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## CISF-HCM-TEST-Dated-2023-02-01-Test NO.-6952

As human beings, we know that we have betrayed this trust. Climate change is now upon us and we are reaping the fruits of our irresponsibility. We will have to make drastic changes to save this planet. Restoration means more than just working to cut down carbon emissions or scale down our use of fossil fuels. There is a growing awareness that we need to have a changed mindset to sustain our efforts to combat climate change. Among other things, COP26 made one significant decision that provides us with a sense of hope. For perhaps the first time a gathering of such magnitude and importance was blessed with a contemplative presence. In seeking to access the wisdom of spiritual traditions, there is the subtle admission that the restoration of the outer ecology can only happen if the inner ecology of the individual is restored in the first place. The occurrence of Christmas at this time seems to be Godsend. In its essence, the celebration of the birth of the Lord of the Universe is all about restoring what was lost. It may be noted that in the Creation story the Garden of Eden is an ecologically balanced phenomenon. Everything is in harmony. This balance between the inner ecology of human beings and the outer ecology that exists outside of us is characterised by non duality. It is the absence of the feelings of separateness, desire and self consciousness. It is essentially a Un Self Consciousness. The transitoriness of life is not disturbing; death is not a fearsome event but woven into life itself. To the awareness that we, human beings, share with the animal kingdom, we bring the quality of attention and with it a sense of compassion. This is the key to ecological balance. Our hope of restoration, therefore, lies in a return to a non dualistic approach to life. This is essentially what Christmas is all about. God dwells in and among us. Precisely because of this we are being invited to discover our interconnectedness with one another and with all creation. The eco

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Because of a few hundred years of foreign rule, in spite of which our culture still survives, and we've assimilated and learnt from other cultures of brotherhood ; eating together ; be good and do good ; charity , etc. from modern religions and have reformed many of our shortcomings! Based on all this history, is it difficult to explore, determine, and fix our national ideal as commitment to duties commitment to ethical, righteous conduct , while striving towards God realization , aka Perfection , Nirvana , Heaven , etc. while following our respective ways of worship. Arden t these our national civilizational ideals Why can it not be taught as a compulsory subject of science and philosophy of Know Thyself , in our mainstream and minority schooling And our Fundamental Duties as well as the highest courts have made similar recommendations! Determining our higher National Ideals PM Indira Gandhi had directed that Vivekananda Birthday be observed as National Youth Day every year as it was felt that his philosophy and ideals could be a great source of inspiration for the Indian youth . Similarly, Nehru had observed: I think that our younger generation will take advantage of this fountain of wisdom, of sprit and fire that flows through Vivekananda . And Gandhi declared that his love for India grew a thousand fold thru Vivekananda. And it is Vivekananda who stated at Parliament of Religions in USA, We, of all nations of the world, have never been a conquering race and therefore, we live. Political greatness or military power is never the mission of our race. Our mission is to accumulate and spread spirituality, I am proud to belong to a nation which has sheltered the persecuted and the refugees of all religions and all nations of the earth Growth and development do not consist in struggles and attempts to believe a certain doctrine or dogma, but in realizing not in believing, but in being and becoming. Thus, the whole object of education and vocations is by

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In March 2020, the Reserve Bank of India issued guidelines that prohibit merchants including all e-commerce websites, streaming platforms and payment aggregators such as Razor pay and Instamojo from storing customer card information. The aim of this measure is to increase security of stored card details while reducing the risk of data breaches. Globally, and even in India, there have been several instances of financial data leaks over the last few years. With digital transitions increasing manifold, the likely consequences of a data leak both financial as well as in terms of trust can be very real and damaging. Taking cognisance of this issue, RBI has been progressively tightening regulations to ensure financial data security while also limiting the number of actors who can store sensitive data. Results of the exercise carried out by the J&K Delimitation Commission are in the public domain even though the proposals haven't been published in the gazette. Jammu is to get six more seats in the proposed assembly and Kashmir will be given one more. It will lead to a split of 43 seats for Jammu and 47 to Kashmir in a 90 member assembly. Kashmir politicians, rarely on the same page, are unanimous that their region got a raw deal. They still have time to convince the Commission. The J&K Delimitation Commission is a unique body, owing its existence to the provisions of the Jammu and Kashmir Reorganisation Act, 2019. The Act set the terms for the Commission. In addition to population, other aspects such as physical features, communication and conveniences were to be considered in the delimitation exercise. To put the extraordinary situation of J&K in perspective, it is important to consider Andhra Pradesh bifurcation. The 2014 AP reorganisation law states that the assembly seats in the successor states will be increased. That exercise has been put off till the first census after 2026, which is when there can be a national delimitation exercise. Chief election commissioner Sus

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Exercise is best avoided because of the danger of unintended consequences. And in J&K, the Commission should find a way to address the fears of Kashmir before it publishes its outcome. Gol warning to state governments on Omicron includes keeping public health infrastructure in operational readiness. But what about boosting healthcare workers immunity against the virus. A study published in Lancet has just shown that protection accorded by the AstraZeneca vaccine Covishield dips three months after the second dose. Currently, healthcare workers numbering around 70 lakh nearly 70% are those who took their second doses over six months ago. If the highly infectious Omicron variant surges in India too, many health workers can get infected. This, in turn, will reduce healthcare capacity to treat patients. Fearing this, the Indian Medical Association and some state governments have urged Gol to approve booster doses for health workers. That a booster dose of Covishield, administered to nearly 90% Indians, is unlikely to work well for those already jabbed twice with it has complicated the picture. Meanwhile, mix and match studies of Covishield with Covovax have shown good results. WHO and EU regulators have just cleared this SII manufactured vaccine for emergency use listing. Also note that WHO recommends that those jabbed with inactivated virus based vaccines, Coaxing, in India case, must also get booster list priority. Bharat Biotech intra nasal vaccine is apparently the booster for those jabbed with Coaxing but the timeline for its clearance is not clear. There no question that Gol must move. Both Covovax and BB intra nasal vaccine must receive focused official attention and all plans must be based on worst case scenario assumptions. We still don t know what the official thinking is on boosters that in itself is a policy gap that needs to be filled. States are moving to restrict activities Delhi and Maharashtra have put curbs on Christmas New Year partying and while moving

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## CISF-HCM-TEST-Dated-2023-02-01-Test NO.-6956

Festivities. Politicians are wreathed in loll. So here my annual take on Tar la land. Jesus says: Men possibly think that I have come to throw peace upon the world, and they do not know that I have come to throw divisions upon the earth fire, sword, and war. Whenever a man like Jesus comes, the world is immediately divided between those who are for him and those who are against him. You cannot find a single person who is indifferent to Jesus. Whenever a Jesus type is there, immediately the world is divided. A few are for him and a few are against him, but nobody is indifferent. It is impossible to be indifferent to Jesus. If you hear the word, if you look at Jesus, immediately you are divided: you become a lover or you become a hater; either you fall in line or you go against; either you follow him or you start working against him. Happen. Because a man like Jesus is such a great phenomenon and he is not of this world. He brings to this world something from the beyond. Those who are afraid of the beyond immediately become enemies; that is their way of protecting themselves. For those who have a desire, a seed hidden somewhere, who have been searching and searching and longing for the beyond, this man becomes charismatic, this man becomes a magnetic force: They fall in his love. They have been waiting for this man for many lives. The world is immediately divided: Either you are for Christ, or you are against him. There is no other alternative; you cannot be indifferent. You cannot say, I m not bothered. That is impossible, because a person who can remain in the middle will become a Jesus himself. A person who can stand in the middle, in neither love nor hate, will go beyond the mind himself. He creates great turmoil, not only in individuals but in society too, on the earth; everything comes to be in a conflict, a great war starts. Since Jesus there has never been peace in the world. Jesus created a religion. He brought something into the world which created such a div

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Because in you two things meet: This world the earth and heaven; they meet in you. One part of you belongs to the mud, to the dirt; one part of you belongs to the divine. You are a meeting point, and Jesus brought a sword to cut you asunder, so the earth falls to the earth and the divine enters the divine. When crises appear, heroes rise. These heroes come from all genders, regions, special disability groups and ages. This fact is precisely true for India, as much as it is for the rest of the world. The Covid 19 crisis has swept through the world like a Tsunami. All aspects of our lives have been disrupted, including health, education and livelihoods. While this catastrophic black swan event has impacted all age groups, young people, especially the age 10-24, have been affected the most. Apart from the effects of the virus, young people across the globe have been facing physical, mental and emotional trauma during the past 17+ months. Compounding this is the social, educational and economic insecurity that the lockdowns and curfews brought about. The impact has been manifold. Young people are experiencing an emotional tragedy, and they are at high risk of neglect, abuse, distress and other mental health issues and exploitation. Access to essential health, social, protection and education services is constrained by lockdowns. Young people are losing family, caregivers, leaving them without proper care. There has been an enormous learning loss as schools & colleges are shut across the country. 247 million children and young people are not able to access learning in school at all levels. In addition, many teachers have lost lives due to COVID 19. Remote learning is also disrupted in several states. Even before this second wave, digital tools and remote education was not available for many. Through this unprecedented crisis, one thing that has emerged is that young people want to lead and are capable of outstanding leadership. It is India youth that is making a significant

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The youth and we must understand that young people are the innovators, creators, builders, and leaders of the future. What is needed is a facilitator eco system in which young people can access the tools required to not only cope with the present but also transform the future as we all learn to grapple with the uncertainties and vulnerabilities that is being experienced. Our world is home to 1.8 billion+ young people between the ages of 10 and 24, the largest generation of young people in the history of the world. With more than 300 million+ 10 24 year olds, India has the world largest youth population and will continue to hold this until the next 20 years. Never have there been so many young people in any country at the same time. Never again is there likely to be such potential for economic and social progress. Governments, the Private Sector, Civil Society and Media must focus on the potential of young people and the role they will play in post pandemic recovery and shaping the future of our world. We must realize the importance of building an ecosystem for young people in terms of education, 21st century skills, career guidance and economic opportunities. We must begin to explore alternate for benefit economic models that are shaped by the youth with the intent of ensuring private gains while resulting in public good. Let us move to what action is needed to prepare our young people to be responsible adults, to skill them for jobs that are yet to be created, technologies not yet invented, and solve problems not yet anticipated. To help them face and navigate through such uncertainty, we need to equip our young people with such essential life and employability skills as collaboration, problem solving, effective communication, decision making, financial management, as well as curiosity, imagination, resilience and self regulation. Harnessing their potential and equipping them with the right skills will transform them into active change makers. This is where the role

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Arguably, the bull market of 2021 is the same one that started in 2009, with one big change. Retail investors, who sat on the sidelines for so many years, rushed in after the pandemic induced flash crash last year and have since been buying every dip with mounting enthusiasm. They represent not only a new cohort of investors but a new voting bloc; increasing the risk of populist backlash should one of the dips turn into another bear market. Remember that policymakers played a big role in starting this craze. Flush with government support cheese and fresh liquidity from central banks, new investors began pouring part of their income into markets, helping to turbocharge the bull run into Following various Western vaccine regulators approving boosters, WHO Strategic Advisory Group of Experts on Immunization SAGE has recognised a modest to minimal reduction of vaccine protection against severe disease six months after second dose, and called for targeted administration of boosters. Recall that India had followed WHO recommendations on vaccinating healthcare providers and first responders like frontline workers before moving to senior citizens and others. In the wake of WHICH nuanced advice on prioritizing boosters, go must t wait any longer. A booster dose for high exposure groups like healthcare workers and high vulnerability groups like senior citizens and those with comorbidities ahead of a feared third wave would be a rational and science driven approach. AstraZeneca has said that a new Oxford study, yet to be published in a peer reviewed medical journal, suggests that a three dose course of its vaccine Covishield maintains neutralising antibody levels against Omicron. Earlier, there were fears that a viral vector vaccine like Covishield may not fare well as a booster for those already dosed twice with it. Unfortunately, comparable Indian studies are few in number. CMC Vellore is undertaking mix and matching of Covishield and Coaxing to study their performance as a b



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## CISF-HCM-TEST-Dated-2023-02-01-Test NO.-6962

Growing reliance on mRNA vaccines, which are unavailable in India, Go must invest in local research on booster and mix and match trials. With increasing reports of people, including health workers, securing third doses on the sly, go must delay a clearly defined booster policy. Uncertainty arising from both global factors and the trajectory of the pandemic influenced RBI monetary policy committee MPC meeting this month. MPC minutes point to the growing complexity in economic policy making and the need for synchronization of monetary and fiscal policies to insulate the economy from uncertainty and also provide policy support to an underperforming economy. Consequently, there unanimity in the committee that the policy interest rate needs to be kept at the current 4%. A sharp rise in inflation across many countries is the root cause for uncertainty stemming from global factors. This is expected to play out in India too, with RBI projecting average inflation in the January March quarter to be around 5.7%, a level above the forecast of 5.3% for 2021 22. Supply disruptions as economies normalize and a rise in commodity prices, especially crude; pose the biggest challenge in India inflation scenario. RBI challenge in this scenario is that while it has to deal with both domestic inflation and the possible turbulence in financial markets as major central banks adjust their policies, it also has to provide monetary support to economic revival. The MPC minutes show the committee is not yet convinced that the revival seen in the July September quarter is durable. The economic scenario calls for close coordination between monetary and fiscal authorities. So far, India approach has been to let monetary policy based on surplus liquidity and a low policy rate provide the primary boost for the economy. However, uncertainty usually catalysis risk aversion among banks. Therefore, fiscal policy may have to plug the gaps in some contact intensive sectors that haven t yet recovered. As st

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Arrangement that suited India early political masters who faced the wrong end of the stick from the British military, carried scars into the era of independence and assumed that the British trained Indian military needed to be put in its rightful place lest it emerged as an alternate power center in Indian politics. For me, and many like me scattered all over the world, Christmas will always be spelt Calcutta. The Calcutta I knew and loved embodied the spirit of the Yuletide season which, like the mellow December sunlight, seemed to seep into the houses and streets so that the city appeared to glow with a borrowed radiance. From the mazy lanes behind Ripon Street and Elliot Road rose an aroma of cakes, each made to an Anglo Indian recipe as prized as a family heirloom, given to be baked by Muslim bakeries, and to be eaten as an ecumenical Prasad by Christians, Hindus, and atheist Marxists alike. It the season of gifts and giving all over the world, from Deepavali, Thanksgiving, Hanukkah, Christmas, New Year, to Pongola and Sankranti, and it continues until spring. Actually, the timing of the gift really depends on the call of the giving heart or the hour of need of the receiver. The best gift is one which has the intention of purity behind it. That would show the state of joy or peace of the receiver, which matters most. A cup of cool water to a thirsty man in a desert is more precious than gifts of jewels or millions of dollars to a wealthy man. Now, how do we evaluate a gift the capacity of the giver is more relevant than the material value of the gift. Saints like Sheri Ram Chandra of Shahjahanpur, Babuji, admired a few rupees donated by a needy woman more than millions from billionaires. Gift it can only be love! The intention and attitude associated with the thought and the gesture are equally valuable. In the Ramayana, there is the story of Shagbark, the tribal woman who gave half eaten fruits to Ram and Lakshmi, the sons of King Dashrath. This old woman would

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## CISF-HCM-TEST-Dated-2023-02-01-Test NO.-6964

Water purification, process by which undesired chemical compounds, organic and inorganic materials, and biological contaminants are removed from water. That process also includes distillation and deionization. One major purpose of water purification is to provide clean drinking water. The purification procedure reduces the concentration of contaminants such as suspended particles, parasites, bacteria, algae, viruses and fungi. Water purification takes place on scales from the large to the small. Water from inlets located in the water supply, such as a lake, is sent to the mixed, coagulated, and flocculated and is then sent to the waterworks for purification by filtering and chemical treatment. After being treated it is pumped into water mains for storage or distribution. Most communities rely on natural bodies of water as intake sources from water purification and for day to day use. In general, these resources can be classified as groundwater or surface water and commonly includes underground aquifers, creeks, streams, rivers, and lakes. With recent technological advancements, oceans and saltwater seas have also been used as alternative water sources for drinking and domestic use. A historical evidence suggests that water treatment was recognized and practiced by ancient civilizations. Basic treatments for water purification have been documented in Greek and Sanskrit writings, and Egyptians used alum for precipitation as early as fifteen hundred BCE. In modern times, the quality to which water must be purified is typically set by government agencies. Whether set locally, nationally, or internationally, government standards typically set maximum concentrations of harmful contaminants that can be allowed in safe water. Since it is nearly impossible to examine water simply on the basis of appearance, multiple processes, such as physical, chemical, or biological analysis. The key reforms include these regulatory reforms will go a long way in enabling a change in outlook

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Moves from its current fifth place to third worldwide. But the true measure of prosperity and inner strength is per capita GDP, where India ranks 142nd in the world. We must strive to be among the top 50 for which the prerequisite is to cultivate employability. Independence Vs. Freedom of choice Heading into the last quarter stretch to celebrate India 100th year of Independence in 2047, it is essential that we empower our youth with the ability to distinguish between independence and freedom. Freedom is different from economic independence in that it will equip them with the ability to make choices. The youth of India deserves better choices than those made available through the prevalent supply-driven model. Youth unemployment and underemployment continue to be a major challenge across all groups. We must correct the mismatch between education and skills on the one hand, and labor market demand on the other. Apprenticeship programs offer better choices to India large and growing youth population than the current supply-driven model. Apprenticeships hold the key to correcting the supply-demand mismatch by aligning skills with the demands of the market. India must put into action the plan wonderfully articulated by Hillary Clinton as part of the discussion during her 2016 Presidential campaign, I want to invest in community colleges, training programs, and high-quality apprenticeships that help people gain the skills they need for the jobs of the future. A recent study outlines the barriers that deter women from advancing to leadership roles in the social sector and how they can be overcome. According to a 2015 survey of 328 organizations, women comprise 53 percent of the employees in the social sector. Despite this, more than 81 percent of social purpose organizations (SPOs) in the sector are led by men, and only 34 percent of organizations have women in managerial positions. Having women in leadership positions helps broaden and diversify an Organisation outlook and

