estates-General, meant to represent all the three Estates. The Estates-General, however, was never summoned between 1614 and 1789. Benazir Bhutto: Benazir was assassinated on December 27, 2007 in Rawalpindi by the Islamic terrorists, when she was addressing one of the election meetings due to be held soon afterwards. Her death postponed the elections; the Pakistan People Party triumphed at the polls thereby shattering the dream of Nawaz Sharief of the Muslim League to occupy power. Zardari, in his earlier avatar as Consort of Benazir, earned nickname of Mr. 10%. Lo & behold, Mr. 10% now becomes head of the State. Zardari has visited a number of countries in his quest to seek foreign financial assistance and military assistance to defeat the Taliban. The monster created by Pakistan refuses to vanish and is now determined to destabilize the country and bring down the entire superstructure. The Swat Valley in early 2009 was occupied by the Islamic militants before they were ousted by a determined army action. Climate Change: The climate is the com

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Over a long period of time, typically 30 years. Somewhat more precisely, the concept of climate also includes the statistics of the weather such as the degree of day-to-day or year-to-year variation expected. The Inter-governmental Panel on Climate Change (IPCC) glossary definition is: Climate in a narrow sense is usually defined as the average weather, or more rigorously, as the statistical description in terms of the mean and variability of relevant quantities over a period of time ranging from months to thousands or millions of years. The classical period is 30 years, as defined by the World Meteorological Organization (WMO). These quantities are most often surface variables such as temperature, precipitation, and wind. The factors that determine the climate at a location are the rainfall, sunshine, wind, humidity and temperature. Climate change refers to long term changes in climate including overage temperature and precipitation. Earth climate is changing and this is causing great concern. The changes place in the atmosphere have become one of the serious threats that world faces today. Human activities have the potential to disturb the balance of natural systems and cause warming of the plant to an unprecedented extent. Some of these countries are increasing the greenhouse gases emission to an extent that nature system is now not able to assimilate these gases. As a result, climate change has started endangering biodiversity, food and fresh water supply, impacting human health worldwide, especially in developing countries like India due to low adaptive capacity. Indias climate can be classified as a hot tropical country, except the northern states of Himachal Pradesh and Jammu & Kashmir in the north and Sikkim in the northeastern hills, which have a cooler, more continental influenced climate. In most of India summer is very hot. In India, summer, winter, and the rainy season are considered to be the main seasons. We also divide the year into six seasons, namely, vasant, grishma, varsha, sharad, hemant and shishir. Value of Science: The present era is the era of science. Science has undoubtedly done a great service to mankind. Man, a rational being, has been curious to explore mysteries of nature and this led to many discoveries being made in various part of the world. But he is never satisfied with the acquired knowledge and is always keen to unraveled mysteries of the universe. He has conquered the land and air. His incredible lust for knowledge has revolutionised human life and raised the standard of life. He was able to invent innumerable ways of making his life comfortable and happy. Every sphere of life has been revolutionized by science. There have been innumerable inventions. One of the greatest inventions is the invention of medicines. There has been a series of tests carried out using animals as subjects and various medicines have been tried out on these animals to check their efficacy. Many fatal diseases can now be cured because we have the drug to fight those diseases. It has reduced the rate of infant mortality and increased the life span. Before these inventions millions of people died for lack of medical care. Science has given us many machines that have made our lives very comfortable. Buses, cars, sewing machines, mixies, grinders, etc. are all machines that are used every day by us and the discovery of electricity has made it possible for us to change night into day and summer into a comfortable cool season. It

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Tractors. New forms of irrigation are now being employed. It is easier to protect the crops because of the use of various chemicals and pesticides. Even mosquitoes can be driven away because of the discoveries made in science. It has enabled man to entertain himself in many ways. TV, radio, video and the cinema are all popular means of entertainment. Besides entertainment they educate the masses. Today the computer has made life even easier for us. The press, the means of communication, etc. have all improved because of science and its gifts to us. Mobile phones are the little wonders of the 21st century they have revolutionized and transformed our lives completely. Mobile revolution is the story of the creation of a mobile market and worldwide services, exploring new possibilities of transforming how we will live, work and play. The mobile phones have undertaken a fascinating journey from worldwide internet messaging content and multimedia messaging to camera phones, to location based services, mobile phone televisions, 3G phones etc. Mobile revolution is not only mind-boggling but also quite dramatic with the rapid pace of change in technology. Today, life without mobile phones is not only unimaginable but also unlikely. The conventional land lines, cumbersome and outdated, appear redundant and obsolete in comparison to these handy little gadgets. Gone are the days, when you needed a telephone directory in order to look for the phone number, you wish to dial. The utility of these sleek little phones is such that even if one has the option of using a land line one usually prefers to use this amazing device because of its easy accessibility. With advancement in science and technology, every new model which comes in the market is superior to its previous one, with more options and wider range of services. It provides access to entertainment and opens up a vast new world of information, work and play, so comprehensive, immediate and useful that one wonders how one can get along without it and how one had functioned so long without this utility. Multitude of internet based services is also available on these handsets on which one can down load any music, video game and so on. Today, one can buy tickets over a phone but soon phones could become the payment method itself. There is no doubt that today India is one of the large consumers of mobile phones witnessing one of the greatest electronic revolutions of our times. Mobile phones have amazingly and interesting impacted our lives as they allow us to walk away with them and to own ourselves completely, most importantly they are very intimate and ha an extraordinary reach. However, it is just the beginning of a new way life and still the possibilities are immense and perhaps beyond our imagination today. Whatever might be the origin of science and religion, the main point is their area of activity and their method of working. Science makes a man rational and free-minded. Religion wants man to believe blindly in what he is told to be true and worthy of being practiced. Science asks questions and puts every thesis or proposal to test. Religion abhors such methods. Science believes in logical experiments and wants to declare something truthful and true if it comes out finally resultant of the experiment. Religion pre-supposes the result and wants to stick to it irrespective of the outcome of investigation, inquiry or experiment. So, religion and science both are complementary to each other. For

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Thus intrinsically, both are essential for man. The role of education as an agent or instrument of social change and social development is widely recognised today. Social change may take place: (i) When human needs change. (ii) When the existing social system or network of social institutions fail to meet the existing human needs, and (iii) When new materials suggest better ways of meeting human needs. Social changes do not take place automatically or by themselves. As MacIver says, social change takes place as a response to many types of changes that take place in the social and non-social environment. Education can initiate social changes by bringing about a change in outlook and attitude of man. It can bring about: a change in the pattern of social relationships and thereby it may cause social changes. There was a time when educational institutions and teachers were engaged in transmitting a way of life to the students. During those days, education was more a means of social control than an instrument of social change. Modern schools, colleges and universities do not place much emphasis; upon transmitting a way of life to the students. The traditional education was meant for an unchanging, static society, not marked by rapid changes. Mass Communication in India. Radio, T.V., films, newspapers, and periodicals, etc. are the various forms of the mass media and communication. The importance of these can hardly be overemphasized. T.V., films, newspapers, and periodicals, etc. are the various forms of the mass media and communication. The importance of these can hardly be overemphasized. They play a vital role in dissemination of knowledge and information, formation of public opinion, national integration and removal of superstition. The urgency and importance of multi-channels of mass communication for a country like India, with a population of more than a billion, is clear. Radio broadcasting started in India in 1927, in Mumbai and Kolkata. Since then it has spread as a vast network, covering almost all the villages, hamlets, towns and cities. It was christened Akashvani in 1957. Now, there are over 100 stations of All India Radio, serving as very effective means of communication, education and entertainment. Radios and transistors are very popular as they are cheap, handy and affordable. Over 95% of our population is covered by its vast network of stations and broadcasting centers. Now there are about 273 bulletins for duration of 37 hours in its regional, national and external services. It is one of the biggest news organisations of its kind in the world. There are 78 news bulletins in 19 languages in home service from Delhi alone. Then there are 127 regional bulletins in 62 languages. In the external air service, bulletins in 67 languages and dialects are broadcast every day. Besides, there are sports bulletins, special bulletins, weather and Parliament bulletins. There are hosts of other, very useful bulletins, commentaries and broadcasts to cover events, people, news, and views of national and international importance. Yuvak Vain is a programme for the youth of the nation, by the young men and women of the country, between the ages of 15 and 30. For school students most of the AIR stations have regular programmes, based on their school curriculum. Television came to India in 1959, with three days a week limited transmission. However, from 1965 these became regular. Since 1976 when Doordarshan came into being, it has emerged as a ve

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Effective means of mass communication. It has seen a phenomenal growth of installation of one transmitter a day in 1984 and after. A vast network of over 350 transmitters of the Doordarshan now reaches an estimated 80% of our population. The popularity of television is on the increase and soon it will cover the entire population of our country. In order to cater to the wide interests of large sections of our population, more channels are being added and introduced. The introduction of the Metro channel in 1984 in Mumbai, Kolkata and Chennai has been historical. Now, it is available in many cities and towns. The services of Doordarshan for school and university education have helped a lot in the promotion of education and training. The satellite communication has really revolutionised the means of mass communication and information. The radio and television broadcasts via satellites have made communication instant and universal. It has turned the whole world into a global village. Now viewers have access to more and greater selection of viewing on T.V. The implications of satellite communication are really very complex, varied and far-reaching. It has its own inherent strengths and weaknesses, which are unfolding with the passage of time. But it is beyond any shadow of doubt that satellite communication will go a long way in helping a developing country like India in overcoming its many socioeconomic problems and in the achievement of development goals. The Supreme Court judgment asking the Central Government to establish an independent public authority to control and regulate the use of electronic media is a welcome decision. It implies that freedom of speech applies not just to the print but also to the electronic media. This judgment marks a new, bold and significant beginning in liberating electronic media from government control and monopoly. The influence of films on Indian masses, means of mass communication, has been vast and abiding. The popularity of films is unquestionable. Hundreds of feature films and documentaries are made every year in India. Our film industry is one of the biggest in the world. In spite to its commercialism, its appeal and popularity is vast, abiding and immediate. It has tremendous possibilities but we should see to it that its box office aspects are not allowed to run riot. The Indian film industry should not forget its social and moral obligations. The industry should be precise, clear and sure about its scope, purpose and objectives. Similarly, the government should have no aphorism in respect to its policy in regard to the control, purpose and regulation of the industry. The multiplicity of authorities, which have a say in the industry, should be removed so as to provide healthy growth to the film industry. Moreover, censorship should be more liberal in its approach to films produced and screened. But filmmakers should avoid too much sex and violence in their films. They should aim at healthy entertainment and desirable social and cultural change through this popular means of communication. Freedom of speech and expression is very significant in a democracy. It includes the freedom of the films, the press, and broadcasting, etc. In other words, freedom of speech and expression means autonomy of the media. But autonomy also involves greater accountability. It means that there should be no loss of credibility. But commercialisation of mass media without proper safeguards can be dangerous. There is a lo

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Of the media for personal gains. Autonomy of mass media is desirable but it is also desirable that it is self-regulatory and self-disciplined so as not to come into pressures and that it fulfills its commitments to values and ideals enshrined in our Constitution. Rights and duties go together. The word Kashmir is derived from the Sanskrit word meaning Land of Kashyap. Rishi Kashyap was one of the Saptarishis who was a Saraswat Brahmin and formalized the ancient Historical Vedic Religion. His descendants or the Kashmiri Pandits as they are commonly known named the valley in his honor. Kashmir falls in the northwestern region of the Indian subcontinent. The geographical denotions of Kashmir include the valleys between the Great Himalayas and the Pir Panjal Mountain range, until the mid -19th century. At present, it also includes the larger area of Indian-administered state of Jammu and Kashmir comprising of the three divisions of Kashmir valley, Jammu and Ladakh. Kashmir shares its borders with Pakistan as well as China. Kashmir region has been a center of Hinduism, Buddhism followed by Kashmir Shaivism. Shah Mir became the first Muslim ruler of Kashmir in 1349 inaugurating the Salatin-i-Kashmir. Muslim monarchs continued to rule Kashmir over next five centuries. Mughals ruled from the period of 1526 until 1751, after which Afghans ruled forming the Durrani Empire from 1747 until 1820. Thereafter the Sikhs, under the leadership of Ranjit Singh captured Kashmir. The Dogras became the rulers under Gulab Singh after signing the reaty of Amritsar through which they purchased the region from British rule in 1846. Dogra rule continued until India got its independence from British rule after which it became a disputed territory. Kashmir now falls into the administration of three countries: Pakistan, India and People Republic of China. The upsurge of militancy and political movements has impacted the economy of the state greatly. The crown of India as it is popularly known for its beauty and the geographical location with respect to the country other states has been a victim of terrorism. All sectors of the economy, of which agriculture is the pre-dominant have been affected by the frequent turbulences and failed to provide food and life security to the population of the valley. Assam, known as the land of blue hills and red river, is also a land of many feasts and festivals, which are marked by music, dance, mirth, gaiety, community sharing, and spiritual colouring. Among these, Bihu is the most impressive and prominent. Bihu is the chief festival of the people of Assam celebrated by everyone irrespective of caste, creed, and race. Assamese celebrate three types of Bihus in a year Rongaali Bihu or Bohaag Bihu, Kati Bihu or Kongaali Bihu and Magh Bihu or Bhogaali Bihu. The word Bihu comes from the Sanskrit word Vishu. The Bihus are closely associated with the farmer life, which characterises ancient rural Assamese life. It marks three distinct phases in the cultivation of paddy-the native crop of Assam. Bohaag Bihu marks the advent of planting time, the Kati Bihu is celebrated at the completion of sowing season while Magh Bihu symbolises the culmination of harvesting period. Rongaali Bihu is the most important Bihu among the three Bihus. It is celebrated in the month of Bohaag, the first month of the Assamese calendar. Thus, the festival marks the advent of Assamese New year. Hence, it is characterized by lots of merriment, gaiety, songs and danc

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The state providing greater reason for merriment. The nature is in its finest form fully adorned with blossoms and flowers. Therefore, this Bihu is known as Rongaali Bihu or the festival of merriment (Rong means joy in Assamese). Bihu festivals are an integral part of Assamese life and culture. Bihu geet or Bihu songs constitute an important part of Assam rich heritage and literature. The uniqueness of Bihu celebrations is that they are celebrated by everyone in Assam irrespective of caste, creed, or race. The festivals are true community festivals and promote a spirit of love, brotherhood and sense of oneness among the people. It is therefore, the duty of every Assamese to preserve these national festivals in their original form and grandeur. Social environment is influenced by one power and wealth. This, in turn, determines success or failure in peoples lives. If one were born with a silver spoon in his mouth, he would easily be able to attend a fancy school no matter how intelligent he is or have any luxury he wants just because of power and wealth. On the flip side, if one were born to a poor family in a bad neigbourhood infested with violence and drugs, he would have a much smaller chance of succeeding in life, more especially, going to an upper-class school. It is hard for many poor to go to college because of such high tuition costs. Scholarships are available; but, even though one shows financial need, one still has to have a high grade point average and test scores. Even if one has a good mind, trying to study in a gang- ridden neigbourhood with constant gunfire is easy. With both parents working two jobs, there is any parental guidance. Whereas, the affluent, even if busy or working, have the means to insure that their children are supervised and well taken care of. The rich also have the luxury of affording special tutors to help their children while other children are on their own. For example, there are three students, one from a clean, upper-class community, another from a small, middle-class suburb and the other from a graffiti-ridden slum. All three of these students have exceptional GPA and scored very well on standardised testing. The student from the upper-class community will have the best chance of succeeding. Tuition will never be a problem and chances are that those parents 156 Top School Essays have some pull because of who they are. The middle-class student won have a great problem but there is still the fact of paying tuition, which would limit the options quite a bit. One may be smart enough to get grants but the family makes too much money. Also, if he sought admission into a prestigious school and it came down to the student or someone richer, the middle-class student would probably lose out. Reservation policy fails to achieve its purpose of giving equal opportunity to everyone because of lack of infrastructure in the rural areas of the country where the proportion of backward classes is significant. A number of people living in some remote areas in Orissa, M. P. or Bihar are not even aware of these policies. They are deprived of even primary education and basic employment which make them more backward financially. It fails to establish which causes disequilibrium in the status of the states. The total reservation quota stands at 49% in many states of India and this includes the SCs, STs and OBCs. The trend seems to have shifted to reverse discrimination rather than more affirmative action. Some backward c

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tourist group on flights. Sweet God, the flights. The standing up before the aircraft has even stopped taxiing. The stampede toward overhead bins as if the plane may explode if they do not retrieve their duty-free Toblerone immediately. The loudspeaker-volume conversations. Opening trestle tables in the aisle and playing cards. Watching action films without headphones. The food packets were opened and passed around from front to back with the aromatic force of chemical warfare. We think of etiquette as elitist and being 'bindass' as glorious. Also, let's blame social media. Every trip is a content fodder opportunity for dancing. Every heritage site is wallpaper for the grand production of Look At Me Abroad. This is sad. We could be better than this. Many Indians are curious, considerate, socially aware, and gracious travellers. But the loud ones have unfortunately become the global stereotype, and stereotypes can calcify fast. What can we do, the rest of us who cringe vicariously at these videos the same way one would watch a drunk relative make an ass of himself at a wedding? A national campaign to educate us on how to behave in public? Call bad behavior when we see it happening? Or should we begin with the basics to teach our children to behave in public? Teach them the difference between indoor voices and outdoor voices. Teach them civility, politeness with serving staff, the importance of waiting their turn, of clearing up their trash, of keeping a place clean. The way you found it, follow civic rules, everything is not cultural pride, and there is a time and place for everything, including dancing. TOI News - June 8, 2026 Resolving the CBSE OSM crisis through free disclosure, verification, and re-rvaluation of answer scripts Rajeev Kumar is a former Professor of Computer Science at IIT Kharagpur, IIT Kanpur, BITS Pilani, and JNU, and a former scientist at DRDO and DST. He has contributed to technology development in India and abroad for over 45 years, spanning academia, R&D, and industry. He also led reforms in MCQ-based admission/competitive examinations, as well as counselling, introducing transparency and well-defined processes that the entire country now enjoys, earning recognition from the Supreme Court as an unsung hero. He writes Technology for Society, focusing on the intersections of science, technology, education, society, environment, and governance. A simple transparency-first approach without fees, portals, or procedural hurdles based on disclosure of answer scripts, student verification, and targeted re-evaluation could have enabled independent score verification and correction, while avoiding much of the controversy surrounding CBSE's OSM rollout. ▪ The OSM controversy is fundamentally a transparency and process-design issue, not merely a technology problem. ▪ Once answer scripts were digitized, CBSE could have proactively disclosed them to all students. ▪ Students are being asked to pay to identify and correct deficiencies they did not create ▪ A simple, fee-free, portal-free framework based on disclosure, verification, and targeted re-evaluation. ▪ The central lesson is that transparency should precede dispute resolution. It is now nearly four weeks since CBSE declared the Class XII results on May 13. Yet, the On-Screen Marking (OSM) rollout continues to be overshadowed by limited disclosure of answer scripts, recurring portal glitches, payment gateway failures, procedural complexities, and repeated extensions of

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infrastructure validation, pilot testing, dry runs, and full load simulations involving nearly 1. 7 million students, about 9. 8 million answer scripts, and several tens of millions of questions subject to verification and re-evaluation. The difficulties have persisted despite sustained efforts by technical teams, including those from the IIT ecosystem, to address vulnerabilities, operational deficiencies, and cybersecurity concerns. Yet reports of fresh irregularities continue to emerge, while CBSE has reportedly moved towards developing its own re-evaluation portal in place of the earlier vendor supported system. The consequences are being borne by nearly 1. 7 million Class XII students whose marks directly influence admissions, scholarships, eligibility criteria, merit rankings, and future academic opportunities. Reports have also emerged of students who qualified in highly competitive examinations such as JEE (Advanced) facing uncertainty about their eligibility due to unexpectedly low Class XII scores, adding to the anxiety surrounding the evaluation process. The controversy is further amplified by the relatively small number of students who have managed to navigate the multi-stage process of obtaining answer scripts, verification, and re evaluation, despite widespread reports of anomalies. It raises broader questions about whether the existing Standard Operating Procedures (SOPs) are advancing transparency or inadvertently restricting access to it. Against this backdrop, the solution may be far simpler than the process that created the crisis. A fee-free, portal-free framework based on proactive disclosure of digitized answer scripts, verification of script integrity, and targeted re-evaluation of genuine discrepancies could still restore confidence, reduce disputes, and align descriptive evaluation with the transparency principles that have transformed MCQ-based examinations across India over the past decade. The evidence suggests that the primary challenge is not technological. The answer scripts have already been digitized, secure communication platforms are widely available, and India routinely operates digital systems serving hundreds of millions of users. The real issue appears to lie in process design, transparency, and governance. A transparency-first framework would have proactively disclosed digitized answer scripts, enabled verification of their integrity, corrected deficiencies, and limited re-evaluation to genuine anomalies. Instead, transparency became dependent on applications, fees, portals, and procedural hurdles. The OSM controversy, therefore, raises a larger question: whether digital evaluation should be driven solely by technology or by governance frameworks that place student interests, transparency, and accountability at the center of the process. Once answer scripts had been digitized as part of the OSM workflow, CBSE could have proactively shared them with all students through secure digital channels. It would have enabled students and parents to verify whether the scripts were complete, readable, correctly indexed, and genuinely the work of the concerned student, including all supplementary sheets, graphs, maps, diagrams, and attachments. Deficiencies such as missing pages, blurred scans, incorrect uploads, or indexing errors could then have been identified and corrected before the verification and re-evaluation stages commenced. Instead, access to answer scripts became dependent on applications, fee paym

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However a majority of the backward classes is not living any differently than before because their subsistence is meager and rural lifestyles do not provide them with any of the benefits. The worst thing is that many are not even aware of these policies, especially in the interior parts of the nation. Thus a distinct economic class system exists within the backward classes. Mostly undeserving people have gained the advantages and the deserving ones are still without any significant positive change in their plight. It is interesting to note that the constitutional provisions regarding reservations which explicitly single out certain castes for special preferential treatment contradicts the documents prohibition on discrimination based on caste, race and other such other criteria. Besides, despite the creation of commissions to monitor the implementation of reservation policy by the center the constitution gives great liberties to the individual states to determine the quantity and limits of reservation which often lead to exploitation. In reality there is no abolishment of caste system. Instead the disparity increases because of antagonistic attitude on both sides. It is said that around 3.7 billion years ago, the earth cooled down and had warm oceans. In these warm water bodies, the first single-celled organisms evolved. Thus, water was instrumental in the origin of life. 70% of the earth is covered with water, and up to 70% of the human body is made of water. Today we have millions of marine species, but many plants and animals evolved to survive in non-saline conditions. The human civilization rose on the banks of rivers. Early human beings settled down along the fertile river basins as it was easy for growing crops, and was convenient for transportation too. Presently, agriculture demands for 70% of the freshwater needs. Industries and domestic uses share the rest thirty percent. But this precious resource has become scarce due to many human-made reasons. Only three percent of the total water available is freshwater. But more than sixty percent of this potable water is locked up in ice caps and glaciers. Moreover, we have kept our water bodies clean. Industrial effluents and sewage discharges are directly let into rivers. In cities, buildings come up on dried ponds and lakes. So, when it rains, we don have the facility to store the rainwater. Therefore, we not only have frequent flash floods, but the rainwater goes to the sea and gets wasted. We use the fertile soil from riverbeds carelessly, and it leads to flooding in riverine areas too. So, we humans are primarily responsible for reducing the holding capacity of water bodies. We live in concrete jungles, and a green cover is almost missing in our cities. It is the roots of trees that help in retention of groundwater. Moreover, plants release oxygen and absorb carbon dioxide. Thus, they are instrumental in curbing global warming. Lesser warming implies a slower melting of ice sheets and glaciers, thereby, preserving the largest source of freshwater. Floods and storms are natural events, but nature has its way of replenishing the water that flows into the seas. Holi is one of the important festivals of the Hindus. It is a colorful festival of great joy and enthusiasm. This festival is celebrated all over the country as a day filled with complete mischief, fun and enjoyment. Holi indicates the end of the winters and the beginning of the spring season. According to the Hindu calendar

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Phalgun. Holi is celebrated to mark the victory of truth over evil, the victory of Prahlad over King Hiranyakashyap. Prahlad was a devotee of God. His father, King Hiranyakashyap did not believe in God but-believed in his own powers. He failed to deviate his son devotion to God and decided to kill him by burning him alive. Prahlad sister, Holika, had a God-gifted boon that she would not be burnt in the fire. She sat with her nephew in the blazing fire. Holika let herself be burnt and Prahlad was saved. The truth, the powers of the Supreme God, defeated the false evil. During the day women folk worship a stack of wooden logs called Holi. At the end of the day in the full-moon night Holi is burnt in a holy way. The green ears of barley and gram are heated up in the fire and distributed among friends and relatives new. Friendships are made and old enmities are forgotten. Next day is the festive day of Holi. All hearts are filled with joy. Children throw colored water on each other while the elder people apply gulal or abir, There are noisy scenes as little groups of children move from one locality to another exchanging holi greetings, singing songs and laughing at their own jokes. It is almost mid-day when people move indoors to freshen themselves. Though this is a festival of brotherhood and unity, it has some disadvantages too. Some ill-minded people-take this day as a chance to take revenge. They use dirty mud water. Use of strong colors harmful to the skin, charcoal and grease often create a serious quarrel. This leads to unnecessary enmity and spoils the charm of the festival. The average temperature of the Earth has been increasing continually since the late 19th century. The mean global temperature in the 1960s was 13.9 degree Celsius whereas in 2017 it was 14.9 degree Celsius. Thus, no one can deny the fact that the temperatures have been rising on our planet. Ice ages and warmer periods have occurred alternatively and naturally on Earth. Natural warming happens when Earth is closer to the Sun. But, it is the greenhouse gases that lead to a rapid temperature increase and disrupt the natural cycle of changes. The gases such as the oxides of carbon and sulfur are greenhouse gases. These gases, when present in the atmosphere, trap the incoming radiation and heat from the Sun. The phenomenon of atmospheric gases acting as a shield is known as the greenhouse effect. We humans have been primarily responsible for the release of these harmful gases. Our activities such as industrial production, petroleum extraction, transportation, burning fossil fuel, mining, cattle rearing, and deforestation are primarily responsible for global warming. The first impact of global warming is the melting of polar ice caps and glaciers. So, a loss of habitat for species in the frozen zone is likely. Losing tones of ice could result in the rising of sea levels, and inundation of coastal areas all over the world. Glaciers are the sources of our rivers. With no glaciers, many rivers could dry up, leading to severe water scarcity. As individuals, we too have the responsibility in making our planet a safe abode for our future generations. We should go for energy-efficient lights such as LED bulbs that don generate much heat. We can drive less and use public transport instead. Recycling has to become a habit in our society as the production of new components takes lots of energy and leads to pollution too. Make judicious use of natural resources such as water. Pl

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Also use less electronic devices for recreational purposes. We live in a world where Alexa plays the music in the living room, and Siri sets the alarm on the phone. Not far is the day when most of us will have robots in our homes, loading the dishwasher and assembling our furniture. We already have drones, and experiments on driverless cars are going on. Computers are vital in the communication and transportation industries. They control our satellites and traffic signals. Through Big data and analytics, companies make business decisions. Technologies like Artificial Intelligence, Machine Learning, and Iota (Internet of Things) could bring a sea of changes in our daily lives. A range of industries right from agriculture, textiles to our defense field is highly dependent on computer technology. There does not exist a sector, which is untouched by the magic of computers. Computers, smart phones, and cheap internet data packs have revolutionized the field of education. A data-enabled mobile phone opens the door to vast resources. Online learning and distance education have changed the fortunes of many. The software programs are better than print media in presenting the subject to the students. In this way, they are more interested in learning and take initiatives to know further. It increases the quality of education that people receive. Moreover, computers have vast storage spaces, and the durability of the study material is also high. In specific fields like architecture and mechanical engineering, there is a paradigm shift in pedagogy. They learn and use software technologies like CAD and CAM. We know that the word computer comes from compute and thus, they were mostly computing devices. The first computer was for the military, and the U.S. army used it for calculating artillery firing tables. Today, computers are used in tanks, planes, and ships to target enemy forces. They play a vital role in providing training and simulations to soldiers. They are essential to safeguard the confidential activities of the defense forces. In early second millennium BCE persistent drought caused the population of the Indus Valley to scatter from large urban centers to villages. Around the same time, Indo-Aryan tribes moved into the Punjab from regions further northwest in several waves of migration. The resulting Vedic period was marked by the composition of the Vedas, large collections of hymns of these tribes whose postulated religious culture, through synthesis with the preexisting religious cultures of the subcontinent, gave rise to Hinduism. The caste system, which created a hierarchy of priests, warriors, and free peasants arose later during this period. Towards the end of the period, around 600 BCE, after the pastoral and nomadic Indo-Aryans spread from the Punjab into the Gangetic plain, large swaths of which they deforested to pave way for agriculture, a second urbanisation took place. The numerous Indo-Aryan realms, or janapadas, were consolidated into larger states, or mahajanapadas. This urbanisation was accompanied by the rise of new ascetic movements, including Jainism and Buddhism, which challenged the primacy of rituals, presided by Brahmin priests, that had come to be associated with Vedic religion, and gave rise to new religious concepts. Most of the Indian subcontinent was conquered by the Maurya Empire during the 4th and 3rd centuries BCE. From the 3rd century BCE onwards Prakrit and Pali literature in the north and the Tamil Sangam

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India started to flourish. Wootzsteel originated in south India in the 3rd century BCE and was exported to foreign countries. During the Classical period, various parts of India were ruled by numerous dynasties for the next 1,500 years, among which the Gupta Empire stands out. This period, witnessing a Hindu religious and intellectual resurgence, is known as the classical or Golden Age of India. During this period, aspects of Indian civilisation, administration, culture, and religion spread to much of Asia, while kingdoms in southern India had maritime business links with the Middle East and the Mediterranean. Sports in School for Kids A student, who is good in sports as well as in academics, develops an overall personality which is reflected in his or her life. It gives him strength, a sense of discipline and how to associate with other players. School sports make school life more interesting also. Now-a-days all the colleges and schools have sports as a parts of compulsory curriculum. So for this purpose schools have big playgrounds. They have big playgrounds to accommodate games like football, hockey and cricket. Some schools also provide their students games like basketball, volleyball, table tennis, lawn tennis and badminton. School sports play a very important role in teaching a student team spirit. They teach a student to play the game for the sake of playing and not for the sake of winning. So spirit of healthy competition and discipline is taught to the students. Some schools even have gymnasium to develop a child physique and mind. A student can apply the sportsman spirit in his everyday life also and learn to accept defeats with a smile. Sports also teach us that practice makes a man perfect and hard work really pays in the end. School and college sports also help the student to choose career in sports itself. They can become professional sportsman. Sports also help students in careers in Armed Forces. So school sports should be encouraged and concerned authorities should see to it that schools make proper provision for this. A House on Fire for Kids It was a dry day and it was night. The clock on the tower had struck twelve. I was sleeping on the roof of my house. Suddenly I heard shouts of Fire, Fire! I woke up at once and looked out in the street. I saw a house on fire. It was at some distance away from my house. I ran downstairs and reached the place. Many people had collected there. They were trying to put out the fire. They were throwing water and sand on it. But it did not prove of much help. A strong wind was blowing. Some cries were heard from inside the house. The house belonged to a shopkeeper. Money stashed abroad is not always the money, which has been evaded from payment of taxes. Drug lords, terrorists groups, gangsters all over the world, along with International Syndicates also keep their money in safe heavens, where they can lay their hands on it in times of need for their operational purposes. There is no mechanism with the Government to determine and say with cent per cent surety that the money hoarded abroad is only the one that has been evaded from payment of taxes and not the other crime linked cash. The Revenue Department and other agencies of the Government like the RAW and State Trading Organisations have their offices abroad. There is no common mandate to them to report any suspicious transactions by the Indians either visiting or staying abroad. The stark truth is that the black money is the result

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Corruption prevailing in our country. The schemes meant for the poor, even as per the Government reports, are not implemented and the money siphoned off. Even laws permit every criminal whether in jail or on bail to hide their names and crimes and create false alibis. But, here the Government is creating alibis for those people whose names have been received and disclosed as the persons who are having cash, which is got illegally and is not from any known legal sources. They have stashed this cash in safe tax heavens abroad. Even the Supreme Court, the Apex Court of India, says that nothing moves without bribery in India. A good and alert cop even on a tourist visa can spot Indians roaming about and visiting these safe tax heavens on Swiss banks. The rest of the job of tracing the flight of black money from India can be done locally provided the Government has the will. So far, the Government has been making excuses, some tenable and some untenable. Is positive thinking an inherent characteristic of a person or can it (69) be developed in one psyche? The opinions differ in answering this vital question. Some people believe that it can be inherited from parents, and cannot be developed. Others believe that like other qualities it can be developed with proper practice and guidance. Still some others hold the opinion that it is hereditary to some extent but can be acquired to some degree. There is also a section of people, who believe that all depends on circumstances or luck. We need to adopt a scientific approach to find an answer to the above question. No one can get success every time even after making efforts, nor can one fail constantly. Moreover, success has different meaning for different people. For some students, getting 60 per cent marks is success, for others it may not be sufficient. In a competitive examination, success means getting selected, whatever the percentage of marks. As for inheritance theory, since positive attitude is not a physical feature but a mental faculty, it cannot be purely hereditary. It can be developed. Moreover, parents play a major role in developing this quality of a child. A child, who watches his parents working hard, having faith in success through their words, behavior and body language, is likely to develop a similar attitude. The children of short-tempered, over-cautious and nervous parents may assume similar characteristics when they grow up. Psychologists, therefore, prescribe a code of conduct for parents behavior in front of their children. They must exude confidence, self-belief and hope, especially in difficult situation, so that the children emulate these qualities. They must be taught the importance of being positive before, during and after the performance of a task. Stretching s specific tendon or muscle can improve the elasticity of muscles, which in turn helps in achieving a comfortable muscle tone. There are several benefits of regular stretching, and it should be an integral part of every workout program. It not only helps increase your flexibility, which is an important part of fitness, but it can also improve your posture, body aches, reduce stress, and much more. One of the benefits of regular stretching is that it enhances flexibility. Being flexible has its own advantages, as it not only improves your day to day activities, but can also help delay the reduced mobility that comes with aging. Stretching 9on a regular basis can help increase your range of motion. You can either

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When it comes to the increasing range of motion. According to the studies, proprioceptive neuromuscular facilitation or PNF type of stretching is more effective for immediate results. Regular stretching can not only help heal an existing back injury but can also prevent future back pain by reducing your risk for muscle strain and strengthening your back muscles. All the people who regularly go to the gym know how helpful stretching can be. Performing dynamic stretches prior to exercise in the gym can help prepare your muscles. Not the only gym, but it can also help you improve your performance in dance or an athletic event. It is only natural that your muscles get tense when you experience physical or emotional stress. This is because the tightening of your muscles is the response of the body towards stress. All you need to do is focus on the areas of your body where you feel the stress, such as your neck, shoulders, etc. and stretch those parts of your body Iodine fortification is what most countries rely on to encourage adequate dietary intake. In more than seventy countries that iodize salt generally serves as the major source of iodine intake. One fourth of a teaspoon of iodized salts has about hundred micrograms of iodine. Note that the salt used in processed foods, which is the major source of salt for most Americans typically does not contain iodine. If salt used in a processed food contains iodine, it will be listed in the ingredients list of that food. Focus on decreasing the amount of salt consumed from processed foods and get your sodium from iodized salt. Seaweed, saltwater fish and seafood are natural sources of dietary iodine. Dairy products also supply iodine in the diet at varying levels. During lactation, the breast concentrates iodine in milk so breast milk tends be a good source of iodine as long as the iodine intake of a mother is adequate. Plants grown in iodine rich soil are also good sources. However, this is not a reliable source of iodine since there is no way of knowing whether produce purchased in grocery stores is grown in iodine rich soil or not. Iodized salt usually adds less than about three hundred micrograms iodine daily to the diet. Most multivitamin mineral supplements contain 150 micrograms of iodine. With the safe upper limit of daily iodine intake for adults set at 1,100 micrograms by the IOM it is unlikely to hit an excess amount when including a multivitamin and including natural sources of dietary iodine. The trend of eating less table salt, dairy and bread has some experts concerned that iodine deficiency could be on the rise again. Eating a healthy, balanced diet that includes iodine rich foods and iodized salt is key to good health. Money stashed abroad is not always the money, which has been evaded from payment of taxes. Drug lords, terrorists groups, gangsters all over the world, along with International Syndicates also keep their money in safe where they can lay their hands on it in times of need for their operational purposes. There is no mechanism with the Government to determine and say with cent per cent surety that the money hoarded abroad is only the one that has been evaded from payment of taxes and not the other crime linked cash. The Revenue Department and other agencies of the Government like the RAW and State Trading Organizations have their offices abroad. There is no common mandate to them to report any suspicious transactions by the Indians either visiting or staying abroad. T

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High level corruption prevailing in our country. The schemes meant for the poor, even as per the Government reports, are not implemented and the money siphoned off. Even laws permit every criminal whether in jail or on bail to hide their names and crimes and create false alibis. But, here the Government is creating alibis for those people whose names have been received and disclosed as the persons who are having cash, which is got illegally and is not from any known legal sources. A good and alert cop even on a tourist visa can spot Indians roaming about and visiting these safe tax heavens on Swiss banks. The rest of the job of tracing the flight of black money from India can be done locally provided the Government has the will. So far, the Government has been making excuses, some tenable and some untenable. Unfortunately, no Government Irrespective of the party in power has taken even a genuine small step to stop the generation and flight of black money from India, forget about getting the black money back. After the recent merger of two former public sector banks, Vijaya Bank and Dena Bank into Bank of Baroda, the BoB is now the second largest public sector bank of the country. It now has 9,500 branches and 85,000 employees with a business mix of more than Rs.15 lakh crore. It is reported that the BoB will protect the interests of all the employees and customers. It is also stated that the BoB will focus on the operational costs, customer satisfaction and will try to maximize profit. Historically, the experience of bank mergers or amalgamations in India is mixed. In most cases, improvement was not much. Even the recent merger of associated banks of the State Bank of India into the SBI has not been very satisfactory. A bank has to do its business in a complex environment where domestic and international economic factors influence it. Even political interference is not absent. Now, private and public sector banks are doing business in a common market. Practically, these two categories do not do their jobs in the same way. Therefore, the BOB faces several challenges in the days to come. There are many big banks that have either liquidated or face great financial trouble. Amalgamation cannot be an end in itself, Some of the challenges are internal to the bank and same are external to it Some of the internal challenges, as has been pointed out, are first, Dena Bank and BoB has a similar background and culture, which can be takes as the old Gujarati culture. But Vijaya Bank came from a different milieu. So, some cultural shock in human resources development is expected Second, Dena Bank and Vijaya Bank had a huge baggage of NPA. Third, Dena Bank and Vijaya Bank had a large exposer to trade finance. In this sector, asset recovery is more difficult. Fourth amalgamation may not give any geographical advantage as these three banks have narrow coverage India north and east regions. Cyber technology has also changed the way we do financial trade. More and more people are using online platforms for shopping, transferring money and other financial dealings. Moreover, efforts are being made to facilitate financial education in schools in order to make students ready for future. In view of Increasing cybercrimes related to financial frauds, the subsequent chapters provide an overview to children on cyber threats related to online financial transactions and how to safeguard ourselves against such threats. The subsequent chapters of the report cover cy

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Related to social networking and how to safeguard against such threats. The report will help students and other users to learn about cyber threats and ways in which they can protect themselves. As a change agent, students and their mentors are expected to share their learning with their peers and parents and contribute in making cyber space safer. Nowadays, internet, computers, smart phones and other communication technology devices have become an integral part of our life. Imagine how much time we spend each day on these smart devices. We have made internet communication mediums like emails, Whatsapp, Facebook, etc. part and parcel of our everyday activities. But most of us are unaware of cyber safety and security features to safeguard ourselves. Do you know that whatever information or personal details are shared on internet stay online forever as it is extremely difficult to delete the information completely? Cyber are offences that may be committed against individuals, firms or institutions by using computers, internet or mobile technology. Criminals in cyber space use platforms such as social networking sites, e-mails, chat rooms, pirated software, websites, etc., to attack victims. According to the Indian Computer Emergency Response Team, over 53,000 cases of cyber security Incidents were reported in 2017 in India. Sir, I would like to state that the Budget is only an annual financial statement anticipating the total revenues and the total expenditure of the Government. It can try to solve the existing problems in the country and also carry forward the process of growth that has been achieved so far. A Budget has to be implemented in a number of parameters. We have to look at the parameters and then judge the Budget. After looking from all these angles, I would say that the Union Budget is a good Budget, Among other things, the most salient aspect of this Budget is that it carries the mandate given in the Common Minimum Programme. The Budget has to carry forward all the plans and schemes that have been given in the Plan and it has to serve the goals of not only growth but also inclusive growth. Only growth can relieve India from the clutches of poverty and unemployment. No magic remedies are available except that we have to promote sustained growth in agriculture, sustained growth in industry and sustained growth in infrastructure. Without that it is not possible, and that would be possible only with generous findings. Sir, I rise to support the General Budget which has been presented by the hon. Finance Minister. He deserved our appreciation for presenting the growth- oriented Budget. As you know, this is the fifth Budget of the hon. Finance Minister as well as of this Government. In my considered view, this is the finest of all the Budgets which has been presented by this Government. Some hon. Members were finding fault with the Government for not eradicating poverty and not reducing inequalities in this country. These are all old problems and cannot be tackled by Budget. A budget expresses intended expenditures along with proposals for how to meet them with resources. A budget may express a surplus, providing resources for use at a future time, or a deficit in which expenditures exceed income or other resources. George W. Bush: Sworn in as the President of USA in January, 2001 and for a 2nd term in January 2005. His presidency had transformed the world political scene. The suicide attack on the World Trade Centre in New York ci

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Mark on the world at large. Terrorism has assumed a new dimension and its identification with the Islamic world has revived the theory advocated by Huntington in his book, Clash of Civilizations. President Bush has himself more or less endorsed this thesis by talking of crusades and Christian values. President Bush launched an invasion of Afghanistan on October 7, 2001, to exterminate the hideouts of Osama bin Laden and make America safe and secure for all times to come. Afghanistan policy, like his Iraq policy, has totally failed. The Taliban in Afghanistan have re-emerged as a potent force. Hamid Karzai writ is confined only to the Kabul city. The warlords are back in action and innocent civilians, children and women are being killed almost every day in spite of the presence of the NATO and the American troops. Hamid Karzai won a pyntric victory in Oct 2009, as Abdullah refused to participate in the runoff. Bush era will be remembered chiefly for the attack on Afghanistan on October 07, 2001, in the wake of the 9/11 attacks on the Twin Towers in New York; later Bush attacked Iraq on March 20, 2003. His era would best be remembered for the bloomers in the foreign policy contributed by his Vice President, Defence Secretary and other cronies. He had also set up terror chambers for the 9/11 suspects off the coast of Cuba. President Obama first important step was to close down the Guantanamo chambers and shift the trial to mainland USA. The suspects are likely to be shifted to jails in Chicago. Almost 69 people were killed by the police in the fire to oppose the apartheid passed laws in 1960 at a peaceful demonstration in Sharpeville, South Africa. It was then declared by the United Nations General Assembly to the international community as an international day for the elimination of racial discrimination in the year 1966 in order to remove all types of racial discrimination. On the same day means 21st of March is celebrated each year as Human Rights Day in South Africa which has been officially declared as the public holiday. This event is being commemorated by the people worldwide on annual basis to remember all those people who had lost their lives in opposing the Apartheid regime or fighting for the democracy as well as demanding equal human rights in South Africa. The Sharpeville Massacre of South Africa is the main place during the Apartheid regime of 1960, 21st March for which the day is declared as the public holiday. It is celebrated annually for increasing the awareness of the common public for equal Human Rights as well as highlighting all the existing problems of racism in the field of sports in various countries of the world. It was considered that sports are the better medium for combating racism and racial discrimination among people all over the world. Olympic Games were also established aiming for the harmonious development of the man from different races as well as to resolve the social tensions and conflicts through the sports medium. The 2001 Durban Declaration and Programme of Action, the UN Human Rights Council and The UNESCO Charter of Physical Education and Sport had supported, in collaboration with the intergovernmental organizations (international and regional sports federations, International Olympic Committee, etc), and urged states to combat and eliminate the racism through the sports. Welcome to the celebration of 7th World Population Day. As you know, every year we are celebrating this day with equal enthusia

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The Governing Council of United Nations Development Programme recommended celebrating World Population Day on 11th July with the objective to highlight the importance and urgency to population-related issues. As you all know that every year our NGO selects a theme based on population and try to create awareness about the same. So this year theme would be gender equality and protection of girl child. Since our establishment, we have been fighting against female feticide. Girls are equally important as that of boys and perhaps even more because the entire humanity owes its existence to them and they help strike a social balance in our society. There was a great reduction in the number of women compared to men, till a few years ago. Due to an increase in crime rate against women such as dowry deaths, female feticide, rape, forced illiteracy, gender-based discrimination; etc women have always been suppressed. In order to equalize the boy-girl ratio, it is important that people start saving the girl child. Lack of education is one of the main reasons behind this ignorance. Women in today society are earning name and fame and bringing accolades to the nation at par with their male counterparts. Thus, saving a girl child becomes the need of the hour. Each child has the right to get an education and be self-reliant. Population control and wise family planning help couples to have an ideal number of children so that every child can get a fair upbringing and education. It is also important that women who want to avoid pregnancy are using effective and safe contraceptive measures. Some women don want to discuss these matters out of timidity and hesitation. There once was a little boy who had a bad temper. His father gave him a bag of nails and told him that every time he lost his temper, he must hammer a nail into the fence. The first day the boy had driven 37 nails into the fence. Over the next few weeks as he learned to control his anger, the number of nails hammered daily, gradually dwindled down. He discovered it was easier to hold his temper than to drive those nails into the fence. Finally, the day came when the boy did lose his temper at all. He told his father about it and the father suggested that the boy now pulls out one nail for each day that he was able to hold his temper. The days passed and the young boy was finally able to tell his father that all the nails were gone. The father took his son by the hand and led him to the fence. He said you have done well, my son, but look at the holes in the fence. The fence will never be the same. When you say things in anger, they leave a scar just like this one. Moral: You can put a knife in a man and draw it out. It won matter how many times you say I am sorry, the wound is still there. Make sure you control your temper the next time you are tempted to say something you will regret later. Bhola owns a donkey called Khandya. Bhola is a very tolerant and kind master. The donkey is lazy and is always finding ways to avoid work. Once while returning with loads of salt on his back, Khandya falls in the river. He realizes that the fall has lessened the weights of the sacks as the salt has dissolved in the water. The next few days Khandya purposely falls into the water every day. Bhola is unhappy at the way Khandya is behaving because he is losing money in the process. He decides to teach Khandya a lesson. The next day instead of salt bags he loads Khandya with bags of cotton. Khandya is unaware of t

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Water and gets the bags wet. He is surprised to find the load unbearable. One day all the employees reached the office and they saw a big advice on the door on which it was written: Yesterday the person who has been hindering your growth in this company passed away. We invite you to join the funeral in the room that has been prepared in the gym. In the beginning, they all got sad for the death of one of their colleagues, but after a while, they started getting curious to know who was that man who hindered the growth of his colleagues and the company itself. The excitement in the gym was such that security agents were ordered to control the crowd within the room. The more people reached the coffin, the more the excitement heated up. Everyone thought: Who is this guy who was hindering my progress? Well, at least he died! One by one the thrilled employees got closer to the coffin, and when they looked inside they suddenly became speechless. They stood nearby the coffin, shocked and in silence, as if someone had touched the deepest part of their soul. There was a mirror inside the coffin: everyone who looked inside it could see himself. There was also a sign next to the mirror that said: There is only one person who is capable of setting limits to your growth: it is YOU. You are the only person who can revolutionize your life. You are the only person who can influence your happiness, your realization, and your success. You are the only person who can help yourself. Your life does not change when your boss changes, when your friends change, when your partner changes when your company changes. Your life changes when YOU change, when you go beyond your limiting beliefs when you realize that you are the only one responsible for your life. The most important relationship you can have is the one you have with yourself. Moral: The world is like a mirror: it gives back to anyone the reflection of the thoughts in which one has strongly believed. An economy is an area of the production, distribution and trade, as well as consumption of goods and services by different agents. Understood in its broadest sense, he economy is defined as a social domain that emphasize the practices, discourses, and material expressions associated with the production, use, and management of resources. Economic agents can be individuals, businesses, organizations, or governments. Economic transactions occur when two groups or parties agree to the value or price of the transacted good or service, commonly expressed in a certain currency. However, monetary transactions only account for a small part of the economic domain. Economic activity is spurred by production which uses natural resources, labor and capital. It has changed over time due to technology (automation, accelerator of process, reduction of cost functions), innovation (new products, services, processes, expanding markets, diversification of markets, niche markets, increases revenue functions) such as, that which produces intellectual property and changes in industrial relations (most notably child labor being replaced in some parts of the world with universal access to education). A given economy is the result of a set of processes that involves its culture, values, education, technological evolution, history, social organization, political structure and legal systems, as well as its geography, natural resource endowment, and ecology, as main factors. These factors give context, content, and set the conditions an

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Domain of human practices and transactions. It does not stand alone. A market-based economy is one where goods and services are produced and exchanged according to demand and supply between participants (economic agents) by barter or a medium of exchange with a credit or debit value accepted within the network, such as a unit of currency. Today, the craze of advertisement of manufactured goods is on the increase. The art of advertisement is, in fact, a modern development. It has revolutionised the modern trade. Modern life is highly complex and mechanical. People have no time to go into the soul of things. They want to buy largely advertised goods. The manufacturer, in his turn, wants to popularize his goods before these are manufactured. Such is the craze for advertised goods. We are living in the age of advertisement. No wonder, one sees shining and multi-coloured bill-boards hung on poles displaying goods advertised. The city walls are found lettered with eye-catching advertisements of products that are manufactured today. There is a spate of magazines and journals which spare pages for latest variety of goods manufactured. There are various methods of advertisement. The most popular and useful method is to send advertisements in newspapers and magazines. Television is no less powerful a medium for advertising goods. There is always a great demand for advertisement space of footage and much money flows to the advertising medial. In certain cases the advertisement cost runs into thousands of rupees for a product advertised. Advertisements are sometimes so scientifically and intelligently planned that they change the entire psychology of the consumers. Advertisements thus hold the sway and no manufacturer can do without it. A thing may not have an intrinsic value but it must be well advertised. We live in a glamorous world of advertisement. Advertisements have now developed both as an art as well as a science. The world of advertisement is very large. It is a run between the manufacturer and the consumer without wickets. It is for the consumers to look into the soul of things advertised. They may go in for advertised goods but they should not be taken in by eye-catching but cheap advertisements Once a father and son went to the kite flying festival. The young son became very happy seeing the sky filled with colorful kites. He too asked his father to get him a kite and a thread with a roller so he can fly a kite too. So, the father went to the shop at the park where the festival was being held. He purchased kites and a roll of thread for his son. His son started to fly a kite. Soon, his kite reached high up in the sky. After a while, the son said, Father, It seems that the thread is holding up a kite from flying higher, If we break it, It will be free and will go flying even higher. Can we break it? So, the father cut the thread from a roller. The kite started to go a little higher. That made a son very happy. But then, slowly, the kite started to come down. And, soon it fell down on the terrace of the unknown building. The young son was surprised to see this. He had cut the kite loose of its thread so it can fly higher, but instead, it fell down. He asked his father, Father, I thought that after cutting off the thread, the kite can freely fly higher. But why did it fall down? The Father explained, Son, At the height of life that we live in, we often think that some things we are tied with and they are preventing us from going further h

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From going higher, but it was helping it stay higher when the wind slowed down and when the wind picked up, you helped the kite go up higher in a proper direction through the thread. And when we cut the thread, it fell down without the support you were providing to the kite through the thread. The son realized his mistake. Moral: Sometimes we feel that we can progress quickly and reach to the newer heights in our life if we were not tied up with our family, our home. A Sage was passing through the capital city of the famous king. While he was walking, he noticed a single currency coin on the road. He picked it up. He was satisfied with his simple living and he had no use of that coin. So, he planned to donate it to the one who is in need of it. He strolled around the streets throughout the day but did find anyone such. Finally, he reached the rest area and spent a night there. Next morning, he wakes up in the morning for his daily activities and sees that a king is going for his invasion of another state with his war ready army. When the king saw the sage standing, he ordered his army to be stopped. He came to the Sage and said, Oh Great Sage, I am going to war to win another state so that my state can be expanded. So bless me to be victorious. After thinking, Sage gave a single currency coin to the king! The king was confused and annoyed with this because what use he has for a single coin while he is already one of the richest kings! He curiously asked a sage, What the meaning of this one coin? A Sage explained, Oh Great King! I found this coin yesterday while strolling around the streets of your capital city. But I had no use of it. So, I had decided that I will donate it to someone needy. I strolled around till the evening in your capital, but found no one such. Everyone was living a happy life. It seemed that they were satisfied with what they had. So I found no one to give this coin. But today, the king of this state, still have the desire to gain more and not satisfied with what he already has, I felt you were in need of this coin. The King realized his mistake and gave up the planned war. Moral: We all should learn to be happy with what we have. Yes, we all desire more or better than we already have, but do not waste a chance of enjoying what you already have. Once Emperor Akbar became very angry at his favorite minister Birbal. He asked Birbal to leave the kingdom and go away. Accepting the command of the Emperor, Birbal left the kingdom and started working in a farmer farm in an unknown village far away under a different identity. As months passed, Akbar started to miss Birbal. He was struggling to solve many issues in the empire without Birbal advice. He regretted a decision, asking Birbal to leave the empire in anger. So Akbar sent his soldiers to find Birbal, but they failed to find him. No one knew where Birbal was. Akbar finally found a trick. He sent a message to the head of every village to send a pot full of the wit to the Emperor. If the pot full of wit cannot be sent, fill the pot with diamonds and jewels. This message also reached Birbal, who lived in one of the villages. The people of the village got together. All started talking about what to do now? The wit is not a thing, which can be filled in the pot. How will we arrange for diamonds and jewels to fill the pot and send to the Emperor? Birbal who was sitting among the villagers said, Give me the pot, I will fill the wit in one month end. Everyone trusted Birbal

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Went back to the farm. He had planted watermelons on his farm. He selected a small watermelon and without cutting it from the plant, he put that in the pot. He started looking after it by providing water and fertilizer regularly. Within a few days, the watermelon grew into a pot so much that it was impossible to get it out of the pot. Soon, the watermelon reached to the same size as the pot from inside. Birbal then cut the watermelon from the vine and separated it with the pot Once upon a time, there were two neighbors living next to each other. One of them was a retired teacher and another was an insurance agent who had a lot of interest in technology. Both of them had planted different plants in their garden. The retired teacher was giving a small amount of water to his plants and did always give a full attention to them, while the other neighbor interested in technology, had given a lot of water to his plants and looked after them too well. The retired teacher plants were simple but looked good. The insurance agent plants were much fuller and greener. One day, during the night, there was a heavy rain and a wind due to a minor storm. Next morning, both of the neighbors came out to inspect the damage to their garden. The neighbor who was an insurance agent saw that his plants came off from the roots and were totally destroyed. But, the retired teacher plants were not damaged at all and were standing firm. The insurance agent neighbor was surprised to see it, he went to the retired teacher and asked, We both grew the same plants together, I actually looked after my plants better than you did for yours, and even gave them more water. Still, my plants came off from the roots, while yours did. How is that possible? The retired teacher smiled and said, You gave your plants more attention and water, but because of that they did need to work themselves for it. You made it easy for them. While I gave them just an adequate amount of water and let their roots search for more. And, because of that, their roots went deeper and that made their position stronger. That is why my plants survived. Moral: This story is about parenting where children are like plants. If everything is given to them, they will not understand the hard work it takes to earn those things. They will not learn to work themselves and respect it. Sometimes it best to guide them instead of giving them. Teach them how to walk, but let them follow their path. One day a professor entered the classroom and asked his students to prepare for a surprise test. They waited anxiously at their desks for the test to begin. The professor handed out the question paper with the text facing down as usual. Once he handed them all out, he asked his students to turn the page and begin. To everyone surprise, there were no questions, just a black dot in the center of the page. The professor seeing the expression on everyone face, told them the following, I want you to write what you see there. The confused students got started on the inexplicable task. At the end of the class, the professor took all the answer papers and started reading each one of them aloud in front of all the students. All of them with no exceptions described the black dot, trying to explain its position in the middle of the sheet etc. After all had been read, the classroom was silent. The professor began to explain, I am not going to grade on you this, I just wanted to give you something to think about. No one wrote about the whit

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Enjoy, but we always focus on the dark spots. Our life is a gift given to us by God with love and care. We always have reasons to celebrate, nature renewing itself every day, our friends around us, the job that provides our livelihood, the miracles we see every day. However, we insist on focusing only on the dark spots, the health issues that bother us, the lack of money, the complicated relationship with a family member, the disappointment with a friends etc. The dark spots are very small compared to everything we have in our lives, but they are the ones that pollute our minds. Take your eyes away from the black spots in your life. A man who has gone out of his town comes back and finds that his house is on fire. It was one of the most beautiful houses in the town, and the man loved the house the most! Many were ready to give a double price for the house, but he had never agreed for any price and now it is just burning before his eyes. And thousands of people have gathered, but nothing can be done, the fire has spread so far that even if you try to put it out, nothing will be saved. So he became very sad. His son comes running and whispers something in his ear, Don be worried. I sold it yesterday and at a very good price. The offer was so good; I could not wait for you. Forgive me. The Father said, thank God, it not ours now! Then he became relaxed and stood as a silent watcher, just like 1000s of other watchers. Then the second son comes running, and he says to the father, What are you doing? the house is on fire and you are only watching it burn? The father said, Don you know, your brother has sold it. He said, We have taken only advance amount, not settled fully. I doubt now that the man is going to purchase it now. Tears which had disappeared came back to the father eyes, his heart started to beat fast. And then the third son comes, and he says, That man is a man of his word. I have just come from him. He said, It does matter whether the house is burnt or not, it is mine. And I am going to pay the price that I have settled for. Neither you knew, nor did I know that the house would catch on fire. Then all just stood and watched the house burn without a worry. Moral: This is a very complicated human nature to describe. Even though person here loved his house which he lost, became relaxed knowing it was not his anymore. He never wanted to give it away till it was beautiful but, as soon as it started to lose its beauty, he did mind letting it go for a profit. Sorrow and Happiness followed after each son came with their advice. A crow lived in the forest and was absolutely satisfied in life. But one day he saw a swan. This swan is so white, he thought, and I am so black. This swan must be the happiest bird in the world. He expressed his thoughts to the swan. Actually, the swan replied, I was feeling that I was the happiest bird around until I saw a parrot, which has two colors. I now think the parrot is the happiest bird in creation. The crow then approached the parrot. The parrot explained, I lived a very happy life until I saw a peacock. I have only two colors, but the peacock has multiple colors. The crow then visited a peacock in the zoo and saw that hundreds of people had gathered to see him. After the people had left, the crow approached the peacock. Dear peacock, the crow said, you are so beautiful. Every day thousands of people come to see you. When people see me, they immediately shoo me away. I think you are the happiest bird

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And happy bird on the planet. But because of my beauty, I am entrapped in this zoo. I have examined the zoo very carefully, and I have realized that the crow is the only bird not kept in a cage. So for past few days, I have been thinking that if I were a crow, I could happily roam everywhere. That our problem too. We make unnecessary comparison with others and become sad. We don value what God has given us. This all leads to the vicious cycle of unhappiness. Learn to be happy in what you have instead of looking at what you do have. There will always be someone who will have more or less than you have. Person who is satisfied with what he/she has, is the happiest person in the world. A doctor entered the hospital in hurry after being called in for an urgent surgery. He answered the call as soon as possible, changed his clothes and went directly to the surgery block. He found the boy father pacing in the hall waiting for the doctor. Once upon a time, a daughter complained to her father that her life was miserable and that she did know how she was going to make it. She was tired of fighting and struggling all the time. It seemed just as one problem was solved, another one soon followed. Her father, a chef, took her to the kitchen. He filled three pots with water and placed each on a high fire. Once the three pots began to boil, he placed potatoes in one pot, eggs in the second pot and ground coffee beans in the third pot. He then let them sit and boil, without saying a word to his daughter. The daughter moaned and impatiently waited, wondering what he was doing. After twenty minutes he turned off the burners. He took the potatoes out of the pot and placed them in a bowl. He pulled the eggs out and placed them in a bowl. He then ladled the coffee out and placed it in a cup. Turning to her, he asked. Daughter, what do you see? Potatoes, eggs and coffee, she hastily replied. Look closer, he said, and touch the potatoes. She did and noted that they were soft. He then asked her to take an egg and break it. After pulling off the shell, she observed the hard-boiled egg. Finally, he asked her to sip the coffee. Its rich aroma brought a smile to her face. Father, what does this mean? she asked. He then explained that the potatoes, the eggs and coffee beans had each faced the same adversity-the boiling water. However, each one reacted differently. The potato went in strong, hard and unrelenting, but in boiling water, it became soft and weak. The egg was fragile, with the thin outer shell protecting its liquid interior until it was put in the boiling water. Then the inside of the egg became hard. However, the ground coffee beans were unique. After they were exposed to the boiling water, they changed the water and created something new. Which one are you? he asked his daughter. When adversity knocks on your door, how do you respond? A frail old man went to live with his son, daughter-in-law, and four-year-old grandson. The old man hands trembled, his eyesight was blurred, and his step faltered. The family ate together at the table. But the elderly grandfather shaky hands and failing sight made eating difficult. Peas rolled off his spoon onto the floor. When he grasped the glass, milk spilled on the table cloth. The son and daughter in-law became irritated with the mess. We must do something about father, said the son. I vet had enough of his spilled milk, noisy eating, and food on the floor. So the husband and wife set a small table in the corner. The

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Family enjoyed dinner. Since Grandfather had broken a dish or two, his food was served in a wooden bowl! When the family glanced in Grandfather direction, sometimes he had a tear in his eye as he sat alone. Still, the only words the couple had for him were sharp admonitions when he dropped a fork or spilled food. The four-year-old watched it all in silence. One evening before supper, the father noticed his son playing with wood scraps on the floor. He asked the child sweetly, What are you making? Just as sweetly, the boy responded, Oh, I am making a little bowl for you and Mama to eat your food in when I grow up. The four-year old smiled and went back to work. The words so struck the parents so that they were speechless. Then tears started to stream down their cheeks. Though no word was spoken, both knew what must be done. That evening the husband took Grandfather hand and gently led him back to the family table. For the remainder of his day, he ate every meal with the family. And for some reason, neither husband nor wife seemed to care any longer when a fork was dropped, milk spilled, or the tablecloth soiled. Moral: You reap what you sow. Regardless of your relationship with your parents, you all miss them when they are gone from your life. Always Respect, Care for and Love them. Once upon a time, there lived a herd of eighty thousand elephants at the bottom of the majestic Himalayas. Their leader was a magnificent and rare white elephant who was an extremely kind-hearten soul. He greatly loved his mother who had grown blind and feeble and could not look out for herself. Each day this white elephant would go deep into the forest in search of food. He would look for the best of wild fruit to send to his mother. But alas, his mother never received any. This was because his messengers would always eat them up themselves. Each night, when he returned home he would be surprised to hear that his mother had been starving all day. He was absolutely disgusted with his herd. Then one day, he decided to leave them all behind and disappeared in the middle of the night along with his dear mother. He took her to Mount Candorana to live in a cave beside a beautiful lake that was covered by gorgeous pink lotuses. It so happened that one day, when the white elephant was feeding he heard loud cries. A forester from Banaras had lost his way in the forest and was absolutely terrified. He had come to the area to visit relatives and could not find his way out. On seeing this big white elephant he was even more terrified and ran as fast as he could. The elephant followed him and told him not to be afraid, as all he wanted to do was to help him. He asked the forester why he was crying so bitterly. The forester replied that he was crying because he had been roaming the forest for the past seven days and could not find his way out. The elephant told him not to worry as he knew every inch of this forest and could take him to safety. He then lifted him on to his back and carried him to the edge of the forest from where the forester went on his merry way back to Banaras. On reaching the city, he heard that King Brahmadutta personal elephant had just died and the King was looking for a new elephant. The forester was very excited and immediately went up to the King and told him about the white elephant that he had seen on Mount Candorana. He told him that he had marked the way and would require the help of the elephant trainers in order to catch this fantastic elep

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King was quite pleased with the information and immediately dispatched a number of soldiers and elephant trainers along with the forester. After travelling for many days, the group reached the lake besides which the elephants resided. They slowly moved down to the edge of the lake and hid behind the bushes. The white elephant was collecting lotus shoots for his mother meal and could sense the presence of humans. When he looked up, he spotted the forester and realized that it was he who had led the King men to him. He was very upset at the ingratitude but decided that if he put up a struggle many of the men would be killed. And he was just too kind to hurt anyone. So he decided to go along with them to Banaras and then request the benevolent King to be set free. That night when the white elephant did not return home, his mother was very worried. She had heard all the commotion outside and had guessed that the King men had taken away her son. She was scared that the King would ride him in to battle and her son would definitely be killed. She was also worried that there would be no one to look after her or even feed her, as she could not see. She just lay down and cried bitterly. Meanwhile her son was led in to the beautiful city of Banaras where he was given a grand reception. The whole city was decorated and his own stable was gaily painted and covered with garlands of fragrant flowers. The trainers laid out a feast for their new state elephant that refused to touch a morsel. He did not respond to any kind of stimuli, be it the fragrant flowers or the beautiful and comfortable stable. The King was extremely concerned when he heard what they had to say and went to the stable himself. He offered the elephant food from the royal table and asked him why he grieved in this manner. He thought that the elephant should be proud and honored that he was chosen as the state elephant and would get the opportunity to serve his King. But the white elephant replied that he would not eat a thing until he met his mother. So the King asked him where his mother was. The elephant replied that she was back home on Mount Candorana and must be worried and hungry as she was blind and had no one to feed her and take care of her. He was afraid that she would die. The compassionate King was touched by the elephant story and asked him to return to his blind, old mother and take care of her as he had been doing all along. He set him free in love and kindness. The happy elephant went running home as fast as he could. And he was relieved to find that his mother was still alive. He filled his trunk with water and poured it over his sick mother who thought that it was raining. Then she cried out as she thought that some evil spirit had come to harm her and wished and prayed that her son was there to save her. The white elephant gently bent over his blind mother and stroked her lovingly. She immediately recognized his touch and was overjoyed. Her son lifted her up and told her that the kind and compassionate King of Banaras had set him free and he was here to love and look after his mother forever. His mother was absolutely thrilled and blessed the kind King with peace, prosperity and joy till the end of his days. She was so thankful to him for sending her son back home. The white elephant was able to take good care of his mother till the day she died. And when he died himself, the King erected a statue of him by the side of the lake and held an annual elephant festival

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Noble soul. Moral: Always give affection and care to our dear ones. Always respect other feelings. A voyaging ship was wrecked during a storm at sea and only two of the men on it were able to swim to a small, desert like island. The two survivors who have been good friends, not knowing what else to do, agreed that they had no other recourse but to pray to God. However, to find out whose prayer was more powerful, they agreed to divide the territory between them and stay on opposite sides of the island. The first thing they prayed for was food. The next morning, the first man saw a fruit-bearing tree on his side of the land, and he was able to eat its fruit. The other man parcel of land remained barren. After a week, the first man was lonely and he decided to pray for a wife. The next day, another ship was wrecked, and the only survivor was a woman who swam to his side of the land. On the other side of the island, there was nothing. Soon the first man prayed for a house, clothes, more food. The next day, like magic, all of these were given to him. However, the second man still had nothing. Finally, the first man prayed for a ship, so that he and his wife could leave the island. In the morning, he found a ship docked at his side of the island. The first man boarded the ship with his wife and decided to leave the second man on the island. He considered the other man unworthy to receive God blessings since none of his prayers had been answered. As the ship was about to leave, the first man heard a voice from heaven booming, Why are you leaving your companion on the island? My blessings are mine alone since I was the one who prayed for them, the first man answered. His prayers were all unanswered and so he does not deserve anything. You are mistaken! the voice rebuked him. He had only one prayer, which I answered. If not for that, you would not have received any of my blessings. Tell me, the first man asked the voice, What did he pray for that I should owe him anything? There is a nine-year-old kid sitting at his desk and all of a sudden, there is a puddle between his feet and the front of his pants are wet. He thinks his heart is going to stop because he cannot possibly imagine how this has happened. It never happened before, and he knows that when the boys find out he will never hear the end of it.. When the girls find out, they all never speak to him again as long as he lives. The boy believes his heart is going to stop; he puts his head down and prays this prayer, Dear God, this is an emergency! I need help now! Five minutes from now I am dead meat. He looks up from his prayer and here comes the teacher with a look in her eyes that says he has been discovered. As the teacher is walking toward him, a classmate named Susie is carrying a goldfish bowl that is filled with water. Susie trips in front of the teacher and inexplicably dumps the bowl of water in the boy lap. The boy pretends to be angry, but all the while is saying to himself, Thank you, Lord! Thank you, Lord! Now all of a sudden, instead of being the object of ridicule, the boy is the object of sympathy. The teacher rushes him downstairs and gives him gym shorts to put on while his pants dry out. All the other children are on their hands and knees cleaning up around his desk. The sympathy is wonderful. But as life would have it, the ridicule that should have been his has been transferred to someone else Susie. She tries to help, but they tell her to get out. You vet done enough,

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Bus, the boy walks over to Susie and whispers, You did that on purpose, did you? Susie whispers back, I wet my pants once too. Moral: All of us go through all good and bad things in life. Once, there was this guy, who was in love with a girl. She was the most beautiful and gorgeous but for him, she was everything. He used to dream about her, about spending the rest of life with her. His friends told him, why do you dream so much about her when you don even know if she loves you or not? First, tell her your feelings, and get to know if she likes you or not. He felt that was the right way. The girl knew from the beginning, that this guy loves her. One day when he proposed, she rejected him. His friends thought he would take alcohol, drugs etc and ruin his life. To their surprise, he was not depressed. When they asked him how was it that he is not sad, he replied, why should I feel bad? I lost one who never loved me and she lost the one who really loved and cared for her. Moral: True Love is Hard to Get. Love is all about giving to other person without greed of gaining anything in return, if other person rejects it, its him/her who will be losing the most important thing in life. So never feel dejected. A man stopped at a flower shop to order some flowers to be wired to his mother who lived two hundred miles away. As he got out of his car he noticed a young girl sitting on the curb sobbing. He asked her what was wrong and she replied, I wanted to buy a red rose for my mother. But I only have seventy-five cents, and a rose costs two dollars. The man smiled and said, Come on in with me. I all buy you a rose. He bought the little girl her rose and ordered his own mother flowers. As they were leaving he offered the girl a ride home. She said, Yes, please! You can take me to my mother. She directed him to a cemetery, where she placed the rose on a freshly dug grave. The man returned to the flower shop, canceled the wire order, picked up a bouquet and drove the two hundred miles to his mother house. Keystrokes (with space) A story tells that two friends were walking through the desert. During some point of the journey, they had an argument, and one friend slapped the other one in the face. The one who got slapped was hurt, but without saying anything, wrote in the sand Today my best friend slapped me in the face. They kept on walking until they found an oasis, where they decided to take a bath. The one who had been slapped got stuck in the mire and started drowning, but the friend saved him. After he recovered from the near drowning, he wrote on a stone Today my best friend saved my life. The friend who had slapped and saved his best friend asked him, After I hurt you, you wrote in the sand and now, you write on a stone, why? The other friend replied When someone hurts us we should write it down in the sand where winds of forgiveness can erase it away. But, when someone does something good for us, we must engrave it in stone where no wind can ever erase it. A mother and a baby camel were lying around, and suddenly the baby camel asked, mother, may I ask you some questions? The mother said, Sure! Why son, is there something bothering you? Baby said, Why do camels have humps? The mother said, Well son, we are desert animals, we need the humps to store water and we are known to survive without water. Baby said, Okay, then why are our legs long and our feet rounded? The mother said, Son, obviously they are meant for walking in the desert. You know w

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And future academic opportunities. A basic principle of good governance is that the responsibility for identifying and correcting administrative, procedural, or technological deficiencies should rest with the institution responsible for the process. Once answer scripts have been digitized, access, verification, and corrective action should form part of the quality-assurance mechanism rather than a fee-based service. The fundamental question, therefore, is one of fairness: should students pay to identify and correct systemic deficiencies, or should transparency and verification be built into the evaluation framework as a matter of right? The answer scripts are already digitized, the communication infrastructure is in place, and the verification process can be completed within days. CBSE can still proactively disclose digitized answer scripts to all students, provide a short verification window to confirm their completeness and authenticity, correct genuine digitization deficiencies, and thereafter permit targeted re-evaluation of identified anomalies. Such an approach would reduce dependence on portals, applications, and payment gateways, and eliminate procedural complexities while extending transparency and corrective mechanisms to all affected students rather than a limited subset able to navigate the existing system. More importantly, it would transform students and parents from adversaries in dispute resolution into partners in quality assurance, helping restore confidence in both the OSM process and the evaluation system's credibility. The foremost reform is to make transparency the default rather than the exception. Every digitized answer script should be proactively disclosed to students immediately after evaluation, without requiring applications, fees, or procedural hurdles. Students should then be given a brief verification window to confirm the completeness, readability, and authenticity of their records before any review process begins. Future systems should also incorporate robust pre-deployment testing, stakeholder consultation, evaluator training, independent audits, and clearly defined Standard Operating Procedures. Most importantly, verification should precede dispute resolution, and re-evaluation should be confined to genuine anomalies identified through a transparent review process. Public trust in digital evaluation will depend not merely on technology, but on governance frameworks that place transparency, accountability, and student interests at the centre of the system. The OSM controversy is ultimately not a test of technology but of transparency. The answer scripts are already digitized, the communication infrastructure already exists, and the path to restoring confidence is straightforward. The central lesson is that transparency should precede dispute resolution: students should first be able to access and verify their evaluated answer scripts before being asked to seek correction or re-evaluation. Even now, CBSE can restore confidence through a fee-free, portal-free framework based on proactive disclosure of digitized answer scripts, verification of their completeness and authenticity, and targeted re-evaluation of genuine anomalies. For nearly 1. 7 million students whose admissions and future opportunities depend on these results, the issue is one of fairness and academic justice. The real question is whether transparency will be treated as a right of every student rather than a service available only through

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unexpected source. A social media phenomenon called the Cockroach Janta Party got the Modi government worried enough to block its website. Last week, 21 people died when a fire tore through a five-storey bed-and-breakfast in Hauz Rani, Malviya Nagar, and Delhi. Thirteen were foreign nationals. Reports say the building had no fire NOC, a single entry and By Jug Suraiya Mother died today. Or, maybe, yesterday; I can't be sure. This is the compelling opening of Albert Camus's 1942 novel, The Outsider, and they represent the gauntlet that the writer flung With SpaceX preparing for its IPO, the largest in Wall Street history, the man who owns 42% of it, Elon Musk, already the richest person in the world, is about to become the world's first If the proliferation of long-distance running events across India is any indication, the phenomenon is here to stay. But to regard it merely as a fitness trend is to miss something larger. Running has evolved Tenzing Norgay's friend Rabindranath Mitra had started a rumour about the Sherpa having three lungs. Many believed it. Seventy years later, you could say the same of Dawa 'Hillary' Sherpa, without drawing incredulous looks. How French-Iranian author Marjane Satrapi, who died too young, will forever be celebrated for her iconic autobiographical graphic novel, Persepolis. Not only because it serves as an intimate record of a young girl's life in the three obvious things you can do to save the planet? Stop driving, flying and eating meat. Plenty of studies confirm this. But just because something's obvious, doesn't mean it's doable. Car use hasn't crashed despite cataclysmic By Pratiksha Apurv We live in a time when algorithms express our thoughts, social media unsettles our emotions, notifications and alerts fracture our concentration. Yet we wonder why collective anxiety shadows our daily lives. Sumit Paul The concept of forest bathing is rooted in the idea that immersing oneself in nature can have powerful effects on both the mind and soul. When we disconnect from the hustle and bustle GenZ's ripped the mask off India's horror entrance exam system that students have been forced to obey for years, even as many dreams went bust. Now they have dealt with what threatens their future. Govt, US's latest tariff threat is illogical. India should challenge it, but offer no concessions under pressure. Trump's Iran war has cost Americans about $100bn already twice the estimated real earnings from his reciprocal tariffs. Trump should publicly call Netanyahu to prolong the conflict. He has the cards. Use them. Having the courage to tell a friend he is wrong is hard. It's no different in international diplomacy. Trump's version of vegetarianism that seeks to rule the menu, wants to decide who gets to be powerful, and who gets erased. It seeks to rewrite India's public culture and push meat-eaters to the margins. Everyone's wrestling with someone. So Vinesh Phogat ultimately didn't make it past the Asian Games trials, despite tormentor WFI reluctantly allowing our champion grappler to compete in her newly chosen 53kg category. Remember how a By Yogi Balkrishna We have often celebrated victories in war, yet we seldom reflect deeply on the devastation left behind: poisoned rivers, scorched forests, contaminated oceans, darkened skies, and countless living beings displaced or destroyed. In a small office in South Block, in the summer of 1948, a Cambridge-trained physicist told India's prime minister that the new count

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What is mysticism Mysticism is a never ending endeavor to find out the link between finite and infinite. And when that link is established, Shiv vary comes true, that is, Shiv vary mater. Is positive thinking an inherent characteristic of a person or can it be developed in one psyche. The opinions differ in answering this vital question. Some people believe that it can be inherited from parents, and cannot be developed. Others believe that like other qualities it can be developed with proper practice and guidance. Still some others hold the opinion that it is hereditary to some extent but can be acquired to some degree. There is also a section of people, who believe that all depends on circumstances or luck. in Brahman Bandana, while ascribing so many attributes to Brahman, it has been said that He is Parish. What is Parish Para and apart are two counterparts of each and every existence. Para and apart are two portions two counterparts of the same entity. The seen portion is called apart and the subjective portion is Para. Now, what you see or do with the help of your sensory, motor organs or that external object, in the first phase, is apart and your sensory and motor organs are Para the Para counterpart of that apart. And in the second phase, the next interior phase, those gates or organs are apart and the mind is Para. Then in the next inner phase, your mind is apart and the unit spirit is Para. And in the final phase your atman, your unit spirit, is apart and He is the Supreme Para. He is the Lord of all Paras. Hence, he is called Parish. Best Existence So, when one withdraws one propensity from the objective world towards subjectivity, one attains that Parish. One becomes one with that Parish, and therein lays the secret of sadhana. So, the Supreme Entity is Parish and is also the Prabhu. Pra means Prakrsta, which is the best and bhu means being. Prabhu, therefore, means he best existence. It is said that He is Sarvendriyagamay He cannot be achieved by any Indira. What are indris there are five motor indris, five sensory indris and the 11th one is the mind. Mind is also an Indira; that is why the Vedas too say, that is, where all the expressions of indris, where all the inferences fail and where mind too fails, that is Supreme Subjectivity. When that mind along with indris is withdrawn and placed into Him, then it is pram sthiti, supreme stance. In that stance, there is no fear. Sarvendriyagamay Satya it is the Supreme Truth, that is, where it is fully established, it is called atya. And what is at Sat means hat which undergoes no metamorphosis. So, in this universe of ours, that Parish, that entity, is the only satya. He cannot be your mental object. While meditating on the Supreme, you cannot accept Him as your object, because everything is His object.