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It will be instructive here to have a look at what way the RSS stance has changed vis-à-vis minorities since its inception in 1925 by Late Dr. Keshav Baliram Hedge war. Hindus then were disorganized & historically had therefore suffered reverses & attacks on their culture & identity. The priority for the RSS then was to organize the Hindus, a community, one of the most tolerant communities & hence, one which was poached throughout the known history creating a hostile opposition to the majority community. RSS now represents a large section of the Hindu society & is able to hold meetings and conduct dialogues with other communities from a position of strength. Why did Dr. Hedge war, who was a Congress leader from Nagpur and who had been a member of the Anushilan Samiti of the Revolutionaries in Bengal, felt the need to organize Hindus? The answer lies in the appeasement of the influential Muslim clergy & the upper crust of the Muslim community by the Congress leadership led by Mahatma Gandhi, purportedly to counter the British policy of Divide & Rule. Following this policy Gandhi supported the Khilafat Movement, a divisive movement which turned into a communal movement culminating into a genocide of Hindus in Malabar. It is noteworthy that Khilafat Movement was opposed by Jinnah whereas Maulana Abul Kalam Azad had supported it. The genocide of hapless Hindus prompted Dr. Hedge war conceive an organization of Hindus. This led to the formation of RSS in 1925. Now that RSS has grown into a force to reckon with, the present Chief of RSS, Dr. Mohan Bhagwat has embarked on the mission to bring the Muslim Community into the mainstream which Congress did not do in pursuit of its narrow political interest or rather alienated the community. With the response he is getting from the intelligentsia and certain sections of the Muslim Community, it is hoped, the bond between the Hindus & Muslims will be strengthened, who have for generations lived harmoniously. The outreach of Narend

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The other, but it filled their hearts to the brim with gratitude. It is at forgiving the best gift miraculously, it turns out to be a double gift; it works for the giver and receiver. It has the potential to usher in a new heaven on earth by saving the world from hatred. Babuji Maharaja, the founder of the Heartfulness movement, adds that besides forgiving, if we also express our gratitude for the lessons learnt, perhaps that is the greatest in gift giving. However, only the one who has received divine grace can do it easily. The Divine grace is the highest gift. It can happen in the presence of a divinized personality and not because one is deserving, meritorious or has earned it. While planting a sapling today is a splendid gift to future generations and there are other noble ways to give, like contributing to your favorite charities or performing acts of service, we need to continue aspiring for the highest, too! That my wish for you. May that grace from the Divine descend on you in your act of giving and gifting For nearly two decades, everyone has been talking about healthy snacking as the next big thing in the Indian packaged snack industry. However, that has not translated into reality even today. Go to any retail store, and you will find shelves stacked up with health bars, mueslis, and machines almost screaming out loud healthy. However, it is surprising that health bars and machines accounted for a minuscule share of the Rest 80,000 core healthy snacking segments in India last year. The revenues for health bars and machines, two of the leading health snack categories, are still languishing at INR 97 core and INR 150 core, respectively, despite massive investments into building these categories. Does that mean Indian consumers are not looking for healthier snacking options Not at all According to a recent survey by Imposes India, a research consulting firm, 78% of respondents feel healthy snacking is essential very important 58% and Fairly Important 20% amidst

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## CISF-HCM-TEST-Dated-2023-02-02-Test NO.-6970

Consumer with better for you chips, chocolates, and cookies. Recent innovations such as popped potato chips with less fat, none refined sugar dark chocolates, faux ice creams, and functional benefit sugar free cookies have caught consumer attention instead. These are not termed healthy but better for you alternatives, which are likely to attract massive consumer acceptance. However, brands need to commit themselves to serious product innovation and food technology for this to happen. After all, popcorn continued to grow as a category at an estimated revenue of nearly INR 1000 core without much hype and hoopla. And this goes to show that there is a clear opportunity to build a healthy snacking category as long as consumer taste is respected. While clearly, the time is over for unhealthy mass produced snacks, for brands to see massive growth of healthy snacking, consumers preference for taste needs paramount importance. Food brands need to understand that health bars, immunity balls, and peanut butter would soon become a fad. Hence, they need to divert their marketing dollars from health bars, immunity balls, and peanut butter to investing in serious food technology. Remember, cereals and corn flakes were promoted as healthier breakfast options two decades ago and hold no significance today. The millennial want to have fitter options, something they can consume while on the go, at the movie theatres and music concerts or sports matches without compromising on the taste. They are still looking for fitter chocolate or fat free wafers, or thirst quenching soft drinks that are not laden with sugar and carbonate free. Can food brands bring these innovations The Indian consumer is looking for lip smacking, better for you chips, and chocolates. Let make that happen! Have you ever have had a boss who was the best person to work with They were exemplary leaders, understanding mentors, wizards in solving problems but biggest of all awesome coworkers. When they talked everyone he

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Leaders of the Zodiac not just metaphorically by the order they appear in the rank but by their blazing confidence that makes them take initiative. With their inborn quality to lead it comes as no surprise that they make great bosses. As a boss they are strict and know how to get work done, they expect everyone to follow their lead as they lay the path for their employees to walk in. Bearers of the ram are always high on energy and keep the workplace equally heightened with the enthusiasm and zest towards work that they propagate into others. They are bosses that respect the deadline and make sure everyone adheres to it. They also foster in creativity at their workplaces. Take for example Larry page or Makes Ambone. Virgo: The attributes in the list of characteristics defining Virgos makes it come as no surprise that they are in our list of some of the best bosses. Practical, Diligent, Perfectionist, Sensible, Hardworking, stubborn and critical. With their nitpicky eye to detail they make sure they select all the best projects and bring out the best in their employees. Their perfectionism makes them the boss whose department always delivers the best finished report with minimal to no error. Being the critical thinkers that they are they analyze problems like none other and deliver optimal solutions that function in the real world. Virgos are the kind of bosses who are amongst last people to leave the workplace or the ones who literally make offices their home until a deal is sealed. Want to know a great Virgo boss Warren Buffet. Scorpio: The passionate Scorpio boss is a competitive master; they bring out the best in their employees by engaging them into a healthy yet intense competition. The Scorpio boss holds back nothing if something gets on the way of their master plan. Their intense personality combined with their sharp brain that can bend people according to their will makes them some of the most awe inspiring bosses. Remember that because of their determined an



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What is sacrilege for one may appear a frivolous misdemeanor for the other; or what is righteous outrage for one is a hissy fit for the other. Yet there are believers everywhere and when there is faith there is always a symbol that is held aloft. Recent reports on the sacrilege in the Golden Temple urges one to tread carefully as you cannot take a foghorn to court, nor leave it behind. The dilemma is real. Allahabad high court observation on whether UP polls should be deferred and an IIT Kanpur study forecasting an Omicron peak in early February when elections are also due in Punjab, Uttarakhand, Goa and Manipur gives India three election commissioners much to mull over. By now, Election Commission has the experience of conducting last year Bihar and this summer five state assembly elections amid the Covid pandemic. But this also came with flak from courts over failure to enforce its own social distancing norms at election rallies. Amid India frenzied enthusiasm for elections, playing referee to political parties, big nets and their grassroots functionaries is an unenviable task. In desperation EC had even banned rallies at the far end of the unnecessarily long winded Bengal elections as Covid infections surged. No party really took to virtual rallies after making tepid starts. But India growing smartphone base expected to touch 83 cores in 2022 remains an opportunity that most parties are exploiting enough, especially given infection concerns. The Bengal nightmare demands that EC must keep all its options open in view of the fluid situation. If needed, it must even consider deferring elections if a third wave gains pace. Elections, while absolutely necessary for democracy, can surely wait a bit to tide over a public health emergency. The terms of all five assemblies are getting over and options are available like President Rule or Parliament extending assembly term or a caretaker CM continuing. Except Punjab, all others are ruled by BJP. So EC decision may get easie

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The marriage age to remain at 18 if families are involved in arranging it. However, they want it to be 21 if it a court registered marriage as it lowers the possibility of elopement. Here, elopement is chap speak for castigating those choosing their own partners. The position of chaps embodies all the regressive traditions that deprive women of their individuality and keeps them tied down. Haryana chaps are not an exception when it comes to suppressing individuality of women. There are many other social institutions across India that carries on in the same way. Sadly, the political class lacks the courage to confront these institutions. The least they can do is create an economic environment that allows women to break free of tradition shackles. Imagine this you re 17, preparing to go to the UK for your studies, and someone sends you the link to a news article about a developing Covid 19 situation in London that might affect your travel plans. You click on the link and you re asked to share your date of birth before you can read the article. You fill that in, and the website asks you to get parental consent to read it. The same thing happens as you go from site to site to get this information, before you get fed up and ask a parent to read it. In the biblical narrative, we read about the wise men from Persia who brought gifts to baby Jesus. They brought Him gold, frankincense and myrrh. These gifts hold a lot of significance and meaning. Gold represents royalty. This is evident because these wise men came looking for a king and they went searching in a palace. In fact, their query in Herod palace was where he who is born king of the Jews While is this unsettled King Herod, the biblical account of Jesus kingship is subversive. This king was born in a borrowed manger. The kingship ascribed to Jesus is not political power. Just before Jesus crucifixion, the Roman governor, Pontius Pilate, asked Don you realize that I have the power to release or crucify you Jesus replie

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Was to plead on behalf of the people. Jesus comes across as one not only to represent God to humankind but also to represent humanity before a holy god. The Bible underscores this role of the Messiah that was born for we do not have a high priest who is unable to empathies with our weaknesses, but we have one who has been tempted in every way, just as we are, yet he did not sin. Truly, a pleading priest. The third gift that was offered to the baby was myrrh, which is also a sap like substance taken from certain trees, has medicinal value and is also used in embalming. Myrrh, symbolises death. Jesus was introduced at the start of his public ministry as a lamb who would take away the sin of the world . From Abraham to the Passover in Egypt, these Jews had sacrificed a blemish less lamb for forgiveness. The blood of a lamb was only a shadow of the ultimate sacrifice that God Himself would offer. Gandhi once observed Jesus, a man who was completely innocent, offered himself as a sacrifice for the good of others, including his enemies and became the ransom of the world. It was a perfect act. As the adage goes what you are is God gift to you, what you become is your gift to God. This Christmas season, no matter who you are, by His grace, you could be a gift to someone else. Let make sure the gift goes on. AstaGuru will host its upcoming Modern Indian Art auction on December 27 28, 2021, featuring artworks by the Avant grade of the Modern Indian Art world such as Tybee Mehta, M F Husain, F N Souza, Jahangir Sabavala, S H Raza, Ganesh Pyne, Ram Kumar, Jogen Chowdhury, Bikash Bhattacharjee and Prabhakar Barwe amongst the others. 5 masterpieces stand out in this melange of must haves for art collectors. Tybee Mehta Diagonal and Figure with bird Tybee Mehta mandarin of the metaphor leads the auction with Figure with Bird 1987 an important masterpiece given the fact that this was possibly the first instance when the artist incorporated the motif of a bird in his imagery. Deeply

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Very long time. The work is estimated at INR Souza landscape Souza cubist stroked landscape from 1957 is a masterpiece that is reminiscent of Victorian style architecture. Manor House, is an amalgam of color compositional charisma and brilliance of execution Souza divides his canvas into evocative zones of scarlet and emerald green against a pitch black sky. Rich impasto broken with thick black lines reveals a love for creating resonant landscapes with brightly colored foregrounds so as to heighten his subject and cityscape features, Souza imbues this Manor House with his signature dynamism of grandeur and vitality. It will be offered with an estimate of One of India greatest pedagogues, the pioneer of pointillism in India, N S Bender closely followed Western art movements, as he moved from early Expressionism to Pointillism in later years. Over decades, he incorporated and adapted these influences into his own style, rooted in the Indian landscape. This landscape replete with figures in a village setting, and quintessentially filled with rural rhythms is a symphony of color and form created in soothing tranquility. The present lot is a fine example of his Pointillist phase, created at a time when he had achieved mastery over his style. Painted in 1980, it is an idyllic rendition of two women in the midst of various activities, including leading and tending a flock of ducks. The darkness of the twilight sky and hilly range in the background, offset by white washed houses and hills and trees in the background create a moody juxtaposition, while the hint of the rising orange hued sun further builds upon the pastoral . According to Ram Chatter, Bender, in the latter half of his career, concentrates on the depiction of joy, the charm that the world has to offer to anyone who cares to see it. He uses familiar formsâ€¦ he conveys the effect of distance with gradual elimination of details. He gives prime importance to his visual experience, but he does not resort to naturalis

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Of land and expanses of water; demarcations of land as arid and fertile; febrile rock and luxuriant vegetation; sunlight and shade; moisture and mist were all communicated through his use of colour. The palette used for these works ranged from brown to ochre to deep blues, and the overall composition realised through subtle tonal variations that infused the canvases with a sense of movement and energy. Yes, that so true. As we all move close to the end of 2021, here are a few ideas that can help us all make the best out of our days ahead. Many friends might have lost hope for resolutions after failing to achieve those in their past. Here is an excellent opportunity for us to implement these 4 ideas in 2022 and launch ourselves on the happiness mode. We all know what eyesight is all about. But human eyes come with a limitation those can see only what is physically present in this universe. There is a limit to the maximum distance at which we can see things. Well, there is a potent tool given to each one of us by God. This is called Mind Sight an ability to visualize future manifestation. This is a powerful technique applied by almost all winners in this universe. In simple words, Mind Sight is the ability to see our future goals through the bridge of time in the present tense format. To do so, one must learn the art of meditation. The best way to add power to your mindsight is to spend just 20 minutes in the peaceful world of meditation. Write down your dreams and desires. Flag a timeline for all your goals. Bifurcate those into short terms and long term targets. Now start meditation. Mentally transport yourself into an imaginary world of the future, where your aspirations have manifested. Do this exercise every day for 15 20 minutes. Recently I addressed a group of people and asked them if they have problems in life. Each one of them raised hands. We all have problems, and we keep feeding those and make them ever bigger all because of the words we use. By addressing

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India urbanization is expected to accelerate in the coming decades. According to urban population projections, every second individual in India will be living in a city or a town by 2050, implying an urban population of about. As urbanisation is an inevitable outcome of future economic growth, it is important to ask Can Indian cities handle such a massive transition over a relatively short period of time. The failure to plan for such transformations often creates pockets of social, economic, and ecological deprivation in cities. This urban distress takes many intersecting forms such as poor quality housing, inadequate infrastructure, poverty, and pollution, which affect the development of the city as a whole. In developing countries like India, two intersecting factors can explain urban distress. The first is increasing socio economic vulnerabilities among city dwellers, which are a result of economic inequality, lack of universal access to basic amenities, lack of social security, the threat of climate change related disasters, among other reasons. This is compounded by a second factor, which is the limited capacity of local bodies to adapt to emerging issues in both small and large urban centers. Therefore, successful progress towards the 11 on sustainable cities and communities and the requires deep urban governance reforms in India. Successfully addressing urban distress through governance reforms first requires acknowledging that it plays out differently in cities of different sizes. Take for instance Chennai, a megacity in Tamil Nadu with a population of more than 7 million, and Sitamarhi, a small town in Bihar with a little over 100,000 inhabitants. Both cities doubled their population between 1961 and 1981. And although they are different in terms of size and economic importance, both cities have experienced a slowing rate of urbanisation. Between 2001 and 2011 Chennai added only 0.3 million inhabitants, while the total population of Sitamarhi decreased due to

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Flooding. In spite of these differences, policies and plans to tackle urban distress are often built around the needs and requirements of metropolitan cities. As a result, smaller towns and cities non million plus statutory towns where 43 percent of India urban population lives are overlooked. 1 This means that smaller towns and cities are often unable to access adequate resources, thus limiting their ability to upgrade and expand urban infrastructure as they grow. Additionally, the lack of technical knowledge and organizational capacities among the administration in small towns is a bottleneck for optimal utilisation of already scarce resources. This hinders a city ability to attract investments, which in turn affects the living conditions for a majority of its population. Across India, villages are urbanising rapidly. These rural areas that have urban characteristics such as a minimum population of 5,000, at least 75 percent of the male main working population in the town engaged in nonagricultural activities, and a population density of at least 400 persons per square kilometre are being reclassified as census towns. According to the 2011 Census, nearly 15 percent of the country urban population lives in census towns. However, despite these areas being functionally urban, they continue to be governed as rural areas rather than municipalities by Panchayati. This raises a question: How should we address urban problems relating to urban infrastructure such as streets, water, electricity, and waste management in towns governed by rural systems Using a rural development and governance framework for census towns can heighten distress and limit their access to schemes and finances available to urban areas. This can significantly hinder their growth, if special attention is not attributed to them in urban policy. Take for instance Oggiam Thoraipakkam, a census town near Chennai that has a total population of 75,000, which is larger than many towns in Tamil Nadu. Despite

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## CISF-HCM-TEST-Dated-2023-02-02-Test NO.-6981

Pasmandas as a political party can be construed as a political strategy to broaden the party base. However, it must be understood that BJP as a part of the RSS Parivar is committed to the RSS Ideology & hence any change in RSS stance is bound to be reflected in the change in the stance of the BJP. Outreach by PM Modi to Pasmandas in BJP two-day National Executive Meeting in Hyderabad on July was followed by meeting of the RSS Chief with Muslim Intelligentsia & other influential community leaders with the aim to bring Muslims, particularly the Pasmandas into the mainstream which was ignored by the Congress since the time of the freedom struggle. It must be understood, the Parivar has been trying to achieve this from the position of strength it has acquired, particularly since 2014, when Narendra Modi became the Prime Minister. The efforts of the RSS Chief have been appreciated by a section of the Pasmandas. It must be understood that the efforts of the RSS Parivar, including the BJP are in the right direction, directed towards reconciling the differences between Hindu community & other communities, starting with the Muslims. Let us hope the efforts of the RSS Chief & the PM bear fruits in bringing the reconciliation among various communities in the country including Muslims, so essential for the country progress. The Indian Animal Husbandry and Dairy industry is vital to the growth of the rural economy. A revival in economic activities, increasing per capita consumption of milk and milk products, changing dietary preferences and rising urbanization in India, has driven the dairy industry alone to grow by 9-11 in 2021-22. The sector provides income generation opportunities for millions of households and also serves as an essential food source for them. The government has been actively involved in providing the required impetus for developments to take place by introducing various schemes and programs and staying committed to the fact that healthy and sizable livestock



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Nahar Singh (supra), the Apex Court again reiterated the law after considering the judgment of the Constitution Bench of the Apex Court passed in Dharam Pal case (supra) and observed 4 of 11 that even if a person is not having any place in the police report submitted under Section 173(2) Cr.P.C. but if after perusal of the material collected by the Investigating Officer during investigation, Magistrate arrives at the conclusion that against him also there is material to issue summons then after taking cognizance he can issue summons to him too, therefore, from the law laid down by the Apex Court in the case of Dharam Pal (supra) and Nahar Sing (supra), it is evident that Magistrate has ample power even to take cognizance for the offences in which, charge-sheet was not submitted and can summon the accused in the added section, therefore, impugned order dated 10.01.2022 cannot be said to be illegal and instant application is liable to be dismissed. Analysis 10. The core issue in the present application is that whether Magistrate is empowered to add any section at the time of taking cognizance and can issue summons to accused for such offence along with the offence mentioned in the charge-sheet. 11. The power of the Magistrate to take cognizance is prescribed under Section 190 Cr.P.C., which reads as 190. Cognizance of offences by Magistrates. (1) Subject to the provisions of this Chapter, any Magistrate of the first class, and any Magistrate of the second class specially empowered in this behalf under sub- section (2), may take cognizance of any offence- (a) upon receiving a complaint of facts which constitute such offence; (b) upon a police report of such facts; (c) upon information received from any person other than a police officer, or upon his own knowledge, that such offence has been committed. (2) The Chief Judicial Magistrate may empower any Magistrate of the second class to take cognizance under sub- section (1) of such offences as are within his competence to

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## CISF-HCM-TEST-Dated-2023-02-02-Test NO.-6985

Conservation of indigenous breeds is highly imperative. While cattle productivity can be supported by facilitating adequate healthcare facilities and increasing the availability of high genetic merit bulls for semen production, with the implementation of modern technologies, like Genomic Selection sex sorted semen production and Artificial Insemination, availability of high yielding female calves for the farmers is bound to increase. The industry is looking at interventions, like establishment of IVF laboratories, or making reproductive technologies available to the farmers at affordable prices at their doorstep. This allows us to ascertain a wide-spread demand on the rise for opening of such scientific facilities in the earliest possible time throughout the country. Technology & Training Boost RFID and Block chain The emergence of private sector players to drive technology led innovations that can enhance production, logistics and marketing of dairy goods and services is a trend that is gathering huge traction. The industry seems well-positioned and forthcoming for tie-ups between the public sector and the upcoming agroi-tech firms to pave the way for the scope to strengthen the dairy industry supply chain by all means possible. Such initiatives are sure to allow technologies like artificial intelligence, block chain and RFID to streamline trade by improving cattle management practices and facilitating a greater integration within the ecosystem. The provisions of technology and training go hand in hand. While at one end we are looking to strengthen the dairy infrastructure by embedding necessary technologies at different levels such as biometrics for cattle identification, Iota devices and drone technology, on the other hand a great window of opportunity exists for empowering the farmers by facilitating educational training programs and digital platforms to learn the A to Z of making dairy business profitable. Strengthening dairy processing infrastructure to meet dem

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## CISF-HCM-TEST-Dated-2023-02-02-Test NO.-6986

And bio fertilizers has opened up a completely new avenue for prompt intervention by all the existing stakeholder and new ventures to tap into. The trend of generating energy from solid and liquid biomass presents vast opportunities for the rural population to earn a livelihood and also helps to enhance the income of farmers. It is an area which is highly lucrative and yet untapped for energy companies, fertilizer manufacturers and other relevant players to initiate base while working with the farmers by implementing programs to educate and train them. The collective view amongst industry stakeholders for actual growth of the sector is to explore opportunities that generate employment and are profitable such that they pave the way for a technologically advanced and sustainable future. India is a country with a vast population. Although rise in population is a big problem, economy wise, India is well on its way to become the youngest country in the world with the median age of 29 years. In a young country with more and more graduates looking forward for a bright future, India produces over 1.5 million engineers every year out of which only 20 of them get employed. So, what are they lacking? Is engineering degree enough? Is it sufficient to cope up with the multi-tasking requirement of the current corporate scenario? The answer is simple, India thriving commercial environment asks for managers across all verticals. Only people with exceptional managerial and leadership skills are able to find their way up the ladder in the long run. Even after engineering, the need is to acquire managerial skills to offer the employers a perfect blend of analytical and leadership qualities and stand out in the crowd. A well thought off management course after engineering is the right approach for a thriving career ahead. But out of so many management courses available, which one suits the best for an engineering graduate? Here an exhaustive list of the best suited courses crafted for e

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## CISF-HCM-TEST-Dated-2023-02-03-Test NO.-6987

In a post pandemic world. I distinctly remember sitting on the banks of the Ganges and watching the Ganga dolphins surface up and go down, in my home town Patna. This was the mid nineties, and I was only beginning to appreciate the wonders that Mother Nature has so freely provided us. And yet, the sight of the serene river flowing by would leave me spell bound. Rivers are more than flowing water bodies for us. They are a source of art, literature, poetry as well as reverence. They are integral to our cultural identity. Needless to say, by providing us with water to drink and irrigate our farms, they are a source of life itself. Rivers enrich our planet with the ecosystem they support. Freshwater aquatic life is a world in itself. The rivers drain about three fourths of the land surface of earth. They make possible the biotic interactions among plants, animals and micro organisms, as also abiotic physical and chemical interactions. The flow of water in the rivers of our country is unidirectional the river carries water from its source to its destination which can either be another river or the ocean and seas. The organisms that live in the rivers, such as fishes and reptiles, have adapted to live in these conditions. Think of the unique life forms that this system sustains, for example, the hila fish, which must swim upstream from the oceans to the Ganges to spawn. For a moment, imagine what life would be like without rivers. This will be a bleak and grim world, with considerably less life figuratively as well as literally. It will also be a world of droughts and famines. Thankfully we don't have to live in such a world. But the threat is real. There have been news reports of big cities staring at day zero a day when they run out of water for their needs. The government has been trying its best to rejuvenate our rivers. Manama Ganged can be taken as an example. It is a scheme for cleaning up the river Ganges. But the question that arises is it only the government resp

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They have access to. The information can pertain to cultural, social, ecological, religious and other aspects of the rivers. The information is collected on a mobile application Nadir koi Jana that was launched by our education minister Sheri Dharmendra Prada on 25 July 2021. The competition will also lead to creation of a database about the various facets of our rivers, some of which may be novel. Students of colleges in Delhi have been enthusiastic participants in this competition. My interaction with them reveals their excitement as they discover new facts about their rivers. These interactions also take me back to my younger days in Patna, and particularly chatty puja celebrations. My entire family would visit the Ghats to perform puja to the setting and the rising sun by offering argh in the Ganges. One hopes our future generations will also get to experience the great joys that our rivers bring to us. As India continues to fight Covid 19 and Omicron, and people continue to fear venturing out, digital initiatives in both advertising and marketing will become more prevalent in 2022. According to the most recent statistics, there are around 3.78 billion social media users globally. The number of such users is expected to climb again next year. Social media trends will rule the advertising and brand strategies in the coming year. Marketing and business will become more varied, inclusive, and responsive to real client requirements in the future. While AI and data driven marketing will continue to advance, the primary focus will remain on people rather than technology. Traditional in person events and promotions have given way to virtual space in brand awareness initiatives. We live in a world of social media marketing, and every company understands the value of social media. Whether you are leveraging influencers, referrals, or simply providing good content, social media has proven to be an important part of building brand recognition. This is due to the fact that s

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## CISF-HCM-TEST-Dated-2023-02-03-Test NO.-6989

Companies will be able to benefit from new features which Meta will introduce. With the help of new emerging social media trends, they will be able to expand their product reach and visibility. Influencer marketing is expected to reach \$13.8 billion in 2021, with growth expected to continue in 2022. Influencer marketing efforts add a personal touch to the product, making it more relevant to the user. Thus, B2B brands will continue to embrace influencers in light of current trends. In the digital world, LinkedIn is still a growing star. The company just launched a Hindi version to cater to the 600 million Hindi speakers throughout the world. With 82 million members in a global community of 800 million, India is a key market for LinkedIn growth and the second largest market in terms of members after the United States. Since the pandemic, India member base has expanded by more than 20 million 15 percent year over year, and participation and talks on the platform have increased dramatically. This will continue to be a great way for brands to reach out to their target demographic. Building brand recognition may require some trial and error, but having a dedicated awareness plan will surely help in your brand visibility. By following the latest social media trends, you may position yourself to become a brand that stands out in the eyes of your customers. India vaccination drive is nearing 150 core doses. The country has vaccinated over 87% of its adult population with at least one dose and over 56% are fully vaccinated. India has around 200 cases of Omicron, while the total number of active Covid 19 cases in the country stands at 79,097, the lowest in 574 days. Progress in mass vaccination ought to put India in a better position to deal with Omicron and future mutations. This argument is supported by US based rating agency Moody, which has said countries with assured supply of effective vaccines and delivery systems, and high levels of vaccine acceptance by the public would

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Areas and has currently been granted permission to operate in Manipur, Nagaland and Andaman and Nicobar islands. Its coverage must be expanded to hilly states and other islands across the country to speed up vaccination. Globally, UNICEF is employing methods like running dedicated chartered flights, and multi stop chartered flights, with support from its partners, to address vaccine shortage, particularly in countries in West and Central Africa. Another area where new approaches are required is in dispelling vaccine hesitancy. I would like to take the example of civil society organizations like Smile Foundation to detail this point. Through initiatives like Health Cannot Wait, they have mobilized teams of dedicated vaccination counselors who are helping people by allaying concerns pertaining to vaccination, and by encouraging health seeking behavior. The task of disproving rumors, half truths, and lies around vaccines is a challenge of mammoth proportions, especially given India size, diversity, and cultural complexities. Efforts in this direction must therefore be encouraged and emboldened, empowered. Behavior science would also play a great role in nudging people towards vaccination. Mass communication strategists would do well to be informed by behavior science to create personalized messages to address doubts, fear, and lethargy. Researchers at the Asoka University Centre for Social and Behavior Change have formulated suggestions on how officials in the Uttar Pradesh government could nudge people to get vaccinated. They have studied decision making and human actions to try and address lethargy and fear among the partially vaccinated. Mass communication strategies to improve second dose uptake should emphasize the most local good: protecting our loved ones from hospitalization and death. People often respond to social proof, like messages that most people who got the first dose have taken the second dose and are better off for it. Communication should then emphasi

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## CISF-HCM-TEST-Dated-2023-02-03-Test NO.-6991

Even in the New Year, will there be fear or will the pandemic descend the slope, as we fervently hope Will vaccines win the game, even if variants don't stay the same or will we still need to seek safety behind a mask, as taming the wily virus is no easy task. I have been posed these questions, which are on everyone's mind. I will start with the disclaimer that uncertain elements of virus behavior and inconsistent elements of human response dim the images on my crystal ball. However, science provides a light to navigate through the thickets of available facts and posit a plausible path that the pandemic may take during 2022. Prime Minister Narendra Modi's Christmas Day announcement on boosters and children vaccination was welcome, but much more detail is needed to get a proper idea of how India's third dose programme will play out. The regulator has authorised two vaccines for children and Bharat Biotech Covaxin. In addition, three more vaccines are in the clinical trials stage in India for use in children. The regulator had earlier given permission to BB and Biological E to conduct clinical trials for boosters. India has other options across the spectrum of vaccine technology platforms. Covovax, a protein subunit vaccine manufactured by Serum, received WHO authorisation on December 17. Two other vaccines in the regulatory pipeline are BB intra nasal vaccine and Genova mRNA vaccine. But knotty questions remain. Are we to assume that given supply timelines of new vaccines, and the January 10 start of the booster programme, adults will initially receive the same vaccine they were double dosed with as the third shot? How efficacious will that booster be? This is all the more important because medical professionals, the most high risk category, will be the first to receive boosters they need meaningful protection. Remember that most global studies, aside from a recent one on AstraZeneca, concluded that booster shots must be based on a technology different from that of the



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Not only be rapidly executed, it should have also been based on expert reviewed and publicly available scientific conclusions. While one must wait for GoI details on boosters, one suspects key questions will not go away even after the fuller programme is announced. Just days after Bharatiya Kisan Union Charuni launched a political party to contest the upcoming assembly elections in Punjab, another 22 farmer groups have followed suit to launch their own political front. The new Sanyukt Samaj Morcha is led by senior farmer leader Balbir Singh Rajewal, and its electoral debut is bound to further fragment the crowded field in Punjab. For decades a two horse or a two and a half horse race, Punjab politics today hosts multiple actors pulling in different directions. Actually, at the height of the farmer agitation over the summer, the governing Congress was in the driver seat looking to reap the benefits of the anti Centre mood that had sinned BJP and Akali Dal. But Navjot Singh Sidhu effectively sabotaged that advantage, and Amarinder Singh replacement, Charanjit Singh Channi, also faces the Sidhu problem. Meanwhile, AAP, which had surprisingly emerged as the main opposition party in the 2017 polls, is also in disarray. It was flirting with farmer union leaders in the hope of riding sentiments in rural Punjab. But with some of the unions taking the political plunge themselves, AAP is likely to be restricted to urban pockets sans a pan Punjab face. The unknown quantity, however, is Amarinder new Punjab Lok Congress and its expected alliance with BJP. Should the tie up materialise, it could at the least play spoiler in multiple seats, affecting Congress, Akali Dal and AAP. A key factor will be how the Hindu vote and the Sikh vote get distributed. In case of sharp polarisation, and depending on how credible Amarinder campaign is, the BJP Amarinder combination may prove more potent. This community divide should also be seen in the context of the dangerously aggressive rhetoric

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But if you delve deeper, his poetry gives an impression of his profoundly spiritual bent of mind. By human existence in the vast expanse of the universe. Metaphorically speaking, the couplet defines Advait, non dualism, of the Eastern consciousness, when the Creator and Creation are not separate entities but one. This couplet of Ghalib serves as a template for modern existential philosophy and solipsism. Like Allama Iqbal, Ghalib also claimed to think in Persian. Poets with a Persian backdrop have invariably been influenced by the mystical poetry and ideas of the Sufis. At the same time, it is a known fact that Persian mysticism borrowed heavily from the Upanishads and Vedanta. Ghalib underlined that merging philosophy of Eastern consciousness when he wrote, Ishrat e qatra hai dariya mein fana ho jaana Dard ka had se guzarna hai dawa ho jaana the glory of a drop is to merge itself in the vastness of the river when pain exceeds itself, and it becomes its own remedy. But towards the end of his life, the poet said, Thud koi bekhudi se bhi aage le gaya hoon Khud hi khud mein nihaan ho gaya hoon I ve gone beyond the state of self immersion I m lost in myself. This he wrote in a letter to his coeval poet Ibrahim Zauq, who was Emperor Bahadurshah Zafar teacher. According to Ralph Russell, author of The Oxford India Ghalib: Life, letters and ghazals, Ghalib represented true spirituality that is humaneness and deals with humanity. That why he could say: Bas ke dushvaar hai her kami ka asana hone Adam koi bhi Makassar naming insane hone It just difficult for everything to be so easy Even a human is unable to evolve into a human being. What Aldous Huxley thought of spirituality as humans practicing humanity with humaneness in the 20th century, Ghalib said the same a century before him. A nominal Muslim, Ghalib faith had the conviction of spiritual courage and uprightness of a believer: Bandage mein bhi who amazed o khudbeen hair ke hum Lute phi amylin dark e Ka aba agar

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Term devised for young or junior officers, in army parlance, to keep The curtains come down and some shotguns leave the auditorium on a high note, planning to hit the officers` institute to wine and dine as their lovely ladies have laid down tools. Why should boys have all the fun Winter and festivity make a beautiful couple and Mary should not be in the kitchen, on the day the world is celebrating her child. Though, I missed the film I did not wish to miss joining my brother officers for a session of scotch and soup. I slipped into the institutional dress code and turned up for the rendezvous, quick. The guns` gang was in high spirits pun intended and so were the ladies. Amidst the bonfire and barbecue, my cheroot was looking around for a light when I bumped into a Jack quietly standing near the bar drawing deep drags from his tab. He was sporting dark glasses on a dark blue suit with brogues. He bobbed a greeting; I returned one and asked for a light. He glanced towards the bar orderly that promptly produced a lighter. I did not exactly like his attitude with all those sunglasses in an indoor bar at night and the disdain with which he preferred the orderly to light my cheroot than he himself. The Indian Army customs deem all officers as equal in an officers` institute, irrespective of their ranks and being both a soldier and a storyteller, I was curious to understand his backdrop which prompts him to behave thus. So, I chose to introduce myself to learn more about the solitary Jack. My father left the Indian Navy as a sailor. He was a 1971 war veteran who could not make it to the officers rank despite deemed commission worthy. With a dead dream in his heart, he took up a lowly job in our hamlet and I was brought up in a little village on the banks of the river, Hooghly, his voice was powerful and carried well. The year dot, in the summers of 1983, India entered the finals of the Prudential Cricket World Cup. I was a 7 year old patriotic cricket buff. You would agree

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Uncle, clapping all along. Despite the disappointing Indian team score and the ensuing tension in the air, the naughty child in me kept fooling around with his friends. As if he was the manager of Kapil eleven, it irked uncle. He lost his cool and gave me an earful. I left the telecast midway and went home crying. My father was seated on a cot with his friends outside our home, listening to the live radio commentary of the same match when he saw me weeping inconsolably. He did not utter a word after hearing me out. He gently caressed my hair, hugged me and put me to sleep. The Prudential Cup Cricket Finals of 83 was over for both of us Col traversed through the time, pulled out his smartphone and showed me this childhood picture of his. ix months down the line on the Christmas eve of 83, my father bought home the first colour TV of our village and invited the same portly neighbourhood uncle of ours to switch it on as a formal inauguration. I was over the moon when my father held both my hands, looked into my eyes and said You kept mumbling that whole night of June 25, 83. After that indignation, all you dreamt of was a TV set and I would not have allowed my son`s dreams to die at the hands of some obnoxious privileged fellow. If you believe in Santa here`s your Christmas present, Chris. Go, tell the village that you are not an underdog, Col Chris held back his tears and asked the orderly for a refill of his black dog. Hmmm. Nicely worded story but is that it That your connect to Underdogs, Christmas, Cricket and 83, Chris , I chewed on my cheroot. Is it not peculiar, Sir that sword and words have the same letter and the same effect, if not handled properly Chris was caustic. You know, Sir that where the story of a team of underdogs end and that also where the story of an underdog begins. Around a decade later, I was holding my train ticket to join IIT, Kharagpur, when the postman rang twice. I would not have been sitting with you in this Defence Officers` Institute h