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He is the Supreme Subject. So, what is necessary and herein lies the charm is that while doing japa and dhyana, you should think that He is seeing you, you are His object. With the GST Council believed to initiate measures to tax online gaming at the same rate as gambling, here a lenticel that breaks down the concrete differences between the two, explaining why they should not be clubbed together As an industry that has forayed into the big leagues in the recent decade, online gaming is now experiencing multiple issues. We need to adopt a scientific approach to find an answer to the above question. No one can get success every time even after making efforts, nor can one fail constantly. Moreover, success has different meaning for different people. For some students, getting 60 per cent marks is success, for others it may not be sufficient. In a competitive examination, success means getting selected, whatever the percentage of marks. As for inheritance theory, since positive attitude is not a physical feature but a mental faculty, it cannot be purely hereditary. It can be developed. Moreover, parents play a major role in developing this quality of a child. A child, who watches his parents working hard, having faith in success through their words, Behavior and body language, is likely to develop a similar attitude. On one side, the Central government has moved to cater to the concerns of key industry players and the users by appointing an Inter Ministerial Task Force to draw progressive regulatory frameworks for seamless functioning and robust growth of the industry. On the other side, it is speculated that the GoM has recommended levying 28 GST on the whole contest entry amount for the online gaming platforms and has treated it at par with casinos and lotteries, which is betting and gambling. This may prove counterproductive for the industry which is otherwise plagued by detriments stemming from misconceptions around the definition and functionality of online gaming. The Go seems to have completely overlooked the legal status and or judicial recognition given to online skill gaming by bringing it at par or clubbing it with betting and gambling. The online skill gaming industry thus deserves a pragmatic, globally prevalent progressive tax regime that recognises the industry functionality in its own light. Mentioned below are factors that depict a concrete and meticulous difference between online skills gaming and gambling casino games, and why the two cannot be clubbed together under a common umbrella. Legal Status Several landmark Supreme Court judgments have stressed upon the legal validity of online games of skill. Following these judgments, the High Court has also corroborated the legal status of online games of skill. Online skill gaming companies in this light are compliant with the rules presently in place. Lotteries and casinos, as well as games that involve betting and wagering these legally come under the ambit of gambling, betting or wagering. Online games of skill have even been granted protection under Article.

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Therefore, these online games of skill need to be treated differently than online games of chance like lotteries and casinos. As afore since online games of skill have been held to be legitimate by the Supreme Court of India and afforded protection under Article of the Constitution of India, this affirms the legitimacy of their business. Gambling operations like lotteries, casinos, etc. are considered res extra commercial which means that they do not have the right to trade and profession guaranteed under the Constitution like online skill games. The children of short tempered, over cautious and nervous parents may assume similar characteristics when they grow up. Psychologists, therefore, prescribe a code of conduct for parent behavior in front of their children. They must exude confidence, self belief and hope, especially in difficult situation, so that the children emulate these qualities. They must be taught the importance of being positive before, during and after the performance of a task. There is no better education for a child than watching his parents come out of a tough situation by means of earnest endeavors. Such success not only gives more joy but also increases self confidence. Stretching s specific tendon or muscle can improve the elasticity of muscles, which in turn helps in achieving a comfortable muscle tone. There are several benefits of regular stretching, and it should be an integral part of every workout program. It not only helps increase your flexibility online games of skill have a transparent and well defined execution format. The players pay a participation fee to enter the contest. This participation fee has two components. First component is platform fee which is retained by the platform operator. The second component is the prize pool money that gets collected in a trust account held by the platform operator, which eventually gets distributed to the winners after the contest, is complete. Online games of chance on the other hand, have varying systems in place, depending on the game. Lottery encompasses a distribution scheme wherein the participants pool in money in the form of tickets, and this is attributed to winners based solely on chance elements. Casino games harvest revenue from all amounts wagered in the casino, after paying the winners their victory spoils. Casinos have to pay tax on initial deposit, whereas the proposed levy of 28 GST on online gaming would mean that the gaming platforms shall have to pay tax on the entire consideration every time a user enters the contest. Such taxation on online gaming, which in fact is a mass entertainment medium that spans over 40 core users across different demographics, likely to put the entire industry on a back foot compared to casinos which is accessible only to few high net worth individuals and available only in a few Indian states. Transaction Means For skill based online games, transactions happen via the digital operating platforms itself. With technology, all platforms are moving to strengthen their transactional portals and increase security, in order to curb.

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Any frauds or scam since the means for the transactions is online; there are records to back up all relevant data and information on every transaction. Physical formats lack this, especially in lottery or casino games. Which is an important part of fitness, but it can also improve your posture, body aches, reduce stress, and much more. One of the benefits of regular stretching is that it enhances flexibility. Being flexible has its own advantages, as it not only improves your day to day activities, but can also help delay the reduced mobility that comes with aging. Stretching a regular basis can help increase your range of motion. You can either go for static or dynamic stretching as they both are effective when it comes to the increasing range of motion. According to the studies, proprioceptive neuromuscular facilitation or PNF type of stretching is more effective for immediate results. Regular stretching can not only help heal an existing back injury but can also prevent future back pain by reducing your risk for muscle strain and strengthening your back muscles. All the people who regularly go to the gym know how helpful stretching can be. Performing dynamic stretches prior to exercise in the gym can help prepare your muscles. Not the only gym, but it can also help you improve nature of all transactions for online skill based games, all records can be tracked. This makes the value of supply in such a business easily determinable. For other formats in this regard, especially physical in terms of lotteries and casinos, it is nearly impossible to track every transaction or record that takes place. This amp up the difficulty in registering the value of supply. If the misconceived and unsequestered notions of different state governments on online gaming are used as the basis for policy establishment for this sector, the outcome that follows would be detrimental and perhaps lethal to the growth of this sunrise sector. Illustratively, higher taxation may discourage FDI introducing newer barriers to entry and the overall development of this sector would come to a screeching halt, which would contradict Government vision on India becoming a global gaming hub given the potential it has to generate employment and revenue. Thus, it is necessary for the authorities to acknowledge these differences when drawing up any kind of measures relating to this sector, from taxation policies to regulatory ones co founder and self proclaimed fact checker Mohammed Zubair has been arrested by the Delhi police. Zubair has been charged with hurting religious sentiments and promoting enmity in a tweet that drew the ire of a Hanuman bhakt. Zubair arrest has greatly exercised the anti Mode space. Opposition parties and several known Mode critics have slammed the arrest as the result of a vengeful Islamophobia that purportedly pre disposes the BJP and its supporters to gun for Muslims. Even the British paper The Guardian headline reads Delhi Police arrest Muslim Journalist Mohammed Zubair. Like Mode critics the Guardian obviously believes that Zubair.

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Identity is relevant to the story. Perhaps taking a cue Zubair legal team too invoked his Muslim identity saying had he not been one he would also not have been arrested just like others who have issued far more insightful and hurtful statements. In the end the court may grant Zubair bail and may also rap the police on the knuckles for their impaired judgment, but a court delivered vindication is unlikely to change one zealously guarded as it has been basic fact: That Zubair has not served the cause of free speech but actually imperiled it. For a while now Zubair has shaped his fact checking into a dog whistle. Very often this impish raconteur has called for actions against those who he has claimed have deliberately hurt sentiments, especially of Muslims. In the Nippur Sharma case for example Zubair pointedly mentioned that she hand been punished by the BJP for merely hurting minority sentiments but was suspended for something far graver tarnishing the image of the Prophet himself. Zubair was obviously fully aware of the implications of casting Nippur Sharma as a blaspheme. Islamists were soon threatening to behead her on TV and in a grisly video after actually carrying out the act on a tailor who supported Nippur. Before tweeting Zubair could have paused to think that Sharma remarks on the Prophet have been a subject of debate even among Islamic scholars, with varying interpretations of what been stated in the Hadith. Zubair ended up playing to the Muslim gallery and its self proclaimed right to feel offended in the face of any imagined provocation. If Zubair was a free speech crusader he would have been mindful of the chilling implications of his dog whistling. It was only after several ardent believers threatened to behead Nippur that he tweeted to condemn them. Today, after giving voice to the furies of religious obscurantism Zubair is hoist on his own petard. A Hindu devotee has pressed charges against him for his allegedly blasphemous tweet mocking lord Hanuman. It could well be that the Hanuman Bhakt is over reacting but under the law he has recourse and thanks to the likes of Zubair he now also has the right to feel equally offended as his Muslim brothers and sisters. The trouble with a society where everyone invokes the right to feel offended at the slightest provocation to quash inquiry or debate is that it stops being a democracy. It was only when humanity realized the importance of the right to offend that we stumbled out of the dark ages. In Western liberal democracies the right to offend is zealously guarded as it has been reformative. Here, in India in sharp contrast the right to feel offended, sometimes on trivialities, has been quite literally impressed upon the Constitution through the first amendment. The time to unfetter free speech from the draconian provisions of loosely worded, open to misuse laws is here. The cases against Nippur and Zubair only underline the urgency.

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Anyone does Baby said, Okay, then why are our eyelashes long? Sometimes it bothers my sight. Mother with pride said, My son, those long thick eyelashes are your protective cover. They help to protect your eyes from the desert sand and wind. Baby after thinking said, I see. So the hump is to store water when we are in the desert, the legs are for walking through the desert and these eyelashes protect my eyes from the desert than what in god name are we doing here in the Zoo!? A story is told about a soldier who was finally coming home after having fought in Vietnam. He called his parents from San Francisco. Mom and Dad, I am coming home, but I have a favor to ask. I have a friend I had like to bring home with me. Sure, they replied, we had love to meet him. There something you should know, the son continued, he was hurt pretty badly in the fighting. He stepped on a land mind and lost an arm and a leg. He has nowhere else to go, and I want him to come live with us. I am sorry to hear that, son. Maybe we can help him find somewhere to live. No, Mom and Dad, I want him to live with us. Son, said the father, you don know what you are asking. Someone with such a handicap would be a terrible burden on us. We have our own lives to live, and we can let something like this interfere with our lives. I think you should just come home and forget about this guy. He all find a way to live on his own. At that point, the son hung up the phone. The parents heard nothing more from him. A few days later, however, they received a call from the San Francisco police. Their son had died after falling from a building, they were told. The police believed it was suicide. The grief-stricken parents flew to San Francisco and were taken to the city morgue to identify the body of their son. They recognized him, but to their horror, they also discovered something they did know, their son had only one arm and one leg. Moral: The parents in this story are like many of us. We find it easy to love those who are good-looking or fun to have around, but we don like people who inconvenience us or make us feel uncomfortable. We would rather stay away from people who are as healthy, beautiful, or smart as we are. Thankfully, there someone who won treat us that way. Someone who loves us with an unconditional love that welcomes us into the forever family, regardless of how messed up we are. Science and religion seem to be antagonistic to each other. But intrinsically, then- purpose is the same that is, to make life happy and worth living. Both claim to be based on truth, though their methods are different. There are many similarities and dissimilarities between science and religion. The basis of science in earliest stages at least, is believed to have been observation and experience, and it is quite understandable that man must have been observing the natural phenomena and having some experiences of varied type. Yet religion is believed to be much older than science. It is because religion is primarily based on belief and faith which later took the shape of magic. But science in its tangible form came to be recognized much later. It is now almost established that man has evolved from other species after the passage of numerous millenniums. As he appeared on the earth in the present human form, he was awed to watch the lightning in the sky followed by a loud thunder. As he moved on the earth, he came across or experienced floods and forest fire which made him realize the presence

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languages and dialects exists almost; all over the world in all religions, among all races and countries, means that either all mankind was thinking alike at one or the other time or the people in different regions or areas of the world were having some communication system even unconsciously, may be in the form of conveying of some fact, information, secret or piece of knowledge from person to person through the mouth, as the writing process, as we know now, came much later, indeed, recently only In June 1965, I was a seventh standard student of King George School, Belgaum (now Military School, Belagavi). Straight from a village in Haryana, with little knowledge of English, here I was just about 13 years old among children from all walks of life. Initially, I was lost and cried often, feeling out of place. But, soon, I was on my feet and rubbing shoulders with children from privileged backgrounds. All this, thanks to our visionary Principal, R.S. Mani. Seeing my shyness and poor English, he called me to his office. Handing me a copy of Reader Digest with an essay on Gandhiji, he said, Ripu, next week you will narrate that essay in the Assembly. Nothing is impossible, he added. I took it as a challenge and decided to memorise the whole essay. Shivering, I stood in front of the assembly, and rattled out the essay like a parrot. Loud clapping ensued. Here began the story of how a teacher can mould and build a student. Principal Mani asked me to read newspapers daily and make note of important events. I took a dictionary and sat with an English daily. In one hour, I could finish no more than half a page, but I did not lose heart. The output kept increasing every day. My vocabulary kept on expanding, so did the general awareness. Mr. Mani put me in the declamation team. By the time I was in the 10th standard, I was the best debater of the school. I still remember how we defeated a Pune school in an inter-school debate which was presided over by none other than Nani Palkhiwala. Why do you start writing when you can speak so well, Mr. Mani asked. And there I was in the school magazine editorial team. He reposed faith in me as a moral guide, and put me in charge of the small children in Pratap House. It enriched me spiritually as I had to lead young minds on the righteous path. In fact all great ideals and philosophies are the outcome of great men contemplation. But these philosophies and ideals would easily have been forgotten, had they not been applied to real life. Who could remember Marx if Lenin had not motivated people to follow communism? Rousseau name would certainly have been rubbed out of our memory, had France not accepted socialist democracy. Lives of various great men and even religious leaders endorse the view that action is not only natural instinct; it also the essence of life. Karl Marx was a German philosopher during the 19th century. He worked primarily in the realm of political philosophy and was a famous advocate for communism. He cowrote The Communist Manifesto and was the author of Das Kapital, which together formed the basis of Marxism. Marx political and philosophical thought had enormous influence on subsequent intellectual, economic, and political history. His name has been used as an adjective, a noun, and a school of social theory. Marx believed that humanity core conflict rages between the ruling class, or bourgeoisie, that controls the means of production such as factories, farms and mines, and the working class,

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Following the gruesome murder of Kanhaiya Lal in Udaipur which was plainly an act of terrorism the course of investigation suggests that governments think this was not an isolated local incident. GoI yesterday directed the National Investigation Agency to take over the probe, with the search for international links being a key dimension. Rajasthan CM Ashok Gehlot echoed the view. He said the murder was meant to spread terror and the information available indicated the two perpetrators have contacts overseas. It bears mention that the two terrorists, Mohmmad Riyaz Akhtari and Gaus Mohammad, who have freely admitted to murdering Lal, apparently belong to groups that believe that the punishment for blasphemy must be death. Indeed, the most chilling aspect of what Riyaz and Gaus did was the videography, reminiscent of ISIS style brutality. Clearly, what happened in Udaipur requires a multi level and multi agency response. A thorough investigation by NIA into Lal murder, with the state government cooperating, and quick, definitive results are the best first responses to the act of terrorism. Interminable delays do great harm to the cause of fighting terror, especially when social situations are volatile. The other crucial job for investigators is to figure out whether Riyaz and Gaus are part of a deadly pattern that will emerge over time. If that the case, it imperative that agencies are proactive in their response. There also the question of the quality of local policing. The victim, Lal, had communicated a threat to his life in a formal complaint. For sure, the state has suspended an assistant sub inspector in Udaipur for negligence. But this horrifying incident shows the cost of states reluctance to implement even most basic police reforms. In state after state, and in incident after incident, local police forces have been found wanting even when clear indications of threats have been available. And finally, all political parties must keep an eye on groups and individuals who can say or do things that aggravate an already volatile situation. The MVA government had rushed to the Supreme Court yesterday after Maharashtra governor BS Koshyari directed it to prove its majority. SC has followed precedent and upheld the sanctity of the floor test, offering no room for any further delays, forcing Uddhav Thackeray to quit as chief minister. The long window it earlier granted until July 12 to 16 Shiv Sena rebels to reply to disqualification notices was unnecessary. It had raised worries of the floor test getting delayed. Trust motions have served well over the years in gleaning actual legislative strengths amid the fog of claims and counterclaims. Shiv Sena internal drama has dragged on for ten days now. No public interest could have been served by prolonging the confusion. Only more unrest and chaos would have ensued with delays. The pending disqualification notices against 16 MLAs did stall the trust vote as was feared. In 2020, SC had ruled that the pendency of disqualification proceedings against Jyotiraditya Scandia MLAs who had resigned their MP assembly.

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Membership cannot delay the floor test. Meanwhile, Constitution Tenth Schedule Para 4 allows a breakaway faction comprising two thirds of a political party to stay in the original party or merge with another political party or a new party without facing disqualification. If it is proven that Kenneth Shined has at least 37 Shiv Sena MLAs with him, the Uddhav faction faces a tough road ahead. Uddhav hopes had rested on mollifying some rebels after their return to Mumbai. But despite his placatory stances, there was no sign of detente, which has now culminated in his resignation. It remains to be seen how Shiv Sena politics plays out in the days ahead: After proving his mettle, will Shined go back to playing second fiddle to Thackeray The MVA experiment is most likely over. Alternatively, can Shiv Sena and BJP rebuild their old partnership There are no easy answers to these questions. With the BMC, Thane and Kalian Dombivli civic polls coming up, Maharashtra politics will be in great ferment for the foreseeable future. In today digitally interconnected world, semiconductors are our constant companions. Semiconductors store our smiles memory chips help us connect to our loved ones communication chips wake us up in the morning logic chips and even aid in monitoring our vitals sensor chips when we are asleep. They are also the guiding force behind the navigation system while we drive and enable us to parallel park effortlessly. It began with laughter. Adding an at the beginning of the word, turned it into distinctly unfunny laughter. So, I started making a list of these single letter metamorphoses saving it for a rainy day when all other column subjects had been washed away. Or, better still, when I could use it in a prevailing context. This week provided both. In a wet monsoon week, a political storm broke out in Maharashtra. The gale force winds blew Kenneth Shined and his do nath Sainiks all the way across the subcontinent to Guwahati, and could also blow the roof off our MVA sarkar. Voila! My single letter spellimorphoses fitted perfectly into this maelstrom. Starting with its trigger, replace b with v. The rebels revel in the five star luxury laid on for them. This drama has been encored right from the Khajuriya Hajuriya tussle in 1995 when BJP MP Shankersinh Vaghela flew 45 rebels from Gujarat to Khajuraho to topple his rival Keshubhai Patel. Operation Lotus has been a more masterful successor. Lavish meals are laid out for those branded betrayers by the loyalists. Changed to hence, dinners for sinners. While Kenneth Shined and his merry men read themselves to the 24×7 attention of BJP and media, they pose an existential heat to governance as well. We may find the ongoing tomato a treat to watch, but our Maharashtra, already in the grip of rising Covid and inflation, is under the threat of total policy implementation paralysis. Fix an before care and it becomes the current scare scenario. The care taken by.

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Uddhav & Son to make Mumbai easier on the eye is there for all to see. But that just the view of the Woke, now being mocked by the awakened real tigers. Pleasing Sob and saying Boo to the state is the alleged error justifying their unleashed error. Switch m with p and you find partisan governors granting immunity with impunity to rebels. My spellimorphosis can keep clowning around this sordid three ring circus. Who will continue to underline the Thackeray patrimony, and who else will undermine it How many will stay; how many stray No help will create hell turning the Uddhav eulogy into an elegy. The BBA (Bachelor of Business Administration) programme has evolved dramatically during the last few decades. With the changing corporate landscape, there is a tremendous demand for motivated business people with the specialised expertise and knowledge needed to deal with a variety of difficulties. The three year degree programme provides students with the necessary information, skills, and competence, as well as the capacity to lead and manage multiple business activities and enter the world of entrepreneurship. A foundation in business administration aids in sharpening skills for profitable work prospects after completing the degree. A BBA is a professional degree that teaches all of these skills. A competent entrepreneur should be able to turn ideas into marketable products and services. The three year programme offers a wide range of courses to assist students develop vital business skills, including leadership, communication, critical thinking, and decision making, which they can apply in the future for a successful career as an entrepreneur. Candidates will be able to comprehend a company setup, methods, and progress after completing the course. Many candidates prefer to work in an organisation before starting their own business. With the required internships each semester, the BBA course plays an important role in allowing them to comprehend the procedures and find loopholes. Candidates who complete these internship programmes will be able to think outside the box. Prepare them to endure adversity and to be extremely social in order to form strong bonds and teams while launching new and independent businesses. These internships provide students with a realistic view of organisational processes and assist them in determining which sector of the economy they want to work in. Apart from entrepreneurship, BBA graduates can pursue the following high paying career options: Data Scientist: Many people believe that data scientists can only be tech graduates. This is no longer true, as a BBA degree can also be used to become a data scientist. Data scientists use both structured and unstructured data to gain insights. They use these insights to make more educated decisions, build plans, and assist their clients in achieving their goals. It is one of the greatest degrees to pursue after completing a BBA. A data scientist can be trained by attending a course in the field. Following a BBA, one can pursue a PG certification in Data Science and work as a professional in this industry.

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Do, why we buy what we buy, believe what we believe, and belong where we belong. Her work looks for patterns hiding in plain sight: in shopping habits and social media trends, in how festivals are celebrated and celebrities are followed, and in what goes viral and what quietly disappears. She is particularly interested in what consumer behaviour reveals about the deeper currents in Indian society, the anxieties, aspirations, and cultural codes that shape everyday choices, often without people noticing. Her perspective is informed by over 23 years of brand strategy and marketing experience across India and the Middle East, grounding her observations in how businesses and markets actually work. Her writing, however, is aimed at anyone curious about the world around them, not just the boardroom. She writes under the platform Athina Decode. I recently met a remarkable, ambitious, 28-year-old through a consulting project. During the course of us working together, the conversation turned to AI, the 2026 equivalent of talking about the weather. I asked her about her AI use, habits, views and I found her answer very telling. She told me with a straightforward expression and no hint of irony, that her chosen AI has become, over the course of a year, her closest confidant. She tells her chatbot things she would never tell her parents, her friends or perhaps even herself. The chatbot listens. It does not interrupt. It does not tell her she is overreacting. It does not compare her situation to a cousin's, offer unsolicited advice, loudly exclaim about what the neighbours will think, or turn her vulnerability into a future argument. To her, it simply responds with patience, curiosity and apparent understanding. She's exceptionally aware that she's talking to a machine, and the reason she reaches for it, she says, is not exactly loneliness. It is a relief. She said finally I feel like no one is judging me and that's all I really want. That conversation with her got me thinking this relief is particularly intoxicating within India's unique social contract. 57% of young Indians use AI for emotional support and a staggering 88% of school students use it compared to a global average of 20%. And 42% of those surveyed said they are less likely to talk to friends or family since they use AI for their emotional needs. Part of this is structural. Nuclear families, migration for better professional prospects, our endless hamster-on-a-wheel schedules and the overwhelming pace of urban living mean that many of the informal emotional safety nets that once existed simply aren't there anymore. So, while we romanticize the good old days, it's worth peeking behind the curtain of what India's social and emotional infrastructure has demanded of us. The Indian social contract has always contained a strange bargain. You will never be abandoned, but you will never be alone. For centuries, belonging in India came wrapped in networks of family, community, neighbourhood and obligation. The village, literal or metaphorical, was never simply a place. It was an operating system. It provided support, protection, identity and continuity. It ensured that someone would show up when there was a wedding to organise, a business to build, a child to raise or a funeral to attend. The same system that protected you also mistook surveillance for care. It monitored your choices, evaluated your decisions and ranked your successes and failures. It knew who you married, how much you earned,

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social control? In turn, we are trained from childhood to curate our thoughts, censor our desires, and which parts of ourselves are safe to show and which parts are better kept hidden. We often speak about loneliness as if it is the absence of people. Many Indians know a different kind of loneliness. The loneliness of being surrounded where visibility is abundant but understanding is scarce. MIT sociologist Sherry Turkle has spent decades studying what technology does to human attachment. Her central argument is that social media came for our attention, but artificial intelligence is coming for something far more intimate: our capacity for attachment itself. She calls it artificial intimacy, the illusion of companionship without the demands of friendship, and the feeling of closeness without the hard work of actual relationship. The seduction, of course, is that it feels caring. For many young Indians, it is the anti-village. All the comfort of being heard. None of the weight of being ranked. The AI requires nothing back. It does not gossip. It does not hold your past against you. It will not carry the conversation to judgy relatives. It is, by design, frictionless. And for anyone whose experience of belonging has involved judgment, comparison or scrutiny, frictionless is an extraordinarily seductive offer. But real human relationships are messy. They are fragile, sometimes frustrating, and they require us to compromise, risk being hurt, and show up for someone else even when we don't feel like it. When we swap that complex human reality for a perfectly programmed echo chamber, we aren't actually curing our loneliness. We are soothing it. And what remains is not connection itself but a very convincing impression of it. The irony is that AI may be thriving in India not despite our culture, but because of some of its deepest instincts. For generations, family came with opinions. The community came with expectations. Care came bundled with commentary. We complained about it constantly, but we accepted the bargain because the alternative was isolation. Now, for the first time, technology is offering a third option: belonging without judgment. We built a social contract so demanding of performance and so short on unconditional acceptance that an entire generation went looking for its opposite and found it in a machine. The 28-year-old I know was not asking for much. Just to be heard without being assessed. That is not a radical request. It is the most human one there is. The sadness is not that she found it in a chatbot. It is that for so many Indians, a chatbot was the first place they thought to look. Why staying away from anti-corruption campaigns is not good for Muslims A senior assistant editor with the Times of India, Mohammed Wajihuddin writes about Muslims, their issues, hopes and aspirations. Committed to upholding inclusiveness, communal amity and freedom to dissent and debate, he endeavours to promote peaceful existence. A passionate reader of Islam, he endeavours to save the faith from the clutches of the jihadists. An ardent lover of Urdu poetry, he believes words are the best weapons to fight jingoism. Heeding appeals from clerics, community leaders and imams, Muslim youths largely stayed away from the maiden protest of the nascent Cockroach Janta Party (CJP) on June 6 at Jantar Mantar in New Delhi. Staying away from this highly-publicised and widely covered meeting of an outfit created in the backdrop of paper leaks of NEET an

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By making Eknath Shinde Maharashtra new chief minister BJP has in effect transformed the Shiv Sena rebellion into a successful coup. Political implications of this tactical move by BJP are many, and we will come to some of them later. Let first recognise that the fall of the Uddhav Thackeray government is the seventh time since 2014 that a democratically elected government has collapsed after losing its assembly majority through defections or rebellions. In all cases but one, BJP formed the new government, thus turning poll defeats into victories outside the ballot box. By making Eknath Shinde Maharashtra CM BJP demonstrated its tactical nous. It also corrected the 2019 tactical error when BJP lost Shiv Sena as a partner by playing the role of big brother too hard. Devendra Fadnavis playing deputy to Shinde, a Maratha hailing from politically crucial Satara and base in Thane, means Sena bigger faction re enters NDA with respectful accommodation. For Sena rank and file, with a Maratha Sainik as CM, the charge of betrayal made by Thackeray father and son will lose some sting. Moreover, CM Shinde stands a better chance to woo Uddhav camp followers than deputy CM Shinde. Unlike Uddhav who never forgave BJP for reducing Sena to its junior partner, Shinde may be easier for BJP to work with. Shinde is the CM but BJP will likely keep many key portfolios. He also helps BJP 2024 cause. With 48 Lok Sabha seats, Maharashtra is second only to UP in importance. In his resignation speech, Uddhav had thanked Sharad Pawar and Sonia Gandhi, suggesting that he was comfortable in MVA. If Uddhav Sena, NCP and Congress fight 2024 together, it makes sense for BJP to have a dominant and happy Sena faction as its ally. The Thackeray clan comeback depends on winning the cadre. Sena workers are unique in that they wield much more influence than foot soldiers of other parties. There of course the possibility that in the coming days both Sena factions will engage in some muscular politics. Bruising showdowns, to which Mumbai is no stranger, may follow. But it important to note that Shinde MLAs come from geographically more diverse areas, while Uddhav has largely retained Mumbai legislators. By all indications Shinde is going for the jugular. A race to corner the Sena party name, symbol, offices, elected representatives and workers has started. The next battlegrounds will be BMC, Thane and other urban civic polls. BMC in theory should be an easier poll for Uddhav since Shinde influence is not in Mumbai. But the ex CM will face a determined BJP and no one knows how the internecine Sena battle will affect loyalties and morale of Mumbai Sainiks. The more politics moves out of Mumbai the less will be Uddhav influence. The fact that most non urban Sena MLAs switched to Shinde says something about the dangers facing Thackerays. They face outcomes worse than losing office. There no denying that plastics are a menace. But whether the nationwide single.

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Supply chain analytics: A supply chain analyst is one of the most popular courses for people with a business administration background. Supply chain management is becoming increasingly important in the overall administration of a company. A professional who understands the supply chain and knows how to evaluate and exploit data for peak performance is required for a company to be at the top of its industry. As a result, a job as a supply chain analyst is a fantastic option, and one that is in high demand. After completing the course, students can work as sourcing analysts, materials analysts, production analysts, inventory analysts, demand planning analysts, and supply chain modelling analysts in a variety of industries, including automotive, retail, e commerce, and consumer packaged goods. Blockchain expert: BBA is no longer confined to sales managers, business consultants, and HR managers; it now encompasses a broader range of professions. By enrolling in a Blockchain course as a BBA graduate, one can become a Blockchain professional. As a blockchain expert, you ll need to create blockchain based solutions, prototypes, and proofs of concept. To do so, employ a distributed ledger to create smart contracts and distributed apps. Blockchain specialists are needed by companies in a variety of areas, including banking, software, and healthcare. One can work as a Blockchain Application Architect, Business Analyst, Blockchain Manager, or Blockchain Consultant after completing the programme. Digital Marketer: In today world, this is one of the most popular post BBA courses. The digital marketing industry is currently valued at $68 billion. And, among other things, it is rapidly growing, making this one of the greatest courses after BBA. During the course, SEO (Search Engine Optimization), SEM (Search Engine Marketing), Content Marketing, Analytics, and other important skills are covered. Following completion of the course, students can pursue a profitable job as a Digital Marketing Manager, Social Media Manager, or SEO Specialist. With business dynamics changing on a daily basis, BBA as a degree has evolved beyond the traditional managerial positions. BBA as a course prepares students with the necessary skillsets to deal with everyday changes and new complexities in order to meet the demands of changing business dynamics. Not only that, but the BBA programme prepares aspiring professionals with new ideas for launching their own business. The first week of June 2022 witnessed the gang rape of a teenage girl in Hyderabad. So far, six young men have been named as accused, five of whom are reportedly minor. This, once again, points to the fact that women and girls continue to feel unsafe especially in public spaces. According to the National Health Family Survey (NHFS) 5 report, nearly one third of women in India experience physical or sexual violence. Ironically, around the same time, a misogynistic ad of a deodorant brand cleared several approvals and went live on traditional and social media channels. While both incidents are unrelated, we than do this cannot ignore the critical role that mass media plays in influencing behaviour and forming perceptions.

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Use plastic ban beginning from today will be an effective counteraction is in doubt. Tonnes of plastic waste are dumped at landfills or out into the open oceans where they disintegrate into tiny microplastics that find their way into marine life or terrestrial animals. From there they eventually enter the human food chain. The Central Pollution Control Board had estimated that India generates around 9,200 metric tonnes of plastic waste daily. This is most likely a gross underestimation. GoI notified the Plastic Waste Management (Amendment) Rules, 2021 in August last year, prohibiting 20 single use plastic items by 2022. Nineteen of those will be banned from today, including ubiquitous plastic cutleries. Plastic carry bags with a thickness less than 120 microns will be banned from end of December. True, experts have pointed out that the scope of the ban is too small. But even the current effort is unlikely to succeed in a meaningful way. The problem is that alternatives to everyday plastic items are far more expensive. For example, paper straws cost five times as much as plastic straws. With such economics, the single use plastic ban is likely to hurt small vendors and manufacturers disproportionately. And given current inflation levels, there are far greater incentives to breach the ban. Remote possibilities of paying steep fines and jail time won blunt that incentive. A better approach would be to work with the plastic industry to foster innovation and boost production of compostable plastics. In fact, GoI should support the creation of an entire waste management system around compostable plastics from labelling to setting up industrial composting units. These are tougher jobs than issuing ban orders. But they have a much better shot at reducing the damage plastics do. Implementation of GST exactly five years ago was considered as the largest post Independence tax reform. It became a reality after preparation of more than a decade. How did this most difficult reform come about Political commitment to GST: The first and foremost was the political will of GoI under the leadership of PM Modi. The second most important factor was the persuasive ability of former finance minister Arun Jaitley, who was accepted across all political parties. Therefore, it was easy for the GST Council to take important decisions relating to the framework of GST in 18 meetings which were held prior to implementation of GST on July 1, 2017. The great Indian diaspora is famous the world over precisely because it is all over the planet. However, what is not so famous or, more aptly, infamous is that other enforced diaspora of the country ancient heritage in the form of cultural and religious sculptures and other priceless artefacts that were appropriated by fair means or foul, mainly foul and taken away to far flung lands. India was called the Jewel in the Crown of the British Empire, an analogy which wittingly or otherwise testifies to the British expropriation of the historic Kohinoor diamond in 1849 after the annexation of Punjab.

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During the reign of the 11 year old puppet ruler, Duleep Singh. Obtained by an act of larceny akin to taking candy from a kid, the fabled 105.6 carat gemstone now reposes in the Tower of London as part of the Crown Jewels, held hostage under the beady eyes of Beefeater guards while Westminster turns a conveniently deaf ear to India repeated demands for its release from unlawful custody. But if the Kohinoor still remains a Kohi door, a distant prize, according to a government spokesperson, since 1976 India has managed to retrieve 216 antiquities from foreign possession. Earlier this year, as a curtain raiser to the Australia India summit, 29 heirlooms from the country ancient past were redeemed from Down Under. In a variation of the Vande Bharat rescue mission which flew stranded Indians home from abroad during the pandemic, a number of notable artefacts have been given a red carpet homecoming to their country of origin, including an image of Avalokiteshvara Padmapani which has been spirited away from Gaya in Bihar and ended up in Italy. However, the sad state of too many of our heritage monuments, which bear the scars of less than benign neglect on the part of officialdom as well as deliberate vandalism by the lay public, might not cause some to wonder if, as in the case of the human diaspora, the objects of this other diaspora are not better off in their adoptive countries than they might have been in their homeland. In which case this alternative form of ghar wapsi, like the original variant, may indeed be a mixed blessing. We keep drawing boundaries around ourselves our imaginary limitations, our equally imaginary sense of belonging to one category of people. Some differences exist, like that of gender. Some differences are created like that of caste, creed, colour, nationalities and religion. One of man intrinsic qualities is to look for and make differences. That is how we identify each other. Passports ask for identification marks to make you stand apart from another. So, our obsession with national boundaries, be they in the form of visas and entry permits or citizenships, is nothing new. The attitude that our Parliament wears at its entrance though is refreshingly new and has a story behind it. Inscribed in stone are the words, Vasudhaiva Kutumbakam, meaning the world is one family. It is in the true spirit of respecting all human life. The story is from the Panchatantra, a section dealing with the unknown. It is about four friends who had grown up together and were now strapping young men. Three of them were highly educated, the fourth, uneducated. But they were good friends, nevertheless. In keeping with the way of those times, they decided to go to different places and earn by pleasing the king of that kingdom with their knowledge. When the king was pleased with their scholarship, he would award them riches be it in the form of gold coins or ornaments the four set.

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The front of the Opposition Parties, reportedly with 26 Political Parties has named their front INDIA, Indian National Developmental Inclusive Alliance to take on Narendra Modi led NDA in 2024 Lok Sabha Elections. It will be interesting to find out from the name INDIA, a new avatar of earlier UPA, what do the alphabets INDIA, in reality connote. Indian It is worth noting that all these parties are either centered around a Family, Caste, or Region & have no love or respect for the indigenous Indian or Hindu culture of the country. INC also falls into the same category, also being a family-based party. National Among the parties, Indian National Congress is the only Party with All-India Presence, professing overtly to be a party committed to a Secular ideology, a misplaced line of thinking, particularly in the case of India. All others claim to be secular in this sense in their outlook, which itself is a flawed idea, when everyone is aware that of all the religions, Hinduism is the most tolerant religion in the world as is obvious from what Hinduism believes in, There is only one truth which can be reached in different Ways, or Ekam Sad Vipra Bahuda vadanti (एकम सद् विप्रा बहुदा वदन्ति). Developmental The parties claim that India has not progressed, rather regressed under Narendra Modi, disregarding various welfare measures taken by the incumbent government to ameliorate the condition of the poor & vulnerable sections of the Indian society, acknowledged even by the United Nations Development Programme (UNDP) in its recent report on reduction in Multidimensional Poverty in India covering the period 2005-06 to 2019-21 & also various reforms carried out by the government since 2014 which improved India position on GDP from 10th position in 2014 to the 5th position, also acknowledged by the International Financial Institutions like IMF, World Bank etc. Inclusive These parties claim to follow the policy of inclusiveness and claim to represent a cross-section of the poor & vulnerable sections of the society. However, this is not borne out by the facts. All these parties are either centered around a family like RJD of Lalu Prasad Yadav, SP of late Mulayam Sing Yadav & others. It is a known fact that the leaders of these parties & their family members have amassed immense wealth. Their followers have been under the delusion that their leaders have been working for their betterment. The myth for the first time was broken by Narendra Modi led NDA by taking no. of welfare measures to help the underprivileged sections of the Indian society, the voters of these parties, who then elected the NDA with Narendra Modi as its leader second time in 2019 Lok Sabha elections giving BJP an absolute majority. Alliance The parties claim to be in alliance purportedly to save Democracy & the Indian Constitution. Do these parties believe in Democracy is a mute question. However, these parties are not known for following internal democracy in their parties, as all of them have only their family members leading their parties. Can the combined opposition challenge the Narendra Modi-led NDA? Can such a conglomerate of parties which does not have a common ideology or no ideology, but have come together with a single objective of ousting the Narendra Modi led NDA can accomplish their goal? One of the obvious reasons for which the opposition is resentful of Narendra Modi has been his crusade against corruption, in which a large no. of leaders from all the political parties

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Use plastic ban beginning from today will be an effective counteraction is in doubt. Tonnes of plastic waste are dumped at landfills or out into the open oceans where they disintegrate into tiny microplastics that find their way into marine life or terrestrial animals. From there they eventually enter the human food chain. The Central Pollution Control Board had estimated that India generates around 9,200 metric tonnes of plastic waste daily. This is most likely a gross underestimation. GoI notified the Plastic Waste Management (Amendment) Rules, 2021 in August last year, prohibiting 20 single use plastic items by 2022. Nineteen of those will be banned from today, including ubiquitous plastic cutleries. Plastic carry bags with a thickness less than 120 microns will be banned from end of December. True, experts have pointed out that the scope of the ban is too small. But even the current effort is unlikely to succeed in a meaningful way. The problem is that alternatives to everyday plastic items are far more expensive. For example, paper straws cost five times as much as plastic straws. With such economics, the single use plastic ban is likely to hurt small vendors and manufacturers disproportionately. And given current inflation levels, there are far greater incentives to breach the ban. Remote possibilities of paying steep fines and jail time won blunt that incentive. A better approach would be to work with the plastic industry to foster innovation and boost production of compostable plastics. In fact, GoI should support the creation of an entire waste management system around compostable plastics from labelling to setting up industrial composting units. These are tougher jobs than issuing ban orders. But they have a much better shot at reducing the damage plastics do. Implementation of GST exactly five years ago was considered as the largest post Independence tax reform. It became a reality after preparation of more than a decade. How did this most difficult reform come about Political commitment to GST: The first and foremost was the political will of GoI under the leadership of PM Modi. The second most important factor was the persuasive ability of former finance minister Arun Jaitley, who was accepted across all political parties. Therefore, it was easy for the GST Council to take important decisions relating to the framework of GST in 18 meetings which were held prior to implementation of GST on July 1, 2017. The great Indian diaspora is famous the world over precisely because it is all over the planet. However, what is not so famous or, more aptly, infamous is that other enforced diaspora of the country ancient heritage in the form of cultural and religious sculptures and other priceless artefacts that were appropriated by fair means or foul, mainly foul and taken away to far flung lands. India was called the Jewel in the Crown of the British Empire, an analogy which wittingly or otherwise testifies to the British expropriation of the historic Kohinoor diamond in 1849 after the annexation of Punjab.

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During the reign of the 11 year old puppet ruler, Duleep Singh. Obtained by an act of larceny akin to taking candy from a kid, the fabled 105.6 carat gemstone now reposes in the Tower of London as part of the Crown Jewels, held hostage under the beady eyes of Beefeater guards while Westminster turns a conveniently deaf ear to India repeated demands for its release from unlawful custody. But if the Kohinoor still remains a Kohi door, a distant prize, according to a government spokesperson, since 1976 India has managed to retrieve 216 antiquities from foreign possession. Earlier this year, as a curtain raiser to the Australia India summit, 29 heirlooms from the country ancient past were redeemed from Down Under. In a variation of the Vande Bharat rescue mission which flew stranded Indians home from abroad during the pandemic, a number of notable artefacts have been given a red carpet homecoming to their country of origin, including an image of Avalokiteshvara Padmapani which has been spirited away from Gaya in Bihar and ended up in Italy. However, the sad state of too many of our heritage monuments, which bear the scars of less than benign neglect on the part of officialdom as well as deliberate vandalism by the lay public, might not cause some to wonder if, as in the case of the human diaspora, the objects of this other diaspora are not better off in their adoptive countries than they might have been in their homeland. In which case this alternative form of ghar wapsi, like the original variant, may indeed be a mixed blessing. We keep drawing boundaries around ourselves our imaginary limitations, our equally imaginary sense of belonging to one category of people. Some differences exist, like that of gender. Some differences are created like that of caste, creed, colour, nationalities and religion. One of man intrinsic qualities is to look for and make differences. That is how we identify each other. Passports ask for identification marks to make you stand apart from another. So, our obsession with national boundaries, be they in the form of visas and entry permits or citizenships, is nothing new. The attitude that our Parliament wears at its entrance though is refreshingly new and has a story behind it. Inscribed in stone are the words, Vasudhaiva Kutumbakam, meaning the world is one family. It is in the true spirit of respecting all human life. The story is from the Panchatantra, a section dealing with the unknown. It is about four friends who had grown up together and were now strapping young men. Three of them were highly educated, the fourth, uneducated. But they were good friends, nevertheless. In keeping with the way of those times, they decided to go to different places and earn by pleasing the king of that kingdom with their knowledge. When the king was pleased with their scholarship, he would award them riches be it in the form of gold coins or ornaments the four set.

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What is the meaning of the term purush's? The first meaning is the entity that lies quiescent in the psycho-physical structure of another entity is called Purush. You may have noticed that different people perform various tasks in a house preparing for a marriage ceremony. However, the head of the family does not do any specific task but supervises the proper completion of all tasks. Similarly, Purush's cognitive faculty, lies hidden in the physical body. Without His wish, no organ of the body can function. The second meaning is that the entity that resides before all other entities is Purush's. The import of the above definitions is the same Param Purush is the supreme reflecting principle. You may have thought about the primordial cause of this creation. Early humans had an undeveloped intellect. To them, rainfall, the dawn and rice were symbols of gods and goddesses. The matter was of paramount importance. Long afterwards, humans realised that Param Purush is the supreme cause of creation. Time, nature, fate, accident and the five fundamental factors combination of all these was thought to be the supreme cause of creation. While trying to discover the original cause of creation, we thought it must be eternal tempos. However, when the intellect developed, we discovered this hypothesis was incorrect because time is the mental measurement of the motility of action. If there is no action, there is no question of any measurement of time. If the moon does not move around the Earth, no question of days, months or years can arise. Hence, time is not the original cause. Yet, out of inquisitiveness, human beings continued to search for the ultimate cause of creation. A question arose in their minds is nature the ultimate cause? The answer is no. Priority, the supreme operative principle, functions according to the limited freedom that Purush, the supreme cognitive faculty, has granted it. Purush is the transcendental entity Priorities merely the immanent power of Purush. The style in which Purush functions is called nature. Nature cannot act independently and thus cannot be regarded as the absolute cause of creation, the supreme reflecting plate. The instrumental cause of the universe metamorphosis lies in Priority three principles. Priority is an entity that acts however, it cannot be the material cause or the efficient cause because there is no scope for any moral principle behind its factional faculty. Shakti or energy is a blind force if not supported by prajna, intellect it is always crude and static. The cognitive principle is both the material cause and the efficient cause of creation. In the flow of creation, the cognitive principle is also inseparably associated with the creative force. Hence, only the unmanifested supreme cognition, which is above both the cognitive principle and the operative force, can be the Supreme Reflecting Principle. When we reach both kshara's and akshara's mutable and immutable, in the path of synthesis towards the One, we notice that in a previous stage, both of them have emanated from unmanifested, nirakshara's Supreme Cognition. This unmanifested Supreme cognition is the Supreme Reflecting Principle. Rarely do punch dialogs translate into the real world drama of politics except, it in Tamil Nadu. Perhaps, the relationship between cinema and Tamil Nadu politics goes a long way. Some actors succeed, others don. Few turn their on screen personas into lasting political legacies, while many fade like passing c

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Vijay political ambitions have been an open secret for little over a decade now, but little did anyone expect it to take shape at a time when the state is yearning for an alternate front. With the AIADMK in shambles after the death of J Jayalalithaa and the DMK veering toward family-cantered politics after Karunanidhi, there is a vacuum in the southern state, known for its strange affection towards larger than life leaders. The BJP tried to fill that void with Prime Minister Modi and Animalia popularity but miserably failed to make any inroads, apart from an insignificant increase in vote share. After years of carefully crafted one-liners, Vijay final plunge with a fiery 50 minute speech at his maiden political event seems to have thrust him straight to limelight. Electrifying over four lakh devoted fans, the megastar declared that he is throwing away his career as the highest paid actor in the country and choosing politics, believing in the people. Between god and ideology or symbolism without substance? While Vijay is largely playing by the dravidian formula, the subtle references to DMK as his political enemy and BJP as ideological foe is an attempt to project himself as an alternative to the public. In fact, the box office star calculated approach to embrace social reformer Periyar and distance anti-god Periyar raises fundamental political and ideological questions to the Dravidian majors. And to split Periyar into two in the Dravidian homeland is something few have pulled off in the recent past. There can be no politics that denies god, Vijay said, while also steering clear that he was no fan of BJP divisive politics either. They lament about fascism, fascism, fascism and what are they? Payasam? Vijay asked in dramatic fashion. Exactly a week later, resolutions against the central government undemocratic NEET exam, push for one nation, one election, and Waqf amendment bill were tabled by a high-profile committee chaired by the actor himself, marking a first of its kind. Resolutions were no short in symbolism but yet again stopped short of making an outright mention. One such read, they saffronised Tiruvalluvar. Again they said amil Nadu and amilagam are different. At last, they created controversy with our anthem. The committee did not spare the state government either as it also passed resolutions against its inability to manage law and order marred by rising drug cases, murder and theft. But for a few here and there, many of the resolutions were directed at Delhi. Vijay TVK has toed the same line as the DMK on many fronts two language formula, abolition of governor post, opposition to NEET exams and putting education back on the state list. He also believes that dravidam and tamil nationalism are no different. Interestingly, the DMK-Congress alliance which never considered BJP push as a serious threat to reckon with, thinks otherwise of the actor. Suddenly, the same leaders who downplayed the popularity of someone like Animalia are not ready to box the actor in the same category. Definitely there is a latent energy and there is an appeal among certain sections of the society. How far it can translate into votes, only time will tell, Congress leader and MP Karti Chidambaram said in an interview. Vijay vs Udhayanihdi the DMK, meanwhile is gambling to position Udhayanidhi Stalin as a CM face in the coming election that could see the DMK return to power for the first time. Udhayanidhi rise in just three years and the CM Stalin public

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Off The journey was arduous. A few kilometres into their journey, one of the four friends said, We are going to earn. Kings award only those who are learned. Why are we taking this illiterate friend of ours along No king will award him anything. I will not share my earnings with him. Fair enough, thought the second friend. I agree entirely. I think he should return. You go back, he said. The third friend restrained them and said, What use is wealth that is not shared It is wealth only as long as it is useful A narrow minded person differentiates between what is his and what is someone else . To the magnanimous, all people are his family vasudhaiva kutumbakam. The two friends were equally large hearted to see their folly and agreed to let their illiterate friend accompany them. The rest of the story is oft told. On their way they came upon the skeletal remains of an animal. The educated friends got excited. Between them they had the knowledge to bring the animal alive. But wait, cautioned the illiterate friend, it looks like the skeleton of a lion. If it comes alive, it can kill us. The friends shook their heads in intolerance. He climbed a tree. Three of them brought the lion alive and were, sure enough, eaten up. So, reflected the only one alive that even though his friends had been wise enough to recognise the merit in the idea of vasudhaiva kutumbakam, the desire to exhibit their power of knowledge clouded their vision at the time of a true challenge. They could not pause to give him a serious hearing as they did not consider him their equal. The inscription at the entry to our Parliament originates with this story. This is the spirit with which its halls resonate. Ever since it was made public that the Railways was making EQ test mandatory for its top posts applicants, it has created a commotion among the public service community. Going beyond what is Emotional Quotient, raison deter of this alien quality emotional itself for the public servants is under question. But more studious among them went a step ahead to see what this EQ test entails. Well, it was told, as per Google naturally, that EQ tests typically comprise quizzes that gauge the person on four parameters: Self Awareness, Self Management, Social Awareness, and Relationship Management. Now, there was a combined sigh of relief. Most of them have always been so full of themselves, there was no question about not being self aware. But this whole issue of self management was bit tricky because it was all about self regulation. How can they even imagine regulating themselves when for the better part of their lives they had been regulating others in the name of labyrinth of laws and rules (at times reading between the lines) Lording over public and their subordinates alike more so as they climbed their professional ladders. Somewhere this criterion.

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And places of worship are under the target, youths are under constant surveilance and community-run institutions face increased scrutiny, non-participation in a campaign against corruption-riddled educational system is being viewed as once bitten, twice shy syndrome. But there is another side to the coin. Caution is good. And one must not rush where devils tread. But insulating an entire youth community from issues of the day is nothing but surrendering to the climate of fear. This climate has been deliberately created to silence critics and quieten opponents. This aloofness sets a dangerous precedent. If India's largest minority keeps itself away from burning issues of the day to save its skin, it will be easier for the politicians and political parties to frame policies and schemes excluding the interests of the minorities. Muslims already are marginalised in plotics. They stay at the bottom of the development index. Many industries like leather and cotton where the community had a sizable presence are under deep stress due to stricter implementation of anti-cow slaughter and other laws. Nobody says cows should be slaughtered, but who has given license to the mushrooming cow vigilantes to confiscate vehicles transporting animals and lynch individuals buying and selling cows? Textile towns like Bhiwandi, Malegaon and Burhanpur are witnessing mass migration of workers even as sustaining the industry for owners has become extremely difficult. Traditionally sectors like weaving, knitting, embroidery and tailoring have employed Muslims in large numbers. Shutting of many units in these sectors means unemployment of thousands of semi-skilled hands. The meat industry is in red. A former union minister told me recently how a major beef (buffalo meat) trader in Uttar Pradesh had to shut shop because of a huge penalty running into crores was imposed because of alleged non-compliance of regulations. Yes, rules must be followed but a sympathetic regime gives its citizens time and space to shape up. Draconian rules are for hardened criminals, not for businessmen who might have fudged their ledgers. And these rules should be equal for everyone. Why should certain businessmen and industrialists be favoured while others must meet all the regulations? One argument is that the community should focus on education and career and not get involved in raising voices against corruption or other irregularities rampant in our system. Because doing so will invite attention and trouble. This is a flawed argument for many reasons. First, if the entire system becomes corrupt, the poor, including Muslims, do not have a chance to escape its dilitarious effects. If NEET and JEE exams are not conducted fairly, do you think the minority candidates have a chance to succeed? The rich will anyway survive as they have enough resources to buy seats at the best colleges in India and abroad. Look at where the children of ministers are studying. Have you found any of their children involved in mob lynching or raising slogans outside religious structures on festivals? So, where are they? They are at Boston, Oxford, Massachusetts, Cambridge and London School of Economics, preparing for a fabulous career in the corporate world. So that, if they do not inherit political power in the country, one day they can sit at the high tables in Davos. Meanwhile, the majority of youths back home fume and fret at paper leaks. In this war against corruption, Muslim youths will have to play an a

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away from the national mainstream. Career-centric mindset births selfishness. It produces I, me, my syndrome. I have observed that many Muslim civil servants and other professionals, who once benefited from coaching centres set up by founders of Hamdard and other Muslim philanthropists, become big careerists. They are more concerned about making hay while the sun shines than doing something for the poor students struggling to clear the tough competitive exams. Yes, many of these bureaucrats and professionals feel pangs for the poor in the community post-retirement. Baad Marne ke mere qabr pe aloo bona/ Taake mahboob mera banakar iska bharta khaye (After my demise, grow potatoes on my grave/ So that my beloved should eat the mashed potatoes). With some exceptions, by the time these elders in the community wake up to community concerns, they are almost a spent force. Too weak to make an impact. Physically, financially and practically everything else. Muslims must play an active role in arresting the downfall in socio-cultural spheres of the country. Yes caution must be taken but complete withdrawal or non-participation will embolden the elements who want the erasure of their cultural andi religious identities. Koi haath bhi na milayega jo gale miloge tapaak se) Yeh naye mijaz ka shahar hai zara faasle se mila karo. But maintaining too much faasla (distance) from national affairs is neither good nor advisable. Either for community or country. After 36 years of exile, Kashmiri Pandits return home Rakesh Kaul is based in New Jersey, USA and has served as CEO of Fortune 500 companies. He has authored The Last Queen of Kashmir and Dawn The Warrior Princess of Kashmir. Last year his story was shortlisted for the prestigious Bridport prize. There are journeys that are measured in miles, and there are journeys that are measured in memory. For the Kashmiri Pandit community, the Global Kashmiri Pandit Heritage Tour and Conclave 2026 in Srinagar is both. It is a physical journey back to Kashmir, but it is also a journey across thirty-six years of exile, longing, resilience and quiet preservation. It is a return to the land that shaped our civilizational imagination, nourished our saints and scholars, held our temples and springs, and gave us the language, rituals and rhythms by which we knew ourselves. We call this gathering Praagaash The First Light. The name is deliberate. It does not claim that all darkness has ended. It does not pretend that the pain of our cleansing has vanished. We are filled with agony as to why the world turned against us, violently? Why every arm of our world failed to save us? Why after thirty-six years our world remains a chimera? Pragaash does not relinquish any historical rights. It says something more modest, and perhaps more powerful: that after a long night of separation, a first light has to become visible. For many elders, this tour will reopen the map of memory. A temple visited in childhood. A school once walked to in winter. A shrine where a mother prayed. A spring whose water was once considered sacred. A much-delayed shraad for a departed ancestor. A street whose name still lives in family conversation. For the younger generation, many of whom were born outside Kashmir, this will be the first time that inherited memory becomes visible historiography. They have heard Kashmir in stories; now they will walk it. Even more, they will experience it and understand what the touch of Shakti, energy, can mean. They will

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Electricity plays a huge part in our everyday lives. Whether it is at home, school, the local shopping Centre, or even our workplace, our daily routines rely heavily on the use of electricity. The coronavirus crisis reminds us that electricity is more indispensable than ever but we fail to realize the danger lurking around us at office, work place and homes. Electrocution accidents are one of the top reasons for death occurring commonly in India. As per the National Crime Records Bureau NCRB statistics, at least 3,000 people die every year in electric power related accidents in the country. The data highlights the magnitude of the problem, especially in older buildings which leads to life threatening ramifications as these older buildings do not have residual protection devices built in installed. Cities in Europe and other developed countries have 100 per cent compliance to ELCBs RCCB. The galling laxity In India is often taken in the decision of investing on electrical circuit protection devices. It is difficult to comprehend that this basic piece of information is neglected. With the increasing electrical load and higher dependence on electrical and electronic equipment, it is mandatory that our electrical infrastructure has built in Residual current protection devices. Some of the safety tips that can be adopted to help our loved ones to stay safe: In a society acutely conscious of hierarchies and optics that go with it, there an unusual phenomenon recurring in Indian politics. Defender Vadnais became the third politician from Maharashtra in the last 25 years to settle for a lesser post after having been chief minister. In the preceding MVA government, Ashok Chauvin was a cabinet minister in charge of public works. Between December 2008 and November 2010, he was chief minister of the Congress NCP coalition government. His father Shankarrao Chauvin too agreed to become a minister in a Maharashtra government a few years after he had been chief minister. Another Congress chief minister who agreed to a junior role after having been chief minister of Maharashtra was Shiva Patel Nilangekar. Narayan Range became chief minister in 1999 when the Shiv Sean BJP came to power for the first time in Maharashtra. He subsequently quit the Shiv Sean and joined Congress. Later he became a minister in the Congress NCP coalition in Maharashtra between 2010 and 2014. Currently, he is a BJP parliamentarian who is the union minister for micro, small and medium enterprises. This phenomenon is not confined to Maharashtra. In Tamil Nadu. O. Panneerselvam was former AIADMK chief J. Jayalalitha preferred stand in as chief minister. After her death, he was once again CM for a short while and subsequently settled for the slot of deputy chief minister. These examples may not be enough to conclude that Indian politicians are willing to suppress their ego and contribute in any capacity after they have reached the pinnacle of power in the political executive, but if it becomes more widespread it won be a bad thing as there no academic.

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Or professional qualification which can surpass experience in the difficult art of making choices when faced with messy tradeoffs. Good economy and bad banking can never go together. But will privatisation usher in good banking? Why at all the banks that were once private, were nationalised in 1969 and later liberalised in 1991? These are some questions that occur to any customer of a bank when he sees that the union government would like to privatise the nationalised banks by amending the Banking Companies Acquisition and Transfer of Undertakings Act, 1970 in the monsoon session of the Parliament. 1970 Banking Act required the union government to hold at least 51 percent of equity. When Mrs Indira Gandhi overnight nationalised the banks in two bouts first in 1969, fourteen and second in 1980, six banks with different capital thresholds, it was just not a political move. Banking as a public good, was not within the reach of millions, more particularly, the neediest, in the rural areas then. When the first stage of reforms started in 1991, nationalised banks were found to have achieved the expectations, ushering in barefoot banking and phenomenally improving the reach through the Lead Bank Scheme and Service Area approach, al bait at the cost of efficiency. The reforms helped cleaning up the banks balance sheets, introduced asset liability management, prudential management, and better and responsible customer service. Within fourteen years, they became symbols of inefficiency reflected in large accumulation of non performing assets NPA. Inclusive banking approach, post 2005, led to the creation of banking correspondents BCs, Small Finance Banks, Small Payment Banks. While in 1991 there were 76 scheduled commercial banks, excluding the regional rural banks and urban cooperative banks, the comparable figure now is 93. From 60,220 total bank branches in 1991 35,206 rural, 11,334 semi urban, 8,046 urban and 5,624 metropolitan branches, the total grew in 2022 to 158,373 rural branches 52,773, the least to grow, semi urban 43,683 branches; urban branches 30,638, and 31,279 metropolitan branches. On average a branch covers 9,500 persons now against 14,000 in 1991. Businesswise, the banks had Rs3.8 lakh crore deposits and a Rs1.32 lakh crore credit portfolio. Three decades later, the deposit portfolio is over Rs155.7 lakh crore and credit portfolio, Rs108.8 lakh crore. Credit deposit ratio in terms of percentage scaled up from 34.2 to 69.88, that is more than twice. The cash reserve ratio or the portion of deposits that commercial banks keep with the central bank was 15% in 1991, as against 3%. RBI ensured more liquidity in the hands of the banks to lend responsibly, while answering the needs of the society. Banks have been given freedom to charge interest rates to different categories of the borrowers based on their risk perception. The core content changed in the banks. Although technology took the front seat, cost of banking went up over the years. During the last eight years, Jan Dhan accounts brought more than 43 crore persons into the fold of banking.

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The decadal data between 2000 and 2020 indicates growth in advances in both private and public sector banks and their NPAs too. However, to expect banks to lend without NPAs will be amounting to calling on banks to give up risk appetite. Also, creating mega banks and Bad Bank would extinguish neither their toxic assets nor reduce their losses. The government ignored the experience of the 2008 recession that warned oo big to fail banks would demand more resources from the exchequer than earlier, when they created the monolithic SBI and merged major PSBs to be just ten now from 28 in 1991. Private banks, foreign banks, and PSBs are not on par in the eyes of the regulator when it comes to meeting the priority sector obligations. While agriculture, small industries and small businesses, housing for the poor, education for the poor and transport including boats and catamarans were the priority sectors post nationalisation, their composition and content changed dramatically during the last thirty years. Indian Banks Association, the lobbying agent for the banks, negotiated for redefining the priorities from time to time. The forty percent of total lending earmarked for this purpose is diluted for the poor and disadvantaged the very purpose of prioritisation. Shaktikant Das, RBI Governor, speaking at Ahmedabad University in 2019, recalled the status of banking pre nationalisation: Five cities in the country, viz, Ahmedabad, Mumbai, Delhi, Kolkata, and Chennai accounted for around 44% of the bank deposits and 60% of the out standing bank credit in 1969. This led to the widespread political perception that, left to themselves, the private sector banks were not sufficiently aware of their larger responsibilities towards society. Quoting RBI History of Banking Vol III, he said, nationalisation of banks was thought of as a solution for greater penetration of banking that excluded 617 towns out of 2,700 in the country. And, even worse, out of about 6,00,000 villages, hardly 5,000 had banks. The spread, too, was uneven The 2008 recession also led to demand for nationalisation in the UK, Australia, and the US to save the interests of the depositors and bondholders. The very purpose of nationalisation namely, serving the unbanked and under banked is yet to reach its frontier. Financial inclusion cannot afford the luxury of complete privatisation. In fact, coexistence of private and public sector banks will lead to a healthy competition if governance issues in PSU banks are adequately addressed. It is wise to turn the pages of reforms suggested by the Narasimham Committee II and reiterated at Gyan Sangam 1 Retreat for Banks and Financial Institutions, that the government would do well to provide full autonomy to PSU banks, not interfere in transfers and postings, and issue of loans. Behest lending should stop with setting goals by the RBI. Owner cannot be regulator. It can at best be a supervisor to ensure their healthy functioning. Government seems to have realized that its capacity to supervise is highly limited and therefore, it would be better to.

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Online Advertising is the art of using the internet, as a medium to deliver marketing messages to an identified and intended audience. It is helpful for attracting website traffic and brand exposure, but first and foremost, online advertising is designed to persuade the targeted customer to engage in a specific action like making a purchase. There are many different types of online advertising mediums. Some of them are content marketing and social media marketing. Once you have established a clear social media marketing strategy, you can start to consider advertising on social media platforms. Most social media sites now easily allow advertisers to utilise their reach and promote their products from within the platform. They also include good analytics tools to assess the success of the investment made. This might include a promoted tweet or post, a promotion of user generated content or even an entire campaign that is released across multiple social channels. Content Marketing is another great way to get a brand and message in front of the right people. Its primary focus is to attract organic traffic to a website by improving the SEO of a site, but once you have the strategy and content in place, you can increase its reach and engagement by paying for the content to feature on appropriate websites. Paid advertising can help to increase the ROI of content marketing. That means, without promotion, the production costs can often outweigh the potential return. Native advertising, a form of paid media, is a clever way of creating an ad that follows the theme of the site where it is placed. It is intentionally designed to look like the media where it appears and is sometimes referred to as an advertorial or sponsored content. However, there are many reasons to reflect on the positive elements of this taxing year. In the midst of fear and uncertainty, so many Montrealers stepped forward to help their neighbors with shopping or cooking or other help. Companies shifted their activities to help in the battle against COVID 19. And, of course, the greatest heroes of all, health care workers and those who work in essential services, put their lives on the line to care for others. Perhaps it will help to hearken to the lyrics of a song written more than 70 years ago, at another dark time, as the Second World War dragged on. Hugh Martin and Ralph Blane wrote Have Yourself a Merry Little Christmas for the movie Meet Me in St. Louis, released in 1944. It was not meant to be about the war, but its original lyrics are a mixture of melancholy and hope that seemed to fit the mood of weary soldiers and their families. As told in the Bible, an angel of the Lord appeared to shepherds out in a field and said to them, Do not be afraid. I bring you good news of great joy that will be for all people. Today in the town of David a Saviour has.

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Been born to you. A baby born in a manger brought an amazing promise to the world. For Christians, today is the celebration of that promise. It also is the culmination of a holiday season that, despite the hype and commercialism, touches hearts and minds in a way that cuts across religious lines, more so than any other holiday we celebrate in America. It has for generations come to represent a special time of giving, of caring not only for ourselves and our own families but also others in need. It is a special time for our children and a poignant time to remember our own childhoods. The memories we make at this time last far into the year after the season has passed. Whether you believe in the Christian faith or not, the message of hope and redemption is a compelling one. The impact of the birth of the baby Jesus has been worldwide. His life and teachings reconnect us with all that is good in the world. Families will be gathering to celebrate the memories and gifts of sharing and love that have bound them together for a lifetime. Volunteers will feed and support the needy. And many, many prayers will be spoken in hopes that peace, love and compassion among us all in this troubled world will be embraced anew. Such is the powerful legacy to the multitude of generations that have come after that one which witnessed the extraordinary birth in Bethlehem being celebrated this day. It was a birth that made the world a different place. We hope that, today of all days, those who feel lost may be found; that those who mourn will find comfort, and that many will be welcomed home. We pray that the issues that divide us can be forgotten today. That we will remember that we create our own joys and can always choose hope and seize that promise extended so long ago, in a manger in Bethlehem. When genuine love is extended to our families, friends and neighbours, we just may find that the miracle and mystery of Christmas still has the power to change the world. There are as many traditions for Christmas as there are those who observe it, but a common thread is the time spent with loved ones, the sights and smells that evoke Christmases past, and the warmth and hope that comes from random acts of goodwill. This holiday is a welcome break for a year ending with so much political and economic uncertainty at home and misery and terrorism abroad. It a reminder, too, of the enduring power that Christmas has in bringing out the best in the human spirit. The wars and an uneven economic recovery have taken a toll on American families, and the divisive election has numbed many this season to the everyday joys that Christmas brings. There is an ache in our nation conversation that has gone away, and millions are unprepared to make the day to merry.

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But Christmas is a moment to 2515 reset the clock, if temporarily. It is a time to appreciate the richness of life and those here and who have gone who contributed to it. The New Year and its challenges will come soon enough. Somewhere there is a child in need of clothing, a senior who needs a helping hand and a loved one who wants the simple gift of time. The familiar backdrops all need tending to, from the tree and cakes to the piles of wrapping paper littering the floor. This is a time for reacquainting with family and friends, faith and treasured traditions. Christmas will be gone before you know it, and there no pleasures today like adding to the memories. If anything, this Christmas comes at a perfect moment for self reflection, as the nation faces a new chapter in history and as the world looks to America as much as ever to help restore moral order. That says a lot about the standing Americans have in the world, our common identity and the character we bring to global affairs. That bond is easier to see in the holiday glow on the street. It a great launching point to be reminded that the human spirit is an expansive thing, that others are fuller and more giving than they might appear. Today is a moment to take a break, to revel in the company at home and to rekindle the feeling of those earlier years with the sight of a child under the tree. That might seem hard to do with temperatures pushing 86 degrees. But there is a comfort and a rhythm to this holiday that defines this time of year. The best of us is brought out in the spirit of giving, in the hope we see and in the goodwill we show our fellow man. This is an enduring holiday because the joy and optimism it brings is something to hold, share and help pass down to the next generation. The Christmas season is here. It the time of year when we celebrate joy, peace and goodwill towards all men, especially in a year filled with many hardships. So many people have lost loved ones in this pandemic and are going through their first Christmas without them. Families are struggling to put food on the table. Many others remain isolated from their family and friends. But in these difficult times, we have seen a willingness to give in a spirit of love to one another. Like the generous donations you vet given to the Holiday Sunshine Fund, which is on a record pace this year. So perhaps the hardships we vet all endured together have brought renewed meaning to the holiday. Reminding us that faith, hope, and love shall always remain. Faith in the good news and great joy for all people who celebrate this season. Hope that our hardships will pass. And love for our family, friends, and neighbours, especially those who are suffering.

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Alternative investment managers have started relying significantly on cutting-edge technology to assist them to create and deliver their bespoke deal flow management strategy. To truly help most alternative investment firms, deal flow solutions are expected to be customizable and flexible as every firm strategy tends to be unique. Therefore, the solution should be capable of supporting the diverse needs of different asset classes in the alternative investment industry such as Private Equity, Venture Capital, and other Private Market investors. Unleashing the Power of Technology: Revolutionizing Deal Flow Management Technology is changing deal flow management in new ways. Deal flow solutions with data analytics and machine learning algorithms can process and analyze massive volumes of data, revealing valuable insights and trends. These solutions offer automation tools that reduce human error and give investment professionals more time to make strategic decisions. Further, these solutions enable investment teams to access consolidated information in real-time and promote stakeholder engagement and deal flow transparency with built-in communication features. Advanced deal flow solutions offer robust features prioritizing automation, making deal flows more effective. With a strong emphasis on seamless data capturing, such solutions ensure that information travels effortlessly from one interface to another in real time. For example, a funding request from the promoter of a company received via email or web form is automatically captured, eliminating the need for manual data entry. By streamlining this process, alternative investment firms can save valuable time and resources, allowing them to focus on strategic decision-making. Moreover, the software advanced capabilities enable the compilation of relevant data and the generation of comprehensive reports tailored to the organization specific needs. This level of automation enhances efficiency and provides real-time insights, empowering investment managers to make informed decisions promptly. What Capabilities Alternative Investment Firms Look for Towards Supporting Deal flow Management? Alternative investment firms looking forward to gaining or maintaining a competitive advantage are usually seeking the following capabilities in the technology solution they want to implement: Real estate sector. India has one of the youngest, if not the youngest, working populations in the world, presenting a great opportunity for the country economic growth if it can harness the potential of its large workforce. This young working population has already elevated India into the digital revolution, and the country is quickly establishing itself as a significant player in the digital economy, with the IT and digital industries at the forefront. The Indian IT industry has pushed its boundaries and increased at a CAGR of more than 15%, from $196 billion in FY16 to over $225 billion in FY22. If present growth rates continue, the IT industry will be worth $394 billion by 2027. The Digital India framework has served as a guidepost for digital transformation in manufacturing, logistics, healthcare, BFSI, retail, education, and agriculture. Furthermore, the country has over 27,000 tech-driven startups registered with DPIIT, with an additional 1,300 launched yearly. With India on the path to becoming the world startup capital, the demand for warehousing and commercial spaces would increase rapidly. Double-digit growth

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The food processing sector is not only essential to how we conduct our daily lives, but it is also a significant economic pillar. The segment has immense potential to grow and contribute significantly to the country economy. The government of India has set a vision for the sector to achieve a target of doubling its contribution to the GDP by 2030. The route our food takes from the farm to the plate has undergone a sea of change over a period. Food processing refers to the conversion of raw agricultural products into value-added products for human consumption. The products we consume have made it through several processes, such as harvesting, cleaning, packaging, grading, preserving and transportation. The raw products from agriculture, dairy, plant based/poultry meat, etc. undergo processing involving cutting-edge technology for post-harvest processing. Though the food process sector continues to innovate on adopted methods of spray dying, colorants, artificial sweeteners, preservatives, addition of newer trends like plant-based meat, ready-to-eat, bakery ingredients, sugar free ice creams and healthy oils have reinvented and shaped the food processing industry in the country. The food processing sector is one of the critical drivers of growth and has been acknowledged as a high priority industry by the government of India, as it has shown enormous potential for creating employment opportunities and generating income in the country. Although at present, the sector in India is at a nascent stage, it has shown promising growth in recent years. This industry is expected to add 9 million jobs by 2024. Foreign direct investments in India food industry totaled $4.18 billion between April, 2014 and March, 2020. By 2030, India annual household consumption is believed to quadruple, making it the fifth-largest consumer in the world. The sector size is estimated to be around US$322 billion, and it is expected to reach US$543 billion by 2025, growing at a CAGR of 14.6%. The food processing industry in India is primarily concentrated in the northern and western regions of the country. The states of Maharashtra, Uttar Pradesh, Andhra Pradesh, Tamil Nadu, and Gujarat are the leading contributors to the sector. However, there is a huge untapped potential for the sector in the eastern and north-eastern regions of the country. In comparison to more developed economies, such as the USA and EU, India food processing industry is still in its infancy. The sector in these countries is more advanced and technologically sound. However, India has a unique advantage of having a vast supply of raw materials, which can be utilized for food processing. Additionally, India vast population and increasing disposable income present a significant opportunity for the growth of the food processing industry. The food processing sector in India faces various challenges, such as inadequate infrastructure, lack of proper storage and cold chain facilities, and a fragmented supply chain. These issues hamper the growth of the sector and increase the wastage of agricultural products. However, the government has taken various initiatives, such as the Pradhan Mantri Kisan Sampada Yojana, to promote the growth of the food processing industry in the country. The implementation of GST has also simplified the tax structure, making it easier for the food processing industry to operate in India. The food processing industry vision for the next five to ten years should be to increase the s

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And expanding the sector reach in the eastern and north-eastern regions of the country. The industry should also aim to reduce food wastage and increase the utilization of by-products and waste generated during food processing. To achieve this vision, the industry should adopt modern technologies such as AI, IoT, and block chain to improve the supply chain efficiency and reduce wastage. The premier technical institutions, such as the IITs, can play a significant role in developing these technologies and providing training to the industry professionals. The government should provide support in the form of incentives and subsidies to promote the adoption of these technologies. The industry should also focus on developing new and innovative products, especially in the organic and health food categories, to cater to the changing consumer preferences. The farm sector should also focus on increasing the production of raw materials suitable for food processing and adopt modern farming practices to improve the quality of the produce. However, the adoption of technology has dramatically changed so many aspects of our lives, and it thrilling to see how the food services sector has witnessed change as a result. It incorporates automated quality control and effective work models to maximize consistency and profitability. The sectors integration of AI and automation, will increase total efficiency, and quickly servicing customers by establishing contemporary solutions like snack portals with heated and locker-styled compartments. With the aid of mobile order-ahead tools, contactless service, and reduced person-to-person interaction, this new strategy will enable labels to serve customers at their leisure. From in-store to official online portals to a variety of e-commerce platforms, these Omni channel customers are evaluating products and comparing their features across multiple platforms. Consumers now have multiple ways to interact with brands, and FMCG companies ensure that all their functions work together to provide a positive experience for their customers. Brands are willing to collaborate with quick commerce, or e-commerce portals that guarantee quick delivery, for last-mile connectivity. There is fierce competition to see who can deliver to customers faster even within those portals. Customers prefer branded and sealed as well as secure processed food, resulting in a shift from the loose supply of these items to more labeled packaging. To sum it up, the food processing industry in India has tremendous potential for growth, and the sector vision for the next decade should be to increase its contribution to the GDP and reduce food wastage. The industry, farm sector, premier technical institutions, and the government should work together to achieve this vision by adopting modern technologies, developing new products, and improving infrastructure and supply chain efficiency. sector? The Indian real estate market is predicted to grow to Rs.65,000 core US$ 9.30 billion by 2040, from Rs.12,000 core US$ 1.72 billion in 2019. By 2030, the Indian real estate market is expected to be valued $1 trillion, up from $200 billion in 2021, and to contribute 13% of the country GDP by 2025. While this growth is impressive, a double-digit GDP growth rate would further propel multiple employment opportunities and substantially increase the spending power of the Indian population. With over 270 associated sectors relying on the real estate sector for business sus

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Today, we worship knowledge, wealth, rivers, animals, birds, reptiles, earth, sun, moon, and entire cosmos. All such reverential notions came from our ancestors. So, it is time to express gratitude to all of them. Our physical death is not the end of our journey. Similarly, when infants are born, it is not the beginning of their life. In Indic traditions, the concept of rebirth, or reincarnation, is a unique belief that offers continuity and hope. It suggests that the soul, after departing from the body at death, is reborn in a new body. The supreme goals set by our ancestors must be carried forward by us, their progenies. Celebrating their great lives by continuing their mission can be one of the best ways to pay homage to them. According to Advait Vedanta, Brahman pervades the entire universe, so every particle is divine. However, we cannot worship all the planet species in rituals, so our ancestors made some species represent the rest of the universe. For example, cows symbolize mammals, crows represent birds, the Ganga represents rivers, the Himalayas represent mountains, and so on. Indian culture is so vast that we worship elephants, monkeys, and even serpents. This is not blind faith or fanaticism. We must see divinity in every particle. By applying this, we can see divinity in people of all castes and religions, every person in the world, and even in animals, birds, plants, fish, and beyond. After someone death, their ashes are often immersed in the Ganga. The Ganga is considered divine in Hinduism, and its waters are believed to have the power to cleanse one sins and facilitate their journey to the afterlife. It is often compared to the Baitarani River, which, in Hindu mythology, is the river the departed must cross Today, we worship knowledge, wealth, rivers, animals, birds, reptiles, earth, sun, moon, and entire cosmos. All such reverential notions came from our ancestors. So, it is time to express gratitude to all of them. Our physical death is not the end of our journey. Similarly, when infants are born, it is not the beginning of their life. In Indic traditions, the concept of rebirth, or reincarnation, is a unique belief that offers continuity and hope. It suggests that the soul, after departing from the body at death, is reborn in a new body. The supreme goals set by our ancestors must be carried forward by us, their progenies. Celebrating their great lives by continuing their mission can be one of the best ways to pay homage to them. According to Advait Vedanta, Brahman pervades the entire universe, so every particle is divine. However, we cannot worship all the planet species in rituals, so our ancestors made some species represent the rest of the universe. For example, cows symbolize mammals, crows represent birds, the Ganga represents rivers, the Himalayas represent mountains, and so on. Indian culture is so vast that we worship elephants, monkeys, and even serpents. This is not blind faith or fanaticism. We must see divinity in every particle. By applying this, we can see divinity in people of all castes and religions, every person in the world, and even in animals, birds, plants, fish, and beyond. After someone death, their ashes are often immersed in the Ganga. The Ganga is considered divine in Hinduism, and its waters are believed to have the power to cleanse one sins and facilitate their journey to the afterlife. It is often compared to the Baitarani River, which, in Hindu mythology, is the river the departed mus

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To transcend the material world. Hindus call Kashi the Moksha Puri, a town for liberation. Because Kashi is a step, a bridge, where we can transcend this world, a bridge between this world and the spiritual world. Ganga is considered a similar medium. We immerse the remains of the perishable body into the Ganga because the Ganga would empty into the ocean. We return our material body to the five great elements, the i.e., air, fire, water, earth, and space. We can do the same in Kaveri, Narmada, or other holy rivers across India and beyond. Similar rites are mentioned in the and. One of the eldest son privileges is to show his last respect to the departed parent by shaving his head. This helps express gratitude and lowers his ego. Pilgrims do similar rituals at Tirupati. In some religious places, people cover their heads for similar reasons. In conclusion, is a profound reminder of our deep rooted connections to our ancestors and the timeless traditions they have passed down to us. This sacred period is not merely about rituals but about embracing humility, gratitude, and reflection. It encourages us to pause our modern pursuits and honor the legacy of those who came before us, recognizing their enduring influence on our lives. By performing acknowledge the continuity of life and the spiritual journey that transcends physical existence is a time to celebrate the wisdom, values, and cultural heritage our ancestors have bestowed upon us, ensuring their legacy continues guiding and inspiring future generations. To transcend the material world. Hindus call Kashi the Moksha Puri, a town for liberation. Because Kashi is a step, a bridge, where we can transcend this world, a bridge between this world and the spiritual world. Ganga is considered a similar medium. We immerse the remains of the perishable body into the Ganga because the Ganga would empty into the ocean. We return our material body to the five great elements, the i.e., air, fire, water, earth, and space. We can do the same in Kaveri, Narmada, or other holy rivers across India and beyond. Similar rites are mentioned in the and. One of the eldest son privileges is to show his last respect to the departed parent by shaving his head. This helps express gratitude and lowers his ego. Pilgrims do similar rituals at Tirupati. In some religious places, people cover their heads for similar reasons. In conclusion, is a profound reminder of our deep rooted connections to our ancestors and the timeless traditions they have passed down to us. This sacred period is not merely about rituals but about embracing humility, gratitude, and reflection. It encourages us to pause our modern pursuits and honor the legacy of those who came before us, recognizing their enduring influence on our lives. By performing acknowledge the continuity of life and the spiritual journey that transcends physical existence is a time to celebrate the wisdom, values, and cultural heritage our ancestors have bestowed upon us, ensuring their legacy continues guiding and inspiring future generations. To transcend the material world. Hindus call Kashi the Moksha Puri, a town for liberation. Because Kashi is a step, a bridge, where we can transcend this world, a bridge between this world and the spiritual world. Ganga is considered a similar medium. We immerse the remains of the perishable body into the Ganga because the Ganga would empty into the ocean. We return our material body to the five great elements, the i.e., air, fire

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We believe these are what all of us need right now. Look for ways to help one another this Christmas. Reach out to loved ones to tell them how much they mean to you. Because the greatest gift you can give someone is love. This Christmas is going to be very different for our community. The COVID 19 pandemic will alter many of our familiar traditions. Yet, this Christmas is a perfect day to reflect on that story deeper meanings, which are as relevant today as they were two millennia ago. Those lessons are not specific to Christianity. Indeed, almost anyone can find inspiration in the story of a young, weary family, making a difficult journey and the birth of a baby boy into the lowliest circumstances that would later change the world. There are families in similar situations today. Thousands of families in Canada struggled to keep a roof over their heads this year. Thousands more lost their jobs to COVID due to a ravaged economy, and, tragically, thousands more lost their lives to the disease. And yet, so many of us who face tremendous obstacles and terrifying adversity kept moving, working, and pushing forward out of faith that things can get better. Small acts of courage change the world around us, sometimes insignificant, obvious ways, but much more commonly by touching one or two lives with hope and encouragement that ripple out endlessly. The holiday season is, coincidentally, the time of year when we are most generous with our time and money. We are tremendously giving people, donating millions of dollars to charity and volunteering countless hours. This generous spirit unites us all. Hopefully, the Christmas story reminds us that we need not give frankincense, gold and myrrh or more modern expensive gifts to show love and admiration. As for making the season special, we all have to adjust our Christmas plans this year due to COVID. We won spend the holidays with family and friends who don live in our household. But there are still many ways to enjoy the season. Listening to all your favorite Christmas music is always a great way to have fun. Decorating your indoor and outdoor spaces can be a lot of fun, too. As Christmas draws closer, a family drive to see the Christmas lights and displays in people yards can be a right, safe way to celebrate. It is also essential to let people know you are thinking of them with anything from a gift to dropping a few lines to someone from afar. So no, Christmas won be the same this year, but that does mean it can still be the uplifting season we all need now more than ever. Merry Christmas! Give up such responsibility. It must have also realized that its ability to improve governance in PSBs has reached its limits. However, there is no evidence that all is well with the private banks, and they can deliver better to the people the banking requirements than PSBs.