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His scotch and continued. You joined Army to fulfil your father dream Is it not unjustifiable to both Indian Army and you, as a professional soldier I began to judge him, cruelly. ir, Soldiering was in my DNA. It was my calling. IIT was my accomplishment. It was not my scene. There a difference between a life lived on accomplishment and a life lived on love, Col sounded too good to be true. Why would you Sir me, Col We do not know of our seniority levels, yet. I was somewhat irritated by his splendid story. I would, Sir. I do not have an eye but I see, he paused to remove his dark glasses. You have the typical soldierly sense of humour, Col, I did not hear him fully and looked for another cheroot in my pockets. Off the hilly trails down that army cantonment, the owl hooted and the dog barked. As I let my cheroot on that chilly night and looked up, I saw a grotesque face with only one eye. It horrified me. Facing the hail of bullets in the range of those cold cruel mountains of Jammu and Kashmir, I lost my men and my eye in a military operation. We drubbed the enemy, no matter what and looking back I feel it was probably fait accompli. Half of everything is luck the other half; fate. The Sharia Chakra one of the six gallantry awards of India replaced my eye, I reckon, Col Chris ruminated. I forgot to light my cheroot. Bigger was a ball of fire. It was a tãate Ã tãate of a lifetime. In those rolling hills, patches of forest and a small cantonment town tucked into folds of hills, meeting Col Chris was serendipity for me. My sojourn seemed worth every penny. You seldom get to meet such fine men. Men who choose to serve their motherlands than serving themselves. IIT would have made his life but he gave it all up and more for the ashes of his fathers and the temples of his gods. Despite his disability and disfigurement, for me, Col Chris was a prepossessing man. For me, the sentries who smartly saluted me on my way in were the elves to the Santa called Col Chris Cringle. The

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And the environment. With a combination of technical knowledge, creativity, and a commitment to environmental stewardship, landscape architects can help ensure that our future is one of health, prosperity, and beauty. In the last several years, India has rapidly advanced its efforts to produce renewable energy through ambitious goals, forward thinking programs, and innovative policies. To reach its 500 GW renewable energy generation target by 2030, the government vigorously promoted the deployment of renewable energy, development of manufacturing and supply security within the country, and the construction of energy storage facilities in 2022. Similarly, the transportation and industrial sector has been supported with policies and programmers to boost end use electrification, bio energy, energy efficiency and low carbon manufacturing. It is expected that this momentum will further get a boost in this year Union Budget. The nation currently has a capacity for 173 GW of clean energy, and projects with a capacity of 80 GW are being built. India in its budget needs to place more emphasis on in country production and supply chain development for renewable energy in 2023 and beyond if it is to meet its ambitious developmental and environmental goals. Hopes are high around USD 25 billion in new investment is anticipated to pour into the sector in the upcoming year, further bolstering its goals and objectives for energy creation. By doing this, it can not only meet but surpass its targets for the current year. The development of domestic energy storage technology and RTC power supply, which will address energy security and material sustainability, should be the main priorities of this year budget. The green energy industry is expecting budgetary allocation and policy leverage that will make India transition to renewable energy possible. The budget must have allocations to promote the advancement of Indigenous battery storage system development, which is now mostly dependent

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Take cognizance of any offence upon a police report of such facts. 5 of 11 Therefore, prima facie from the perusal of the Section 190(1) Cr.P.C. it appears that Magistrate can take cognizance of any offence upon a police report submitted under Section 173(2) Cr.P.C. 13. The question with regard to power to take cognizance by a Magistrate has come up before the Apex Court in the case of Minu Kumari and another Vs. State of Bihar and others (2006) 4 SCC 356 and the Apex Court observed as proposition is, therefore, now well-settled that upon receipt of a police report under Section 173(2) a Magistrate is entitled to take cognizance of an offence under Section 190(1)(b) of the Code even if the police report is to the effect that no case is made out against the accused. The Magistrate can take into account the statements of the witnesses examined by the police during the investigation and take cognizance of the offence complained of and order the issue of process to the accused. Section 190(1)(b) does not lay down that a Magistrate can take cognizance of an offence only if the Investigating Officer gives an opinion that the investigation has made out a case against the accused. The Magistrate can ignore the conclusion arrived at by the Investigating officer and independently apply his mind to the facts emerging from the investigation and take cognizance of the case, if he thinks fit, exercise of his powers under Section 190(1)(b) and direct the issue of process to the accused. 14. The Apex Court in case of Ajay Kumar Parmar Vs. State of Rajasthan (2012) 12 SCC 406 with regard to power of the Magistrate under Section 190 Cr.P.C. observed scheme of the Code simply provides that the Magistrate can determine, whether the facts stated in the report make out an offence triable exclusively, by the Court of Sessions. Once he reaches the conclusion that the facts alleged in the report, make out an offence triable exclusively by the Court of Sessions, he must commit the case to the S

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## CISF-HCM-TEST-Dated-2023-02-03-Test NO.-7003

Market ICM To ensure effective functioning of ICM, Government should provide budgetary allocations in preparing a Market stabilization fund to maintain the prices of carbon credits in its proposed carbon market above a specific threshold, ensuring that they continue to be appealing to investors to take long term investment commitments towards carbon neutral technologies and processes. The government is expected to announce in the budget its intention to establish a thorough framework to create a voluntary carbon market in India, addressing reduced transaction costs and time; in an effort to advance sustainability. Further, Indian Carbon Market ICM should be supported with indigenous high quality methodology development for Carbon Emission Reduction project registration, verification and issuance of certificates. In parallel with ICM, the government should take proactive measures, to set up a Corporate Voluntary Carbon Action Pledge system, where Indian corporate will have the option to take carbon neutrality net zero pledges. This should be supported with well-developed standards and M&V protocols for regular reporting. A Positive Road Ahead All in all, the year 2023 appears to be quite promising for steering low carbon development pathway. It will implement new enabling policies and programmes with requisite budgetary allocations, in addition to staying on the path outlined last year to assist India sustainability goals. With capital inflow, technological advancements brought about by research and innovation, and support from the government in the form of cutting edge regulations and initiatives, energy generation will improve and grow enormously. A couple of months back, India piped the United Kingdom to become the fifth largest economy in the world. Significant praise for this has to be given to India MSMEs micro, small & medium enterprises. MSMEs across the country accounted for nearly 30 percent of India GDP in FY21. Over 63 million MSMEs employ more than 110 m



## CISF-HCM-TEST-Dated-2023-02-03-Test NO.-7004

The value of an asset pledged with it. For instance, a lathe machine operator would mortgage his equipment to take a loan for working capital. This method is popular because it ensures that losses in the case of default can be compensated by selling the collateral. MSMEs typically don't have a lot of collateral to offer as security & consequently are unable to access credit from large traditional lenders. It results in a scenario where the small enterprises, needing credit, may be capable & willing to repay prudently but may not have the resources to prove the same as per the prevailing benchmarks. Traditional lenders also evaluate the prospective borrower financial statements, including tax returns, balance sheets, etc., to assess their repayment capacity. The credit bureau records, read CIBIL reports, allow them to further evaluate the intention to pay. Basis the earning capacity & repayment track record, lenders decide the amount of financial exposure. This approach can have pitfalls. For starters, the financial information could be dated as it pertains to the last financial year. Again, it is an open secret that MSMEs are prone to underreport revenue or inflate expenses, due to a combination of high cash dealings & lack of accounting knowledge. Also, there may be instances of cash outflows without corresponding inflows due to seasonality patterns, a new enterprise, etc. Moreover, small businesses may not have ready collateral to avail credit. These traditional lending parameters are limited in their outlook & do not serve the purpose of a dynamic MSME space where funds are required in a timely manner. Enter cash flow based lending backed by data science. With the advent of GST Goods & Services Tax, smaller entities are finding it advantageous to report the top line resulting in robust compliance. The GST records can then be combined with other financial parameters such as bank statements, etc., to judge an entity's repayment capabilities. Lenders can ascertain

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## CISF-HCM-TEST-Dated-2023-02-04-Test NO.-7005

As the year draws to an end, one can risk a little speculation about what we can expect from politics in India in 2022. As its national government crosses the midterm point, BJP will fight the opposition in seven state elections. Uttar Pradesh, of course, will be the most keenly watched election. Here, BJP challenge is not so much to defeat a divided opposition but to maintain the dominance it achieved in 2017. Five years ago, BJP swept the state, winning 77% of the seats in a victory that helped forge its image of electoral invincibility in the Hindi belt. Since then, BJP has lost more state elections than it has won, and it needs to retain its hold over the heartland state if it wants to approach the 2024 general election in a strong position. This election will also be an important stepping stone for UP chief minister prime ministerial ambitions, raising the stakes further. Two days after the announcement that beginning January India will embark on a booster vaccine programmer and also extend coverage to children, details are not yet in the public domain. These points to an area speedy, systematic research where India can do far better. South Africa quick identification of Omicron, earlier and similarly excellent efforts by scientists in the UK, the many studies conducted in the US, Europe and Israel are all examples of government and science responding to the pandemic and, this is equally important, sharing the findings so that all concerned can take informed decisions. The basic motivation for such work is always domestic public health responses are tailored to local contexts. But India, one of the few countries that have developed its own Covid vaccine, has been a virtual non player in carrying out local studies on the vaccination drive critical information on domestic jabs may not be available elsewhere. CMC Vellore ongoing study is one of the few exceptions. The trial that began a few months ago is studying a mix and match regimen for the first two doses usin

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## CISF-HCM-TEST-Dated-2023-02-04-Test NO.-7006

Have already been administered it, what is the scientific basis for such a decision? Fighting a pandemic means using every resource possible. India scientific community has been underutilized. And government encouragement for independent studies has been virtually absent. Around 10 days have passed since a so called religious enclave in Hardwar challenged constitutionally guaranteed religious freedoms as well the rule of law. But, in a country where UAPA is applied by cops for the most trivial actions and critical posts on political leaders can lead to arrest, neither has the Uttarakhand police deemed such outrageous statements fit for arrest, and nor has governing BJP responded. Even Congress Nehru Gandhi has made anodyne statements. The Dharma Sensed saw participants taking an oath to fight, die and kill to make this country into Hindu rostra, called for every Hindu to bear arms to finish off their non Hindus population, and for a Myanmar style safari abhiyaan, sanitation drive. Some will argue this is a fringe, not worthy of taking seriously. To is the main point of that the response should be this is a democratic, secular country and politicians cannot ignore calls for community cleansing by a group claiming to represent the majority. The other point is that the Sensed chilling rhetoric should be read with reports of dozens of disturbing incidents across the country. To name just a recent few: regular obstruction of Friday names in Gurgaon, disrupted Christmas celebrations from Assam to Karnataka, forcibly shutting a shop that carried the word Say in its name and was run by a Muslim. One thing common in most such incidents is the apparent unwillingness of police and many politicians to take these groups on. That inaction encourages these groups. It is anyone guesses how this may develop, as mobs feel increasingly confident that no lawless action or even violence will get punished as long as they claim to act for the religion of the majority. Politicians who say a

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## CISF-HCM-TEST-Dated-2023-02-04-Test NO.-7007

That food down my throat. It not that I don t eat or that I don t eat too much or that I don t eat the wrong things, I definitely do, but any consumption of food that leads to pleasure is accompanied by debilitating guilt, like I just digested away a few hours of my lifespan. However, when other people do it, I no longer feel that anxiety, and here the thing, sometimes I can even taste what they are having, the visuals triggering memory centers of the brain, providing a trickle of dopamine, the best that I can do under the circumstances. The essence of being human is illustrated beautifully through an Ubuntu proverb in Zulu culture, and this was often recalled by Nobel peace prize awardee and archbishop, Desmond Tutu: I am a person through other people. My humanity is tied to yours. He would explain it as follows: One of the sayings in our country is Ubuntu the essence of being human. Ubuntu speaks particularly about the fact that you can exist as a human being in isolation. It speaks about our interconnectedness. We think of ourselves far too frequently as just individuals, separated from one another, whereas you are connected and what you do affects the whole world. When you do well, it spreads out; it is for the whole of humanity. That is, the butterfly effect is as true among peoples of the world as it is true in the intricate web of nature, wherein all beings, animate and inanimate, are closely interconnected. Jacob Mugumbate, University of Wollongong, and Andrew Nyanguru, University of Zimbabwe, sum up Ubuntu philosophy as I am because of who we all are. Such an attitude would likely lead us to the essence of the summon bonus philosophy that denotes the fundamental principle on which some system of ethics is based, that is, the aim of actions, which, if consistently pursued, will lead to the best possible life. Mugumbate and Nyanguru published a paper on the place of Ubuntu philosophy in the study and practice of social work in terms of its impact on ethical an

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## CISF-HCM-TEST-Dated-2023-02-04-Test NO.-7008

Ubuntu provides one with a strong sense of community to override divisions and heal the scarred collective psyche, pointed out Tutu. What we are as individuals is the sum of all that went before us; of all that we experience now and of all that could possibly happen in the future. A beautiful Ubuntu practice Tutu often related, involves community members sitting around a person who has committed wrong, and speak of all the good that person has done, focusing on all his positive qualities, for a few days in a row, in a sort of purification, a revelatory ritual. The belief is that all of us are good, but we do sometimes make mistakes, which is really a cry for help. The ritual is intended to help the person reconnect with this true nature in the belief that unity and affirmation have more power to change behavior than shame and punishment. The recent inaugural of Kasha Vishwanath corridor was a grand affair and as citizens of India that is Bharat, all of us, of all religions and parties, could have been proud of it. However, obviously it is not so simple! A narrative has been built by politicians for some nefarious purposes that somehow, were not a Hindu state. Only the other day a newspaper report, and that by a teacher of political science, made sarcastic statements calling it Kasha spectacle, symbolic of the hegemony of a Hindu state; it is wrong to give out a message that being Indian is coterminous with being Hindu and we should not mix state authority with Hindu identity; it was wrong on resources being spent on a Hindu place of worship and on making it more touristy; PM at Kasha showed that he is indeed PM of a Hindu state; etc. How can we deny the thousands of years of the continuing Bharatiya Vedic civilization of Santana dharma, and that of the era of Ramayana, Mahabharata, Buddha, Mohair, Shankar, Vivekananda, etc. just because of a few hundred years of rule by invaders, be they the Moghul or the British, who massacred our cultural identity and religions and y

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## CISF-HCM-TEST-Dated-2023-02-04-Test NO.-7009

Military power is never the mission of our race. Our mission is to accumulate and spread spirituality. Historically it was always called Hindu than, land of the Hindus, by the Islamic world themselves; and is still called by that very name It is only because it is a Hindu state that the original handwritten Constitution pictorially depicts scenes from the Vedic culture, Ramayana, Mahabharata, Buddha, et al. It is only because it is a Hindu state that it focuses attention not on my god and my religion versus your god and your religion, but on Santa dharma, i.e., universal human values, ethical righteous conduct, and commitment to duties which are the essentials of all religions whatever may be our religious affiliations It is only because it is a Hindu state that it accepts all religions as valid ways to search and seek for the One supreme God which can be worshipped thru various gods, goddesses, deities and accepts the whole world as our family as enshrined on the Parliament gate. It is only because it is a Hindu state that it has become a secular state and accepts that minority religions must have their own schools and teach their religion and their idea of my god alone is true. It is only because it is a Hindu state that while allowing minorities to teach their religion in their schools, refrains from teaching its own religious pedantic ideals of Santana dharma in the mainstream schools, because it is a secular state. It is only because it is a Hindu state that it still welcomes even those religions who when in power believed it was their duty to break our temples and our gods; criticize our ways of worship; and even today do not believe that all Religions sincerely practiced lead to one supreme God. It is only because it is a Hindu state that it allows even those who continuously criticize us to go ahead and continues to convert us, by persuasion, bribery or force. Including media is to present facts from both sides of various religious political ideology so that

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## CISF-HCM-TEST-Dated-2023-02-04-Test NO.-7010

Grand affair and as citizens of India that is Bharat, all of us, of all religions and parties, could have been proud of it. However, obviously it is not so simple! A narrative has been built by politicians for some nefarious purposes that somehow, were not a Hindu state. Only the other day a newspaper report, and that by a teacher of political science, made sarcastic statements calling it Kasha spectacle, symbolic of the hegemony of a Hindu state; it is wrong to give out a message that being Indian is coterminous with being Hindu and we should not mix state authority with Hindu identity; it was wrong on resources being spent on a Hindu place of worship and on making it more touristy; PM at Kasha showed that he is indeed PM of a Hindu state; etc. How can we deny the thousands of years of the continuing Bharatiya Vedic civilization of Santana dharma, and that of the era of Ramayana, Mahabharata, Buddha, Mohair, Shankar, Vivekananda, etc. just because of a few hundred years of rule by invaders, be they the Moghul or the British, who massacred our cultural identity and religions and yet we survive! Does not this make us a nation of Hindus, as we have been called by the invaders themselves. A source to know our Ideals PM Indira ji had directed that Vivekananda Birthday be observed as National Youth Day every year as it was felt that his philosophy and ideals could be a great source of inspiration for the Indian youth. Similarly, Nehru had observed: I think that our younger generation will take advantage of this fountain of wisdom, of spirit and fire that flows through Vivekananda. And Gandhi declared that his love for India grew a thousand fold through Vivekananda. That it is only because it is a Hindu state that the Constitution calls it India that is Bharat! As Vivekananda said at Parliament of Religions in USA, we, of all nations of the world, have never been a conquering race and therefore, we live. Political greatness or military power is never the mission of our race. Our m

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## CISF-HCM-TEST-Dated-2023-02-04-Test NO.-7013

Be the duty of each of us, irrespective of our ideologies, to unite and be inspired to strive together for the highest, by working selflessly for national good. A counter may be offered that, during a Hindu conversion ritual, one must mention his gore, and thus, a Hindu lineage is a must. In reality, it is said, converts to Hindu faith, either mention the gore of their ancestors, or adopt the gore of their guru, or the person officiating the gear wasp. Most Indians, including Hindu converts to Islam and Christianity, are said to know the gore of their ancestors. It is said to be a common observation, that many converted Muslims, Christians still use it as a part of their name. It is pertinent to mention that, another Siddhi proponent, Swami Vedananda Tithe, also earned the open praise of Ambedkar. Vedananda authored a book, Rashtraraksha key Vedic Saehan Vedic Means for National Security, in which he proposed that India should adopt as its religion, the gospel preached by the Vedas. Ambedkar, who gave a preface for the book, wrote. I do not know that the book will become the gospel of new India. But I can say that the book is not merely a wonderful collection of statements drawn from the religious books of the ancient Aryans, but it brings out in a striking manner, the vigor of thought and action which prevailed among the ancient Aryans. What the book shows is that, there is nothing in it of that pessimism among the ancient Aryans which dominates the modern Hindus. The orthodox groups opposing the home coming of those, who were converted to Muslim or Christian faith, by force, or through allurement a century ago, have today been relegated to a fringe & there seems visibly, a new awakening in the Hindu society in respect of this matter. Nothing is truer in the medical profession than this Interdependence is a higher value than independence, as Stephen Covey said. Omicron is spreading faster than any virus in history. Latest reports from the UK show that patients with



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choked and other prominent civil liberty, human rights and charitable groups facing similar straits. Last year the Foreign Contribution Regulation Act, 2010 was further amended, so that at a time when India needed the nonprofit sector more than ever both its funding and functioning were put under fresh restraints. Yet, from food to education, oxygen to plasma, their service remains invaluable in a country where the state is always there for everyone. Set up as far back as in 1950, Moom, like Bharat Rant Mother Teresa herself, has had plenty of critics over the years, even as its work among the sick and poor also won its vast share of admirers. A key suspicion it confronts today can be seen in the FIR filed against one of Moom children homes in Vadodara earlier this month. This followed allegations of religious conversions. This will be independently debated and litigated. But no matter how politically volatile such accusations have become, they cannot be the touchstone for funding of important services, certainly not for axing a global supply chain serving the most needy. Even when they are not explicitly speaking truth to power, by its very nature the work of civil society organizations highlights shortfalls of the state. In the best case scenario their critical commentary feeds a virtuous cycle, improving governance delivery to citizens. It not about what governments like to hear but what they need to hear. Of course, no, misuse of funding should not get a free pass. But the nature of misuse must be completely clear. Adverse inputs or FIRs on allegations of conversion do not really constitute activities detrimental to national interest. On currently known facts, Moom should be denied FCRA renewal. Speed is of the essence in fighting fast transmitting Omicron. The Union health ministry has finally advised states to adopt a dual testing strategy deploying both standard and imported S gene drop RT PCR test kits to detect Omicron cases. This should have been done we

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## CISF-HCM-TEST-Dated-2023-02-04-Test NO.-7015

Against Omicron given that its working mechanism is unaffected by the many mutations in the variant spike protein. Plus, the pill has been shown to reduce risk of hospitalisation or death among adults with mild to moderate Covid by 30%. Merck, which has developed Molnupiravir, has already shared the license with eight Indian generic drug makers. Therefore, Goa should immediately start stockpiling the drug, and release it both through the public health system and private channels. Let remember the scary medicine scarcities of the second Covid wave. It party time in Goa. And the parties are not just those that take place on beaches, with a lot of singing and dancing, though those are much in evidence as well, Omicron or no Omicron. Goa is also playing host to parties of the political kind, with Arvin Kejriwal AAP and Magmata Banerjee TMC establishing their presence in the tiny state which already has four national parties, BJP, Congress, Shiv Sena and Shared Power NCP, and eight regional parties. Visualize a soul passing through all the yonis and entering the Homo sapiens human kingdom, spending dozens of lifetimes, gradually evolving, experiencing extreme dependence on the illusionary games of tamarisk such, the temporary attractions of rajas such, and taking the first step into the realm of sativa such in the form of sad Hana. As the evolution continues, an inevitable stage comes where the soul gets instinctively interested in satyr sang; it wants to know higher truths, immerses itself in self exploration, swadhyay. As the soul approaches the extreme top of the pyramid of evolution, the final frontier is that of sea, service, being useful. Gourde often says that sea is an Iva, the process of becoming like Him, the Divine, the Almighty. Nature continuously, incessantly, unconditionally keeps providing everything for everyone, without prejudice, bias, or expectation of any kind. The sun shines for life to continue, the oceans provide us with clouds that bring us lifes

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## CISF-HCM-TEST-Dated-2023-02-04-Test NO.-7016

Deep into your personal sad Hana, you experience a tremendous blast of kundalini shakti, the life force. Your mind settles down, paving the way for deeper, higher truths to dawn. Through sat sang, on the one hand, you gratefully celebrate all the gifts from the Divine; on the other hand, you explore the potentialities of the macrocosm and the microcosm, of the ocean and the wave, of paramatma and jivatma, existence and you. The optimum culmination is in sea. All that empowering energy, thankfulness for having received treasures from life and meticulous understanding of your existence and your own role in it has to ultimately result in you, the individual soul, becoming paving the way for deeper, higher truths to dawn. Through sat sang, on the one hand, you gratefully celebrate all the the instrument for the blossoming of other souls. In short, Eva is wisdom in action. As you take higher responsibility, your area of influence grows, and you get the opportunity of expanding the arena of your existence. Higher sea exposes your strengths as well as your weaknesses. But look at this benevolent design of the consciousness. When your pluses get exposed, they always grow and get strengthened. And when your limitations get exposed, they always dissolve, free you and go away. AAP stunning debut in the Chandigarh Municipal Corporation elections has served notice to Congress and BJP for the upcoming assembly elections in Punjab next year. AAP won 14 out of 35 seats, relegating BJP to second place and pushing Congress to third. This was the first election in north India since the BJP government at the Centre repealed the three farm laws that triggered a yearlong protest by farmers. While Punjab governing Congress had hoped to benefit from the farmer agitation, AAP may well spring a surprise in the state polls. However, AAP biggest drawback is that it does have a strong pan Punjab face. And with some farmer unions taking the political plunge themselves, the paving the way for deep

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## CISF-HCM-TEST-Dated-2023-02-04-Test NO.-7017

Available to all, this initiative will truly democratize availability of transaction data. The first pilot is Gem Sashay an e marketplace for PSU public sector undertaking buyers sellers Capital Ltd. is the first lender to get empanelled on the platform & has disbursed loans to basis automated business rule engine on Gem Sashay. The Account Aggregators initiative, another Central Government brainchild, will enable aggregation of all financial information, including account statements, mutual fund history, insurance policies, GST sales data, etc. Once the customer gives consent, lenders can access the information conveniently through a common interface. Members of the network will act as both financial information providers & amp users. Currently, most large banks financial institutions are part of the network. More are scheduled to follow suit shortly depending on their technological readiness. With more & more financial institutions getting access to this data & accepting the standard protocols, Cash flow based lending models to will now find more takers. It augurs well for India segment, which will get access to easy convenient credit. It will enable them to drive India wheels of progress The way we do commerce has been transformed by the Fourth Industrial Revolution, with rapidly evolving technological developments reinforced by three key, interconnected layers: digital trade, cross border data transfers, and data protection regulation and governance. While digital trade is conventionally associated with digitally enabled services, the ambit has expanded with the internet and Information Communication Technologies to dramatically transform all trade. Advanced and robust digital infrastructure and smart regulation are pivotal in the exchange of goods and services between two trading partners. As two economies with significant strengths, and reliance, in the services sectors, the India UK relationship is one such partnership. It is, therefore, fair to argue

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Magistrate arrives at the conclusion that an offence exclusively triable by the court of sessions is made out against an accused then he can take the cognizance of such offence and commit the case to the court of sessions even if no charge-sheet was submitted against the accused in such offence. 17. The Apex Court in the case of Balveer Singh and another Vs. State of Rajasthan and another (2016) 6 SCC 680 also observed as 13. A bare reading of Section 190 of the Code which uses the expression any offence amply shows that no restriction is imposed on the Magistrate that Magistrate can take cognizance only for the offence triable by Magistrate Court and not in respect of offence triable by a Court of Session. Thus, he has the power to take cognizance of an offence which is triable by the Court of Session. 18. Therefore, in view of Balveer Singh case (supra) too, the Magistrate is having all the authority to take cognizance of an offence which is exclusively triable by the court of sessions if after perusal of police report i.e. charge-sheet he arrives at the conclusion that such offence also made out against the accused. 19. The power to take cognizance of a Magistrate under Section 190 Cr.P.C. was exclusively discussed and dealt with by the Constitution Bench of the Apex Court in the case of Dharam Pal (supra), though the matter before Constitution Bench of the Apex Court was little bit different 7 of 11 with regard to proceed against a person against whom charge-sheet was not submitted but Constitution Bench of the Apex Court analysed the power of the Magistrate under Section 190 Cr.P.C. very elaborately and observed that even if charge-sheet was not submitted against an accused and his name disclosed in column 2 to the charge-sheet, then also Magistrate can proceed against him if there is material against him in the police report submitted under Section 173(2) Cr.P.C. and Magistrate after taking cognizance can commit the case. The Constitution Bench of the Apex Court

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## CISF-HCM-TEST-Dated-2023-02-04-Test NO.-7021

Data secured passage and a framework established and approved by both nations. As per estimates from the Department for International Trade DIT in the UK, total trade in goods and services was 29.6 billion in the four quarters to the end of. Cross border data transfer is a matter of individual countries data protection regulations. Consequently, the regulatory approaches taken by India and the UK toward data protection will significantly impact bilateral and multilateral trade relations between these jurisdictions, impacting businesses with significant commercial and trade interests. Hence, digital trade, cross broader data transfers, and data protection regulation and governance are sequentially interdependent. Influence of 2022 on Indo Digital Trade Agreement India data protection landscape has evolved tremendously since the apex court declared privacy a fundamental right under Article 21 of the Indian Constitution in the Pettaway judgement I in 2017. There have been four iterations of the data protection bill in India, with the Digital Personal Data Protection Bill 2022 marking the recent edition. The previous three editions of the bill had different forms of data localisation mandates both hard and soft, causing contentions for enabling digital trade. However, relaxing data localisation as a default setting to enable trusted data flows to notified countries within the Digital Personal Data Protection Bill 2022 is a welcome move. It would aid India in creating and expanding a digital trade partnership through consensus building and trust with the along the lines of India ambitions to include a digital trade chapter in the India earlier this year. The digital and data provisions in the Japan does provide us with a clear direction on how two mutually aligned digital economies that share a common interest can address barriers to digital trade and shape the rules governing the cross border flow of goods, services, and data in the digital economy. Way Forward Although

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## CISF-HCM-TEST-Dated-2023-02-04-Test NO.-7022

Books are like coffers filled, not with gold or silver, but with high ideals, and the wisdom of our forefathers. If we learn to love books, we need no other riches. However, we must read the right kind of books. Just as we need nourishing food for the body, similarly we need to read good books to enrich our minds. Much for granted that we notice its existence only when there is a power cut and life comes to a standstill. Can you think of all the things you could not have done without electricity? Imagine, you could not have watched television or even seen a film in a cinema hall. You would have had to study by candle light with no fans or air conditioner. Ice creams, soft drinks and cold water would have been unheard of. Your kitchen coffers filled too would have been very different from what you see now. There would have been no toaster, blender, electric oven, induction cooker or electric chimney. Electricity has truly revolutionized life in the twentieth century. The field of medicine has specially benefited from it. Reading is of different kind. It may be light or serious. It may be adventurous or spiritual. Every reading has its distinct pleasure. Some people like to read coffers filled newspapers, periodicals, journals etc. They are storehouse of general information about current events and various socio political and economic problems. It has been well said, Books are like axe they cut through the snow within. Indeed electricity is one of the most important blessings that science has given to mankind. Of all modern inventions, electricity is perhaps the most wonderful. To those who experienced its magic for the first time, it must have felt like being transported to a fairy land. Today, we take it so much for granted that we notice its existence only when there is a power cut nourishing food and life comes to a standstill. Can you think of all the things you could not have done without electricity? Imagine, you could not have watched television or even seen a

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## CISF-HCM-TEST-Dated-2023-02-05-Test NO.-7023

The International Monetary Fund has projected India GDP growth at 9.5 in 2021 and 8.5 in 2022, making it the fastest growing economy in the world. Deepak Parekh of HDFC, doyen of the private sector, says he is more optimistic than he has been for 50 years. IMF believes fast growth in 2021 is not a one off recovery from Covid, and India is bouncing back to miracle growth status after having gone downhill from 8.3 in 2016 17 to 4.2 in 2019 20 before Covid struck. Such optimism has been derided by pessimists like former Chief Economic Advisor Shankar Zachary, who fears long term growth may be no more than 5. I am more optimistic but see many challenges that could derail growth. The civil aviation ministry advisory, inspired by a suggestion from ICCR, that domestic airlines and airports play Indian music is exactly what the industry did need. Sure, there is nothing wrong with playing Indian music on flights or at airports. And it is perhaps true that airlines and airports of other nations often play local origin music. But that not the point. Other nations, at least those that are democratic and allow private enterprise a free hand to run their business, don issue advisories to private aviation players on what music they should play. That this is not an order from the ministry but a request is little comfort. What happens if private airports and airlines don abide by the request Aviation industry has been hit badly by the pandemic. At this vulnerable stage, airlines and airports may feel compliance is wiser and that would set a terrible precedent for freedom of businesses to run their operations. India aviation industry transformed itself on the back of private entrepreneurship. Private airlines and airport operators were able to provide far better services precisely because they were given a free hand. But one alarming consequence of the pandemic has been creeping government interference authorities are deciding how many flights airlines can operate, price bands and cap



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## CISF-HCM-TEST-Dated-2023-02-05-Test NO.-7024

Outside, Indian music means different things to different people in different regions. Should aviation players have to sweat over such things when fighting to stay afloat in pandemic Widespread protests by resident doctors over delayed NEET PG counseling come just when healthcare defenses need bolstering against a feared Omicron surge. NEET PG exams, originally slated for January, were postponed to April and later September thanks to Covid. But intake of a fresh batch got delayed further because neither Go nor the Supreme Court thought through the impact of their decisions. After the Centre introduced OBC and EWS reservation in all India quota seats and fixed a Rest 8 lakh creamy layer limit for both categories, SC took up petitions challenging these policies. Judicial and administrative proceedings like issuing notices, filing replies and affidavits, and scheduling hearings can be time consuming because of multiple stakeholders, need for extensive deliberations and built in sloth in Indian governance. So, on November 25, Go asked for four weeks to revisit the EWS income criteria. and the matter now listed for January 6. The result is that PG NEET counseling for fresher is delayed and resident doctors are overburdened. Career, academic progression and work life balance are real issues for professionals, and our politicians, bureaucrats and judges should have been more mindful of what their legal tussle was putting doctors through. The NEET PG fiasco is a classic example of how legal disputes trigger disruptions elsewhere. Courts need to exercise more circumspection on petitions they entertain. Issues like income ceiling for EWS OBC categories are policy decisions best left to governments. SC was conscious of the academic time students were losing but judicial processes follow their own timeframes to resolution, once admitted. Coming March, the next NEET PG examinations are due, portending a situation where PG institutes will have to admit two batches in quick success

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## CISF-HCM-TEST-Dated-2023-02-05-Test NO.-7025

Finally, the growing demand on companies to be socially and environmentally responsible to win brand loyalty from consumers, especially millennial. As the sun dawns on 2022, will the dark cloud of Covid, made even darker by Omicron, prove to have an unexpected, but very welcome, silver lining The universal threat posed by the pandemic that unless everyone is safe, no one is safe has, or ought to have, broken down barriers of animosity and brought all of us closer together. Sauna Brahman, Qualified Consciousness, is the cause of the creation of the universe. In other words, the universe has originated from Brahman. But if Brahman or Bagman created the universe, a very pertinent question arises about the availability of the material or stuff from which the universe was made. Sauna Brahman also needs some material to create the universe just as the potter needs clay to make his pots. A potter obtains his clay from the earth. So then has Brahman also obtained the material from someone else The material and its owner from whom Sauna Brahman borrowed it must have existed even before the Brahman came into being, and that this owner is bigger than Sauna Brahman has to be admitted. It has already been accepted that Brahman is non causal. Nothing existed before it. And so the material from which the universe is made could not have existed before Brahman. material out of which Sauna Brahman made this universe if nothing existed before or beyond it The universe, which is so visibly existent, could not have been created out of nothing. The only material available to Sauna Brahman for creation was its own Self. Hence, it has to be accepted that this creation is only Sauna Brahman metamorphosed into all that we find in the universe. The entire universe is formed from Sauna Brahman. It is only this which is manifested as this creation. To say that Brahman is present in a book means that the book is a separate entity and Brahman occupies that entity. This gives the impression of two

## CISF-HCM-TEST-Dated-2023-02-05-Test NO.-7026

Principle, the only function of which is to qualify Uprush. Uprush cannot perform the tremendous task of giving Priority the form of creation. Priority does not assume the shape of the creation and it is only Uprush who could take these forms. Hence, the stuff of which the entire creation is made is Uprush. Priority qualifies Uprush to give Him different forms and Uprush has to follow the designs of Priority. For example, a potter shapes a lump of clay according to his designs. The lump of clay is comparable to Uprush and the potter who provides the force, to Priority. Similarly, Priority gives all these shapes to Uprush according to Her wish to create this universe. Holiday crowds have turned sleepy Ranthambore into a cacophonous town. Everyone wants a glimpse of tigers which shot into fame when the then PM Rajiv Gandhi dropped his bullet proof jacket to have his first holiday after assuming the office of the Prime Minister. It was in 1986, one of India most talked about holidays. The Gandhi family stayed with relatives and friends at the Jog Mahan, a magnificent 250 year old pavilion overlooking a crocodile infested lake. Ranthambhore had two royal visits earlier the Queen of England in 1961 and the Prince of Netherlands in 1973. Thirty five years later, veteran wildlife guides still remember the highlight of the Gandhi trip: the PM saw and photographed a tigress nicknamed Noon hunting down a Samba deer and dragging her kill away. Gandhi shot many photographs with his new Minolta. The publicity to the visit pushed the number of visitors to the park. A tiger reserve visited by a PM was high on everyone agenda. Many even wanted to book the room inhabited by the PM. Now, 35 years later, an estimated 3500 visit the park every day, causing tremendous strain on the guards and the animals. There are an estimated 78 tigers but only 40 walk across the 400 so km zone that is carved out of the 1700 so km forest. Almost 1300 so km is meant for the animals, out of bound for tou