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The present government gives the impression that growth comes from the rich and the rich do not cry on inflation. They can pursue non inclusive growth agenda more effectively if they change the institutional architecture, so that expenditure on institutions meant for delivering to the poor can be minimized, if not eliminated. This is undesirable both politically and economically. While privatization by itself is not bad, the timing and motive behind the move at the moment is suspect, particularly after the consolidation of PSBs took place. The views expressed are author own. The author is an economist and risk management specialist. All of those are lights in the darkness, beacons of hope and charity in a once in a century pandemic that has brought the world to its knees. But we still have to get through Christmas. For Christians, Dec. 25 is a holy day of great joy, celebrating the birth of Jesus Christ. Even for those not of the Christian faith, it is a time traditionally spent with family and friends. Instead, if we heed the advice of scientists and medical authorities, all across this country, there will be people who spend these days alone, separated from elderly parents, longing to see grandchildren, reaching out by telephone and Face Time and Zoom to try to replicate the love and togetherness that usually accompany this holiday for so many of us. 4PL logistic segment in the country includes: Tech at its core As supply chains grow ever more complex and fragmented, technology will take an increasingly central role in how the industry develops and overcomes those challenges. As a result, the demand for new technologies in supply chains has increased significantly and logistics now stands before a crucial inflection point that will see profound changes to how the industry operates. Fundamental to this technological revolution will be the establishment of clear industry data standards potential of new technologies such as AI and block chain. At the same time, taking advantage of these new technologies will require an underlying shift in the way both than one size that that relate to warehousing, distribution, freight, and information technology, and provides the best solutions for their clients. This accuracy and cohesiveness of information will be critical, for even a seemingly trivial delay in the supply chain that can pause operations. Consolidation and cost to reduce supply chain costs will drive the demand for integrated solutions. Companies have been reducing costs will witness further cost optimization with companies looking to outsource the entire supply chain to a single partner with financing becoming a constraint. The companies will either adapt to smaller shipments or bulk shipments to reduce costs further. This outsourcing allows the and higher value projects. Because they are focused on ironing out costs by finding the best solutions for the lowest price some experts concerned that iodine deficiency could be on the rise again. Eating a healthy, balanced diet that includes iodine rich foods and iodized salt is key to good health.

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Many faiths and belief systems regulate the people of India. Kashmir civilisation is a splendid reflection of India civilisation, which promote composite culture and pluralism. So far, Pakistan has tried to weaken the very spirit of Kashmiri at, but Pakistan must appreciate that in a struggle between secularism and fundamentalism, the former is always the winner. The faith of the people of J K in the socio cultural fabric of Hindu Muslim is indestructible. We must not see this conflict in J K between Hindus and Muslims but as between national and anti national forces. The Pakistani strategy during the insurgency phase was to create social and communal disorder and weaken the secular base. Pakistan was under the impression that Kashmiri at had no psychic roots in the state, except in the plural reverence for other religions. This misapprehension encouraged Pakistan to transplant its fundamentalist ideology to combat the liberal Hindu ideal of the brotherhood of man, which comes from the Indian philosophy of Sarva dharma sambhava. At the United Nations Framework Convention for Climate Change UNFCCC 26th Conference of the Parties COP26 in Glasgow last year, Hon ble Prime Minister Narendra Modi outlined a five point strategy to drive positive climate action. Besides committing to increase non fossil energy capacity to 50GW by 2030 and meet half of all energy needs from renewable sources; India also put forward its goal to reducing at least one billion tonnes of total projected emissions between now and 2030. This eventually would place India on the path to achieving Net Zero emissions target by 2070. India has the lowest per capita emissions at just 1.9 tonnes of carbon dioxide per head, compared with 15.5 tonnes in the US and 12.5 tonnes in Russia, as per 2019 data. Thus, the new roadmap for a cleaner future has strong implications for the business sector. Our new roadmap is underpinned by the new Environment, Social, and Governance ESG reporting requirements for the business sector. The Securities and Exchange Board of India SEBI has called for mandatory disclosures through the new Business Responsibility and Sustainability Report BRSR format from FY2022 23 for the top 1,000 listed companies. However, to ensure that India businesses are future proofed for the pivotal shift to ESG reporting, an inclusive approach that encompasses the micro, small and medium enterprises MSME sector is needed. With over 6.3 crore MSMEs that contribute to about 29 percent of the country GDP and create jobs for some 110 million people, its role in achieving India mission to becoming a US$5 trillion economy by 2025 is extremely significant. MSMEs also have a key role in achieving the climate action goals of the country, integrating ESG best practices into their operational and organizational framework. I believe, we have an incredible opportunity to support their ESG transition and deliver a workable model for developing nations where SMEs are the backbone of their economies. The need for ESG capacity building A strategic shift to a more ESG driven MSME sector.

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Jammu and Kashmir has been known for communal harmony, and even local terrorists will not be able to tarnish this reputation. If we look at the recent past, then we can say that the identity of Kashmir is protected in India. Fundamentally, Kashmir is the land of Rishis and Sufi saints, and their message is deep rooted in the hearts of Kashmiris, irrespective of faiths and beliefs. Not only that, it has the capacity and scope to expand, creatively vocalise, and mature. It also has excellent prospects to spread its outcome all over the country. The convergence of Mahayana Buddhism and Islam in some parts of Persia and Central Asia resulted in the evolution of Islamic mystics. The Sufis founded several orders by incorporating Hindu and Buddhist philosophies. The meeting of two great traditions of Saivism, the Hindu monistic philosophy of Kashmir, and Erfan of Muslim. It gradually took place, giving rise to a unique order of Rishis whose philosophical beliefs led to the idea of religious tolerance and shared faith in God, which Kashmiris always cherished. Somnath Dhar, Jammu and Kashmir, National Book Trust of India, New Delh. Rishi Sufism, a social, cultural and religious space where several Hindus and Muslims once practised their faiths, was one of the most prevalent expressions of Kashmiri at in the century. The Rishi Sufis practice shaped the concept of the immanency of God, respect for all religions, beliefs in miracles, reincarnation, meditation, and asceticism from Hinduism and the spirit of Eightfold Paths from Buddhism. It incorporated these into the concept of transcendence of God and to the spirit of the Five Pillars of Islam for launching the syncretic space for inter religious interactions. The ethno cultural symbiotic consciousness, and Hindu Buddhist inter religious symbiotic spiritual consciousness, shaped the evolution of the Kashmiri at. Kashmir at is a concept of tolerance and inclusivity of all faiths and beliefs, thus respecting all religious traditions and festivals. It embodies communal harmony, literary heights, spirituality and symbiotic relationship among different communities. Kashimiriyat is imminent in all aspects of the Kashmiri people life, and it is the powerful shaper of its people religious and cultural life. The comforting wisdom expressed in the local Kashmiri language by the Rishis provided solace in difficult times. Despite the cultural invasion of Kashmir Valley, Kashmir at has survived as a unique language due to various favorable historical reasons and other factors. Attack on Kashmir at. In 1947, after the partition of British India into India and Pakistan. The erstwhile state of Jammu Kashmir came under attack, which Pakistan masterminded. Maharaja Hari Singh signed a legal document of the Instrument of Accession, accepting accession to the Union of India when attackers had already reached the outskirt of Srinagar. The terrorism that began in 1989 in the Kashmir Valley, to supposedly for greater political rights, soon took a violent turn at the behest of Pakistan. Once again, ruthless killings, arson, looting and rape of non Muslim people were carried out by the terrorists.

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Thus, the minority community of approximately 3,50,000 people, mainly Kashmiri Pundits, were driven out of the Kashmir Valley and continued living in exile. Ultimately, the whole erstwhile state of Jammu and Kashmir was engulfed in this cross border terrorism sponsored by our adversary. In addition to other things, these radical elements want to destroy the basic fabric of Kashmir, i.e., Kashmir at. When the people of Jammu and Kashmir suffer, the magnificent metaphysical and mystical ethnicities augmented by Rishis and Sufi saints bring succor to them. There have been conversions, sometimes peaceful while at times by force. J K witnessed conversations, various changes in administration and transfers of power. Nevertheless, neither the adaptation nor forced migrations could obliterate their mutual trust, love and psychological bondage amongst the various communities. Ironically, the converted people did not change their surnames after conversions. People of Jammu and Kashmir take pride in their culture as the society is deeply inclined toward the culture of Rishi Sufi mysticism. People chose not to lose their diverse spiritual identity, which is neither unequivocally Hindu nor Muslim. This culture and spirit of a singular identity, irrespective of individual religious beliefs, sometimes confuse people outside of J K. However, Kashmiris with pride refer to it as Kashmiri at, in simple words, Kashmiri ness. The people of Jammu and Kashmir, especially of Kashmir Valley, continued to live in harmony till 1989, when Pakistan aroused the communal sentiments of the majority population of Muslims in Kashmir and changed the course of a passive, otherwise secular in nature, into a violent ridden communal movement. Pakistan forced an ideology of fundamentalism, which was alien to the Kashmiri society where Sufism flourished, divided the People based on religion, thereby complicating the ethno religious identity of the Kashmiris. For terrorists from the other side of the fence, religion was merely a tool to exploit the vulnerabilities of the masses and tear apart the socio cultural fabric of Kashmir at. The young minds of the J K are brainwashed and weapon trained to carry out large scale acts of terrorism. Pakistan funded radical elements are entering the Kashmiri society, threatening the pluralistic social order, inter faith and harmony of the people. Young Kashmiri Muslims are growing up under the umbrella of a single religion, Islam, with no memory of co existence and compassion for other communities. At the same time, the Kashmiri Pundits continue to live in exile, scattered future generations growing up outside their homeland, being shaped in a different culture with barely any connection to their roots. The unholy alliance of organised fundamental interpretations of religion and gun culture has led to the weeding out of remnants of the humanistic culture of Kashmir with its roots deeply embedded in the secular and glorious ancient past, perhaps marking its dent on Kashmiri at. Thus, the threat to the cultural ethos and values of Kashmir at comes from radical elements and not from India or Indian Constitution. India is a pluralistic and multi cultural society where.

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Your bank account to a mobile application like Google Pay, Phoneme, Pat, BHIM, etc. thereby making transactions safely using just the UPI ID of the receiver. Unlike in net banking wherein, one needs to share sensitive information such as account number and IFSC code, UPI ID also known as Virtual Payment Address VPA does not contain any sensitive information and thereby mitigates the risk of frauds. The robust tech platform enables users to transact seamlessly across various modes scan a QR code to make payment, send money to UPI ID or phone number, or even send a collect money request. However unfortunately the unique construct and simplicity of UPI is being leveraged by fraudsters to lure and target users who conduct transactions carelessly. This makes it even more pertinent for users to take charge of the situation with adequate knowledge, scrutiny, and responsible behaviour so as to keep fraudulent transactions at bay. Below are some fraudulent practices that one must be aware of Phishing One of the most popular forms of fraud is Phishing, wherein fraudsters send unauthorised payment links via SMS. Since these fake bank URLs will look almost identical to the original URL, customers may imprudently click on the link which will direct them to the UPI payment app installed on their phone and will prompt for an auto debit. As soon as the user grants permission, the amount gets debited via UPI on real time. Malware Malware is yet another popular form of cyber fraud users fall prey to by clicking on fake URLs that are downloaded from a fake e mail attachment or an unsecured website. Clicking on the fake URL infects one device with a virus/malware, which is specifically designed to extract and copy data thereby stealing the financial information stored on the device. SIM Cloning Here once the scammer clones a SIM, he will have access to the user bank account details and ID proof which are then be easily used to reset the targeted user UPI id. Vising In this case, scammers may call or interact with the targeted user while posing themselves as a bank representative. After having gained the trust of the potential victim, these individuals under the pretext of updating KYC or some allied formality extract sensitive personal information including UPI PIN or password. Below is a safety manual to protect oneself against frauds Refrain from engaging with fraudsters In this digital age, where everything is just a call or a message away, be mindful of unfamiliar numbers or in case if the identity of the caller or the source of information is devious. Additionally, be wary of contact numbers available on shopping portals and e commerce platforms as they too may be unscrupulous. Ensure to check on the identity of the person one is interacting with The paramount rule After signing up, UPI provides the UPI PIN number which is a 4 or a 6 digit code. The PIN is the number that one has to enter whenever one.

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Needs comprehensive support reporting is an extra burden on these enterprises, and with several of them challenged by the impact of the COVID 19 pandemic, prioritising ESG standards, especially for companies in the manufacturing sector, calls for committed in house capacity building. ESG practitioners can support this transformation through MSME specific ESG reporting protocols and frameworks. From corporate to social to ESG For a long period, corporate reporting centered on governance measures followed by an emphasis on social responsibility. In both these, the country has set an exemplary model, with India probably being the only one where CSR spending is mandated by percentage profits, specific areas of action, and annual reporting. ESG reporting, not too surprisingly, is still in the nascent stage, with just about 125 companies representing mostly the construction and building materials, metals and mining, oil and gas, and chemicals sector disclosing their sustainability performance. For example, the environmental pillar calls for commitments regards energy usage, reducing the carbon footprint, waste management, pollution monitoring, natural resource conservation, managing hazardous waste, and toxic emissions. While the social pillar must factor in employee welfare, vendor relations, gender equality, and social welfare programs. Likewise, the governance pillar underpins the need for business ethics and legal best practices. ESG is fundamental for long term value creation Transitioning to this broad ESG framework is fundamental to long term value creation and in meeting stakeholder expectations which is key to future proofing Indian businesses. For MSMEs, specifically, proactive ESG reporting will bring an added incentive of being able to attract new investments, especially from ESG focused funds. To build businesses fit for the future that the nation envisages, it is important that we commence an inclusive ESG journey now. We must support the sector take that first decisive step without delay to map out grassroots level strategies for carbon footprint reduction and achieving carbon neutrality across their operations. The challenge is humungous; what is needed is stronger awareness, knowledge sharing, and governmental support to help MSMEs transition to the ESG best practices. Psoriasis is an autoimmune disease that requires timely treatment and lifelong management. Alarmingly, studies suggest that non adherence to medication among psoriasis patients is as high as 40 1. This is a result of several factors such as poor awareness, misinformation, financial inadequacy, and lack of motivation. Having skin affected by psoriasis can be a sign of inflammation occurring in other parts of the body. Thus, regular compliance to treatment is critical in controlling psoriasis. Psoriasis is often perceived as a skin problem which urges people to find remedies for the skin. Use of homemade skin packs are all too common. Alternatively, patients often find relief with over the counter medicines and ignore seeking professional advice. Owing to lack of awareness, misinformation about psoriasis, and with busy work schedules, patients tend to neglect treatment, that severely worsens their condition. Therefore, consulting a dermatologist will help get the right advice and a personalised treatment suited for one symptoms and severity of the condition.

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Adds a new payment account or makes a transaction. In other words, every transaction is authenticated with the UPI PIN, which acts as a safety net and prevents fraudsters from misusing the app on a device or making a payment from an account as the UPI PIN is known only to the user. The paramount rule here is Never reveal your PIN to anyone. Here fraudsters may try to misuse the request money feature on payment apps. But what one needs to remember is that if money has to be credited it will never ask for the PIN. Beware of counterfeit apps There are many fake apps that may look similar to the original bank app and are easily available for download. Installing such fake apps, makes sensitive information vulnerable to fraudsters. Personal information of users are extracted under the guise of some important banking service or transaction. While UPI is definitely one of the safest and most secure platforms for cashless transactions, but as with the platform, the onus equally lies with the users as well to observe safety standards and practices. In case of UPI, customers fall prey to fraudsters owing to their own ignorance and lack of knowledge. It is therefore extremely important that even while we adapt to contactless payments such as UPI, we are mindful while transacting digitally and are responsible to keep a tight check on any form of inadvertent behavior. We are in an era where the rate of finch adoption is bizarrely exceeding the rates of Fitch Innovation. It is important to study factors causing tangible impact in digital adoption in specific demographics for fitness growth and scalability. This article points out trends that see skyrocketing adoption of digital payments in rural India. Increasing smartphone penetration there is an exponential increase in the rate of smartphone penetration in India which was estimated to be 54 percent in 2020 and hiking towards 96 percent by 2040, which is almost everyone equipped with a smartphone? Mobile payments have been a joy for customers urban and rural ever since its inception. Players in the Fitch arena are constantly in the innovation race to facilitate more financial inclusion by developing new products and features for easy payments. Embanking, Fraud Detection, Buy Now Pay later, QR embedded bill payments, virtual wallets are some of the trends seeing many users everywhere. Digital payments have broken traditional banking shackles. The newer generation in rural India is quick to adapt to innovation. This trend is naturally occurring because digital payments have become customer friendly and just eases out the conventional pain points of banking cash transfers. A big good bye to olden days of banking where the smallest fund transfer includes the hustle and bustle for collecting tokens, moving on the queue and befriending cashiers. Raising momentum of rural stores collecting digital payments Digital payments on technology powered offline store apps is a major trend that provides payment collection via dynamic QR payments, Static QR payments, debit/credit cards also inclusive.

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A multisystem inflammatory disease like Psoriasis requires constant attention to control the inflammation and prevent frequent flare ups. If mismanaged, psoriasis can cause a range of health complications such as hypertension, diabetes, kidney disease, skin problems and cardiovascular diseases. Correct treatment can not only alleviate the symptoms but also treat persisting skin problems. With treatment adherence, patients can get clearer skin, which can further motivate them in long term management of Psoriasis. Therefore, regular communication is fundamental for the right treatment, advice, and information. For psoriasis management, there are several safe and effective therapy options available today. Determining the right treatment method depends on several factors including the patient disease severity, risk of comorbidities and susceptibility to various risk factors. Advanced therapies, including biologics, have added to the options of therapeutic treatment of moderate to severe Psoriasis. They are highly effective in successfully disrupting the disease cycle. It has a favorable risk reward profile and is well tolerated by patients. This has proven to improve acceptance and facilitate better adherence. Psoriasis patients need holistic treatment and support, right from the initial stages. We need an understanding of the barriers to treatment adherence and accessible information for both patients and clinicians. There is a clear need in India for multi stakeholder interventions, uniting patient groups, specialists including dermatologists and rheumatologists, the government, industry bodies and private players towards establishing a patient centric model of care while driving emotional and social support. In early February this year, the National Payments Corporation of India NPCI in a proud revelation announced that our neighbor, Nepal would be the first foreign country to adopt India UPI Unified Payments Interface system. In yet another significant win, a couple of years back, tech titan Google in a letter to the United States Federal Reserve Bank applauded the robust digital payments architecture of UPI and elaborated on how a scalable infrastructure like UPI can be replicated in the US. The force to reckon with in the digital payment ecosystem, UPI has assuredly elevated our country finch story onto the world platform. While the pandemic undoubtedly boosted the inclination towards contactless and digital payments, UPI has been at the forefront of finch innovation, driving the adoption of digital payments across the country. The financial revolution which recently hit the $1 trillion mark in transaction values in FY21 22 has been on a consistent growth trajectory since its launch in 2016 and is currently the most popular digital payments system in India, with more than 314 banks linked to it. While UPI based transactions have witnessed an over four fold growth in both volume and value over the last two years, they have also witnessed an alarming rise in frauds. Understanding UPI Developed by NPCI, UPI is primarily an instant real time payment system that facilitates interbank peer to peer and person to merchant transactions. The UPI address, a virtual identity, unique to each individual enables one to seamlessly track all transactions conducted through the id. UPI lets you link.

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The minuscule Kashmiri Pandits in the Valley live and connect with the message that you are not forgotten, you are not alone. That you will be made the litmus test of Kashmiri Pandit integration and rehabilitation. There will be joy, but there will also be sorrow. What was saved and what was lost will surface vividly, bringing some trauma but also some healing. This is why the tour and conclave cannot be understood merely as an event. It is an act of cultural reconnection, a civilizational sambandh. The Kashmiri Pandit community was not only displaced from houses. Its umbilical cord with a civilizational ecology: sacred sites, festivals, language, food ways, neighborhoods, schools, manuscripts, oral traditions and the living presence of ancestral land was severed. For thirty-six years, those who left carried Kashmir with them in prayer rooms, kitchens, stories, names, family albums, songs, almanacs and rituals. The return now gives memory a landscape again. Kashmir is not merely a Kshetra for the Pandits; it is a mandala. The conclave's theme, From Exile to Excellence: Kashmiri Pandit Journey of Resilience, Renaissance and Return, captures an extraordinary arc. Exile did not extinguish the community. In cities across India and across the world, Kashmiri Pandits rebuilt lives with dignity. They became teachers, scientists, civil servants, doctors, entrepreneurs, writers, artists, scholars and community workers. They preserved identity under conditions of dispersal. They taught children rituals in apartments far from the Valley. They kept festivals alive in unfamiliar climates. They remembered their deities even when separated from their shrines. Yet excellence without rootedness is incomplete. A community cannot live forever only through nostalgia. It must give its children a living relationship with the land it came from. That is the purpose of this tour. This is no exercise in bitterness. It is not a return to accusation. It is a return to continuity, to the highest cause which is beyond time, sanatan, which exceeds the duty to self. Kashmir has always been more than scenery. It has been a seat of learning, spiritual inquiry, Sanskritic scholarship, Shaiva philosophy, poetry, aesthetics, temples, sacred geography and cultural refinement. The Kashmiri Pandit contribution to this inheritance is not marginal; it is foundational. Restoring awareness of this heritage does not exclude anyone. It is to complete the story of Kashmir. The conclave in Srinagar will bring together community organizations, scholars, entrepreneurs, artists, civil society voices, political representatives and public leaders. Its purpose is reflection, and also renewal. It asks: How can memory become an institution? How can heritage become education? How can return become engagement? How can the community's global achievements contribute to Kashmir's future? There are many histories but there is only one future and it is here where all right-minded Kashmiris should join hands to redress, to restitute, to restore, and to return but ultimately to renew and re-ignite. And that future should flow from the fullness and power and glory of the Constitution of India. At the heart of Praagaash is a simple human truth: every community needs a place where its children can stand and say, this is where we come from. For Kashmiri Pandits, that place is Kashmir. For thirty-six years, that sentence has often been spoken with an ache. It is now being spoken with trembling hope. Firs

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United Nations. There is also, somewhere in Manhattan, a hotel concierge that knows exactly how. That hall, like your favorite hotel ballroom, can be hired. Welcome to the Great Indian over claim, our fastest-growing service industry. It's fairly simple, really, for you to adopt: prepositions are the secret sauce. The over claimer speaks at the Norwegian Parliament, never to it. He holds a meeting in the European Parliament, never with it. Parliaments, and most public institutions, it turns out, rent rooms. A visiting dignitary may therefore address three sleepy interns and a sound technician, and their family WhatsApp group will be informed that all of Europe listened. The marketing copy never lies, which is its elegance. The more recent innovation is to skip the over-claimer entirely and sell directly to his parents, frightful of university acceptance rates. Your child will speak at the United Nations is a sentence that survives legal scrutiny and parental credulity simultaneously. It declines to specify that the United Nations will not be in session, that the room is booked like any corporate offsite, and that every other child in the hall paid the same registration fee. The CV arms race, it turns out, has a junior division. India is now producing over claimers in training. The young are inducted early. Enterprising operators charge lakhs to fly schoolchildren to a conference at the United Nations, a hired room and a gavel of uncertain jurisdiction. The child returns with a CV line before he has a CV. The mechanics are published and bookable, for anyone who cares to check. The House of Lords rents its principal function room for evening events from. The word Oxford is the most legible line in the invoice. The certificate, in most arrangements, is the actual product. The learning is incidental, occasionally inconvenient, and in the shorter programmers, structurally impossible. What parents are buying is a line of text, and the operators understand this better than we do. Education, naturally, yields a richer harvest at every age. A remarkable generation has attended Harvard, by which is meant a one-week management development program or, in more athletic cases, a two-hour seminar with certificates and group photographs by the HBS signage. At this rate Harvard attends more Indian CVs than Indians attend Harvard. NASA suffers the same fate: legions that trained there were, on closer inspection, holding freeze-dried ice cream on the visitors' tour and calling it astronaut training. The same economy retails honorary doctorates to businessmen, after which Dr Blooms on the visiting card and the wedding invitation. The over claimer never learns the only useful lesson the game offers. Audiences can smell inflation from across the room, and downscaling is the only reliable upgrade. The man who says I did speak in the parliament building, to ten people, two of whom were awake, instantly believed in everything else. In twenty years he will be at the wedding. His daughter's application to a different hired room in a slightly more prestigious building is under review. The operator, we are told, is very selective. Housework deserves rights, not halos. This week, the Supreme Court put a floor under the value of a homemaker's labor: a minimum of Rs 30,000 a month. The loss of domestic care when a homemaker dies or is incapacitated in a road accident, the bench of Justice Sanjay Karol and N K Singh held, is a distinct injury to the family, deserving c

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Of so many features like Digital Ledger, Inventory, e Point Of Sale and Nonbanking. Nonbanking single handedly raises the bar of rural digital adoption, since most rural populations engage in B2C businesses involving layers of payment cycles towards vendors and stakeholders. Neo banking in a store payment collection app includes bulk/individual payouts, list of inward outward transactions, some with options even for availing loan and insurance. Pricings are cheap, merchant paperwork, background checks and integrations needed are umber fast and simple. A classy merchant dashboard with notifications of activities happening on the digital payment app is crucial. Simplicity Most rural mobile app users need it simple. The outlook of the app needs to be uncluttered, simple and self explanatory. The navigation, workflow and concluding acknowledgements, although internally complex, should look simple and straightforward to the user while not forgetting the presentation of the app in a minimum of 6 to 7 regional languages. Speed Those few seconds between end payment and paid are deemed high on human anxiety and so very crucial. The psychology of the rural human mind says, the more time taking digital payment is, the more unreliable it could be. Rural India is big, almost 70percent of the country and it is a sector where money is earned largely in forms of labor through sweat and blood and this kind of money lost panic is a can complain issue. Speed increases the sense of security in the minds of rural merchants. An edifying campaign that digital payments is secure and risk free The news of Digital Fraud is increasing and awareness about the security in digital payments is key. Fitness are incorporating defensive mechanisms for fraud detection and risk prevention and rural merchants are feeling a sense of security in depending on digital payments. But more than the problem of infrastructure it is the people distrust towards sophisticated technology. There is a quote that says, A superlatively advanced technology equals magic. While there are many advantages and amazing features that come with digital technology adoption, it also brings in a certain fear factor. The convenience, operability, and speed provided by finch solutions is conceived like, known devil is better than unknown angel. And this is where the Ministry of Electronics and Information Technology Meaty has taken necessary action to set up Common Service Centers CSCs which are manned digital financial hubs to spread word on the transparency and reliability that a digital world can bring in. Also it holds the power to cater to the questions and fears of the rural population and explain that digital banking comes under governmental policies and digital finance options laid down for rural citizens. The government has invested more than Rest 65 crore to promote digital financial services such as UPI, IMPS, Bank Pops machines, etc. in the rural sectors of the country. The mobility industry is clearly going through one of its most disruptive periods with electrification being one of the major drivers of this transformation. Over 100 new models of.

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Everyone has a fair chance without needing coaching. Podcasts were transforming the presidential election, Brady Bruckner-Wood wrote in an Oct article in The New Yorker. While Kamala Harris courts female voters on Call Her Daddy, Donald Trump is doubling down on his appeals to terminally online young men, Bruckner-Wood said. India is making steady progress to achieve its goal of Visit Bharat 2047, but multiple fault lines are lurking in the background, some festering and few latent ones. A cultural nation, also described as a nation state, has done reasonably well in forging the common identity of Bharat, anchored to the armed forces, sports specially cricket, Bollywood, high performers in foreign lands, and visions of being a software giant. Notwithstanding these catalysts, it has been saddled with directionless, self-serving, politico-bureaucratic hierarchy. Diversity, which can be used to generate positive multiple choices, also has the potential to breed malevolent fissiparous tendencies, notably north-south divide. Old ones like Northeast NE and Kashmir fester, and Khalistan threatens to erupt again. Even legacy problems in NE have added new complexities of tribal clashes and demographic influx. Conflict resolution has remained a critical weakness with just a few positive outcomes in Mizoram, Punjab, Assam, and minor sub-regional ones like Bodo and Gorkhaland. The macro-strategy has centred on hard power and security dimension, with security forces SF being tasked to achieve zero-terror environment. Concurrent rollout of better administration and development has also been attempted, but with sub-optimal results. Peace consequent to stable security situation is indeed addictive, but it needs to be supplemented with socioeconomic matrix to generate employment and wean youth from terrorism. Proxy war Successful, free and fair elections followed by installation of the National Conference-Congress regime is indeed a welcome development. It bears reiteration that alternatives like coalition of king party, proxy propped-up elements would be counter-productive. The security situation is characterised by temporary spurt in desperate, high-visibility incidents. Dynamic selection of targets by terrorists in areas with voids Reasi-Doda-Kishtwar, and Kathua-Bani-Machedi is now being addressed by reinforcing the security grid. The standard, fire brigade response of inducting more Army units needs to be replaced by CAPFs and police taking on their designated charter. CAPFs have to be empowered with Rashtriya Rifles type of ethos. It will be a great idea to display large heartedness and restore full statehood with genuine devolution of power, under a capable governor who can act as a bridge between Centre and state. The recent call by Omar Abdullah on reviewing Indus Water Treaty IWT restrictions needs to be shaped into Kashmiris gaining control of their water and hydro-power potential by review of IWT. Festering NE is really the mother of insurgencies, with nearly dozen regional and sub-regional movements. Naga insurgency, festering since the 1950s, is still the Gordian knot that needs to be unravelled. The latest ultimatum by Muivah is indeed ominous. It is true that old warhorses Isak Chishi Swu and S Khaplang are gone and Thuingaleng Muivah is ailing, but the next generation has some equally radical elements like Phungthing Shimray. Incessant Meitei-Kuki clashes in neighbouring Manipur have made the situation more complex. The idea of Zogam or

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In security architecture, has been discredited in petty politics. Consequently, Manipur after the Jiribam incident is getting 20 more CAPF companies, taking the figure to 218 companies. It has become one state with many CAPFs. The answer is certainly not in numbers but efficiency. It may be prudent to put the state through a J&K type of central rule under a capable governor and new interlocutors, to rebuild trust between communities. Khalistan bogey it is accepted inference that Khalistan movement is overhyped and is vectored by external elements. Khushwant Singh had aptly opined that the Khalistan problem germinates in a four-inch mind space of protagonists outside. The recent, welcome initiative of Punjab Vision 2047, a brainstorming session organised by dynamic MP Vikramjit Sahney, has generated great optimism. In the sensitive border state, there is an urgent need to adopt a bipartisan approach and address problems, which have not only been flagged, but are also being shaped into an action plan by KPMG. The present governor, new to the state but with decades of administrative experience, could indeed help steer this process. Left extremism In brief, it is becoming a success story and CAPFs deserve acclaim, but a note of caution: conflict is not over till it is finally done and terminated. The recent Supreme Court judgment granting mining royalties to states will give ownership and resources, yet they need to be deployed appropriately. A regional, security and development coordinating mechanism is recommended. Fault line in South It is natural to have fissiparous tendencies in a vast and diverse cultural nation, but the glue of common culture it can come unstuck if delicate issues of federalism are not handled with maturity. There are signs of growing discontent due to possibility of redistribution of seats after delimitation, reducing parliamentary heft south of Vindhyas. This has fuelled desire for promotion of distinct identity, anchored to Dravidian culture and regional languages. Even pragmatic CMs are making a pitch to increase birth rates in southern states. Hopefully, planners will wake up out of their ostrich slumber and address the issue with sensitivity. Resolution matrix Governors and designated interlocutors are key instruments to conflict management. In centrally administered states and Union territories UT, even advisers wielding a great deal of executive power can be key enablers. There can be no real ironclad template for selecting these functionaries, but it will be relevant to undertake an objective performance appraisal and formulate broad guidelines. India has dealt with multiple insurgencies over 60 years and developed signature security strategies like proportionality of response, iron fist in velvet glove, and Sadbhavana, but we need to map approaches for complementary socio-economic interventions with efficient politico bureaucratic structures. Nurturing a cohesive national identity in nations characterised by religious and ethnic diversity is a delicate task. It requires addressing historical divisions, mitigating present-day polarisation, and fostering inclusivity. India experience during its independence struggle and the tumultuous partition of 1947 offers valuable lessons. We can better understand the challenges and strategies for building unity in such nations by examining key events, influential figures, and philosophical insights. Historical context: Unity and division the independence movement in Indi

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Like motor test benches, mixed signal oscilloscopes and cell/battery cyclers some of which can cost 3 5 cores each. Even if the funding could be raised by startups to afford these R D costs, talent remains a major bottleneck that prevents India from being globally competitive. Countries like the USA and China have been investing in automobiles and EVs for so long that their EV industries have developed immense expertise in the field. India is unfortunately still lagging behind and many organizations struggle to recruit quality engineers. This struggle is especially worse for startups, many of whom struggle to compete with the pay packages and benefits that large manufacturers like Tata Motors, Mercedes Benz and Mahindra can provide. All of these struggles are occurring in the backdrop of major supply chain crises the EV production process has been called a manufacturing hell because of its numerous bottlenecks. The process of making automobiles involves high fixed costs, and complicated coordination with different suppliers to source various materials and components. These are issues that are mitigated by economies of scale but that requires significant capital and investment there is a good reason why the gap between making a prototype and mass producing an EV is ominously called the valley of death. Many startups are unable to find investors who have sufficiently long term thinking Funding difficulties are also the main reason dissuading startups from exploring new ideas. Even with investors, the situation can arise where their expectations are not in alignment with the company vision. EVs: Long term opportunities that are not a zero sum game It is clear that EVs have immense potential to both deal with climate change as well as fuel economies. While there is significant competition between different companies of varying sizes and even different technologies, anyone who has spent any time with EVs realises that EVs are not a zero sum game. The scale of the problems and their sheer variety mean that multiple companies will be needed to provide a variety of EV solutions. This is not to say that the EV industry will not be competitive but more to highlight the opportunities for collaboration and collective movements, especially among startups. This may lead to a new type of EV organizations that are more interested in ecosystem building than developing products themselves. Take testing equipment for example one individual EV startup may not be able to afford all the equipment required, but an organisation with multiple EV startups as members could purchase this equipment and split the cost across its members over a period of time. This is a far more efficient use of the equipment and may be a more effective model at a time when equipment is becoming more expensive and difficult to source. Startups would obviously benefit tremendously from access to state of the art equipment while maintaining lower capital expenses, lesser risk and reduced cash flow issues. This model could also be used to consolidate talent which EV startups could access through.

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Learning process accordingly. This means that teachers can focus on our unique needs and abilities, helping us excel at our own pace. Timely feedback and improved assessments Have you ever wondered if there was a way to get immediate feedback on your assignments? AI can help with that By using AI-powered assessment tools, our teachers can grade student work quickly and give us feedback right away. This way, we can understand where we need to improve and build on our strengths. Identifying and bridging learning gaps In India, we face disparities in access to quality education in different regions. AI can help us bridge this gap. By analyzing data, AI can pinpoint areas where students need more support and resources. This insight allows policymakers to allocate educational resources more efficiently, ensuring that every student has an equal opportunity to succeed. Streamlining administrative tasks AI can also assist our teachers and school administrators in managing administrative tasks more efficiently. By automating processes like enrollment, record-keeping, and scheduling, our teachers can devote more time to teaching and mentoring us. This can lead to a smoother educational experience for everyone. Lifelong learning and up skilling: AI can facilitate lifelong learning by offering personalized, on-demand courses tailored to individuals evolving career goals and interests. With AI-driven platforms, professionals can stay updated with the latest developments in their fields, ensuring they remain competitive and adaptable in the job market. Early intervention for struggling students AI can play a vital role in helping students who might be struggling academically. By analyzing data, AI can identify students who need extra support and intervention. Early identification of learning difficulties can prevent students from falling behind and give them the necessary help to succeed. AI-powered content and curriculum AI has the potential to transform the content and curriculum, making it more relevant and engaging for students. By analyzing vast amounts of data on student preferences, interests, and learning outcomes, AI can recommend and generate content that resonates with learners. This adaptive content approach ensures that students stay motivated and connected with their studies, fostering a love for learning. AI in special education The integration of AI in special education can be a game-changer for students with learning disabilities. AI-powered tools can identify specific challenges and adapt learning strategies to accommodate individual needs. For example, speech recognition technology can assist students with language difficulties, while AI-driven visual aids can enhance comprehension for those with visual impairments. As we embrace AI in education, we must also address ethical concerns. Ensuring the privacy and security of our data is essential. Additionally, while AI can enhance our learning experiences, it should not replace our teachers. Our teachers play a significant role in guiding and inspiring the students, and AI should complement their efforts rather than replace them. The integration of artificial intelligence in education represents a transformative leap towards a more inclusive, personalized, and efficient learning ecosystem in India. By harnessing the power of AI, we can elevate education to new heights, ensuring that every student has the opportunity to reach their full potential. With responsible implementation, AI se

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Like motor test benches, mixed signal oscilloscopes and cell/battery cyclers some of which can cost 3 5 cores each. Even if the funding could be raised by startups to afford these R D costs, talent remains a major bottleneck that prevents India from being globally competitive. Countries like the USA and China have been investing in automobiles and EVs for so long that their EV industries have developed immense expertise in the field. India is unfortunately still lagging behind and many organizations struggle to recruit quality engineers. This struggle is especially worse for startups, many of whom struggle to compete with the pay packages and benefits that large manufacturers like Tata Motors, Mercedes Benz and Mahindra can provide. All of these struggles are occurring in the backdrop of major supply chain crises the EV production process has been called a manufacturing hell because of its numerous bottlenecks. The process of making automobiles involves high fixed costs, and complicated coordination with different suppliers to source various materials and components. These are issues that are mitigated by economies of scale but that requires significant capital and investment there is a good reason why the gap between making a prototype and mass producing an EV is ominously called the valley of death. Many startups are unable to find investors who have sufficiently long term thinking Funding difficulties are also the main reason dissuading startups from exploring new ideas. Even with investors, the situation can arise where their expectations are not in alignment with the company vision. EVs: Long term opportunities that are not a zero sum game It is clear that EVs have immense potential to both deal with climate change as well as fuel economies. While there is significant competition between different companies of varying sizes and even different technologies, anyone who has spent any time with EVs realises that EVs are not a zero sum game. The scale of the problems and their sheer variety mean that multiple companies will be needed to provide a variety of EV solutions. This is not to say that the EV industry will not be competitive but more to highlight the opportunities for collaboration and collective movements, especially among startups. This may lead to a new type of EV organizations that are more interested in ecosystem building than developing products themselves. Take testing equipment for example one individual EV startup may not be able to afford all the equipment required, but an organisation with multiple EV startups as members could purchase this equipment and split the cost across its members over a period of time. This is a far more efficient use of the equipment and may be a more effective model at a time when equipment is becoming more expensive and difficult to source. Startups would obviously benefit tremendously from access to state of the art equipment while maintaining lower capital expenses, lesser risk and reduced cash flow issues. This model could also be used to consolidate talent which EV startups could access through.

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Following World War II, the United States of America anointed itself the leader of the free world, committed to planting the flag of democracy globally. Much of this global positioning was facilitated by a celebration of its constitution. The constitution, though written in dense legal prose, enshrined the concepts of liberty, equality and freedom. Nourished by a powerful Supreme Court and gushing popular culture portrayals, it became the global gold standard for constitutional documents. Oil producers and refineries exporting downstream products have had a good run this year. Consequently, on June 30, GoI levied an indirect tax on them to capture a part of the windfall gains. The levy of indirect taxes in the form of chess on domestic crude production sold at import parity prices, and on export of petrol, diesel and aviation turbine fuel will accrue entirely to GoI. This is because a chess is not part of the divisible pool of taxes that has to be shared with states. Last week, the GST Council had a two day meeting where steps to reform the structure of the indirect tax by closing some exemptions and correcting inverted duties were approved. Its a welcome move. GST has withstood stress tests in 2020 21 when the economy contracted. It withstood the challenge and its resilience is now beyond question. However, GST remains a work in progress. For example, the Council needs to extend GST to important economic inputs currently outside its purview. Notably, petroleum products and electricity. One of the aims of GST is to improve Indians economic competitiveness by removing the cascading impact of taxes. Keeping petroleum and electricity outside GST will not help us realise this goal as input tax credit is unavailable when they are used in economic activity. States are reluctant to subsume these products into GST as they feel GoI has eaten into the divisible pool of taxes by resorting to chess and surcharge. They have a point the share of chess and surcharge in gross tax revenue increased from 10.4% in 2011 12 to 15.3% in 2018 19. Both levels of government face fiscal pressure. But if Indians most important indirect tax reform, GST, has to live up to its potential all stakeholders have to take the long view. GST was the outcome of a grand bargain when states ceded unilateral tax powers over the major part of their base in return for a temporary guaranteed compensation to smoothen the transition. That phase is over but much needs to be done. The way forward is for GoI, the entity with superior taxation powers, to avoid frequent recourse to chess. It vitiates the atmosphere and limits GSTs potential. Avoiding chess to persuade states to bring petrol, electricity and all of real estate into GST should be the next big target. Its direct impact will be on Indians competitiveness. All sensible Indians would agree with CJI Ramana that the judiciary must function as an independent organ of governance, answerable to the Constitution alone he is also.

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Bench also called homemakers nation builders: a eulogy that I will return to. The judgment is the latest milestone in a quietly progressive strand of Indian jurisprudence. In Jan 2021, the Supreme Court in Kirti v Oriental Insurance held that a homemaker's notional income must be seriously computed in accident claims, with Justice N V Ramana observing that this recognises the labour of millions of women. In June 2023, Madras high court went further. Justice Krishnan Ramasamy, in Kannaian Naidu v Kamsala Ammal, ruled that a wife who toils as a homemaker is entitled to an equal share in assets standing in her husband's name, because his ability to go out and earn rested on her unpaid labour at home. Hers, the judge noted, is a 24-hour job without holidays; it cannot be ranked below the husband's eight-hour one. The numbers behind these judgments are stark. India's Time Use Survey shows women spend close to five hours a day on unpaid domestic work, against barely half an hour for men among the most unequal divisions in the world. This burden is the single biggest barrier to women's paid work in India, and it shapes the terms of re-entry: later, lower, for less. When Kamal Haasan's party promised salaries for housewives before the 2021 Tamil Nadu elections, I argued in these pages against the idea. My objection stands. A monthly wage for housework paid by the husband or by the state takes the male-breadwinner family as a given and sets it in concrete. It converts an unjust division of labour into a permanent job description. It would deepen women's dependence, not reduce it: a salary routed through the household would, in most Indian homes, not be under the woman's own control. And it says nothing about the real issue that men share the work. So, are the courts doing what I argued against? No, and the distinction is the difference between pocket money and power. Wages for housework would pay women to stay where they are. The courts are instead recognising the value of women's unpaid labour at the point where entitlements are decided. Madras high court did not order husbands to pay their wives a salary. It said the houses, the land, the savings that accumulate during a marriage are joint products of his employment and her labour, and she owns half. That is not a wage; that is a property right. Ownership gives women what a salary never could: a claim independent of the husband's goodwill, bargaining power within the marriage, and a viable exit from a bad one. Now, about the halo. Courts and politicians alike reach for the language of veneration: homemakers as nation builders, mothers as goddesses, and the home as the woman's temple. This is precisely the vocabulary conservative voices deploy to sanctify women's confinement to the home. They glorify the pedestal, and no one asks why she cannot step off it. Women do not cook and clean out of patriotism; they do it because an unequal division of labour leaves them little choice. These judgments matter for the entitlements. They create compensation and property shares not for the eulogies that accompany them. The limits are also clear. Recognition that arrives only when a woman dies in an accident, or when a marriage ends in litigation, is recognition deferred to a posthumous audit of a lifetime of work. And as Justice Ramasamy himself noted, no Indian law yet recognises a wife's contribution to matrimonial property; he could rule as he did, but another judge may not. That is the unfinished agen

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the courts have begun: a matrimonial property law treating marriage as an equal economic partnership. Women who keep family farms and firms running while being counted as 'not working' must be recognised as workers with a claim on the earnings. Public investment in childcare and eldercare must shift the load off women's shoulders, instead of pricing it there. The courts have stopped pretending that housework is a labour of love with no economic worth. The harder task is ours: to stop believing it is women's work. The most radical valuation of housework is not a number a judge fixes after a tragedy, nor a halo. It is a husband doing half of it, unremarked, on an ordinary Tuesday. Region-based disparity in Odisha: Present decade and the past the eastern part of Odisha is developed and holds regional significance. In the present decade, other regions appear to have gained some significance. This article aims to highlight the changes observed in the other parts, particularly Western, over the present decade, contrasting with previous years. In any state, it may not be realistic to expect all regions to develop uniformly. However, it becomes a matter of grave concern when regional disparities are stark and severe. Some regions remain far more advanced; some remain at the distant last, and some in between. Odisha, as a state, suitably exemplifies this situation where regional disparity is disgracefully evident and unusually frightening. The coastal region, comprising around one-fourth of the state, broadly identified as the eastern part, is the most developed region. The remaining three-fourths of the state are largely backward and underdeveloped. Notably, the rest of Odisha could also be divided into two categories in terms of development. This article, in this context, seeks to highlight some of the changes that appear to have occurred in the rest of Odisha, in general, and Western Odisha, in particular, in the present decade, as distinct from those of the earlier one. The areas outside eastern Odisha are often overlooked. In crucial development metrics such as poverty levels, debt-induced migration (Dadaan), literacy, life expectancy, malnutrition, and overall standard of living the rest of Odisha falls significantly behind. The situation is such that some government employees posted to certain parts are sometimes called 'punishment postings'. This neglect is evident across various domains, including political representation, ministerial berths, and the number of people occupying government offices or important positions. Similarly, there is a severe disparity in terms of physical infrastructure development. All major and crucial educational institutions and health facilities are established in Bhubaneswar or Cuttack. It won't be an exaggeration to say that the dream of higher education will not be realised for a student from the rest of Odisha without studying in Bhubaneswar. Similarly, a patient's survival is impossible without getting treatment in Bhubaneswar. The same goes for judicial service. A court case may not be resolved without visiting Cuttack. This dynamic creates a perception that Odisha is synonymous with Bhubaneswar or vice versa. The marginalisation is not confined only to economic, political, or infrastructural development, but also to culture and language. The enduring pattern of regional disparity for decades raises critical questions about policy formulation, and its implementation aimed at developing underprivileged a

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Right that such ideal functioning is made difficult by the party in office expecting judicial endorsement of every governmental action and opposition parties likewise expecting support for their causes. But judging by the parameters of constancy and transparency, it is perhaps equally indisputable that painful gaps remain in courts answerability to the Constitution that are entirely of their own doing. For example, despite Article 20 2 safeguarding against double jeopardy, and also an SC judgment that subjecting an individual to numerous proceedings on the basis of the same cause is violative of fundamental rights, the clubbing of multiple FIRs into one jurisdiction is yet to become a procedural commonplace. Nupur Sharma is just the latest to experience this. In a much more widespread malaise, the elemental concept of bail not jail has yet to be internalised by the judicial labyrinth. On the transparency front, judicial appointments themselves present the most glaring gaps. In a strongly worded minority opinion when SC struck down the NJAC Act, Justice Chelameswar had written that transparency is an aspect of rationality and the need for transparency is more in the case of appointment process. The judgment too had underlined the need to enhance the collegiums transparency. And yet, great opacity still persists in appointments, as also in case listing. Constitutional matters like challenges to the nullification of Article 370 sit delayed before multi judge benches, with poor explanation. These are challenges that are very much within the judiciarys domain to address. It can do a far better job of keeping faith with the Constitution, plus the citizens and their civil liberties. Last weeks Bricks summit was bookended by some excitement over the possibility of the group expanding by accepting new members and reports that Argentina and Iran had applied for membership. What this obscures, however, is the fact that amid the evolving geopolitical situation, the Bricks mechanism appears to be undergoing an identity crisis. There is a deepening contradiction at the heart of the grouping, which is likely to result in extremely difficult choices for Indian foreign policy. Historically, economic cooperation and somewhat shared perspectives among emerging markets on matters related to global governance reform provided the raison d enter for Bricks cooperation. In this sense, the groups agenda was not just economic but also political. The addition of South Africa, the only African economy in the G20, to the Bricks in 2010 further underscored this. To be a mother you must first be a wife, every uterus knows that. Only after families say yen shade naming ho skate and wives tell husbands main apace batches Ki ma bane wale hood do kids get to say main first class main first aye hood, ma! That the correct order. We ask strangers how many kids they have only after they nod to are you married? Reproductive systems are activated at the end of wedding receptions. Pregnancy tests that show two pink lines are strictly for a Mrs. A Miss, when caught with such a kit is.

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Buying it for a cousin or neighbour. When a hetero couple is having fun, only one of them can miss a period. The other just has to say, Dent be hyper. Women who stare anxiously at calendars with fingers crossed could be wishing for or against. Some women want kids, have them. Some women have kids, dont want them. Some women dont want kids, dont have them. New moms and babies face each other warily. Some moms baby talk to the baby even when the baby is a badly in his 50s. Some moms hand baby to nanny and are pleasantly surprised when baby grins one day and there are 32 teeth in its mouth. Babies themselves roll their eyes when you bring in a second bundle of joy, your back up baby in case first is misplaced. Firstborn wants it returned pronto and loses all composure when told but you wanted a sibling. Brought up on films where babies are born after two flowers shake a lot, Indian kids routinely suffer heart attacks in biology class. They go back home, look at their parents and shake their heads, Nah, not them! Pills, pull out, prayers no method is foolproof, so, oops, here we are. Not all of us were planned; ova just cant be trusted around a sperm. As condom companies are routinely burnt to the ground or sued for school fees, celibacy cannot be recommended highly enough if populating the planet is not on your to do list. While we pester the newlywed for good news, a quick first pregnancy always sparks backward counting; the baby better look preemie. When married women ask about birth control, they are told to wait, what if they want more kids, eh? When unmarried women do, they are asking for a friend. Life is a divine creative force. We are not dependent solely on instinctual drives but also possess virtues of awareness, reasoning, common sense, reflection, will, logic, morality and discerning real and unreal. These virtues bestow immense freedom of making choices. We are not separate from other creatures. We carry within the entire evolutionary memory beginning from marine life, amphibians, reptiles and mammals. However, beyond a certain threshold of upliftment, its entirely our choice how to steer our lives and what to become. Embracing these virtues helps in evolving and living life free from unconscious reactions. By exercising freedom of choice, we can make our lives worthier and meaningful. We can carve our own paths. Samsara are those pathways. Sam means total and Kara means action. We often misconstrue samsara as something positive and righteous. Samsara are neutral. They literally mean impression or groove. These impressions are created both consciously and unconsciously and stored as memory in Chita the huge storage and powerhouse of impressions. These impressions mound our inner potential to create us as us. Once stored in chitter, these impressions drive our responses and actions. On facing familiar situations or events, samsara evoke familiar responses. They drive us on.

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Autopilot mode these internal reflexes have the power to recreate the same reflexive outcomes and repetitive behaviors. Thus, what we are today is because what we were in the past and what we will be in the future depends on what we are today. Samsara constitutes our deep rooted tendencies, habits, consistent patterns of reactions, behavior, outlook, feelings and way of perceiving. Findings suggest that the brain hardwires repetitive learning to conserve energy and resources so that the same can be redirected towards new learning and behaviors. For example, initially, learning to drive a car was cumbersome. We lacked coordination and while we paid attention to some functions, we missed others. However, over time, we developed skill and dexterity to coordinate all functions together and mastered driving. Today, we hardly pay attention to where the steering is, how to change the gear or accelerate. We drive effortlessly. Skill mastered is now part of our subconscious and in a split second we drive and navigate without any difficulty. The pattern we sow as samsara directs and influences our future actions and outcomes. My outcome how I drive today is entirely based on how I learnt driving in the past. That why, my style of driving is consistent and uniquely different from others. Generally, samsara are helpful and essential for navigating our lives. However, they become unhelpful when past samsara start coloring our present and restrict our vision of seeing things as they are. When internal, past conditioning unconsciously shapes our present perception, we get stuck in the karmic groove that restricts us from moving forward. Loosening the grip of such samsara is a challenge, but planting strong intentions and constant repetition helps in creating a corresponding groove or tendency. Scientific evidence suggests that nerves that fire together, wire together. Deeper the groove, more likely we tend to follow that track just like water flowing through channels. Thus, by moving from conscious towards unconscious and automatic, we can reprogramed ourselves. Recently, I came across a puzzle floating in What Sapp groups. I reproduce it verbatim, not to bias the readers from any clue or hint. A lady buys grocery worth Rs.350 from a shop. Shopkeeper selling the goods with zero profit. The lady gives him 2000 Rest note. The shopkeeper gets the change from next shop, keeps 350 for himself and returns Rs.1650 to the lady. Later the shopkeeper of the next shop comes with the Rest. 2000 note saying duplicate and takes his money back. How much LOSS did the shopkeeper face? Select the correct option 350; B. 1650; C. 2350; D. 3650; E. 4000; F. Other Specify Amount. No need to scratch your head. The correct answer is supposed to be Rest 2000 because, the shop keeper ended up in a fake note Rest 2000/. Well, this solution is mathematically correct. But let us look at this episode from ethical angle. The episode here involves three persons. On one hand, we have here, a lady who moves freely with a.

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Perhaps the White House has high shelves or hard to reach corners. How else can one explain its obsession with the height of those who come to camp there? Both the outgoing president and his predecessor were six footers. The president elect is a self-proclaimed 6 3. But given his track record of telling tall stories nobody took him at his word, and they sought independent confirmation. As luck would have it, he has emerged unscathed from the inquiries, as indeed he has from other, more ominous investigations. What do the American people look for in a Potus prospect? I grant that they do not wish to have a leader who is palpably past the best before date. But an occasional brain fade and the mix up of his deputy names with that of his arch rival can happen irrespective of your height. One of history most celebrated leaders, Napoleon attained undeserved notoriety as le petit corporal. Apparently, he was as petit as his critics made him out to be, but the image stuck. It gave rise to the Napoleon syndrome the theory that short people tend to get more aggressive since they feel compelled to compensate for their lack of physical elevation. And the question on everyone mind is why the president to be is so unabashedly aggressive. Unless there is some other shortcoming he is not telling us about. Those who believe that height is might do not understand power politics. It not as if a diminutive stature comes in the way of a commanding presence. Putin is 5 7 the same as our Modi. Mao the man who in his time commanded a thousand flowers to bloom was under six feet. All of them, in their different ways, have made short shrift of much taller opponents. There is only one consolation to be derived from all this. America voters and all those around the world who were surprised that Kamala Harris was bested at the elections, will be happy to know the real reason for her defeat. She did not lose because she joined the race too late or because she laughed incessantly and inexplicably. Actually, she missed being president by inches. Looking to the future, Trump 69 son Barron dwarfs everyone in sight. At some point in time, that could be yet another reason to make America gloat again. Having turned the vote his way in just about every corner of the 50 states in America, Donald Trump victory in the race for the White House appears to reflect a sweeping turn to the populist right, across all demographics. But US is just another country where the protest vote not necessarily on the right or left has become the new majority. Widespread talk of a global anti-incumbency wave misses one important distinction. This year, in the 50 most populous democracies, incumbents have won 14% of the elections in developed countries, compared with 73% in developing countries. Surveys show the same stark gap. In large developed countries leaders have an average approval rating of barely over 30%, way below the norm; in large developing countries they have an average rating of 54%, just above the norm. The wave is not global, it is a revolt against long term rot in post capitalist economies, of which America is the leading example. For the first time since the late 1800s, the party in power has lost three US presidential elections in a row (including Trump defeat in 2020). With anti-incumbent hostility so high, it too early for triumphal conclusions about the strength of his mandate, or the durability of his majority. The natural election advantages once enjoyed by incumbents ar

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By the same token, is that leader best who leads the least? Most conventional ideas of leadership be it in the context of a nation, or accompany, or an extended family are based on a top down concept. A strong leader lays down the law, which all subordinates are enjoined to obey without question. This model of leadership paves the way for authoritarianism, the antithesis of democratic equality. The alternatives to strong, top down leaders are leaders who see that their primary job is to make themselves redundant as quickly and efficiently as possible. Several descriptive terms have been given to what might be called the art of redundant leadership. One of the earliest examples of this, in the context of Western philosophical tradition, is that of the fourth century BCE Greek thinker, Socrates, and his dialectical method based on question and answer, whereby pupils would arrive at the solution to a problem through their own reasoning, with only minimal guidance from the teacher. The Socratic Method which is sometimes subsumed under the term heuristics derived from the Greek term heuriskein, to find is often referred to as the lave Boy Demonstration. Asked to prove his statement that all knowledge is recollection, which he based on a belief in reincarnation, Socrates sent for a young slave. Having ascertained that the boy had no knowledge of mathematics, Socrates drew a square on the ground and asked the boy how its area could be doubled. The boy said it could be doubled by doubling the lengths of the four sides. Socrates pointed out that this would quadruple the square. The boy attempted several solutions until, learning not from the answers Socrates gave him, but by the questions he asked, the boy arrived at the correct conclusion: to make a diagonal of the square the base for a new square. Socrates sought to show that the ability to arrive at the right answer, is innate; all that is needed is a mentor who asks more questions than hands out answers till a solution is reached, making the role of the mentor redundant. Do not come to me to show you the path. You must find your own path, your own way, Jiddu Krishnamurti would repeatedly exhort the acolytes who would flock to him. Zen masters chart a similar journey of self-discovery which makes the tutor irrelevant. Zen uses the Koen to help the seeker achieve Satori or Kenco. Ken means seeing and Shoo means Essence. Kenco, or Satori, is the experience of enlightenment derived from seeing within. The Koen is a paradox which defeats rational thought to achieve a salience of non-sense, that which is beyond the snare of self-perception. There are said to be some 1,700 Koans in all, developed by masters with the aim of making the role of masters superfluous. The most famous Koen is what is the sound of one hand clapping? The question has no right or wrong answer. No master or pupil, no Socrates or slave, no leader or the led. Just the silent resonance of singularity. Predicting the past is always easy. It becomes easier when one does want to move ahead in time and space. This is exactly what India decision makers and politicians seem to be doing in Manipur. They appear to raise too much dust about who did what and what should have been done in the past, instead of helping Manipur return to peace. With the return of violence last week centred around Jiri bam district, Manipur is now both a subject of power struggle at home and of election campaigns in distant Maharashtra and Jharkhand. What has

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Fake note of Rest 2000 either innocently or ignorantly knowing fully well that carrying fake currency is illegal. She gets her stuff and walks away home coolly. The neighboring shop keeper exercises his right to get back his Rest 2000 claiming that the note is fake. The main shop keeper, who sells the goods on no profit incurs loss because of no fault on his part. However, why didnt he notice that the note was fake, in the first instance itself and lodge a police complaint? He might have thought that by doing so, he would lose a customer, and any way, the note will be safely passed on to the neighboring shop! While we are discussing the deal as a transaction among three people, we should not forget that the real culprit is the person who printed fake note, and the whole system which has not been able to catch the thief since its printing and circulation. A close introspection reveals that all of us, so called general public are a part of the corrupt system, and the existing rules will not help out in coming to an ethical solution. We wear different hats depending upon what suits us. Sometimes, we behave like the lady who walks freely with a corrupt note, showing innocence or ignorance of the procedure. At times, we behave like the neighboring shop keeper, who shows self interest, not even bothered to ask how did it happen, and what could have been done to improve the system. More often, we behave like the shop keeper, and take a chance till we are caught by someone. Unless we change our mindset and come together to address the issue from an ethical angle, the fake notes and corrupt practices are bound to remain forever. What are the take away messages from this episode? It is not fair to target someone as corrupt without addressing the whole system. The solution, which is not simple, perhaps, lies in good governance which rewards good practice and punishes the corrupt practice. For example, in this case, investigation should be conducted and severe punishment should be inflicted against all persons who are found guilty of printing fake currency. At the same time, a strong incentive should be given to those who can give information to nab the culprits. They should also be given personal security to prevent victimization. On the other hand, if an innocent person is tricked by someone, like the shopkeeper in this episode, he she should be duly compensated immediately by following a transparent procedure. The loss should be compensated by the public relief fund as it is a collective responsibility to see that such thing doesnt recur. Having known the delay and hassles involved in taking measures based on judiciary or legislation in the Indian context, the only hope is executive machinery which should become proactive and take up such issues, till we evolve long term solutions of adding layers of legislation or judiciary. We dont need too.

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Many rules, but we need officers who are competent, assertive and ethical. Mathematics will offer solution which is correct. But ethics will offer solution which is right. Our education system should try to integrate Mathematics with ethics. It should happen at homes, schools and society. Lets wait for a day and date with MATHEMETHICS! The horrifying video of two radical Islamists beheading an innocent tailor in Udaipur shocked India. This is neither the first nor the last time it will happen but we need to take threats seriously, as, Kahayan All could have been saved. He reported the threats to the police but apparently it was ignored. The fact is that many people in India supported Nupur Sharma as she was made a scapegoat. No one spoke of what led her to quote a correct passage from the Hadith. Mullahs and Malians should realise that if they make fun of Hindu Gods, then others will question their belief systems. It pains me to see this terrible tragedy becoming a political slugfest. All parties must realise that Islamic radicalism hurts everyone and every community. There are millions of law abiding Muslims but there are also a few politicians and preachers who want to divide the country. They see India thriving and doing well and this upsets them. They would rather have riots and mayhem. The only way to stop them is to identify them and shame them on social media, print and TV. Such people want power at any cost even if it means sowing divisions and hate. There are tough solutions that our intelligence networks will have to follow. Warn hate preachers and jail them. Check regularly on what is being taught in Madrassas. If possible offer good schools instead of Madrassas. Members of the community should ensure that there is no violence after the Friday prayers. Teaching the good parts of any religion is fine but to incite people to riot and throw stones and burn vehicles and buildings cannot be condoned. Why should there be incidents of stone throwing by angry youngsters after the most Holy day of the week, where they ask Allah and Prophet Mohammed, to give them blessings and also most importantly to bring about peace in the world. If Prophet Mohammed was alive today he would not approve of what is being done in his name. He would be appalled by the incidents of violence and the fact that there are some dubious clerics and politicians who possibly incite youngsters. I have heard some of these visceral and hateful speeches, recently, saying that one community is under threat. The clerics and politicians who incite the youth would never ask their own children to riots. It is the poor and the vulnerable kids they target to fight their so called perceived battles something that the Prophet would have disapproved off. The rich clerics would never allow their own children to become cattle fodder. Their children get the best of education and are safe in secure.

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Jobs living in expensive neighborhoods. I know this as a fact as I personally have had a debate at a Lit Fest with a high ranking IAS officer who went to the best school in India and was a Muslim from one of the best known families in India but thought that Madrassas were great education for Muslim children as they could get jobs as clerics. I was too polite to counter him with Why did you not go to a Madrassa then? Or to point out to him that had his parents not sent him to the best of schools, he would not have had the opportunities that made him what he is and why would he want millions of kids going in for an education that gave them only a few choices either to be a cleric or a teacher. But since I knew his family personally, I can say I was aghast at his attitude. This is what I think is a mindset problem with some people in high places who are such hypocrites that they actually think that their children deserve better than other peoples kids who they use at every opportunity as useful idiots. These people are very much a part of the Breaking India forces. They are cynical and rich and care little about uplifting the poor. They will hit out at the leader of their own country who has genuinely distributed welfare, medical, food, banking and housing to all those who need it be they of any religion or caste. They will try and vilify all Indians and India in any forum national or international. Such people will sell themselves to cynically denigrate the very country that has given them everything. Every nation has such people. Some call them traitors but I say they are pitiful, pathetic losers. I was appalled to see a recent huge gathering of a minority community in Rajasthan, where every speaker was openly telling the people gathered there to come out in huge numbers again on Friday, June 17, after their Holy prayers and bring women and children along to show displeasure against Nupur Sharma and the BJP government. This despite the fact that Nupur has an FIR against her and has been removed from the party. Some so called leaders even want her hanged in a public square! Should such hate protests be allowed? I have lived and travelled to many countries and though protests are allowed in democracies, hate speech to incite thousands are definitely not allowed. The organisers and speakers would get into trouble and never be able to preach again. It is this mindset that led to the horrific beheading and it must not be tolerated. It has been found that the men who indulged in this ghastly crime were part of a group of radicals connected to Pakistan. There must be hundred such groups and we urgently need human intelligence at the local levels to find these cells that plan attacks and riots.

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Of education in India. Waking up can be a truly blissful experience, like emerging from a cocoon of serenity into the world of possibilities. As the sun gently kisses the horizon, the first rays of dawn seep through the curtains, illuminating the room with a soft, golden glow. The transition from slumber to consciousness is a gradual one, allowing the mind to slowly shed its dreams and embrace the present moment. In these tranquil moments, the mind feels clear, unburdened by the worries of yesterday or the uncertainties of the day ahead. The feeling of waking up refreshed and revitalized is unparalleled. The body, having rested and rejuvenated during the night, feels light and ready to take on the day challenges. The mind, too, feels sharper and more receptive, as if it has been polished during the night slumber. It is a time of renewal and hope, a chance to start anew, leaving behind any regrets or mistakes of the past. As the senses gradually awaken, they take in the beauty of the morning the soft chirping of birds, the rustling of leaves, the subtle aroma of brewing coffee or fresh flowers. The world seems to come alive with every passing moment, and there is a sense of connectedness to nature and all living things. Perhaps what makes waking up truly blissful is the opportunity it brings. It marks the beginning of a new day, a new chapter in one life, filled with endless possibilities and opportunities for growth. It is a chance to pursue dreams, connect with loved ones, and make a positive impact on the world. With each sunrise, life is granted another chance to savor the sweetness of existence and embrace all that it has to offer. In conclusion, waking up is a gift of renewal, a moment of peace and serenity that allows us to embrace the world with a refreshed perspective. It is a time when we can savor the simple joys of existence and find gratitude in the beauty that surrounds us. Every morning, we are presented with the opportunity to make the most of the day, to create new memories, and to savor the bliss that comes with being alive. It a pleasant evening in Bengaluru. Nikita, a high school teacher, has just finished an engaging lecture on photosynthesis, delivered seamlessly through the DIKSHA platform. Having finished her final class before the summer break, she hops on to the auto that she booked a couple of minutes ago via the Namma Yatri app to reach home in time. Together with her family, Nikita then departs for the airport. Upon reaching the airport, the cab driver Bharadwaja, points to the QR code which she scans to make her payment through the UPI enabled app BHIM. At the security checkpoint, she uses the DigiYatra app which facilitates a paperless and seamless travel experience leveraging credentials such as e-Aadhar through Digilocker. This is just an instance of how India Stack and other open-source platforms are unlocking the economic primitives of identity, data, payments, education and mobility, amongst others at population scale. At a 99% adult enrollment rate, India Aadhaar allows for paperless identity verification and faster direct benefit transfers, saving over ₹ 2 lakh crore for the government. With an 87% FinTech adoption rate, the highest globally, India stands at a total monthly real-time mobile payments value of around ₹ 5.5 lakh crores. When the world reeled under the impact of the COVID-19, India CoWIN platform emerged as a beacon of hope. The CoWIN platform is Digital Infrastructure for Vaccination Op

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Appointment scheduling, and issuance of digital certificates. As a result, more than 140 countries have shown interest in adopting it. In line with the philosophy, Vasudhaiva Kutumbhakam the entire world as one family), India has developed these technologies as free and open source software for all countries to leverage to accelerate digitization and promote collective growth. The development of these open-source software, data, AI models, standards and content for social good, also referred to as digital public goods) are a result of synergies arising from the combined efforts of arkar government), amaaj community) and Bazaar market). The government Sarkaar) hosts and maintains the products such as the India Stack, DIKSHA and CoWIN with an aim to leverage the power of technology and digital infrastructure, to create an inclusive, empowered, and digitally-enabled society. The India Stack consists of multiple products of which the Aadhar, e-auth and e-KYC is run by the Unique ID Authority of India. Similarly, eSign is run by the Ministry of Communications and Information Technology, Digilocker by the Ministry of Electronics and Information Technology and UPI by the National Payments Corporation of India. The community Samaaj) has also contributed solutions, such as the platform by eGov Foundation, which facilitates easy access to government services for citizens, and the e- developed by inspirit, an open-source software development kit that enables Aadhaar authentication and key processes for businesses. These initiatives are supplemented by engagements such as hackathons and conferences, like those organized by FOSS United which provide a platform for collaboration towards the shared goal of developing technology for social good. Lastly, the market Bazaar) has also contributed to the ecosystem by innovating and developing. For instance, the Namma Yatri app by JusPay enables open mobility and affordable auto rides by connecting drivers directly with the customers. Similarly, the Pincode app by PhonePe offers hyper local shopping offerings to bring small merchants into the digital shopping fold through the Open Network for Digital Commerce platform. Population scale platforms like Aadhaar, CoWIN, and have revolutionized the way governments and citizens interact, but building and maintaining these platforms requires a community of talented open-source contributors. However, despite a yearly pool of more than 95 lakh graduates from institutes of higher education in India, many are unaware of how to contribute to the tech industry, especially when it comes to complex population scale projects like. The lack of structure and constant evolution of tech may hinder their contributions. As developing countries increasingly rely on for growth, it becomes critical to attract top engineering talent to contribute to the DPG revolution. This is where Code for Rotech C4GT) comes in, bridging the gap by providing a platform for individuals to actively contribute and make a meaningful impact in the open-source community. In its second edition, C4GT is shooting for a larger goal to create a bigger and stronger open-source community, leading to increased innovation and long-term sustainability for. The program has three major enhancements including a larger pool of contributors catering to both students and professionals, an extension to global contributors, and the opportunity for mentoring organizations to receive incubation funding from C4GT partners f

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A sign of change has been noticed, particularly in the present decade or a little earlier. Although less pronounced, the rest of Odisha appears to get some significance. It may have been the beginning of the change, but it remains promising as it acknowledges long-overdue recognition for the rest of Odisha and Western Odisha. It's important to acknowledge that this enhanced recognition is not coincidental; it stems from central government initiatives and the sensitivity of leaders who represent and advocate for these regions. Continued attention and action are vital to sustain and build upon these developments. An exhibition and a dialogue with Buddha The breeze from Indus, a Shiva mantra at Kailas, a trek in Chushul and a chadar walk on frozen Zanskar. All this put together describes Tarun Vijay. He is a former BJP member of Rajya Sabha. The blog revolves around everything that is Mother India and her concerns. The death of the Buddha is a subject that is seldom discussed, but the truth is that his Maha Parinirvana (the ultimate passing) of Buddha spread his message to the world more powerfully than ever. He breathed his last in Kushinagar. Following his funeral rites, his ashes and bone relics were equally distributed into eight caskets. Seven were given to various disciple kings, and the eighth was handed over to the family of the Buddha the Sakya princes. All the Sakya relatives of the Buddha offered jewels in his memory. These were placed inside the casket, which was then sealed. The casket was respectfully placed inside a sandstone box, sealed again, and buried 18 meters beneath the surface. A sacred stupa was then built over it. Two centuries later, Emperor Ashoka is said to have opened seven of these original stupas to redistribute the relics into thousands of shrines across his vast empire. The inscription, scratched onto the lid of a steatite (soapstone) relic vase buried deep within the stupa, was written in early Mauryan-era Brahmi script. The transliterated text reads: Sukiti-bhatinam sa-bhaginikanam sa-puta-dalanam iyam salila-nidhare Bhaddhasa bhagavate sakiyanam. This translates to: This enshrinement of the corporeal remnants of the Buddha, the Blessed Lord, is the pious gift of the brothers of Sukirti, jointly with their sisters, their sons, and their wives. A detailed breakdown of its meaning reveals its profound historical significance: Salila-nidhare (Relic Receptacle): Identifies the vessel as a sacred treasure deposit holding the bodily relics (śarīra) of the departed. Bhaddhasa Bhagavate (The Blessed Buddha): Explicitly confirms that the bone fragments inside the urn belong directly to the historical Gautama Buddha. Sakiyanam (Of the Sakyas): Identifies the donors as the Buddha's own clan. According to Buddhist texts, after the Buddha's cremation, one of the eight equal shares of his remains was given directly to the Sakyas of Kapilavastu. The story of the Buddha's Mahaparinirvana is the most sacred and touching saga of the greatest awakened soul to ever walk this earth. When Ananda, the Buddha's primary disciple, realised that the Buddha had attained Nirvana, he visited the Mallas' meeting hall in Kushinagar. Weeping bitterly, he announced that the Blessed One had passed away. He advised them to view the body and begin preparations so that the community could pay their proper respects. According to the Maha Buddhavamsa and the Mahaparinibbana Sutta, the Mallas attempted to light the funeral pyre using perfumes a

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three times to honor the Buddha's remains, the pyre spontaneously burst into flames on its own. The Buddha's Mahaparinirvana triggered a new spiritual awakening across the globe. His disciples spread his message far and wide crossing the seven seas, braving the freezing mountain passes of the Himalayas, and traversing the cold deserts of Central Asia spanning Mongolia and China. They risked their lives across the Gobi Desert and the treacherous Taklamakan Desert, famously known as the Sea of Death. This epic journey is a saga rarely told to us, the people of India, who are the true inheritors of the Buddha's legacy. Eventually, the whole of Central Asia, Bharat, Afghanistan, Gilgit, Baltistan, Srilanka, China, Eastern Turkey, Eastern Asian countries including Korea, Siam (Thailand), Myanmar, and Japan became immersed in the teachings of the Buddha and adopted his path. When Minister Shri Gajendra Singh Shekhawat narrated this story to me, he went into a virtual state of trance, travelling beyond the realms of time and space. I can swear before God that in those moments, I felt the spiritual touch of the Buddha, entering the realm of the Awakened One myself. That very saga, the story of the Buddha's Mahaparinirvana and the rediscovery of the Piprahwa relics, is now beautifully exhibited at Delhi's famous Rai Pithora cultural complex, thanks to the vision and sensitivity of Prime Minister Narendra Modi. It is not just a mesmerising saga of the Buddha's final journey, captivatingly narrated to visitors by the Culture Ministry's expert guides, Divya, Priya, and Ananya. It is also a sobering reminder of the greed and barbaric insensitivity of the British colonialists, who pirated the jewels of the Buddha and eventually forced Indians to buy back what rightfully belonged to them. The history of this colonial theft is striking. In 1898, a British colonial estate manager named William Claxton Peppé excavated a Buddhist stupa in Piprahwa, Uttar Pradesh. Inside, he discovered a soapstone casket alongside precious jewels and gold items. The ancient Brahmi inscription on the casket clearly identified them as the sacred relics of the historical Buddha, entrusted to his own Śākyan clan. While the bone relics and major gold artefacts were initially handed over to the Indian government (where they remained boxed away for more than a century in the Kolkata Museum), the family of William Peppé illegally retained approximately 1,800 gem relics as part of their private collection. They went so far as to arrogant-mindedly name the Buddha's ancient stupa the Peppé Stupa. After decades of keeping these sacred objects as personal mementos of colonial custodianship, the descendants of the Peppé family recently attempted to auction them through Sotheby's in Hong Kong. This sparked global outrage, with scholars and the Indian government fiercely condemning the sale of sacred religious artefacts as a continuation of colonial loot. In response to intense diplomatic pressure and swift legal threats from Minister Gajendra Singh Shekhawat's office in Delhi, Sotheby's cancelled the auction. To ensure these irreplaceable treasures were not lost to private foreign buyers, the Godrej Industries Group stepped forward, purchased the entire collection, and facilitated its return to India. The Indian people will forever be grateful to the Executive Vice Chairperson of Godrej Industries Group, Pirojsha Godrej, who privately acquired the collection at an astoundingly high, undi

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Networking opportunities, DPG boot camps, stipends, and potential job opportunities, while working on challenging projects be it adding core product functionality, or creating prototypes to push the limits of technology. DPG builders can showcase their projects, hone mentoring skills, and connect with an active C4GT community. DPG adopters can get prototypes or products built that leverage open-source technology and open standards for their own applications and access the mentor network to help them ramp up on using these. Mentors can nurture talent for their organizations, access potential adopters, and scale their products. Participants can also join the Discord community, access curated content, and explore potential job opportunities and commercial projects for deploying and scaling. Through C4GT, new market opportunities will be unlocked with a number of startups participating, students and professionals being educated about the Rotech ecosystem, and open-source advocacy being championed. These efforts will invigorate the active community of contributors, and create a robust foundation for future innovation with open source and Digital Public Goods in India. By unleashing the power of community, C4GT aims to serve as a catalyst for the open-source movement and provides a platform for individuals to build for Bharat and from Bharat, for the world! says the jawing had mental health issues. Question: Why was a mentally troubled jawing on duty with an assault rifle? Concerns have been rightly expressed that the jawing seems to have also targeted passengers from the Muslim community. But the point is that had he not been armed and on duty his state of mind would have claimed lives. Such incidents are not isolated. In January, Nab Das, Odessa health minister, was shot dead by a policeman using his service revolver. The assassin has mental health issues. When it comes to incidents of fratricide in the Central Armed Police Forces, GOI informed Parliament that the underlying causes are usually traced to personal issues. The job undoubtedly stressful. The question is whether the leadership has a system in place to deal with the fallout. RFP has now constituted a committee that due to report in three weeks. The recommendations should include putting in place a system that ensures those with mental health problems are not on duty. RPF is a body that functions under the umbrella of a central legislation. It does lack power or attention it can arrest without a magistrate order and some of its personnel receive commando training. Yet, it has failed to inspire confidence. In 2015, a railway reform committee chaired by Babe Derby recommended that senior railway staffers should have the freedom to choose between private security and RPF for safeguarding passengers. India internal security apparatus has grown in size and become more militarized. The concern here is whether there equal attention paid to the people who make up the forces. Eventually, it a human being who decides when to fire. Is there an adequate system to identify troubled personnel in all forces? First things first. Is freedom of choice in marriage a constitutional right? Yes, this is well-established as an intrinsic part of the right to life and personal liberty under Article 21. So, Gujarat CM Bhupendra Patel saying he shall look into making parental consent mandatory for marriages if the Constitution supports it, is a strange statement from a constitutional post-holder whose job i

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In our cities If India is to become a 10 trillion dollars economy, security is of the greatest importance and for that we will have to work on a war footing against the Breaking India Forces. With climate change being recognised as a more immediate threat, energy efficiency has taken center stage in the priority list of nations, economies and companies that aim to be sustainable, going forward. India has set a target of achieving Net Zero by 2070 and to meet half of its energy needs from renewable sources by 2030. Currently, the country ranks fourth in the world in terms of carbon dioxide emissions, after China, the United States and the European Union. Upgrading to higher efficiency technology is the need of the hour while there is a lot of interest in sustainability, many companies may not know that the technology needed to help them to meet their energy efficiency goals and reduce their energy costs is already available. Upgrading to high efficiency motors and drives is one of the simplest and most cost effective ways to reduce industrial energy consumption and related greenhouse gas emissions. The overall impact of upgrading from outdated systems to the latest energy efficient technology can be staggeringly high for the planet. For instance, switching the world 300 million odd industrial motor driven systems to better optimised and high efficiency options could potentially cut down global electricity demand by up to 10. If manufacturers across sectors are willing to commit to these changes and shift to a more sustainable business growth model, it will be a huge boost for India climate action plan. Investing in energy efficiency can guarantee long term benefits while some businesses still feel that the initial investment and upfront costs acts as a hurdle, many have realized that the quantum of return on investments on the cost of adoption of energy saving measures shows rapid payback. And this is across industries be it a production led industry like cement, or a service led industry like hospitality. These sentiments are reflected in a recent energy efficiency investment survey conducted across 13 countries, with decision makers in companies that operate in the manufacturing, transportation, heavy industry, light industry, and energy generation industries. Nine out of ten organisations in India have indicated that rising energy costs are at least a minor threat to their business profitability. They also said that an average of a quarter of their annual operating costs is attributable to energy usage. With energy prices on the rise, there is an even greater need for businesses to control and reduce their energy consumption and costs. In view of this, 98 of the Indian industry says they are either already investing in or planning to invest in making their energy usage more efficient. Among these, under a third plan to make energy efficient improvements this year, while the rest plan to make them within the next two to three years. Compared to other countries, most Indian manufacturers are already upgrading.

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Their equipment to the best in class energy efficient rated ones, while more than half are carrying out audits for building energy efficient management systems. Digitalisation enables sustainability Digital solutions and the Iota can play a big role in enabling companies to improve the sustainability of their operations. Bringing connected equipment, continuous remote monitoring, real time data, and analytics together can give companies the insights they need to make the right decisions at the right time. They can perform self assessments and energy audits to calculate how much energy and money they could save by modernising their drives and motors. These audits will be helpful for developing the long term strategy for modernization, energy savings and reduction in carbon emissions. As the adoption of digital technology accelerates, new types of services will proliferate to enable companies to make better use of data, which will further enable them to improve the energy efficiency of their operations. Indian industry is taking a gradual stride towards implementing energy saving measures as sustainability is growing to become a necessity rather than a nice to have value in business models. The transition to a carbon neutral future is possible only if organisations are ready to become true change makers and scale up their investments in energy efficiency. Money management is a skill that should be taught to children from a young age. The values imparted to us by our parents tend to stick on in our minds well into adulthood. Even now, whenever I meet an elder from my family or someone else family, my immediate reaction is to touch their feet as a mark of respect, a habit no doubt honed by years of my mother whispering such diktats of politeness in my ear! Assuming that the lessons learned in childhood stay with you lifelong, I would argue that as a father or mother for that matter, you owe it to your kids to teach them the importance of managing money from a young age. This will hold them in good stead as they go through the various stages of their lives, from their first stint of independence post school at college, to their first job and even to their lives post marriage. Talking about marriage, how many marriages have broken up due to money issues Marriage counselors have routinely cited monetary issues as being the second largest reason for marriages breaking up after infidelity and the reasons for this are clear. The way you manage money feeds into other aspects of your life. As a father of a teenage girl and two boys under ten, I have been trying to impart some lessons about understanding money and how to manage it effectively. My top five tips are below: 1. Money does buy happiness but it can definitely make you a little happier I have often told my kids that money does make you happy as the world is replete with examples of very rich people who are obscenely wealthy but still absolutely miserable.

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Teach kids the fundamentals of investing in the stock market and more recently, crypto. If, like me, you believe that everyone should learn to invest money responsibly, this truly can be done without learning how to invest in stocks. My 8 year old had his first exposure to stocks when he had peer over my shoulder when I had be reviewing my stock portfolio while putting him to bed, which always coincided with the opening of the US stock market. I still remember him telling me Dad, why have you invested in Their products are cheap knock offs and the quality is terrible!. With WISH down almost 90 since its listing price, I should have listened to my son rather than Nobel prize winning analysts! I have since given him a virtual portfolio to play around with and more than anything, it loads of fun and teaches him investment management at a young age. I am also incredibly bullish on crypto despite the market downturn at present and even enrolled my older two kids in a crypto beginners course so that they understand the fundamentals of crypto as an asset class. 5. Help Kids Make Eye Opening Calculations Teaching teenagers in particular the value of money is very important, especially if they are raised in an environment in which money is an issue. A concept which I particularly love is to calculate the cost per use. For e.g., suppose your teenage daughter wants to buy a pair of 100 jeans and she plans to wear them twice a week for 2 years. You divide 100 by 208 and the cost per use is 0.48. Alternatively, suppose she wants to buy a one off 200 dress for a costume party which she can wear on any other occasion. The cost per use is 200. Then leave it up to your child as to whether she really thinks the dress is worth it or not. The covid pandemic has been a nightmare for academics. Online classes and laboratories were a poor substitute for on campus learning. Undaunted by covid, campus placements in the current academic year broke all records at IIT ISM Khanabad. For most students, core sector jobs were not the first choice. Software, IT, consulting, and banking still rule the roost. Many students who join core sectors leave after two to four years to pursue an MBA or noncore opportunities. Given that technology prowess is an essential pre requisite for India superpower aspirations, how do we persuade undergraduate UG students to refocus on core engineering subjects Some elements of UG learning have withstood the test of time. A yearning for computer science and engineering, lectures deemed to be theoretical, a disdain for laboratories, and cramming a week before the exams for good grades. However, there is one noticeable change that provides a window of opportunity. Right from the first year, students plan their courses and free time to hone their job seeking skills, mostly on the advice of their seniors.

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Senior Congress leader C. Rajagopalachari cautioned Gandhi against this initiative, predicting it might alienate the British without resolving underlying communal tensions. Gandhi persistence led to Rajagopalachari resignation from the Congress Working Committee. As the movement gained momentum, the British imprisoned most Congress leaders, creating a political vacuum. Under Muhammad Ali Jinnah, the Muslim League capitalised on this opportunity to position itself as the principal representative of Indian Muslims. Jinnah, described by British administrator Sir Edward Penderel Moon as an accidental leader, was thrust into prominence due to the evolving circumstances. The deaths of key leaders advocating unity further tilted the scales toward division. Sir Sikandar Hayat Khan, a moderate Premier of Punjab and leader of the Unionist Party, opposed partition and advocated Hindu-Muslim cooperation. His unexpected demise in 1942 weakened the moderate faction within the Muslim League, enabling Jinnah to consolidate power. Similarly, Fazl-ul-Haq, once a proponent of the Pakistan Resolution, later shifted his focus to Bengali autonomy. His death eliminated another voice for unity, accelerating the League push for partition. The role of Sir Khizar Hayat Tiwana, Sikandar successor, is also noteworthy. Though less experienced, Tiwana steadfastly resisted partition, believing it would devastate Punjab multicultural communities. Despite his efforts, he could not stem the tide of communal tensions and the League growing influence. His eventual marginalisation underscored how political and social shifts can overwhelm determined resistance to divisive agendas. One of the most poignant losses was that of Lala Lajpat Rai, a stalwart of the independence movement and a staunch advocate for Hindu-Muslim unity. Known as the Lion of Punjab, Rai oratory and strategic acumen made him a key figure in fostering communal harmony. Tragically, his death in 1928, following injuries sustained during a protest against the Simon Commission, deprived the movement of a unifying leader. His absence left an ideological void, raising the question of how his continued leadership might have influenced India political trajectory. Philosophical insights on unity History offers numerous philosophical perspectives on navigating diversity. These insights remain highly relevant for nations grappling with the complexities of religious and ethnic pluralism Historical mistrust sown during colonial rule lingers in modern India. Political parties often exploit religious and ethnic divisions to consolidate their voter bases. While this strategy is effective in the short term, it deepens societal fractures. Minority-focused political parties, for example, sometimes emphasise fears of marginalisation to rally support. While their concerns are legitimate, their framing often portrays the majority as a threat, perpetuating mistrust. Conversely, majority-led parties may emphasise cultural nationalism in ways that alienate minorities. Equating national identity with majority religious or cultural traditions risks sidelining the contributions of other communities. This dynamic reinforces a vicious cycle of polarisation, with both sides retreating into insular narratives. Overcoming this requires deliberate efforts to foster trust and dialogue. Positive steps toward unity Building an inclusive national identity involves proactive measures addressing historical grievances and contemporary challenges

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Exit all efforts to force a reset, thwarted, a purpose put off into a vague future. Exactly like Mumbai city, India financial capital, home to zillions of billionaires, where hundreds and thousands still flock to dream and do, yet, a city fatigued, worn down, spent left to defend for itself its once-dazzling character, a cosmopolitan past its residents lament about in endless waves of nostalgia. What Mumbai, dream city, maximum city, everyone city, could have been. Fact is, no one any longer accusing Mumbai city of internationalism. Its glitzy pockets haven expanded. Instead, the super-rich blinding dazzle is sharper, throwing darker and longer shadows onto everyman city. In these shadows lurk Mumbai reality one of creaky infra, delayed completion of projects like flyovers, faulty bridges, encroachments over mangroves, traffic congestion, housing woes, and public spaces devoured for private activity. Mumbai today could be any city, its expansion following the hotel-mall-business district template, monstrosities mushrooming in every city suburb without a thought to inclusion, let alone design, aesthetics or what a megacity needs. No one is asking who were building for. Middle-class is groaning under the burden of Mumbai decay, a coastal city vying with dirty Delhi even on toxic air. Its airport? Jammed. Daily commute? Like going into battle. Undivided Sena politics served its purpose in carving out parochial fault lines in Bombay. Its most radical idea, backed by most parties, in retrospect seems to have been to rename the city Mumbai. That telling. Those building the ever-expanding mega polis, coming from across the country, became fodder for politics of mothering. The city multicultural worldview shut out looking inwards revealed a closed mind. Yet, there was little wrath from residents, no outrage evident in any poll campaign. No demand that the megacity real problems be addressed, its civic amenities kept in step with growing population, no demand these feature front and centre in neat speeches, or manifestos. Mumbaikars allowed their city to go south. Today, one fight between UBT Sena and BJP is UBT charge of a Gujarati takeover of culture and business. Arrange Patel abandoned the poll road that d take his fight to Mumbai. He likely figured despite the build-up of roads, the city going nowhere. And, Mumbaikars, despite their clamour, seem to care little. Islamabad has yet to address New Delhi concerns about cross-border terrorism emanating from its domain. But the chief minister of Pakistan Punjab, Maryam Nawaz, has proposed what she calls mog diplomacy between the two countries as a means of building a bridge of cooperation and mutually beneficial coexistence. With Lahore having emerged as the world most polluted city a ranking keenly contested by Delhi-NCR the Pakistani minister has been quoted as saying, with reference to the farm stubble burning which is a major source of pollution, The winds don know there is a border in the middle. Until both Punjabs come together we won be able to tackle the issue of smog. Smog diplomacy could be seen as a new twist to the people-to-people dialogue or twin-track diplomacy. At the Supreme Court directive, New Delhi has formulated a system of fines for farms which resort to stubble burning, with penalties ranging between 5,000 and 30,000, depending on the size of the holding. It remains to be seen if Islamabad adopts similar measures to further smog between the adversarial neighbours. But Pakis

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Over water, time and again. And despite numerous Water Dispute Tribunals being set up, resolutions are few and far between, resulting in immense loss of water resources. This despair at never ending disputes is even more pronounced when the monsoons arrive. I know that there is so much water which could be harnessed from rivers brimming with rain water, if only states would settle disputes quickly and amicably. First, a short history of water disputes and constitutional provisions. Water status in the Constitution Under the Constitution, entry 17 of the State List, deals with Water which includes Water supply, irrigation, canal, drainage, embankments, Water storage and Water power. Entry 56 of Union List empowers the Central Government to regulate and develop interstate rivers and river valleys to the extent declared by Parliament to be expedient in the public interest usually during a flood situation. Hence, for all practical purposes, unless there is an emergency situation, Water continues to be a state subject. And this is most unlike Power, which despite being a manmade resource has been kept under the Concurrent list. A short history of disputes Let take a quick look at how the fight for water has evolved over the years and what have been the key reasons for disputes. The British Raj: When India was governed by the Bruisers, there were too many Interstate water disputes even though Water was even then a State subject. The reasons could be several viz. strong Central government taking most of the decisions for states, large size of the states, less population and so less requirement of water for agriculture, pattern of irrigation being protective providing irrigation to only about 30 of the command area the area which was serviced by canal water compared to intensive irrigation now, which needs much more water. In the British era, the approach towards irrigation from canals was mostly to prevent famine, hence mostly protective in nature. The 1956 formation of states: The States Reorganization Act 1956 resulted in creation of several new states. The result was that more states started to stake a claim to the same water resources. Moreover, when states were created not much thought was given to the topography of the geographical region and the division was on a linguistic basis. And while state boundaries were created for administrative reasons, rivers continued to flow from one state to the other, unhindered by these boundaries. This led to the upstream riparian states which were home to the upstream part of the river commanding greater power over water, compared to those which hosted the downstream lower riparian. This became the key reason for disputes between states. The Inter State Water Dispute Act: Anticipating the possibility of interstate water disputes, the Inter State Water Dispute Act 1956 was enacted. This Act enabled setting up of specific tribunals for the resolution of specific disputes. Several tribunals have been set up to resolve disputes and these were mandated to declare the award within a specified time however.

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The tribunals comprising professionals from various fields sought for extension of time which was liberally awarded. The tribunals usually took a long time in coming up with the award. The reasons for delays have been many fold. The quasi judicial nature of proceedings of the tribunals have been time consuming. Doubts on data pertaining to the availability of water and on the requirement of water and its usage are raised by different parties. The participating advocates, bureaucrats and technocrats try to get maximum for their respective states, to keep the political bosses on their right. Some long standing cases the long and arduous path which resolution of conflicts through tribunals, would take, was witnessed by the first tribunal itself. Krishna Water Disputes Tribunal, the first to be formed in 1969 Karnataka, Andhra Pradesh and Maharashtra were the states involved gave its verdict in 1973. But decades later, the concerned states wanted a review and the second Krishna Water Disputes Tribunal was formed in 2004. This tribunal gave its verdict, which was reexamined on Andhra Pradesh request. During this period, the new state of Telangana was formed and it became the fourth party to the dispute. This case is still pending in the Supreme Court. The Cauvery Water dispute is a living example of how long it could take to settle the battle over water. Sharing of waters of this river has been a source of serious conflict between Tamil Nadu and Karnataka since pre independence days. The genesis of the conflict rests in two agreements in 1892 and 1924 between the pre Independence Madras Presidency and Kingdom of Mysore. The Government of India constituted a tribunal in 1990 to look into the matter. But all the involved states continued to fight and finally in 2018, the Supreme Court pronounced its verdict by reducing water allocation to Tamil Nadu thereby satisfying some of Karnataka demands. The Power sector has not witnessed such long standing disputes and whenever disputes have arisen, they have been expeditiously resolved with the center playing a proactive role. Having witnessed many long standing disputes, I firmly believe that the best solution for the fight over water lies in taking Water out of the State list and placing it under the Concurrent list. And the reason for penning this request down now is because right now the political climate is suitable for this shift. Currently we have a strong Central government supported by several state governments 17 out of 28 states are with NDA, hence opposition to this move is less likely. Apart from that the current process of dispute resolution anyways involves the Central government as most of the Chairmen of Tribunals are Central government employees. Without their nod the Tribunal cannot declare the final verdict. So, if the center is anyways involved in resolving inter state disputes, why not give it constitutional sanction Water is a critical resource India has 18 of the world population but only 4 of its water resources. Moreover it is a.

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Today students are transactional and rightfully expect a good return on their investment in money and time. The Institute can step in by leveraging lectures, laboratories, exams, and internships to influence the students mindset. But first, the fundamental issues of mathematics and grades will be addressed. Mathematics has been the key to engineering education as it gravitated from empiricism to science. The central issue here is the flexibility in dealing with mathematics. With the advent of software such as MATLAB, should core mathematics courses be taught as rigorously, with detailed proofs, as in earlier times Given that the type of mathematics required in different departments vary, should students from all departments be required to go through two to three common mathematics courses For example, electrical engineers need intimate knowledge of linear algebra and complex numbers, and metallurgical engineers don ! Many students fear mathematical proofs. They simply memorize them without appreciating their elegance. Consequently, compulsory mathematics courses should cater to the needs of most departments. Moreover, it should be utilitarian, liberally sprinkled with engineering examples. Electives can be designed to serve the specific needs of different departments and the mathematically gifted students. For mathematics in engineering courses, my take is simple. Equations tell a story, dying to be told! Students need to understand the physical meaning of each term in an equation, understand their applicability, and solve them with software such as MATLAB and ANSYS. This also helps engineers make quick ballpark solutions to complex problems, for example the extra force experienced by a ship from sudden gusts. Grades may not be synonymous with learning. Good grades often require strategies to ace exams. Barring a few exceptions, it also has to do with memorizing, mechanically solving problems, looking up previous years questions, and advice from seniors. A student can solve a difficult problem on Newton first law but still struggle to correlate it with her real life experiences. Grades are important because they not only enhance a student standing among her peers but also has an impact on placement. Consistently good grades are also a reflection of a student diligence. In contrast, fundamental understanding of a subject is critical for making disruptive innovations. A good grasp of quantum mechanics is a pre requisite for quantum computing and a fundamental understanding of materials science is essential for developing the next generation of solar cells. This duality of academics should be effectively communicated to the students. Grades are important, but so is learning! Lectures are significant influencers. In many courses, professors follow the prescribed text religiously; there is nothing extra on offer. Courses are mathematically rigorous, and rightly so, but connection with real life applications is often missing. If the exam questions are based on lectures and texts, students either bunk lectures or simply switch off. The net result is a sense of disconnect with the department, especially the lower ranked departments. Ironically, the corona pandemic and OTT have shown the way. Professors can invite lectures from industry stalwarts through the web.

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Based on scientific research, yog philosophy, which has spanned nearly 5,000 years, is not merely a set of asanas and pranayam techniques meant for physical fitness. It is much more than that. It is a potent tool for social bonding, cognitive empathy, and creating afeeling of trust among people and nations. Yog has the power to completely alter thought-patterns and transform an individual into a confident and dynamic personality full of positive energy. Clinical studies such as the NIMHANS Schizophrenia Clinical Trials (2013) and Postpartum Maternal Health Trial (2024) have substantiated that yog can directly bring about a change in an individual's brain chemistry, because of which one feels more connected to others. When practised systematically and regularly, yogic practices significantly increase plasma oxytocin levels. Oxytocin is referred to as the 'cuddle' hormone a powerful peptide hormone and neurotransmitter produced in the hypothalamus of brain and released into the bloodstream by posterior pituitary gland which helps in reading emotions of other people, creating strong feelings of interpersonal trust, and in building relationship stability between romantic partners, friends and family members. Above all, it fosters prosocial behaviour. Pranayam exercises contribute substantially to stimulating the vagus nerve, the longest cranial nerve in the body. This helps shift the body from a 'fight-or-flight' stress state to a 'rest-and-digest' state, meaning that when the nerve pathways are activated through pranayam, brain chemistry is altered and the autonomic nervous system becomes well-regulated and calm. As a result, the heart slows, blood pressure drops and digestion improves. In view of the hyper-competitive academic environment, board exams, and high-stakes entrance tests, there is pressure on students, resulting in escalating mental health crises. Regular yog practice by youngsters can help in removing psychological and mental barriers and increasing their powers of concentration and retention. Breathing exercises such as Anulom-Vilom, alternate nostril breathing, and Sirshasan, the topsy-turvy pose, if practised regularly for about 10 minutes, help optimise the flow of oxygen to the brain, which, in turn, sharpens memory and directly reduces day-to-day distractions. It thus becomes easy for students to retain complex information and recall it during exams. A landmark study published in the International Journal of Yoga was conducted in Jan 2009 to specifically track adolescent students over a 7-week yog module consisting of asans, pranayams, meditation, and a value orientation programme. The study demonstrated that students who practised yog showed a substantial reduction in stress levels, which, in turn, led to higher marks in core subjects such as Mathematics and Science compared to the non-yog control group. The study thus showed that short, structured yog interventions help students manage intense exam-related panic and repetitive negative thoughts. In the present-day world, where there is a total lack of trust among nations and an atmosphere of fear and hostility prevails, yog philosophy, by promoting Vasudhaiva Kutumbakam and breaking down the 'us vs them' mentality, can bring nations closer and make the world a much better place. The relics have finally been brought home after 127 years. They are now displayed in a fabulous exhibition at Rai Pithora, which was proudly inaugurated by Prime Minister Narendra Modi. This

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the European Union's Ambassador to India, Hervé Delphin, travelled to Guwahati to launch the Blue Valley Cluster, a joint Assam-EU initiative on The tiny archipelago's bravura performance against storied Spain was underpinned by its marvelously flexible definition of who belongs to it. 40% of the squad were born outside the country. Variations of this are true across Oil prices will stay up. The current account deficit has widened. GOI, RBI actions & post-war investor relief will mitigate true pressure on rupee. There's El Nino, though. Growth this fiscal? 6.6% The 60-day By Anup Taneja Based on scientific research, yog philosophy, which has spanned nearly 5,000 years, is not merely a set of asanas and pranayam techniques meant for physical fitness. It is much more than that. Iran has become the most vexing and revelatory of Trump's foreign policy forays. It displays all the potential advantages of his style, and confirms all the weaknesses of the same. His ability to make quick The debut of ChatGPT in Nov 2022, just about the time when Qatar World Cup began, was a sign that AI was being mainstreamed. And the use of AI at FIFA World Cup 2026 is By Sant Rajinder Singh Recent studies into human well-being have increasingly identified loving relationships, meaningful connections, and a sense of belonging as among the greatest contributors to happiness and quality of life. This insight echoes India's fertility rate has finally declined. While I am a feminist, this is one place I am willing to hand men the bulk of the credit. Their hideously entitled behaviour has finally repulsed the female 2026 marks the 30th anniversary of a major change in European football. From July 1, 1996, football clubs belonging to the EU were able to sign players from other EU countries and register them in competitions One 'crime against women' in India is the category 'outraging modesty of women'. To be sure, behaviour and actions two IPC BNS sections cover are criminal, have a high incidence (over 70% in crimes reported against As Bihar's alcohol prohibition policy completed ten years in April 2026, recently released fact sheets from NFHS 2023-24 indicate limited success. The survey recorded a 1.1 percentage-point increase in share of men consuming alcohol, compared to Oh my Gods! Surely, we are not having that conversation from four years ago, as the hub of expectations shifts from a compact West Asia base to the divided States of the North American continent. By Partha Sinha The world keeps remembering Krishn at the loudest moment of his life. It remembers him on the battlefield of Kurukshetra, standing between two armies, speaking words that have echoed across centuries. In the days after the 9/11 attacks, a T-shirt with a reassuring message became increasingly visible on the London Underground. Don't freak, I'm a Sikh. It was a reference to the hostility directed at turban-wearing Assam recently became the third state to pass a Uniform Civil Code, a common law for people of all faiths, and for long, a BJP election promise. BJP says UCC will bring a uniform law Narayani Ganesh Artificial Intelligence (AI) is omnipresent. Many think it is omniscient and omnipotent, too. Anyway, there's no escape. Like Santa Claus or Father Christmas. Both create magic Santa fires the imagination, instils Valuing equities is usually an exercise in bounded delusion. Analysts forecast unit sales, model software subscriptions, and adjust discount rates until a preferred valuation

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The tribunals comprising professionals from various fields sought for extension of time which was liberally awarded. The tribunals usually took a long time in coming up with the award. The reasons for delays have been many fold. The quasi judicial nature of proceedings of the tribunals have been time consuming. Doubts on data pertaining to the availability of water and on the requirement of water and its usage are raised by different parties. The participating advocates, bureaucrats and technocrats try to get maximum for their respective states, to keep the political bosses on their right. Some long standing cases the long and arduous path which resolution of conflicts through tribunals, would take, was witnessed by the first tribunal itself. Krishna Water Disputes Tribunal, the first to be formed in 1969 Karnataka, Andhra Pradesh and Maharashtra were the states involved gave its verdict in 1973. But decades later, the concerned states wanted a review and the second Krishna Water Disputes Tribunal was formed in 2004. This tribunal gave its verdict, which was reexamined on Andhra Pradesh request. During this period, the new state of Telangana was formed and it became the fourth party to the dispute. This case is still pending in the Supreme Court. The Cauvery Water dispute is a living example of how long it could take to settle the battle over water. Sharing of waters of this river has been a source of serious conflict between Tamil Nadu and Karnataka since pre independence days. The genesis of the conflict rests in two agreements in 1892 and 1924 between the pre Independence Madras Presidency and Kingdom of Mysore. The Government of India constituted a tribunal in 1990 to look into the matter. But all the involved states continued to fight and finally in 2018, the Supreme Court pronounced its verdict by reducing water allocation to Tamil Nadu thereby satisfying some of Karnataka demands. The Power sector has not witnessed such long standing disputes and whenever disputes have arisen, they have been expeditiously resolved with the center playing a proactive role. Having witnessed many long standing disputes, I firmly believe that the best solution for the fight over water lies in taking Water out of the State list and placing it under the Concurrent list. And the reason for penning this request down now is because right now the political climate is suitable for this shift. Currently we have a strong Central government supported by several state governments 17 out of 28 states are with NDA, hence opposition to this move is less likely. Apart from that the current process of dispute resolution anyways involves the Central government as most of the Chairmen of Tribunals are Central government employees. Without their nod the Tribunal cannot declare the final verdict. So, if the center is anyways involved in resolving inter state disputes, why not give it constitutional sanction Water is a critical resource India has 18 of the world population but only 4 of its water resources. Moreover it is a.

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There is provision for involving them in IITs as Adjunct Professors or Professors of Practice. Discovery has a beautiful video series Impossible Engineering. Here, students can get a firsthand understanding of the challenges and the consequent innovations in some of the trickiest engineering projects such as the floating bridge in Seattle or the high altitude Qinghai Tibet railway. Absolutely riveting engineering! Individual courses should also have a library of case studies, much like the management institutes. A case study of the design and manufacturing of different components of a Tesla and its integration would be extremely motivating. The use of software to make students aware of the design and dynamics of engineering systems can be truly insightful and inspiring. Cars have evolved from a boxy to more streamlined shapes to reduce air resistance drag for increased fuel efficiency and elegant looks. We may have mathematical equations for drag as a function of shape, but, as they say, seeing is believing. Using fluid dynamics software, a student can see how the pattern of air flow changes with body shape and results in changing drag. Moreover, software allows students to see through complex opaque reactors such as a 110 m high, 15 m diameter iron blast furnace which operates at a maximum temperature of around 1550 o C. The use of technical software, which requires core engineering knowledge, is prevalent in all spheres of engineering ranging from electronics to mining. Traditional IT Infosys and consulting Accenture companies have also started providing technical services in mining. Thus, a career in technical software could be equally rewarding as a career in a typical software firm. Designing and manufacturing requires that students have a practical feel of engineering systems. After all, compact, energy efficient motors for electric vehicles cannot be fully designed on computers. Experiments are needed to validate and test different motor designs. Unfortunately, laboratories are the neglected holy grail of Indian education. How do we make laboratories magnets of practical learning One was is through projects. At IIT Kanpur IITK, there is a course in manufacturing, where 40 of the laboratory sessions are used for fabricating a product. The laboratory component was popular among students as it involved operations they have never been exposed to and gives them an engineering feel: machining, casting, welding, forging, and 3 D printing. They used their imagination to make fascinating models. Over the years, however, the innovative idea component of projects gradually diminished. Many students started copying models displayed from previous batches. To revive the original objective of the project, a few components were added when I was the instructor: banned copying from Google or the older project models, a small business plan, financials including taxes for setting up a small manufacturing unit and designing an advertisement for selling the product. The result was superb! In all my years as a civil engineer and having worked for over 55 years with water resources, it has never failed to astonish me how states in India continue to bicker.

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Fast depleting natural resource as with global warming, rivers are drying up and snow fed rivers are shrinking. This climate change makes it even more essential to harness river waters to the best extent possible, so that our country does not lose water to the oceans. Currently, while states continue to fight, precious water resources are lost as river water continues to flow into the ocean. And as tribunals have taken their own time to settle disputes, people of the concerned states continue to suffer. Public demonstrations are held which at times turn violent, causing loss of precious human lives and property. Interlinking of Rivers and disputes with neighbors Inter linking of rivers on an interstate basis can also only be successful if Water is moved to the concurrent list. It is time to realise that the mismanagement of Water, a natural resource, brings about adversities in the long term. Areas which have experienced poor management of Water resources, either due to excessive use of Water or shortage thereof, need a long time to get restored. The successful implementation of a central GST by the Government, is a case exemplifying what the government can do once it sets its heart to it. Even in the case of water disputes between India and its neighbors specifically Pakistan and Bangladesh, keeping Water in the Concurrent list will help. The Central governments of both countries can talk to each other to resolve disputes. Often State governments are at variance with the Central government as far as sharing of river Waters is concerned. This gives out a mixed and confused signal to the other nation and leaves us looking awkward. Time to move Water to Concurrent list As monsoons are now here, and they are one of the major sources of water for our rivers, it is time the Government consider this change. Happily, Ministry of Water Resources, Government of India has recently been acting quite proactively towards resolution of Interstate Water disputes be it the Cauvery dispute; talk of setting up of a single tribunal for all the disputes or the latest being the Ganga Management Board for resolution of the disputes between Uttarakhand and Uttar Pradesh. However, these remain only measures for resolution of disputes with intentions to settle them expeditiously. They are far from measures for not letting the disputes arise at all. Disputes are on the actual availability of water, the requirement of water for different purposes along with their prioritisation and the quantum of water released etc. There are different ways to measure availability, requirement and consumption of Water. A dependable data bank acceptable to all concerned is generally wanting. Central Water Commission CWC, the apex Civil Engineering Organisation is well equipped to standardise various issues. However, Water being a state subject, the Ministry of Water Resources, Government of India through CWC can at best play an advisory role. Hence, it is time that Water is moved from the State list in the constitution to the Concurrent list for.

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Consequent linkages in the economy would spur GDP to double digit growth and would also constructively channelise the energy of the youth. In this context the NDA promise of 2 core jobs a year came with a bang but the performance over the years is no more than a whimper. The hope has turned into despair. India Labor Force Participation Rate LFPR the proportion of people working or seeking employment in working age group has been less than 40 in the last few years which is far below China 76 or Indonesia 69 or the global norm of around 60. Unemployment rate which is the proportion of people in the labor force who seek but do not get employment is currently at 7.6 as per Centre for Monitoring Indian Economy and is more among those with higher educational attainment, the women and the youth over 20. Government record in filling vacancies has been far from satisfactory. Against over 8 lakh vacancies in central government in 2021, less than a lakh has have been filled. That shows lack of seriousness about employment. The current year budget promises 60 lakh jobs in five years which means about 12 lakh per year. Now the Prime Minister has directed that ten lakh jobs be provided in next eighteen months. This if realised would cover only about one fourth of people who enter working age group every year. The growth strategy during the last few years has been to hand over public assets to private sector by way of disinvestment or monetisation. This year budget marks a shift towards enhancement in capital expenditure by the Government on infrastructure and construction with a hope to crowd in private investment to spur growth. This may remain wishful thinking however. Manpower requirement is spread over a wide spectrum of sectors and across all regions which the proposed capital outlay and the expected top up private investment would only partly cover. Infrastructure is necessary to facilitate private investment but not sufficient. India must have its own model India like many other countries has its own strength and weaknesses. It has much higher population density compared to other large economies. USA has three times India area and one fourth its population. China, with similar population as India, has three times its area. We have an abundance of population for the land or natural assets that we have. Our population thus is our asset or liability depending on its productive use. It is one of the youngest populations in the world capable of contributing to the economy through demographic dividend if meaningful employment is provided. In India the income and wealth distribution is highly skewed. The richest 1 own 53 of the country wealth and the poorer half a mere 4.1. And the inequality has been growing. The regional disparities too are stark. Bihar, the poorest state with one third of national per capita income has over 10 of India population and highest population density of over 1000 per sq km.

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Years ago, whenever I told anyone that I wanted to study sociology, the response was always the same: And what will you do with that degree? It is a question that has bugged every humanity and arts graduate at some point in time. However, with time, ideas have changed, preferences have evolved and the assumption, that a degree must springboard into a career is no longer the norm. This assumption for a very long time sustained the traditional STEM (Science, Technology, Engineering, and Mathematics) education, but what people do not tell you is that employers today are looking for skills that this basket of traditional education falls short of supplying with. In India too, the higher education is reflecting tumultuous shifts with area studies programs in particular gaining precedence among the youth. Area studies programs offer exciting avenues for students to explore new visions for the discipline one that advocates greater pluralism, diversity and critical reflections. Area studies, in general, embodies a tradition that is deeply rooted in the understanding of the complex patterns of political, economic, cultural and social changes that constitute and are constituted by the globe today. With a grounding in social sciences and humanities, these new-age programs provide the students with the opportunity to study a geographical region from a variety of perspectives and grant them the space to be theoretically and methodologically innovative. While appraising the area studies program, it is important that attention is paid to the area studied, where it is studied and more importantly how it is studied. Flipping through the websites and brochures of numerous area studies programs in Europe and in other parts of the world, one could discover that these programs are mainly cantered on the geopolitical aspects, issues of governance and policy and rarely discuss the cultural, literary, and educational contributions of the area studied. However, the courses should aim in providing a holistic learning experience rendering a unique opportunity to study. It should let students to explore newer ways of learning, gain wider perspectives towards people and learn to face the cosmopolitan crowd. Students should also be trained to tackle real-time issues, critically analyses problems, think creatively, and make sound decisions while considering multiple facets of the argument. Making programs student-centric where students actively take part in a learning process that is interactive, constructive, intellectually challenging, and collaborative is defining the academic space today. Universities have shifted in their approaches to teaching and learning as they embrace the philosophy of Outcome-Based Education (OBE). All these changes reflect the need for greater flexibility that students are looking for in a graduate program. Flexibility in the curriculum is crucial as it helps students find their own strengths and passions. Programs that offer limited choice to explore their academic interests could leave them with a feeling of being trapped. In addition to the academic rigor, universities need to emphasize on the 21st-century skills with a view to equip students with broad-based skills that will aid them in multicultural professional settings. Breaking the age-old traditional method of chalk and talk, there is a need to adopt a combination of assessment techniques with emphasis on writing research papers on topic of interest. European Studies in India has

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Fast depleting natural resource as with global warming, rivers are drying up and snow fed rivers are shrinking. This climate change makes it even more essential to harness river waters to the best extent possible, so that our country does not lose water to the oceans. Currently, while states continue to fight, precious water resources are lost as river water continues to flow into the ocean. And as tribunals have taken their own time to settle disputes, people of the concerned states continue to suffer. Public demonstrations are held which at times turn violent, causing loss of precious human lives and property. Interlinking of Rivers and disputes with neighbors Inter linking of rivers on an interstate basis can also only be successful if Water is moved to the concurrent list. It is time to realise that the mismanagement of Water, a natural resource, brings about adversities in the long term. Areas which have experienced poor management of Water resources, either due to excessive use of Water or shortage thereof, need a long time to get restored. The successful implementation of a central GST by the Government, is a case exemplifying what the government can do once it sets its heart to it. Even in the case of water disputes between India and its neighbors specifically Pakistan and Bangladesh, keeping Water in the Concurrent list will help. The Central governments of both countries can talk to each other to resolve disputes. Often State governments are at variance with the Central government as far as sharing of river Waters is concerned. This gives out a mixed and confused signal to the other nation and leaves us looking awkward. Time to move Water to Concurrent list As monsoons are now here, and they are one of the major sources of water for our rivers, it is time the Government consider this change. Happily, Ministry of Water Resources, Government of India has recently been acting quite proactively towards resolution of Interstate Water disputes be it the Cauvery dispute; talk of setting up of a single tribunal for all the disputes or the latest being the Ganga Management Board for resolution of the disputes between Uttarakhand and Uttar Pradesh. However, these remain only measures for resolution of disputes with intentions to settle them expeditiously. They are far from measures for not letting the disputes arise at all. Disputes are on the actual availability of water, the requirement of water for different purposes along with their prioritisation and the quantum of water released etc. There are different ways to measure availability, requirement and consumption of Water. A dependable data bank acceptable to all concerned is generally wanting. Central Water Commission CWC, the apex Civil Engineering Organisation is well equipped to standardise various issues. However, Water being a state subject, the Ministry of Water Resources, Government of India through CWC can at best play an advisory role. Hence, it is time that Water is moved from the State list in the constitution to the Concurrent list for.

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Consequent linkages in the economy would spur GDP to double digit growth and would also constructively channelise the energy of the youth. In this context the NDA promise of 2 core jobs a year came with a bang but the performance over the years is no more than a whimper. The hope has turned into despair. India Labor Force Participation Rate LFPR the proportion of people working or seeking employment in working age group has been less than 40 in the last few years which is far below China 76 or Indonesia 69 or the global norm of around 60. Unemployment rate which is the proportion of people in the labor force who seek but do not get employment is currently at 7.6 as per Centre for Monitoring Indian Economy and is more among those with higher educational attainment, the women and the youth over 20. Government record in filling vacancies has been far from satisfactory. Against over 8 lakh vacancies in central government in 2021, less than a lakh has have been filled. That shows lack of seriousness about employment. The current year budget promises 60 lakh jobs in five years which means about 12 lakh per year. Now the Prime Minister has directed that ten lakh jobs be provided in next eighteen months. This if realised would cover only about one fourth of people who enter working age group every year. The growth strategy during the last few years has been to hand over public assets to private sector by way of disinvestment or monetisation. This year budget marks a shift towards enhancement in capital expenditure by the Government on infrastructure and construction with a hope to crowd in private investment to spur growth. This may remain wishful thinking however. Manpower requirement is spread over a wide spectrum of sectors and across all regions which the proposed capital outlay and the expected top up private investment would only partly cover. Infrastructure is necessary to facilitate private investment but not sufficient. India must have its own model India like many other countries has its own strength and weaknesses. It has much higher population density compared to other large economies. USA has three times India area and one fourth its population. China, with similar population as India, has three times its area. We have an abundance of population for the land or natural assets that we have. Our population thus is our asset or liability depending on its productive use. It is one of the youngest populations in the world capable of contributing to the economy through demographic dividend if meaningful employment is provided. In India the income and wealth distribution is highly skewed. The richest 1 own 53 of the country wealth and the poorer half a mere 4.1. And the inequality has been growing. The regional disparities too are stark. Bihar, the poorest state with one third of national per capita income has over 10 of India population and highest population density of over 1000 per sq km.

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Philosophy is valuable in developing human thought, culture, and the individual. Philosophy is a big, intimidating word, but at its heart, it just about asking questions and trying to make sense of the world. If you have ever wondered things like, what the point of life? Or what the right thing to do? You are already thinking philosophically here a simple, no-frills look at philosophy, why it matters, and how it fits into everyday life. Philosophy is a fancy word for asking really big questions. The word comes from Greek: phyllo means love, and Sophia means wisdom. So, philosophy is literally about loving wisdom trying to understand life, the universe, and everything in between. With the aid of large extrusion fans, could be blown across the border to get into the eyes or better still the lungs of India body politic as well as its body anatomical. From exporting cross-border terrorism Islamabad could export cross-border smoggiest, a charge difficult if not impossible to prove, in that Pakistani smog would be indistinguishable from Indian smog. Indeed, ISI could go the whole hog, or the whole stalk, and encourage not just stubble burning but the burning of whole sheaves of grain, supplied courtesy its dragon-fire-breathing buddy, China. And ISI could change its name to Intensely Modify India. The best part about philosophy? There are no final answers. It about exploring ideas, not proving someone wrong. Philosophers argue all the time, and that the point. By challenging ideas, we get closer to understanding the world and ourselves so, don worry about being good at philosophy. Just start asking questions and see where they take you. You might be surprised how much fun you have as artificial intelligence AI becomes integral to business operations and governmental functions, ensuring the security and resilience of these systems is paramount. The increasing sophistication of cyber threats necessitates proactive measures to safeguard AI infrastructures. One such measure is AI red teaming a practice that simulates adversarial attacks to identify vulnerabilities and enhance system robustness. Embedding Security Measures from the Outset to protect AI systems from malicious attacks, it is essential to incorporate security measures during the development phase. Key strategies that should be considered include: Safeguards against Data Poisoning: Strict data validation protocols are crucial to prevent malicious data from corrupting AI models. For example, the National Institute of Standards and Technology NIST identifies cyber-attacks that manipulate AI behavior, highlighting the need for robust data integrity checks. Defence against Adversarial Attacks: Adversarial inputs subtle manipulations designed to deceive AI systems pose a significant risk. Techniques such as adversarial training enhance model robustness against such threats. Mitigation of AI-Specific Threats: Addressing vulnerabilities like model inversion attacks where adversaries reconstruct input data from model outputs through differential privacy techniques is vital. Ensuring Long-Term Resilience Maintaining the resilience of AI systems requires ongoing efforts such as: Robust Data Validation: Continuously monitor data inputs to detect anomalies or malicious alterations. Automated tools for real-time validation are invaluable. Continuous Monitoring: Implement systems that oversee AI operations to detect and respond to suspicious activities promptly, including anomaly detection mechanis

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Embedded machine learning EML and federated learning FL significantly enhances privacy and security in the following ways Embedded Machine Learning EML enables AI models to process data locally on devices, reducing the need to transfer sensitive data to centralised servers. This approach minimises exposure to cyber-attacks and strengthens data security. For instance, AI systems in healthcare, using EML, can process patient data locally, ensuring compliance with privacy regulations such as GDPR. Federated Learning FL allows AI models to train across decentralised data sources without sharing raw data. By keeping data local and only sharing model updates, FL enhances privacy while maintaining the efficiency of training processes. Google implementation of FL in Android devices to improve user privacy is a notable example. These techniques not only improve data security but also ensure compliance with stringent data protection regulations, making them indispensable for modern AI systems. The Role of Red Teaming in AI Security Red teaming simulates real-world attacks on AI systems to uncover vulnerabilities before malicious actors exploit them. This proactive approach is crucial for several reasons as follows Identifying Vulnerabilities By adopting the perspective of potential attackers, red teams can discover weaknesses that may not be apparent through standard testing. Google AI Red Team, for instance, has uncovered critical security flaws in their models, prompting the development of stronger defences. Enhancing Security Posture Insights from red teaming inform the development of more robust security protocols, strengthening the overall framework of AI systems. Validating Defensive Measures Red teaming tests the effectiveness of existing security controls, ensuring they function as intended under attack conditions. Integrating Red Teaming into the AI Development Lifecycle Incorporating red teaming into AI development requires a balanced approach to maintain innovation while ensuring security such as Early Integration Embedding red teaming practices during development allows for the identification and mitigation of vulnerabilities before deployment. Cross-Functional Collaboration Developers, security experts, and red team members must work together to identify potential risks and design effective mitigation strategies. Continuous Feedback Loops Ongoing feedback from red teaming exercises ensures security measures evolve alongside AI systems. Insights from Industry Experts Balancing thorough security testing with rapid AI advancement is a challenge acknowledged by industry leaders. Experts advocate for up skilling the workforce to understand and implement AI security measures effectively. As highlighted in a Forbes article, reskilling employees is crucial as AI becomes more integrated into commercial technologies. Real-World Examples of AI Vulnerabilities and Red Teaming Successes Several instances underscore the importance of red teaming in enhancing AI security some notable cases are Generative AI Vulnerabilities Generative AI models, such as large language models, are susceptible to adversarial attacks that manipulate outputs. Red teaming has been instrumental in identifying these vulnerabilities, leading to the development of more secure models. Microsoft AI Red Team Microsoft dedicated AI red team simulates adversarial scenarios to uncover vulnerabilities in their systems, resulting in significant security improvements. Google AI Red T

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Consequent linkages in the economy would spur GDP to double digit growth and would also constructively channelise the energy of the youth. In this context the NDA promise of 2 core jobs a year came with a bang but the performance over the years is no more than a whimper. The hope has turned into despair. India Labor Force Participation Rate LFPR the proportion of people working or seeking employment in working age group has been less than 40 in the last few years which is far below China 76 or Indonesia 69 or the global norm of around 60. Unemployment rate which is the proportion of people in the labor force who seek but do not get employment is currently at 7.6 as per Centre for Monitoring Indian Economy and is more among those with higher educational attainment, the women and the youth over 20. Government record in filling vacancies has been far from satisfactory. Against over 8 lakh vacancies in central government in 2021, less than a lakh has have been filled. That shows lack of seriousness about employment. The current year budget promises 60 lakh jobs in five years which means about 12 lakh per year. Now the Prime Minister has directed that ten lakh jobs be provided in next eighteen months. This if realised would cover only about one fourth of people who enter working age group every year. The growth strategy during the last few years has been to hand over public assets to private sector by way of disinvestment or monetisation. This year budget marks a shift towards enhancement in capital expenditure by the Government on infrastructure and construction with a hope to crowd in private investment to spur growth. This may remain wishful thinking however. Manpower requirement is spread over a wide spectrum of sectors and across all regions which the proposed capital outlay and the expected top up private investment would only partly cover. Infrastructure is necessary to facilitate private investment but not sufficient. India must have its own model India like many other countries has its own strength and weaknesses. It has much higher population density compared to other large economies. USA has three times India area and one fourth its population. China, with similar population as India, has three times its area. We have an abundance of population for the land or natural assets that we have. Our population thus is our asset or liability depending on its productive use. It is one of the youngest populations in the world capable of contributing to the economy through demographic dividend if meaningful employment is provided. In India the income and wealth distribution is highly skewed. The richest 1 own 53 of the country wealth and the poorer half a mere 4.1. And the inequality has been growing. The regional disparities too are stark. Bihar, the poorest state with one third of national per capita income has over 10 of India population and highest population density of over 1000 per sq km.

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My father once told someone who asked him what i was like as a child, When he was young, he was a dull boy. But now he's a genius! I'm still the same person I always was, but my father had simply arrived at a conclusion by looking at my school marks card. This amused me immensely. But this is also why so many young people live in such acute states of frustration today: we measure them entirely by their marks. There are various intelligences in the world. But with two billion children worldwide, we don't have the time or resources to nurture them as they deserve. The result is that students are treated as assembly-line industrial products. It is no wonder that almost half this country's college students report clinically significant anxiety levels today. A student asked me recently about what kind of 'mind-set' he needed for his Board exams. The mind was never meant to be 'set'. It is meant to be dynamic, fluid and open. When youth are encouraged to believe that the highest aspiration is a certificate, it is a sure-fire prescription for mediocrity. The dislocation between competence and certification is recent. This is likely to change very soon. Already, employers everywhere increasingly want real skills, not decorative degrees. So, it is time for students to hone talents and augment competence rather than simply fixate on board exams and marks. In 1996, I applied for a US tourist visa, and was told the consul general wanted to meet me. After we talked awhile, she said, If you want to teach yog in the US, you need a certificate. Do you have one? I replied, If i had asked my guru for a certificate, he would probably have shown me the door. Since he didn't, no I don't have a certificate. She laughed and handed me an O1 visa (a non-immigrant work permit meant for individuals with outstanding abilities) instead of a tourist visa. I mention this because simply brandishing certificates will soon be outdated. Future doors will open for your abilities. It is also important to remember that education is not about aspiring to become someone else. Many forget the time, energy and work it takes, and strive to become a Sachin Tendulkar overnight. Even if you do get there, someone new may come along and raise the bar even higher. Settle the fundamentals first. Choose competence over convenience, fulfillment over ease. Don't aspire to emulate someone else's lifestyle, wealth, or achievements, or aim tobe one up on them. Focus on exploring and strengthening your own skills. Humans consider themselves the smartest beings on this planet. But if your intelligence sabotages your well-being, no degree is of any use. Yog is the science of cultivating your physical and mental prowess so that it works for you, not against you. No previous generation had the opportunities available today. Make the most of these. Start some basic yogic practices. Enhance your skills. Mostimportantly, cultivate balance. Life is a process. It was never meant to be a goal. Learn to handle the process intelligently, and above all, joyfully. Remember success requires courage and competence, not comparison and competition. Be the best that you can; don't settle for being as good as someone else. Stop looking for a wonderful world. Make it a wonderful world wherever you are. how democracy hasn't just survived, but thrived in India. Nehru was chosen to be the country's first By Vipul Anekant It is profoundly challenging, particularly for those traversing the spiritual path, to maintain

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With the emphasis on being antarmukhi, turning the gaze Politicians tend to get spooked when threats, real or imagined, emerge from an unexpected source. A social media phenomenon called the Cockroach Janta Party got the Modi government worried enough to block its website. AI The absolute intelligence Gurudev Sri Sri Ravi Shankar is a humanitarian and spiritual master. He has founded The Art of Living, present in 180 countries, known to empower individuals through its unique breathing techniques and tools for mind management. Recently, I was asked in a podcast how ancient wisdom can guide us in integrating advanced technologies like AI into society so that they support rather than diminish our humanity. It is fascinating to know that artificial intelligence has its base in another AI that is Absolute Intelligence. This absolute intelligence is what is governing the whole universe, and spirituality is nothing but getting in touch with this absolute intelligence present within you. The question is not whether machines will become intelligent. The real question is whether we can kindle and sustain our human values, whether we can work with technology to further these human values of love, compassion, and service. In the age of AI, people are getting depressed, lonely, and unhappy, and that is a grave concern. You might have a television in your home, but if you are depressed, you do not want to switch on the television. The purpose of technology is to bring comfort to humans. It makes life easier and gives expression to the creativity within you. But comfort alone is not enough. Technology must enable connection, wisdom, joy, and the journey within. Fear around technology is not new. When calculators first arrived in India during my school days, mathematics teachers were worried that students would stop memorizing multiplication tables and become dull. Then computers arrived, and again people feared that technology would damage human potential and intelligence. Technology made many things easier and freed people to focus on more complex and creative tasks. AI, too, will challenge people to become more original, more creative, and more aware. Of course, balance is essential. Too much of anything becomes harmful. Vitamins are good for you, but if you consume too many, they harm the body. In the same way, gadgets and technology are useful, but becoming completely attached to screens and devices weakens the mind and disconnects people from life around them. AI challenges your intellect and creativity. It pushes you to do something original. But for creativity, you need inner peace. Someone who is very disturbed cannot be truly creative. If you are asked to write an article or develop an idea, you might say, I need some time alone in my corner. So you move to a quiet place with no distractions, and then ideas begin to flow. Every invention needs silence, not only outer silence but inner quietness as well. If your mind is burdened with worries, anxiety, or agitation, you cannot think clearly or create anything meaningful. That is why meditation and technology must go hand in hand. Inner peace brings inner comfort. From that comfort comes clarity, creativity, and innovation. We know from history that many discoveries have happened when people were relaxed, not when they were restless or stressed. When did Archimedes discover the buoyancy principle? When he was resting in the tub. Whether it was Archimedes or Newton, something suddenly clicked whe

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Consequent linkages in the economy would spur GDP to double digit growth and would also constructively channelise the energy of the youth. In this context the NDA promise of 2 core jobs a year came with a bang but the performance over the years is no more than a whimper. The hope has turned into despair. India Labor Force Participation Rate LFPR the proportion of people working or seeking employment in working age group has been less than 40 in the last few years which is far below China 76 or Indonesia 69 or the global norm of around 60. Unemployment rate which is the proportion of people in the labor force who seek but do not get employment is currently at 7.6 as per Centre for Monitoring Indian Economy and is more among those with higher educational attainment, the women and the youth over 20. Government record in filling vacancies has been far from satisfactory. Against over 8 lakh vacancies in central government in 2021, less than a lakh has have been filled. That shows lack of seriousness about employment. The current year budget promises 60 lakh jobs in five years which means about 12 lakh per year. Now the Prime Minister has directed that ten lakh jobs be provided in next eighteen months. This if realised would cover only about one fourth of people who enter working age group every year. The growth strategy during the last few years has been to hand over public assets to private sector by way of disinvestment or monetisation. This year budget marks a shift towards enhancement in capital expenditure by the Government on infrastructure and construction with a hope to crowd in private investment to spur growth. This may remain wishful thinking however. Manpower requirement is spread over a wide spectrum of sectors and across all regions which the proposed capital outlay and the expected top up private investment would only partly cover. Infrastructure is necessary to facilitate private investment but not sufficient. India must have its own model India like many other countries has its own strength and weaknesses. It has much higher population density compared to other large economies. USA has three times India area and one fourth its population. China, with similar population as India, has three times its area. We have an abundance of population for the land or natural assets that we have. Our population thus is our asset or liability depending on its productive use. It is one of the youngest populations in the world capable of contributing to the economy through demographic dividend if meaningful employment is provided. In India the income and wealth distribution is highly skewed. The richest 1 own 53 of the country wealth and the poorer half a mere 4.1. And the inequality has been growing. The regional disparities too are stark. Bihar, the poorest state with one third of national per capita income has over 10 of India population and highest population density of over 1000 per sq km.

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Which is two and half times India average and 50 times of Arunachal Pradesh. On Agriculture depends half of our population and 70 of farmers own less than one hectare of land. There are wide inter and intra state diversities in terms of educational and skill endowment of our people. These characteristics are important for planning for manpower and growth. Constitutional mandate Constitution of India has provided for work and employment under the directive principles of state policy. Article 39 A provides that the state shall in particular direct its policy towards securing that the citizens, men and women equally, have the right to an adequate means of livelihood. Article 41, another directive principle, provides inter alia that the state shall within the limits of its economic capacity and development make affective provision for securing the right to work, to education and to public assistance in cases of unemployment and undeserved want. The Supreme Court in its judgement in Alma Telis versus Bombay Municipal Corporation in 1985 stated that Article 37 provides that the directive principles are not enforceable by any court, are nevertheless fundamental in the governance of the country. In the recent Global Risks report 2022 by the World Economic Forum, widespread youth disillusionment has been identified as one of the main risks for India. Employment crisis is an important reason for youth disillusionment. Just as we were gearing up to welcome the bright prospects of a post pandemic world, a couple of pungent global cues disturbed the equation for the markets in a brutal fashion. One, in the wake of the Russia Ukraine war, supply chains were left badly bruised and battered across the globe and crude oil prices peaked to dizzying levels and two, Fed and RBI announced their tough stance on rate hikes, signaling the end of their prolonged accommodative stance. Inflationary times are here to stay for a while and the central banks are only showing prudence in trying to tame them towards more digestible levels. As they try and curb the excess liquidity, the markets will obviously correct to a certain level in sheer retaliation. The end of the Russia Ukraine war will be a strong signal for effecting a reversal of fortunes, albeit it is difficult to predict its end, given the backdrop of vested interests and the sting of the root cause, i.e. the omnipresent US Russia cold war. Before we try and make sense of the market and its movements, we need to put uncertainty in perspective. The pandemic has redefined uncertainty in the most uncertain manner; we now live in an era of perpetual change and a new normal of ever evolving paradigms. In today tech powered times, innovation is not considered an innovation unless it is disruptive in character. Against this fluid backdrop and in the wake of the global cues mentioned above, recent stock market volatility is but obvious. The past is replete with heartening patterns; phases of depression marked by global sell offs and reprising of.

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Having witnessed good policies translating into rapid improvement in economic fortunes, the Indian electorate now returns to power leaders who deliver such change without getting mired in corruption scandals. Simultaneously, it does not hesitate to give a boot to leaders who fail to perform or perform but indulge in blatant corruption. Unsurprisingly, analysts who remain wedded to the old voting model which postulates that caste and community equations are the best guide to voter behavior repeatedly get their election forecasts wrong. The state that best illustrates the power of the outcome based model is Odessa. Its chief minister Naveen Patnaik founded Biju Janata Dal in 1997 and managed to win nine out of 21 seats in the 1998 Lok Sabha elections. He then led his party to victory in the 2000 Odessa assembly elections and was inaugurated as the 14th chief minister of the state on March 5, 2000. The frequency with which National Green Tribunal orders are being appealed in Supreme Court and high courts should prod GoI to a review. In a recent order, SC critiqued NGT for mechanical and pre drafted orders after a construction firm complained that it was heard before a hefty penalty of Rest 40 core was imposed on it. The tribunal with exclusive jurisdiction over environmental protection and pollution control matters has arguably not lived up to its billing. Some months ago, another SC bench had frowned upon NGT tendency to set up expert committees, noting that its adjudicatory functions cannot be delegated in this manner. After the first two decades of liberalisation, tribunals have lost favor. In NGT case it was expected to quickly settle a growing number of environment related matters pending at constitutional courts and tap into expertise on environmental law available in India. And given rampant ecological degradation and related localised grievances, such an adjudicatory body staffed with judicial and technical experts having significant powers came with a lot of promise. Though a number of NGT rulings have held the field, some of its big bang orders de registering 10 year old diesel vehicles, bans on firecrackers, RO water purifiers and sand mining have had minimal impact in the absence of political support. NGT has ended up as another casualty of the messy development vest environment debate, which has no easy answers. There are staffing issues. Against NGT Act mandate to have 10 20 judicial and expert members each, NGT presently has seven judicial and six expert members. In 2019, these numbers were down to four and two respectively. Fewer members make two extreme scenarios likely: backlogs and hasty disposals. Not surprisingly, stays against NGT orders clearing or blocking projects are routinely secured from SC and HCs, eroding NGT credibility. NGT boasted of a high disposal rate even during the 2021 pandemic year courtesy virtual hearings but critics say the data does speak for the quality of orders, an assessment that appears to have caught SC eye. NGT was one of the pioneers of virtual hearings, but lawyers say.

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Stocks and bonds invariably pave the way for a resurgent future defying all doomsday predictions. The global meltdown of 2008 is a classic case in point when the markets fell by a whopping 60 percent but slowly and steadily recovered and eventually thrived. Don read too much into range bound movements and corrections, which are the outcome of bearish pressures and FII selling sprees. There is nothing to panic in this reactionary pullback as the India story is intact. Our focal point in these uncertain times should be the domestic resilience of the Indian economy which is a unique case study in the world, a critical aspect that powers the voyage of fundamentally sound stocks rooted in prudent economic expectations. Record GST collections, a rejuvenated banking sector, and impressive corporate performance in the aftermath of the pandemic are all inspiring markers of the India story. Several companies across sectors have gained from a predominant shift towards an organized market. The pandemic has also taught corporates the art and science of prudent cost management and purposeful price hikes. The digital revolution has led to significant market gains and substantial cost savings. India Inc., notwithstanding the uncertainty pervading the globe, is on a solid footing. Going forward, both manufacturing and services will undergo sweeping changes led by technological innovation and increasing digital footprint, which will reflect in the corporate performance on the bourses as well. In a heartening development, the West is intent on nurturing a robust alternative to China. Given our large investible universe, our improving presence in the emerging markets, and our growing ESG consciousness across sectors, India is bound to be blessed with abundant liquidity in the time to come. Post Covid 19, growth and profitability are aligned with the broader ESG framework. How a company engages, motivates, rewards, and reprimands its employees, and how it treats its customers and investors can make or mar a firm reputation. The investing world is now moving towards consciously monitoring and measuring how corporates serve the larger cause of communities and environments. It is heartening to note that Indian companies are taking key steps to move up the value chain through measures like linking top management remuneration with ESG targets. The FIIs will return at some point given India value proposition high growth potential, cheaper labor force, and pro growth policies including tax exemptions. A growing trend of investing in green technologies will also bear fruit in due course. Economic progression will, at some point, soar high on the wings of capacity expansion and disruptive innovation across product development, market creation, and distribution. Yet, being wise and not unduly wary about one investments is critical to long term sustainability of wealth creation. This calls for stock specific approach to make smart asset allocations and proactive portfolio reshuffles to make the most of the opportunities lurking in the seemingly dismal environment. Committing funds to fundamentally sound picks in a falling market calls for a blend of prudence and patience, as also smart diversification.

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The lack of physical interface has affected their ability to make a more pressing case before the bench. NGT must get the support it needs from GoI but it must also do more to clean up its act. Last week unrest in Uzbekistan autonomous region of Karakalpakstan that left at least 18 people dead and wounded another 243 should concern India. Uzbekistan is a key Central Asian Republic that borders Afghanistan. Protests in Karakalpakstan broke out over plans to revise the Uzbek constitution that would change the autonomous region status and curtail its right to secede. Those plans have now been put on hold. Interestingly, there are parallels here with the situation in Ukraine and its separatist Donbas region. However, despite Karakalpakstan close ties with Russia, Moscow has backed Tashkent saying the unrest was Uzbekistan internal matter. That said, any unrest in the Central Asian Republics CARs is problematic for the whole region. Islamist extremism here received a second wind with the conflict in Syria. And though regional governments have been largely successful in containing extremist groups, the latter could still take advantage of any social, economic or political turmoil. That would be bad news given Taliban return in Afghanistan. Security implications stretch all the way to South Asia. This is precisely why in November last year New Delhi hosted the national security advisers of the five CARs for its regional security dialogue on Afghanistan, and PM Mode held a virtual summit with the leaders of these nations earlier this year. But for true synergy, India outreach to the CARs must have a strong economic component. With Uzbekistan, India in 2020 concluded agreements on 15 investment projects for $3 billion and also extended a line of credit of $448 million. Plus, both Amity and Shard universities opened branches in Uzbekistan in 2018. Meanwhile, Kazakhstan is a uranium giant and Turkmenistan has the world fourth largest gas reserves. Together, they could fulfill India energy needs and provide vital connectivity as part of the International North South Transport Corridor. But there is also competition in the form of China growing influence in the region through its Belt and Road Initiative. India should, therefore, present itself as a long term trustworthy partner for the CARs by supporting regional stability, coordinating on security and actualising transparent, need based investment projects. We like to chase. These were the words from Ben Stokes when England won the toss and put India in on a good pitch at Edgbaston. This is a bit like a batsman saying I like to play 100kmh fast bowling directed at the throat. It something you want to do, a challenge you want to take on and overcome, but nobody actually likes doing that. There are few things more difficult than batting in the fourth innings of a Test match. And yet, this England team has now become the first in history to successfully chase 250 or more in four consecutive Tests. According to Maliki, the seventh avatar of Vishnu did not.

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Know his divinity while in his mortal form. He says, I am only the son of King Dashrath. Yet there is an occasion when he forgets and behaves like the god he actually is. That is when he cremates Jetty in the jungle and declares, I am sending you straight to Heaven. It is a tantalizing slip that is immortalized by Maliki without calling attention to it. We are clearly supposed to grasp the significance of it ourselves. And what did Ram look like? We learn early on that Ram has dark curls on his forehead and a glossy dark brown complexion. Hanuman describes Ram to Site as having coppery eyes of a gleaming golden brown, broad shoulders and mighty arms. As for his character, the epic begins with a list of 16 good qualities that Sage Nerada seeks in an ideal man. Brahma tells him that Ram is that person. At that stage it is only hearsay and unreal to us. As the story proceeds, it is mainly by Ram reactions in deed and word that we obtain impressions of his Ramada or Ram ness. However, a glimpse of what Ram is like as a person at merely 17 comes from the citizens of Ajodhya. When Dashrath asks his subjects what they feel about Ram becoming the crown prince, there is a roar of approval. Citizens of Ajodhya are so happy at the prospect that Dashrath thinks, They love him more than they love me. lovingly to everyone and his words have never been false. He respects elders and wise people. He is genuinely interested in the welfare of others. When out riding, he stops and talks to the man on the street. He readily forgives and forgets a wrong but remembers even the smallest nice thing that anybody ever did for him. He is well read and well mannered. He is a drape, meaning he is angry only when rightfully required and in the right proportion. The likeable character of Ram begins to take shape for us from this vivid description. But it is only when the big tests come that we get to properly gauge Ram nature. For one, his lack of greed when he promptly and gracefully accepts being exiled. Secondly, his forgiving nature, when he meets Kikuyu in Chitrakoot. Despite the great wrong she has done to him, he behaves well with her and tells Site and Lakshmi to do the same. Thirdly, his democratic gift of making friends with people of all classes. He hugs Gotha the boatman and Hanuman. Be it his own people, great sages in the forest, humble folk like Gotha, a motley crew of Banaras given to drinking and carousing, a person of superior intellect like Hanuman or an aura prince like Vibhishan, Ram attracts affection and support just by being himself open and friendly. Fourthly, Ram loves deeply and does not deny his pain in a macho way. Moved by the beauty of Lake Pampa, he laments aloud for.

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Lost Site During the long, weary wait through the monsoon before the search for Site can resume, he is thoroughly homesick for Ajodhya and does not hold back from saying so. From Ram, we learn that it is not at all unmanly to feel and express pain. In sum, a picture emerges of a person who feels things deeply but tries to do his best despite setback after setback while keeping his dignity and without losing consideration for others. That is his real Ram ness. The sudden closure of institutions and coaching institutes at the onset of the pandemic had a deleterious impact on children learning. The efforts to leverage technology to mitigate the impact did ensure continuity across much of the education system. But, it also given rise to a few challenges the impact of the Covid 19 pandemic on the education sector has been no less than colossal. UNESCO estimated that 87% of the world students over 1.57 billion learners were affected by school closures alone by March end 2021. Some 191 countries had shut their school doors. In India, according to the report, about 130 million students from 9 to 12 standards and its equivalent too saw a disruption in their academics. This group included those in the midst of the coaching for entry into institutions offering professional courses that have highly competitive exams. When the pandemic broke out, the focus was on implementing remote learning modalities as an emergency response. These aimed to reach all the students but often fell short. As the pandemic evolved, so too did the responses of the education sector. Most institutions were partially or fully open. The rapid closures and speedy shift to distance learning allowed little time to plan or mull the potential risks and the potential opportunities. Every crisis brings serious challenges and transformation opportunities. Past crises that hit the education sector showed we can build back better. This has brought to light the advantages of remote learning which is synonymous with e learning. E learning is cost effective as it offers opportunities for learning for the maximum number with no need for physical infrastructure. It always takes into account the differences between individual learners. Also, e learning compensates for the lack of academic staff, including instructors or teachers as well as facilitators, lab technicians etc. Meanwhile, the use of e Learning allows self pacing. For instance, the asynchronous way of learning permits every student to study at his or her own pace. It, therefore, increases satisfaction and decreases stress. Some of the advantages of this model include its flexibility in terms of time and place as every student has the luxury of choosing the place and time that suits him/her. E learning also ups the efficacy of knowledge and qualifications via easy access to a whale of information. It is also able to provide opportunities for relations between learners through the use of discussion forums. In practice, a few risks and challenges have emerged in distance learning.

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Holistically and act responsibly. These professionals must be frugal in their thinking, utilising scalable, low-cost clean-energy technologies to 85855 maximise impact while bearing responsibility for societal outcomes. To facilitate this, our industrial systems need to emulate natural systems by maximising the economic use of waste materials and end-of-life products. 2646587 Engineers must be trained in strategies related to climate change, sustainable development, energy demand, and life cycle assessment. Their education needs to encompass more than traditional engineering topics. They require exposure to climate modeling, environmental strategies, climate economics, behavioral sciences, and an understanding of its societal implications. Only an interdisciplinary understanding can allow them to grasp the intricacies of Earth systems and guide 288855 initiatives for creating a positive impact. Let consider the example of the fashion industry, one of the most polluting sector in today world. Fashion industry follows a linear approach that leads to unsustainable practices, product quality compromises, and waste generation. Here, engineers can disrupt this cycle, promoting sustainability through circular models. But to do so, they need tools to foster innovative circularity and a strong 94315 sense of responsibility. Engineering education must focus on unlocking this potential and ensuring a thorough understanding of the environmental impacts and risks of their solutions. This highlights the role of climate engineers as catalysts for a sustainable future. Climate engineers have to assess the social, economic, and environmental implications of their work, not least because the unintended consequences could outweigh the benefits. This impact extends to politics and policies that shape future manufacturing and consumption strategies. We could also cite the cases of environmental contamination from forever chemicals or potentially harmful substances like aspartame in edibles as instances where engineered initiatives have far-reaching societal impacts. Further, the energy swift proliferation of solar panels at present may lead to future challenges concerning end-of-life recycling, resulting in substantial waste 25818 accumulation. Engineers evaluating potential implications during the initial implementation phase can aid in preparing strategies for mitigating negative societal impacts. The complexity, dynamism, and diversity of Earth climate far surpass that of the life forms and materials that inhabit its terrestrial and marine ecosystems. Human activities, with their diverse impacts, have significantly shaped these unique characteristics of our planet. As such, it becomes critical to reimagine and modify the technological systems we have developed to coexist harmoniously with the myriad of other species on Earth. Our human impact needs to evolve into sustainable and equitable practices, and climate engineers are instrumental in this shift. It is time we empower them to shape a more sustainable, equitable, and resilient future. Speaking at a post-budget webinar on economic empowerment of women on Friday, March 10, 2023, PM Modi had stated that the country had moved with a vision of women-led development in the past nine years & that Budget FY24 would give new momentum to the efforts of women-led development. Highlighting the efforts for women empowerment by his government, PM expressed that India can move forward only by respecting, empowerin

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That both the persons getting married are adults, free to marry anyone they like, it is the objecting families that often find favor with the authorities. These parents, police and various busybodies join forces to persecute elopement, though the application of the word to consenting adults is nonsensical. Over in Tamil Nadu marriage registration was updated in 2017 to require more parental documentation. In Gujarat it is telling that some Congress MLAs share the BJP CM sentiment. One of them wants it to be compulsory to marry a girl in her village. Like elopement, the widespread use of girl and boy mulishly infantilizes young adults. Papa Knows Best is basically a fearful reaction to the deep social transformations that mean more and more people are finally claiming the freedoms that the Constitution gave us all 73 years ago. The lives and longings of young women in particular are undergoing a sea change. That is why, even though it takes two to tango, a disproportionate amount of elopement-phobia is centered on women actions. From police to kangaroo courts, stigmatisation to violence, the decks are stacked very unfairly. A should not worsen injustices. In the rapidly evolving and dynamic business realm, pursuing innovative solutions has become critical for companies striving to outpace their competition. Yet, the process of designing and testing business ideas is a formidable journey that demands a distinct skill set. While training programs undoubtedly contribute to skill development, another invaluable resource lies in the role of the innovation coach. These visionary coaches play a pivotal part in supporting teams and driving successful innovation initiatives. Igniting the flames of innovation coaches serve as indispensable catalysts, igniting creativity and problem-solving within organizations. They offer guidance, support, and practical tools that navigate the intricate path of designing and testing business ideas. With their wealth of experience and expertise, these coaches significantly enhance the success rate of innovation projects. Take, for instance, the transformative journey of Acme Enterprises, a global leader in technology solutions. Recognizing the need to foster innovation and propel their business to new heights, Acme implemented an innovation coaching program known as Innovate. Through this program, a team of skilled and visionary coaches, known as innovation enablers, was brought on board to supercharge the innovation initiatives within the organization. These innovation enablers proved to be instrumental in driving the success of Acme innovation projects. The Innovate program led to the development of groundbreaking products and services and fostered a culture of innovation within Acme. The coaching program served as a catalyst for driving continuous improvement, ensuring that innovation became an integral part of Acme DNA. Beyond ideation: A multifaceted role Innovation coaches mentor and inspire teams, foster a culture of unconventional thinking, and embrace diverse perspectives. Their guidance extends beyond the ideation and design phases, encompassing the critical testing phase of business ideas. This ensures that ideas undergo rigorous evaluation, refinement, and validation before implementation, minimizing the risk of failure. By leveraging the expertise of innovation coaches, companies can overcome common challenges encountered during the innovation process. These challenges may include resistance to change

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It certainly not good news for India Inc. or those who run the economy, for one of India largest business groups with a record of efficient execution of large projects to be indicted in US by securities regulator on charges of bribery, regardless of its merit. Remedial action of a structural kind is imperative, if Indian companies are to do large-scale business in today globalised world, in which capital, materials and talent are routinely sourced across borders, and expectations of accountability and transparency also transcend national boundaries. Imagine being in trouble not once but twice. That what happening with the Adani group, a giant company that builds and manages infrastructure like ports and power plants. This time, though, their problem seems even bigger. A powerful U.S. agency called the SEC Securities and Exchange Commission is investigating them. The accusation? Bribing and lying to American investors. That a big deal because the SEC enforces strict rules, and breaking them can lead to serious consequences. Arrest warrants have already been issued in New York, which shows how serious this could be. This is different from what happened earlier this year when a private firm called Hindenburg Research accused Adani of shady financial practices. While those allegations hurt Adani reputation and stock prices, they were still seen as a private matter. This time, it about breaking American laws, which could affect Adani ability to raise money from global investors, especially in the U.S. Adani business depends on huge amounts of money to fund its big projects. If international lenders and investors lose trust, it could cause problems not just abroad but also in India. Even Indian investors, who had started to recover their losses from the last controversy, are now facing setbacks again. This is the first time big companies have been accused of bending the rules. Similar stories have happened before in India, especially in industries like energy. For example, the Enron scandal in the 1990s also involved allegations of corruption. Often, businesses try to take advantage of loopholes, and some government officials or politicians may go along with it. But proving these allegations in court is tricky, and not all cases lead to punishment. For now, the Adani group faces big challenges. They all need to rebuild trust with investors, lenders, and governments, both in India and abroad. But one thing is clear: getting into trouble again and again is not a good look for any business. Only about 1% of SEC enforcement actions come under the Foreign Corrupt Practices Act, and these tend to lead to the largest fines. At the same time, 98% of SEC actions end up in settlements, with or without fines and with or without admissions of guilt. How the charge against Adanis will pan out remains to be seen. The haunting mystery of the 54 Missing Indian Soldiers from the 1971 Indo-Pak War remains an unresolved chapter in the history of our nation. These brave men of the Indian Armed Forces vanished into the fog of war, leaving behind unanswered questions and families who have spent decades in a relentless pursuit of finding their loved ones. Despite countless letters of appeals, court cases, requests to all concerned, and even the power of the written word in books dedicated to these soldiers, the state of their fate continues to remain a big unanswered question. For the families of these soldiers, time has not healed them but has only deepened their

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Intelligence is not just about stuffing information or processing data. There is also emotional intelligence, intuitive intelligence, and a deeper intelligence that arises from consciousness itself. There is intelligence everywhere. That one consciousness which envelops the whole planet, the whole universe, and maintains natural order is intelligent. I would call it Absolute Intelligence. Absolute Intelligence is already here and around us. Human consciousness is a part of this Absolute Intelligence. This intelligence is of a higher quality. I don't think any machine can replicate this! Ancient wisdom has long spoken about consciousness as the basis of existence. It is fascinating that scientists today are saying that objects we call 'inanimate ' have consciousness. There are experiments showing how crows recognise people and pass information to future generations. In our tradition, we believe planets have consciousness. This is why Navagraha Puja has been performed for thousands of years. The microcosm and macrocosm are connected. Every part of the body is linked to nature, colours, birds, and planets. The universe itself is floating in an ocean of consciousness. Technology itself is neither good nor bad. Everything depends on the consciousness with which it is used. As AI becomes more integrated into society, education too must evolve. Children should become familiar with AI and technology at the right age. Alongside this, short-term courses and accessible public education can help people from all backgrounds adapt confidently to technological change. But along with teaching technology, we must also teach our young ones how to manage their own minds. Schools and colleges teach mathematics, science, computers, and economics, but almost nothing about emotions, stress, the human mind, or social harmony. People grow up strongly identifying only with their religion, race, and community. Much of the tension, conflict, and violence in the world comes from this narrowness of identity. Fanaticism and rigid thinking must give way to a broader understanding of human life. Here, AI can actually become a powerful force for good. Artificial intelligence can help spread peace education, emotional well-being, human values, and a sense of global belonging. The purpose of philosophy, spirituality, and wisdom is to make life happier, more joyful, and more connected. We need to cultivate a mindset that is free from prejudice and narrowness. If guided by wisdom and compassion, AI can become an extraordinary tool for helping people recognize that they are part of one humanity, one consciousness. The US-Iran accord and shifting equations Dr. B. Bala Bhaskar has over 38 years of experience as an engineer, economist, and diplomat. He is widely regarded as an effective diplomat, skilled negotiator, strategic thinker, policy expert, author, and conflict-resolution specialist. He has handled India's diplomatic relations with more than 70 countries, including the United States and China, and is among the few diplomats with over 15 years of experience in the Middle East. He is also an expert in geopolitics and rare-earth minerals. He retired as India's Ambassador to Norway and is currently Professor at the Indian Institute of Corporate Affairs (IICA), under the Ministry of Corporate Affairs. A prolific writer, Dr. Bhaskar is a regular columnist for leading newspapers. He holds a B. Tech. from NIT Warangal and a PhD in Economics. After joining the Indian Foreign S

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India Thailand Free Trade Agreement. He went on a special mission to Iraq when ISIS captured Mosul in 2015. As Joint Secretary (West Asia & North Africa) from 2016 to 2019, Dr. Bhaskar played a significant role in shaping India's foreign policy towards West Asia and the Gulf. As Ambassador to Norway, Dr. Bhaskar was instrumental in developing India's Arctic policy, establishing a permanent research station in the Arctic, and securing ISRO's antenna in Svalbard, critical for monitoring climate change. An accomplished economist, he has deep expertise in the Indian economy, global trade, energy dynamics and infrastructural challenges. He has delivered lectures at leading institutions worldwide and is the author of Energy Security and Economic Development in India (TERI, 2012), a pioneering work in the field published by TERI. President Donald Trump's remark that without America there is no Israel, and without him there is no Israel was unusually blunt. Yet it highlighted a strategic reality so far, and that may be shifting, with far-reaching consequences for West Asia's geopolitical order. Israel's military, diplomatic and financial strength has long rested on unwavering American support. Until around 2012, US and Israeli interests in West Asia largely converged, though their priorities differed. For Washington, energy security was paramount. Israel's focus, by contrast, was national security, military superiority over its adversaries, and strategic depth through control of territories such as the West Bank of Palestine, the Golan Heights in Syria, and Shebaa Farms, Kfar Shouba Hills, and parts of Ghaja in Lebanon. The American shale revolution transformed the United States from a major energy importer into a net exporter, reducing its dependence on Gulf oil. While the partnership remained robust, Israel's security priorities acquired greater influence over US regional policy. This trend peaked during the recent conflict with Iran and amid President Trump's personal support. Israel's long-standing objective has been to isolate the Iranian challenge from the Palestinian issue and from Tehran's support for Hezbollah. While both Iran and Hezbollah reject Israel's legitimacy, their motivations differ. Hezbollah frames resistance as a moral and religious duty to defend the oppressed, particularly the Palestinians. Iran, by contrast, embeds anti-Israel ideology within a broader strategy of regional influence, deterrence, sovereignty over its energy resources, regime security and great-power competition. The recent war exposed the limits of efforts to contain or coerce Iran through military means alone despite facing sanctions and economic isolation for over four decades. Expectations that targeted strikes or the elimination of senior leaders would trigger rapid political collapse proved misplaced. Iran's hardened underground facilities, missile and drone capabilities, and regional network enabled it to absorb substantial military pressure while retaining the ability to threaten critical maritime routes, including the Strait of Hormuz. The conflict imposed high costs on global energy markets and Gulf economies. Domestic American politics also favoured restraint. Within the Republican Party, Trump-aligned conservatives supported an agreement that avoided deeper military entanglement, while hawkish factions warned against weakening Israel's position. Democrats remain divided between traditional pro-Israel moderates and a progressive wing increasing

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Fathers, brothers, and sons, who went to the war have been reduced to fading photographs and stories retold with trembling voices. The families have spent over five decades running from pillar to post, knocking on the doors of government offices, courts, and human rights organizations, looking for even a shred of information about their loved ones. But their desperate attempts have largely been met with silence, indifference, or hollow assurances. Their heartbreak is heightened by the fact that their beloved soldiers might still be languishing in the dark, forgotten cells of Pakistani prisons. The 50th anniversary of India victory in the 1971 Indo-Pak War was a moment of national pride and celebration. The victory, marked by the liberation of Bangladesh, is hailed as one of the greatest military achievements in Indian history. Yet, amidst the hoo-ha of the triumphant rallies, tones of tributes, and jubilant speeches, the voices of the Missing 54 and their families were drowned out. The echoes of their suffering were silenced, and the nation moved on, totally insensitive to the unfinished battle of bringing them home or getting updates about their present status. It is a bitter irony that the same war that brought freedom to millions in Bangladesh left 54 Indian soldiers in a grip of an uncertain fate. Over the years, there have been periodic reports, unverified sightings, and claims that some of these soldiers were seen in Pakistani prisons. Letters smuggled out of jails and testimonies from released prisoners of war have mentioned at their existence, yet these rays of hope have failed to incite persistent national and international efforts to secure their freedom. What makes their story even more tragic is the systemic apathy. These men, who once donned the uniform with pride and answered the call of duty without hesitation, have been let down by the very institutions they served. At a literary event recently, I met a very senior, now retired Air force Officer. I could help but ask him about these soldiers. He shrugged it off as a not so important issue, claiming that even the 54 is far from truth. He said there must be 30-35 soldiers in Pakistan captivity and rest of the stories are concocted. I was jolted from this revelation, as someone who has read, met extensively with these families. I refused to believe what this person had to say. But I was disappointed, very disappointed. How can a high-ranking retired officer disown his very own brothers in arms? Something I have never seen in the army. I moved away, shaken to the core. Since, then I have spoken to many senior officers who were an integral part of 1971 Indo Pak war and each one of them acknowledged that we do have 54 or even more soldiers in Pakistan jails. Probably, that one officer I met was an exception. I can only pray that he gets his facts right. As a nation, we owe it to these soldiers and their families to fight for their cause. Should we all be standing united rather than disregarding their sacrifices. The 1971 war may have ended 53 years ago, but for the families of the Missing 54, it is a war that is still on. It is high time we as a nation rise above from creating confusion and try to respectfully get justice for the 54 soldiers and their families. The secret is to accept what has happened to us, even whilst we strive to change and better our situation. If we remember that life can be unfair, instead of being in battle mode all the time, we can discover more creat

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For instance, it reinforces unworkable methods. Many of the methods can be solitary and moralizing when the students are merely sitting and watching videos, reading online documents, or clicking through presentations. Sitting passively and listening is not a good way to learn. Teachers/tutors had no advance notice of institutions needing to shift to the online mode. Many teachers have said they feel overwhelmed with the study materials, and several have also been seeking help. Meanwhile, over the last decade or so, the number of students with access to devices and connectivity has ballooned, making online learning possible. But, not every student can access digital devices or have Internet connectivity. This means learning resources need to be on every device. But, it has led to several gains. New models like blended learning have taken root. More engaging learning styles, the more interactive ones, and face to face learning are better. Blended learning can have the best of both worlds. After being used to 100% online, it possible we can consider rebalancing the mix. Teachers would have started to innovate and experiment with these tools and may want to continue online pedagogies. Teachers/tutors and institutions play an important role as experienced during the current situation. Face to face connection with learners and being able to support them across their skills, is hard to replicate. Also, students access critical resources at school. Educators are looking to other educators and trusted sources to help curate high quality online learning tools. The teacher/tutor collaboration is set to grow and help improve learning. We may come out of this crisis stronger by collaborating. The heavily burdened teachers/tutors need not reinvent the wheel. There are platforms where teachers/tutors can see what others have done. One of the most important things the teachers can do now is draw on others experience, including forming community online, share the burden, and make things easier. The crisis has given rise to a greater sense of empathy for each other. It an opportunity for the education sector to unite, forge connections across countries and continents, and truly share what works in a global way. Prior to this, it had not been possible to do this. Some studies believe there is still a conundrum between face to face and e learning. As a solution, scholars believe blended learning is the way to go as the students can use many ways to access the relevant course content based on their needs strengths/limitations. Meanwhile, ministries of education need to work in close coordination with entities in education to effectively direct different players and secure the quality of the overall experience. In April this year, the government launched the Open Network for Digital Commerce ONDC, a Unified Payments Interface UPI type protocol, to help set up the digital infrastructure that is needed to expand India e commerce ecosystem, which, experts say, is expected to touch US$200 billion by 2026. ONDC is an important initiative as it aims at providing equal opportunities to small retailers, like local.