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## CISF-HCM-TEST-Dated-2023-02-05-Test NO.-7027

Tiger and if you are double lucky, the tiger will come close to your jeep, even kill a harmless dog and walk away. And then, there are times when the wild cat actually walks out of the forest. It happened some weeks ago. A few miles outside the park at a popular cafe, a tigress walked in the dead of the night to reclaim her kill, an antelope. The owner of the Honk Cafe, a lovely eatery which runs on land owned by Ranthambhore tiger god Fatah Singh Rather saw the wild cat but was not surprised. She just switched off the lights and allowed the wildlife wardens to take away the carcass. The bottom line: You never get a guarantee to see the tigers in a forest. The big cats surface only if they want. It is their home, their land. While inaugurating a slew of border infrastructure projects, defence minister Rajah Singh has said that the possibility of any kind of conflict can be ruled out in the current uncertain environment. Singh was referring to the ongoing LAC standoff with China that began last year. He is right in his assessment that India should be prepared for any conflict scenario because the political situation in China will remain sensitive till the 20th Chinese Communist Party CCP Congress next. And given the internal machinations of the CCP with President Xi Jinping trying to secure a historic third term, more adverse events at the India China border cannot be ruled out. While shoring up the country defence capabilities and border infrastructure is vital, meeting the China challenge it is actually the China Pakistan challenge given Islamabad belligerence too also requires an all of government and society approach. And for this it is necessary to ensure that politics does become a national security liability. With a series of big elections slated for next year, there is a risk that political and social polarization may return to the fore. This will be dangerous for the country and allow its enemies to fish in troubled waters. After all, the Chinese threat is an

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## CISF-HCM-TEST-Dated-2023-02-05-Test NO.-7028

Registry, the exact incidence of CKD in India is not clear, but studies estimate that the number of new patients diagnosed with End Stage Kidney Disease ESKD requiring dialysis or transplantation is over 100,000 per year. Inequality in the access to health care between urban and rural populations, poverty, and undulation probably underestimates the actual burden of kidney diseases in our country. Causes in India Diabetes and Hypertension are the most common causes of kidney disease in India in both men and women. There is some difference in gender predisposition to renal disease. Females are more susceptible to certain autoimmune diseases which affect the kidneys like Systemic Lupus Erythematosus, urinary tract infections. A newer entity Cod CKD unknown has recently been introduced which is found in hot climates, under hydration and tropical regions underlying the importance of adequate water intake. Tropical diseases like malaria, diarrhea, snake bites, poisonings also are commoner in India predisposing to acute kidney injury. Complications of kidney disease Chronic kidney disease can negatively impact the general wellbeing. Patients often demonstrate symptoms of lethargy, pain, depression, cognitive impairment, lack of sleep and appetite. They may complain of decrease urine output, swelling of the body, decrease in sexual arousal and infertility. There will have a fall in their hemoglobin levels, abnormalities in the calcium, phosphorous and uric acid parameters. Pregnancy in a CKD patient carries a high risk of neonatal and maternal morbidity and mortality, decrease in fetal weight, prematurity, low birth weight, fetal distress and also increases the chances of CKD in the offspring. Heart problems like heart failure, arrhythmias and sudden cardiac death are a significant problem in CKD patients as well as neurological complications like strokes and peripheral neuropathy. Diagnosis of renal failure is based on serum creatinine and electrolyte levels, urine examinati

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## CISF-HCM-TEST-Dated-2023-02-05-Test NO.-7031

More often as kidney donors than fathers or husbands. This evident gender inequality is likely due to social, educational, and psychological factors. Women are lesser educated than males in this country and therefore tend to be more financially dependent on men. Concluding, CKD is a problem of epidemic proportions in India. There is an increasing diabetes burden, hypertension, and growing elderly population which will expand the CKD subgroup even further. Managing this patient population of CKD even with better organization of RRT will be difficult. It will require a lot of data and professional lobbying with various policymakers, the Ministry of Health and Family Welfare MOHFW, and the Government of India. There is an annual World Kidney Day campaign which allows us to assess where we are today with kidney health across the globe. The 2021 was declared as the year of Living Well with Kidney Disease. It was celebrated on 11th March 2021. It aims to increase education and awareness about effective symptom management and patient empowerment, with the goal of encouraging life participation. Patients with kidney disease including dialysis and post transplantation as well as their care partners should also feel supported, especially during pandemics and other challenging periods, by the concerted efforts of kidney care communities. Good morning, ladies and gentlemen. Or rather, in keeping with these politically correct times, gender neutral entities. Welcome to this inaugural meeting of OMG. As you are all aware, 2021 is coming to its conclusion with the Coronavirus springing another surprise on the global community by producing yet another variant of it self, said to be several times more transmissible than all the earlier variants put together, and earmarking 2021 to go down in history books as the Year of the Bug. The steep daily growth rate of Covid cases in many metro cities all but points to a building third wave. Curbs are being imposed. But citizens are increasing

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## CISF-HCM-TEST-Dated-2023-02-05-Test NO.-7032

Congress Rest 85 core, AIADMK Rest 57 core, Left Rest 45 core. Free mask distribution at rallies will hardly impact the huge coffers of political parties. Governments have other crucial jobs. Only 12 lakh tests were conducted nationally on December 29, against an average of 11 lakh daily tests in early December. This, when Omicron is surging. The Centre suggestion of dual RT PCR testing on samples first with the regular kit, which if positive, should be followed with an S gene drop testing kit will help better gauge the Omicron spread and also conserve the currently scarce S gene drop test kits. But are states following through on this, that the question. India Omicron number of around 1,000 is most probably a huge undercount, limited by our ability to do genomic sequencing. So, dual RT PCR is vital. Alongside detected Covid cases, tracking and publishing hospitalisation data must start immediately. Hospitalisation data like ICU bed occupancy in the early days of a wave will help make informed decisions on potential stress points for the healthcare system. It will also avoid unnecessarily disruptive curbs on livelihoods and economic activities, should Omicron not cause overrunning of health systems. India can afford a government failure like we saw during the second wave. A healthy relationship between the judiciary and media, two of the four pillars of democracy, is logically necessary for the health of democracy. But what precisely does health mean in this context speaking at a journalism awards function Chief Justice of India NV Ramana, who incidentally started his professional career as a journalist, expressed worry about how news and views are being mixed together into a dangerous cocktail today, as also about the recent trend to sermonise about judgments, and villainise judges. The separation of news and views is actually an essential guardrail for newspapers, so we could agree more on this. But on the second point, we urge the judiciary to be less prickly about

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Supreme Court must decriminalise what is termed as scandalising the court. This provision does sit well in a democracy. In my view schizophrenic is too strong a word. I mean there is no anomaly in the view of citizens. Different citizens have different views; obviously, as part of democracy, depending on context of policies announced by the government in power, which is as it should be in a popular democracy. It not that there is one issue on which the same person differs on two points. So it not schizophrenic. In India, democracy is very strong. And there will be difference of views. That what democracy is about. So as 2021 chugs off, is there a light at the end of the muddle No, but hope springs eternal even in the human beast. So here what we should junk carry forward? Spoiler alert: plus CA change always includes a minus of expectations. A New Year is the time when a lot of people stumble upon the realization, Oh! Another year has gone by! For a few seconds or minutes, we wonder about the current of time that flows by and then again get busy or lost in the world outside. The funny thing is that this happens nearly every year. If we go deeper into these moments of wonder, we realize that there is an aspect of us that is a witness to all the events of time. This witness inside us is unchanging and it is from here that we observe all the change that time brings. All the events in life until this moment appear like a dream. Wisdom is becoming aware of this dream like nature of life even as it is unfolding now. Knowing this brings tremendous strength from within and you do not get shaken by events and circumstances. At the same time, events have their own place in life. We need to learn from them and keep moving. Many days were you in zinnias how many days were you struggling, being caught in Maya Turn back and remember the entire year. Do not run away from anything. Do not reject anything. At the same time, let your attention be on the self. This is a delicate balance



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## CISF-HCM-TEST-Dated-2023-02-05-Test NO.-7034

Nurtured by meditation. When you come closer to the Self, your action becomes powerful in the world and right action in the world brings you closer to the Self. The year that is going by has taught us many lessons; what we should be doing and what we should not be doing. Every pain that we went through brought us some depth, and all the joy and pleasure gave us a new vision of life and hope for the future. The year gone by saw plenty of rainy days. This New Year let there be sunshine both in our lives and in society. Let us all have a determination to create a violence free, stress free society. Let us resolve to be unshakable within and move towards a better world. Time changes people but there are people who change the time. May you be one of them? Happy New Year. The digital payments sector in India has undergone exponential progress over the past few years. Driven by the Indian government aim for a Digital India the sector has grown by over 55% in the last five years, according to the RBI. Policy moves such as demonetisation, as well as the unique scenario created by the Covid 19 pandemic, have sped up this transition, along with growing foreign direct investment and the strong underlying framework of UPI. Online businesses, consumers, and banking institutions are increasingly relying on digital payments due to their convenience, reliability, and money tracking capabilities. In 2020, the transaction volume share in India stood at 15.6 percent and 22.9 percent for instant payments and other electronic payments respectively. The future looks optimistic for the sector. It is predicted that by 2022, the Indian digital payments industry will reach \$700 billion in terms of the valuation of transactions, and more than 80 percent of the urban population will adopt digital payments as part of their daily lives. The role of e mandates in this growth must not be underplayed. E mandates act as a standing instruction provided to issuing banks and financial service providers t

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## CISF-HCM-TEST-Dated-2023-02-05-Test NO.-7035

Data transfers. The UK Government needs to make access to visas easier for Indian tech workers in order to capitalise on a once in a generation opportunity to woo some of the world's brightest programmers. A downturn in the once thriving Indian tech sector has led to around 25,000 job losses. Many top level coders and IT engineers are struggling to find work in their home country. While Australia, Germany, the US and Canada scramble to attract tech workers by adjusting their policies to secure more migrants, the UK could be left behind, warn experts. Indian tech workers are valued the world over and there are a once in a generation surfeit of workers in tech hubs like Bangalore and Mumbai currently looking for work, because the tech sector has seen a dramatic contraction. These people are global workers and can pick and choose where they work. The UK immigration system, while liberal, is cumbersome and overly bureaucratic. The hostile immigration environment promoted by the Government is seen as unwelcoming. To allow these workers to take their talents to other nations at a time when productivity levels in the UK are floundering would be an own goal. Some effort is being made to attract these workers. This year the UK India Young Professionals Scheme will be launched, which offers visas for 18 to 30 year old degree educated Indian nationals to work for up to two years. However, the number of these visas will be capped at 3,000. Although last year the UK saw record net migration, driven largely by international students and those taking advantage of schemes for Ukrainians and qualifying Hong Kong residents, flagship visa routes designed to attract the brightest and best talent from around the world failed to live up to their promise. Interest in the Global Talent Visa, aimed to entice the world's top scientists and mathematicians to the UK, reduced from the previous year. Less than 3,000 individuals applied. Other lauded post-Brexit visa routes also failed to grab the imagination of

## CISF-HCM-TEST-Dated-2023-02-05-Test NO.-7038

Therefore, from the Constitution Bench judgment of the Apex Court passed in the case of Dharam Pal (supra), it is evident that Magistrate may proceed against a person whose name was disclosed in column 2 to the police report i.e. charge-sheet and against whom charge-sheet was not filed if in view of the Magistrate material collected by the Investigating Officer during investigation prima facie discloses that he committed such offence. Therefore, if a Magistrate can proceed against a person against whom charge-sheet has not been filed then it cannot be said that Magistrate is not empowered to take cognizance of an offence, in which, charge-sheet was not submitted although from the police report, such offence also discloses. 21. We can analyse the situation from different angle too, if Magistrate is not empowered to take cognizance for offences, in which charge-sheet 8 of 11 was not submitted including the offence triable by court of sessions and charge-sheet was submitted only in offences, which are triable by the Magistrate (as the present case) then Magistrate will have to wait till framing of charges even if police report discloses offence also exclusively triable by sessions court and only at the time of framing of charges case would be committed to the court of session as police report also disclosed offence exclusively triable by sessions court. Therefore, in such case ultimately the case has to commit before court of sessions and for that purpose Magistrate will have to wait till framing of charges, it appears to be improper as if police report disclosed such offences even at the time of taking cognizance then why Magistrate should wait till framing of charges. This will also waste the valuable time of the court, therefore, from this point of view too, in my considered view, Magistrate should not wait till framing of charges and if at the time of taking cognizance he arrives at the conclusion that from the perusal of the police report submitted under Section 17

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## CISF-HCM-TEST-Dated-2023-02-05-Test NO.-7039

Rules to attract more highly skilled migrants. Last year Canada unveiled a goal to welcome while the German government approved the key points for a draft law that will loosen the rules on skilled labor immigration from third countries outside the EU. The Australian government is also reviewing its immigration policies with a view to making the country an easier destination for skilled migrant workers. For the UK to remain an attractive option for the brightest and best around the world it needs policies which are competitive with Germany, and other nations which are throwing out the welcome mat to tech skilled migrants HPV is a factor in cervical cancer human papilloma virus. Cervical cancer is almost always caused by HPV infection. It is the common cancer in India and a leading cause of cancer related deaths in women in low and middle income countries. The most frequent viral infection of the reproductive tract is HPV. The majority of sexually active women and men will contract the disease at some point in their life, and some may contract it more than once. Here are signs and symptoms of cervical cancer that are not to be neglected. They are spotting or light bleeding between or following periods, menstrual bleeding that is longer and heavier than usual, bleeding after intercourse, douching, or a pelvic examination. There can be increased vaginal discharge, pain during sexual intercourse, bleeding after menopause and unexplained, persistent pelvic and back pain. Primary prevention HPV vaccine, secondary prevention screening and treatment of precancerous lesions, tertiary prevention detection and treatment of invasive cervical cancer, and palliative care are all parts of comprehensive cervical cancer control. Regular screenings using Pap tests and human papilloma virus HPV tests to identify any preconcert conditions and treat them can frequently avoid cervical cancer. You can avoid it by getting the HPV vaccine. One of the approaches for primary prevention of cervi

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## CISF-HCM-TEST-Dated-2023-02-05-Test NO.-7040

The ages of 11 and 12 should receive the HPV vaccine, according to the Centers for Disease Control and Prevention CDC. It can be administered as young as age 9. The vaccine should be given to both boys and girls before they engage in sexual activity and are exposed to HPV. All 11 and 12 year olds should receive two doses of the HPV vaccine spaced at least six months apart, according to the CDC. Teenagers ages 13 and 14 and younger adolescents ages 9 and 10 can also receive vaccinations on a two dose schedule. The two dose regimen is effective for kids under 15 according to research. Teenagers and young adults who start the vaccination series later, between the ages of 15 and 26, should have the vaccine in three doses. The usual sequence of childhood vaccinations includes the HPV vaccine. The Pap test is not intended to be replaced by the HPV vaccine. Routine screening for cervical cancer through regular Pap tests beginning at age 21 remains an essential part of preventive health care. The prevention and defence against human papilloma virus infection should receive more community attention. Reduced exposure to the human papilloma virus and other sexually transmitted illnesses through education and preventative measures. The significance of women health should be emphasised, and the necessity of routine screening should be stressed. As India heads towards G20 Presidency in 2023 while championing the virtue of Vasudhaiva Kutumbkam - the world is one family as its message, the opportunity is anteing up the expectations of a world-class healthcare system as the primary road map. It is imperative after the covid-19 pandemic that India emanate prolific results from its G20 Presidency 2023 and bring universal healthcare to the central focus of G20 2023 agenda for global welfare. The foremost driving factors anticipated for India G20 Presidency in 2023 can be health innovation, improving healthcare infrastructure and the creation of PHC-UHC (primary healthcare with universal

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## CISF-HCM-TEST-Dated-2023-02-06-Test NO.-7041

Levels of digital literacy, allowing them to set up services and payment cycles by seeking out help from other individuals at a singular point in time. Having said this, recent regulations around e mandates have resulted in industry unease and an element of regulatory uncertainty. In August 2019, the RBI had issued a new framework for processing e mandates on recurring online transactions, encompassing cards and wallets, but subsequently, in January 2020, these were extended to cover UPI transactions as well. Earlier this year, while the RBI announced an extension of the deadline for adhering to new guidelines one mandate transactions to 30th September, there have been concerns put forth about unpreparedness to meet these guidelines in time. The new guidelines require the use of Additional Factor Authentication AFA during registration, modification, and revocation of e mandates. Additional requirements include the need for an online facility for cardholders to withdraw any e mandate at any point in time, audit trail related requirements, and for banks to send pre debit notifications with an option for customers to opt out of that mandate. As has been underlined earlier, e mandates have helped drive forward a positive shift in the digital economy by enhancing transactions between businesses and consumers. The new guidelines proposed by the RBI have not emerged from a vacuum and have been developed to address security concerns faced by consumers while utilising recurring online payments. These regulations aim to integrate banks, customers, and merchants onto a common platform, improving data security and integrating consent mechanisms. However, it is important for the RBI to keep in mind the need to make this integration seamless for consumers, as well as to improve the ease of doing business for merchants and banks. In recent times, the RBI has steadily taken decisions working towards enhancing the user experience by making the payment ecosystem more seamless and redu

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## CISF-HCM-TEST-Dated-2023-02-06-Test NO.-7042