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To manage innovation projects. Unleashing the power of collaboration Innovation coaches play a pivotal role in bridging the divide between different organizational departments and functions. They facilitate cross-functional collaboration, breaking down silos and unlocking the potential of diverse perspectives. This enables teams to harness the collective intelligence and expertise of individuals from various backgrounds, resulting in more innovative and comprehensive solutions. Cultivating a culture of innovation In addition to their impact on innovation teams, coaches contribute to building a vibrant culture of innovation within organizations. They help create an environment where risk-taking and experimentation are celebrated, and failure is viewed as an invaluable learning opportunity. Through their guidance and mentorship, coaches inspire individuals to embrace a growth mindset, continuously seeking improvement and innovation in their work. Qualities of an extraordinary innovation coach being an exceptional innovation coach goes beyond technical expertise. It requires a challenging mindset that encourages teams to question assumptions and explore uncharted territories. Coaches with strong facilitation skills foster collaboration, creating an environment where diverse perspectives thrive and open dialogue flourishes. Additionally, they provide practical guidance by equipping teams with the tools and methodologies to succeed in business model design and testing. Empowering organizations for unstoppable innovation to excel in innovation coaching, organizations can leverage internal programs or tap into the expertise of external professionals. These programs equip individuals or companies with the skills and knowledge essential for thriving in innovation coaching. Organizations create a talent pipeline armed with the innovation skills and mindset necessary for sustained success by empowering selected coaches with practical tools and frameworks. This empowers companies to maintain a competitive edge amidst rapid technological advancements and evolving customer demands. In conclusion, the role of the coach in designing and testing business ideas is transformative. Innovation coaches are the architects who propel creativity, drive collaboration, and shape a culture of innovation. Their ability to challenge conventions, provide practical guidance, and foster a dynamic environment fuels the success of designing and testing business ideas. By investing in the development of internal innovation coaches, organizations can unlock the full potential of their innovation capabilities, navigate disruptive changes with agility, and thrive in today ever-evolving business landscape. Ultimately, the true measure of an organization triumph lies in its relentless pursuit of innovation and unwavering commitment to adapt and excel. Land rights is a crucial human rights issue as it enables access to basic facilities such as food, shelter, and security, and is fundamental in achieving economic, social, and cultural rights. But the conversation around land rights is incomplete without giving due consideration to dignity, which is an inherent part of all human rights issues. In fact, the right to live with dignity is enshrined in the Constitution of India, and the inherent dignity of all humans is recognised in the Universal Declaration of Human Rights. Sherpa Doe from Landsat a nonprofit that aims to equip people experiencing poverty with equitable land rights

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Has increased pressure on supply chain operations, which has led to companies finding more ways to fulfill quick dispatch and express delivery to stay ahead of the competition. With commitment to 10 to 20 minute grocery and food deliveries, it is evident that express delivery has become the new normal and not limited to certain customers. While same day delivery has the potential to revolutionize the way consumers purchase forever, it combines the convenience of online shopping with the immediacy of physical stores. Given the compelling value proposition of same day delivery for consumers, demand has skyrocketed and it is inevitable that urgent delivery models become the new normal. Now, imagine the same with ONDC. Here, you have numerous options for buying and a much extended catalogue to choose your items from, with the same speed to get them delivered to your doorstep. Wow! That a whole lot of name calling. Different names for me, different names for the places of protective custody into which you put me. How can I have so many different names, and be in so many different places of custody when I am One Indivisible and all my teachings, no matter by what names they are called, can be summed up in one simple precept Love others as you would have them love you? Across stocks, bonds, and precious metals. This blended approach will help you generate long term growth while arresting downside risks and minimising volatility. Most important, steer clear of formulaic advice like investing in companies that supply produce to those who consume the same, or avoiding manufacturing players and trusting mining companies in inflationary times. Don trust any sector simply based on macro predictions. Spot the genuine players of each sector with the help of trusted advisors. Look to accumulate quality scrips of decent valuations on every decline while being wary of false bottoms. One can find great value propositions in upbeat sectors like Housing, Construction, Technology, Banking, Pharma, and, Capital goods. The only constant in this world is change ; one such inevitable transition is our departure from this life. Even though many perceive the subject matter of death as taboo, everyone wishes to make the last journey of their loved ones special and memorable. India accounts for 17.7% of the world population with 1.3 billion people; around 2,062 births and 603 deaths are registered every hour. Often, amidst the hustle bustle of urban life, properly managing the last rites of the deceased becomes a challenge. India is a land of diverse cultures, but the commonly shared notion of paying last respects to the departed soul comprises complex customs and practices. These customs vary widely between cultures, religious groups, and sub culture denominations. Death Care as a service provides support to the deceased family by taking care of all the aspects of last rites, giving them free mental space and time to grieve, uninterrupted without worrying about the elaborate arrangements. Since the rituals involve many layers of customary practices, when a.

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Kirana stores and mom and pop shops, to trade and enjoy the benefits of the digital world, and, at the same time, reduce the control of online retail giants. It is expected to enable a level playing field for all businesses to operate in an open, transparent and uniform environment. The integrated and open nature of ONDC will not only promote e commerce but also impact its allied sectors. It is expected to promote logistics business for collaborating with small retail sellers/merchants and delivering goods to customers in a seamless manner across the nation. With MSMEs and small retailers joining in and about 3 lakh Grameen stores getting included, companies will look forward to reaching out to rural markets through this network across India. Logistics firms can expect widespread business expansion across the country for delivering goods from one corner of the country to another while bolstering last mile connectivity. So, the question arises how will ONDC impact the logistics sector? Since ONDC will not be a platform centric model, it will certainly democratize the country online market for all buyers, sellers, and logistics service providers irrespective of their size so that each one of them gets equal opportunity. The expectation from this platform is Digitisation of the entire value chain, greater efficiency and standardization of operations, Verified Supplier inclusion and more importantly value creation consumers. Consumers will be able to find sellers and products by using ONDC compatible applications. Moreover, it will give consumers the freedom to choose their preferred local businesses and find goods from the nearest available supplier. This will enable and encourage more and more customers to order online, resulting in enhanced logistics needs coming into play for carrying goods from SMEs to customers. Increase in deliveries ONDC will increase deliveries due to such a densely populated open network for MSMEs and customers from across India. There will certainly be a huge spike in orders from across the country and this will lead to increase in deliveries also last mile hyper local deliveries from sellers, dark stores or 3PLhubs to end customers. Role of service providers Undoubtedly, logistics service providers will play a crucial role for ONDC sellers and consumers to get their shipments delivered on time. Fast, accurate and seamless deliveries by service providers will create a positive experience with end customers benefiting the suppliers greatly. Some of the challenges are 1. Timely dispatch/cut off/pickups from the warehouse Usually these deliveries have time bound constraints and hence even the slightest delay will impact the whole process hampering the delivery timelines and traffic during the peak hours, especially for the last mile 2. Constant, dedicated, professional and reliable supply for executing smooth operations 3. Handling consumer returns, none delivered and COD shipments integrated impact the pandemic has shifted buying behavior of consumers across the world. Hence, express delivery has become a necessity in the buying process rather than being just a delight factor. Consumers want their orders dispatched and delivered as soon as possible this shift.

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Death occurs, family members get busy making necessary arrangements for the last rites amidst their colossal grief. This often takes a toll on them as they struggle to process the loss of their loved ones. In the instance of someone death, time is of vital essence; in many cultures, cremation cannot be done post sundown, and if not acted swiftly, other complications may arise. Hence, having a structured service that can quickly make necessary arrangements is of great help. Death care services also work to arrange a mortuary ambulance, freezer boxes, and all the paperwork required to transport a body domestically or internationally. The fast pace of the 21st century has led to the majority of India population living away from their native home in a nuclear or small family setting. During someone demise, such families go through utter unrest trying to figure out how to make necessary arrangements for the last rites of the deceased. This problem got much worse during covid waves, as mourning families faced horrid challenges in performing the rituals; in some cases, even getting woods for the pyre became challenging. People felt a dire need for organized death care and funeral service dearly at that time. Death care services in India have been unorganized and highly fragmented, but with the latest standardized services in this space, spreading awareness among the masses is paramount so they know whom to contact in case of an unfortunate loss. India notion of death care and funeral services has come a long way. The concept of managing funerals is not new to India, but the new way of carrying it out is. For instance, if we look back at an old Rajasthan tradition, we find the role of Radials quite prominent at the time of someone demise, called to cry loudly in public and express grief on behalf of the family. In the contemporary period, the business model of death care services is identical to an organized industry; they have defined geographical divisions of cities where cremation grounds are identified; necessary materials are gathered from local vendors, and priests are booked according to the family cultural preferences. Today, websites are made to spread information and provide a place to raise queries; dedicated teams handle operations at the back end. The new frontier of this industry is being carried by e commerce; several brick and mortar stores across the country have leveraged easy access to the internet and have quickly adopted the online business model among India leading digital death care startups, such as Mokshshil, Shardhanjali.com, Anthyesti, and Last Journey Funeral Services. The future of India Death Care holds excellent growth potential but requires spreading awareness among people on a vast scale. Currently, the industry stands at just over USD 3.5 billion in India, which is a long way from USD 0.98 billion back in 2008; therefore, it is evident that India death care industry is at a positive growth tangent and will continue to grow in the coming years the.

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While utilizing technology to improve convenience and transparency compared to the current offerings. The collaboration between traditional banks and fitness can help overcome each other shortcomings and utilize respective strengths to help unlock unaddressed demand and create a bigger and better market. Monday record rally in should be seen as one that was driven primarily by investor sentiments rather 99828 than by market fundamentals. As with any purely sentiment-driven rally, things can take a turn for the worse if subsequent events fail sentiment driver to meet the market expectations. There is very little in the form of market fundamentals to warrant the kind of exuberance shown by investors on Monday. Corporate earnings data released as of now for the January-March quarter suggest that earnings might actually witness a significant fall from what they were a year ago. Growth has also been slowing down in core sectors as consumer demand has failed to pick up and liquidity remains a concern across the economy. Demand has hailed still; investors may be hoping 55481 that things could get better in the coming years as a stable government at the Centre will be able to undertake economic reforms. While the fact remains that no big-bang reforms that could give economic reforms a strong boost to economic growth have been implemented in the last five years, investors may still view the NDA government as less populist as any other realistic alternative. Trade tension NDA government between the U.S. and China is another immediate risk that will determine the direction of equity markets, including India as China tries 28181 to find new markets for products that it can sell to Americans. Given these various uncertainties, it would be prudent not to over-read the message in the stock market fluctuations. It is worth noting that the over foreign investors were net sellers of fluctuations. It stocks in the earlier trading sessions, causing 816481 the indices to fall significantly from their previous high that was reached in April. Mount Everest, the world highest peak at 8,848 metres, draws adventurers from all over. But the mountain on the Nepal-China border is fast becoming a dangerous place to visit even for the hardened mountaineer. The inherent risks were this month , a Gorkha ex-soldier. The image, which went viral and altered the manner in which people worldwide imagine what it is to scale Mt. Everest, showed a long queue awaiting a final tilt at the summit, with all the dangers such a wait holds. This season, at least 10 climbers have died or gone missing. Experts have been calling for Nepal to restrict the number of permits. It awarded a record 381 for this spring, each fetching $11,000 (climbing from the Tibet side is more expensive). On Wednesday, 200 climbers ascended the summit, a new record for a single day. Last year, 807 managed to reach the summit. In 2012, the United Nations estimated that there were more than 26,000 visitors to the Everest region, and this figure has grown.

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Pandemic has redefined the employment landscape like no other event in recent history. It has shaken up norms and, with it, our understanding of skill acquisition for employment and career development. The post pandemic world requires acquisition of 21 set century skills like digital fluency, critical thinking, problem solving and self learning. It has necessitated thinking on one feet, being nimble and adaptive to changing requirements at the workplace. Students must learn and master these skills not just for continued employment but also for success in building a multi faceted career. In fact, aspirants must be prepared for stints that ask them to fulfil a range of different roles across the organization and even across industries. Along with skills, what is also in high demand is an application oriented approach. We must make learning application oriented. Naturally, this changed approach to learning requires a fundamental shift in pedagogy. Make no mistake, knowledge of 21 set century skills in important. But it is equally vital for aspirants to have application literacy. This granting them the ability to apply their learning to meet real world challenges. This is where 21 set century pedagogy can prove transformational for Indian youth. In repeated independent surveys, employers thought it much more important that new hires come from a pool that is comfortable facing a problem with no right answer than facing problems with one right answer. The ability to apply literacy is a crucial skill that applies to all subjects. Twenty first century pedagogy seeks to address challenges of delivering content and skills in a rich way that genuinely improves outcomes for students. The process of 21 set century pedagogy encourages reflection among students through self and peer review. It teaches higher order thinking, develops effective communication skills, and team skills through an interdisciplinary approach and develops problem solving acumen using real world problems in the context of learning. Twenty first century pedagogy actively uses technology throughout the learning process and fosters collaboration. Some state governments are taking steps that genuinely widen access to quality learning by removing barriers. The Madhya Pradesh administration has overseen the successful implementation of a plethora of schemes aimed at skilling the state youth. The state administration has been sensitive to the development of its tribal population. It has implemented welfare schemes such as the Mukhyamantri Awas Sahayata Yojana, the Kanya Saksharta Protsaahan Yojana, and the Vomit Jami Hostel Yojana to provide tribal students housing, food, and scholarships and ensure they learn, up skill, and become atmanirbhar self reliant. In Madhya Pradesh, scholarships have been offered to over 280,000 students, with a monthly financial support of INR 1,300 to boys and INR 1,340 to girls. This figure is more than 200 percent compared to that in 2003. Benefiting from the Mukhya Mantri Medhavi Vidyarthi Yojana, over the past four years, over 5,000 tribal students got admission in prestigious colleges of the country to pursue higher studies in fields like engineering, medicine, and management. Under the Awas Sahayata Yojana, the state.

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Manifold since then. Nepal officials argue that permits are not issued recklessly, and that jams such as this year near the summit are on account of spells of bad weather, which result in mountaineers being compelled to summit within a narrow time frame. Waiting in subzero temperatures at the rarefied altitude can be fatal this season deaths were mostly due to frostbite, exhaustion, dehydration and lack of oxygen. This year drama has caught the public imagination, as happened in 1996 when eight persons died in a single day amid unexpected storm events of and around that day were the subject of Jon Krakauer bestselling book, Into Thin Air. The adventure industry that is built around the human desire to scale the peak has meant many amateurs take up the challenge. These days major emerging market leaders must be feeling the chagrin of Roger Moore, who was often criticised as the worst James Bond ever. The British actor once quipped that long after he stopped playing the iconic secret agent, he still got a bad review each time a new 007 movie came out. Now every time dire news breaks on the global economy, from rising interest rates to increasing commodity prices, pundits say emerging markets are in the worst spot. Read closer, however, and the countries these critics cite are generally small ones like Zambia and Sri Lanka. Among the roughly 150 developing economies there will always be distress somewhere. But by most measures from current account deficits to currency valuations the 25 largest developing nations, from India to Brazil, are in strong financial shape. India civil aviation regulator DGCA issued a show cause notice to Spice Jet after reviewing a series of incidents reported from April 1 in aircrafts operated by it. The broad conclusions of the regulator are that the airline had poor internal safety oversight and inadequate maintenance. Consequently, there been a degradation in safety margin. There have been at least seven instances reported since May where there have been questions about Spice Jet. The worst day was July 5 when there were three instances, including one where a Delhi Dubai flight had to be diverted to Karachi after a snag. None of these problems have arisen overnight. There have been red flags for a while. In Spice Jet 2020 21 annual report, the auditor report came with qualifications. The auditor raised doubts about the company ability to continue as a going concern. Also, undisputed statutory dues such as PF and GST had not been regularly deposited. Financial stress inevitably leads to other compromises. DGCA, thereafter, conducted a financial assessment in September 2021. The finding showed that suppliers are not being paid regularly and that has led to a shortage of spares. In March, Go informed Raja Sabah that there have been investigations into 49 air accidents since 2016. The findings showed that main reasons for accidents were failure on the part of the cockpit crew to stick to standard operating procedures, technical defects and factors related.

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Administration has disbursed INR 93 crore to more than 132,000 students over the past 18 months, to help them continue higher education in other cities and countries. Several of the country civil society organizations have also taken it upon themselves to help and make a profound difference to skilling the youth. I have closely observed the work of Smile Foundation which imparts training in 21 set century skills through its Smile Twin e learning Program. So far, 47,000 youth have been trained through the e learning program and 28,000 have been placed in 200 brands through 95 operational projects across India. The Foundation also runs Project Manzil, an employability training program which has trained over 14,000 underprivileged girls and enabled on the job training for another 5,000 girls to secure their future. A Teachers First approach to skilling The ultimate criterion for success in delivering 21st century skills to students is teacher training. Teachers should possess 21 set century skills before delivering them to students. Therefore, teachers must be trained to learn and to do. There must be a structured plan by which teachers can succeed. Extensive training would need to be scheduled for teachers of various standards and disciplines so they can incorporate 21 set century skills into their existing teaching modules. We must have experienced trainers who can train the teachers. School administrators will also have to be involved in this massive upgrade to 21 set century skills training, as they are the ones evaluating teacher performance. Importantly, teachers must not be viewed as experts, rather as learning facilitators and co learners. We stand amid the fourth industrial revolution. This giant leap of an iteration aims to build on the digital revolution and fuse technologies to blur the lines between the physical, digital, and biological spheres and fundamentally alter the way we live, work, and interact with one another. India will lead the world in the fourth industrial revolution by providing highly skilled manpower, which is both application oriented and adaptable. Together, we can build this skilled workforce that is able to respond better to real world challenges of the decades that follow. For this, we must work together to continually fine tune and adapt learning and skilling processes to the ever changing requirements of the global job market. Digital transformation has revolutionized the way people interact and transact. Digital payments have caused a massive disruption in lending and payments space. The digital era is the new normal, from cash in wallets to cashless transactions through e wallets, from tedious loan process to instant digital EMIs. The tech savvy millennial customer segment is looking for contemporary digital solutions. Collaboration between new age fintech startups and traditional banking systems can help meet the ever evolving consumer demands and build a robust digital ecosystem. The traditional brick and mortar banks have strong processes and regulatory compliance framework in place, while fitness have the technological knowhow and agility; a combination of the two creates a win situation for all parties Fitness.

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Across the Muslim world. These threats drove Gulf monarchies firmly into the American security architecture, leading to the establishment of extensive US military bases across the region. The recent war, however, laid bare the limits of Gulf dependence on the United States, as Washington was perceived to place greater weight on Israel's security. The Gulf states' vulnerability to disruption in the Strait of Hormuz through which most of their oil and LNG exports pass combined with fears of prolonged instability, reportedly led them to exert sustained pressure on both Washington and Tehran for de-escalation. This was particularly evident in Qatar's diplomatic role as a key mediator in the final stages of negotiations. Oman, long a trusted backchannel between Washington and Tehran, also facilitated contacts and hosted earlier rounds of talks. The shift is further reflected in indications that several Gulf states are prepared to support Iran's post-conflict economic recovery, provided Tehran adheres to the agreement. For Iran, survival under sustained US and Israeli military pressure constitutes a strategic achievement. Moreover, Tehran was able to place the American-Israeli partnership under strain while demonstrating its capacity to intervene in Lebanon should Israel escalate further. Crucially, it has reopened a vital global energy artery without relinquishing its long-standing strategic leverage over the Strait of Hormuz, which has emerged as a greater strategic instrument than a nuclear weapon. Israel, by contrast, faces uncomfortable questions. Elements within the current government have pursued a vision of maximal territorial and security control, often associated with the idea of a Greater Israel. The agreement limits the scope for further escalation and signals that American support, while substantial, is not unlimited. Prime Minister Netanyahu's inability to secure decisive outcomes against either Iran or Hezbollah, coupled with growing divisions within the American Jewish community, may weaken the political appeal of such maximalist visions and create space for a more pragmatic engagement with the Palestinian question. The agreement does not resolve underlying conflicts. Tensions between Iran and Israel, between Israel and Hezbollah, and between Israel and Palestinian actors will persist. However, a significant outcome is the end of active hostilities between Iran and the United States, and between Iran and the GCC states. By reducing the likelihood of wider regional escalation, the agreement lowers the risk of further economic disruption and broader geopolitical instability in West Asia. For Washington, the accord reflects a paradox: overwhelming military superiority failed to yield a decisive political outcome. The resulting accommodation with Iran sits uneasily with America's traditional preference for imposing rather than negotiating terms. President Trump has managed this contradiction through calculated ambiguity, projecting success while obscuring the compromises that made the agreement possible. More broadly, the conflict underscores the ongoing transition from a US-led order to a more diffuse, multipolar geopolitical landscape. What began with expectations of decisive military success ended in a costly stalemate that forced a pragmatic reset. Trump's public acknowledgement of Chinese and Russian neutrality during the crisis underscored this reality. Beijing and Moscow enhanced their diplomatic standing by avoiding direc

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the Strategic Communications and Editorial Lead at BlueSky Thinking and a former BBC journalist. Recognised in the graduate management education arena as a leading authority on communications for the industry, Kerry has more than a decade of experience in the media. With a Bachelor's Degree in Multimedia Journalism, Kerry brings the expertise and research of business school and university faculty from across the world to BlueSky Thinking, and influential management thinkers and business practitioners. In April, Vlerick Business School in Belgium and the Institute of Management Technology, Ghaziabad launched their Global Executive MBA, becoming the latest in a wave of education partnerships Indian institutions have struck with European counterparts over the past year in senior-level and executive education. What is notable is not the volume of these partnerships, but how Indian schools and executives are talking about what they want to gain from them. It marks a striking shift in the balance of global management education. Executive education in India is undergoing a fundamental shift, says Atish Chattopadhyay, Director of IMT Ghaziabad. It is moving beyond degrees and short-term programs to building collarless leaders, professionals who can integrate thinking with execution and work seamlessly with AI and evolving technologies. The focus, he says, is now on outcome-based capability, not credentials, immersive, experiential learning, not classroom instruction, and continuous new-skilling, not episodic interventions. For Chattopadhyay, the Vlerick partnership is an expression of that shift. This is not about importing a model, but co-creating one that integrates technology, sustainability, and cross-regional learning. The shift is not happening in a vacuum. Nine Indian business schools now feature in the Financial Times Global MBA Ranking 2026, with the Indian School of Business climbing 15 places to 12th globally and IIM Bangalore jumping 23 places to 34th. The economy underneath them is growing at around 6. 5 per cent a year. And with that, European schools are arriving because Indian institutions and the market they serve have become more compelling than many European schools have historically focused on. David Veredas, Full Professor, Partner and Associate Dean Sustainability at Vlerick Business School, who leads the new programme, uses similar language. We see this as a partnership of equals. Both institutions bring their strengths, and both learn from the collaboration. The data backs up the timing. GMAC's 2025 Application Trends Survey, the global benchmark for business school demand, found that applications to Indian graduate management programmes from international candidates rose around 25 per cent in 2025, while total applications in India grew 10 per cent. At the same time, applications fell four per cent in the UK and one per cent in the US. GMAC's separate Prospective Students Survey shows Western Europe has now overtaken the United States as the top study destination for candidates from Central and South Asia. And a record 53 per cent of Indian candidates now plan to apply to domestic programmes, up from 38 per cent in 2019. For Indian institutions, this is what it looks like when a market reorganises around you. Himanshu Rai, Director of IIM Indore, has watched it happen at close range. A decade ago, executive education in India operated within a relatively closed, institution-driven ecosystem, dominated by top-tier school

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And Banks can partner to offer innovative and customer friendly products across various sectors such as wealth management, insurance aggregation, lending, account opening etc. The aim is to come together to create solutions that enhance customer experience. Addressing the Changing Dynamics Over the years, digital payments have been addressing the changing consumer behavior. Millennial and Gen Z have rapidly adopted digitization for discretionary and non discretionary spending. With the popularity of smartphones and e commerce platforms, new age consumers aspire to have on the go mobile payment solutions and seamless and faster credit availability. Conversely, the merchant community is adopting digital payments to drive big ticket sales. Flexible and transparent payment options help them attract and convert customers. The credit model of paying through monthly installments has been well accepted since the launch of credit cards. Taking steps further, the new age payment options provide on the go credit while checking out one commerce portals or making a purchase in store and do not require carrying physical cards or remember pins. While making offline purchases at stores, instant, flexible digital payment schemes create a big win situation for customers and merchants. New age technological solutions have eliminated the tedious documentation process and can provide real time credit access with better risk assessment methodologies. Digital KYC, e signatures, catboats, etc. They are cost effective and time efficient processes for lenders, borrowers and retailers. Trusted by thousands of merchant partners and direct tie ups with the largest banks of India, new age digital platforms ensure customers can now afford to purchase through EMIs in a few seconds, even without a credit card. Adopting a future of Digital Transformation in Traditional Banking A report by PWC on Indian payments states that the digital payment market has grown at a CAGR of 23% in volume and 21% in value since 2018. It is estimated that digital transaction volume will reach INR 167 billion, and the value to touch INR 238 trillion by 2025. With the rising trend, traditional banks are transforming and adopting partnerships to digitize their offerings and cater to the large consumer base. They are more open to digital partnerships across the value chain such as risk assessment, customer onboarding, alternative credit scoring etc. A digital and data driven approach can help lenders increase their reach, reduce cost, improve customer experience and mitigate their risks. Hence Bank fintech partnerships have the capability to add value across the ecosystem. The Way Forward The Indian government aims to promote financial inclusion and move towards a digital economy. Various initiatives like the Jan Dan Aadhaar and Mobile JAM trinity and Aadhaar enabled payment systems Apes, and Unified Payments Interface UPI have introduced the large unbanked population to the formal banking and credit ecosystem. As more and more people start adopting digital financial services, RBI is parallels taking steps to ensure a stable ecosystem and safeguard interests of the customers. Fitness can partner with Banks to ensure they are bringing the best product for the market.

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The secret is to accept what has happened to us, even whilst we strive to change and better our situation. If we remember that life can be unfair, instead of being in battle mode all the time, we can discover more creative ways of dealing with these situations. Unmet needs are fundamental emotional and psychological desires that you seek to fulfil for your overall well-being. These can include your need for validation, love, respect, safety, amongst so many others. These are all natural and required needs that once fulfilled lead you to your quest of a higher self-exploration (Maslow explains this in his theory of Hierarchy of Needs). Recognizing your own unmet needs and finding creative and healthy actions to meet them creates confidence. Building self-esteem, seeking therapy and having a strong support system can help you block narcissistic manipulation. Knowing that true fulfilment comes from within and not from someone else approval, is key to healing. So, while the idea of being fixed by a narcissist might feel good temporarily, it crucial to be aware of the potential for manipulation. Taking care of your own emotional needs are important steps towards real fulfilment and self-empowerment. India has been walking the talk when it comes to promoting the narrative of transition to clean energy. The International Solar Alliance is a glaring example, established by Prime Minister Narendra Modi and President of France Francois Hollande on November 30, 2015, which was conceptualised on the side-lines of COP21 in Paris in 2015. The declared mission of the ISA is to mobilise USD 1,000 billion of investments in solar energy solutions by 2030 while delivering energy access to 1,000 million people using clean energy solutions and resulting in the installation of 1,000 GW of solar energy capacity. This would help mitigate global solar emissions to the tune of 1,000 million metric tonnes of CO2 annually. Taking forward the vision of Indian PM Modi One Sun, One World, One Grid and that of Armenian PM Nikol Pashinyan on Armenia Green Energy Policy Armenia has recently become the full member of the ISA family. It is a South Caucasian country, endowed with phenomenal natural beauty, and located in the proximity of the subtropical climate zone. The announcement of Armenia becoming the full member of the ISA was made by Randhir Jaiswal, the Indian Ministry of External Affairs official spokesperson, on November 21, 2024. India Union Minister of New and Renewable Energy and President of the Indian Solar Alliance, Mr. Prahlad Joshi, tweeted, Congratulations, Armenia, on becoming the 104th full member of the isolaralliance. Your commitment to sustainable development is a step towards a brighter future. Welcome to the journey of harnessing the power of the sun. The government of Armenia has taken several steps for preventing climate change and promoting energy security. Joining the ISA is one of them, according to H. E. Nikol Pashinyan Armenia green energy policy is primarily aimed at decarbonising and limiting greenhouse gas emissions, developing the use of renewable and alternative sources for energy production, stimulating the introduction of energy-efficient and resource-saving technologies, introducing innovative science-intensive technologies, as well as fulfilling the international obligations of countries on the global climate agenda. May it be culture or contemporary energy situation, there were many reasons for Armenia to join ISA. In his message

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Also have festivals related to the sun. Armenia too has had a very important place for sun worship in their ancient culture. Ancient Armenians worshipped Mihr, deity of the sky light and sun, son of Aramazd. The only pagan temple in Armenia that has survived to our day, the Garni temple, is dedicated to Mihr. Apart from this, Armenia also has significant solar energy potential the average annual solar energy flow per square meter of horizontal surface is 1720 kWh (the European average is 1000 kWh), and one-quarter of the country territory is endowed with solar energy resources of 1850 kWh m2 per year. According to the Ministry of Foreign Affairs of Armenia, renewable energy is one of the most important directions of the development of the energy system in Armenia, where solar energy has developed particularly well during recent years. Today, more than 5 percent of the total electricity produced comes from solar plants. Several steps have been taken in Armenia over the years to develop solar power, Shushanik Minasyan writes in the Handbook of Energy Governance in Europe, published by Springer. A comprehensive set of enabling regulatory documents was adopted to support the effective implementation of appropriate policy on achieving availability, accessibility, and sustainability in solar energy in Armenia, including, inter alia, (i) the National Energy Security Action Plan 2014-2020 and (ii) the National Plan for Energy Efficiency and Renewable Energy (United Nations, 2018). The Energy Law was also in 2016 modified. The Amendment aims at promoting solar energy generation for own needs with a peak capacity of up to 150 kW (inclusive) by stipulating that such plants can be operated without the activity licenses. The net metering for solar energy for autonomous producers has been adopted in the Energy Saving and Renewable Energy Law 2016, stipulating a sales price for net metering for autonomous producers (Vorotnikov, 2016). In January-May 2024, the production volumes of solar power plants in Armenia, including autonomous producers, reached 9 of domestic generation, according to data from the Statistical Committee of the country. Armenia Minister of Territorial Administration and Infrastructure, Gnel Sanosyan, stated that by 2030, the share of solar energy in the country energy balance will be 15. Armenia largest solar power facility is under construction in the Gegharkunik region. Shtigen Group undertook the building of the Masrik-1 solar plant, which has a capacity of 62 MW and covers 130 hectares. The construction phase began in November 2023. This project is expected to generate 150,000 MWh of electricity and supply enough clean energy to power 21,400 households. The project is expected to offset 54,000 t of carbon dioxide emissions (CO2) a year. As a full member of ISA, Armenia can now benefit from multilateral initiatives in several areas, such as funding, incentive packages, public policies, and research and development. While Armenia joining the ISA has brought joy to those deeply concerned about protecting the environment, the ongoing tussle between the developed and developing worlds at in Baku is causing deep disappointment. While the importance of diplomatic deliberations for the fight against climate change and ensuring energy security cannot be gainsaid, more often than not, deliberations have led to blame games, conundrums, and delays in concrete actions. About in Azerbaijan, Oxfam International Climate Justice Lead, Safa Al J

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To the weather and primarily deals with safety issues. Its record has been mixed. In 2013 14, the US Federal Aviation Authority decided to downgrade Indian civil aviation from category to category II after an audit brought out shortcomings in safety and maintenance. It had an adverse impact on the international plans of some Indian carriers. Since then, matters have improved and a recent US FAA audit reportedly went off well. The regulator focus on safety has to be relentless a Vasteras flight yesterday experienced an engine snag. There a key international safety audit ahead. This one will be carried out by ICAO, a specialised UN agency that deals with air transport. In the last pre pandemic year Indian aviation companies carried about 141 million passengers. That will be the baseline in a normal year. DGCA primary responsibility is to take timely action to make sure that Indian flyers are guaranteed safety standards that match the best. That requires being proactive when problems are at an incipient stage. The confrontation between Chhattisgarh and UP police is just as dangerous and ridiculous as all such face offs. Some are arguing that unlike the Punjab police attempted arrest of BJP leader Tinder Bagger that was foiled by Haryana and Delhi police, the Chhattisgarh police had a magistrate warrant to arrest a TV journalist the offence in question being the airing of a misleading video of Rahul Gandhi. But just as in Bagger case, the visiting police team hand informed counterparts in the destination state. Not surprisingly, and in a repeat of past actions by BJP state governments, another Congress ruled state, Rajasthan, has also booked the journalist. The real trouble is of course extreme politicisation of policing. Multiple FIRs are lodged in states over causes dear to the party that runs the government and accused persons get lucky only if they happen to live in a state governed by a rival party. The TV journalist had a BJP governed state police backing, but Jingles Mewari in Gujarat did have that when the Assam police came calling. Neither did pharmacy student Nikhil Blamer or Marathi actor Kinaki Citole when the Maharashtra police, then loyal to MVA, jailed them for anti Shared Pawar tweets. That police forces should get so brazenly busy doing the petty bidding of their political masters and that this should lead to regular confrontations may be considered par for the course by our politicians but at least the Supreme Court should not remain indifferent. The Criminal Procedure Code in specific enough on interstate arrests and SC must issue binding guidelines. Except when nabbing terrorists, out of state police teams must possess arrest warrants from the jurisdictional magistrate, inform the local police, and secure transit remand from the local magistrate. SC should also note that multiple FIRs for the same cause of action continue despite the court terming it an abuse of process . That SC seemed to veer from its own path in the Nippur Sharma hearings does change the.

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Argument Indian women labour force participation is one of the lowest in the world. Government surveys and surveys from private organizations like CMIE agree on this. A large academic literature has pondered on the possible causes. This column explores the issue through the lives of two working women, living very different lives, across two continents. Shania Breaking barriers and more the first is Shania, a 21 years old self employed e rickshaw driver who lives in eastern UP. Shania job trajectory would be the envy of most women in the informal sector. Her first job was at a construction site carrying bricks. Then one day she saw a woman driving an e rickshaw and she thought she could drive that too. With the help of an NGO in her city, Shania received a day long training to drive the e rickshaw and change its tires. Now Shania rents an e rickshaw, fearlessly drives it around the city, bringing scores of passengers to their destinations. She earns about Rest 12,000 a month, which is roughly 40% more than her income last year as a laborer. It was only to be expected BJP aye to Aare Gaya. Back in government, the party is going ahead with its earlier plan to commandeer 30 hectares of the Aare forest for a Metro shed and depot. That plan had been jettisoned by Buddha Thackeray, who has now been jettisoned by his predecessor and Do math Shined. Beau, that why it called see saw politics. Means, what you eye with one government becomes aw with its successor. Dizzying, no But this gunmanship putdown ship skirmish will get worse only. The saving grace is that pun kea Buddha has neither the stomach nor the backing of Defender Vadnais, who started his thousand nicks and cuts strategy from the moment he was forced to snatch defeat from the jaws of victory in 2019. But beep re! Adyta can sizzle like a karma of kanga bhajiya on a monsoon eve. Formerly, Aare meant milk colony . Now, it not just a few do goobers being cheesed off Mumbai future could curdle if drastic action is taken to control the whole manic skyline. Climate change is already a concrete reality, triggering landslides on all its hills, from poor Atop to posh Malabar Cembalo. The current deluge of signatures on Change.org is not enough. had was the original misnomer, till we wised up to the fact that it was going to make merely a cow sized hole in the last green lung left in Mumbai. Aare is a designated forest, part of the Sanjay Gandhi National Park. It is home to enough wild felines not to be hijacked by cats looking like they vet licked the cream or tigers roaring to reclaim Balasaheb stripes. The metro will build up 25 hectares here. That is 2.5 lakh square metres, enough to make our swaggering Phoenix mall feel like Kakubhai, my corner bania. An onsite slogan says the shed just an excuse to.

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Deemed a state subject and inheritance is a concurrent list subject. Multiplicity of laws with overlapping and sometimes conflicting provisions puts women at a disadvantage. The areas under Schedule 279185 are treated differently by the Constitution to protect the traditions and identity of scheduled tribes. As a result, inheritance in these communities is governed by customary laws and not the statutory laws, says Sherpa. She gives the example of Jharkhand. We find that as per the customary law of most of the scheduled tribes, a widowed woman cannot have the husband land in her name; she only has the right to be maintained and live on the land. The men of the house the brother-in-law or the son have the ultimate claim on the land in such a situation. Sherpa calls these men owners in waiting. In order for their claim to be substantiated sooner rather than later, they may inflict violence upon the woman to coerce them to leave the property. This constitutes a direct attack on the dignity of that woman, adds Sherpa. Particularly in villages, land ownership not only impacts women personally but also affects their participation and involvement in community decisions. A woman identity is created within the village when the land is in her name. This empowers her to avail multiple opportunities, explains Ashwani. A woman could use her land as collateral for her 264818 children education. Land ownership documentation can also help women farmers in accessing government schemes. When her perspective towards land shifts, a woman is able to take a stand against injustice and moves towards living a dignified life, notes Ashwani. Challenges to incorporating dignity in land rights Societal pressure and prevailing cultural practices deter women from claiming their right to land. If the property is in their name, whether it is at their parents or their in-laws side, women are encouraged to give their share to the brother or another male family member, says Ashwani. In fact, in 2021, a government official in Rajasthan appealed for women to make Raksha Bandhan memorable by giving up their share of parental agricultural land to their brothers. Achieving dignity through land rights is a long-term process, and this poses a challenge to the cause. According to Sherpa, emphasising dignity would require all stakeholders to change how they perceive a human life as their actions directly impact women rights and dignity. For instance, although a woman right to property may be secured with the help of the police, their access to the land comes under threat if there is no follow-up. The male members may reoccupy the property if the woman footing ins strong enough, adds Ashwani. This is why ENSS and other community-based organisations provide continued support to the woman even after the land deed is transferred so that her ownership ins threatened. If the police and the male family members were more cognisant of the woman rights and dignity in such cases, the need for continued intervention would not be required. Sherpa explains that even from an organisational perspective, the dependency of development programmers on outcomes-based financing impacts how they are planned and implemented. This serves as an obstacle in the integration of dignity as it is an immeasurable outcome and often requires long-term thinking and efforts. What the dignity lens looks like Adopting a dignity lens requires commitment from all the stakeholders involved. We need to work with the gove

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Argument Indian women labour force participation is one of the lowest in the world. Government surveys and surveys from private organizations like CMIE agree on this. A large academic literature has pondered on the possible causes. This column explores the issue through the lives of two working women, living very different lives, across two continents. Shania Breaking barriers and more the first is Shania, a 21 years old self employed e rickshaw driver who lives in eastern UP. Shania job trajectory would be the envy of most women in the informal sector. Her first job was at a construction site carrying bricks. Then one day she saw a woman driving an e rickshaw and she thought she could drive that too. With the help of an NGO in her city, Shania received a day long training to drive the e rickshaw and change its tires. Now Shania rents an e rickshaw, fearlessly drives it around the city, bringing scores of passengers to their destinations. She earns about Rest 12,000 a month, which is roughly 40% more than her income last year as a laborer. It was only to be expected BJP aye to Aare Gaya. Back in government, the party is going ahead with its earlier plan to commandeer 30 hectares of the Aare forest for a Metro shed and depot. That plan had been jettisoned by Buddha Thackeray, who has now been jettisoned by his predecessor and Do math Shined. Beau, that why it called see saw politics. Means, what you eye with one government becomes aw with its successor. Dizzying, no But this gunmanship putdown ship skirmish will get worse only. The saving grace is that pun kea Buddha has neither the stomach nor the backing of Defender Vadnais, who started his thousand nicks and cuts strategy from the moment he was forced to snatch defeat from the jaws of victory in 2019. But beep re! Adyta can sizzle like a karma of kanga bhajiya on a monsoon eve. Formerly, Aare meant milk colony . Now, it not just a few do goobers being cheesed off Mumbai future could curdle if drastic action is taken to control the whole manic skyline. Climate change is already a concrete reality, triggering landslides on all its hills, from poor Atop to posh Malabar Cembalo. The current deluge of signatures on Change.org is not enough. had was the original misnomer, till we wised up to the fact that it was going to make merely a cow sized hole in the last green lung left in Mumbai. Aare is a designated forest, part of the Sanjay Gandhi National Park. It is home to enough wild felines not to be hijacked by cats looking like they vet licked the cream or tigers roaring to reclaim Balasaheb stripes. The metro will build up 25 hectares here. That is 2.5 lakh square metres, enough to make our swaggering Phoenix mall feel like Kakubhai, my corner bania. An onsite slogan says the shed just an excuse to.

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In the way they think and work, says Sherpa. Ashwani mentions the importance of spreading awareness at all levels by highlighting how official stakeholders involved in the process of transferring property ignore the appeals of women because of their patriarchal mindset. Daughters were only given inheritance rights to ancestral property through the Hindu Succession Amendment Act, 2005. Prior to the introduction of this provision, women had to often fight for their right over such land through lengthy legal procedures, he adds. Today, organisations seeking to mainstream women land rights may find it challenging because property ownership among women has been traditionally non-existent or negligible. Therefore, planning ahead and establishing the connection between dignity and women land rights early on is imperative for all stakeholders. Sherpa notes how asking women about what land means to them initiated the conversation on how their dignity is interlinked with land. Even the idea of owning land can be surprising and empowering for women because land is such a substantial asset. Ashwani underlines that women need to be informed not only of their land rights but also of how dignity is related to that right, as it will help them view living a dignified life as something that is aspirational and achievable. According to Sherpa, all programmers that work to empower women should consider including land rights in their scope because land is intrinsically related to a person identity and existence. A holistic vision needs to be adopted at an individual and institutional level to ensure that dignity is an integral aspect of interventions, especially those designed for the most vulnerable. Land constitutes the foundational basis for women identity, freedom, rights, and livelihoods. If we are not talking about land rights, we are missing a critical element in paving the way for a life of dignity and equality for women. Sherpa Doe leads Landsat work to strengthen the relationship between women and land. She is deeply interested in understanding the connects and disconnects between women of different identities and land of all types. She is a passionate advocate of equal inheritance for girls and wants land governance and laws to be gender-responsive. Ashwani Paliwal is the secretary of Astha Sansthan, a nonprofit based in Udaipur, Rajasthan. He has worked in the social sector for more than 40 years, particularly focusing on community development and human rights. More recently, he has been supporting work geared towards empowering single women both in Rajasthan and across the country. Have you ever imagined a world where machines could create mesmerising works of art, compose breathtaking music, and engage in realistic human-like conversations? A world where the boundaries between human creativity and artificial intelligence blur, opening up new realms of possibilities? But amidst the awe-inspiring potential of Generative Artificial Intelligence (AI), have you ever stopped to ponder the challenges it brings to our economic and political lives? Can we ensure that this technology doesn disrupt industries and displace jobs? How do we navigate the ethical dilemmas surrounding deep fakes and misinformation? And, most importantly, how can governments take the lead in harnessing the power of Generative AI? There cannot be any better time than now, to discuss the same. Introduction Generative Artificial Intelligence (AI) is a transformative technology wit

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Swallow the whole city, Aare eke banana hay poor Mumbai khan Lena hay! Pray that those 30 hectares arena Judas Iscariot 30 perfidious pieces of silver. Haj, the fifth pillar of Islam, is the name given to the pilgrimage to Mecca, where Muslims from all over the world gather to perform a special type of congregational worship once every year. Although it is required to be performed only once in a lifetime, Haj is an all encompassing act of worship that, if performed both in form and spirit, can have a permanent impact. In 632 CE, the Prophet received hints from God that his life was about to come to an end. Therefore, he announced his intention to perform his life first and final pilgrimage the Haj, which is known as Hajjatul Wida, Farewell Pilgrimage. He asked everyone and his family to join him. By this time, most of the Arabian Peninsula was under his influence. The Prophet set out to perform the first and final pilgrimage on the seventh day of Dhul Hijjah, and when this news spread far and wide, various tribes living in Arabia began pouring into Mecca. The Prophet was joined by Muslims. During this pilgrimage, God revealed to him the rules of the Haj, which all Muslims follow to this day. After travelling for nine days, when the Prophet reached Mecca, he prayed at the sacred mosque O God, You are peace, with you is peace. Therefore, our Lord, help us live with peace. tawaf, going around the Kaba seven times. It is to show how our lives should revolve around our Lord. After offering his prayers and kissing the Black Stone, he moved towards Safa, saying that Safa and Marwa, the two hills, are signs of God. Walking briskly between the two seven times, he ended the walk at Marwa. The Prophet went on to stay in Mecca for four days and then moved to Mina on the eighth day of Dhul Hijjah. Next morning, he went to Arafat and stayed in a small tent. It is here, in the afternoon, that he gave the talk known as the Sermon of the Farewell Haj. Today pilgrims come here and stand in humility, concentrating only on God. They seek forgiveness for their sins and pray for the welfare of others. The tanding at Arafat symbolises the Day of Resurrection when everyone will stand before God to be judged. In his sermon, the Prophet emphasised the highest moral values. He announced that no Arab is superior to a non Arab, and no non Arab is superior to an Arab. No man is superior to another, except by piety and good actions. The noblest among you, he said, is the one who is deeply conscious of God. The Prophet particularly exhorted the believers to fulfill women rights You indeed have certain rights about your women, but they also have rights over you. Therefore, treat your women well and be kind, for they are your partners and committed.

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Meeting of G 20 leaders in J&K and Latah, echoing close ally Pakistan objections, highlighted that both sides should indulge in unilateral moves that may make the situation difficult. China and Pakistan objections to the G 20 summit events in J&K and Latah have no legal or even moral standing and, as such, are a non issue for the world community. In 2017, Prime Minister Narendra Modi outstanding, influential skills and India skilful diplomacy saw an anti terrorism objective incorporated into the G 20 declaration. Which says, Terrorism is a global scourge that must be fought and terrorist safe havens eliminated in every part of the world . China objected to it, and Pakistan was rattled and exposed to the world community on the issues of terrorism. So, the reactions of China and Pakistan are understood well by other nations who share the views of India on international terrorism. With G 20 leaders agreeing on a joint clampdown on terrorism and its funding and destroying terrorist safe havens all over the world, Pakistan, with its long history of exporting terrorism, has correctly come under global watch. Myths about the erstwhile state of J&K spread by our adversaries. J&K is an integral and inalienable part of India. However, our adversaries have concerted disinformation campaigns that present distorted historical facts about the accession of the erstwhile state of J&K to India. On 26 Oct 1947, Maharaja Hair Singh and the Government of India signed an instrument of accession approved by Sheikh Abdulla, who was then heading the largest political party National Conference in J&K. This accession was signed as per the provisions of the Indian Independence Act 1947. It was duly approved and rectified by the Constitution of J&K in 1956, which states that the state is and shall be an integral part of the union of India. At the time of accession, the erstwhile state of J&K consisted of three provinces the frontier districts Gigot & Batista, Kashmir Province and Jammu province, including Latah, Pooch & Channel. After gaining independence in 1947, Pakistan immediately attacked J&K, which had not decided yet to join India or Pakistan. The residents of the state border areas were harassed, looted, and raped by the so called tribal, which consisted of Pakistan Army veterans and regular troops. When the state could withstand the pressure build up by Pakistan then it decided to join the union of India. On 27 Oct 1947, the Indian troops reached Srinagar airport and thus started pushing back these tribal. India approached the United Nations Organisation UNO on 1 Jan 1948 under Article 35 of the charter to immediately end such assistance, which was an act of aggression against India. But Pakistan constantly misled the world regarding its involvement in J&K. The United Nations Commission of India and Pakistan UNCIP Resolution of August 1948 stated about Pakistan, The presence of troops of Pakistan in the territory of the state of J&K constitutes a material change in the situation since the Government of.

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The most important structural shift is the transition from credentials to capability development. Professionals are no longer enrolling solely for brand signaling, they seek immediate applicability and measurable outcomes. That demand profile is exactly what is pulling European schools. Aalto University Executive Education in Finland is starting its Indian presence this year. India combines scale, strategic fit and a genuinely open moment, says Laura Sivula, Aalto's Director of Academic and International Affairs. The geopolitical map of Indian executive education is being redrawn. Flows that historically routed through the US and UK are being reconsidered, and European partners are being looked at seriously for the first time. She is clear what kind of partner Indian institutions want. Indian institutions are actively seeking counterparts who engage as equals rather than senior partners. Frankfurt School of Finance and Management operate a similar model with two Indian institutions, Management Development Institute in Gurgaon and Administrative Staff College of India in Hyderabad. Andreas Ember, Director of Executive Education, describes the joint programmers in Frankfurt as being designed specifically for Indian cohorts, with travel to other European countries built in. The University of Glasgow's Adam Smith Business School has reached a similar conclusion through its entrepreneur-focused programmer with IIM Indore. Director of Internationalisation Xiang Li says India-Europe partnerships can add great value to executive education learners through extended networks for knowledge acquisition and business opportunities beyond India. What unites these partnerships, beyond timing, is what they say about India's growing influence on the global higher education stage. Veredas sees a market that no longer follows. India's executive education market feels highly energised and forward-looking. It is not following global trends, in many ways, it is helping define them, he says. Chattopadhyay frames the same point in a single line: In a global economy, leadership must be both locally grounded and globally fluent. It is a description of the partnership Vlerick and IMT Ghaziabad are building and a description of what every European school now hoping to work with an Indian counterpart will have to offer. The partnerships announced this year are unlikely to be the last. They are the early signs of a global management education map being redrawn around Indian demand. TMC unraveling holds lessons for other parties Verma is associate professor of political science at the Shiv Nadar University, Chennai. Rarely in India's political history has a party unraveled so quickly after an electoral defeat as the Trinomial Congress (TMC) appears to be doing in the past two weeks. Is the rebellion inside TMC a familiar pattern or a unique event? The short answer is that it is both. It's familiar because Indian politics has witnessed a steady succession of ruptures over the last few years. Shiv Sena and Nationalist Congress Party (NCP) split in 2022-23, then earlier this year, seven Rajya Sabha MPs from AAP joined BJP, and now six MPs from Shiv Sena (UBT) are likely to merge with Eknath Shinde-led Sena. However, what unfolded in West Bengal over the past two weeks is qualitatively different. Few regional parties have collapsed so dramatically with public outbursts, and breakaway factions walking away with a significant share of legislators, both in the assembly and

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dissidents who often lacked the resources to mount a serious challenge. Now, ambitious lieutenants may accept a founder's authority, but they are most likely to rally the troops when leadership is passed to a family heir. And with BJP's political dominance since 2014, such dissidents have an alternative destination. Aligning with the ruling party can ensure their political survival, protection from investigation, or simply a faster route to political advancement. BJP supporters will point out that the party did not create these conditions for rebellion. Yet, it has become remarkably effective at exploiting them and, in the process, reshaping the very structure of the opposition confronting it. Still, the Bengal story cannot be reduced to succession and BJP strategy alone. After all, other regional parties have experienced leadership transitions and electoral defeats without such rapid disintegration. There have been no such desertions so far from Samajwadi Party, which has been out of govt since 2017, or RJD, which has largely been out of govt since 2005, barring a few years in alliance with Nitish Kumar. YSR Congress Party (YSRCP) suffered one of the most dramatic defeats in recent memory in Andhra Pradesh. It too remained organisationally intact. Even AIADMK, despite years of factionalism after Jayalalithaa's death, retained a substantial core organisation after the 2026 Tamil Nadu elections. Several MLAs who supported Vijay during the floor test returned to former CM E Palaniswami. In neighboring Odessa, BJD lost to BJP after governing for nearly a quarter century. Despite the party being highly centralized around Naveen Pataki, it retained a distinct organisational identity and administrative reputation that survived electoral defeat. Why has the TMC proved more vulnerable? The answer lies in the nature of party-building itself. Unlike in other parties where ideology or long-standing social identities create loyalty beyond office, TMC came to rely on something different in its 15 years in office: fusion between party and state. As political scientist Dwaipayan Bhattacharyya has noted, the party-society model under the Left Front had transitioned into a franchisee model in which TMC's leadership promoted local strongmen in exchange for delivering absolute loyalty and votes to the party. These local bosses were granted full autonomy to run their areas as personal fiefdoms, blurring the distinction between party and state. Such arrangements are likely to generate formidable electoral machines, but they produce extremely fragile organisations. Once the ecosystem of political influence, physical control over territory, and access to state resources collapsed, so did the incentive to remain loyal. Also, in West Bengal's winner-takes-all political culture, power shifts frequently carry social, economic and even violent consequences for local actors. TMC's troubles carry lessons beyond Bengal. For parties, especially family-centric ones, closing leadership pipelines, discouraging internal competition, and suppressing organisational renewal may quickly turn electoral defeat into organisational collapse. For Congress, which has struggled with similar problems for decades, the message is equally uncomfortable. Leadership succession without organisational renewal may preserve control, but rarely produces resilience. And for BJP, there is a warning hidden inside its successes of facilitating splits within the opposition. Many of the vulnerabilit

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Helpers Assembling on the plains of Arafat is spiritually the high point of the pilgrimage. Here, pilgrims promise God to model their lives on the examples set by His prophets, to abstain from all that God has forbidden, and to refrain from all kinds of misdeeds towards their fellowmen. The Haj pilgrimage, therefore, serves the purpose of this moral training. India is one of the largest and most populated countries in the world, with a yearly average population growth of one percent. India has also become one of the world fastest growing economies due to the economic reforms and utilizing the growing population as an asset. While job opportunities have grown over the years due to industrialisation and digitalisation, the agriculture sector dominantly employs a large share of individuals in the country. In 2021, India agriculture sector emerged as the leading industry in terms of employment with the number of employees tallying nearly 152 million. Meanwhile, the manufacturing industry that usually accounted for a significant share of India GDP, at 27.4 million has seen a steady decline in employment owing to the adverse impacts of the pandemic on the economy during the same period. However, with rapid evolution in technologies and an increasing demand for latest innovation in products and services, the manufacturing industry is expected to rise again. From smartphones to cars, manufacturers and the semiconductor industry are ramping up to meet the world seemingly insatiable demand for chips. Semiconductor chips have become essential to our everyday lives and that dependence is only going to grow. Emerging markets and technologies such as AI, robotic process automation and 5G connectivity are also fuelling the growth of the semiconductor industry. From a recruitment perspective, several new jobs are being created across sectors and across specialisations. Government incentivisation As per ICRA, with the recent PLI and DLI scheme announced by the government, launched with the aim of incentivising manufacturing semiconductors, it is estimated to attract a capex of approximately ₹4 trillion for the next five years and has the potential to generate employment for over 3 million skilled and unskilled labor in India. Apart from this there will also be generation of new tech and management roles and employment opportunities within the industries that are yet to be accounted. Further, there will also be positive implications due to reduction in net imports, as incremental revenues are expected at Rest. 35 40 trillion over the next 5 years. Sectors under which PLI scheme have been announced currently constitute 40% of the total imports. The scheme, spread across 14 sectors, can enhance India annual manufacturing capex by 15 to 20% from FY23. Emerging and Evolving Job Roles India is already an R&D hub for the semiconductor industry with nearly 2,000 chips being designed per year and more than 20, 000 engineers working in various aspects of chip design and verification. The presence of the number of design bases in India and the rise in the number of skilled professionals and engineers are expected to.

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Pakistan represented it before the Security Council . The UN sponsored mediator, Owen Dixon, was also constrained to record in his report of 15.9.1950 that I was prepared to adopt the view that when the frontier of the State of J&K was crossed, on I believe 20 Oct 1947, by hostile elements, it was contrary to international law, and that when, in May 1948 as I believe, units of the regular Pakistan forces moved into the territory of the state that too was inconsistent with international law . Cease fire between India and Pakistan was declared on 1 Jan 1949 with the mediation of the UNO. Despite India legal position in J&K, it agreed to hold a plebiscite, but Pakistan failed to fulfil the conditions of the UNSC resolutions. Cease Fire Line was drawn in July 1949 and was converted into the Line of Control Lock in 1972 under the Shimla agreement. Pakistan again launched military operations to annex Jammu and Kashmir in 1965 and 1999. When it failed to grab J&K, Pakistan launched cross border terrorism in J&K in 1989. On the hand, China attacked India with its offensives in Latah and along the McMahon Line on 20 Oct 1962. The war ended with a Chinese unilateral declaration of ceasefire. It was a defeat for India. China claimed the Aksai Chin area in Latah, J&K. When J&K acceded to India, it had an area of 2,22,236 sq. km. But today, India is in physical possession of only 1,06,566 sq. km of the original state of J&K. Pakistan Occupied Jammu and Kashmir POJK is 72,935 sq. km, and less 5,180 sq. km of Shaksgam Valley, which has been leased to China in 1963. China Occupation of J&K territories consisting of 37,555 sq. km of Aksai Chin plus Shaksgam and territory nibbled over the years, totaling up to 42,735 sq. km. SP Guide Publications Put Ltd, New Delhi China Pakistan Economic Corridor CPEC , a flagship project of BRI, intrudes on India sovereignty and territorial integrity. The CPEC passes through parts of the Union Territories of Jammu & Kashmir and Latah, which are under illegal occupation of Pakistan and China. Conclusion Jammu and Kashmir is an integral part of India. There can be any compromise on India sovereignty and territorial integrity. India remains determined to weed out cross border terrorism from J&K, bring overall development to the state, and address other related issues. Since 1947 various international events have been held in J&K without any substantial objections from any corner. India approach to foreign policy is guided by our National Beliefs, Values, Interests and Strategy. I must say that India is a robust nuclear weapon power with the 4th largest economy and equipped well to exercise its Strategic Autonomy on all matters of bilateral, regional or global importance. Any opposition to India intent of conducting G 20 events in J&K because of its disputed territory tag must be vigorously contested, and it is not difficult for India. In future also such.

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Foster the growth of the semiconductors market. In the current scenario, organizations do not only need talent with diverse skill sets and advanced technical knowledge, they also continuously need to educate and train their existing workforce. Many new roles are emerging constantly in various tech verticals. These include system on chip Sock design, systems and platform engineering CAD, digital signal processing DSP and memory design engineers, as well as software engineers to help build chips. As the demand for growing Indian enterprises is increasing, it has also opened many employment opportunities across system and application software development, System integration and testing, Heat and mass transfer, Imaging and lithography performance, Electronics Mechatronics, and Electron optics to name a few. Companies are now also allowing and promoting employees to shift to a different role or position within the organisation and providing them trainings for their new roles. Industry academia Global companies are laying the foundation of chip schools that are running year round to train its next generation of semiconductor engineers and cement its dominance of the crucial industry and strengthen industry academia. Indian Institutes have too shortlisted 85K engineers that will be trained to make semiconductors. The government is also working with the All India Council for Technical Education AICTE right now, to finalize the course curriculum. With all these efforts, in three to five years we will have a new generation of engineers and technology experts well equipped for the fifth industrial revolution. The Government of India has clearly stated its intention to become a leader in the semiconductor manufacturing space and is making every provision to make the dream come true. Many MNCs and start ups are also joining hands to further expand and fulfil the mission. India will hold the G 20 Presidency from 1 Dec 2022 to 30 Nov 2023. G 20 comprises the world major developed and developing economies, accounting for 85% of global GDP, 75% of international trade and two thirds of the world population, making it the premier forum for international economic cooperation. Every rotating G 20 Presidency also serves as the G 20 Secretariat for the year. Many official meetings are expected to be organised in various sectors such as employment, health, digital economy, trade, investment & industry, environment & climate, energy, anti corruption, agriculture, tourism, culture, socio economic development, education, finance, women empowerment, etc. It will showcase India diversity and culture and promote the brand India. Major events of this summit are proposed to be held in Delhi however, some events will be organised in other states and UTs, including J&K and Latah. Pakistan opposes India plans to hold some G 20 events in J&K. In its statement, Pakistan completely rejects such moves of India, stating that J&K is an internationally recognised disputed territory. India was seeking international legitimacy for an occupation of J&K and urged the international community to ask India to revoke its 5 Aug 2019 actions. China, in its opposition to India reported plans to hold the following year.

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Anyone does Baby said, Okay, then why are our eyelashes long? Sometimes it bothers my sight. Mother with pride said, My son, those long thick eyelashes are your protective cover. They help to protect your eyes from the desert sand and wind. Baby after thinking said, I see. So the hump is to store water when we are in the desert, the legs are for walking through the desert and these eyelashes protect my eyes from the desert than what in god name are we doing here in the Zoo ? A story is told about a soldier who was finally coming home after having fought in Vietnam. He called his parents from San Francisco. Mom and Dad, I am coming home, but I have a favor to ask. I have a friend I had like to bring home with me. Sure, they replied, we had love to meet him. There something you should know, the son continued, he was hurt pretty badly in the fighting. He stepped on a land mind and lost an arm and a leg. He has nowhere else to go, and I want him to come live with us. I am sorry to hear that, son. Maybe we can help him find somewhere to live. No, Mom and Dad, I want him to live with us. Son, said the father, you don know what you are asking. Someone with such a handicap would be a terrible burden on us. We have our own lives to live, and we can let something like this interfere with our lives. I think you should just come home and forget about this guy. He all find a way to live on his own. At that point, the son hung up the phone. The parents heard nothing more from him. A few days later, however, they received a call from the San Francisco police. Their son had died after falling from a building, they were told. The police believed it was suicide. The grief-stricken parents flew to San Francisco and were taken to the city morgue to identify the body of their son. They recognized him, but to their horror, they also discovered something they did know, their son had only one arm and one leg. Moral: The parents in this story are like many of us. We find it easy to love those who are good-looking or fun to have around, but we don like people who inconvenience us or make us feel uncomfortable. We would rather stay away from people who are as healthy, beautiful, or smart as we are. Thankfully, there someone who won treat us that way. Someone who loves us with an unconditional love that welcomes us into the forever family, regardless of how messed up we are. Science and religion seem to be antagonistic to each other. But intrinsically, then- purpose is the same that is, to make life happy and worth living. Both claim to be based on truth, though their methods are different. There are many similarities and dissimilarities between science and religion. The basis of science in earliest stages at least, is believed to have been observation and experience, and it is quite understandable that man must have been observing the natural phenomena and having some experiences of varied type. Yet religion is believed to be much older than science. It is because religion is primarily based on belief and faith which later took the shape of magic. But science in its tangible form came to be recognized much later. It is now almost established that man has evolved from other species after the passage of numerous millenniums. As he appeared on the earth in the present human form, he was awed to watch the lightning in the sky followed by a loud thunder. As he moved on the earth, he came across or experienced floods and forest fire which made him realize the presence

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All over the world in all religions, among all races and countries, means that either all mankind was thinking alike at one or the other time or the people in different regions or areas of the world were having some communication system even unconsciously, may be in the form of conveying of some fact, information, secret or piece of knowledge from person to person through the mouth, as the writing process, as we know now, came much later, indeed, recently only In June 1965, I was a seventh standard student of King George School, Belgaum (now Military School, Belagavi). Straight from a village in Haryana, with little knowledge of English, here I was just about 13 years old among children from all walks of life. Initially, I was lost and cried often, feeling out of place. But, soon, I was on my feet and rubbing shoulders with children from privileged backgrounds. All this, thanks to our visionary Principal, R.S. Mani. Seeing my shyness and poor English, he called me to his office. Handing me a copy of Reader Digest with an essay on Gandhiji, he said, Ripu, next week you will narrate that essay in the Assembly. Nothing is impossible, he added. I took it as a challenge and decided to memorise the whole essay. Shivering, I stood in front of the assembly, and rattled out the essay like a parrot. Loud clapping ensued. Here began the story of how a teacher can mould and build a student. Principal Mani asked me to read newspapers daily and make note of important events. I took a dictionary and sat with an English daily. In one hour, I could finish no more than half a page, but I did not lose heart. The output kept increasing every day. My vocabulary kept on expanding, so did the general awareness. Mr. Mani put me in the declamation team. By the time I was in the 10th standard, I was the best debater of the school. I still remember how we defeated a Pune school in an inter-school debate which was presided over by none other than Nani Palkhiwala. Why do you start writing when you can speak so well, Mr. Mani asked. And there I was in the school magazine editorial team. He reposed faith in me as a moral guide, and put me in charge of the small children in Pratap House. It enriched me spiritually as I had to lead young minds on the righteous path. In fact all great ideals and philosophies are the outcome of great men contemplation. But these philosophies and ideals would easily have been forgotten, had they not been applied to real life. Who could remember Marx if Lenin had not motivated people to follow communism? Rousseau name would certainly have been rubbed out of our memory, had France not accepted socialist democracy. Lives of various great men and even religious leaders endorse the view that action is not only natural instinct; it also the essence of life. Karl Marx was a German philosopher during the 19th century. He worked primarily in the realm of political philosophy and was a famous advocate for communism. He cowrote The Communist Manifesto and was the author of Das Kapital, which together formed the basis of Marxism. Marx political and philosophical thought had enormous influence on subsequent intellectual, economic, and political history. His name has been used as an adjective, a noun, and a school of social theory. Marx believed that humanity core conflict rages between the ruling class, or bourgeoisie, that controls the means of production such as factories, farms and mines, and the working class, or proletariat, which is forced to se

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India far sighted Right to Education Act is making slow progress in mainstreaming equity, in the absence of a strong political commitment in several States. The proposal to extend its scope to younger children through early childhood education is, however, wholly positive. The move suggested in the draft National Education Policy to put children three years and older in a stimulating nursery environment is a welcome logical measure. The pedagogical view is that the pre phase is crucial to stimulate a child curiosity and help her prepare for schooling at age six. The NEP proposal to infuse the existing child development schemes, which are primarily nutrition oriented, with a learning component is in line with this thinking on holistic development. An extension of the RTE would be a big step forward, but in the absence of measures that will deepen equity, the law cannot be transformative. The Centre has to guarantee that in its totality, the Right to Education will encompass all schools bar those catering to minorities. This is necessary to achieve its moral goal of bringing quality schooling to all in the 614 age group; adding the early childhood section, now under the Ministry of Women and Child Development, will then be meaningful. Unfortunately, the evidence indicates that only 12.7% schools comply with the law requirements, and at the pace seen since RTE became law in 2010, it will take decades to achieve full coverage. Giving all children aged three and above the right to an education can become a reality only if the state is willing to live up to its promise of devoting more financial resources. An expenditure of 6% of GDP on education could have transformed the sector, given the large wealth generated since economic liberalisation. But far less is spent for instance, 2.7% in 201718. The lost years have cost millions a brighter future, but the draft NEP provides an opportunity to make amends. Bringing more children into the formal stream needs a well thought out road map. The Centre has to play a leadership role to ensure that States, some of which have done a poor job of implementing the RTE Act, are persuaded to implement urgent reform. The NEP proposal to have well designed school complexes, where preprimary to secondary classes will be persuaded available, is in itself an ambitious goal that will require mission mode implementation. Shortcomings in anganwadi centers must be addressed in the expansion plan. State governments will have to fill teacher vacancies and ensure that the training of recruits is aligned to scientific, child oriented teaching methods. Education reform is vital to prepare for a future in which cutting edge skills will be necessary for continued economic progress. Changes to the RTE Act that Education reform will prepare all children for a more productive schooling phase can help make India educational system morally fair and more egalitarian. Researchers from Uppsala University in Sweden, Flinders University in Australia and NCBS, Bengaluru, looked at the preferences of pollinators across continents.

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We studied hoverflies, highly prolific pollinators found on every continent except Antarctica. We replicated cues from hoverflies only in certain environments, but there was one flower lure that was attractive everywhere. The researchers approached artist Thomas Pause at we used paper, films and UV light, he said. The result is six non flower artifacts on show at the V&A alongside Virtual Reality films based on fractal geometries. Midst the rising number of defaults by companies, the chief market regulator is taking the fight to what it thinks is the enemy: ratings agencies. The Securities and Exchange Board of India has asked credit rating agencies in the country to, among other things, clearly state the probability of default of the instruments they rate for the benefit of investors. There have been a record 163 downgrades of debt instruments this year, according to data released by Prime Database this week. This is more than double the number of defaults over the whole of last year. Debt instruments issued by prominent companies including Yes Bank, Easel and Jet Airways have been downgraded this year. This week other data release from the government was, however, less reassuring, revealing as it did acceleration in retail inflation to a seven month high. Price gains measured by the Consumer Price Index (CPI) quickened to 3.05% in May, from April 2.99%, as prices of vegetables and pulses jumped by 23% and 10% respectively in urban areas, contributing to a bump up in food inflation. The Reserve Bank of India had last week flagged the risks to the inflation trajectory from factors including spikes in vegetable prices and international fuel prices and marginally raised its CPI inflation projection for the fiscal first half to a 3% to 3.1% range. While the inflation reading remains below the RBI inflation threshold of 4%, policymakers would need to keep a close watch on price trends, especially as global energy prices continue to remain volatile amid heightened geopolitical tensions in West Asia and uncertainty on the demand outlook owing to the ongoing China U.S. trade spat. And while the monsoon is forecast to be normal this year, the actual rainfall. On the sidelines, Mr. Mode held bilateral meetings with Chinese President Xi Jinxing and Russian President Vladimir Putin. This month, Mr. Mode will meet U.S. President Donald Trump on the sidelines of the G 20 summit in Osaka. While the current India U.S. trade impasse and plans for President Indo Pacific military cooperation will take cent restage there, it is likely that the U.S. is specific demands on curbing defence deals with including on the 400 anti missile system, and denying access to Chinese telecom major Huawei for India 5G network bids will also come up. India strategy of balancing and straddling the competing interests of these emerging blocs will be tested. But the SCO collective and the bilateral meetings in Bishkek is an important indicator early in the Mode government second tenure of the President foreign policy arc it is attempting failure.

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BJP determination to expand its political influence in southern India has emerged as one of the most significant aspects of its mobilisational strategy in recent years. The four Rajya Sabha nominations from the south and, earlier, the official press statement issued by the party on the final day of its national executive meeting in Hyderabad underlines this resolve, especially in Telangana. The political resolution adopted there also highlights the gradual electoral expansion of BJP in this region. It is true that BJP has not yet become a key electoral player in the southern states, except Karnataka. However, one cannot underestimate the changing socio political configurations that might help the party to emerge as a decisive actor in Kerala, Andhra Pradesh, Telangana and even in Tamil Nadu in the long run. RBI on Wednesday introduced a set of measures to encourage foreign exchange inflows. They aim to ensure macroeconomic stability and, therefore, are temporary in nature. They will work mainly through three channels. Incremental deposits raised till November through FCNR and NRE don have to meet regulatory requirements such as cash reserve ratio which makes it a relatively more attractive option for banks. There another set of measures to attract foreign portfolio investment FPI into debt. Plus, conditions that need to be met by Indian firms planning to raise debt abroad have been eased. India foreign exchange reserve position is comfortable at $593 billion. However, as we run a current account deficit for the most part, accumulated reserves are relatively less stable. Uncertain global economic and financial conditions can lead to sudden outflows, a sharp currency depreciation and an adverse impact on inflation as we are a net commodity importer. Adequate foreign exchange reserves act as a shock absorber and allow RBI to smoothen currency depreciation. This has a positive spin off on the domestic economic environment, including for farmers who depend on fertiliser imports. Consequent to this approach, the rupee has depreciated by only about 4 against the US dollar since April despite global volatility. The Russia Ukraine conflict is the root cause of volatility and the recent surge in commodity prices. This price trend, however, appears to have lost steam. The Indian crude basket was $104 barrel on Wednesday, more than 10 lower than the price level which prevailed a few weeks ago. Similarly, in the case of other commodities such as urea, copper aluminium and sunflower oil, prices declined. There was a surge in March and April, but its adverse impact on demand led to easing of 10 30 in prices of some key commodities in June. The external shock that drove commodity prices higher seems to have played out for the moment. It makes RBI task a little less challenging as food and fuel prices constitute 55 of the consumer price index. While they are not under RBI control, a surge in these prices leads to second round effects and subsequent increase in interest rates. However, global financial conditions are yet to stabilise. Therefore, it prudent on.

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RBI part to encourage capital inflows when India macroeconomic indicators are not flashing red. Prudence enables economic growth. He weathered one scandal after another with Britain tuning in to watch every new episode, until finally his own party had had enough of all the rowdy theatre. It started with the resignations of senior cabinet ministers, then gathered swift momentum, pushing Boris Johnson to resign as the leader of the Conservatives yesterday. In due course his party will choose a successor, the transition of office will probably be full of drama, and on big issues the country can expect policy continuity. But given that Britain does move the world geopolitical needle, a leadership change there is interesting, but not terribly consequential. The interesting thing is a morality tale that has lessons for other democracies: How a leader who as recently as in December 2019 led his party to a landslide parliamentary majority, its biggest since 1987, squandered so much political capital so fast. The whiff of entitled elitism that in part helped usher him into office, began to smell bad. What the messy hair had wooed, Downing Street shambolisms repulsed. It bears underlining that as scandals tumbled out of the PM office with farcical regularity, elsewhere in Britain the cost of living crisis is as painful as among its erstwhile EU allies. Yes, Johnson did get Brexit done, but incomes are up and Britain is stronger. The lesson here is that even leaders with massive mandates need to be mindful of the fact that the office needs to command at least a measure of respect and authority. And that political parties must respond faster when they sense their leader is proving to be a liability. Johnson exit is no big deal for the world. But it is a reminder to the world elected leaders never to take the governed for granted. A spate of incidents over the past few weeks has left the Indian air traveller apprehensive about safety. Arum Kumar, the Director General of Civil Aviation, spoke to Sarah Sinhala about these midair snags: What is behind the recent spurt in midair snags The aviation minister has reiterated the thumb rule for every sector stakeholder when he said, Passenger safety is paramount Even the smallest error hindering safety will be thoroughly investigated and course corrected. India currently sees about 3,500 daily flights operating in its airspace. On an average there are about 30 incidents everyday like go around, missed approaches, diversions, medical emergencies, weather, technical issues, bird hits, runway incursions and ATC induced. This information comes to us as part of the mandatory reporting system. Overall there is no spurt in incidents except that a couple of operators are facing some issues which we are seized of. A vast majority of the Indian aircraft fleet is relatively young. Voltaire, that most emphatic of emphatic liberals, famously declared, I disagree vehemently with what you say, but I shall defend to the death your right to say it. The problem with such.

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Into the challenges associated with Generative AI, drawing inspiration from China recent AI regulations. We also must highlight the importance for the Indian Government to lead in harnessing the potential of Generative AI, with a particular focus on the Made in India Stays in India approach. Challenges in the Context of Generative AI Generative AI, known for its ability to create, learn, and replicate human-like content, brings forth several challenges that require careful consideration. One primary concern is the potential impact on employment, particularly in industries heavily reliant on manual labor. A report from Analytics Insight, a leading media authority in artificial intelligence reveals that Generative AI advancements can lead to workforce disruptions and job displacements, requiring proactive measures such as up skilling the workforce to adapt to new job roles. Another significant challenge is the ethical implications of Generative AI. The ability to generate realistic content raises concerns about the spread of misinformation and deep fakes, threatening the trust and integrity of information. A report, in this respect, highlights the risks associated with the misuse of Generative AI, emphasising the need for robust regulatory frameworks to ensure responsible use and protect societal interests. Furthermore, Generative AI rapid advancement also raises concerns about data privacy and security. The abundance of data required to train Generative models increases the risk of privacy breaches if not managed appropriately. In this context, a report by the leading consulting firm KPMG emphasises the importance of secure data practices and highlights the need for stringent data governance policies to protect user data. Drawing Inspiration from China AI Regulations China recent regulations on Generative AI offer valuable insights for other countries. By prioritising the risks associated with deep fakes and misinformation, China aims to maintain social stability and protect national security. These regulations emphasis the importance of adopting a balanced approach that considers both the benefits and potential harm of Generative AI. India Path to Leadership: Made in India Stays in India Taking inspiration from China recent AI regulations, the Indian government has a unique opportunity to lead in harnessing the potential of Generative AI while safeguarding its citizens and national interests. Emphasising the Made in India Stays in India approach will enable India to establish an indigenous Generative AI ecosystem that aligns with its economic and political goals. To achieve this, the Indian government should focus on the following strategies: First, establish a comprehensive ethical framework for Generative AI, ensuring accountability, transparency, and responsible use of the technology. This framework should address concerns related to deep fakes, misinformation, privacy, and security. Second, foster a robust research and development ecosystem by providing incentives and funding to academia, start-ups, and industries. Encouraging collaborations between academic institutions and industry players will accelerate innovation in Generative AI technologies. Third, launch skill development programs to equip the workforce with the necessary skills required in the era of Generative AI. This will facilitate individuals in adapting to changing job landscapes and leveraging the opportunities presented by this technology. Additionally, establish st

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The Sanskrit word 'yuj', meaning connection. The question is: 'What am I connected to, and what is the vibration of my connections?' The answer is I am connected to my mind, body, role, people, work, gadgets, situations and the world around me. We are constantly connected. But today, many of these connections leave us anxious, tired and emotionally drained. A traffic jam disturbs us. A harsh word stays with us. A minor issue feels stressful. We have become reactive to the world outside rather than becoming creators of the world within. It is time to take care of these connections, so they create happiness, good health, and harmony. This is where Raj Yog, as taught by the Brahma Kumaris, steps in. Raj Yog restores two connections. First is the connection with the true self as a soul. Second is the connection with God, the Supreme Soul, the ocean of purity and power. Raj Yog means self-rule or self-mastery. Raj Yog engages three faculties of the soul: mind, intellect and sanskar. The mind creates a thought. The intellect visualises that thought. When we hold a thought and visualise it with awareness, it becomes an experience. Each experience is recorded in soul. Suppose you create the thought 'i am a peaceful soul' and visualise yourself responding calmly you begin to experience peace. Then, when a challenging situation arises, you will be able to respond peacefully. If such aresponse is repeated, peace gradually becomes your sanskar. Raj Yog heals every connection. Every thought creates a response in the body. When the mind is calm, the body supports release of healthy hormones while reducing stress hormones such as cortisol. When we are internally energised, we shift from expectations to acceptance, hurt to forgiveness, and hatred to compassion. Our vibrations energise the water we drink, food we eat, air we breathe, plants, animals, and nature. When we vibrate at a higher frequency, the planet's vibration rises, and nature moves towards harmony. To practise Raj Yog, visualise yourself as a soul, a tiny point of light shining in the centre of the forehead. As you create each thought, visualise it and feel it. Begin morning meditation with the thought,I am a pure soul; I am energised by God's love and wisdom; I am calm and stable in every situation. My every karm today is accurate. Throughout the day, take an hourly pause: Just take one minute to re-energise. Remember, I am a powerful soul; I radiate acceptance and respect in every interaction; I am easy; I am light. Before meals, you could energise your food and water by repeating, 'I am a happy soul. God's powers energise my meal; my body is perfect and healthy.' At bedtime, prepare for releasing and cleansing negative emotions; 'i forgive everyone; i seek forgiveness from everyone; i am grateful for a perfect day today; i am surrounded by God's protective canopy.' Practising yog on the mat strengthens the body. Yog in every thought strengthens the soul. Together, they create a beautiful life. Evaluating the school board framework: Policy realignment for the National Education Policy Praveen Kumar, Ph. D is Professor and Head, Department of Political Studies, Central University of South Bihar, Gaya The 2026 senior secondary examination cycle has brought critical administrative challenges to the forefront of India's school education discussion. Recent structural adjustments within the Central Board of Secondary Education (CBSE) management, combined with widespread student feedback rega

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Government emphasise a fundamental issue: the current centralized evaluation model requires major improvisation. To achieve the goals of a progressive and stress-free academic environment, we must evaluate whether the existing board system meets India's long-term educational objectives. Centralised boards were created to standardise evaluation across diverse regions. However, managing millions of students through a single entity has created significant procedural hurdles. The logistical demands of digital transformation seen in recent evaluation cycles often lead to systemic vulnerabilities. When digital portals experience technical issues, the resulting delays disrupt academic calendars and higher education admissions. A single, high-stakes examination evaluated by an external assessor provides only a limited view of a student's true capabilities. Moving away from this centralized model can reduce administrative delays. It allows the system to focus more on continuous, comprehensive evaluation rather than rigid, bureaucratic processes. Many structural features of modern school boards trace their origins to administrative frameworks established during the colonial era. These systems were originally designed for standardisation, uniform monitoring, and top-down control to meet the administrative needs of that time. While these centralised structures helped establish a baseline for education post-independence, keeping them unchanged limits academic growth consistent with times and the requirement of the learners. A modern education system should move away from rigid, top-down oversight. Instead, it should adopt a collaborative approach that treats educational institutions as trusted partners rather than entities that need constant monitoring. Granting greater academic and administrative autonomy to individual schools is a logical step forward for educational reform. Schools work closely with their students daily, guiding their academic and personal development over many years. Teachers possess firsthand knowledge of a student's progress that a centralised grading system cannot capture. The central body framework utilises an external digital grader to produce a standardised outcome. Under the autonomous reform model, the affiliated institution implements continuous internal evaluation to build a multi-dimensional portfolio. Empowering schools to conduct their own terminal assessments shifts the focus from high-stakes testing to holistic learning. This decentralisation encourages schools to innovate with their teaching methods and design internal assessments that match the unique learning paces of their students. And, above all, the autonomous reform model shall be financially and logistically viable too. The transparency protocols used in school board evaluations can be improved by looking at India's central university system. The central universities utilise clear, institutionalised grievance mechanisms. These frameworks allow students to review their evaluated answer scripts and resolve grading discrepancies through direct, administrative channels. This transparent approach matches India's classical educational philosophy. Historical centers of learning like Nalanda and Takshashila emphasised interactive assessment, intellectual dialogue (Shastrartha), and continuous feedback between educators and learners. Adopting similar university-style grievance redressal systems at the school level would improve accountability. It ensures that any

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Will promote trust and responsible data practices. Conclusion Generative AI presents opportunities and challenges globally. By adopting the Made in India Stays in India approach and drawing inspiration from China regulations, India can lead in harnessing Generative AI while safeguarding its interests. Addressing challenges through ethical frameworks, research, skill development, and secure data practices, India can navigate complexities and emerge as a global leader. Adhering to the formula is crucial. It requires Ethical Leadership, Empowerment, Visionary innovation, Advocacy for balanced policies, Trust through robust data governance, and Empathy for ethical, social, and cultural dimensions. With the adoption of India can pave the way for innovation while upholding ethics and societal well-being, shaping a future where Generative AI thrives. Way Forward In a world without regulations, generative AI could run rampant, cause chaos and uncertainty. Misinformation and deep fakes could flood every corner of society, eroding trust and distorting reality. Economic disparities could widen as automation replaces jobs, leaving many struggling to adapt. Data breaches and privacy infringements could become the norm, further fueling anxieties and division. But as the world would embrace the principles underlined through a remarkable transformation could unfold. Ethical leadership could ensure responsible use of generative AI, restoring trust in information and promoting transparency. Empowerment initiatives could equip individuals and businesses with the skills needed to thrive in the driven economy, narrowing the digital divide. And Finally, Visionary innovation could propel breakthroughs in sectors like healthcare, energy, and education, bringing about advancements that improved lives, apart from Advocacy for balanced policies and regulations safeguarding national interests, preventing misuse and preserving societal harmony thereby transitioning the world into a harmonious and prosperous one. India the birthplace of yoga, breathes ancient wisdom into the modern world, fostering harmony and well-being through the timeless practice of self-discovery and inner transformation. As World Yoga day approaches in the month of June, Yoga has become increasingly popular as a means of promoting physical wellbeing and overall health. However, like any physical activity, practicing yoga carries the risk of injuries if proper precautions are not taken. One essential tool that plays a significant role in preventing injuries and enhancing the yoga experience is the yoga mat. A yoga mat is a specially designed, cushioned surface that provides a stable and supportive foundation for practicing yoga poses and exercises. It offers several advantages that contribute to injury prevention and physical wellbeing during yoga sessions. Let explore some key aspects of the role of yoga mats in enhancing safety and promoting overall health. Stability and Grip: One of the primary functions of a yoga mat is to provide stability and grip. The surface of a yoga mat is designed to prevent slipping, allowing practitioners to maintain balance and stability during various poses. This feature is particularly crucial when practicing standing or balancing poses that require a firm footing. With a stable foundation, practitioners can focus on proper alignment and posture, reducing the risk of injuries caused by accidental slips or falls. Cushioning and Joint Protection: Yoga mats are typ

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A declaration championing the cause of freedom of expression, what might be called a liberal lip and let lip policy, is that it invites the illiberal riposte of I m glad you let me disagree with you, and I all defend to your death your right to not disagree with me. In short, can liberalism in order to be truly liberal, condone its opposite, illiberalism and bigotry That the dilemma that liberals all over the world face, perhaps more so in India where innate diversity of creed and credo often leads to conflicting points of view. A notable instance was the Shah Bane case in which a supposedly secular, and therefore deserving of liberal support, Congress came out in favor of conservative patriarchy at the expense of individual freedom and women rights. The Grand Old Party did so for obvious Grand Old Political reasons but it left many liberals tied up in tangled knots, or tangled notes. On the one hand, the decision of Congress merited liberal endorsement in that it supported the rights of a minority community. But on the other hand, by doing so it went against the gender minority of women within the minority community. On yet another hand, would it be liberal or illiberal to let these two minorities be at liberal liberty to sort it out between themselves That the problem with liberalism. It can sprout so many hands that it runs the risk of resembling a multi tentacle octopus. Which is what is happening with Nippur Sharma who with her less than politic observation about a religious head has put not just her foot but a fatwa in her mouth, resulting in an international cause Celebrex, that led to much liberal many handed head scratching. Should her utterance be condemned because it hurt the sensibilities of a particular faith Or should it be condoned in the name of free speech Another term for liberalism is laissez faire, Allow to do. But only too often such laissez faire becomes a dilemmatic less is fair. Nervousness happens when you view yourself from others eyes. You have to learn to respect your own intelligence and pattern of growth. A cat has its own qualities and the dog its own. One has to optimize one potential and not compare and whip oneself with others potential. Why do I get nervous when I have to make a presentation in front of others There are three patterns one has to be aware of: looking good, feeling good and being good. Looking good is where most of us operate and the best platform to come from is being good. Looking good depends on others endorsement. It makes you nervous thinking whether they will appreciate you or not. How to change this pattern from looking good to feeling good to being good Drop giving importance to looking good; don be crazy to win others appreciation. Others appreciation may be needed in corporate life, but one need not be crazy about it such.

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The knees, wrists, and other vulnerable areas during 2648711 weight-bearing poses. This cushioning effect not only minimizes the risk of immediate injuries 786 but also prevents long-term damage to joints, tendons, and ligaments. Hygiene and Cleanliness: Yoga mats act as a personal barrier between the 981 body and the floor, creating a clean and hygienic practice space. Yoga studios and fitness centers often have 266581 communal mats, which can harbor germs, sweat, and odors from multiple users. Having your own yoga mat ensures that you are practicing on a 2846 clean surface free from potential health risks. Regular cleaning and maintenance of your mat further promote hygiene, preventing the spread of bacteria and fungi. Comfort and 249 Support: Yoga mats offer comfort and 9814 support, making the practice more enjoyable and accessible to practitioners of all levels. The softness and cushioning provided 24168 by the mat can alleviate discomfort, especially when performing poses that require 321125 prolonged contact with the ground. Enhanced comfort encourages individuals to stay engaged in their practice, leading to a more consistent and rewarding yoga journey. Mindfulness and Connection: Yoga is not solely about 32815 physical exercise; it is also a practice that promotes mindfulness and connection between the body, mind, and spirit. Having a dedicated yoga mat creates a designated space for practice, both 32515 physically and mentally. The act of unrolling the mat becomes a ritual, signaling the beginning of a mindful session. This connection to the mat helps individuals establish a sense of grounding and focus, allowing them to fully immerse themselves in their 26548 practice and reap the holistic benefits of yoga. Yoga mats are an integral part of every 26518 yoga session and play a vital role in preventing injuries and enhancing physical wellbeing during yoga practice. The best part is that these days one can find multiple designs or customised designs on the mat suited to ones requirement. The mats stability, grip, cushioning, and hygiene features contribute to a safe and comfortable environment for practitioners. As technology get upgraded, yoga mats are becoming fancier, lighter and 2364168 made from environment friendly materials and come in various sizes to suit different 6518 age group requirements. By using a yoga mat, individuals can protect their joints, improve balance, and create a dedicated space for mindfulness and connection. Investing in a high-quality yoga mat is a valuable step toward maximizing the benefits of yoga, ensuring 2648 a safe and enjoyable practice that promotes both physical and mental health. Organizations of all sizes execute several business development strategies to establish 29848 themselves and earn a significant market share to stay ahead of the curve. Achieving this status is not an easy task if organizations do not evolve and adopt new business models by leveraging new technologies. Today customers across the globe are present online more than before and want access to services days. Organizations will be in a position to offer that only when they modernize their outdated and legacy systems. Aging systems are incompatible with new technologies, pose security risks, and are not flexible and scalable, and without getting updated, businesses cannot grow exponentially in today hypercompetitive world. The majority of the legacy systems are not flexible and scalable due to their monolithic architect

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And capabilities of students through rigorous teaching learning processes while taking care of character building, scientific temper, creativity, the spirit of service, concern for humanity and sustainable surroundings. It opportune time for the academics to carefully remodel the curriculum and reframe teaching methodologies that contributes in knowledge creation and not merely to fetch employment, as job will always be a consequence of capabilities of an individual. Amongst all the western hotspots, the US continues to be one of the most preferred destinations by Indian students for pursuing higher studies. As per the World Reputation Index, 2022, seven out of the top ten universities having the highest reputation for curriculum and studies are from the United States. In the context of the education rankings, the US has held the numero uno spot consistently for years. Hence, US based institutions are always on the list of students when it comes to preferences and trying to be in the best colleges and universities for pursuing higher education. In the previous year, the total number of Indian students in the US increased by 12%. Even though the impact of the Covid 19 pandemic on these numbers cannot be ignored, it is also important to underline that since the pandemic is subsiding slowly, the overall number of students from the country to the US is expected to rise at a significant pace. However, the critical factor is to find out the reasons behind these exciting and encouraging statistics. Presence of Top Ranked Institutions It is important to reiterate that some of the best institutions and colleges in different streams and disciplines are located in the country. When a student thinks about pursuing higher education in a foreign country, one of the first thoughts is the best institutions that can impart the requisite skills and knowledge for overall professional development. It is no surprise that amongst the top fifty universities in the world, 15 are located in the US. The country has consistently maintained the highest standards for studies that promote a liberal and open learning environment for people worldwide. Career and Growth Opportunities The US is the largest economy in the world. Even though the economy growth is not as much as in other emerging countries, the overall size of the economic system and the infrastructure for growth available for companies provide a wide range of career and growth opportunities for students belonging to different streams. The US is home to almost 64.7% of the total unicorn start up companies globally, thereby signifying that the growth opportunities in the country are unmatched by any other nation in the world. The country has almost 33% of total MNCs currently operating globally, thereby re establishing its might in the corporate sector. Hence, a student from India can expect to be provided with the highest level of education and be employment ready due to the presence of companies providing a lot of opportunities for growth and career expansion. Flexible Academic Environment One of the salient features of America.

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Crazy energies give you imbalance. Imbalanced energy is a disease. Disease is when ease is disturbed. Transfer giving importance from looking good to feeling good. Just feel good. You take a bath, there is a spontaneous experience of feeling good but validate by telling yourself that it feels great. Talk to yourself and just give bodily expression to your feeling good. important thing is changing your values to believing that being good is the most important thing. Value is a value if the value is of value. Be in the company of people who value being good as their top priority. Their energies will influence you. Whenever you are nervous check yourself and change yourself to being good. Don suppress your energy of being nervous. Create pockets of psychological exercises to let go these energies by screaming, dancing and by doing certain types of meditations. When you don give physical vent to your nervousness by laughing or screaming, then they get deposited in your body and subconscious. Then they start controlling or influencing your life. You express nervousness through actions like biting your nails and shaking your legs. national Education Policy NEP 2020 reiterates that higher education plays an important role in promoting human as well as societal wellbeing and in developing India as envisioned in its Constitution a democratic, just, socially conscious, cultured, and humane nation upholding liberty, equality, fraternity, and justice for all. The du jour NEP calls for remodeling higher education to pave way for sustainable livelihood and economic development of the nation making it a knowledge economy in the hindsight that it is the third largest higher education system in the world. The limitations of the existing higher education system are to be surmounted through reworking on various fronts. Multidisciplinary Undergraduate Education Among different approaches to accomplishing the goal of rolling out thoughtful, well rounded, and creative ones, multidisciplinary undergraduate education is one of the key changes proposed by the NEP. It stipulates to enable an individual to study one or more specialized areas of interest at a deep level, and also develop character, ethical and constitutional values, intellectual curiosity, scientific temper, creativity, the spirit of service, and 21st century capabilities across a range of disciplines including sciences, social sciences, arts, humanities, languages, as well as professional, technical, and vocational subjects. Apparently, the galactic list of desired attributes in a graduate entails varying inputs from different domains and many of these have been part of formal education programmer starting from primary, to secondary and higher secondary education. The novelty lies in facilitating the study of additional specialized areas along with the conventional contents of the existing programmers. As regards the concept of major and minor is concerned that also has been offered by a few premier HEIs in the country in the past but the basification of this concept is propelled to all HEIs by NEP. Higher education institutions HEIs are in the process of changing curricula to create space for multidisciplinary subjects. Honest introspection shows.

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Those grappling with the harshest impacts of climate collapse trillions, not billions, in public and grant-based finance. Bridging the chasm between Annex I and non-Annex I to the United Nations Framework Convention on Climate Change on climate finance is proving to be an extremely arduous task. The developed world has been substantially prioritizing economic interests over collective fights against climate change. It is important that alliances like ISA are supported for both ecological and economic reasons. As a renewable source of power, solar energy has an important role in reducing greenhouse gas emissions and mitigating climate change it also helps in the creation of jobs and boosts economic growth, which is very much needed in developing countries. India-Armenia friendship is based on centuries-old history and strong bilateral understanding on global issues. From culture to defence and from education now to energy, day by day, this relationship is getting stronger. Partnership between India and Armenia in the International Solar Alliance will not just pay lip service to protecting the environment but will actually play an important role in doing the same and also help in the economic development of both these developing countries that are non-Annex I parties to the United Nations Framework Convention on Climate Change. ISA will help in the development of the solar power industry in Armenia and will play an important role in increasing prosperity in this beautiful South Caucasian country. For example, imagine a single mother who has spent her entire day with a clingy infant, is even and appreciated by her partner, or her parents, who tell her that they will take over and relieve her and also help pick up some stuff. Versus, the partner or parents who have spent an entire day out, walk in and comment only on the mess or complain that she has no energy to go out or entertain guests at home. This instantly triggers disapproval and rejection in the new mom and settles in as an unmet need. This keeps piling up from various sources spouse, partner, sibling, parents, boss or any relationship dynamic there is. It is unmet need upon unmet need. Who quickly admires how efficient the single mother is, how loving her interactions are despite her busy day, then helps her with cooking chores and even does a grocery run to get some stuff she just could get around to. While they eat dinner, this person listens to some challenges she has faced and acknowledges her pain points. For the first time, this new mother, has felt seen, heard, taken care of and assisted. The narc has zeroed in on her argent unmet need and provided it to the single mother. Imagine that the narc helps her during doctor visits or some help on office work or household repairs or giving her a break from baby-duty and taking her for a fun night out. All of these check the box of appreciation, attention, care and concern that the single mother needs and feels as if there is safety when she is with the narc. Slowly, when her trust in this narc deepens, she will share emotional issues and challenges and they will try to fix you, by supplying you these emotional needs as well. She has no clue that this is the trick of the narcissist o try and fix you. When you have unmet needs, the idea of being fixed can be really tempting. It plays into your hopes for growth, love, being understood and acceptance. You might even ignore warning signs, thinking the narc manipulative behavior is just

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Painter poet pedagogue and art historians, who has seamlessly transitioned between three worlds the world of canvas and colours, the world of words and the printmakers domain. One must begin with The Speaking Tree that was on the second floor and brought back memories of Sheikh Retrospective at Lalit Kala Akademi in 2011 in Delhi. Against the pale golden backdrop the Speaking Tree stood like a silent sentinel with the many people nestled in its leaves. At once a testimony to the processes, and determination of choice of form, it is almost as if digital printing allows Sheikh to look at life through art and look upon it as a catalyst to create concepts for living. The two figures under the tree are an angst ridden statement on the trauma of events that bring death and deep agony and sorrow in a reflection of Mary and Martha from Fra Angelico, a leading figure in early Renaissance Florentine painting. Expression of the human form is Sheikh Elixir. Reflecting over it, he said he created the chinar tree with leaves of different colours. (Bright orange, ochre and moss greens). He explained you will find that a creeper grows all over it, so that the leaves of the tree and the creeper seem that of one tree. I used human elements to ideate the belief that the tree and the people share a symbiotic relationship. So you have Sufi saints, fakirs, sadhus, the Bamiyan Buddha, a car, musicians, a figure that seems to be Kabir and a whole lot of people, a whole new world which merges with the leaves. I wanted to reflect the idea of coexistence between communities. At the nexus of the material and the idea the element of the organic and human appearance and so-called reality lies a powerful force that weaves these as a community together, binding them into meaningful, coherent wholes, and making them as much a part of us as we are a part of the world in which they are anchored. Fast forward to 2024 when in a conversation at Vadehras this October, Sheikh said I would create Speaking Tree differently now, I would create it in an interior with the individuals who have been part of my journey. My finest experiences came from my training in the international modernisms of Cubist, Expressionist or Abstractionist modes practiced by the artists of the previous generation (i.e., the Progressive Artists) .Interestingly my generation, including the artists of the Group 1890 (formed in 1962) that I was a part of, also began their careers with one or the other kind of these modernist options. We did not wish to be saddled with options and binaries. Our concerns and orientations were different. My quest to find an alternative visual language, led me to cull useful devices from diverse traditions, from the Siamese to the Mughal, to render contemporary realities including current politics into a viable pictorial alternative. In that conscious aim of foregrounding the human image without any sense of hesitation or guilt of it being dubbed illustrative. Speaking Tree became a metaphor, it did belong to the dilemma of modern or traditional, it transcended both. The Ark is a subject he started creating as far back as 2003. The two Ark images in the show personify the human journey in the prism of the old Biblical story as it incorporates story telling traditions and recreates characters from history. Within its detailed finesse we see that Sheikh Work has been influenced by diverse sources, from Mughal and Persian paintings to Siamese frescoes, as well as the poetry of Kabir a

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And capabilities of students through rigorous teaching learning processes while taking care of character building, scientific temper, creativity, the spirit of service, concern for humanity and sustainable surroundings. It opportune time for the academics to carefully remodel the curriculum and reframe teaching methodologies that contributes in knowledge creation and not merely to fetch employment, as job will always be a consequence of capabilities of an individual. Amongst all the western hotspots, the US continues to be one of the most preferred destinations by Indian students for pursuing higher studies. As per the World Reputation Index, 2022, seven out of the top ten universities having the highest reputation for curriculum and studies are from the United States. In the context of the education rankings, the US has held the numero uno spot consistently for years. Hence, US based institutions are always on the list of students when it comes to preferences and trying to be in the best colleges and universities for pursuing higher education. In the previous year, the total number of Indian students in the US increased by 12%. Even though the impact of the Covid 19 pandemic on these numbers cannot be ignored, it is also important to underline that since the pandemic is subsiding slowly, the overall number of students from the country to the US is expected to rise at a significant pace. However, the critical factor is to find out the reasons behind these exciting and encouraging statistics. Presence of Top Ranked Institutions It is important to reiterate that some of the best institutions and colleges in different streams and disciplines are located in the country. When a student thinks about pursuing higher education in a foreign country, one of the first thoughts is the best institutions that can impart the requisite skills and knowledge for overall professional development. It is no surprise that amongst the top fifty universities in the world, 15 are located in the US. The country has consistently maintained the highest standards for studies that promote a liberal and open learning environment for people worldwide. Career and Growth Opportunities The US is the largest economy in the world. Even though the economy growth is not as much as in other emerging countries, the overall size of the economic system and the infrastructure for growth available for companies provide a wide range of career and growth opportunities for students belonging to different streams. The US is home to almost 64.7% of the total unicorn start up companies globally, thereby signifying that the growth opportunities in the country are unmatched by any other nation in the world. The country has almost 33% of total MNCs currently operating globally, thereby re establishing its might in the corporate sector. Hence, a student from India can expect to be provided with the highest level of education and be employment ready due to the presence of companies providing a lot of opportunities for growth and career expansion. Flexible Academic Environment One of the salient features of America.

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In the air, thus saving thousands of jobs and potentially helping turn around the carrier. And while, theoretically, the Insolvency and Bankruptcy Code was conceived to help achieve a resolution that could potentially protect a running conceived business and help insolvency revive it through capital restructuring under a new promoter, in Jet case the chances of a resolution seem rather remote now. The lenders have to shoulder a fair share conceived business of the blame as the delay in initiating the insolvency process has drastically eroded some of the airline key initiating assets, including customer goodwill, its aircraft fleet, routes and landing slots and even its experienced flight crew. Ironically, while the banks may have viewed Jet request for emergency lines of credit in the run up to the insolvency suspension of operations as good money chasing bad money, nothing could potentially kill an airline more effectively than protracted grounding. And one does not even need to look too far back in than time to recall what happened to Kingfisher Airlines. It would surely have been instructive for the creditors conceived business to revisit the Chapter 11 bankruptcies that a clutch of U.S. legacy airlines conceived business opted for in the early 2000s. He decision to form a to the Lok Sabha and the State Assemblies is a significant step towards achieving Prime Minister Narendra Modi objective of synchronising elections across the country. The fact that he took the initiative to convene a meeting of leaders of all political parties so early in his second stint in office shows that he attaches considerable importance to it. Advocates synchronising of such elections point to potential benefits. There is the obvious advantage of curbing the huge expenditure involved and reducing the burden on the manpower deployed. The second point in its favour is that ruling parties can focus more on governance and less on campaigning. The idea that some synchronising part of the country is in election mode every year, resulting in impediments to development work due to the model code of conduct being in force, is cited in favour of reducing election frequency. But there are challenging questions of feasibility that the political system must contend with. First, it may require the curtailment or extension of the tenure of State legislatures to bring their elections in line with the on this. Another question is: what happens if the government at the Centre falls? The Law Commission, in its working paper on the subject, has mooted the idea of a constructive vote of confidence. That is, while expressing loss of trust in one government, members should repose confidence in an alternative regime. Another idea is that whenever mid term polls are held due to loss of majority, the subsequent legislature should serve out only the remainder of the synchronising term. These measures would involve far reaching changes to the law, including amendments to the Constitution to alter the tenure of legislatures. The New India that the President mentioned is a departure from.

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Ones from every domain is indispensable for a sustainable civilization. Theoretically, the idea of multiple entry and exit appears attractive but the admissions in UG degree have to be carried out on the premise that HEIs and students both aim at the completion of the degree of all admitted students in the stipulated duration of programmer. Contemplation of the socio cultural practices about seeking higher education shows that a child continues pursuing education from kindergarten to graduation post graduation till it facilitates livelihood and the passion interest does not have much prominence in career planning. The exceptional ones who are unable to complete the programmer may leave in between with a certificate diploma as per their respective exit policy. This disturbs the revenue model of both public funded and self funded HEIs due to their dependence upon the fees received from students. The establishment of the Academic Bank of Credits ABC offering centralized storage of academic performance of all students is a welcome move as the student performance will be centrally available for consideration of HEIs. Howbeit the equivalence of the examination evaluation outcome from more than 1043 Universities and 11779 standalone institutions needs to be established. In the absence of any acceptable benchmarking the HEIs may have quality concerns and reservations in accepting the credits passed from other HEIs. Also, lateral admission to such students who already competed but failed to secure admission in higher ranked HEIs, may not augur well with the higher merit students of high ranked HEIs who got admitted after stiff competition in the first year. For example, any student completing a set of subjects from an institution may drop out from it and aspire for admission to better rank HEIs in subsequent stage i.e. after Its year or 2nd year, or 3rd year in a 4 year degree programmer. In the case of lateral admissions failing in keeping pace with their peers in the classroom may eventually burden the HEIs with failing students and affect overall performance. There should not be any hesitation in accepting that the higher education system of the country has matured itself reasonably and fairly succeeded in ensuring its worldwide acceptability. The presence of Indian students in the best HEIs abroad is a testimony to it. Undoubtedly, there has been the expansion of higher education for increasing gross enrolment ratio GER too but the same is not in coherence with the enabling infrastructure, good quality teaching non teaching human resources, and institutional governance. The refining of the curriculum has been a continuous exercise carried out by all HEIs periodically for meeting the contemporary needs of society from the graduating students as per their capabilities. Therefore, the implementation of the multidisciplinary education model warrants due care so that the new curriculum framework does not endanger the engraining of core strengths in the specialized domains. The objective behind the NEP to usher the country into a knowledge economy through qualitative improvement in higher education can only be cherished by strengthening the competencies.

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Yog is the union of the body with breath, of breath with mind, of a human being with the Source from which we came and to which we return. The world sought to practise yog, seeking relief from pain, calm for the restless mind, and yog gave all of this generously. Science now confirms what rishis knew in silence: steady the breath, and you steady the heart. But yog was never only about health, it is a way of life, a daily covenant of moderation, awareness, gratitude and service. Yog whispers to a weary world: slow down, breathe, return to yourself, and you will find the Divine waiting there. How far this gift has travelled is a miracle. Across the Gulf in the United Arab Emirates, Bahrain, Kuwait, and even in Saudi Arabia, the very birthplace of Islam, yog is practised and loved by thousands, led by certified teachers, honoured by GOI and its embassies as a living bridge between civilisations. Nouf Marwaai, Saudi Arabia's first certified yog instructor and founder of the Arab Yoga Foundation, was conferred the Padma Shri in 2018; she's the first Arab recipient to receive this honour and now leads the Saudi Yoga Committee. Hers is the proof of a quiet truth: yog conflicts with no one's faith, because it asks nothing of belief and everything of sincerity. It does not change the mind; it cleanses it. A Muslim who breathes consciously becomes a better Muslim; a Christian who sits in stillness prays more deeply; a Hindu who serves with awareness draws nearer to the Divine. Long before the word 'interfaith' was coined, Sufis of India and yogis of Nath Sampradaya sat together as seekers, not strangers. It is recounted in our shared heritage that Hazrat Baba Farid Ganj-iShakar, Chishty saint of Punjab, met wandering jogis of his age and that they exchanged secrets of the breath: a yogi's pranayam and a Sufi's habs-i-dam, guarding of every breath in remembrance of the Beloved. Each recognised in the other a fellow climber of the same mountain through a different path. Disciplines of Gorakhnath and Nath yogis' posture, breath, and stilling of the mind flowed into the spiritual soil of India and met Sufi sciences of Zikr and muraqaba, Sufi meditation. From that meeting came not confusion, but compassion. This is our civilisational inheritance: unity without uniformity, oneness that honours difference. Beneath our many names for the Divine, the human heart beats with one longing. The mat and prayer rug, asan and sajda, the Aum and Zikr, all are the body's way of expressing the soul's single word: return. This, then, is yog for interfaith harmony not a watering-down of any tradition, but discovery of the still point where all traditions touch. In a world torn by borders, it offers a wordless peace that needs no translation. It heals the body so the heart may be free. When we breathe together, we cannot hate one another. May every breath drawn be a prayer for peace. Policy provides an excellent blueprint for this transition through the Academic Bank of Credits (ABC). The ABC ecosystem allows students to earn credits from various recognized sources including autonomous schools, the National Institute of Open Schooling (NIOS), and accredited online vocational programs. This credit-based system allows students to customize their education to their strengths. It replaces rigid exam schedules with flexible, open-ended evaluations, helping students test their skills in a supportive learning environment. Fears that school autonomy might lead to inconsistent

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Institutes of Technology (IITs) and top medical universities manage their internal evaluations and graduation criteria independently. These institutions maintain high global standards through strong internal ethics and professional accountability. While administrative challenges can occur in any decentralised system, they are easier to manage locally than systemic failures in large, centralised organisations. The technical challenges experienced during recent board evaluation cycles demonstrate the risks of relying on a single centralised system to manage millions of student outcomes. Embracing institutional autonomy, policy-driven regulation, and credit flexibility will help India build a resilient, modern, and student-friendly educational framework. India's growth story needs a regional reset Anshul Mishra is a 2004 batch Indian Administrative Service officer and an urban planner from Cornell University. Saswat Bandyopadhyay is a professor of urban planning in India and a Sr. Visiting Fellow, Germany India is building cities at speed but planning them in isolation. That mismatch is quietly becoming one of the biggest constraints on the country's growth story. For decades, urban policy has treated cities as standalone units each with its own master plan, infrastructure pipeline, and governance structure. But the economy has moved on, unmindful of city boundaries, and markets have little regard for administrative boundaries. Urban growth is no longer city-centric; it is now regional. Due to land pressure and congestion, economic activities and housing are increasingly shifting outward towards peripheries, causing urban expansion beyond the recognized administrative boundaries. Land-use plans and infrastructure provisions remain deficient or absent in these areas. From Mumbai Pune to Ahmedabad Vadodara, and from Delhi NCR to Chennai Bengaluru, India's most dynamic economic zones are no longer individual cities, they are networks of cities. They share manufacturing hubs, labour markets, logistics systems, supply chains, and investment flows. In effect, when woven together, they already function as a single economic region. Cities today generate a disproportionate share of GDP and jobs and drive innovation, knowledge spillovers, product diversity, and economies of scale due to agglomeration economies, the productivity gains that arise when firms and workers cluster together. However, growth is increasingly regional, spanning multiple cities or growth centres across the region and their hinterlands. However, planning in India remains fragmented, sectoral, and short-term, mostly confined within administrative boundaries. The result is inefficient urbanisation, congestion in core cities, and underutilised potential in secondary cities. Regional planning enables agglomeration at scale, efficient infrastructure investment, balanced spatial development, and global competitiveness, thereby making urbanisation more productive. Global examples highlight the importance of regional planning; well-known examples are from Germany, where the framework for regional cooperation helped position the city's economic regions, such as Hannover, Frankfurt, and Hamburg, on the global economic network. The regional cooperation framework also helped these regions balance their economies with quality of life and ecology. India's past attempts at regional planning have struggled due to several structural issues, such as the lack of a regional planning framework and

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In the air, thus saving thousands of jobs and potentially helping turn around the carrier. And while, theoretically, the Insolvency and Bankruptcy Code was conceived to help achieve a resolution that could potentially protect a running conceived business and help insolvency revive it through capital restructuring under a new promoter, in Jet case the chances of a resolution seem rather remote now. The lenders have to shoulder a fair share conceived business of the blame as the delay in initiating the insolvency process has drastically eroded some of the airline key initiating assets, including customer goodwill, its aircraft fleet, routes and landing slots and even its experienced flight crew. Ironically, while the banks may have viewed Jet request for emergency lines of credit in the run up to the insolvency suspension of operations as good money chasing bad money, nothing could potentially kill an airline more effectively than protracted grounding. And one does not even need to look too far back in than time to recall what happened to Kingfisher Airlines. It would surely have been instructive for the creditors conceived business to revisit the Chapter 11 bankruptcies that a clutch of U.S. legacy airlines conceived business opted for in the early 2000s. He decision to form a to the Lok Sabha and the State Assemblies is a significant step towards achieving Prime Minister Narendra Modi objective of synchronising elections across the country. The fact that he took the initiative to convene a meeting of leaders of all political parties so early in his second stint in office shows that he attaches considerable importance to it. Advocates synchronising of such elections point to potential benefits. There is the obvious advantage of curbing the huge expenditure involved and reducing the burden on the manpower deployed. The second point in its favour is that ruling parties can focus more on governance and less on campaigning. The idea that some synchronising part of the country is in election mode every year, resulting in impediments to development work due to the model code of conduct being in force, is cited in favour of reducing election frequency. But there are challenging questions of feasibility that the political system must contend with. First, it may require the curtailment or extension of the tenure of State legislatures to bring their elections in line with the on this. Another question is: what happens if the government at the Centre falls? The Law Commission, in its working paper on the subject, has mooted the idea of a constructive vote of confidence. That is, while expressing loss of trust in one government, members should repose confidence in an alternative regime. Another idea is that whenever mid term polls are held due to loss of majority, the subsequent legislature should serve out only the remainder of the synchronising term. These measures would involve far reaching changes to the law, including amendments to the Constitution to alter the tenure of legislatures. The New India that the President mentioned is a departure from.

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That founding vision, and there was no ambiguity on that aspect. He struck a chord with the constituency of the government, but not with all. The notion that there is a non sectarian development agenda that is impervious to identity politics is good to have, and constituency the Prime Minister evangelical 568412 fervor in driving its schemes is laudable. But triumphalism around many schemes such as the Swachh Bharat Mission has deflected public attention from the serious tasks ahead and an honest discussion on constituency achievements. New focus on water conservation and management constituency and rural economy is not a moment too early. These are critical areas. Mr. Kovind also spoke of the government intent to expand scientific research and higher education. A speech by the President is significant not for the technical details it offers, but for the vision. The cultural nationalist 265151 agenda of the ruling dispensation that has made intellectual curiosity and academic integrity dangerous in India is not the route to any of constituency these goals. The restrictions on cattle trade and violence against those employed in it mostly Muslims and Dalits have not merely become a protracted communal conflict but are also among the factors that have pushed the rural economy off the rails. Announcing yet another constituency scheme for cattle, as the President did, is not confronting the real, self inflicted problem. What differentiate one dispensation from another are not the material ambitions but the social purpose and direction of such pursuits. The 84641 clarity on that aspect in the address may be constituency stimulating for many, but certainly not good for India. Another notable decision taken by the council was the one to extend the tenure of the National Anti-Profiteering Authority by two years, till November 2021. Further, the council increased the quantum of penalty that could be imposed by the authority on profiteering companies, from the current maximum imposed by of 25,000 to an additional 10% of the profiteered amount. Given that the government has increased the powers of the anti-profiteering body, it would not be surprising if the body becomes a permanent feature under GST. This does not send a promising message to the business community ahead of the Union Budget, scheduled to be presented in Parliament on July 5. The anti-profiteering clause assumes that government action is absolutely necessary in order to pass on the benefit of tax cuts to consumers, or else tax necessary cuts may simply end up adding to the profits of businesses. This is wrong. While businesses naturally try to profit from lower taxes, the forces of competition make sure their profit margins are driven back down to normal. The alternative of having a bureaucracy to deal with the issue makes profit look like a bad word, and encourages rent-seeking by corrupt authorities. Although GST collections have been encouraging in the past couple of Although GST months, monthly tax collections have largely been modest since the introduction of the tax regime in mid-2017, failing to meet.

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The government own targets most of the time. But such caution may not help the larger cause of the economy, which urgently needs a boost in some form. A significant cut in rates could have sent out the strong signal that the NDA government is serious about pushing through serious pro growth reforms during its second term in office. Shinzo Abe an outstanding leader of Japan, a towering global statesman, and a great champion of India Japan friendship is not among us anymore. Japan and the world have lost a great visionary. And, I have lost a dear friend. I first met him in 2007, during my visit to Japan as the chief minister of Gujarat. Right from that first meeting, our friendship went beyond the trappings of office and the shackles of official protocol. Former Japanese PM Shinzo Abe assassination during an election campaign stop yesterday robs Japan and the world of a consequential statesman. Abe was deservedly Japan globally best known leader in a long time, and not just because he was his country longest serving PM. It was during his second PM stint (2012 20) that Abe tried to free Japan from its conservative cocoon with a foreign policy reorientation and an economic reforms programmer, dubbed Abenomics. Abe was keenly aware of Japan changing geopolitical environment. He had quickly grasped the implications of the rise of an aggressive China and was the original visualiser of the free and open Indo Pacific construct. He was, therefore, a key driving force behind the resurrection of the Quad, realising that Japan had to play an important security role in Asia to counterbalance China. Although revision of Japan pacifist Constitution remained his unfinished agenda, in 2015 his administration did manage to reinterpret the war renouncing Article 9 and pass relevant security bills that allowed Japan Self Defence Force to mobilise overseas under certain conditions. And Abenomics, anchored by loose monetary policy, fiscal stimulus and structural reforms, tried to breathe life back into the stagnating Japanese economy. Results were mixed. Attempts to encourage more women and immigrants to participate in the Japanese workforce came up against deep rooted conservative impulses, which refuse to recognise that Japan is hobbled by a super ageing population. Nonetheless, Abe laid the framework for what a dynamic Japan should be. And this dynamism has been certainly visible in the New Delhi Tokyo relationship, which has deepened with a mutual logistics support agreement and a 2 2 foreign and defence ministerial dialogue. It also helped that Abe and PM Modi developed good personal rapport. Abe believed in India rise and its ability to deliver for Asia. New Delhi and Tokyo must continue to work on his vision. GoI could have made a six month interval between second and third vaccine shots the norm from the booster programmer inception. Official positions have changed multiple times over the last year. Top government experts had first termed boosters unnecessary, though other countries started boosting around mid 2021. From then to a.

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Nine month wait for third dose to a three month gap for international travellers to now a six month gap the opportunity to offer citizens extra protection faster is probably lost. That most infections seem mild does mean the virus can mutate into something worse. Plus, those with comorbidities need shielding. Newer BA.5 and BA.4 Omicron sub variants are more contagious and prone to attacking lungs; India is closely monitoring BA.2.75. A South African study indicates neutralising antibodies from previous Omicron infection fell eightfold against BA.4 BA.5, but saw only a threefold decrease among those vaccinated. Boosters need more public messaging. Against 4.9 core booster doses administered, 58 core people are now eligible. In the US and UK, 37 and 59 out of every 100 people have received boosters respectively against 3.32 per 100 in India. Several lakh doses are reportedly on the verge of expiry. Slow decision making ins helping. CMC Vellore trials showed heterologous boosting with Covishield as more efficacious for Coaxing recipients. Similarly, DCGI early June clearance of Corbevax as a heterologous booster awaits further nods. There another question: Would senior citizens and healthcare workers boosted six months ago need a second booster GoI must take these decisions fast. Traders protested GST, labor unions protested against changes in labor laws, there were protests in J&K after the revocation of Article 370, Muslims protested CAA and NRC, farmers protested farm laws, and most recently young job seekers have protested Agni path. Let not get into the merits and demerits of each scheme, which have been debated in opinion pages. Let ask another key question. What are the social and political implications for BJP when it frequently finds itself on a collision course with various interest groups The condition of our planet and happenings in the country conjure up a range of emotions and call for deep introspection. Purpose of life More than a century ago Bah u lash wrote, The purpose for which mortal men have, from utter nothingness, stepped into the realm of being, is that they may work for the betterment of the world and live together in concord and harmony. Today, as we survey the world conditions, it has become clear that, in different nations in different ways, the social consensus around ideals that have traditionally united and bound together a people is increasingly worn and spent. Well meaning leaders of nations and people of goodwill are left struggling to repair the fractures evident in society and powerless to prevent their spread. New world order When the Bab, Bah u lash forerunner, declared his mission in 1844 and paid with his life in 1850, he assured his followers of the new world order that would be established on this planet. Bah u lash presented a blueprint of this new order in which spiritual principles anchored upon institutions of justice would be responsible for the revitalisation of the three protagonists that constitute society, namely, the individual, institutions and communities. appears to be dominant everywhere, from the.

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Processes are Cloud Computing, Containerization, Cabernets, Micro services, Server less, Orchestration, and Automation among others. Moreover, to leverage the full potential of cloud services and its micro services architecture it is necessary to modernize legacy applications. While we anticipate more layoffs and budget cuts, organizations have no choice but to prepare for the oncoming recession by cutting costs. One of the ways to do this is by app modernization, as massive amounts of cash are spent on operating and maintaining legacy systems. These outdated applications require very large data storage capabilities in on-premise data centers and a team with special skills needs to be deployed to maintain these outdated legacy systems, incurring more costs. Modernizing the systems can lead to a significant reduction in the IT infrastructure costs. Faster-go-to-market is possible Legacy systems are not flexible enough to accommodate new features even by leveraging new technologies. When the operations are not efficient enough, then addressing the challenges of the users is almost impossible. On the other hand, it is easier to add new features to a modernized system by leveraging a new tech stack in a scalable environment, thereby reducing the go-to-market time. Businesses can get more innovative and respond to new market opportunities and engage with customers more meaningfully. Improved customer experience Today customers expect a better experience than in the past with the incorporation of the latest technologies and trends. As new features are created, manual processes are automated and the user interface is transformed, the customer experience gets better. App modernization gives rise to user-friendly apps, which can be integrated into customer service bots, thus catering to the evolving customer demand. With the modernization of applications and the additional functionality that comes is far better and can act as a differentiator. Increases employee collaboration and productivity Modernization reduces manual effort and time by leveraging Automation, with repetitive tasks taken care of, leading to a significant increase in productivity. Employees are freed now to focus on the higher-end tasks, which is their core objective. New designs that are now created enable streamlining of operations bringing efficiency into the processes. New-age communication and collaboration tools with app modernization undoubtedly improve team productivity as they work together more efficiently. This is not possible with the use of legacy systems where employees experience delays and have to wait for long to get a response or perform a simple operation. Security vulnerabilities are eliminated Legacy systems are an easy target for cybercriminals. New security measures such as multi-factor authentication cannot be used with legacy applications, posing a risk to the organization cyber security posture. But by modernizing apps to a secure and high-performing platform, the chances of data or system compromise are considerably reduced. By modernizing and securing their businesses with adequate access controls, the risk of a security breach is greatly lowered, security vulnerabilities get eliminated and the organization security posture gets enhanced. The several benefits offered by App Modernization are driving the growth of this market. According to Markets and Markets, the App Modernization Services market size is expected to grow from USD 15.2 billion in 2022

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Significant savings in time too. Organizations now have more time to focus on innovation and market reach, contributing to higher revenues and fueling business growth. In today competitive business and technology landscape, app modernization helps organizations stay ahead of the curve by unlocking the full potential of their IT infrastructure. I am not sure if the marketing head or the agency employed by the Chennai-based company I am denying the company the pleasure of being named got a raise or got sacked for this, but the spiel is ingenious. Here goes the press release from the company that claims to make don t chuckle sustainable chocolate that has won a silver in the International Chocolate Awards: From bean to bar, we use Indian cacao, non-refined sugar and real flavor ingredients whatever that means. We have been judged several times in the past due to our minimalistic, paper plastic free up cycled packaging that good. We aim to save the planet via award winning chocolates! Exclamation mark not mine. I am sure the spiced chocolate will be better than the lines. Saving the planet is not always a corporate endeavor some individuals have also taken upon themselves the onerous task of preventing a not-so-slow apocalypse. Take the case of this Tamil Nadu couple whose wedding vow was to produce a carbon-neutral child. How did they go about it? Well, they planted 1,000 saplings in farmlands in Krishnagiri two months before the child was born. If the assumed lifespan of a person is 80 years and that of a tree 40 years, an Indian has to plant 340 saplings to offset his her carbon footprint. Going by that calculation, the couple can make one-and-a-half more babies without taking a shovel again. Moral of the stories: Break a sweat in a farm before the sack, preferably chewing on a bar of sustainable chocolate. On a serious note, these are indeed environment-friendly deeds, only that their marketing makes one cringe. Marketing, according to American strategist Seth Godin who, incidentally, has marketed himself quite well, is no longer about the stuff that you make, but about the stories you tell. But when the stories become too pretentious or fallacious, the message defeats the mission. Listen to Joe Chernov, the chief marketing officer at Pendo: Good marketing makes the company look smart. Great marketing makes the customer feel smart. Paper cups are extensively used as an alternative to plastic cups, as the former are affordable, recyclable and can be broken down faster than plastic. However, most paper cups are coated with polyethylene PE, making them non-biodegradable or non-compostable. PE lining is the most common method followed worldwide to prevent leakage in paper cups and make them more durable. Although PE coated cup papers are recyclable, recycling is time-consuming and needs special facilities, resulting in most PE-coated paper ending up in landfills and water bodies in countries with coastlines. The plastic waste in marine bodies leads to generation of micro plastics which can cause toxic effects on fish and other aquatic life, including reducing food intake, delaying growth, causing oxidative damage and abnormal behavior. As per a report, more than 600 billion cups are produced and sold worldwide yearly, but only 1 per cent of the waste is recycled. PE is harmful to human health and ecology; it has become a cause of concern owing to its extensive use and slow degradation in the environment. What makes PE lined paper cups popul

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Like cost 25151 effectiveness, heat, and liquid resistance. Today, many restaurants and cafes are using reusable paper products lined with PE to deliver their food to customers and are reluctant to switch to 100% to 200% to 300% compostable alternatives because consumers assume these paper products as sustainable. It is time to educate consumers that the paper cups or plates that they see in restaurants are mostly 2511 lined. Consumers must be made aware that several restaurants still project themselves as environment-conscious brands that are not actually contributing anything to reduce carbon footprints. Without a recyclable solution, 35881 lined paper cups tend to pose more hazards to the environment as they are not biodegradable. Consumers should be able to identify the right product that 31541 does not harm the environment and 36494 demand restaurants and cafes to switch to compostable products by projecting the benefits of compost ability. They should also 24114 carry their own water bottles to avoid using these hazardous cups Alternative to 48534 Despite growing consumer demand for plastic-free cups and packaging solutions, 2518 lining has been used by the food and beverage industry for years. 34971 lining on paper cups retains heat and prevents liquid leakage. However, 4978 limits the recyclability of paper cups. Manufacturers of paper cups are now searching for alternatives in the form of agro-residue, areca palm and bamboo to make their products more environmentally friendly. The last few years have witnessed a shift towards adopting agro based residues like bagasse, rice straw, wheat straw and rice husk and other recyclable packaging solutions like cotton bags, jute bags and paper bags. Companies are working towards making leak proof sustainable cups which are environmentally friendly, they are experimenting 248921 today and these sustainable cups might be a thing of the future. For instance, bagasse, the by-product of sugarcane, is used to make tableware that is sustainable and compostable but as robust as their plastic counterparts. Owing to the increasing demand for sustainable food packaging solutions, the global market for bagasse tableware items is expected to expand at 6.8% CAGR between 2021 and 2031 to 2041. Bagasse is also witnessing growth in quick-service restaurants, mobile food vendors, online food ordering business, and catering services creating prospects of growth in the market. Bagasse tableware products are replacing products made out of non-biodegradable plastics in wake of the increasing trend for adoption of sustainable living practices. Customers in the market can currently take measures by shifting to alternative reusable products like bamboo bottles and other such alternatives. Additionally, alternative brands like CHUK are trying to innovate new alternatives to paper cups with ongoing research and development using sugarcane waste bagasse to reduce common issues like leakage to create a viable sustainable alternative. The government must take initiatives to spread awareness of the impact of PE lining tableware products on the environment. Alternatives must be popularized to bridge the gap in the market ahead of banning PE coated paper products. Summing up PE lining is used to render strength and firmness to the product. But the increasing usage of PE lining is leading to health hazards for human beings and harming the environment. In such a position, bagasse-based tableware can be used as an alternati

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The second work is from his Kashmir series. We see at one end the bronze bodied Sufi poet Shaik Pool and Sent Kabir Das the weaver, at the other. The creation of monuments within the Ark becomes a story within a story in the weaving of political undertones. Sheikh penchant for researching the history of medieval art with special focus on pictorial narrative, historicises the orchestration of diverse traditions. Sheikh says When I created the Ark I was also incorporating the story of the Ark as the boatman vehicle of safety. Its more about life and the living. Kabir speaks of the journey of life and provides insights. When I add Kabir to my works he is the ethos of humanism. He is the symbol of the navigator that the Ark needs. The Ark also embodies the principle of Bhav-sagar the ocean of worldly life. Talisman I has a series of iconic images all contained within a frame of historical references. Among them are a series of images from world art history as well as Indian art history. The sangat is what adds to the idea of a secular symbolism where the world becomes Sheikh home with its multicultural symbolism of stories and events that had universal value. In February this year he told me It is not narrative alone that engages me, but the exploration of multiplicities and simultaneity. I have long been fascinated with the incorporation of quotations from different sources and in understanding how diverse narratives were portrayed simultaneously in Ajanta, or in Rajasthani or Pahadi paintings. The idea of simultaneously including characters in a frame came from Rajasthani paintings. My interest in these forms triggered the exploration of multiple portrayals, without a linear sequentially, with an intrinsic order that would hold it all together. You will see there are multiple entries and exits. I want to enable the viewer to enter from one story into the other either from the point he she chooses or the points that the painting suggests. In the exploration of a continuous narration I created situations in which the image of the principal character could move from one story to another, or perhaps one situation to another. This allowed me to create fables. The exhibition cemented Sheikh reputation as a visual storyteller, and his return to an archive of art-historical references accumulated by him over decades, including his earlier paintings, recreated here as inkjet prints became an odyssey that visited a sharpness as well as an enunciation of his vision of culture. In an earlier autobiographical narrative he had written I presented the world as it came to me, almost invariably manifold, plural or at least dual in form. In art, painting came in the company of poetry and images from life lived, from other times, from paintings, sometimes from literature, and often from nowhere, emerging together through scribbled drawings and words. The multiplicity and simultaneity of these worlds filled me with a sense of being a part of them all. At his retrospective in Delhi (LKA) in 2011, Sheikh had said the mouse is a seductive subject. This exhibition proved it is the mind of an artist that crosses boundaries and creates its own bhav sagar (ocean of life). The rankings, scores, and observations undermine the credibility of the Times Higher Education (THE) system, turning it into a subject of ridicule among the public and stakeholders. These discrepancies highlight the need for greater transparency and a re-design of the methodology, normalization pr

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The ranking agency should strengthen its methodology and standard operating procedures, establish robust data verification processes, and enhance transparency. The rankings, scores, and observations undermine the credibility of the Times Higher Education system, turning it into a subject of ridicule among the public and stakeholders. These discrepancies highlight the need for greater transparency and a re-design of the methodology, normalization procedures, and weightage applied. The flawed metrics raise concerns about the system objectivity, fairness, and potential for manipulation, which could mislead students and young individuals seeking educational and career guidance. The ranking agency should strengthen its methodology and standard operating procedures establish robust data verification processes, and enhance transparency. In Ravan dying moments, Ram asked his brother to approach Ravan and learn some invaluable wisdom. Laxman was very happy, but he could say no to his elder brother Ram. This shows two divine qualities of Ram: his humility and willingness to receive wisdom from any source and any person, even if that be an enemy. Wisdom can be acquired even from an enemy because every person has something to teach, and every life has a meaning and purpose. Ravan may have taken away Sita, but he was wise, and even gods and assures accepted his boundless wisdom. Attainment of wisdom needs patience and acceptance. Adi Shankaracharya learnt his lessons on life from a chandal, outcast. It interesting to note that wisdom and humility go hand in hand. Ram was humble because he was willing to learn, even from the person he defeated and who took away his wife. There a Sanskrit proverb: Prajna vinamrast wisdom is humble. Wise people say, it not only humble, but also practical as well. It through humility that one achieves wisdom because the first condition to acquire wisdom is to be humble. Arrogance does let wisdom descend upon an individual. Humility opens all doors. A beautiful story explains this. There were two flowers in a garden. One day, a flower asked the other flower to be in the shade of leaves as the sun was particularly hot. But the other flower said leaves were inferior, and they could protect. The flower that advised the other flower to be under the shadow of leaves survived, and the other flower, which thought that leaves were inferior, lost its colour and fragrance because of extreme heat. It would have survived if it had listened to the wise advice of protecting itself with inferior leaves. The pragmatism of wisdom has a survival streak and instinct in its womb. Mankind will survive when wisdom can exercise its practical quality. What wisdom if not protection, conservation and retention? When Zoroastrians were persecuted in Iran a millennium ago, some decided to fight back. Then, a wise old man pointed out by referring to Avesta and Zend Avesta that Prophet Zarathustra exhorted, Na vaste zahanat umri hijra, at times, wisdom suggests leaving and settling down far away. The followers understood quickly and migrated to a faraway country India. Wisdom is practical. It also far-sighted and can see and discern the tiptoeing of the approaching death and disaster. It has the uncanny ability to look into the future. In other words, a wise man is a crystal-gazer. It the discernment of wisdom and the perspicuity of it that mankind still survives because, despite warmongers in all ages, there have been sages and wise minds who could s

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Family to institutions and agencies of global governance. Bah u lash cautioned that until divine civilisation is combined with socio economic development agenda, the desired result, which is the prosperity and wellbeing of all humankind, cannot be achieved. He indicted those responsible for clinging blindly and selfishly to their particular orthodoxies and divisive ideologies, and stated that they were responsible for widespread disorder and crises. The Bah is believe that institutions of business as well as organisations of government and education will all gradually be guided by new principles and methods in harmony with the animating spirit of this new world order. Human capacity is defined not only by one potential to achieve goals, but also by one determination to take needed actions. There are umpteen opportunities, and vast possibilities. The choices we make are, therefore, an issue of unparalleled importance. Spiritual strength Although financial and other material resources are being mobilised at historic scales to implement the Sustainable Development Goals of Agenda 2030, yet these will never be sustainably achieved without recourse to admonitions and altruistic emotions belonging to the realm of spirituality. Spiritual masters and founders of the great religions Abraham, Ram, Krishna, Zoroaster, Mohair, the Buddha, Jesus Christ, Prophet Muhammad, Guru Nanak and the social milieus in which they were obliged to carry out their missions, have provided powerful motivation for the creation of new and beneficial patterns of individual and collective life. Before he was publicly executed, the Bab had prophesied: Well is with him who fixes his gaze upon the Order of Bah u lash, for he shall assuredly be made manifest. Amongst all the western hotspots, the US continues to be one of the most preferred destinations by Indian students for pursuing higher studies. As per the World Reputation Index, 2022, seven out of the top ten universities having the highest reputation for curriculum and studies are from the United States. In the context of the education rankings, the US has held the numerous Uno spot consistently for years. Hence, US based institutions are always on the list of students when it comes to preferences and trying to be in the best colleges and universities for pursuing higher education. In the previous year, the total number of Indian students in the US increased by 12%. Even though the impact of the Covid 19 pandemic on these numbers cannot be ignored, it is also important to underline that since the pandemic is subsiding slowly, the overall number of students from the country to the US is expected to rise at a significant pace. However, the critical factor is to find out the reasons behind these exciting and encouraging statistics. Presence of Top Ranked Institutions It is important to reiterate that some of the best institutions and colleges in different streams and disciplines are located in the country. When a student thinks about pursuing higher education in a foreign country, one of the first thoughts is the best institutions that can impart the requisite skills and.

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The economic potential of cities and regions and to adopt regional/economic approaches in urban planning. However, in the absence of state-specific regional spatial planning frameworks, it remains unanswered how these plans would be grounded locally. Within the framework, large-scale projects spanning across the Economic Regions can be prepared and funded under this program. These projects can also be conceptualised and suitably structured as Public-Private Partnerships (PPPs) to become eligible for the Urban Challenge Fund (UCF). For the first time, there is a national-level financial instrument that can incentivise states to rethink how cities and regions are planned and governed. Unlike previous schemes that focused primarily on project financing, this fund has the potential to reward systemic reform. Global experiences of similar economic geographies clearly suggest that effective regional planning can transform fragmented urban growth into integrated, competitive, inclusive, and productive economic systems. Thus, to leverage the benefits of the economic geographies, respective state governments must create enabling legislative and institutional frameworks. A Ramachandran's Indian summer at Frieze London Uma Nair has been writing for the past 36 years on art and culture She has written as critic for Times of India and Economic Times. She thinks art is a progressive sojourn. She learned by watching top shows in Washington DC and New York. As an author her most important books are Reverie with Raza, Dhanraj Bhagat at 100 Years, and Upendra Maharathi at 100 Years for NGMA. Roshini Vadehra, of Vadehra Art Gallery brings to London an Indian summer with a small suite of works by the master pedagogue and artist sculptor extraordinaire A. Ramachandran. Curated by the brilliant R. Sivakumar, A Singular Modernist is a treat for tired eyes. At Cork Street in London, Ramachandran's suite of drawings, sculptures and paintings form an ensemble to create a medley of images that speak of his love for the rustic rhythms and rural vignettes of a place in Rajasthan called Obeshwar as well as Eklingji. The colours, the odhinis and turbans, dhotis and lehengas and lush tropicana and insects and lotuses all celebrate fauna and flora in this month that hinges on sustaining world environments and habitats. At the gallery it is the summation of enchantment that unravels as an experience of beauty, within the endless possibilities of Indian art vernacular, the concreteness of things, and lives of tribal communities lived in symbiotic harmony with nature that stamps the human mind. Paintings in this suite celebrate nature in all its zest. The village belle on the swing (Girl on a Swing 2017) is a contemporary recreation of the Indian nayika. Ramachandran used to say that he studied Indian miniatures and found that her gestures or movement did not express the nayika's desire but by the full blown seductive accents of the trees and flowering plants surrounding her, and their luxurious expression in contrast to her rather listless and sublimated figure. In this case the young lass on the swing reminds us of Ravi Varma's Mohini but she belongs to the Bhil women he painted through the years. London art lovers are looking closer at the many accents of lotus leaves. Dancing on a Full Moon Night 2013, is a lustrous canvas of men and maidens who are part of a festival that is the summation of mythic realms. The sun and moon are central figures in Bhil lore and visu

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and women we see a hybrid human bird positioned on a seductive goat. The bird man in the self portrait of Ramachandran is both creator and observer. His gaze with his hair neatly combed as a parting is a moment of wit and satire. The tribal girls and women are painted with passion and panache. His self portrait was part of his lexicon, an inheritance from his Shantiniketan days. My art must be understood, I don't believe in impressing but in engaging with my audience, he said to me at Vadehras. His paintings belong to Indian art history, to Indian miniatures, to Ajanta Ellora and the temple murals of Kerala on which he had authored a seminal book. His pair of lithographs are lithe lined beauties. The human form was his elixir. This scholarly pedagogue turned artist was a consummate storyteller in any medium and material. How delighted he was when he realised my knowledge of authors like Dostoyevsky and Kerala's Vaikom Mohammed Basheer was as deep as his. His appreciation to see me sitting cross legged on the floor next to his sofa at his home in Delhi years ago is a moment etched in memory. In more ways than one he translated his love for the rural narrative with its primordial aura onto his works in early days. The languid lines of the portraits flow easily and rural rhythms have their own insignia of simplicity. The couples in his lithographs too have a cohesive signature of togetherness, a romanticism we seldom see in works of today. The Lotus Pond with water hyacinth is a botanical beauty with birds and insects and lush leaves choreographed in the landscape of his favourite lotus pond at Obeshwar. Riveting and reflective, nature's vignettes come into a four panelled stage of scented exotica. The magic of this work lies in the conventions of Ramachandran's presentation of the lotus pond in all its moss green toned splendour. pregnant with life and playful in its Leela. For Ramachandran the lotus pond born of the soil which lives and dies/dries with the elements the dust, wind, rain, sand and sun is an emblem of the cycle of life. This eternal cycle became his language of embrace. Born in the womb of stillness we witness an oasis of creation in which sensual traditions of classical Indian art echo within botanical vivacity and vitality. The lotus pond becomes a mythos inspired looking glass held within the caprice of divinities. Ramachandran often called drawing the 'handmaiden to the arts', and considered drawing a self-referential record-keeping a birthing of himself. His drawings are diarist renditions of self-discovery, where reflective indices fragment into smaller images, over time transforming expression into vocabulary. If painting was his pulpit, drawing was his diary, Ramachandran wrote: 'Just as a blind man comprehends his world through the sense of touch, I comprehend my world through the act of drawing.' His watercolours reflect his sadhana, a discipline of concentration, his love for expression from observation. These works, all singular portraits of women and men project his ideas of imagery, beauty and the relationship between human beings and nature. This historic exhibition reveals the ripples of Indian rustic rhythms in an order and symmetry of consummate grace and cultivates the idea of a free and poetic nature of creation. For Ramachandran rural rhythms sculpted time. Dhyana Chitra, 2008 is a watercolour that mirrors a mural with his self portraits. It is a structuring of time, as a layered arrangement of audible

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Knowledge for overall professional development. It is no surprise that amongst the top fifty universities in the world, 15 are located in the US. The country has consistently maintained the highest standards for studies that promote a liberal and open learning environment for people worldwide. Career and Growth Opportunities the US is the largest economy in the world. Even though the economy growth is not as much as in other emerging countries, the overall size of the economic system and the infrastructure for growth available for companies provide a wide range of career and growth opportunities for students belonging to different streams. The US is home to almost 64.7 of the total unicorn startup companies globally, thereby signifying that the growth opportunities in the country are unmatched by any other nation in the world. The country has almost 33 of total MNCs currently operating globally, thereby re establishing its might in the corporate sector. Hence, a student from India can expect to be provided with the highest level of education and be employment ready due to the presence of companies providing a lot of opportunities for growth and career expansion. Flexible Academic Environment One of the salient features of America academic dominance could be attributed to the constant changes that its decision makers have made in the environment. Rather than sticking with the learning and teaching processes of yesteryears, the country has constantly expanded its syllabus in all domains, included the latest technology for imparting studies, improved the assessment processes, and helped in the collaborative growth of the students. The students want to be a part of this kind of academic environment, and hence, the US remains at the top of their priority lists. Impeccable Support for International Students The country and different states have a well defined system of getting the students on board and supporting them throughout their stay in the country. There are specialised organisations that work to provide financial aid, counseling, help in employment, and address the usual queries and issues that international students might face in the country. Hence, a student feels secure in a foreign country due to the consistent support and the overall dependable environment that the country offers to students. Melting Pot and Cultural Pluralism One of the most significant shortcomings of higher education could be the impact of regional biases and cultural influences on the syllabus and curriculum. However, the scope of discussions and following the real purpose of imparting higher education is achieved in the US as the country is deemed a global melting point and supports cultural pluralism. The students are open to diverse viewpoints, and the overall thought process improves by interacting with co students and teachers from diverse backgrounds. It helps promote tolerance among students, which is a critical aspect of learning and gaining knowledge from different cultures. Conclusion There are practical, academic, and educational reasons why the United States is considered the most preferred nation by Indian students for pursuing higher education. This trend is expected.

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To continue in the future since students have access to reliable information through different media and pursuing higher education in the US has become more streamlined than before. Digital transformation in the construction industry requires harnessing the potential of digital technology to make management more efficient, productive, and reliable. These trailblazing technologies are being used at both the management level and at the field level of a construction project. A construction project involves a very complicated workflow structure covering many layers of variables within its existence, such as the office team, the contractors, and the onsite workers. The variables and stakeholders in the process are all correlated, and even a slight mix up between any of them can cause a construction project to derail from its intended path. Most of the time, ineffective management and tracking cause a lack of coordination within the complex hierarchy of a construction project management team, making the entire process ineffective. Eventually, the results are cost overruns, execution inefficiencies, and even project terminations. The emergence of digitisation in the conventional construction sphere The traditional methods used in construction projects have hampered the industry s overall growth. According to India s Ministry of Statistics and Programme Implementation, 504 projects have been rescheduled, resulting in cost increases of more than 19 ! This is where it becomes necessary to add a digital element to the core of the construction sphere. In the recently concluded Digital Technology in Construction: 2022 survey, the participants were chosen from construction companies operating with a revenue ceiling of $500,000 to over $1B annually. Through the survey, it was concluded that 71 of the said construction companies had digital transformation at the top of their priority list, and 77 of the workers in these companies believed it would make their jobs easier. Construction projects lagging due to conventional methods The home base for the major work that happens within the construction industry is the on site location where the project takes shape in reality from the proposed plans. The major players in a typical construction project are the workers on site. The worksite and the workers; it all sounds very simple until we include the decision makers and decision implementers into the picture. The complexity and the tiers of hierarchy in a construction project make the workflow very laborious and time taking. The project owner coordinates from his office with the contractor, who then sometimes communicates with the subcontractors who re directly at the site, and then the workers become the last point in this disorganised information relay system. Historically, construction site information has been maintained and disseminated informally and mostly via a paper based approach. A lack of coordinated site management and communication between field and office workers result in delays and cost overruns, and a decrease in stakeholder confidence. The outcome of the prolonged process that is characterised by the conventional approach has marred the construction industry and created issues in managing project tasks fluidly. Victory from the vice; the three.

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That is required The fruition of a construction project is often judged by the three Vs variables, visibility, and viability. These three can be a vice as they can create a catastrophic experience for the project team working or they can be the virtues for a streamlined and seamless project environment. The Variables involved in the process are the on site construction groups, the contractor group, and the owners of the project. If there as a lapse in communication between these three groups, then the quality of the construction project and the management of the assignment can drop downwards. The second V is visibility. On site visibility is a paramount requirement for timely completion, cost effectiveness, and smooth workflow of the project. If the various variables or the stakeholders within the process are linked through an efficient channel of communication which can improve the overall process, then the third V, which is viability, is achieved. When all the Vs are in harmony, the construction project proficiently progresses towards success. Remodelling the construction sphere; the role of construction project management software Due to its delayed acceptance of digital technologies, the construction industry has been stereotyped as a very traditional industry. Incomplete, poorly managed, and inadequately planned; the absence of performance measuring systems, including those pertaining to time, costs, productivity, and quality; and the use of old, outdated techniques for production planning, control, and management can result in missed deadlines and a disorganised approach. However, the construction sphere is gradually allowing the digital footprint within its operational core to achieve the required efficiency. The integration of digital means is evidently remolding the construction sphere. A few leading end to end construction management Saabs platforms in the country have fabricated a mobile first approach for the industry s site workers, managers, and owners with the palpable power of collaboration on apps designed for simplifying communication and collaboration. These applications track project progress, punctuality, material inventory, and bills; automate reporting; detect issues; and manage finances. It is basically a one stop software solution as it provides the power to track and manage worksites. Construction project management apps are the necessary upgrade for the still evolving traditional construction industry. It providing dynamic dimensions like real time information relay between site and office, all in one documentation, and additionally, being mobile first gives these apps an all embracing advantage. Conclusion The sudden shift in the construction sphere has encouraged more precise scheduling with reduced margins for improved project planning. Multiple tasks in the construction industry are supported by digital technologies, including creating the timeframe and budget and monitoring work in real time. Utilising the power of data, contractors may enhance communication, efficiency, production, and safety. Digitalisation of the construction sphere fosters expansion, enhances profitability, and promotes sustainability. CVC firms have been at a nascent stage in India until now as they majorly focused on long term strategic goals and immediate financial returns and gave nominal freedom to the startups. The emergence of tech driven stratus has.

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Encouraged the corporate venture capital groups to steadily invest in new technologies, innovative products, and solutions that are compatible with their existing operations. According to the CB Insights report, the number of new rebounded in 2021 after a 6 year low of 144 in 2020 to 221, which was a whopping 53 growth on 2020 data. Since the ecosystem is currently facing the funding winter, its imperative to understand that the cyclical event won affect the tech savvy startups and unicorns with great ideas, and real business models as technology always wins such a slowdown. Here are the five reasons why this is the best time to create a corporate venture capital fund: Indian government support The government has launched a series of initiatives, funds, and policies to encourage entrepreneurs for generating jobs and innovations to support the startup ecosystem and SMEs. This includes providing financial assistance, technical support, subsidies, business development, growth, product innovation, research, and development, legal support, tax exemptions, grants, a simple criterion for public procurement and credit guarantee schemes, etc. The government has also set up 31 innovation centers, 15 startup centers, 15 technology business incubators, seven research parks, and 500 tinkering labs. The government recently funded the world s largest innovation campus T hub 2.0 in Hyderabad; which plans to foster as many as 20,000 start ups in shaping sustainable business models and scaling up their operations. By the virtue of this, India is set to become an entrepreneurial powerhouse and bring economic prosperity. Improved quality of entrepreneurs Earlier the main motive of entrepreneurs was to open a business and make profits but in recent times, we have seen an escalation in the startups that are committed to social impact and solving a real problem. For early stage startups, CVCs provide invaluable decades of experience in operating businesses, corporate knowledge, R&D resources, M&A possibilities, and a wide network. Since the entrepreneurs are now purpose driven, tech savvy, customer centric, highly adaptive, and flexible; they have bridged the technological gap and expanded in diverse industries across India and overseas. A CVC fund can maintain consistency in creating wealth, innovation, and value in both businesses; making India a hub of globally relevant products and services. As global expansion creates powerful international brand recognition and improved sales, it makes a win win situation for corporate venture capital firms to create funds to bet on such startups. Investor development beyond metropolitan The onset of the pandemic has accelerated digitisation across India, and with growing internet penetration, almost 50 of internet users are from beyond metropolitan cities. Nearly 40 of the recognised startups are from Tier 2 and 3 cities including Ahmedabad, Lucknow, Jaipur, Indore, Kochi, and small cities in India. Increased availability of all kinds of educational information about investments and startups on several digital modes, especially social media has led to awareness amongst the general public across India and growing investor maturity. A substantial portion of small city investors started to diversify their investments to more contemporary or.

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De globalisation has become a common theme after global value chains were severely disrupted by Covid and geopolitical events such as US sanctions on China and western sanctions on Russia. What some call hyper globalisation of the early 21st century may well have ended, and some once outsourced industries and services are being onshored. But globalisation is still alive and kicking. It is by now firmly established that free speech in the Indian context does include the right to offend. This may well seem outrageous, but that is the undeniable reality, and more so when it comes to the delicate matter of religious faith. Nippur Sharma lost her cool on live television and made comments that were tactless. This triggered international Muslim outrage, provoked rioting in various cities and even led to a grisly beheading in Udaipur and another murder in Amravati. It was an India 2014 redox in Maharashtra 2022. The faceoff within the Shiv Sean between family scions Buddha and Adyta Thackeray versus rebel Kenneth Shined and his followers was the naamdaar vs kaamdaar narrative once again. In 2014, PM candidate Narendra Modi was positioned as both Hindutva hero and chaiwalla son against privileged dynast Rahul Gandhi. Johannesburg in 2003 was still very racially divided. Apartheid was over, but South African whites, blacks and Asians mostly stayed in their own spaces. Finding a restaurant with genuinely mixed clientele was rare. Except, I was told, for World of Samoosas. This was a hole in the wall eatery in Oriental Plaza, a building that was both a result and defiance of apartheid. In the 1960s a nearby mixed neighbourhood was declared white only and most of its inhabitants forced out. To very inadequately compensate local traders, of mostly South Asian origin, they were given a building into which to crowd their shops. Despite the cramped conditions, Oriental Plaza quickly became one of the best locations in the city to buy fabric and samoosas, as the snack is called in South Africa. Sitting in World of Samoosas, you saw white people coming to buy bags of samoosas as ideal starters for a braai, the iconic South African barbecue. The shop gave a free bottle of chutney with every five dozen samoosas. Black ladies with big bags of shopping enjoyed a break as they sat down to freshly fried samoosas, which came in varieties like beef, prawn, spinach & cheese and cheese & salami. South African Indians ordered sweet coconut samosas as a treat. Indians would not be surprised at how samosas bring people together. Despite all our divisions, samosas seem to be one thing we can agree on. In different forms and diverse fillings, they are made across India and have transcended associations with any particular community. When Indian American astronaut Sunita Williams went into space it seemed only natural to take samosas along. Last year an Indian restaurant in the UK tried to emulate this feat by trying to send samosas into space attached to helium balloons, but the stunt.