Last week my two year old grandniece while showing off a doctor set that she got for Christmas via a video call from London waved a toy syringe, shouting Flu jab, flu jab! And she followed it up with Covid test, Covid test! pointing to her nose. It is not surprising: the poor child has had to undergo that test a half a dozen times as her playschool promptly mandates them every time any of the toddlers sneeze, cough or have a bad tummy. At parties across the country if not around the world amid all the food, drink and decorations ordered and provided for, cartons full of lateral flow Covid test kits are now common. And RTPCR tests for wedding guests are now included in packages offered by wedding management companies and hospitality groups. Soon it may become as much a part of the generic modern Indian wedding as the pre phreaks cocktail party. Also, thanks to the continuing prevalence of Covid, masks are now so intrinsic to our social lives that they now often dangle from decorative chains so that they do not have to be put down on any potentially contaminated surfaces but can instead hang around necks like identity cards or funky neckpieces. That surgical mask is said to have been invented by a Chinese Malaysian epidemiologist Dry Wu Lien the 142 years ago seems oddly apt now. Although it is shocking how easily and speedily we humans have been willing to forget even the most horrendous of times and throw all caution to the winds, some things forced on us by the pandemic should remain with us; 2022 should not mean blocking out the events of 2021 and 2020. In fact, 2022 should be all about remembering, not forgetting. Remembering those whom we lost, of course, but also all that we learnt in the hardest way possible. The first is the realisation that we are not all powerful. A tiny organism with a propensity to spread and breed with frightening speed took away two years of our lives already and there is no letting how many more it will claim. The second wave showed peo

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## CISF-HCM-TEST-Dated-2023-02-06-Test NO.-7043

we that vaccinations had tamed the virus. And then it came back, albeit in a milder form, that has led to some epidemiologists to claim Omicron will deliver the herd immunity and the ultimate natural vaccination against Covid. But that is based on current evidence on the virus; no one is certain that the worst is truly over this time. We can only hope that good sense will prevail on the virus, as it seems too much to expect that the same good judgment from most of us humans. Hopefully, my little grand niece current familiarity with flu jabs and Covid tests will wear off with time. Whether Covid was engineered in a Wuhan laboratory or inadvertently swarmed out of a wet market there, the fact that an entire generation is growing up under the spectre of fear because of it, should not be forgotten. The powerful and haunting phrase Never again once again has a relevance akin to what it came to encapsulate after the Holocaust. A happy new decade to all readers! Let erase all the pathetic 2020 and 2021 memories of the virus with Greek letter variants and wish each other a happy 2022. Any new year is associated with two traumatic things a hangover from the party the night before and the scary R word resolutions. Omicron restrictions limited the parties and saved us the hangovers. However, we still are stuck with the latter resolutions. We enter 2022 heart in mouth, hoping the Omicron wave remains mild, worried it will turn severe. But although we had to dial down the partying a second time in a row, we are in a sweeter spot than on New Year Day 2021. India now has a bunch of vaccines in its arsenal and is headed towards the three dose benchmark of full vaccination, with breakthrough drugs also on their way thanks to the jugalbandi of global science and domestic manufacturing. Second, harsh lessons served by the summer of 2021 should hopefully hold governments and political parties in good stead. If they do, Omicron probably won't take a tragic toll like Delta did, or rather wa



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## CISF-HCM-TEST-Dated-2023-02-06-Test NO.-7044

As the floppy haired Neural Chopra who gave India its first athletics Olympic gold and endless joy in 2021 has said repeatedly, success only follows from consistency. India has many of the resources for success but often drops the ball. Let this new year be different, proving optimists right for once. If Test cricket is art and aesthetics the Indian fan experienced a generous helping of the nervosa or nine emotions, as articulated in the ancient texts of dramatic theory, in 2021. The veer bravery rasa, which medieval poets of velour feasted on, was personified by Hanuman Vasari and Ravichandran Ash wins at Sydney last January. Vasari was tormented by a strained hamstring. Ash win could bend down to tie his shoelaces that morning. Injured in body but indomitable in spirit, the two battled pacers and pain for three hours together to hobble India to safety against Australia. Today, there is a clearly identifiable change in the way healthcare services are being delivered and perceived in India. As the saying goes, adversity has truly brought out the potential that the Indian healthcare sector has. The pandemic has been hard for even the best and the most organized healthcare systems in the world, and this is where the quality and quantity of effort put in by the medical professionals and support staff throughout India has been incredible. We might have lost some battles, but we have been quite successful in the war against the contagion. Despite the impact of the second wave and as the country has crossed the one billion plus vaccine doses landmark there have been some highly encouraging takeaways from the healthcare operations in 2021. These are trends and developments that will serve as the mainstay of future of healthcare in India and transform the way things are perceived by patients and caregivers alike. One of the biggest and most heartening developments being witnessed is the emergence of collaborative and patient centric healthcare delivery. Conventionally, India

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## CISF-HCM-TEST-Dated-2023-02-06-Test NO.-7045

People trying to reach healthcare. This emergence of doorstep delivery of healthcare is a novelty, as the services have been around for several years in India. However, adequate emphasis was not given to the role that modern technology can play in the delivery of medical services across India. It is not only the massive 1.35 billion plus population, but also the challenge of diverse terrain and lack of infrastructure has been making access to healthcare uneven across the country. However, tech based healthcare delivery is now addressing part of this challenge through telemedicine and doorstep delivery of medicines across the country. In contagion times, telemedicine has doubled up as not only the most accessible, but also the safest channel of care for patients suffering from non critical or chronic health conditions. The telemedicine guidelines that the Government of India had issued last year enabled Indian telemedicine industry to come into its own in 2021. Considering the massive shortage of doctors, qualified nurses and other medical staff, telemedicine is effectively bridging the gap between demand and supply. Home healthcare has been the other major enabler that has helped overcome access challenges in 2021. For patients that require in person medical care such as dialysis, administering fluids, injury or chronic disease management, vaccination and other non emergency support, home healthcare is a real boon. It is a well established fact that patients can recover better and experience a superior quality of life when they are provided quality care within their home environment. This is what Indian home healthcare sector companies have made possible through their innovative and effective usage of latest technologies. With capabilities of delivering even advanced support such as chemotherapy and remote ICUs, a system is being built that will significantly enhance the healthcare coverage in the country in the years to come. Research and Development Healthcare R&D

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## CISF-HCM-TEST-Dated-2023-02-06-Test NO.-7046

From a reflective point of view, 2021 has been a year of great learning, capacity building and reorienting the roadmaps towards ensuring world class healthcare coverage across the country in the times to come. May the momentum continue! The north Indian town of Hardwar, where the Ganges River flows out of the Himalayas onto India vast plains, has been for centuries a destination for pilgrims. For three days in December, it also played host to what the Indian media has called a hate speech conclave, in which multiple speakers all dressed in saffron garb, the traditional signifier of sanctity in India called for Muslims and Christians in India to be killed. One hailed the persecution of Rohingya Muslims in Myanmar and exhorted Indian politicians, the army and every Hindu to pick up weapons and conduct a cleanliness drive. There was, he said, no solution apart from this. Even in a country that has turned worryingly majoritarian in recent years, such open promotion of genocide and ethnic cleansing should have set off alarms. It is not only tens of millions of minorities as well as India increasingly tenuous connection to liberal values that are at risk. The Indian state itself risks being undermined by its leaders tacit acceptance of religious vigilantism. India ruling Bharatiya Janata Party would not be the first political party to wink at ethno nationalist extremism among its followers. The states of Uttarakhand, where the town of Hardwar is located, and neighboring Uttar Pradesh from which Uttarakhand was split off two decades ago are due for elections in coming months. The BJP, in power in both states, might be tempted to think that heightened inter religious tension is a useful distraction from a struggling economy and the devastation caused by the Covid 19 pandemic. But India opposition parties have not pushed back strongly either. They are struggling to formulate a response to this sort of rhetoric that does not result in them being labeled anti Hindu. In parts of

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## CISF-HCM-TEST-Dated-2023-02-06-Test NO.-7049

Tolerance of religious militancy leads, they need only look across the border to archrival Pakistan. In a particularly brutal example of mob violence this month, Priyantha Kumara, a Sri Lankan factory manager in the Pakistani town of Sialkot, was beaten, stoned and then set on fire by his own workers supposedly because he had committed blasphemy. Kumara worked in one of Sialkot many export focused garment factories; the city businessmen worry that if it gets a reputation for violence and sectarianism, their trade and investment partners will look elsewhere. National leaders should be no less concerned. Some analysts have suggested the US might seek to reorient its relationship with Pakistan toward boosting trade and increasing investment by American firms. That seems, to put it mildly, unlikely in a place where expatriate executives fear possible lynching. Practical considerations should shock India politicians into action, if moral ones don. The states that the Ganges flows through after passing Hardwar are India heartland and central to the BJP stranglehold on power in New Delhi. And yet the 300 million plus people who live there are according to the government own figures among the poorest and most deprived in the world. The current government of Uttar Pradesh has failed to improve matters: The state grew by only 2 a year over the BJP five year tenure and even prior to the pandemic underperformed the national average by 1.6 percentage points a year. To secure the future of this Gang etic plain, investment and trade will need to increase many times over. Economic transformation on such a scale cannot happen where the state fails to protect its citizens or society is fractured, xenophobic and violent. Nobody is going to invest billions in areas that appear vulnerable to religious civil war. Politicians may believe they can ride this tiger. Trying to distract voters with sectarian hatred, however, is a bit like concealing the lack of paint on your house by burning it

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## CISF-HCM-TEST-Dated-2023-02-06-Test NO.-7050

Healthcare data system in India. Good data is at the heart of public health and public policy. The need for creating resilient data systems is broader than just the pandemic. Resources are not the limiting factor preventing us here. The collective work done by volunteers, spearheading covid19india.org and now covid19bharat.org shows that this is doable on a small scale for a given disease. It is really about leaders promoting the culture of collecting good data, releasing usable individual level data and Meta data for researchers worldwide and having an in house team analysing data in an unbiased and principled way. A well functioning democracy needs a politically neutral, autonomous data system just as much as it needs a strong and independent judiciary system. Through the pandemic, even a quantitatively sophisticated team like ours has not been able to identify critical pieces of data, for example, national level data on cases and deaths broken down by age and sex category. This should be publicly available in a usable format for researchers globally. Web scraping from multiple state and media websites is not sustainable. In the next phase of Covid, when mild cases may continue to happen in the vaccinated and are not likely to be predictive of the total number of severities and deaths, we need to directly track hospital admissions. This will be the leading key metric to roll out and strengthen public health interventions. We have not seen much national level clinical outcome data from Covid. In the absence of such data, we may escalate and intervene with fear even when we may not need to. Data paucity, data opacity and data denial do not help the public or policymakers. Public trust in data is an essential feature of a democracy. Moving Forward How should we go about overhauling the health data system? Many of the high impact Covid papers have been based on the data from Israel, the UK and Denmark. These are countries that have large integrated national healthcare

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## CISF-HCM-TEST-Dated-2023-02-06-Test NO.-7051

On grandiose ideas, he said, one key component is to motivate the invisible grassroots level workers who are collecting the data every day, who may not realise the value of such data. Data collectors need to see their place in influencing nationwide policy. I could agree more. While the data luminosity of India is being rekindled, here is my 2022 wish list Pregnancy is a stressful condition for the mother and also for her growing baby. The body undergoes changes to accommodate the fetus as its own and also acts to ward off infections. Thus the immune mechanism is reset to suppress and at the same time act timely against foreign bacteria or viruses the pregnant woman may encounter. All this is of special concern especially in winters and also against the looming threat of the Omicron variant of the coronavirus. Make sure that the expecting mother takes a diet rich in vitamin C. It can be found abundantly in Alma, citrus fruits, kiwi and others. This not only helps to boost immunity but also increases the uptake of iron from the diet. Diets rich in antioxidants like nuts should be taken in abundance. These superfoods are immune boosters. Drink plenty of fluids Drinking water helps to keep the body well hydrated from the harsh and dry winters. Drinking soups, juices and a cup or two of tea will help in keeping the body warm. Take the flu shot It is advisable for all pregnant women to take the flu vaccine which not only protects them from major respiratory illnesses but antibodies are transferred to the growing fetus and protects the newborn too as the vaccination cannot be administered until 6 months of age Continue doing regular mild exercises like simple walk help to keep pregnancy blues away and decreases cramps which pregnant women frequently encounter Take adequate rest A sleep of 6 to 8 hours goes a long way in increasing immunity in pregnant women. Don't forget to wear warm clothes Pregnant women should keep themselves warm by covering themselves well in this harsh

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## CISF-HCM-TEST-Dated-2023-02-06-Test NO.-7052

Up with Covid test, Covid test! pointing to her nose. It is not surprising: the poor child has had to undergo that test a half a dozen times as her playschool promptly mandates them every time any of the toddlers sneeze, cough or have a bad tummy. At parties across the country if not around the world amid all the food, drink and decorations ordered and provided for, cartons full of lateral flow Covid test kits are now common. And RTPCR tests for wedding guests are now included in packages offered by wedding management companies and hospitality groups. Soon it may become as much a part of the generic modern Indian wedding as the pre phreaks cocktail party. Also, thanks to the continuing prevalence of Covid, masks are now so intrinsic to our social lives that they now often dangle from decorative chains so that they do not have to be put down on any potentially contaminated surfaces but can instead hang around necks like identity cards or funky neckpieces. That surgical mask is said to have been invented by a Chinese Malaysian epidemiologist Dry Wu Lien the 142 years ago seems oddly apt now. Although it is shocking how easily and speedily we humans have been willing to forget even the most horrendous of times and throw all caution to the winds, some things forced on us by the pandemic should remain with us; 2022 should not mean blocking out the events of 2021 and 2020. In fact, 2022 should be all about remembering, not forgetting. Remembering those whom we lost, of course, but also all that we learnt in the hardest way possible. The first is the realization that we are not all powerful. A tiny organism with a propensity to spread and breed with frightening speed took away two years of our lives already and there is no letting how many more it will claim. The second wave showed people who hitherto considered themselves as privileged that all their money, power and influence could do nothing to save their loved ones, as the deadly microbe rampaged through their bodies. S

## CISF-HCM-TEST-Dated-2023-02-06-Test NO.-7053

Ever since the trailer of the Hindi spy thriller Mission Majnu has come out, Muslims, particularly in Pakistan, have once again been reminded that their representation lies in kohl lined eyes, skull caps and amulets, and their speech is incomplete without the refrain Janab and Adab. The makers have pulled out, from the scrapyard of their mildewed imagination, the worn out brush of stereotype to paint the picture of Muslims; but how could they forget biryani neither the trailer nor the poster shows the dish I have watched the movie yet and it has left much to be desired. Just one scene showing Siddharth Malhotra feasting on biryani, with the pronouncement Bismillah would have completed the supposed depiction of his character. Personally, I may have certain disagreements with the stereotypical projection of Muslims in media, particularly in Indian films the meme makers in Pakistan are voicing the same opinion too however, one symbol which I don mind flaunting is, Biryani. Having an insatiable appetite for eating the authentic Hyderabad biryani and inviting people to gorge on it, is an attribute I wear like a badge of honour and yes I do feel flattered when I am beseeched to give a biryani treat to people in my circle. I solemnly feel Biryani, is a symphony of spices, rice and meat, which creates a gastronomical magic, and parallelley it fills the canyon of hostility between communities. If Dhansak is predominantly associated with Parsis and media banks on Dhokla and Khakra for credible depiction of Gujratis, then Muslims are too perceived as the bona fide brand ambassadors of biryani, without which some may feel their allegiance to the community would be a questionable phenomenon. Food forms an intrinsic part of one identity that can be as important as the other cultural or religious symbols, which are beyond denigration. The other day while catching up with an acquaintance from Kolkata, I could not suppress my curiosity to know about the expensive Hilsa, apparently c



## CISF-HCM-TEST-Dated-2023-02-06-Test NO.-7056

He arrives at the conclusion that an offence is also made out, in which, charge-sheet has not been submitted then he can 9 of 11 take cognizance for such offence(s) too and can summon the accused and if any such offence is exclusively triable by the court of sessions then he shall commit the case before the court of sessions. 24. Although, in the case of Girish Radhakrishnan Varde (supra), the two judges Bench of the Apex Court held that Magistrate is not empowered either to add or subtract section in the charge-sheet at the time of taking cognizance and he can take cognizance only of those offences, in which, charge-sheet was submitted and only at the time of framing of charges he can add or subtract such sections but the judgment of Girish Radhakrishnan Varde (supra) was delivered on 25.11.2013 whereas the judgment of Constitution Bench of the Apex Court in the case of Dharam Pal (supra) was delivered on 18.07.2013 but in spite of that case of Dharam Pal (supra) could not be placed before the Apex Court, in case of Girish Radhakrishnan Varde (supra). Further, neither the judgments of Minu Kumari (supra) nor Ajay Kumar Parmar (supra) were placed before the two judges Bench of the Apex Court, which decided Girish Radhakrishnan Varde case (supra), therefore, in view of the observation made by Constitution Bench in case of Dharam Pal (supra) as well as by the Apex Court in cases of Minu Kumari (supra) and Ajay Kumar Parmar (supra) the view expressed in Girish Radhakrishnan Varde (supra) does not prevail. Therefore, it cannot be held that Magistrate is not having any authority to take cognizance for the offences, in which, charge-sheet has not been submitted. 25. Further, in the later judgment of the Apex Court in the cases of Balveer Singh (supra) the Apex Court after considering the dictum of Constitution Bench in the case of Dharam Pal (supra) clearly held that Magistrate is fully empowered to disagree with the police report and he can independently apply his mind a

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## CISF-HCM-TEST-Dated-2023-02-06-Test NO.-7057