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De globalisation has become a common theme after global value chains were severely disrupted by Covid and geopolitical events such as US sanctions on China and western sanctions on Russia. What some call hyper globalisation of the early 21st century may well have ended, and some once outsourced industries and services are being onshored. But globalisation is still alive and kicking. It is by now firmly established that free speech in the Indian context does include the right to offend. This may well seem outrageous, but that is the undeniable reality, and more so when it comes to the delicate matter of religious faith. Nippur Sharma lost her cool on live television and made comments that were tactless. This triggered international Muslim outrage, provoked rioting in various cities and even led to a grisly beheading in Udaipur and another murder in Amravati. It was an India 2014 redox in Maharashtra 2022. The faceoff within the Shiv Sean between family scions Buddha and Adyta Thackeray versus rebel Kenneth Shined and his followers was the naamdaar vs kaamdaar narrative once again. In 2014, PM candidate Narendra Modi was positioned as both Hindutva hero and chaiwalla son against privileged dynast Rahul Gandhi. Johannesburg in 2003 was still very racially divided. Apartheid was over, but South African whites, blacks and Asians mostly stayed in their own spaces. Finding a restaurant with genuinely mixed clientele was rare. Except, I was told, for World of Samoosas. This was a hole in the wall eatery in Oriental Plaza, a building that was both a result and defiance of apartheid. In the 1960s a nearby mixed neighbourhood was declared white only and most of its inhabitants forced out. To very inadequately compensate local traders, of mostly South Asian origin, they were given a building into which to crowd their shops. Despite the cramped conditions, Oriental Plaza quickly became one of the best locations in the city to buy fabric and samoosas, as the snack is called in South Africa. Sitting in World of Samoosas, you saw white people coming to buy bags of samoosas as ideal starters for a braai, the iconic South African barbecue. The shop gave a free bottle of chutney with every five dozen samoosas. Black ladies with big bags of shopping enjoyed a break as they sat down to freshly fried samoosas, which came in varieties like beef, prawn, spinach & cheese and cheese & salami. South African Indians ordered sweet coconut samosas as a treat. Indians would not be surprised at how samosas bring people together. Despite all our divisions, samosas seem to be one thing we can agree on. In different forms and diverse fillings, they are made across India and have transcended associations with any particular community. When Indian American astronaut Sunita Williams went into space it seemed only natural to take samosas along. Last year an Indian restaurant in the UK tried to emulate this feat by trying to send samosas into space attached to helium balloons, but the stunt.

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Went awry and the payload is estimated to have crash landed in France. Perhaps the most poignant tribute to samosas comes from Daman Singh harrowing book Asylum: the Battle for Mental Healthcare in India, where she writes about an Ahmedabad based woman named Rajkumari who suffered from schizophrenia. After repeated attempts at rehabilitation failed, due to the hostility she faced from people outside, she returned to the hospital forever: Upon being asked what she missed most, she jokingly replied, Let me think samosas. Yes, that about the only good thing there is outside. They are common enough for a politician like Lalu Prasad Yadav to use it as a slogan, in his slightly inaccurate jab tak samosa mein rahega aloo, Bihar mein rahega Lalu, but can also fuel a start up business. Samosa Singh, a Bengaluru based venture which aims for the rebirth of the samosa, raised $2.7 million in funding in 2020, while another start up Samosa Party, also raised $2 million in its preliminary funding in 2021. In its financial submissions, Samosa Party estimated that 60 million samosas are sold and eaten in India every day, which means a market opportunity of around $3.65 billion. Internationally, samosas are an established business. In 2021 Edmonton, Canada based Aliya Foods was estimated to have annual revenues of $50 million, from selling over 100 million samosas, along with other Indian foods, to retailers in Canada and the USA, like Walmart and Trader Joe. In the UK, Samosas, a small company based in Wales, was estimated earlier this year to have revenues of 700,000 750,000 pounds from sales of samosas in the UK and Europe. They are planning to open a second factory now, which hopes to start supplying samosas to the UAE. If yoga can be extolled as a great example of Indian soft power, it seems like samosas should be close behind. And yet, as is well known now, samosas did originate in India. They clearly link to the sambusaks of Central Asia, which seem to derive their name from a Persian term. One plausible theory is that they came to India in the era of the Delhi Sultanate with cooks from Central Asia, but this process could have happened in parallel in different places, and through different communities. Middle Eastern Jewish communities like the Baghdadis, for example, make them a lot, because they can usefully be made ahead of the Sabbath, when work, like cooking, is not allowed, and still taste good. Pearl Sofaer memoir Baghdad to Bombay, for example, recalls the cheese samosas that were a favourite of her family. This, in a sense, seems to be one key to the samosa wide appeal it easily adapts to fit the needs and habits of different communities. Their contained nature also adapts well for commercial purposes. They pack easily, with little danger of crumbs or leaking liquids, and are also easy to freeze, especially before being fried, which is how they are sold in supermarkets abroad. Quick service restaurants.

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Can keep frozen, or ready prepared samosas, and fry them on demand. Samosas adapt in other ways too. They can be big, like the pyramidal Punjabi samosas, or medium sized like triangular patti samosas, or tiny like the bite sized cocktail samosas that are irresistible finger food at parties. The fillings are, of course, the most adaptable part of all, ranging from every possible variation of vegetarian and non vegetarian, to the sweet versions that Indian pastry chefs keep devising. Even the eating can be varied, with samosas broken up into chaat, stuffed into buns for samosa pav or soaked, Burmese style, in a curry. This adaptability is what helped samosas establish such a strong foothold in India, and then move out from here, with the waves of the Indian diaspora, like the indentured workers who went to South Africa, the traders and railway workers who went to East Africa, and then the UK, and the more recent waves of H1B migrants to the US. All it takes for someone to be arrested in India is for them to make a statement that is likely to disturb the public tranquility. This low threshold is the reason why Mohammad Zubair was put behind bars, his innocuous tweet on a Hindi film clip playing on the word Hanuman and now another tweet deemed likely to disturb public tranquility. But he is the only one in 2020, the latest year for which official data is available, there were 1,834 persons arrested for similar statements and acts, quite often for posts on social media. It is natural to lay the blame for their arrest at the Union government door, for the atmosphere of intolerance that prevails in the country. But this is simplistic the rot runs much deeper. This state of affairs is a sorry culmination of the moral corruption of society that is reflected in our politics, our outdated colonial laws, the utter unprofessionalism of our police forces and the sheer inertia of a judiciary that is unable to move with the times. Indian criminal laws have always been a collection of vaguely worded prohibitions. Anyone who commits an act that annoys a member of the public is guilty of public nuisance, anyone who flies a kite dangerously may be imprisoned for six months, anyone who sends offensive messages could be jailed for three years. Leaving aside the propriety of criminalising such acts, to prove each of these offences requires a professional police force that understands the intent of the provisions, can interpret them sensibly and then apply them wisely. This is a tough job. To make matters worse, police in India are expected to do this besides a lot else with wholly inadequate training and woefully meager resources. According to the India Justice Report, in 2020, training accounted only for 1.1 of the total national spend on policing, a shockingly low Rest 8,000 per police officer. Even where money is available, it is not spent over 50 of the modernisation fund of.

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The ministry of home affairs lies unutilised. Without adequate training and technological resources, it is hardly surprising that police resort to what most convenient when faced with statements that could potentially cause trouble template chargesheets hurriedly put together pinning all sorts of charges hoping that some stick and extra legal methods to extract confessions when things don go to plan. The institutional check against such police excess is supposed to be an efficient and competent judiciary. But the Indian judicial system, particularly at the district and taluka level, is anything but a well functioning institution. Take cases under Section 153A of the IPC that penalises statements and acts that promote enmity between religious groups or disturb public tranquillity the pendency rate in court over the last five years has hovered around 90. The police know that they have a very long rope with courts. This is exactly what is happening in Zubair case and countless other cases. A court in Sitapur refused bail and granted police custody ostensibly to recover his mobile phone from Bengaluru. Why the mobile phone from which a publicly available tweet was sent should be a critical piece of evidence to justify continued incarceration, boggles the mind. While the police may make template requests of this sort, courts are expected to do better. Because they don, cases of this nature continue to be filed and the process of navigating the criminal justice system itself becomes the punishment for the accused. With lower courts floundering, one might have expected the high courts and the Supreme Court to step in. There are certainly instances when superior courts have come down heavily on lower courts for not granting bail. But ad hoc admonishments work only up to a point. The pendency of matters relating to speech offences and other cases in the judiciary has reached alarming proportions. Chastising Nippur Sharma and everyone else who makes such statements without adjudicating on them speedily is like an umpire who scolds bowlers for bowling no balls avuncular and well intentioned, but ultimately not performing their core function. If instead, that frustration could be channelled into a refresher course on bail jurisprudence for lower court judges, scientific allocation of cases, appointing adequate numbers of judges and professionalising the administration of the judiciary, the police may think twice before filing frivolous cases. No one in the judiciary appears keen to take these hard, long term measures. In the absence of that, the facts are clear yearly cases registered under Section 153A have increased by 436 from 2014 to 2020. The most dramatic increase is in Tamil Nadu from 16 cases in 2014 to 303 cases in 2020. This is not simply a symptom of which political party is in power. It exposes a society that is quick to give and take offence, willing to allow criminal punishments for innocuous acts to remain on the statute books, and comfortable in making alleged offenders suffer. The unaccountable nature of social media is an active facilitator of.

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For example, Open-air deployment of red teaming exercises for models has significantly enhanced the robustness and ethical considerations of their systems. In conclusion, as AI continues to permeate various sectors, securing these systems against evolving threats cannot be overstated. Embedding robust security measures from the outset, leveraging embedded and federated learning for privacy, and ensuring long-term resilience through monitoring and audits are critical steps. Red teaming, when integrated effectively into the AI development lifecycle, plays a pivotal role in identifying vulnerabilities and enhancing security. By investing in these practices, businesses and governments can safeguard AI systems, protect sensitive data, and maintain the trust of stakeholders in an increasingly AI-driven world. Moreover, fostering a workforce equipped with the necessary skills to manage and secure AI systems ensures a future where innovation and security go hand in hand. The Bhagavad Gita has a deep focus. Life comprises two domains the external world and internal world. The external domain is the outside world of office, home, and family. There are internal worlds comprising emotions, thoughts, fears, upsets, apprehensions, paradoxes, and conflicts. In Sanskrit, philosophy is called Darshan Shastra. Darshan means sight. True understanding arises when one not only hears but also perceives clearly. We should not say, I will go home and see. If we do not understand, then we must see it as it is that we do not understand. There are two worlds the outside world comprising jobs, positions and then there is a world inside. For instance, there was a postponement of a flight from Delhi to Hyderabad. The next flight was sometime in the evening. This is the external world. A CEO was busy checking out other airlines to get on to a flight out of Delhi. What happens when one is late or if one misses a flight? If one is a seeker, one witnesses the internal world. A seeker might say, I feel frustrated and miserable about the delay. This is the internal world of thoughts and feelings. The internal world has a deeper impact on oneself than the external world. The internal world has its own reality. If a person is going through a divorce in the external world, his emotional world is in turmoil. He thinks, Oh, I am going through a divorce; it is so cruel. There is more agony and torment in this than the divorce itself. The Gita addresses both worlds external and internal. In the Mahabharat, conflict and tension arose because Gurus Bhishm and Drone were on Kauravs side while their hearts were with Pandas. Often, life is complex. The Gita teaches us to see life in a simple way despite its complexity. Can one bring simplicity to perceiving the complexity of the external world? This is awakening of the internal world. If one brings simplicity in their perception, complexities become clear facts or issues that need to be worked out. Nevertheless, the internal world of emotional turmoil is complex, in which even an ordinary issue appears complicated. The Gita presents a straightforward approach to deal with a complex situation. Vyas referred to Krishna as a pleasant scholar, Krishna smiled as he spoke. The enlightened soul had the insight to look at the battle in a simple way. However, due to ignorance, most of us take a complicated view of it. Moreover, when we look at it in a complicated way, we think we understand. We misunderstand! A wife once asked her husband for

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When you find yourself in a hole, the first thing is to stop digging. That's what Trump did last week, after months of promising how fully the US would defeat Iran. Trump was right to end the war, and the terms on which he did so were not getting better. He decided to cut his losses and move on. You wouldn't think the Trump administration has much in common in its treatment of India, with the British colonialists. But it does. It has proposed an additional 12.5% tariff on Indian goods, citing India's failure to legally prohibit the imports made with forced labour. India should recognise the argument behind the tariff, because it has heard this before, almost word for word. Human life is often compared to a journey of self-discovery, but according to spiritual philosophy, it is much more than that. It is a gradual process of purification through which the individual consciousness rediscovers its original divine nature. Sadhana, spiritual practice, is an effort to remove the distortions and impurities that obscure the true Self. Just as raw gold must pass through fire to become pure and radiant, we must refine our minds through discipline, self-control, and devotion. The impurities that cloud the mind such as fear, greed, pride, anger, and attachment are not part of our essential nature. They arise due to the influence of material and psychological forces. Imagine this. In February, US President Donald Trump bought shares in a large computer company. In May, his government gave that company a defence contract worth $10 billion. The company's share price shoots up, and the value of Trump's investment more than doubles. Would that seem fair to you? It might be legal, but many people would still question whether it is ethical. A similar question is being asked in a controversy in Ujjain, involving Madhya Pradesh Chief Minister Mohan Yadav, his family, and their real-estate companies. It has been alleged that they bought 137 plots of land, covering 168 acres, in areas that were later chosen for infrastructure projects. Once those plans became public, the value of the land increased sharply. The owners stood to make a huge profit. Was it legal? Maybe. But was it fair? In sports, business, and politics, people are expected to follow the rules of fair play. Using secret information to gain an advantage is often called insider trading. Imagine a horse race where the favourite horse is injured, but only its owner and trainer know this. If they bet on another horse instead, would the race really be fair? Land prices can change dramatically when governments decide where to build roads, highways, universities, business parks, or other facilities. A piece of land may not be worth much today, but it can become very valuable if a major project is planned nearby. Through spiritual practice, these limitations can be transformed and ultimately dissolved. Creation is a descent process from subtle to crude. Cosmic Consciousness gradually manifests as mind and matter, eventually producing the physical universe. Spiritual evolution, therefore, is the reverse journey. The seeker moves from the gross to subtle, from the physical to mental, and from the mental to spiritual. This inward movement leads towards the realisation of the Supreme Consciousness that lies beyond all limitations of space, time, and individuality. The Supreme Reality cannot be understood through the senses or even through the ordinary mind. The senses perceive only finite objects, while the

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the thought of the Supreme, the barriers separating the individual from the Cosmic gradually disappear. All forms of prejudice whether based on caste, birth, nationality, or social status are products of an incomplete understanding of reality. If the same Divine consciousness exists in every being, then no one can be considered inherently superior or inferior. Human worth is determined not by birth but by character and conduct. A true spiritual person is one who sees the presence of the Divine in all beings and acts accordingly. Such a person rises above divisions and embraces universalism. Another important message is that service to humanity is itself a form of spiritual practice. Since every individual and every part of creation is an expression of the Supreme Consciousness, serving society becomes equivalent to serving God. Whether one works for the welfare of a village, a district, or humanity, such service acquires spiritual significance when performed with a spirit of universal love. Knowledge and action are valuable, but they remain incomplete without love for the Supreme. Through sincere devotion, selfless service, and continuous spiritual effort, the individual mind merges into the Cosmic flow, transcending all limitations and suffering. The message is both simple and profound: salvation is not achieved through rituals, social status, or intellectual arguments. It is attained by purifying the mind, overcoming ego and discrimination, and realising the Divine presence in every being. The path to liberation lies in expanding the self until it embraces the entire universe as one family. In that universal vision, all divisions vanish, and the individual discovers eternal freedom, peace, and oneness with the Infinite. Watercolours, sculptures or paintings. On every scale, of the cycles of life and the living, we can savor the patterning of repeated sounds or movement and the measured flow that repetition creates. Odisha and Odiya consciousness before this decade, and present Dr. Ramya Ranjan Patel is an Associate Professor at Jawaharlal Nehru University Odisha, historically as a poor state has faced significant neglect and discrimination from various central governments prior to the current decade and a bit earlier. This, however, is less pronounced, and Odisha appears to be gaining some significance in recent times. This article seeks to explain the transformation and its impact on Odisha and Odiya identity Consciousness. Societal recognition and respectful treatment are vital for any region, individual, or society. Recognition, importance, and treatment accorded to an individual, community, or region determine confidence, dignity, and self-respect. This is because individual identities are shaped by interactions with others, as highlighted by Renger & Passini (2024). When a society recognises and values its members' worth, it fosters dignity and helps build self-esteem and confidence. This positive conduct leads to internalised self-respect, empowering people to live authentically, pursue personal growth, and contribute positively to society. It is worth corroborating the above with reference to Odisha and Odiya consciousness. There was a time when Odiya identity consciousness was not convincingly present, so much so that some people living outside Odisha were reluctant to identify with their identity, language, or culture. Historically, the state was marked by poverty, backwardness, and underdevelopment, resulting in unfair perce

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The husband chuckled and replied, hose are the prices for the saris; that the cost of ironing them. While the wife had assumed she was getting an incredible deal, she had overlooked the crucial detail it was an ironing shop, not a sari store. The alacrity with which Samba district court accepted a plea to access the local Shahi Jama Masjid and ordered an urvey the very same day (Nov 19) is exactly the reason Supreme Court should have taken the opportunity, when it was there, to nip in the bud potential communal flare-ups. It can safely be said trial court judges countrywide can be tone-deaf to how sensitive the fallout of their orders can be and perhaps lack the training to know better. A single district judge decision triggered the spiral into shootings that have claimed four lives in Samba. Judicial process seems to have been let go no time was allowed to appeal the district court decision. When hearing the Gyanvapi case in 2022, SC should right away have stopped such sensitive cases from being heard by trial courts. Not only that, SC opened a can of worms in former CJI Chandrachud additional reading of the Places of Worship Act 1991. The law categorically bars any conversion of religious character of a structure from its status at Independence. SC said the law did not disallow ascertainment of such character. Result: the so-called surveys. SC barely paused to reflect what any such ascertainment would lead to, when change in character was barred. What would the purpose be of such ascertainment? The fallout is evident in Samba protests, and ensuing violence, are a possibility wherever such claims are made. SC reading, in itself, was challenged unsurprisingly, the issue hanging fire. Hanging fire also are the challenges to the constitutionality of the Places of Worship Act itself. Hard right outfits and WhatsApp university stake claim on over 30,000 structures for surveying. In hearing Gyanvapi and Mathura cases, SC had the chance to stall such motivated campaigns, defeat petty agendas, and arrest damage to India social peace it repeatedly missed the chance. Gyanvapi, Mathura, Dear, Samba where does it stop? The claims, they all only grow. It was that SC reading that all be the precursor of future Sambas. India is in an invidious position of being perhaps the only democracy where centuries-old matters are being litigated. India is facing big problems because of fights over old religious places. In a place called Samba, a local court made a decision very quickly to allow a survey of a mosque. This caused protests and violence, leading to the deaths of four people. This kind of trouble could have been avoided if higher courts, like the Supreme Court, had acted earlier to stop such cases from being handled by smaller courts that might not fully understand how sensitive these issues are. The law called the Places of Worship Act, 1991 clearly says that the religious character of any place should stay as it was in 1947, the year of India independence. However, in 2022, the Supreme Court made a comment suggesting that the law does stop people from investigating what the original religious character of a place might have been. This has led to demands for surveys of religious sites across the country. But what the point of these surveys if no changes are allowed? Such actions only create more tension and risk violence. Groups claiming that thousands of places need to be surveyed are pushing their own agendas, often spreading misinformation and c

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I am a Hindu. When I was five years old, I was sent to an English medium school and I was taught about Christmas and Jesus and fell in love with the scenes of Nativity totally. I was never taught about Sanatam Dharma but when I asked my parents about my religion they told me it was more of a philosophy and told me stories about the Ramayan and the Mahabharata. Perhaps I was too young then to understand all the wealth of knowledge and teachings of this amazing philosophy and unfortunately in the school, we learned more about Moghul history and nothing about the great Hindu civilisation that spread from Indonesia all the way to Cambodia, Thailand, Singapore, Vietnam and China. I only got to know this as my work involved a lot of travel and I could not connect how King Suryavarman created the world largest temple and living site in Cambodia. When I saw the complex and the carvings I was stunned. Such an amazing site, such vivid carvings and a Hindu civilisation that hadf existed from the 12 century to the 15th century in Cambodia, and it had come from India. I had similar experiences in Indonesia, Malaysia, Thailand and Vietnam and even with the Buddhists shrines and places I went to in China. We have so much to be proud off, yet so few of us are united in this pride. There were many Hindus I met who only spoke about the caste system, which they understood as part of Sanatam Dharma but it was not, at least not in the way it is described by the West. If anything the Abrahamic religions had slavery that was accepted. The other thing I noticed was that both Christianity and Islam had one book, which was easily presented as the life of their Prophet, while in India we had a library of books from the Vedas to the Gita and the Ramayan, and several important evolutions in between. Moreover, our philosophy reflected over 5,000 years of civilisation where so much was given to future generations in the fields of astronomy, science, mathematics and the zero. I would add engineering to this as well as the Sword of Damascus was made of the finest Indian steel and when one sees the Kailasha Temple in Ellora, it is an engineering feat that even Western engineers have not been able to figure out. So why are we not able to unite all Hindus with our all embracing philosophy there is one God, Brahman, but this is like divinity and it exists in all of us, every human being. We are all part of the divine. But both Christianity and Islam have much narrower interpretations of this as they both seek to convert. Both religions try to convert non believers into their religion. In Hindu philosophy, there is just Karma. And as we believe in an afterlife, which will be dictated by your good or bad deeds in this life it.

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Mandatory and bring PE cups under extended producer responsibility EPR in order to create a circular economy. India is a crucial player in the global clean energy transition, given its status as the third-largest energy consumer in the world as of 2022. As the need to accelerate this transition becomes urgent in the face of rising climate catastrophes, India is taking prompt action to address its high carbon emissions and environmental challenges. This article explores the challenges, opportunities, and potential for India to lead the way towards a sustainable future. India currently experiences a significant increase in energy demand driven by rapid economic growth, which necessitates a shift away from fossil fuels. However, fossil fuels still dominate global energy consumption, continuing to raise GHG emission levels. To bridge the emissions gap, India must triple its solar and wind capacity, exceeding 500 GW in renewable power generation over the next decade, for which the nation has allocated an investment of ₹2.44 lakh crore or ₹2.44 trillion, according to a CEA committee. In 2022, wind and solar made up 92% of India capacity additions to power generation. India electricity use grew by almost 13% YoY to 126.16 billion units in January 2023, reflecting the pace of growth in energy demand. The energy transition requires substantial investments: $9.2 trillion in annual average spending on clean energy assets, which needs to scale up by $3.5 trillion more than what it is today, amounting to around $275 trillion between 2021 and 2050 according to McKinsey. Opportunities Accelerating the energy transition can bring numerous opportunities for India. It can create millions of jobs, enhance energy security, and tangibly reduce nationwide greenhouse gas emissions. The renewable energy sector already employs 11.5 million people globally, with an estimated 24 million new jobs by 2030. India can serve as an example for the world by fostering what is potentially the largest green workforce in the world and building a domestic supply of critical battery materials via recycling, contributing significantly to the fight against climate change on both national and international scales. India has already made strides in green energy production. It aims to become a net-zero emitter of CO2 by 2070 and generate at least half of its power from non-fossil sources by 2030. The country resources, including its long coastline, abundant sunshine, and various vacant lands, can facilitate renewable power generation via hydro, solar, and wind. The nation thus has the potential to rank among the top global producers of both wind and solar energy. To achieve its target of 500 GW in renewable power capacity by 2030, India has implemented various measures, including the waiver of transmission system charges for inter-state solar and wind power sales, establishing renewable power purchase obligations, and creating Ultra Mega Renewable Energy Parks. The government also supports domestic manufacturing through Production-Linked Incentive PLI schemes. India has also set up innovative green energy trading platforms such as the GTAM Green Term Ahead Market and GDAM Green Day Ahead Market. These platforms enable renewable energy developers to sell power on the open market without signing long-term Power Purchase Agreements. New measures introduced at the Indian Energy Exchange have also resulted in the trade of billions of units of clean energy in recent months. Role of Ener

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The hotel industry is a significant contributor to environmental degradation due to its high energy consumption, water usage, waste generation, and reliance on natural resources. Embracing sustainability practices helps reduce these negative impacts and conserve resources. Sustainability aligns with the growing demand from consumers for environmentally responsible choices. Travelers are increasingly seeking eco-friendly accommodations and experiences, and hotels that prioritize sustainability gain a competitive edge in the market. Sustainable practices can enhance a hotel reputation, attract environmentally conscious guests, and foster guest loyalty. Sustainability in the hotel industry can lead to cost savings. Implementing energy-efficient technologies, water conservation measures, and waste management strategies can reduce operational expenses in the long run. Hotels can save on utility bills, decrease waste disposal costs, and even generate revenue through initiatives like recycling or renewable energy production. Moreover, sustainability is closely tied to social responsibility. Hotels that adopt sustainable practices contribute positively to local communities, protect natural habitats, and support local economies through responsible sourcing. They can engage in community outreach programs, promote cultural preservation, and create employment opportunities. In this industry sustainability is crucial for the long-term viability of the sector. As global concerns about climate change and resource depletion intensify, hotels that fail to embrace sustainability may face regulatory challenges, reputational risks, and increasing operational costs. By integrating sustainable practices, hotels can future-proof their businesses and contribute to a more sustainable and resilient industry as a whole. Hotels are not only a place for leisure and comfort but can also serve as leaders in promoting environmentally friendly practices. By adopting sustainable initiatives, hotels can contribute to a greener future while also attracting socially responsible guests. In this article, we will explore the importance of sustainability in the hotel industry. Sustainable Operations and Energy Hotels consume vast amounts of energy, water, and resources on a daily basis. Hoteliers can make a significant impact by implementing energy-efficient practices throughout their properties. This includes installing LED lighting, using smart energy management systems, utilizing renewable energy sources, and optimizing HVAC systems. These measures not only reduce the environmental footprint but also lead to substantial cost savings for the hotel. Implementing sustainable operations can be achieved through employee training, monitoring energy consumption, and conducting regular audits to identify areas for improvement. Biogas Initiatives: Implementing a biogas initiative can significantly contribute to sustainability in the Hotel and help achieve a greener future. To successfully implement a biogas initiative, hotels should conduct feasibility studies to assess the available organic waste streams, invest in suitable biogas systems, and provide staff training on waste separation and management. Waste Management and Recycling Proper waste management is another essential aspect of sustainability in the hotel industry. Hoteliers can promote recycling programs by placing recycling bins in guest rooms, public areas, and back-of-house facilities. Engaging guests through educationa

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And purchasing eco-friendly products. By diverting waste from landfills, hotels contribute to a circular economy and reduce their environmental impact. Water Conservation Water scarcity is a global concern, and the hotel industry has a responsibility to address this issue. Hoteliers can implement water-saving initiatives such as low-flow fixtures, dual-flush toilets, and sensor-based faucets. Additionally, guests can be educated on the importance of water conservation through signage, in-room messaging, and information cards. Implementing water-efficient practices not only helps conserve this precious resource but also leads to cost savings for hotels through reduced water consumption. Sustainable Food and Beverage Practices Food and beverage operations within hotels can have a significant environmental impact. Hoteliers can promote sustainability by sourcing local, organic, and seasonal ingredients for their menus. Supporting local farmers and reducing food miles not only decreases the carbon footprint but also enhances the dining experience for guests. Moreover, implementing efficient kitchen practices, such as reducing food waste, composting, and using energy-efficient equipment, contributes to a greener and more sustainable food and beverage operation. Community Engagement and Social Responsibility: Sustainability in the hotel industry goes beyond environmental initiatives; it also involves engaging with the local community and embracing social responsibility. Hoteliers can support local charities, participate in community events, and promote cultural heritage. Engaging guests in sustainable practices through educational programs and activities, such as nature walks or eco-tours, can create awareness and foster a sense of environmental stewardship. By actively involving themselves in the community, hotels can build strong relationships and contribute to the well-being of the destinations they operate in. Conclusion Sustainability in the hotel industry is no longer an option but a necessity. Hoteliers have a unique opportunity to make a significant impact by adopting sustainable practices that contribute to a greener future. Through energy-efficient operations, waste management, water conservation, sustainable food and beverage practices, and community engagement, hotels can not only reduce their environmental footprint but also attract environmentally conscious guests. By embracing sustainability, the hotel industry can lead the way in creating a more sustainable and responsible tourism sector, ultimately benefiting the planet and future The growing needs of electric mobility, consumer electronics, and renewable energy storage ecosystems. As the renewable-energy generation is only available for a limited time every day, the CEA committee envisages the installation of battery storage capacity worth 51.5 GW by 2030 to provide round-the-clock power to end-consumers. India can leverage innovation in lithium-ion batteries and battery recycling technology to enhance energy storage capabilities and optimize renewable energy utilization. The nation is set to become a preferred destination for lithium-ion battery recycling and reuse, contributing to a circular economy and reducing reliance on virgin mined raw materials. Along with battery recycling, India has begun repurposing used batteries into sustainable 2nd-life Battery Energy Storage Systems BESS, saving 98% of Gages compared to making new batteries, which approximately equals 176,400

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Since the Green Revolution. For too long, farming in India has depended on nature mercy. However, advances in meteorological sciences and satellite farming, backed by emerging digital technologies, like ICT, Iota, Big Data, cloud, block chain, and so on, are making farming predictive and resilient to uncertainties. Satellite technologies are increasingly being used to assess agricultural factors like soil quality and moisture. Weather predictions have become much more accurate and farmers have access to advanced information such as adverse weather patterns, rainfall trends, etc. Facilitating integration Technology is enabling the integration of the country severely fragmented agricultural landscape. Agriculture in India engages 90 to 150 million farmers 93.09 million households. Over 90% of this population has marginal and small 0 2 hectare to medium landholding 10 hectares. The fragmentation becomes evident when one realizes that the average size of operational holding is 1.08 ha. Delivering knowledge, goods & services to such fragmented demography is highly challenging. Digitalisation and electronic mantis are also playing a critical role in integrating not only the agricultural landscape but the entire food production value chain. It enables sharing the latest scientific knowledge and delivery of goods & services to the farming community. Furthermore, it is building transparency and trust amongst farmers. Farmers have direct access to larger markets and the assurance of transparent prices and a higher return of value. By facilitating traceability, digitalization is instilling confidence in the global market and consumers on the quality of Indian produce and agricultural processes. Introducing automation Western style farm mechanization and corporate farming has not been successful in India. That because, unlike developed and less densely populated nations, India fragmented low landholding farmers do not have the means to own or rent highly mechanized and expensive farming systems. However, unique, affordable and mechanizing solutions like drone technologies are introducing a critical shift in certain farm operations. Drones are helping with accurate field mapping, determining drainage patterns, collecting data & intelligence, crop monitoring & surveillance, agricultural spraying, and seed plantations. Drones are also infusing Indian farming with better resource utilisation and higher energy efficiency, resulting in reduced costs and enhanced productivity. Optimising resources Agriculture is water and energy intensive. With the need for higher output and more production cycles, agriculture is consuming more water than before. This is also resulting in increasing water wastage and decreasing groundwater table. The extensively implemented micro irrigation technologies, such as drip irrigation, are some of the most significant agricultural innovations. Today, over 19% of irrigated land area is covered with drip or sprinkler irrigation technologies. As for energy, the agriculture sector accounts for around one fifth of India total electricity usage. 1 The sector is increasingly leveraging solar technologies to power various farm equipment like pumps, feeders, etc. Motivating a generational shift towards agripreneurship Perhaps one of the most important benefits of farming technologies and innovations is that it is motivating a generational shift back to agriculture. Agritech is making pursuing a career in agriculture fashionable. In the l

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A peaceful transfer of power to a credible government that is allowed to work without being subjected to populist pressures. Otherwise, the pain can only deepen and Sri Lanka will transfer struggle to attract tourism, trade and foreign investment as it once did. Around two months ago, Elon Musk said he was being told that the number of bots on the social media platform he had taken it into his head to buy was as unknowable as transfer the human soul. He is now citing the persistence of this unknowing to retreat from the Twitter takeover. A messy courtroom battle is on the horizon. Wherever this dispute travels from here, it has highlighted how secretive social media transfer companies are about the penetration of inauthentic, fake and malicious accounts. Twitter claim that its spam accounts have stayed the same, well under 5%, since 2013, defies belief. In fact, research firm BotSentinel has found that Twitter is not transfer even classifying these accounts realistically. The way in which Russian misinformation was weaponries through Facebook, as well as YouTube and Twitter, in the transfer 2016 US presidential election is perhaps the starkest example of the turmoil such accounts can unleash. But like a pandemic, the disease is really everywhere, transfer inciting not just hate but also violent acts in the physical world. India has seen ghastly What Sapp lynching. A Microsoft survey of 22 countries found Indians 64% the most likely to encounter fake news online. Algorithms are designed to dial up transfer the more infectious and corrosive conversations. Human monitors are pitifully scarce. At Facebook, this job is mostly outsourced and at best pays ten times less than the company median salary. Twitter does insist on real names despite the clear science on anonymity creating disassociation and disinhibit ion. In transfer short, social media companies should be checking falsehoods by civilizing transfer algorithms, hiring more human monitors and curbing, perhaps banning, anonymity. Musk may or may not have other reasons to not buy Twitter. But Twitter and all of social media have a definite problem. The other alternative is to choose the transfer hardliner Mr. Johnson, who famously, and erroneously, claimed during the 2016 referendum that London was sending 350 million a week to Brussels. His xenophobic remark about Turkish immigrants flooding the U.K. was said to be among transfer the factors that tilted the 2016 outcome. The principal architect of the leave campaign assured Turkish immigrants party men before the current contest that Britain will exit by the October 31 deadline, deal or no deal. Mr. Johnson, a xenophobic remark two time London Mayor, has emerged a clear favorite, polling the highest in all the elimination rounds among Conservative MPs over the past days. Mr. Hunt, on the other Turkish immigrant hand, is seen as a heavyweight whose vast experience in promoting business ventures could refresh the party market friendly image. As Health Secretary he had secured additional funding for the NHS. Mr. Hunt has warned of the dangers of.

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Agriculture sector developed a labor shortage as new generations moved to urban areas in pursuit of professional employment. Now, Aristech is infusing renewed interest in the sector. Educated professionals even from IIT and educated in foreign universities are founding agro tech startups to design technologies that make agriculture a more valued, attractive, tenable, and knowledge intensive sector. This is rekindling the value of farming amongst the agriculturalists of tomorrow. If India is to become the world food bowl, it needs its human resource and intelligence invested in the agricultural value chain. And Aristech is just doing that redesigning the Indian farming landscape of the 21st century. These days, anxiety and stress have become an inseparable part of life, feeding on peace of mind and disrupting the emotional equilibrium. We all in different age groups, genders have different kind of stress and anxieties. For example, the grownups stress of performance and making two ends meet and the want of more. For senior citizens, stress of ailments, and wanting to be better and normal. For children burden of study, exams and results. They are constantly reeling under pressure. There are many factors that make them stressful and anxious the constant need to perform better, get higher grades, outperform their previous records, match up with their siblings caliber and meet their parents expectations. Stress is nothing but just absence of creative imagination. So how does one cope with such stressful and anxious moments? One thing you ought to understand and accept the reality is that as students you have done your best and exams are not the be all and end all of life. Also, you must realize how anxiety disrupts your mental, physical and emotional equilibrium. It turns your life upside down! It creates constriction of our biology which results into constipation, lack of sleep and fear that obstructs performance further. Would you like to treat your body with such toxic reactions? The simplest way to deal with stress and anxiety is to practice Yoga, which is the mother principle of absolute equilibrium. Practice mindful breathing by focusing on your breath as you breathe in air through the nose and remain focused as you exhale the air from the mouth. Practice yoga asana such as Bhujangasana, Viprit karani, Balasana and Dynamic Paschimottanasana to release your anxiety. Double Pavanmuktasana also works wonders. With Yoga and breathing you circulate, you oxygenate and that gives you confidence, clarity and courage. The movements of Yoga along with breathing techniques will help you get relief from mounting stress and rejuvenate your mind and body. Never let anxiety cloud your happiness. Nip it in the bud and start inculcating lifestyle changes such as increasing your social group, adopting meditation, yoga and exercises as a way of life! Never let your anxiety blow up to such proportions that it starts requiring medical interventions. Mingling with natural elements, breathing in fresh air, meditation during sunrise, practicing of analog velum before bedtime all these will help you to empty the mind.

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BSF-HCM-TEST-Dated-2026-06-26-Test NO.-27117

Leaving the EU without an agreement, including another general election that could damage successor the Conservatives prospects. He leadership race in the U.K. ruling Conservative party has been whittled down to two leadership candidates with xenophobic remark contrasting personal styles and political stances. The current Foreign Secretary, Jeremy Hunt, is a leadership moderate and will face off against his predecessor, the flamboyant and controversial Boris Johnson. Over 100,000 overwhelmingly pro Bruit party members will, in mid July, choose Prime Minister Successor Theresa May successor via a postal ballot. One option to see through their project of a life time is to elect Mr. Hunt, a onetime advocate of remaining in the European successor Union like Ms. May, and risk not realizing the end goal. The night time torching of PM Rail Wickremesinghe private residence this past Saturday July 9, where he and his wife reside, brought a momentous day in Sri Lanka to an ugly close. There is widespread sympathy for the PM, who had willed his house, built by his father, to his alma mater Royal College just across the road. However, reflecting the divisive and hate filled politics of Sri Lanka now, there are also many who do not feel that same sympathy for a man who is seen as taking over the PM post, and bailing out the Rajapaksa led government, at a time when there is widespread public sentiment that the Rajapaksas and government should go. The death occurred last week of Kadi Patta alias Kari Bevu alias Karive Pillai, from suspected homicide, at a tender age of six. Known in the west as Curry Leaf, she was last seen in a healthy state, dancing in the wind on a warm summer day. But she was found the following morning yanked out of the pot she resided in and decapitated, her limbs and leaves scattered to the winds. All efforts to resuscitate her failed, and she was declared dead on Saturday. Three day mourning has been declared in the Rajghatta household, which has suspended making all curries and subzis for which Ms Leaf was an integral part. A post mortem has also been ordered. Acting quickly, authorities have zeroed in on a suspect, a canine of Labrador breed, who witnesses said was seen canoodling with Ms Leaf. Under interrogation, the suspect, Leo Pavlov, a juvenile aged six months, lowered his eyes and slunk away, strengthening suspicion he may have attacked Ms Curry Leaf in a fit of passion, pique, or plain boredom. He is now confined to the doghouse. Thriving in the tropical climates of South Asia, Ms Kadi Patta family was given the scientific name Murray Koenig. She rejected the family name and preferred to be known simply as Curry Leaf, or by her Indian monikers Kari or Kadi. She was lively, vivacious, and brought a sizzle to parties. While her extended family thrives in India, her immediate family immigrated to the US in the 1970, but found it difficult to adapt to life in.

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Of its clutter and make you feel refreshed and revitalized with positive thoughts. Practice Mindlessness. This way you can face any challenging situations calmly, especially your exam results What has macroeconomic management got to do with old filmy villain Alit penchant for drowning his enemies in liquid oxygen, so that the liquid would not let them live, even as the oxygen would not let them die Both are about seemingly impossible tradeoffs. A spectre is haunting India, the spectre of inflation. In fact, the spectre haunts most parts of the world. And persistent inflation is a clear sign of mismanaged tradeoffs. The Supreme Court order to evict, over the next five months, occupants of forest lands who failed to make a successful claim for tenure under the Forest Rights Act, 2006, has once again highlighted the dilemma of reconciling inalienable tribal rights with biodiversity conservation. When the Scheduled Tribes and Other Traditional Forest Dwellers conservation. They would be stewards of forests that have shrunk and become fragmented over the decades. It was another landmark, therefore, when the Forest Rights Act protected possession and conferred heritability of land to over 23 lakh out of 44 lakh claimants who are either specified Scheduled Tribes, or people who have lived in forests traditionally, relying on forest produce for at least 75 years prior to the cut off year of 2005. But over 20 lakh other applicants who could not establish their claim through gram sabhas and appellate authorities have now been ordered to be evicted by July 12. The 17 State governments which have been asked to carry out the evictions must respond by quickly determining whether there were procedural lapses that deprived applicants of due process, notably in making appeals. This process may take time, more so in an election year, and the sheer scale of action required would necessitate an extension of the eviction date. In the ideal scheme, as the Forest Rights Act envisages, forested areas and their biodiversity will be protected by communities, with individuals taking forest produce only for sustenance and livelihood. Such an approach is at odds with the colonial paradigm of forests being treated as a resource run by an opaque bureaucracy that replaced precious old growth trees with monocultures such as teak. Anger and frustration may have prompted Sri Lankan protesters to storm Gotabaya Rajapaksa official residence. But the bottom line and the lesson from recent history like the Arab Spring countries where civil strife has abated is that Sri Lanka needs a functional government to get its act together, conduct negotiations with IMF and major nations, and restructure the economy to make it viable again. Continuing anarchy could lead to agencies and friendly countries interested in Sri Lanka revival developing cold feet. Abhorrent actions like setting PM Rail Wickremesinghe private home on fire don help the Lankan cause. Wickremesinghe had accepted an unenviable job, betting that his credentials could help smoothen negotiations and expedite lines of credit. Obviously, Lankan people have lost patience and.

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Many people felt worried when a government official said that having an Indian passport does not automatically prove that someone is an Indian citizen. This sounds surprising because most of us think a passport is the strongest proof of being Indian. The official was technically correct. A passport is mainly a document that lets people travel to other countries. In some special cases, even people who are not Indian citizens can receive certain types of Indian passports. Courts have also said a passport is insufficient to prove citizenship. The bigger problem is that India does not have a single document proving citizenship for all. Instead, people may need different papers, such as birth certificates, family records, or other government documents. This can be difficult because many Indians, especially poorer people, do not have all these papers. Some documents may have been lost, damaged, or never made in the first place. Even getting an old birth certificate can sometimes be very difficult. People worry that if one document is not accepted, they may be asked for more and more proof. What if someone has proof that they were born in India but cannot find documents showing where their parents were born? What if those records no longer exist? No one is being asked for such documents now. The official's statement was not wrong. But the government should understand why many ordinary people feel anxious. Most people who think of themselves as Indian citizens want to know that they will not one day have to struggle to prove it. Yes, passports alone don't prove citizenship. But the government must understand why there's general anxiety. An MEA official's response that an Indian passport is not proof of citizenship, to a question on a passport-holder's exclusion from SIR, has created both uncertainty and anxiety. Understandably so there's been a lot of chatter about the citizenship issue. What the official said is correct. The passport is the primary document for international travel. And, yes, there are various categories of passports, one of which may be issued to non-Indians in select cases. Also true: Bombay HC's 2013 judgment was clear that a passport by itself is not proof of citizenship. The fact is India has no single citizenship document. And attempts at building a National Register of Citizens have, unsurprisingly, faltered. Proving citizenship through documents is a complicated affair. This is not only because India is a document-scarce country, but also because how citizenship should be determined was mostly allowed to be a flexible process. This was by design, given the range of peoples that call India home. The original idea of citizenship presumed most people residing in this country are citizens, unless there was clear and present evidence to suggest otherwise. But, for some time now, this view hasn't found favour with the official approach. There's a problem with that. In the accelerated push for document-based determination of citizenship, and with the relevant law going through multiple amendments, in 2003, 2015, 2019, and 2025, citizenship has become a status that depends not only on possessing documents but on possessing the right documents that fit changing legal criteria. One of these is legacy documents. For example, can proof of birth in India be considered evidence of citizenship, without proof that one of our parents was also born in India? If the answer is no, then the sarkari solution will be: get proof that your mu

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their birth certificate getting it out of the relevant municipal authority is a Kafkaesque ordeal. And, as some have pointed out, what's to prevent an official from asking where your grandad and grannie were born? None of this is happening now. Neither was MEA wrong. But the government must ask itself why many people who call themselves Indians in utterly good faith, are getting increasingly apprehensive about the citizenship question. And Odiya consciousness before this decade and present in certain aspects, including financial, political, cultural, administrative, and infrastructural development. At present, there is a discernible change. Notably, the President of India hails from Odisha, marking a historic point for the state. Leaders from Odisha hold three to four crucial portfolios, including Oil and Petroleum (earlier), Education, Railways, Skill Development, and Tribal Development. This reflects a newfound confidence in Odiya leaders to the point that they are even given multiple portfolios. Culturally, symbols such as the Konark Temple and its wheel have been showcased globally, particularly during the G20 meeting, reinforcing Odisha's cultural significance. The Odiya community in Delhi also celebrates events like 'Odisha Parva' and 'Nuakhai' on a large scale, showcasing community pride in the present decade. The perception of Odisha and its people at the national level has undergone a positive transformation, fostering a new sense of pride and Odiya consciousness. This change is promising for two primary reasons: it acknowledges long-overdue recognition for Odisha. Secondly, it highlights the benefits to the nation as a whole when competent, honest, and progressive individuals take on important responsibilities. Nonetheless, it is essential to recognise that this enhanced recognition hasn't come about by chance. Factors and individuals behind these advancements deserve appreciation for their sincere efforts in elevating the image and consciousness of Odisha. TOI News - June 26, 2026 Good governance 101 India's top government officer has given some useful advice to other civil servants. He says that when officers retire after 30 years of work, they should be able to look back and see 30 years of learning and improvement, not the same one year repeated 30 times. This is an important reminder. Civil servants help run the country, and when they refuse to learn new things or change old ways of working, the country suffers too. India is often slowed down by outdated ideas, rules, and government systems. But improving things does not always require big, dramatic changes. Government officers usually cannot make huge changes on their own. Instead, the cabinet secretary says they should focus on doing everyday tasks better, little by little, year after year. This idea is similar to 'Kaizen', a Japanese philosophy that helped Toyota become one of the world's biggest car companies. Kaizen means good change and is all about making small improvements all the time. For example, if the same exam paper gets leaked again and again, it shows that nobody has learned from past mistakes. In a Kaizen system, people keep asking, How can we do this better and more efficiently? Another important idea is 'Gemba', which means going and seeing things for yourself. Government officers should see firsthand how crowded Mumbai's trains are or how poor women may spend hours every day just collecting water. Seeing problems up close helps people understand them b

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Want results immediately. The July 9 protests, coming exactly two months after the May 9 violence that unseated Mahindra Rajapaksa, are a warning to political parties to stop bickering and brainstorm the next course of action, including a unity government and fresh elections. Negotiations with IMF must cross the hurdle of all creditors including China, which accounts for 15% of Sri Lanka external debt, agreeing to debt restructuring. As its nearest neighbor, India must keep generously helping in cash and kind. With inflation topping 50% and the Sri Lankan rupee crashing to 350 for a dollar, food and fuel shortages will worsen without a government in place. Sri Lanka strategic location in the Indian Ocean, through which a busy international shipping route also passes, must stir other nations also to offer more aid to the embattled country. Prudent rainfall management can help it through withering summers and weak monsoons. A white paper with a full assessment of these wetlands and their storage potential should be a priority for the State Sustainable Water Security Mission. The Sustainable Development Goals framework provides a roadmap to storage potential this new era. But progress in poverty reduction, greater equality, better nutrition, universal education and health care, needs state support and strong civil society institutions. Making agriculture remunerative and keeping food prices stable are crucial to ensure nutrition for all. India is set to become the most populous nation. For its leaders, improving the quality of life for its people will be a test of political will. Deepening storage in the four major reservoirs must get priority. Such a project must quantify the approach of installing increase in storage and set an early deadline of a year. These measures can harvest the bulk of the rain in a good year, and prove superior to the firefighting approach of installing expensive desalination plants and bringing small quantities by rail from another district. Tamil Nadu made rain water harvesting mandatory quite early, but failed to follow it up with an institutional mechanism to help citizens implement it. The government should give monetary incentives to NGOs, as NITI Analog proposed in its Water Index report, to encourage them to install systems and show quantifiable recharge outcomes. On the consumer side, devices and practices to reduce wastage should be promoted, especially on commercial premises. Droughts are bottlenecks for profit, and several actors have developed a vested interest in transferring water to the city at high cost. Long term solutions can end this cycle. Not too long back Sri Lanka was South Asia brightest spot with high human development indices. But economic mismanagement threatens a regression, with schools shutting last week, and hospitals running out of medicines and supplies. Already, a chunk of shipping business is shifting to Indian ports as containers are wary of stopping in Sri Lanka. Austerity measures accompanying an IMF bailout will not be popular in a country spoon fed on a steady diet of populism. However, there no other course left but belt tightening and.

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In this digital world, with data and AI almost omnipresent, data protection is the most obvious and difficult challenge. A conundrum that Governments and Private entities alike are handling with varied impact. At the very heart of this challenge, we must envisage every individuals data as an extension of their dignity. Protecting personal data has almost become as elusive as the mystical unicorn. But in essence, it is more about preserving human dignity and respecting privacy in the world that influenced and based on digital as everyday living. The words of Mahatma Gandhi, a nation greatness is measured by how it treats its weakest members, resonate as the core principle of how personal data must be treated. In the modern society, how we treat personal data, would reflect the respect the society holds for its citizens. Thanksgiving is a time to be grateful for the immense blessings in our lives. We must first and foremost, give thanks to the One who brought creation into being. The Divine unseen hand supports us every moment of our lives, and for this, we must be grateful. We need to be thankful to the Almighty with every breath in this human existence. It is only because of His grace that we have this human birth a golden opportunity for our soul, which has been separated from its Source for eons, to extricate itself from the wheel of transmigration and return to God abode. Second, we should be thankful for the grace and guidance we receive from our spiritual masters so that we can fulfil the purpose for which God bestowed this human existence on us. We must show our gratitude for gains we receive in the spiritual arena, which positively impact every other aspect of our lives. Pain and suffering are a part of being human. Each of us has to go through the ups and downs of life dictated by our karmic inheritance. Yet, spiritual masters dedicate their lives to relieving the suffering of humanity. They come to address the needs of times, and give of themselves, selflessly, with no concern for their own well-being, so that we, souls in their care can be guided towards the Light of God. In the universe of personal data access and storage, governments would be the largest custodian of such a treasure trove. This aspect puts the onus of accountability of protecting such data, on the State. In light of data security concerns, in instances where citizens data are at risk, the accountability of the governments and their public institutions are in question. The foundation of citizen-to-State relationship is essentially based on trust. It can erode rapidly when accountability of the state, especially around privacy and dignity, falters. The Indian government and its various affiliated institutions are subject to the Digital Personal Data Protection DPDP act. The DPDP Act has many positives. It demands high responsibility, from both the government and private entities. The main provisions of the act essentially require all organisation's that collect and process data, referred as Data Fiduciaries, to secure clear and prior consent from the individuals before collecting their data. This would ensure that the data be processed only for specified purposes and stored only for the necessary and the sufficient duration of such a need. This act, enforces the rights of the individuals, including the right to access their personal data, correct and erase it. As with any new law, the implementation and sustainable success of the original purpose of the act wo

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The Act cannot function in isolation. This act should be seen in conjunction with the regulatory guardrails and the laws that would revolve around artificial intelligence. The reality is that data governance and AI governance are intertwined, also because both of them struggle at this point in time, with similar if not more ethical, privacy, bias risks. Ensuring reputation of an individual will have to go along with balancing data security. As India uses and generates more data in the years ahead, privacy violations and concerns are also expected to increase in scale, size and complexity. As Albert Einstein wisely stated, the problems that exist in the world today cannot be solved by the level of thinking that created them. Regulations reggae with Technology One of the fundamental differences, the current digital era poses is the randomness and mind-numbing acceleration of emerging technologies compared to the previous industrial revolutions. The current emerging technologies like AI, Internet of things, quantum computing have brought so much of machines into human lives. These machines know more about humans as data sets, as we have simply allowed all data points to be gathered, without knowing the vulnerabilities of how those data could be misused. The innovation so far and commercial affordability and access of such innovations allow us to even remotely manage homes, track various of our health parameters in real time basis, thus generating gigabytes of personal data on a regular basis. What most of us have not comprehended is the sheer amount of intimate information about individual lives that are available today to other individuals who do not necessarily have explicit permission to access such a data. It is often said that regulatory templates and legal safeguards lack behind technological innovations. This is exactly what is the urgent prescription that requires an agile, flexible governance model that would proactively address these privacy risks efficiently, and redress any citizen grievances. All this needs to be done, keeping in mind the necessity to continuously innovate with emerging technologies, as and when they are mainstreamed into our societies. The data users, be it the governments or the organisations, must demonstrate consistent integrity when it comes to data governance. As both digital literacy as well as societal literacy improves, one can expect more citizens to consciously ask how their data is being handled, but also expect answers out of the data users. In the Indian airports, we have the DigiYatra app that offers great convenience for passengers to enter the airport, access various levels of checks until they board the plane. Who owns this biometric data served in this app? How secure is it storage? Is the data used only for airport access or is the data vulnerable to commercial use by government or its entities or the private sector? These are the kind of simple yet existential questions that citizens would seek as digital literacy as well as digital activism increases. Leaders across policy and policy would increasingly face tougher questions that would involve nuances of data governance. How would the governments balance the strategic need for national security along with protecting personal data of its citizens? Who would be responsible when sensitive data is compromised within the state owned entities? We would also see more instances where State led data collection would happen in the interest and in t

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Cool temperate climes. Several early generation elders are believed to have passed away from frostbite during winters. Ms Leaf survived a tricky birth when she had to be incubated indoors. First adopted into the Rajghatta household from the home of Ruche Mena Sharma of Hamilton arrived with two siblings, one of whom passed away in the winter frost of 2020. Another was transferred to a neighbor in 2021 after Ms Leaf showed signs of abundant growth despite being left outside in the cold, unusual for a family that is brought indoors at the first sign of winter. In deference to sensitivities in phantom, the Rajghatta family is withholding graphic pictures of the tragedy. A date for a memorial service will be announced shortly. I had only a little time left adopted into the Rajghatta household from the home of Ruche Mena Sharma of Hamilton and I did want to waste it on god. This famous quote of French existentialist Albert Camus assumes exponential significance in these turbulent times of relentless sparring over religion and god. We seem to be wasting a lot of our time and energy on god and religion and killing each other. Christopher Hitchens was once asked by a leading American daily, whether he ever believed in miracles The ever witty Hitchens said that he fully believed in miracles because was it a huge miracle that humans had been killing their fellow humans and taking umbrage for a god they never saw and would never see That this is happening in the 21st century when the world is facing a legion of humongous issues like poverty, ecological imbalance, disparity, pandemic and global undernourishment is all the more strange. It time for every individual to sit and mull over the uncertainties that abound our lives and find solutions to them, rather than take god and religion so damn seriously. The Buddha summed it up so nicely, Care for the humans around. Your self sufficient god will take care of himself. Another notable decision taken by the council was the one to extend the tenure of the National Anti Profiteering Authority by two years, till November 2021. Further, the council increased the quantum of penalty that could be imposed by the authority on profiteering companies, from the current maximum imposed by of 25,000 to an additional 10% of the profiteered amount. Given that the government has increased the powers of the anti profiteering body, it would not be surprising if the body becomes a permanent feature under GST. This does not send a promising message to the business community ahead of the Union Budget, scheduled to be presented in Parliament on July 5. The anti profiteering clause assumes that government action is absolutely necessary in order to pass on the benefit of tax cuts to consumers, or else tax necessary cuts may simply end up adding to the profits of businesses. This is wrong. While businesses naturally try to profit from lower taxes, the forces of adopted into the.

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Rajghatta household from the home of Ruche Mena Sharma of Hamilton competition make sure their profit margins are driven back down to normal. The alternative of having a bureaucracy to deal with the issue makes profit look like a bad word, and encourages rent seeking by corrupt authorities. Although GST collections have been encouraging in the past couple of Although GST months, monthly tax collections have largely been modest since the introduction of the tax regime in mid 2017, failing to meet the government own targets most of the time. But such caution may not help the larger cause of the economy, which urgently needs a boost in some form. A significant cut in rates could have sent out the strong signal that the NDA government is serious about pushing through serious pro growth reforms during its second term in office. The second part of the Buddha quote is more fascinating your self sufficient god will take care of himself. If the entire mankind understands the import of this statement that god can protect himself, all these differences and bloodshed will stop forthwith. Once someone asked Jalaluddin Rumi, why did he react or curse a Jew who constantly abused Allah On the contrary, Rumi used to smile when that vindictive Jew abused the Almighty. Rumi again smiled and told that person that had he reacted, he would have provoked the Jew to abuse Allah with a greater degree of intensity and also given him the impression that his Rumi Allah was so helpless that he needed a mere mortal help and intervention to protect Him. That would have been ridiculous, nay juvenile. No reaction is the best action in the matters of faith and a sense of dignified silence is an ideal remedy in such volatile situations. This is what we call spiritual wisdom. Now followers of all the man made faiths have begun to react and react violently at that. Every follower seems to have become a self styled custodian of his religion. What we all can is the best action in the matters of faith and a sense do to avoid any kind of religious confrontations is follow Rumi recipe in Toto No reaction. The more we react, the more we flare up the situation. We also need to have much more religious maturity. Aldous Huxley called humans, religious pygmies and spiritual dwarfs. A spiritually enlightened individual is never impulsive. He, in the words of British Vedantic Christopher Isherwood, an ocean of religion spiritual placidity. Where that religion spiritual placidity and calmness in today violent humans It, therefore, time to introspect that religion is a private issue and every individual has a moral responsibility to follow his god and faith in a divinely dignified manner without resorting to hooliganism. To sum it up with an Urdu couplet of Rahul Shikarpuri, Tanha chhod de Khuda ko, mazhab ko samajh Tashaddud ko aqeeda nahin kahte, mere dost Leave alone god, understand religion Don mistake violence for faith, my dear friend.

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Limited, saw a substantial penalty of Rs. 15,00,000 for alleged misutilization of the funds of credit balance of clients for own debit balance clients, failing to incorporate the proper nomenclature Client Account in the name of the bank account maintained for the clients funds, and not maintaining segregation of client funds. What adds to the controversy is the stark contrast between the amounts of misutilization reported and the corresponding penalties imposed. For instance, Systematic Shares & Stocks Limited for alleged misutilization amount of Rs. 62.45crore was subjected to a penalty of only Rs. 15 lakhs. On the other hand, Nirmal Bang Securities Private Limited alleged misutilization amount ranged from Rs. 3.89 core to Rs. 57.2 core, but they were fined a hefty sum over. 30 lakhs. Similarly, Motilal Oswald Financial Services Limited misutilization amounts varied from Rs. 5.01 core to Rs. 102.06 core, where the fine imposed on them was only Rs. 17 lakhs. In the case of IIFL Ltd. (India Info line), the penalty took an unconventional approach as they were not subject to a monetary fine but rather faced with a two-year ban on client onboarding. This unique punishment further adds to the complexity of the situation, leaving the markets unable to fathom on SEBI rationale behind such decisions. This apparent dissimilarity and disparity in penalties raises concerns about the fairness and consistency of decision-making process. The doctrine of proportionality is a fundamental principle in the adjudicatory proceedings. It requires the assessment of the gravity of an offense to be based on established principles and guiding factors provided by relevant statutes or developed jurisprudence. For instance, under Section 15J of the SEBI Act, 1992 and Section 23J of the SCRA (Securities Contracts Regulation Act, 1956, specific factors such as disproportionate gains or unfair advantage, amount of loss caused to the investors and the past history of defaults are mandated to be considered in determining penalties. Moreover, in the context of penalties imposed by regulatory bodies like SEBI, if different entities or individuals are subjected to significantly dissimilar penalties for similar or near similar offenses, it can be construed as a violation of the principle of equality enshrined in Article 14. The equal protection clause mandates that all individuals and entities must be treated equally under the law, and any discrimination, either in favor of or against specific parties, would be unconstitutional Transparency and accountability lie at the heart of an effective regulatory system, and the Securities and Exchange Board of India (SEBI) must be seen as aligned with established legal principles and the constitutional mortality of equality. However, achieving these goals necessitates striking a balance between rigorous enforcement and miss discriminatory treatment. The required approach leaves little room for subjective interpretation and necessitates reducing the likelihood of inconsistent enforcement decisions. Consistency in enforcing regulations is paramount. All similar offenses should incur comparable penalties, irrespective of the entities or individuals involved. Such a practice instills confidence in the fairness and predictability of SEBI enforcement actions. The inability to get along with each other is a facet of human condition. The Kauravs could not get along with their Pandav cousins over who should rule the kingdom of Hastinapur. T

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Rajghatta household from the home of Ruche Mena Sharma of Hamilton competition make sure their profit margins are driven back down to normal. The alternative of having a bureaucracy to deal with the issue makes profit look like a bad word, and encourages rent seeking by corrupt authorities. Although GST collections have been encouraging in the past couple of Although GST months, monthly tax collections have largely been modest since the introduction of the tax regime in mid 2017, failing to meet the government own targets most of the time. But such caution may not help the larger cause of the economy, which urgently needs a boost in some form. A significant cut in rates could have sent out the strong signal that the NDA government is serious about pushing through serious pro growth reforms during its second term in office. The second part of the Buddha quote is more fascinating your self sufficient god will take care of himself. If the entire mankind understands the import of this statement that god can protect himself, all these differences and bloodshed will stop forthwith. Once someone asked Jalaluddin Rumi, why did he react or curse a Jew who constantly abused Allah On the contrary, Rumi used to smile when that vindictive Jew abused the Almighty. Rumi again smiled and told that person that had he reacted, he would have provoked the Jew to abuse Allah with a greater degree of intensity and also given him the impression that his Rumi Allah was so helpless that he needed a mere mortal help and intervention to protect Him. That would have been ridiculous, nay juvenile. No reaction is the best action in the matters of faith and a sense of dignified silence is an ideal remedy in such volatile situations. This is what we call spiritual wisdom. Now followers of all the man made faiths have begun to react and react violently at that. Every follower seems to have become a self styled custodian of his religion. What we all can is the best action in the matters of faith and a sense do to avoid any kind of religious confrontations is follow Rumi recipe in Toto No reaction. The more we react, the more we flare up the situation. We also need to have much more religious maturity. Aldous Huxley called humans, religious pygmies and spiritual dwarfs. A spiritually enlightened individual is never impulsive. He, in the words of British Vedantic Christopher Isherwood, an ocean of religion spiritual placidity. Where that religion spiritual placidity and calmness in today violent humans It, therefore, time to introspect that religion is a private issue and every individual has a moral responsibility to follow his god and faith in a divinely dignified manner without resorting to hooliganism. To sum it up with an Urdu couplet of Rahul Shikarpuri, Tanha chhod de Khuda ko, mazhab ko samajh Tashaddud ko aqeeda nahin kahte, mere dost Leave alone god, understand religion Don mistake violence for faith, my dear friend.

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It is precisely to deal with this well understood human frailty that laws and constitutions were devised. Laws are not written to force people to get along with each other. Rather, they usually provide a way out of the impasse that both sides can live with, even if they can scarcely live with each other. But even for this to work, laws assume a modicum of civility between the hostile parties, a good-faith understanding that the rules of the game would not be changed as the game is being played. The Pandas and the Kauravs dutifully put down their weapons at sunset each day, come what may. The laws of war expected this behavior and they were respected. It is nearly a month since the video of two Manipuri women sexually assaulted and paraded naked went viral. The brutality happened on May 4. But the state and Centre stepped in only after a public uproar over the video on July 19. This week the Supreme Court that had earlier described the situation as horrendous and of unprecedented magnitude appointed former Mumbai police commissioner Dattatreya Padsalgikar to monitor the CBI probe on incidents of sexual violence. It also set up a panel of three former high court judges headed by former J&K HC chief justice Gita Mittal to look into relief and rehabilitation. Though the apex court has taken note, Manipur continues to burn. At last count the state administration said there were 6,523 criminal incidents that had occurred. Since the first incident of sexual assault, multiple accounts of gang rape, gender violence and murder have come to light. The debate in Raja Sabah on Monday over the Government of National Capital Territory of Delhi (Amendment) Bill witnessed an unusual intervention. Ex-CJI Ranjan Gogoi while making a case for the bill questioned the basic structure doctrine that limits the legislature power to change core features of the Constitution. It been noted that this was at odds with his view on the subject when he was a Supreme Court judge. It 50 years since the Kesavanada Bharati verdict introduced the basic structure. The pushback however continues. Basic structure is best understood as a non-negotiable aspect of the checks and balances in a parliamentary democracy. It a balancing instrument that works by drawing boundaries. Invocation of basic structure is never abstract. For example, a constitutional bench used it in a verdict delivered in May on the division of powers between GOI and Delhi government. The verdict said that democracy and federalism are a part of the basic structure of the Constitution. How does it work in practice? According to the constitutional bench, a triple chain of accountability is the framework that gives effect to democracy. The chain comprises bureaucracy, a government and a legislature, which emerges after a popular mandate. Consequently, the case went in Delhi government favour. Political parties have not always been accepting of limits on Parliament powers to amend the Constitution. In the 1971 general election, two years before the Kesavananda Bharati case, quite a few parties in their manifestos wanted changes that ensured that Parliament powers to alter the Constitution was subject to judicial restraint. However, over time, all major political parties have been supportive of the basic structure doctrine. Over five decades, its essentiality has been accepted by all stakeholders. But there are and will be skeptics. Some of it stems from judicial overreach and the fear that the basic structure can

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The 2019 Lok Sabha elections, closely followed by the Maharashtra assembly polls gave a resounding mandate to the BJP Shiv Sena alliance. The polls were fought with pictures of Prime Minister Narendra Modi and then Chief Minister Devendra Fadnavis making it to billboards in every constituency during campaigning. Candidates from both parties touted the success of the double engine sarkar which saw an accelerated pace of development, iron hand grip on law&order and a strong focus on Hindutva. In the crowd puller rallies even the ones attended by Uddhav Thackeray, the Central BJP leadership promised that if voted back again, Maharashtra would get the dynamic duo of Modi and Fadnavis back to run the government for yet another term. However, as soon as the results were announced, Uddhav Thackeray usurped the Chief Ministership cobbling up an unnatural alliance with the NCP and Congress, on Sharad Paxar, Sonia Gandhi and Sanjay Rout prodding. Hefty, premium portfolios went into NCP and Congress kitty and soon Uddhav Thackeray and his son Adyta found themselves as mere placeholders, with their allies really running the show. Prior to 2014, for three terms Maharashtra had seen what an NCP Congress government looks like the frequent terror attacks, unapologetic corruption and no consideration whatsoever on enhancing the quality of life for the common man. In 2014, voters finally butted them out. They replicated their mandate in 2019 but were backstabbed by power hungry politicians. Once again, Maharashtra growth came to a screeching halt as old timers like Paxar and the Congress knew very well that the alliance was going to be short lived and focused on milking the cow, exploiting it to their benefit to the fullest. Mahan Visas Agadir MVA alliance, formed singularly to grab power with no real vision for the growth and development of Maharashtra, had no aspirational projects which would propel the state towards an upward growth trajectory. As a result big ticket projects essential for manifold growth were put on the back burner. The Mumbai Metro project was stalled with Uddhav Thackeray refusing to allocate the Supreme Court approved land in Aare to build the crashed, leaving people reeling under the menace of increased traffic due to stalled metro constructions on essential arterial roads of Mumbai. While most work on the Samruddhi corridor connecting Mumbai to Nagpur, reducing travel time between the two cities to half, was initiated during Fadnavis term, the Thackeray government inched at snail speed towards completing even the first phase of the project. The Navi Mumbai airport too which was conceptualised two decades ago and finally saw light of day during Fadnavis tenure was once again pushed to the back burner by the MVA. The Mumbai Ahmedabad bullet train, the first of its kind in India, saw many delays since the MVA refused to speed up land acquisition required for land allocation in comparison Gujarat has already completed the land allocation process required for the construction to begin. As a result, several financiers, international capital funds and banks.

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Who had committed to jointly finance these projects developed cold feet and began to pull out of contracts. For instance, recently, owing to the lack of total political will in completing the Mumbai metro on time resulting in infinite delays, French mobility firm Bombardier Transportation revoked their deal to supply coaches for the Mumbai Metro Line Within months of the MVA formation, the COVID pandemic hit. Uddhav Thackeray remained caged into his home throughout the two years of the pandemic. The fact that he refused to tour Maharashtra to inspect the state of affairs and only relied on some yes men for ground updates was disturbing. Adyta too seemed much uninterested in any matter outside of Mumbai. As a stark contrast, Fadnavis was seen frequently jetting across districts one after the other, making his way to rural towns and several government hospitals. Most pandemic management was outsourced by Uddhav Thackeray to bureaucrats like Iqbal Chahal and the Maharashtra Covid 19 Task Force, with him making no meaningful contributions. There are reports that the tracking and attention to genomic surveillance was so weak that when the Delta wave originated it was only when doctors in Amravati began to complain of odd symptoms, did the government wake up to the possibility of a mutated variant. Blatant corruption in procurement of materials and tools required for pandemic management and construction of Jumbo hospitals made news very frequently. People began to get fed up of such a non performing government, especially one they hand elected. The frustration began to show in local polls where Shiv Sena candidates lost ground support, to NCP and Congress advantage. To make matters worse, Uddhav Thackeray remained inaccessible to MLAs of his own party, unwilling to pass on funds to them for development work in their respective constituencies while happily funding the NCP Congress MLAs. NCP Congress ministers too seemed to be quickly clearing files they had vested interests in. The Sena MLAs began to feel slighted, cheated and all in all extremely unhappy with the new power structure. They began to see how Uddhav Thackeray bent over backwards to keep Sharad Paxar and Sonia Gandhi in good humor while compromising on Balasaheb ideals at the cost of Sena own dignity. Sena MLAs finally saw through the fog that their party built with theirs and Balasaheb sweat and blood was put on a path of self destruction by Balasaheb own family. With water way over their heads, they revolted, pulled off a coup. They realised that Uddhav Thackeray Sena and the MVA had lost people confidence. While it would take decades to reverse the damage done to the party over the past two and a half years, the first step would have to be to respect the original mandate of the people and deliver the governance that was promised. It a momentous Monday for the AIADMK. With the Madras high court on Monday allowing the party general council meeting, Edappadi K Palaniswami has moved closer to being anointed the.

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Life is not determined by what happens to us; it is determined by how we respond to what happens. The quality of our life depends on the quality of our mind. A positive mind creates opportunities, joy and growth, while a negative mind creates suffering even in the midst of abundance. To explain this simple truth, I often use the example of a bee and a fly. Observe a bee carefully. It goes from flower to flower, collecting nectar. As it moves, it performs crosspollination and contributes to nature's growth. Bees seek beauty, scent and sweetness. It is naturally drawn towards what nourishes life. Now look at a fly. A fly may sit on a flower for a moment, but very soon it flies to a gutter. From there, it may go to food offered in worship and return to another dirty place later. It carries impurity wherever it goes. The fly is attracted not only to what is beautiful but also to what is filthy. Many human minds behave like flies. A person may say, 'My children are loving, my friends support me, my work is going well, but my mother-in-law is difficult,' and then the whole mind is occupied with that one negative aspect. When you constantly focus on what is wrong, your energy is drained. You become a prisoner of your own thoughts. Negativity becomes a habit, and gradually you lose the ability to appreciate blessings around you. This is the fly mentality. It keeps moving from one complaint to another, from one criticism to another, from one wound to another. The bee mentality is different. A bee does not deny the existence of dirt, but it chooses to seek nectar. Similarly, a wise person does not ignore problems but focuses on possibilities. Even when an unhappy incident occurs, the bee-like mind asks, 'What can I learn from this experience? How can this challenge help me grow?' Every experience in life can become a teacher if you are willing to learn. Failures can teach humility. Criticism can teach selfawareness. Difficult people can teach patience. Losses can teach detachment. If you learn the lesson, even painful experiences become stepping stones for growth. A positive mind is not a mind that denies reality. It is a mind that chooses a constructive response. It is a mind that appreciates, learns, grows and moves forward. Such a mind attracts blessings naturally. When your mind becomes receptive, gratitude replaces complaints, wisdom replaces confusion, and peace replaces restlessness. Therefore, I invite you to examine your own mind. Are you behaving like a bee or like a fly? Do you spend your time appreciating the good in people, or do you constantly search for faults? Do you learn from challenges, or do you become trapped in them? Answering those questions will determine your quality of life. Let us cultivate the bee's attitude. Let us search for goodness, beauty, wisdom and opportunities in every situation. When we develop such a mindset, we discover that positivity is not merely a way of thinking, it is a way of living. Reimagining education in India: Why shifting narratives matters Suchitha Balasubramaniam is the Lead Narrative Building at Bangalore-based nonprofit organisation- Dream a Dream. India's education ecosystem stands at a critical crossroads. While conversations around access, infrastructure, employability, and academic outcomes continue to dominate public discourse, there is a growing recognition that the deeper crisis in education is not merely structural, it is narrative. Today, the narratives about success, intelligence

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even the emotional wellbeing of young people. If we want meaningful transformation in education, reforming systems alone will not be enough. We must also transform the language, assumptions, metaphors, and cultural narratives that hold those systems in place. Narratives are powerful because they shape what societies collectively believe to be true, valuable, and possible. They influence not only individual behaviour but also institutional priorities. In India, dominant educational narratives have long been rooted in scarcity, competition, obedience, and achievement. Success is often narrowly defined through marks, ranks, entrance examinations, prestigious careers, and economic mobility. Schools are expected to produce high performing individuals rather than emotionally healthy, socially conscious, and adaptable human beings. These narratives are deeply embedded not only in educational institutions but also in homes, media, workplaces, and social expectations. Parents internalise them. Teachers reinforce them. Policymakers measure them. Employers reward them. Young people absorb them into their identities and self worth. The consequences are visible around us. Fear often drives learning more than curiosity. Burnout is normalised. Emotional wellbeing is treated as secondary to performance. Creativity is pushed to the margins. Young people grow up carrying the burden of constantly proving their value. The cost of this system is not merely academic, it is deeply human. Student mental health concerns continue to rise, and stories of anxiety, stress, isolation, and hopelessness are increasingly common. Behind every statistic is a young person trying to navigate expectations that often leave little room for failure, exploration, or self discovery. When education becomes synonymous with performance, many young people begin to believe that their worth depends on their outcomes. This is why narrative change has become central to the future of education. Shifting educational narratives does not mean rejecting ambition or lowering standards. It means expanding our imagination of what education can enable. It means asking different questions. What does it mean for a young person to truly thrive? What capabilities will future generations need in an increasingly uncertain world? How do we prepare children not only for jobs, but also for relationships, citizenship, purpose, and resilience? What if success was measured not only by achievement, but also by wellbeing, adaptability, empathy, agency, and a sense of belonging? Changing narratives requires introducing new language into the ecosystem. Language matters because it shapes how people think. For decades, educational discourse in India has revolved around concepts such as performance, competition, discipline, merit, and excellence. While these ideas are not inherently harmful, they become limiting when they dominate the conversation entirely. The education ecosystem now needs a vocabulary that reflects the realities of a changing world. Terms such as wellbeing, thriving, agency, belonging, curiosity, resilience, life skills, emotional safety, and human flourishing must move from the margins into mainstream discourse. These are often dismissed as soft; concepts, yet they are increasingly recognised as essential capacities for navigating complexity, uncertainty, and rapid change. A narrative shift also challenges deficit based assumptions about young people. Much of education continues to frame childr

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General Secretary of the party. Happy as he may be over his ascension, EPS will be worried about something else the Supreme Court hearing his petition challenging a Madras high court order asking the CBI to inquire into allegations of corruption in awarding contracts in the state highways department. The outcome of the general council meeting will not be the end of EPS efforts to rise to the helm once occupied by such icons as MGR and J Jayalalithaa; it will be the beginning of another legal wrangle in courts and before the Election Commission of India. Party posts, the party constitution and its election symbol will all be bones of contention. For now, however, EPS is winning. And his party is losing. EPS had successfully followed some Chanukah tips to emerge the strongman within the party. And those included using mitra friend and vriddha sanyoga elders advice, besides patience, benevolence and timing. On the night of Jayalalithaa death, EPS was hopeful of being named her successor, but maintained a peaceful silence when the job went, again, to two time standby OPS. The Salem man waited patiently for the conflict between Sasikala and OPS to reach a flashpoint and, almost obediently, took up the job of the chief minister when asked to. When the verdict in the disproportionate assets case came, Sasikala went to jail and EPS went to Fort St George. Once in the saddle, he started winning over friends from the other side to isolate Sasikala and get even his rival OPS to be his lieutenant. EPS employed a curious combination of fear and favor to keep his flock together and his place intact. He made hay and let everyone in his company do the same when the sun shone. Road projects were sanctioned with gay abandon. Contractors smiled, politicians laughed all the way to the bank. It worked for EPS. And, when the party lost power, he made sure he did not cede the post of the leader of opposition to OPS. For, he knew the party post is something that he can reclaim, especially when OPS was tightening his purse strings. The timing worked, as the mood in the party general council shows. Today, EPS is the strongest in the party, but is the party as strong Ironically, the three groups or is it four claiming to work to strengthen the party have kept AIADMK traditional sympathisers not the diehard supporters of EPS, O Panneerselvam, V K Sasikala and T V Dhinakaran who have made their allegiances clear confused and disheartened. EPS has an unassailable majority in the top executive council and the all powerful general council, but only a referendum involving all the primary members of the party would validate the real strength of the contenders for the top post. In the late 1980s, after MGR death, the party survived a split because Jayalalithaa showed grit and employed her charisma to bring around virtually everyone from the rival faction to rebuild the party around her.

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The economic crisis in Sri Lanka has engendered a mélange of complex, seemingly sophisticated analyses around populism, illiberalism, majoritarianism, social harmony or the lack of it and how they militate against sound policymaking. With the inevitable undertone that India should be careful about falling into a similar trap. But that just does hold. The key factor in the Lanka crisis is structural weakness in the economy, which made a crisis like this a matter of when rather than if. Anti liberal political posturing had nearly no role. If anything, Lanka adopting some of the most treasured liberal causes may have exacerbated the crisis A rare experiment in Indian politics a party jointly run by two leaders ended with Edappadi K Palaniswami seizing control of AIADMK and expelling O Panneerselvam. The duo, EPS and OPS, respectively, had commenced the arrangement in 2017. EPS as Tamil Nadu chief minister and party co convener and OPS as deputy CM cum AIADMK convener had joined hands to oust an imprisoned VK Sasikala. She had taken over the party leadership following Jayalalithaa death in 2016 but a four year jail term commencing in February 2017 led to the reins slipping away from her hands. The twists and turns in AIADMK have few parallels in Indian politics. Both OPS and EPS were one time favourites of Sasikala. Now down and out OPS was the first choice for the CM post when Jayalalithaa was on her deathbed as he was her handpicked successor on two occasions when she stepped down. But it is dark horse EPS who has shown better realpolitik sense in the three cornered struggle. After ousting Sasikala, EPS strengthened his control over the government and then clinically marginalised OPS by wooing his loyalists. But if history is any precedent the game of thrones for AIADMK top post is over. The executive committee and 2,000 odd strong general council comprising leaders and office bearers may have spoken but OPS can still test his strength among the cadre. In 1989, this was how Jayalalithaa clawed back after the post MGR AIADMK split, with most of the then seniors siding with MGR widow, Janaki. But then again neither EPS nor OPS has Jayalalithaa charisma and the cadre could still be restive that the party lacks a leader with a cult following for the first time in decades. New caste or regional divides could emerge in this situation. OPS joining hands with Sasikala, both being Thevars, may dent AIADMK social base. AIADMK weakening would suit DMK in the short term. But DMK will equally worry about what political forces will occupy opposition spaces vacated by AIADMK. Palaniswami reputation as an effective administrator may have helped AIADMK perform credibly in its 2021 defeat. But Jayalalithaa could storm back to office every time she was in the opposition: AIADMK will expect the same from its new supreme. Can EPS, who is also leader of opposition, match up His detractors, expelled but not silenced, are certain to play up this big.

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It is another matter that she was adding to the instability of the party foundation every time she chiselled the party into a monolith, not bothering to think of its future after her. None of the present day contenders has that stature. Chennai aspirations to grow into a global economic hub appear considerably weakened as it struggles to find water. The shadow of drought from 2018 has stretched into the torrid summer this year, evaporating not just the city reservoirs, but the prosperity of its residents who are forced to hunt for tankers, pay bribes and spend hours even at night waiting for trucks to dispense some reservoirs, but water. Ironically, Tamil Nadu capital, which in a normal year gets anything between 1,300 mm and 1,400 mm of rainfall, has been laid low by the indifference of successive governments. That residents are now given minimum piped water and meagre tanker supplies totalling a third of the installed capacity of 1,494 million litres a day, that too mainly from desalination plants, faraway lakes Kancheepuram and farm wells, is proof of the neglect of water governance. Yet, even searching questions posed by the Madras High Court to the AIADMK government have elicited only vague assurances on neglect of water governance meeting basic requirements and restoring 210 waterbodies to augment future storage, rather than a firm timeline. Chief Minister Edappadi K. Palaniswami was wrong to dismiss reports on water scarcity as an exaggeration, and he must end this business as usual approach. A time bound plan is needed to augment the resources in the Greater Chennai region encompassing the neighbouring districts of Kancheepuram Thiruvallur and Kancheepuram. This plan should be tasked to a Special Officer, to be framed by officials in consultation with credentialed experts in research and academia, and public comments Kancheepuram invited before it is finalised. Given the large base of tanks and reservoirs in Greater Chennai over 4,000 waterbodies of significance A tabulation of peace time gains and failures. However, a month ago everything changed. The Easter Sunday bombings have taken the country back to the time when tabulation terrorism was the dominant theme. This time, there is no real underlying cause to address; no group or organisation to talk to; and no tangible political tabulation tabulation terrorism grievances to redress. The serial blasts, executed by fanatical elements apparently inspired by the Islamic State, may be a flashpoint for a fresh round of inter ethnic and inter religious tension. Already there was some indication last tabulation terrorism week tabulation when Sinhala mobs attacked predominantly Muslim villages in waves, destroying property and threatening the people. Anti terrorism laws and emergency regulations are back in full measure. The biggest adverse fallout is that a new dimension has been given to inter ethnic suspicions that may deepen distrust among communities. As prospects of accountability for past crimes and constitutional reform recede, some tabulation sections, including the incumbent regime, may tabulation terrorism believe economic development may be enough to propel the country forward But.

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The way we live, work, and communicate has changed as a result of our globalised society. We now have the ability to connect, create, and exchange knowledge at a never-before-seen speed thanks to the digital revolution. It has boosted economic expansion, given people more power, and closed gaps between continents. But enormous power also comes with immense responsibility. The digital technologies have all contributed to a substantial spike in cybercrimes in India in recent years. Violent crimes such as financial fraud, data breaches, and cyber extortion are increasingly being committed online by unscrupulous individuals. India growing technical progress and increased digital penetration are reflected in the rise of cybercrimes in the nation. Although the increasing number of cases is concerning, it also emphasizes the need for stronger laws, more public-private sector collaboration, and increased funding for cyber security. Although the fight against cybercrime is far from done, law enforcement agencies have made tremendous progress in stopping cybercrime activity and making digital arrests. India has to keep improving its cyber defenses in order to shield its people and vital infrastructure from cyber-attacks in a time when practically everything in life is going digital. By forcing victims to live in isolation from society and not to notify the authorities, these new cybercrime strategies enable fraudsters to amass substantial wealth. However, victims may find it difficult to receive any type of assistance from law enforcement. To seek happiness outside ourselves is like trying to lasso a cloud. Happiness is a state of mind that must be lived. Neither worldly power nor moneymaking schemes can ever capture it. Mental restlessness results from an outward focus of awareness. Restlessness itself guarantees that happiness will remain elusive. True happiness is never to be found outside the Self. Those who seek it there are chasing rainbows among clouds. Analyse, with an understanding born of introspection, the true nature of sense-pleasures. For even as you delight in them, don you sense in your heart a chilling breath of doubt and uncertainty? You cling to them yet know in your heart that someday they cannot but betray you. Closer scrutiny reveals that sense indulgence actually mocks its votaries. What it offers is not freedom but soul-bondage. The escape lies not, as most people imagine, down moss-soft lanes of further indulgence but up hard, rocky paths of self-control. A materialistic life tempts mankind with assurance but is consistent only in this: It never fails, eventually, to break all its promises. As a man allows himself to depend increasingly on circumstances outside himself for his physical, mental, and spiritual nourishment, never looking within his own source, he gradually depletes his reserves of energy. Possession of material riches, without inner peace, is like dying of thirst while bathing in a lake. If material poverty is to be avoided, spiritual poverty is to be abhorred. It is important to differentiate between your needs and your wants. Your needs are few, while your wants can be limitless. In order to find freedom and bliss, minister only to your needs. Stop creating limitless wants and pursuing the will-o-wisp of false happiness. The more you depend upon conditions outside yourself for happiness, the less happiness you will experience. Fostering the desire for luxuries is the surest way to increase misery. Do not b

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Lift the veil of illusive change and be established in your immortal nature. Enthrone your fickle consciousness on the changelessness and calmness within you, which is the throne of God. Let your soul manifest bliss night and day. Happiness can be secured by the exercise of self-control, by cultivating habits of plain living and high thinking, and by spending less money, even though earning more. Make an effort to earn more so that you can be the means of helping others to help themselves. What is the use of spending all one time on things that don last? The drama of life has, for its morality, the fact that it is merely that: a drama, an illusion. Those who think the play to be real and lasting weep through sad parts, grieve that happy parts cannot endure, and feel sad that the play must, at last, come to an end. The wise, however, see the drama for the utter delusion it is and seek eternal happiness in the Self within. To combat these offences, law enforcement organizations, especially the cybercrime cells, have had to ratchet up their efforts. In order to combat this expanding threat, the Indian government has likewise made major legislative, policy, and capacity-building strides. The latest cybercrimes and digital arrests in India will be discussed in this article, along with the trends, crime categories, high-profile cases, and technical and legal counter measures. From his patient urine sample and frozen it, I merely ask how he balances the dichotomy between his beliefs in gynecology and astrology. He says, Even as a man of science, I know that there are things that are beyond our understanding. Hoping that at least my premenopausal symptoms are within the realm of his understanding, I nod hastily and take my prescription. 6.15pm I spot a familiar mangy crow on the champ tree on my balcony. He looks exactly like a balding man waking up from an afternoon nap, with wisps of hair jutting out in different directions. I wonder what spotting the crow signifies. Human beings automatically organize information into recognizable templates, which is why we think we see an image of a monkey in the clouds and a woman holding a baby on the moon. We also try to make sense of events, both fortunate and unfortunate, that pepper our lives in random patterns. Holding on to superstitions perhaps gives us some sense of control over the vagaries of life. There is also enough research to show that the way placebos are sometimes as effective as medicine, our superstitions can also be helpful. Faith can be a source of support, but after a while you have to ask yourself if you are limping because of the pain or because of the crutch. Taken to extremes, it can be detrimental, like the recent case of a man who brought his wife to a plastic surgeon to get a line surgically etched onto her palm to enhance his own fortune. 8pm my sister comes over for dinner and seems miffed, so I try entertaining her by telling her about Prabha ji visit. his time, she suggested that I change my name. How do you think Kindle Khanna sounds? Prabha ji says it will bring me a lot of luck. Only if you are planning on starting a new career as a porn star, my sister replies. Ignoring her wisecrack, I continue, Yeah, I told her that the K magic clearly did work for Kamala. I do wish she had won for several reasons though, from her stance on abortion rights, and gun violence, to America getting their first woman president. But primarily because we could also get memes like Lotus becom

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Doubt ahead of this year Amaranth yatra, officials said they were preparing to host the highest ever pilgrim footfall and compared the arrangements they were making to those at the Kumbh Mela. Except, such an ambition in a glacier dotted region 3,888 meters above sea level is not as clear cut as at Prayagraj, which is at 90 meters. Friday deadly cloudburst was a tragic reminder of nature dangers in the mountains, particularly with IMD automatic weather stations unable to catch the highly intense and highly localised rainfall in this remote area. Reports say that the tents that were washed away after the cloudburst had been set up in a dry riverbed that was actually prone to flooding, to try to maximise the number of people who could be accommodated. The obsession with setting footfall records is costing lives. The Nitish Sengupta committee set up after snowstorms and bad weather killed 243 Amaranth pilgrims in 1996 had suggested a ceiling of 3,000 travellers in any of the sectors in a single day. But if the 8 lakh pilgrims that officials had planned for actually turned up this pilgrimage season, it would mean 18,605 a day. Collapsing hill stations also repeat this story every summer, with tourism far exceeding the carrying capacity and causing irreparable environmental degradation. Through our current approaches we can end up destroying the ecology, depositing garbage mountains on top of pristine ones. We will then deprive the next generation of the sublime experiences that have been ours. Not only is a well researched regulation of visitor inflows into India ecologically fragile tourist centers therefore imperative, it should be understood as preservation not prohibition. Amaranth yatra need not cost lives. The number of startups in India was not more than 400 in 2014. But this figure jumped to a whopping 70,000 by this year. This could not have been possible without PM Modi ability to make decisive policy decisions, including in no go areas of the past. The most striking example of the latter is the unlocking of the space sector Isro and opening it up to private players, which was unimaginable even a decade ago. The PM gave a momentous call for startup India Standup India during his Independence Day address from the ramparts of Red Fort on August 15, 2015, which sent a message down the line that the priorities of the government headed by him were witnessing a departure from the status quoist approach of the past. It is this enabling environment that has led to a vibrant startup movement across the country. I grew up in an age in the 80s and 90s when we had a pool of around fourteen cricket players from whom the One Day and the Test team would be selected, with some players like Robin Singh a specialist for ODIs and many a specialist in neither, selected for the reason Bengalis voted for CPI M in those days, because the alternative was even worse. Now the pool of players.

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Is about fifty. One of course understands the end goal of BCCI is to have multiple teams representing India playing in different formats at the same time, in the time they have left after IPL, thus creating a perpetual revenue generating machine, in the same way Indian IT companies worked out the offshore model of having engineers doing code development across the clock, in multiple time zones. After all if there is one thing the Indian cricket board understands it is cricket, sorry I meant money. But I wonder what it does for the players. Like young Arshdeep Singh having a great debut and not being in the next game, because the team management decided to not have him for the second game, even before he had played his first game. Now while benching your Java developer might not break their confidence, I wonder how the Uber Ola model of team selection affects sportspeople. Here you are with a good game on a bouncy pitch in Australia and maybe the next time you get to play is a year later in a dust bowl in Kanpur. How do you maintain the momentum, how do you stay in the zone It not all doom and gloom with the selection though. Some of the megastars get to rest when they want to conserve their joints and muscles, unless it the IPL which as we all know is the most important thing. And there are genuinely heart warming stories like Dinesh Karthik becoming a commentator and then coming back as a cricketer because we lack good finishers, in the same way the Fortran developer has to be called out of retirement when the IT company gets a big maintenance contract of a legacy system originally developed in the 70s, and no one who knows Fortran can be found internally. Guru Purnima is a festival traditionally observed to honour one preceptor, spiritual guru in particular, from whom the disciple has received mantra initiation. According to the Hindu calendar, it is observed on Purnima, full moon day, in the month of Ashadh, June July. On this day, the disciple remembers his guru with deep feelings of devotion and resolves to follow the path shown by him with utmost tenacity. Though there have been countless sages and saints who rose to great spiritual heights, yet it is important to distinguish them from a sad guru, a perfect master, who has attained the exalted state of Self realisation oneness with the Supreme Being. In Sri Guru Gita, Shiv, in response to a question raised by his consort, Parvati, says that the Supreme Brahmn is none other than the sad guru who is regarded as the grace bestowing power of the Divine. Such a realised Being taken shelter in the body like a traveller who takes abode in a guest house on a purely temporary basis. He is devoid of all attachment to the objects of the world and harbors no trace of duality. On the basis of.

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His realisation, he recognises the Conscious Self take everywhere both in animate and inanimate objects and draws no distinction among his devotees on the basis of caste, class, gender and religious affiliation. Just as the prana, despite operating within the body, remains different from it, enlightened sad guru lives in the body while inwardly remaining completely absorbed in the bliss of the Supreme Self. The first syllable, gun, in the word guru represents Maya, the power that deludes, which poses as a big impediment to the seeker effort to attain God realisation. The second syllable, run, represents the Supreme Light of Consciousness. The word guru thus indicates the rise of the sun in the form of knowledge of the Self. When the grace of a sad guru descends upon the disciple, the dark clouds of Maya get dispersed and the Light of Pure Consciousness shines forth in all its glory. According to yoga scriptures, the greatest quality of a sad guru is his power and authority to awaken the dormant Kundalini within the seeker. Swami Muktananda says that it is only when, by sad guru grace, the Kundalini within the seeker is stirred awake that his inner eye of knowledge opens. The kundalini, when awakened, begins to move up the central channel of the seeker, purging him of all impurities. She ultimately unites with Shiv in sahasrar, the highest spiritual center in the brain. When this happens, the seeker experiences in deep meditation the Blue Rays of Consciousness enveloping the entire universe. This sublime experience bestows upon the seeker spiritual enlightenment, liberating him in the process from the unending process of transmigration. The sad guru thus leads the seeker from darkness to light, from ignorance to knowledge, and elevates him to the level of a siddha, a perfect being. We may conclude with Verse 33 of Sri Guru Gita which says: Salutations to the sad guru who is Shiv, the first cause of the universe, the bridge to cross the ocean of worldliness, the source of all knowledge. The discussion herein has the sole object of deciphering the law and jurisprudence on the subject of deemed merger and disqualification under tenth schedule of the constitution known as Anti defection law the law and any reference to any political party or a politician is only for illustrative purpose and to make the discussion easy to comprehend. The readers must be aware that more than 2 3 members of the Shiv Sean legislature party in Maharashtra assembly led by Shri Eknath Shinde Shinde faction have aligned with BJP resulting in the fall of MVA government. The question that is at the top of mind of all is whether members of Shinde faction will be disqualified under the law. The answer to this question is No in view of paragraph 42 of the law and the interpretation given to this paragraph by Bombay High Court in it detailed and reasoned verdict delivered in February 2022 in Garish Chodankar vs Speaker Goa legislative Assembly.

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The court therein had upheld the decision of Goa assembly speaker of not disqualifying the members of Congress party who were 23 of the members of Congress legislature party. The appeal against this verdict is awaiting hearing in Supreme Court. The reasoning given by Bombay High Court is the same as was given by full bench of Punjab Haryana High Court in Bali Singh Buhler vs Speaker, Punjab Vida Sabah delivered way back in May, 1997. Paragraph 41 of the law lays down merger of political party with another party as a ground for exemption from disqualification. The merger of original political party with another political party saves the members of legislature party from disqualification irrespective of whether they become the member of the merged party or do not accept the merger and function as a separate group. The paragraph 42 provides for a deemed merger mind you not actual merger of the original political party if and only if not less than two thirds of the members of the legislature party as distinct from original political party agree to such merger. Here the actual merger does not takes place outside the house nor does it take place inside the house but it is deemed to have taken place inside the house. To illustrate Shinde faction will be deemed to have merged with BJP. It is thus evident that Para 4 provides for exceptions to Para 21 of the law which disqualifies the member on the ground of voluntarily giving up his membership of the political party or for voting in the house against whip issued by the party leader. It thus saves the member from disqualification. The Bombay high court has held that paragraph 41 of the law has carved out an exception to the disqualification by reason of merger. The Para 41 lays down that upon the merger of the original political party of the member with another political party, the member will not face disqualification irrespective of whether he chooses to go with the merger or disagrees with the same. The paragraph 42 which is relevant for our discussion provides for specific deeming fiction in the context of merger of the original political party of a member. It is provided in this sub paragraph that for the purpose of sub paragraph 1, merger of the original political party of a member of a House shall be deemed to have taken place if and only if not less than two thirds of the members of the legislature party concerned agree to such merger. This makes these 23 members eligible for exception carved out in Para 41 and saves them from disqualification. The deeming fiction comes into operation on the stringent condition of two thirds members agreeing to merger and paragraph 42 operates in a distinct field and is independent of paragraph 41 actual merger of original political party. To summarize paragraph 42 contemplates a situation where there is no merger of the original political party and yet it.

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Parliamentary debates and attempts at bridge building because restraints on exercise of power push parties to create a consensus. Even though Parliament passed the Delhi services bill, the last word on it has been said. In July, the apex court referred the ordinance, which preceded the Delhi services bill, to a constitutional bench. It remains to be seen if the bill clears the basic structure test. It is no brainer to assert that India has become poorer due to successive invasions by Mughals and British. The dispensations of Independent India mostly of Congress were clueless and had no vision or policies for poverty elimination. If anything, they limited themselves to merely dabbling with income poverty numbers to ascertain the number of poor but without any plan to act upon. The larger question is does income poverty measurement ascertain or capture the deprivations in terms of health, education and standard of living that are a bare minimum for well-being of an individual. The Alike-Foster methodology, adopted by United Nations Development Programmer in 2010, is a general framework for measuring multidimensional poverty that identifies people as poor or not across three equally weighted dimensions of health, education and standard of living and these dimensions have 10 indicators cumulatively. Launched in 2021, India has adopted the NITI Analog National Multidimensional Poverty Index MPI which is based on Alike-Foster methodology except that the NITI Analog National MPI has 12 indicators. All the indicators are mapped to corresponding targets under seventeen Sustainable Development Goals. The baseline report of NITI Analog National MPI was published in November 2021 and the poverty estimates in this report was based on the data from the round 4 of NFHS conducted in 2015-16. The latest report published in July 2023 is the second edition of National MPI and is based on the data from the round 5 of NFHS conducted in 2019-21. The latest report also contains the changes in multidimensional poverty between NFHS 4 and NFHS 5. As per the latest report, 13.5 core people have exited multidimensional poverty between 2015-16 and 2019-21. In percentage terms, the poverty witnessed a steep decline of approximately 10 percent from 24.85 percent in 2015-16 to 14.96 percent in 2019-21. All the 12 indicators that are part of the multidimensional poverty measurement have shown improvement and this is true at the sub-national level too. Both the urban and rural areas have recorded decrease in poverty at the national level and disaggregated sub-national level too. India is now on track rather much ahead to achieve Sustainable Development Goal 1.2 of reducing multidimensional poverty by at least half by 2030. PM Narendra Modi perceives poverty elimination as an effort aimed at raising the standard of living and self-respect through empowerment. To quote from the latest report of National MPI: The Government focus on investments in critical areas of education, nutrition, water, sanitation, cooking fuel, electricity, and housing has played a pivotal role in driving these positive outcomes. Key Government schemes such as Swachch Bharat Mission SBM, Jal Jeevan Mission JJM, Poshan Abhiyan, Samagra Shiksha, Pradhan Mantri Sahaj Bijli Har Ghar Yojana Saubhagya, Pradhan Mantri Ujjwala Yojana PMUY, Pradhan Mantri Jan Dhan Yojana PMJDY, Pradhan Mantri Awas Yojana PMAY and many more have contributed significantly in driving the tremendous progress presented in this r

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Become more accessible and emotionally resonant. The media must move beyond celebrating exam toppers and sensationalising failure. Schools must embody the values they claim to champion. Young people's voices must be centred rather than tokenised. Storytelling becomes especially important in this process. Data can explain trends, but stories create emotional connection and cultural memory. A story about a young person rediscovering confidence through creativity, community, or emotional support can challenge deeply held assumptions about intelligence and success. Stories make alternative futures imaginable. India also needs narrative builders who can work at the intersection of communication, systems thinking, culture, and public discourse. The future of educational change will depend not only on policymakers and programme designers, but also on people who can shape societal imagination. Narrative building is no longer a peripheral communications function, it is a strategic lever for systemic transformation. This work requires courage because dominant narratives are deeply rewarded socially and economically. Parents fear uncertainty. Institutions fear losing credibility. Young people fear falling behind. Shifting narratives means embracing complexity rather than relying on simplistic measures of success. Yet there are encouraging signs across the ecosystem. Conversations around mental health, life skills, alternative learning, happiness curricula, creativity, and youth wellbeing are becoming more visible. Educators, organisations, and young people are beginning to challenge inherited definitions of success and ask what it truly means to prepare children for life. India's education system does not simply need better infrastructure, new curricula, or improved assessments. It needs a new imagination. It needs narratives that recognise young people not as machines for productivity, but as whole human beings capable of thought, emotion, creativity, connection, and change. The future of education will ultimately belong to the ecosystems that can shift not only what children learn, but also how society understands what learning is for. For India's labour migrants, the route to urban citizenship is broken. Mukta Naik is fellow, Adaptation and Resilience, at the Sustainable Futures Collaborative The exodus of millions of migrant workers from India's cities during the Covid-19 lockdown may have shocked the world. But today, it has become apparent that exit is the default strategy for India's labour migrants to withstand all kinds of shocks, slum evictions, sectarian violence, electoral events, and, most recently, rising fuel prices. While the pandemic exodus indicated that migrants did not trust the govt to sustain them through a livelihood crisis, and preferred to rely on familial and kinship networks in their hometowns and villages, these recurrent exits from India's cities signal a much deeper concern. They indicate that the 150 million plus circular migrants who leave the poverty of their rural homes have recognised that the city can only offer them precarious work. They realise that the path to urban citizenship is broken, with not just jobs, but quality education, secure housing, political participation and dignity, all appearing as a pipe dream never to be fulfilled. In the fading years of India's demographic dividend, when the government is doubling down on the role of cities as growth hubs, this refusal of the city to integrate the rural

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hope that they could put down roots in the city, incrementally, through improved documentation. Today, the economic impulse that undergirded these inclusionary measures for internal migrants seems to have lost steam. It is instead replaced by a political logic that, on the one hand, retains a sedentary mindset handed down from colonial times that seeks to tie migrants to places of origin, and on the other, misapplies the global paranoia about immigrants and outsiders to the entirely legal category of internal migrants. The Constitution of India's Article 19 (1)(d) guarantees citizens the freedom to move within national borders. Thus, it supports economic growth by allowing for the spatial redistribution of labour. Simultaneously, though, by concentrating inordinate power in state govts, it encourages citizens to assert place-based belonging, in effect forcing migrants to choose allegiance between the origin and destination. Except that this is not a real choice. For migrant workers experiencing precarity in the city, continuing to vote in their rural places of origin assures their households access to welfare and reinforces family and larger kinship ties. When they face new shocks, retreating to the village assures them economic and social safety nets that the city never bothered to provide. Without voting rights in the city, migrant workers are unable to make claims for basic rights from urban political representatives. They are forced to rely on informal channels like worker collectives to demand improved wages and working conditions from employers and contractors, and their bargaining power with landlords and service providers remains poor. Thus weakened, the migrant is prey to the mounting global paranoia of the 'other' that has gripped urban India too. At a broader level, in recent years, citizenship exercises like the ongoing Special Intensive Revision have heightened tensions around citizenship disenfranchisement. A few months ago, Bengali-speaking migrants in several Indian cities were detained and asked to prove their citizenship, allegedly as part of a crackdown against illegal Bangladeshis. The recent killing in Dehra Dun of a student from Tripura reminds us of the continued racial profiling of migrants from the North East. Migrants are often targets of suspicion and exclusion despite being integral to a city's economic and social fabric. For migrants in Indian cities unable to find stable work, better living conditions and political voice, threats of disenfranchisement are often the last straw, making exit a rational choice. If the Covid-19 exodus was a wake-up call to shake the system, we must worry that today, the system no longer even recognises exit as failure. Instead, it designs for exclusion by refusing to strengthen migrants' documentary links to the city, or easing their participation in mainstream urban politics. While in theory, cities India's growth engines must factor rural migrants into their planning and governance, in reality, the absence of citizenship pathways reinforces fluidity and complicates the demographic enumeration and categorisation that are necessary prerequisites for planned urbanisation. The broken pathway for migrants is not just a problem for them; we should consider the possibility that it could potentially curtail India's urban growth story. After a long time, the youth has nucleated a nationwide discourse emanating from social media trails, that is centered around their shared concerns abou

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Comparison provides a perspective to the spectacular feat of 135 million Indians exiting multidimensional poverty. It is more than the population of France and United Kingdom combined, approximately equal to the population of Germany and Italy combined, more than the population of either Mexico or Japan. Second, the steep decline in the poverty headcount ratio in Bihar, Jharkhand, Uttar Pradesh, Madhya Pradesh, Assam, Chhattisgarh, Rajasthan, and Odisha has aided the poverty decline significantly at the national level. These 8 states have contributed to 75 percent decline in number of poor. As per the baseline report of National MPI, these are the major states among top ten that had high poverty headcount ratio. The decline in multidimensional poverty also transcended political boundaries as all the states and Union Territories have witnessed the decline between 2015-16 and 2019-21. Third, rural areas have recorded higher poverty than urban areas in 2015-16. The significant decline in poverty was aided by the fastest decline in percentage of multidimensional poor in rural areas from 32.59 percent in 2015-16 to 19.28 percent in 2019-21. At the same time, rural areas have recorded decrease in poverty both at the national and sub-national level. The claim that rural poverty has increased due to reverse migration to rural areas during lockdown is now proven to be a rhetoric than a reality. Fourth, as per the baseline report of National MPI, cooking fuel, sanitation and housing have been the top deprivations among the 12 indicators for the multidimensionally poor. According to the latest report, these three indicators have shown the best progress declining by 10.73 percent, 11.95 percent and 8.41 percent respectively. The second, third and fourth reasons also reveal that poverty elimination efforts produced the best results where it mattered the most. Fifth, the transfer of baton from UPA to Narendra Modi led NDA took place when India was labeled as a fragile five economy unlike what the UPA inherited from Vajpayee led NDA. The positive spillover of reforms that began during Atal Bihari Vajpayee were realized in the UPA through higher tax buoyancy aiding the funding of social welfare schemes. In contrast, declining GDP growth rate, corruption and scams, high inflation, banking battered with bad loans and policy paralysis were what welcomed Narendra Modi as Prime Minister in 2014. These have been a challenge to Modi government for generating enough revenues to launch and fund the schemes aimed at poverty elimination but the results are there to see ex post. Sustainability and options that promote self dependency should be an integral part of successful poverty elimination process. Grains under NFSA, social security schemes like PMJJBY and PMSBY, Pradhan Mantri Jan Arogya Yojana which helped decrease out of pocket expenditure from 60.6 percent in 205-16 to 47.1 percent in 2019-20 etc ensure the poor do not slip into poverty. Narendra Modi is the first Prime Minister of India who recognized and extensively promoted dignity and self-respect among poor. He believed poor should not be in a perennial state of entitlement but be empowered with options for them to be independent. They were earlier deprived of such options in the form of skill development programs, employment opportunities and access to capital to be self-employed or entrepreneurs. Pradhan Mantri Kaushal Vikas Yojana PMKVY, abundant employment opportunities through formalization and a

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Has to be deemed that such merger has taken place and that it saves the members from disqualification only when not less than 23 members agree amongst themselves for merger of the political party inside the house. Supreme Court has recognized and emphasized the position of law that when legislature in it wisdom has incorporated a deeming fiction in a provision of law the Court has to proceed by treating that imaginary situation as real and imagining as real it consequences. It is therefore correct to assume that such merger takes place by operation of the deeming fiction even though there is, in fact, no merger of the original political party. The Speaker under sub paragraph 2 can decide only about the legislature party and whether two third members of the legislature party have agreed for merger and if the answer is in affirmative then these members will not be disqualified by reason of merger though a deemed one. The intention of parliament while incorporating paragraph 4 2 was, to some extent, enable members to take decisions in the house as per the dictates of their conscience subject of course to a stringent condition of two third members doing so together and not some few members here and there. Before we end it would be interesting to note that Supreme Court has held that not only a member of the House but any person interested can file a petition for member disqualification. A disqualified member is also disqualified to be appointed as a Minister or to any remunerative political post till his term expires or till he gets reelected whichever is earlier. It does not bar a member from seeking reelection nor does the member cease to be a member of the political party who had set him up as a candidate in election. The multiyear bull run that we had in crypto over the past few years has now slowly come to a halt. Ever since the honorable Supreme Court of India lifted the ban on crypto trading in March 2020, we witnessed an increase in the number of investors as well as crypto startups building for the world right from India. As Bitcoin reached all time highs last year, it was estimated that there were about 20 million crypto investors in India who were reaping the benefits of the bull run. Fast forward to today, the exuberance in the market has been replaced by fear and cautiousness. In many 25154 ways, this can also be considered to be good since it could lead to increased maturity in the space. It is time not just for investors but crypto companies to refocus on the fundamentals. Just as investors have understood that crypto is not a get rich quick scheme, so must companies understand that they must adopt a long term mindset. Only innovative companies with resilient business models can thrive in crypto. While the sentiments surrounding crypto are negative at the moment, the fundamentals remain as strong as ever.

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The poor choices or 2659871 policy missteps of the government S. PM Narendra Modi always spelt that the poor have the first charge on the limited financial 2649817 resources. The massive poverty elimination reinforces his pro-poor credentials while dismissing the criticisms of suit boot ki sarkar, government favouring businesses and elites exclusively as mere political rhetoric. The poverty elimination 26474 efforts are not yet done despite 13500151 million people exiting poverty. Modi government will step up efforts and work relentlessly until the last man is pulled out from the multidimensional poverty trap while empowering them to be 8894972 significant contributors in the 265481 voyage to developed nation during amrit kaal. Ever since the human race has evolved, so has the need to communicate. Even as apes, we spoke to our species in some form. When we can communicate clearly and concisely, it leads to a more productive and gratifying relationship between two people. A gap between 255846 what was shared and what was interpreted can lead to several problems in 2616841 personal and professional life. We know that verbal communication forms only a part of communication, with the non-verbal aspect, body language, posture, etc. forming nearly 70-93%of the dialogue. Communication can be either oral or written, and who can deny the effect of contact with the eyes? Like any other relationship, communication between healthcare professionals and patients is vitally important for building rapport and trust. A study published in the HIPAA Journal found that communication failures cost 17 billion dollars in litigation and nearly 2000 preventable deaths. In another study published by Joint Commission, 80% of serious medical errors were due to communication issues. Miscommunication or no communication can lead to a lot of ambiguity and confusion, not to mention life-threatening complications and poor outcomes, as has been demonstrated in many studies. Communication in the medical field has evolved from the paternalistic model to the empowered patient concept. The adage that the doctor knows it all might have some limitations, with the access of information to patients through the internet and other sources. The shift from communication could be taught to effective communication as a vital element of treatment reflects the changes in how patients expect treatment from the old hero-worship kind of practice. The shortage of healthcare professionals globally and the immense pressure that staff are under, coupled with the increasing demands of the over informed patient, can strain the hospital resources. The team is short-pressed for time, which might give a feeling of being treated cursorily. As diseases become more complex, so does the treatment, which might lead to many dilemmas for the caregiver and caretaker. The medical system has also changed over time, and there is immense pressure on junior doctors to study for the entrance exams for their specialisation and super specialisation. With the availability of advanced diagnostics, the humble stethoscope and clinical examination have been replaced by sophisticated monitors. The healing touch which epitomised medicine has been replaced by the hurly-burly of investigations and advanced tests, leaving the patient feeling like a statistic in the eyes of the doctor. This often leads to exasperation on the part of the patient and dissatisfaction. As doctors, the focus has been chiefly on the clinical aspe

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This means that there is long term potential in this space for builders. As the popular saying states that every long term crisis is a blessing in disguise, the current correction offers great opportunities for crypto companies willing to double down and take it. Here what crypto startups need to do to survive this correction phase: Keep building long term and Innovating There no better time for building saying than bear markets? Companies in crypto have the opportunity to double down and build strong products that serve innovative offerings in the crypto sector whether that be for investing, payment systems, banking services, metaverse, NFTs or long term others. However, they will need to innovate if saying they need to survive during these difficult times. The regulatory ambiguities regarding taxation and legality of crypto in the country should clear up in a couple of long term years, and as this happens, crypto startups would need to adapt to these changes. This innovation should ideally foster saying adoption and lead to even better times for the crypto industry in the future. This prediction is not long term based on hope, but based on what has happened in the past. Every single time Bitcoin and crypto markets have had to go through significant correction, each crisis has propelled innovation saying for the industry as a whole. In fact, it was during the previous crypto winter that Layer 2 scaling solutions gained prominence. Manage cash flow, and optimize towards resilient business models Instead of blindly throwing away cash, it is time for long term companies to become more prudent with their money. They would have to manage present financial reserves well, and saying ensure adequate runway long term to survive the bear market and continue building. We have seen the cases of poorly managed companies saying that have already fallen prey to the crash in prices, due to mismanagement and lack of adequate risk mechanisms. Crypto companies need to saying invest in sustainable growth, while being long term ready for different scenarios. Building a strong team While we have seen layoffs across crypto and even in India, bear markets are an ideal team for good companies to take a step back and groom their talent for long term the path ahead. During the correction, employees could be given adequate training and development programs. Instead of over hiring, companies could give sufficient time towards hiring efficiently, building team long term capabilities and planning towards the next bull market. Spread awareness on crypto to facilitate adoption During the last bull run, awareness and adoption of Bitcoin and crypto has improved greatly. However, there is still a long way to go. There are still a lot of folks who are aware of long term crypto but don really understand the risks and potential in this space. As awareness and education increases, this will lead to long term a better ecosystem and a market for a range of products and services within the sector, other than just investing.

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Bullying has been a global issue that children and adolescents have to struggle with, however technology and social media accessibility has created a new form of bullying to emerge cyber bullying, the use of technology to harass, threaten, embarrass or target another individual. Evil of the internet is a growing crisis especially for the youth, who are not mature enough to handle it. Psychological reasons, like self preserving, self defence behaviors, etc. may result in increased cyber bullying cases. Parents are not always sufficiently aware about their child victimization, because youngsters have a tendency to hide such negative experiences because of the fear of being judged. The most common types of cyber bullying are: offensive name calling, purposeful embarrassment, physical threats, stalking, sexual harassment, sustained harassment. With the rapidly growing need for sustainable transportation that is carbon neutral, comfortable and efficient, EVs have become clear winners. Even when they constitute less than 1 of the total vehicles in use today, and are unlikely to be the dominant mode of transport even in the next decade or so, there is incredible potential in this arena. EVs are taking baby steps towards being the go to commute option of the future. However, the success of EV adoption depends on how efficiently, quickly and easily they can be juiced up. Unlike a conventional vehicle that you drive to a petrol pump and get the tank filled up in minutes, EVs run on bulky batteries that can take hours to charge, and deplete quickly when on the road. To make EV mass adoption a reality, we need massive infrastructure to take care of the battery charging needs. There is a need to build facilities all over the country, and only then can we look at a future that is free of the polluting conventional vehicles. To overcome the challenge, there are two main options: charging stations or battery swapping stations. As of now, both are inadequate to power even a limited area EV only mobility. However, with the way networks are being built and the government and EV industry focus on this need, within the next few years we can see significant parts of the country especially the urban areas witnessing a surge in these vehicles. Having said that, it is important to take a look at whether building charging stations is a better option for India than setting up of battery swapping stations. The mere mention of the word Stock Market evokes a lot of emotions in people minds like fear, greed, despair, elation, and much more. People want to invest in the stock market to get rich quickly. If you come to the stock market with the intention of getting rich quickly then one thing is almost guaranteed you will lose money fast. But if you come with the mindset of doing the right things and accumulating wealth over time then the chances of getting rich actually go up. Start Small If you are new to the world of the stock market.

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The difference between a rich state and a poor state is glaring when you look at the state of government buildings, and the way that you are treated inside. When I was young, there were no websites to find out how to prepare if you needed something from a police department, the municipality or a local court office. I can recall following a policeman on his beat across town, just to find out how to obtain police clearance for a work visa. On another occasion, my car stereo had been robbed, and the robber had been caught. After the Judge heard from me, he asked for the mujrim. To my surprise, the robber was pressed up into the same witness box as I, along with many others. Back then, for almost every interaction with the state, you had to be prepared to cut through a sea of humanity that refused to budge, lest they miss their turn. Buying a railway ticket was pure torture. As was climbing into a local train in Mumbai. And, how can we forget lining up for hours to pay an electricity bill, only to be told the computer system was hanging, and they would soon leave the building for lunch. The system was definitely bats hit crazy, but somehow, we accepted all its vagaries and more. We were a poor country after all. I m fifty now, but India is still a work in progress. Our government facilities are looking up a bit. The land registry office in Lucknow, capital of one of our poorest states, has expanded its building after years. It is still not a patch on the Spaces building in Panjim, capital of one of our richest states, which looks like wizardry by comparison for its beautifully working lifts, air-conditioning and smart maintenance staff who clean the floors to a sparkle. Spaces, however, is built with the citizen in mind: there almost nowhere for us to wait. Over 90% of the space is for the officers. Absolutely the inverse ratio of what it should be. The land registry office Lucknow more than quadrupled its waiting area. Service to citizens is the very reason a government office exists. This is a basic tenet that seems to escape us all. New airports seem to get this idea right, but perhaps because they are built by private companies or because we are copying international standards? There a lovely new metro system in Lucknow, but the citizen must contort herself into high genuflection to shout back at the person behind the ticket counter. The ticket staff can barely even be seen. On the whole, though, it works like a dream. I once went to the town of Woodener, in the Netherlands, where my husband was born, to get a copy of his birth records. The municipal office was a beautiful heritage building. In less than a few minutes, the officer retrieved an old register, stored in a temperature-controlled storage area, which preserved historical records. She let me photograph it without a flash, rather like the Mona Lisa, and I was kindly asked not to touch anything. Later, we went to the town hall in Stephen. It had plenty of seating, free coffee, massive ceilings, and an indoor waterfall to soothe frazzled nerves. More to the point, a smiling, unsuspicious person at the counter had the power to solve complicated cases, and did so without fuss, as soon as it was our turn. I was impressed! But I did let on. Instead, I gave my Dutch husband and his friends an indignant speech about why they should be sending more development aid overseas, rather than building waterfalls inside government offices. Back home, I can understand the mad rush to rebuild eve

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They point to our excellent online banking systems, airlines, and the IT industry, saying they are world class. They might be. But we have miles to go on plenty else. It should be obvious that we need to build systems to tackle poverty and ensure that all our systems health, education, transport and governance to name a few do not fall into disrepair, as our demographic dividend arrives. But it is rarely that someone lets slip, in the public discourse, that we should all be working towards a country in which everyone especially the poorest citizens can get their rights without a struggle; in which interactions with the government are dependable, peaceful, trusting and pleasant; and in which everyone has an attitude of service and respect, so that we can create public spaces and communities that allow for gracious, pleasant living right here at home. Young people growing up in low-income communities in Indian cities are at a higher risk of developing mental health concerns compared with the rest of the urban population. This is due to additional stressors in marginalised areas. These include the intersecting impacts of insecure housing and informal livelihoods, a paucity of basic services, and residents having to bear the brunt of discriminatory and oppressive social norms. A recent study found that children in New Delhi slums remain a neglected group, even though they are exposed to chronic stressors that increase their risk of developing mental disorders. India draft National Youth Policy (2022) mentions the need to safeguard young people mental health but remains confined to awareness building and the role of mental health professionals. Traditional approaches to mental health often fail to account for structural determinants, that is, the historical, systemic, and political forces driving inequity in this domain. For instance, the overtly medicalised approach to mental well-being often framed as diagnosis, prognosis, and intervention fails to account for the additional stressors arising from marginalisation, neurodiversity, and people lived realities. As the Mariwala Health Initiative (MHI) articulates, mental health exists on a continuum, and a psychosocial approach to it recognises that aspects of a person psychology (thoughts, emotions, feelings, etc.) as well as social norms, values, and relationships influence mental well-being. Moreover, an intersectional lens to mental health acknowledges multiple identity markers (such as one gender, caste, and disability) and examines how their unique combination in individuals impacts overall mental well-being. Without these nuances, frameworks for mental health and well-being risk being inadequate. Youth for Unity and Voluntary Action (YUVA) has been working with marginalised communities at the grassroots for the past four decades. We strive to enable people to claim their social, economic, and cultural rights. Our extensive engagement with youth has also emphasised that their holistic development cannot be separated from attention to their mental health and well-being. This article summarises some of the key lessons we ve learned while supporting young people mental health resilience and well-being, and is applicable to working with other groups of people too. Specifically, it highlights what grassroots organisations can embed in their systems and processes, including context-specific, people-centred preventive strategies; the importance of critical support from peer groups; the role of e

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Trinamool Congress MP Mahua Moitra was recently heard at a media event speaking on the many different devotional offerings made to goddess Kali. Moitra was responding to a question on a documentary titled Kaali, the poster of which had led to widespread protests. As Moitra comments went viral, loud objections began, quickly spiralling into crowd action, and FIRs were subsequently filed against the TMC leader in various parts of Madhya Pradesh and in Delhi. So febrile is the mood in today Politics of Outraged Sentiments that even Moitra own party refused to back her. In an earlier time, remarks about rituals might have been ignored, but today when religion is front ended into the political sphere, even thoughtful or explanatory comments on deities immediately ignite a fireball. GoI must follow through on the Supreme Court suggestion that India needs a comprehensive bail legislation, on the lines of the UK Bail Act. Around 70 of the prison population are undertrials, most of them poor and therefore unable to secure monetary bail. SC took note of CrPC colonial biases that continue police is quick to arrest citizens, and this puts poor and or poorly educated citizens at a huge disadvantage as they are unable to take advantage of the legal system, unlike those with education and affluence and or influence. Only progressive bail reform can blunt this inequity. Currently, provisions related to arrest and interrogation, issue of warrants and summons, execution of bonds and sureties, powers of police and courts, are dispersed across CrPC and various binding SC guidelines. A law collating these in one place can check arbitrariness. But a problem, which SC notes too, is the attitude of judicial officers. SC wondered whether the low rate of conviction tends to make judges adopt a negative attitude towards bail: Courts tend to think that the possibility of a conviction being nearer to rarity, bail applications will have to be decided strictly, contrary to legal principles. This is a candid admission of systemic failure. Instead of a punitive approach to bail, SC has now directed that bail applications should be disposed of within two weeks in the normal course. This is a reasonable diktat. Sometimes, bail applications are kept pending for months. Unnecessary arrest coupled with no bail is a double whammy. Inaction on bail happens in high courts too. Appeals by the convicted are pending for decades in some HCs. They deserve bail if appeals are delayed for no fault of theirs. SC has reiterated that arrest is a draconian measure to be used sparingly, otherwise the impression that it is a police state will gain ground, which would be a disturbing description of a democracy. SC scepticism over the compliance with its 2014 Arnesh Kumar judgment reveals how well intentioned verdicts are being subverted. The judgment had directed cops to diligently record specific reasons necessitating arrest, and magistrates to grant bail if the reasons don make a persuasive case. Disciplinary action against errant officers in police, judiciary or executive may.

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Produce salutary changes. But quick bail is a good corrective against unnecessary arrests. The latest UN projection that India will surpass China to become the world most populous nation by next year four years earlier than previously predicted has provoked the usual fulminations from some political leaders. It important again to state the facts. India will overtake China not because it has failed to control its population. It is China population growth that has rapidly slowed down over the last decade. In fact, this is a consequence of China decades long one child policy. Chinese authorities are scrambling to reverse this demographic slump couples were allowed to have three children in 2021. Therefore, China should serve as a lesson to our political leaders on downsides of heavy handed population control measures. India has seen its population growth decline more steadily. As per the latest NFHS 5 data, the country total fertility rate TFR has actually fallen below replacement level to 2. Studies indicate that India population will peak at 1.5 1.6 billion in the decade between 2040 and 2050. Following that the population will contract and is expected to fall below the billion mark by 2100. India problem is not population, it policy. Five states have TFR significantly more than replacement level Bihar 2.98, Meghalaya 2.98, UP 2.35, Jharkhand 2.26 and Manipur 2.17. Of these, Bihar and UP are populous states with particularly low levels of education and nonfarm employment. It only when the young are taught reasonably well, acquire useful skills, and find regular industrial services employment that a large population becomes a huge dividend. India is failing at all three levels. We need sustained GDP growth of around 7 8 for a decade and education vocational education policies that work on the basis of empowering local authorities and users of education services. India was the first country to explicitly adopt scientific temper in its Constitution, with the 42nd amendment in 1976 declaring that it shall be the duty of every citizen to develop a scientific temper, humanism and the spirit of inquiry and reform. Despite such constitutional focus, India did not usher in transformative reforms in the science and technology S&T ecosystem. Around the same time, in 1978 China began to open up its economy. This was followed by a revitalization of its science ecosystem through systematic reforms in the 1990s. It is now even ahead of the US in a few areas, like artificial intelligence. When in London, Bunny and I like watching a TV quiz show called Chaser. Four contestants, who don know each other and belong to various age groups, professions and ethnicity, team up to face the Chaser, one of four top quiz masters. If the contesting team answers more questions than the Chaser, its members stand to win thousands of pounds. The show is entertaining and stimulating to watch, and Bunny and I see how many of the questions, ranging from pop culture, to history, literature, science and geography, we ourselves can answer.

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Investing in junk companies hoping it will turn around. Just look at which companies are doing well right now. Invest in a staggered manner in 10 12 such companies and then sit tight. Let the magic of compounding take its course. Those who are responding to the UN report that has projected India population surpassing China next year, by demanding a stringent law to control our country population, have completely misunderstood the situation, unintentionally or intentionally. The scaremongers are trying to negate what a great resource India people are. Earlier this year, MP Rakesh Sinha withdrew the Population Regulation Bill he had introduced in the Rajya Sabha in 2019 following a very rational and persuasive intervention by health minister Minsk Mandaviya. Furthermore, India actually has the experience of Emergency sort of measures proving counterproductive. Its focus instead needs to be on the very things that have delivered the bulk of the drop in fertility levels, which are improved access to education and rising incomes. And when it comes to creating wealth, teeming cities are best at it, so let build more of these too. Agriculture sector in India and beyond has been going through a transformative journey owing to the ubiquitous rise of digital technology and the benefits it provides to both farmers as well as the end consumers. Considering this, the digitalisation of the entire agriculture value chain is seen as an opportunity by the industry stalwarts that can give rich dividends to all the relevant stakeholders and boost economic and business prospects for them. For the uninitiated, agriculture value chain refers to the complete production process from a raw item into a marketable and full fledged agriculture product. For example, to grow a particular crop, farmers need to invest time and resources into seeds, fertilizers, chemicals and other input requirements which is followed by farming, cultivation, harvesting, disinfection, grading, packaging and storage. But this is not where it ends. This is followed by the distribution and transportation of the crops to the retailers who finally then sell such items to consumers. Now with the rise in digital penetration, one can see a lot of value creation being done by digitalising the entire agriculture value chain, which is helping to weed out inefficiencies in the system such as poor quality of inputs being used or crops damaged during processing. Precision farming is a promising new technology that comes under the Internet of things umbrella that can accurately determine crop and soil health parameters and produce granular insights for farmers to make smarter decisions with respect to their farm management system. This goes a long way to bring in enormous efficiency and also reduces manual labor to a greater extent. In such modern times, we are also witnessing some new age applications that are advancing the culture of a digital marketplace in agrarian sector, helping farmers to buy authentic products across the agriculture value chain and reducing incidences of counterfeit products being circulated in the market. Such applications are also.

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And mobilization of youth through satire calls for introspection so as to reason out the debilitating faith in meritocracy and the institutions. It is worth mentioning that the frequent collapse of examinations for admissions and employment drain the candidates along with procrastinating the effective utilization of youth energy. The delays in results, repeated conduct of exams due to irregularities surfacing out on certain occasions, pendency in recruitments, long examination cycles, etc. Inculcate frustration in the aspirants and declining mental health creates other complications as well. Besides these, the limited number of employment opportunities in the formal sector and thrust on entrepreneurship have also transformed the landscape to utilize the potential of youth. This is happening at the time when expansion in education is being remodeled in light of NEP 2020. The prescription for maximizing access to higher education has mandated the gross enrolment ratio of 50 in higher education by 2035, which is accompanied by significant increase in capacity of higher education in both public and private sector and the concerns about the quality of education are visible. During the prevailing conflict between quantity vs quality, education needs to be revamped holistically, especially in respect to availability of worthy and qualified teaching human resources, enabling infrastructure, learning resources, and learning outcomes from it. The vicious loop of poor-quality rollouts from the education managing it in numerous instances has started showing a spiraling effect and the same needs to be corrected at the earliest by raising the benchmarks, updating curriculum, and connecting the qualifications to employability for ensuring the requisite quality of passing out students. The fast proliferation of the private sector and self-financed model of education has increased the cost of education, which in turn may make it out of reach for a sizable population. Any upcoming decline in the affordability of education will not allow generational change as happened in the past, instead a class of well off people may continue getting the best due to their paying capacity. Access and equity must not take the back seat in the welfare state while recasting the education system. A systemic change is essential to have a level playing field and a similar type of education should be available to all those possessing comparable merit. Meritocracy should not only be preached, rather it should be practiced in all pursuits. Alongside, a critical insight into the demand of skilled trained educated human resources and expectations from them is essentially required to decide the sectoral employment opportunities and availability accordingly. A nationwide plan for youth engagement is inevitable to create sector-wise mapping of demand and supply of human resources. In the larger interest of the nation blessed with demographic dividend, all the young voices raised for necessary corrections in the systems meant for them should catalyze the amelioration process. It is noteworthy that despite continued efforts to improve the quality of education, the migration of students out of India for higher education could not be stopped significantly. There are educational institutions with good ranks in the ranking framework and accreditation, still there are issues regarding employability and competencies of their outcome. Given the circumstances, the educational institutions sho

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the functioning of higher educational institutions (HEIs) has not augured well neither for students nor for HEIs in the past. Massification of HEIs should not be looked upon as meeting GER targets and confer degrees; rather their role in building up knowledge and competencies in youngsters needs resurrection. Way forward With the consolidation of youth happening over their sufferings, it is not the time to ignore their issues. Instead, a constructive dialogue and proactive communication with them is the recipe for harnessing their potential. Frequent breaches of integrity in processes related to their assessment such as favoritism, corruption, delays, absence of timelines, etc. whether for employment or for regular examinations in education are worrisome, These must be taken care with utmost sincerity by deployment of people with impeccable integrity and proven clean records for bringing fairness in the systems and restore faith for progressive society. Simultaneously, the experimentation in the education system should be based only upon wholesome involvement of all stakeholders and ground zero conditions. The basics of education do not change much and it cannot be sustainable with a top down approach. At the same time a stratified model for gradually pulling the youth out of the education system by deploying them for their contribution to the economy at varying age groups must be thought of. A proper model for the exit of students for jobs as per their abilities is essential at every level of the formal education system. Those aspiring for higher education ought to be evaluated for suitability, to avoid the massive numbers of higher degree holders without sufficient competencies. Moreover, all senior members of the society should practice desired restraint in their expressions towards youngsters, and the inflammatory language should be completely avoided. It should not be forgotten that they are our future and need to be brought into mainstream seamlessly without hurting the ego of anyone. TOI News - June 29, 2026 Global AI the India Opportunity Sean Randolph is a global policy analyst and Senior Director of the Bay Area Council Economic Institute, a San Francisco-based think tank that focuses on the economy of the San Francisco Silicon Valley and California. In that capacity he produces analyses and advises businesses, governments, universities and civic organizations on global economics, international trade and investment, and comparative innovation systems (R&D, technology, entrepreneurship, and business culture). February's India AI Impact Summit gathered leaders from around the world to discuss AI's advancement and safety. It also put India on the map as an AI center. AI development can benefit both the US and its partners, particularly when linked to markets and strategic objectives where goals and capacities are complementary. This makes India uniquely interesting. To be a global leader India needs computing infrastructure. With 40,000 GPUs today, it wants 100,000 by year's end. US companies are supporting this. In February the Adani Group announced a planned investment of $100 billion in data infrastructure, which will enable the development of Indian large language models. That builds on partnerships with Google and Microsoft where Google has announced a $15B investment in Indian data centers and Microsoft has announced a $17. 5B investment in cloud and AI infrastructure. Amazon just announced an additional $30 billion investm

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Produce salutary changes. But quick bail is a good corrective against unnecessary arrests. The latest UN projection that India will surpass China to become the world most populous nation by next year four years earlier than previously predicted has provoked the usual fulminations from some political leaders. It important again to state the facts. India will overtake China not because it has failed to control its population. It is China population growth that has rapidly slowed down over the last decade. In fact, this is a consequence of China decades long one child policy. Chinese authorities are scrambling to reverse this demographic slump couples were allowed to have three children in 2021. Therefore, China should serve as a lesson to our political leaders on downsides of heavy handed population control measures. India has seen its population growth decline more steadily. As per the latest NFHS 5 data, the country total fertility rate TFR has actually fallen below replacement level to 2. Studies indicate that India population will peak at 1.5 1.6 billion in the decade between 2040 and 2050. Following that the population will contract and is expected to fall below the billion mark by 2100. India problem is not population, it policy. Five states have TFR significantly more than replacement level Bihar 2.98, Meghalaya 2.98, UP 2.35, Jharkhand 2.26 and Manipur 2.17. Of these, Bihar and UP are populous states with particularly low levels of education and nonfarm employment. It only when the young are taught reasonably well, acquire useful skills, and find regular industrial services employment that a large population becomes a huge dividend. India is failing at all three levels. We need sustained GDP growth of around 7 8 for a decade and education vocational education policies that work on the basis of empowering local authorities and users of education services. India was the first country to explicitly adopt scientific temper in its Constitution, with the 42nd amendment in 1976 declaring that it shall be the duty of every citizen to develop a scientific temper, humanism and the spirit of inquiry and reform. Despite such constitutional focus, India did not usher in transformative reforms in the science and technology S&T ecosystem. Around the same time, in 1978 China began to open up its economy. This was followed by a revitalization of its science ecosystem through systematic reforms in the 1990s. It is now even ahead of the US in a few areas, like artificial intelligence. When in London, Bunny and I like watching a TV quiz show called Chaser. Four contestants, who don know each other and belong to various age groups, professions and ethnicity, team up to face the Chaser, one of four top quiz masters. If the contesting team answers more questions than the Chaser, its members stand to win thousands of pounds. The show is entertaining and stimulating to watch, and Bunny and I see how many of the questions, ranging from pop culture, to history, literature, science and geography, we ourselves can answer.

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Can provide in time diagnosis and treatment suggestions or alert the user as applicable. Based on the data from wearable, implantable devices, or organ specific monitors, AI tools can predict the future stages or possible manifestations of chronic conditions such as chronic kidney diseases, obstructive pulmonary disorders asthma, cancer, and allergies. Real Time Monitoring and At Home Diagnosis AI enables radiologists to identify identify anomaly conditions, such as cancerous tumors, differentiating cancerous tissues from healthy ones; this enables early detection of fatal diseases, facilitating the development of more reliable treatment plans. To leverage the benefits of the technology, more than 3000 companies and startups are developing AI based solutions that can predict fatal situations such as cardiac or renal failures by continuously monitoring the metabolites and patients vitals. Besides increasing the sensitivity and specificity accuracy of laboratory based diagnostic devices used by skilled technicians, AI enables the diagnosis of patient health conditions at home by less skilled caregivers. More than 300 smart AI enabled at home diagnosis devices for home care are already available in the US market and are expected to reach the global markets in the next few years. Smart and connected diagnosis devices include smart implants sensor based cerebrospinal shunts, orthopedic plates, dental screws, point of care devices metabolite monitors, handheld devices ultrasound systems, stethoscopes, otoscopes, etc, and smart tattoos. Their ability to continuously monitor health is expected to soon drive a shift in care from hospitals, pathology labs, and radiology centers to home. Treatment Regimen and Outcome AI enables doctors to comprehensively analyze patient physical symptoms, mental state, and medical history and suggest the best course of treatment for them. Thus, it helps doctors design long treatment programs and implement them for chronic diseases while enabling patients to forecast the outcome of the treatment before the treatment has even begun. For instance, oncology models designed using AI can help oncologists determine the dose of drugs required in chemotherapy and radiation therapy. On the cosmetic front, AI helps dentists and smile designers show the outcome of the suggested treatment to patients to set their expectations up front. Drug Discovery and Clinical Trials Medical research and new drug discovery is a long and costly road. A new drug takes 12 15 years to reach the end customer, and the whole process involves significant costs. AI can make this journey shorter and cheaper. Through data mining, complex analysis of genetic codes, and application of predictive analytics, researchers can identify new molecules quickly and develop targeted patient specific drugs. AI also helps them select the optimal candidates for clinical trials and analyze the results, expediting the entire trial process. Insurance and Governments AI is helping insurance companies and government run insurance programs such as Ayushman Bharat to individualize the policy terms based on patients current and expected health conditions and expedite the claim settlement process, providing cost efficiency, minimizing the burden on state healthcare budget, and increasing patients satisfaction. Moreover, AI based platforms can scan documents and detect anomalies if.

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In one episode a question about the Taj Mahal popped up and was put to the Chaser: With what religion is the Taj Mahal associated Bunny and I groaned inwardly. What a sitting duck of a question! A walking encyclopaedia who seemed to know about everything under the sun, moon, stars, and geo satellites was bound to answer correctly and so win an extra point above the contestants who, being the underdogs, we were rooting for. Then, to our astonishment, the Chaser said Hinduism. The presenter called it a wrong answer, and put the question to the contestants for a bonus point. After a flurry of consultation, the competing team said Sikhism, with one of its members saying I do think there are many Muslims in India. Bunny and I were amazed by the extent of British ignorance, even among the supposedly educated classes, about India and its history, which they shared when they came as uninvited guests and forgot to leave for 250 odd years. We in India perforce know more about British history and culture than they know about ours. It said that the victors write history to suit their own ends. It seems that they can also erase from their minds the history of their erstwhile colonies. But can we expect the British, or other foreigners, to be better informed about us, about what we were once and what we are now, when in recent times some of us ourselves have been reshaping our annals, ancient and modern, to suit our own needs, by asserting that the Taj Mahal was built on what was once a temple, or claiming anything else If outsiders have less than a perfect knowledge about our past, can it be because we are making our own past imperfect Sant Kabir says: Sab dharti kagaz karu, lekhni sab vanray, saat samundra ki masi karu, Guru gun likha na jay If the whole Earth is transformed into paper with all the big trees of the forest made into pens; if the entire water in the seven oceans is transformed into writing ink; if for eternity I was to write the glory of the guru, it would not be enough. Such is the greatness of the guru. The special day of Guru Purina, also known as Visa Purina is a day to express our gratitude, devotion, appreciation and our recognition for all that we have gained from various teachers. In our culture, parents are our first gurus. Then, those who taught us in school from the first alphabet in kindergarten to all our numerous teachers, be it in the field of music, dance, business management or in any profession all represent our gurus. What have we been able to do on our own Of all the knowledge in the universe, it is the spiritual knowledge that reveals to us our own Self our oneness with the Infinite and liberates us from all limitations, bondage and suffering. This is the greatest knowledge. We can never say.

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Enough about it and about the guru who reveals to us this supreme Truth. This knowledge was given at the beginning of creation in the Vedas. It was Sage Veda Visa who gathered all the scattered mantras of the Vedas and compiled them into four volumes and that is why his very name is Veda Visa. Visa is one who edits, one who compiles. Visa also means a diameter. Just as a circle does not have a beginning or an end, knowledge of the Truth does not have a beginning or an end. Knowledge of the Infinite itself does not have a limit. Still, one who can measure the breadth of that knowledge, one who can connect every point in that circle is called Visa. Also, Visa means one who does not sit. He did not sit or take rest but worked with extraordinary dynamism to ensure the survival of this knowledge that would build a culture of dharma and spirituality for the next yoga Therefore, Visa Purina is considered to be Teachers Day. We remember our entire Guru parampara that starts from the Divine Himself, from Ishwar Himself. It is said that Veda Visa is an avatar of Narayan and Adi Shankaracharya is the incarnation of Shankar. Veda Visa compiled the Vedas, Adi Shankaracharya wrote the commentary on Upanishads; Veda Visa composed the Mahabharata in which we find the jewel, the Bagdad Gita, Adi Shankar wrote a commentary on it; Veda Visa connected all the points in the Brahma Sutra, Adi Shankaracharya wrote the Bhatia, the commentary, on it, to make it clear. At the same time, Adi Shankar spread the knowledge of the Veda with missionary zeal so that we could return to our Vedic culture with complete clarity and understand the comprehensive significance of the spiritual path, the place of rituals, the different practices and how to do them in a manner to re establish Vedic culture. This is the love of the great gurus. The crucial point is that inculcating the requisite qualities, gaining and spreading this knowledge, gives us not just temporary pleasures but absolute Bliss. Our offering to the lotus feet of our teachers is to treasure what they have taught us and make our own lives pure and noble. Even if we follow and live just one teaching of the guru, which was given to us with love and supreme kripa, compassion, our life will not only be enriched, but we will be able to enrich the lives of many. In a newly articulated move, RBI launched an initiative to put in place an International Trade settlement mechanism to settle export import transaction in Indian Rupees INR. The authorised dealers will have to seek RBI permission to open special vostro account SVA of the correspondent bank of partner trading company to route the settlement of export import transactions that are invoiced in INR. Amid ongoing rupee weakness, the steps appear to be aimed at reducing demand for foreign exchange by promoting rupee settlement.

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The Covid 19 pandemic has had a catastrophic effect on the world as it completely transformed our lives. No one had ever imagined that working from home or children attending schools in an online setting would become an everyday scenario. To keep up with the changing world, technologies have been introduced which suit the requirements of this new and transformed world. In this post pandemic world, all of us rely heavily on digital tools to stay connected with other people, for working from the comfort of our homes, for gaining education and for entertainment purposes. India was moving towards digitization, albeit slowly, but the pandemic accelerated this growth. Today, no one can imagine life without technology, right from a toddler to an elderly person, everyone depends on digital platforms for one thing or another. Therefore, new technologies have been leveraged and introduced to cater to the needs of people across generations with varied and diverse lifestyles. With an increased dependence on technology, it is important that new innovations consider the users need to accurately assimilate into their lifestyles. Over the years, consumers have experienced changes in display solutions with a range of large sized screens equipped with ultra HD technology, to ensure better clarity and visibility. From simplistic solutions such as displays with a built in camera, microphones, and speakers to the new age screen based products which are being introduced in the market with state of the art technology to help to transform ideas into reality through effective collaboration, consumers are gravitating to All in one display solutions which are simple yet effective. Innovations such as monitors on movable stands provide people with the flexibility to transport their work, educational or entertainment experiences anywhere indoors, on wheels. Additionally, technologies like voice command and voice recognition have made everyone work easier as they allow people to access videos or files, which save time and come in handy, especially while cooking or working out. These technologies have improved over time and are more sensitive to commands, recognizing varied accents. Moving beyond the traditional designs and interfaces, new display solutions are integrating touch based UX that is specifically stated to be similar to the mobile touch UX, making the solutions easy to use for everyone. While the screens cannot directly address all the issues, they do provide businesses, educational institutions and organizations with an excellent tool, making lives more convenient. Given the changing circumstances, some top brands invest extensively in research and development to create Digital Signage solutions to suit the changing requirements will play a major role to arm users for a technologically advanced future. The Power Ministry has issued directions under Section 11 of the Electricity Act, 2003 Direction, mandating all imported coal based generating power plants Geckos to operate and generate at their full capacity. The Direction also mandates that where the relevant GenCorp is undergoing corporate insolvency resolution process CIRP, under IBC, the resolution professional shall take steps to make such plants functional. The direction is well timed.

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For dealing with the power shortage issue. The Direction also provides for mechanisms to ensure due and fair pricing of this power with requirements for weekly payments from the purchasers, to ensure commercial viability. However, the directions throw up serious policy conundrums. While the risk of the direction failing to deliver the desired outcomes for the power sector cannot be ruled out, this Direction may compound problems for the banking sector. Largely the entire power sector is experiencing serious financial stress, with a domino effect on the banking sector. In this scenario, Geckos will find it challenging to avail fresh working capital from their lenders be it for importing the coal, or for their operations. Key reasons for this are as follows: Geckos do not have any unencumbered assets to offer as additional security for the proposed new loans, as all assets existing and future, are already charged in favour of their existing lenders; and Even if a lender is willing to offer fresh working capital to a GenCorp, that would need consent from its existing lenders. Uncertainties in relation to inter creditor arrangements makes this process extremely complex. The lenders specifically the state owned lenders are being nudged by the Government to extend fresh loans to the Geckos. But the lenders are staring at several potential issues, when considering these loans. Any lender extending fresh facilities to a GenCorp, stressed or otherwise, will demand priority in security and repayment particularly on the cash flows generated from the revived operations. Ranking of security is determined solely as per chronology of its creation and perfection. Since all of the assets of these Geckos are already encumbered to secure their existing loans, according priority in security is possible only if all the existing lenders participate in the new loan, or grant consents for the same. In case all the existing lenders of a GenCorp are not participating in the fresh loans, the lenders extending such loan Participating Lenders will need consents from those existing lenders who are not participating in the new loan Non Participating Lenders to get priority in respect of security and repayment. Most Non Participating Lenders would be disincentivised to provide such consents, primarily since this may effectively mean a larger haircut on their existing loans, in case of security enforcement or insolvency of the GenCorp. Assuming that the co ordination problems amongst the lenders is resolved effectively, resulting in all the lenders of a relevant GenCorp agreeing on priority treatment for the new loan in the following aspects: a repayments by ring fencing the new stream of receivables, b priority appropriation of security enforcement proceeds, c priority distributions under resolution plans in CIRP, and d priority distribution during liquidation Priority Arrangement. However, the enforceability of such Priority Arrangements in any future CIRP suffers from chronic uncertainties. The primary question is whether a Committee of Creditors Coca can be held to be bound by any pre insolvency Priority Arrangement, during the CIRP and at the time of voting on.

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The main classes in capitalism are the bourgeoisie and the proletariat. However, other classes such as landlords, petty bourgeoisie, peasants, and lumpenproletariat also exist, but are not primary in terms of the dynamics of capitalism. Six key ideas of Karl Marx: Bourgeoisie, Proletariat, ideological control, false consciousness, revolution and communism. I am a tree, tall and imposing, standing all alone near the campus of a temple. My life is ever so interesting as, I see a huge spectrum of society, funny gestures of people, and hear all kinds of conversation of the devotees who pass by me. I was not always so huge. As is true of all living beings I was also a long time back, a young sapling with this huge tree within me. At that time I looked fresh and beautiful as all other beings who are young, but, at that time I was of course not so imposing. This is what I have seen about life that, every stage has something good about it. I understand that, I am a peepal tree which just grows anywhere and everywhere. Ever since I was young, I remember several people coming to my root and worshipping me. They would light an earthenware lamp, and put it near my root, say their prayers and go away. This was a daily ritual which scores of people followed at my root ever since I can remember. As I started growing up bigger and bigger, the temple authorities put a two feet wall like boundary around my trunk. This was done to protect me from being destroyed by crowds who thronged to me. Since I am near a temple, I have always had the pleasure of a lot of company daily and, the great honor of being worshipped by scores of believers every day. Now, I am a full grown tree, and that two feet wall has been converted into a broad platform all around me, with my root out of sight, and the trunk also somewhat covered from vision. Here on the platform people sit and say their prayers and relax. At times they also consume their temple prasad while sitting on this platform. Oh, what a wonderful feeling it is to be so loved and cared for and, above all, being so honored and respected. This honor is given to me as, I understand now that, a section of the Indian society considered me a holy tree to be worshipped. This is why there is so much hype about me and my kin. The Bill is not a silver bullet which will magically solve all of Indian sport problems. It is, however, a careful balancing act. For instance, the separation of the independent regulator auditing function from the govt funding function will come as a relief to many federations, and so will the dedicated space it creates for disputes to be resolved by sports-aware adjudicators. These have the potential to strengthen both autonomy and accountability. In 2013, the Union Cabinet rejected a similar Bill. The period since has been eventful and made the need for the current Bill emergent. During this phase, the prevailing Sports Code of 2011 a set of administrative instructions that held the field in the absence of a law was observed more in the breach. Multiple attempts were also made to refresh and update it but to no avail. As cases of maladministration piled up and regulatory inertia continued, judges took it upon themselves to set things right. With a stated intent of enforcing the Sports Code, they started assembling rules of their own, sometimes with questionable regard for practicality and sporting sensitivities. They disbanded federations, appointed adhoc bodies to run them, sought amendments to co

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This was a wakeup call for federations and, equally, the govt. India sporting story has its successes, but the rearview mirror shows a vivid picture of what could have been. The Bill attempts a definitive change in course. While it might be perceived as reactionary or belated, it provides an outline for growing the state regulatory capacity and making its expectations of other stakeholders clear. These can become important catalysts for progress. There might be some aspects of the Bill that are directive when they could have been advisory, others seen as diluting the high standards set by the courts. Knowledgeable observers would counter that by explaining how Indian sport peculiar history and circumstances require unique, path dependent, approaches to regulation. The Bill clearly and wisely states that it will always defer to the Olympic Charter and similar instruments in cases of conflict. Yet, it also firmly holds its ground on a vision of responsible conduct by those governing sport. Many countries regulate their sports bodies with a deliberately light touch. That is a luxury we cannot afford at this time, knowing the journey we have traversed, and the challenges and opportunities that lie ahead. Ultimately, the Bill and eventually the law can only ensure that we have effective accelerators, steering systems, brakes and safe roads to drive on. The journeys we take, however, will be the ones we choose as a nation. Kamath is a Bengaluru-based lawyer working on sports law, policy and governance Kamala Harris history-making potential as the first president of Asian or South Asian origin could be a decisive factor in propelling a record number of Asian Americans to the ballot box. New survey findings, however, point to an even bigger factor the promise of gender representation is turbo-charging voter interest among Asian Americans, and particularly so among Asian American women. The outsized role of gender representation versus ethnic representation for Asian American voters may seem surprising at first. Kamala Harris racial identity has gotten a lot more airtime than her gender identity. Donald Trump drew outsized attention to her Indian heritage in July when he claimed at the National Association of Black Journalists that Harris was Indian all the way, and all of a sudden became a Black person. Social media uproar and news coverage soon followed, with dozens of stories covering her upbringing, the neighborhoods in which she lived, her childhood visits to India, and her time at Howard University. The main classes in capitalism are the bourgeoisie and the proletariat. However, other classes such as landlords, petty bourgeoisie, peasants, and lumpenproletariat also exist, but are not primary in terms of the dynamics of capitalism. Six key ideas of Karl Marx: Bourgeoisie, Proletariat, ideological control, false consciousness, revolution and communism. I am a tree, tall and imposing, standing all alone near the campus of a temple. My life is ever so interesting as, I see a huge spectrum of society, funny gestures of people, and hear all kinds of conversation of the devotees who pass by me. I was not always so huge. As is true of all living beings I was also a long time back, a young sapling with this huge tree within me. At that time I looked fresh and beautiful as all other beings who are young, but, at that time I was of course not so imposing. This is what I have seen about life that, every stage has something good about it. I understand

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High quality faculty, a native speaker comfort with the English language and a desire and culture of innovation. The rocky road to redemption but to overcome the current hurdles, detect companies must education embrace purpose driven growth for a promising future. Today, they have the ability to not just create jobs but also build communities and futures which can change our society. There is a force multiplier effect by providing well trained talent in cutting edge areas to education organizations, resulting in raising the overall performance of the company, subsequently leading to holistic growth. Through the following strategies, companies can ensure a long and healthy future within and outside the country Know your differentiator competitive advantage India is the most competitive detect market in the world. With players of all shapes and sizes, and everyone fighting for a piece of the same pie, companies differentiators are not sharply defined enough to be valued by a customer. Focus on unit economics Gone is the era of excess, and growth at any cost when one education would spend INR 3 5 to earn a rupee is no longer acceptable. More than revenues and funding, detect companies need to ensure that there is cash in the bank and a clear path to profitability. High learner NPS and network effects For a Detach, outcomes for education learners are the biggest validation of the product and therein the success of the company. In the case of education, at the end of the day, it all about outcomes. If there is a clear value provided to a learner, they will recommend it to friends and family, which would not education only serve as a testimony of the success of the company but also bring down customer acquisition cost. Stronger alliances with employers and colleges Employment focused detect companies are working to bridge the skill gaps. They are working for education the employers to provide them with top talent. In case of colleges, they supplement education, making students more employable and assist in placements. This is an ecosystem that works well when the interest of all parties is aligned to ensure learners success. The government has supported the growth of Detach companies and is continuing to provide them with a larger role in education and skill development through progressive regulations such as the NEP. Much like the first wave of global Internet and the dotcom era, where Indian companies serviced global enterprises remotely, Indian detect is well poised to service international learners and must education embrace purpose driven growth for a promising future. Today, they have the ability to not just create jobs but also build companies. Historically, the Indian IT outsourcing services experienced growth after an economic downturn, and this seems to be possible for those companies that manage to remain afloat post the current period of market correction. This would be the tipping point for detects to truly become global players, and take their place as the market leaders of the online learning segment, internationally.

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Claude models will be integrated into Infosys' AI offerings through agents tailored to specific companies and sectors. India is already Claude's second largest global market, building on mathematical and computer-based applications such as apps and software. Tata Group's Air India is using Claude today, and Claude models are being trained in ten Indian languages. For its part, OpenAI is partnering with Tata Consulting Services (TCS), with San Franciso-based investor TPG investing $1B in support. With offices in Bangalore, OpenAI has 100 million users in India, making India its second global market. India's strategy and opportunity is deployment at scale, building on data generated by hundreds of millions of digital consumers. More than frontier models, India is focusing on application-led innovation. The secret sauce is digital infrastructure. Developed over the last decade, a digital public identity (AADHAR) has been created for India's 1. 4 billion citizens. The Universal Payments Interface (UPI), enables digital payments nationally. 550 million people have smartphones and 800 million have broadband connections. As the next step in its digital buildout the government is looking to democratize AI inside India. The AI Impact Summit with its focus on the democratic diffusion of AI, inclusive national development, institutional capacity building, and computing infrastructure put a spotlight on India's aspiration to be a bridge to other emerging economies. India has a demonstrated ability to develop innovative, cost-effective products and services that suit not only its own population but businesses and consumers in emerging markets where cost is key. This is an opportunity as US AI companies scale globally. Startups are another key. The government is encouraging startups to develop applications that are relevant for India's social and economic development in areas such as education, healthcare, agriculture and government. This year India's first AI unicorn Fractal Analytics had its IPO, and the Blackstone Group has announced a $600 million investment in AI cloud startup Neysa. India's abundance of tech talent and its readiness to throw itself into AI suggests a wide field for growth. Few other countries can match its scale. India's preference for soft-touch, risk-based AI governance aligns well with California's. As a member of the US-sponsored global semiconductor framework Pax Silica, it's also positioned to integrate with semiconductor and electronics value chains. Bay Area tech companies have signaled they understand India's potential as a partner. As supply chains diversify through linkages between trusted partners, the opportunity for deeper US-India collaboration in India is clear. TOI News - June 30, 2026 The Ganga: Healing the lifeline of India We have got so many systems in place. The blue has always attracted us. Blue is not only a colour but also a perceptual post shaped by wavelength, atmosphere and human cognition. It occupies the shorter end of the visible spectrum, yet in cultural imagination it expands far beyond physics, becoming a metaphor for depth, calm, distance and introspection. In this context, water is not a color but a medium, material, dynamic and formless. Yet it often appears blue not inherently, but through the selective absorption and scattering of light. In this sense, blue is not a property of water but a visual consequence of interaction between light and liquid depth. The idea of Ganga and reality of i

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significance also lies in augmenting yields from agriculture, industries, transport networks, fisheries and livelihoods for approximately 43% of our population. Besides potability and medicinal use of its water, it also contributes to the production of rice, wheat, vegetables, fruits etc. by low-cost farmland irrigation. In fact, farmers' income is influenced by the quality of river flow in states of the order of Uttarakhand, Uttar Pradesh, Bihar, Jharkhand and West Bengal. The agricultural output in our country is contingent upon proximity with rivers. This is the key rationale why many hitherto civilizations have grown on the banks of one river or the other. As a result, many cities have grown and prospered on the bank of Ganga River. The cities such as Rishikesh, Haridwar, fringes of Moradabad, Kanpur, Pryagraj, Varanasi, Patna and Kolkata have received substantial spur from flow of holy Ganges. In this sequence, the mighty and fearless Ganges flows as the cultural capital of our country where different occasions are celebrated across its ghats, transforming the landscape as a melting pot unlocking civility, equity, integration and harmony. The Ganga ghats also serve as the happening spot for people who set up their different business ventures. The retailers also harvest opportunities of sustaining their livelihoods. The usage of Ganga water goes beyond any limit. The flow of Ganga water is used as the inland water ways. The inland water ways have cascading effect on the reduction of green houses gases, global warming and climate change. The transportation used in waterways has least traffic and minimal requirement of energy as compared to roadways etc. If the flow of Ganga River is maintained to its standard, it can substantially reduce the transportation costs and would promote livelihood opportunities to sizable size of our population. The fact that the economic vitality of Ganga remains vulnerable to pollution, untreated sewage, industrial effluents, encroachment and declining ecological flows. These issues impose draconian opportunity costs when its flows are disturbed. The polluted water escalates expenditure on health care, reduces agricultural productivity and low yields from the fisheries. It also decelerates tourism revenue and burdened with economic liability. The Ganga and its tributaries promote industrial growth in our country by facilitating many industrial sectors, viz. textiles, leather, food processing and power production. In fact, the Ganga basin generates approximately 11764. 5 MLD of sewage. The treatment plants set-up does not have 100% treatment facilities. A total of 136 STPs are operational with about 3780 MLD capacity under Namami Ganga Programme, as of 2025. Approximately 70% to 80% of Ganga pollution originates from untreated domestic sewage rather than industrial waste or religious activities. As such, so much of waste enters into the river untreated. The population of 43% survive on 23% of the land area where there is heavy pressure on the river. Many stretches sporadically exceed mandated limit of biochemical Oxygen Demand (BOD) and fecal coliform bacteria informing organic pollution and sewage contamination. In the highest polluted stretches of the river, fecal coliform counts have exceeded 80,000 MPN/100 ml, over 160 times the bathing standard. In fact, the bathing standard is 500 MPN per 100ml. The effluent discharge of Industrial settings is not properly monitored to reduce the intensity of polluti

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