That food is edible love. It wields the power to shrink and blur boundaries and expunge the discord, generated by those who believe in crushing the bonhomie among people. I remember a doctor whom I used to consult, cracked jokes about Biryani while taking the history or scribbling the prescription, surprisingly, his pedigree placed him in the league of Brahmins; however he enjoyed bringing up biryani discussions. I do have friends, with great fondness for the meaty delicacy and they are undeterred and unaffected by the controversies brewed to fan the communal fire like the one surrounding the halal meat. While Biryani history affirms its Muslim roots, it has with time sprawled into a legacy, being zealously guarded by people from various faiths. If information gleaned from Google is trusted then it is interesting to know that Biryani outsmarts other dishes as the most ordered Indian food online. And it also enjoys the honour of being the most popular dish in India. This at least absolves Muslims, which constitutes just 12.4 percentage of the entire Indian population from the guilt of being the only ones, the super consumers, devouring Biryani. Next time the filmmakers in Bollywood come up with another project with a male Muslim protagonist, they can show him with a biryani platter. While the world population reached 8 Billion mark in late 2022, and there are newer achievements in tech and economy happening every second, we are yet to overcome challenges with access to the most basic human need food. And while genetically modified seeds, agriculture technology, and other modern inventions have ensured that the world is producing more than enough food to feed all of the 8 billion people, up to 800 million of the global population continues to struggle with hunger. Back home, we ranked 107 out of 121 countries in the Global Hunger Index 2022, thanks to the disturbing amount of post-harvest losses, estimated of up to 25 for perishable foods and 30 40 for fruits and veget

## CISF-HCM-TEST-Dated-2023-02-06-Test NO.-7058

Accessible temperature controlled storage facility, close to the farms. This is easier said than done. Most of the cold storage facilities are set up at far away towns or district centers, and offer bulk storage at exorbitant prices, making it impossible for a small farmer or a group of farmers to afford it. Thus, for the fear of the perishable produce going waste, the farmers are forced to sell it at less than optimum rates cooperatives or other such intermediaries, and incur losses by selling the harvest at prices way below the market value. How can this be addressed? Ground level collaborations with cooperatives, farmers and cold storage facility providers can help transform the situation and almost turn it around! The effective tri party arrangement can not only help farmers gain access to an effective cold storage set up, but also allows farm cooperatives to preserve the produce better and increase its shelf life, allow farmers to earn a fair price for their harvest, offer a guarantee of bulk of produce to be stored, thereby reducing costs, and all this while, ensuring minimal food wastage! Lack of efficient infrastructure for transportation: While cold storage facility is the first step to preserving fresh produce and ensuring its longer shelf life, a lot of damage and wastage also occurs during transportation of the produce. Especially in case of fruits which come with a much shorter shelf life and are fragile. As a result, a truckload of fresh fruits and vegetables that leaves a town and arrives at a city after hours on the road, may eventually have already damaged 10 to 20 of the perishables in the process. Lack of proper packaging, changes in ambient temperature and surrounding environment and absence of temperature controlled transportation are key reasons for this. How can this be addressed? Again, FPO, local government bodies, wholesale markets and farmers can collaborate with cold supply chain service providers to employ relevant temperature controlled

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## CISF-HCM-TEST-Dated-2023-02-07-Test NO.-7059

Cautious hedonism was seen across India during year end celebrations. It was as though people knew that their high life could be a Titanic bobbing towards the tipple of the corona iceberg. Leisure trips have been described, with the headliner smirk topped with a party hat, as revenge travel. But a few hoteliers relieved accounts suggest that scores of guests developed a new strain of 5 star swagger: They brandished negative RT PCR reports along with tony credit cards. Social media posts documented a new fad: The bank robber chic seen in travel selfies with N95 veils. In chat groups dealing with reunion logistics, pictures of vaccine certificates rolled along with venue details. As we reflect on how we can better our lives in the new year, here is a blueprint to help us lead the kind of life God wishes for us. Our lives should be centred on love for God and love for our fellow beings. When we open our hearts to them and take time to be with those we love, think more about others, and try to show them how we feel. When we radiate warmth and love to all around us, when we are more patient, more tolerant, and more compassionate to others. When we give, give and give to all around us to bring joy and happiness to their lives and to alleviate their burdens. It all begins as we connect with God love through the process of meditation. When we take our attention away from the outer world and focus it within, we are filled with joy and bliss. We are inspired to live a life of service to others and to embrace all we meet as members of the same family of God. Our soul has an existence that is unconstrained by the limitations and boundaries we place on our body, mind and intellect. When we live at the level of our soul, we can transcend the walls of separation and embrace one and all. We develop the godly virtues of truthfulness, nonviolence, selfless service, compassion and humility, and we lead the life that God wishes for us. When we experience the Light of God within us throu

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## CISF-HCM-TEST-Dated-2023-02-07-Test NO.-7060

The realms beyond this world, to which we all will go, is spiritual love. The soul is measured not by our financial records, but by the amount of love we have radiated to others. Did we love God Did we love our fellow beings Did we love all creation Love is translated into thoughts, words and deeds that are expressed in kindness to others. It is expressed in how much we care about others. It is demonstrated by how much we give of ourselves to help or serve others. It is only when we invert our attention through the process of meditation that we realise our true nature and experience God love. Only when we experience God love can we share this love with others, and only when we share this love and transcend all boundaries do we become truly human. On 20th December 2021, a very crucial bill known as The Prohibition of Child Marriage Amendment Bill, 2021 was introduced in the Lok Sabha by Ms. Smriti Irani, Union Minister for Women and Child Development, to raise the age of marriage for girls from 18 to 21 years. The statements of Objects and Reasons section of the bill specifies the reasons for raising the minimum marriageable age as women empowerment, gender equality, encouraging female labor participation and self reliance for women. The bill created an uproar in the House due to its contradiction with the personal laws which in turn, has made the Government to refer it to the Parliamentary Standing Committee. However, the opposition and activists have failed to raise the issue of its contradiction with the basic right of every human, that is, to marry at will. The issue is that the Government is now trespassing the boundaries of the personal lives of people to achieve its goals without even realising that its goal cannot be found within those limits. The government has not realised that this attempt would eventually go futile. Rather, the age of marriage for boys set at twenty one is in itself unconstitutional. Let see how. Trespassing the boundaries Infringement of th

## CISF-HCM-TEST-Dated-2023-02-07-Test NO.-7061

Rights, assuming responsibility for illegal acts, entering into contracts, etc. Thus, there is no iota of doubt as to why an eighteen year old person is not mature enough to marry out of their own volition and free will. A person has an inherent fundamental right to marry at their own discretion any time after attaining the majority. Taking away this fundamental right as a policy decision needs a cogent reason. However, here, the Government has not relied on any research or study which proves that increasing the marriage age would empower women. Goal cannot be found within these boundaries Why would raising the age of marriage eventually fail It is trite to state that the law to prevent child marriage does not work. The marriage age at 18 was set in 1978, but child marriage started to decline only in the 1990s when the government stressed primary education of the girl child and took measures to reduce poverty. It implies that society decides on its own rather than letting the Government decide on the age of marriage. It is clear from the fact that when families in rural areas started losing jobs in the pandemic, child marriages rather increased. The reason is that the factors which induce the families to marry their daughters at an early age still exist and the Government has to not tackle these factors. First, the Government is required to control the socio cultural norms, customs, and beliefs that shape decisions relating to marriageable age in India. In some cultures, women are married at an early age so as to assimilate them from other families into their households. It is believed that an early age at marriage may ensure a bride loyalty to her husband family. A broader spousal age gap would also facilitate this character molding of younger brides, who are likely to be more responsive to these practices. Second, is the economic factor? In resource constrained households, girls may be seen as a liability given the limited economic budget and food security for the

## CISF-HCM-TEST-Dated-2023-02-07-Test NO.-7062

Not change the position of women as expected. Uniform age of 18 for both males and females. Article 14 of the Indian Constitution guarantees the right to equality to both genders. Any differential treatment must be made only upon reasonable criteria otherwise it would be declared discriminatory. Surprisingly, the legal marriageable age is 18 for girls and 21 for boys. The minimum age requirement was introduced to abolish child marriages and to protect children from exploitation. This difference is premised on the assumption that women and men have different growth rates, emotionally, mentally as well as physically. However, this does not qualify as a reasonable criterion. The Supreme Court in the case of has already held that a law that treats women differently based on gender stereotypes is an affront to women dignity. Gender stereotypes cannot qualify as a reasonable criterion and therefore, any legislation made on such criteria is unconstitutional. Thus, a uniform age, more appropriately, 18 should be adopted for both genders. We can conclude safely that for a holistic upliftment of the social status of women, merely raising the minimum age for marriage would not be sufficient until the societal cultures and norms, their educational opportunities, occupational opportunities, and women subordinate status are not taken care of. Merely raising the age of marriage would rather produce an adverse effect as families would now perceive an unmarried daughter as a burden , thereby leading to discrimination. Currently, India relationships with its neighbors are very worrisome especially with China, Pakistan and Nepal which are at very low levels primarily due to the failure on part of Mr. Doval and Jai Shankar to give good counselling to the PM; both of them were regarded as mediocre by their earlier seniors, colleagues and juniors. In this article, a brief history and India relationship with the neighboring countries will be discussed. China is the biggest and the most pow

## CISF-HCM-TEST-Dated-2023-02-07-Test NO.-7063

China request, Shri Nehru recognized China sovereignty over Tibet. Again, India missed the opportunity as India could have offered a good border settlement. In 1962, China attacked India and in spite of earlier assurances by the government of India that India was well prepared to oppose any Chinese aggression, India lost badly. Relationship and contacts between India and China ebbed down to the lowest level after China 1962 was a big betrayal on part of China. Indians became strongly anti China and all meaningful communication between the two countries stopped thereafter. When Rajiv Gandhi became the Prime Minister, he visited China and received a warm welcome there. Zhou Enlai also visited India. In his book about China, Natwar Singh included a draft agreement proposed by Mr. Enlai with an offer to India to make reasonable changes. Both India and China worked on the agreement and ironed out the differences. However, for some unknown reasons, the agreement was never signed and both leaders agreed to maintain the status quo. Chinese encroachments into India and other anti India activities continued. China started supporting Pakistan militarily and economically. China, directly and indirectly, helped Pakistan to acquire nuclear and missile capabilities. China openly supported Pakistan on the Kashmir issue. China always supported Communist Party Marxist of India and later also started supporting Naxalites and Maoists. I suggested some steps to Shri Vajpayee and then to Shri Man Mohan Singh to counter China anti India activities. These included supporting Vietnam economically and militarily, which India has been doing; supporting Tibet liberation movement and Uyghur Muslims; and warming up relationship with Taiwan. Although both the Prime Ministers raised some of these issues with China but were very reluctant to go public and antagonize China too much. When Shri Namenda Mode became the Prime Minister, China approached him for establishing a vibrant business and politica



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## CISF-HCM-TEST-Dated-2023-02-07-Test NO.-7064

The Rajas in 1950, he escaped to India and tried to convince Pandit Nehru to occupy Nepal, however, Mr. Nehru refused to do so. A few years back, China started supporting militants in Nepal and these militants finally became politically very assertive and eventually formed the government. They changed the constitution and eliminated monarchy. Nepal ceased to be a Hindu Country. Shri Mode made a big mistake by imposing embargo against Nepal which annoyed all Nepalese and pushed Nepal completely into China arms. Nepal also started raising border issues. Things may improve with the upcoming Nepal PM visit to India. For all practical purposes, Bhutan was being run by India. About two years back, China attacked Dolan in Bhutan. After a couple of skirmishes, India backed off to some extent. At that time Bhutanese King requested India to stay away from Bhutan and started a fairly good relationship with China. India is trying again to increase its influence there. A couple of years back, when the virtual dictator of Maldives acquired power, China started pouring money into the Maldives. Maldives imposed a number of restrictions on Indians and India. Then India reinforced its presence and Maldives fell in line with India. Again, in the current election campaign, a political party is seeking votes with the slogan Keep India out. China is increasing its economic power not only in the neighboring countries, it has been doing so in Africa and South America, mainly through its business organizations such as China National Oil Company, HSBC Banks and its infrastructure construction activities is a number of concerns. India government has also done such activities to some extent. However, India government does not have much money of its own to compete with China. India should work with its business organizations. A number of Indian companies such as Tata, Mittal, Reliance, Adana, and Ariel have successfully established themselves in a number of countries. With the help, cooperation

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## CISF-HCM-TEST-Dated-2023-02-07-Test NO.-7067

Negotiating a border treaty with China and I believe India still could get a fairly good agreement and thus resolve the border conflict with China. While using a carrot, India needs to use a strong and big stick. First, India should enhance and strengthen their military positions on the border and then try to push China from the Indian territory occupied by China. If that is militarily not possible, India should try to capture Chinese territory where the Chinese forces are weak or India is in an advantageous position. The Indian Military should not be withheld from driving China out of Indian territory. At the same time, India should aggressively pursue the above mentioned points which I had conveyed to the two former Prime Ministers. The Indo China border dispute should not be prolonged much longer and needs to be settled soon. In all probability, India could get a good deal from China. If India again misses the opportunity, things will get messier especially after the Winter Olympics in China and India may never get another opportunity to get a favorable deal. India problem of plenty on the external sector too many dollars coming into the country relative to those going out appears to be coming to an end. After nearly two years of ultra accommodative monetary policy, the US Federal Reserve Fed at its December meeting announced it will double the pace of its balance sheet tapering and end its net asset purchases by mid March 2022, three months ahead of its earlier schedule. The median projections also show more front loaded rate hikes in 2022 three hikes and eight cumulative hikes by the end of 2024. Uttarakhand SIT mandated to investigate the hate speech ridden Dharm Sansad at Haridwar and parallel probes by Mumbai and Delhi police into cyber harassment of Muslim women through an app called Bulli Bai are qualified reasons for optimism. But these are just the first steps. Remember that an obnoxious app called ulli Deals featured on the same GitHub platform last year

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## CISF-HCM-TEST-Dated-2023-02-07-Test NO.-7068

Rise from preventing namaz in Gurgaon to attacks on churches around the country to violence against traders from minority communities. None of these has seen quick, firm police response. Neither have we heard condemnation from governing politicians. And the result is that such mobs get the sense that the law does apply to them. India police agencies are so heavily under the thumb of their political masters that only government signals, severe judicial strictures or, once in a while, a storm of public criticism can force cops to act in such cases. Now that police forces in three states have initiated probes, there a chance finally that a larger message can be sent to hatemongers and internet communal bullies. Missing this chance will not only further embolden real world and virtual world mobs, it will also do more damage to India reputation, which has taken a lot of recent knocks as far as safety and treatment of minorities are concerned. For India to become one of those countries where majoritarianism becomes an above the law brute force will be a real tragedy. While laying the foundation stone for the Major Dayan Chand Sports University in Meerut, Prime Minister Namenda Modi said young Indians should be encouraged to take up sports as their profession. The thought is good. But the reality is forbidding. Sporting infrastructure in the country remains subpar. True, India just had its best showing at the Olympics when it won seven medals at the Tokyo Games last year, including Neeraj Chopra historic gold in the men javelin event. However, the fact remains that barring cricket other sports in the country lack an ecosystem of professionalism and excellence. Money for nurturing talent rarely gets funnelled to the grassroots where it is needed. Instead, it is mostly directed towards the few top athletes with international medal winning potential. It is no surprise then that Indian parents don see sports as a viable career option for their children. After all, that can only

## CISF-HCM-TEST-Dated-2023-02-07-Test NO.-7069

Sports professionally viable. Helen Keller famously said, a bend in the road is not the end of the road unless you fail to make the turn. Faced with the crisis of the century, we have made many turns, modifying our lifestyle in unimaginable ways. Some of these changes are here to stay. Work from home or, more correctly, work from anywhere, will become a much more accepted norm. While organisations had often balked at the thought of their staff working remotely before the pandemic, the last two years have confirmed that this does not necessarily reduce productivity. Various studies have shown that a hybrid approach that combines work from anywhere with traditional office based work will become the preferred approach with both employees as well as employers. My wife and I decided to get away for two nights to a nice seaside resort and bypass the Covid cobwebs, my treat. I packed a small bag and she lugged down a large suitcase, a smaller case, a handbag and her purse. Like a good husband I held my silence. Checked in and ten minutes into the room she had commandeered 90% of the table with jars, bottles, lotions and creams. Inside the first thirty minutes the bathroom had been usurped. When I finally got in the rod was festooned with washed lingerie and the ledge above the sink was groaning under the weight of her toiletries with 3 inches by 2 inches left for my razor. Isaac Newton was not only an eminent mathematician and physicist but also an erudite philosopher, a deeply spiritual person and a theologian known for Biblical literalism. To most of us, Newton is known for his laws of motion, and there appears to be a striking similarity between these laws and some tenets of Indic philosophy. Newton first law, also known as the law of inertia, states that if a thing is at rest, it will continue to be at rest and if it is in motion, it will continue to be so unless an external force is applied. Inertia is common among people with predominantly tamari tendencies. They can

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## CISF-HCM-TEST-Dated-2023-02-07-Test NO.-7070

Comes around good karmas result in noble values, whereas bad karmas result in vicious values after all, a person is a product of his past karmas. The saying goes: As you sow, so shall you reap. Newton contribution is not restricted to the laws of motion alone. He is credited with the discovery of calculus a branch of mathematics that is anchored around the concept of independent and dependent variables that is synonymous with the relationship of cause and effect, often mentioned in our scriptures. It states that the working of the entire universe is governed by this basic law. Through the discovery of calculus, Newton seems to have given a quantitative and tangible shape to what seems to be rather a lofty concept of cause and effect relationship. Spirituality identifies three constructs of human personality: body, mind and intellect. Most of us are focused either on our body or get trapped in the web of emotions and make the least use of the intellect, which every one of us is bestowed with. Newton, however, was an exception. While sitting in the garden one day, he saw an apple fall from a tree, and this led him to formulate the law of gravity. What fired Newton imagination to explore this phenomenon in detail it was the spirit of inquiry, a function of intellect. When Newton was asked how he discovered the law of gravity, he is said to have replied, by thinking about it all the time. He who thinks halfheartedly will not believe in God, but he who really thinks has to believe in God. While this is the second time China has named places in Arunachal Pradesh on 29 the December 2021, this time it assumes a serious concern for India as it comes in the backdrop of Chinese Land Boundary Law passed by the State Council in October 2021. Earlier in 2017, China had issued official Chinese names of six places stating that the list was the first installment of standardized name. That had come soon after Dalai Lama visited Arunachal Pradesh. An analysis of the Chinese Land Border

## CISF-HCM-TEST-Dated-2023-02-07-Test NO.-7071

The saga of the alleged Chinese spy balloon over the United States ended in an anticlimactic puff of smoke on February 4 after an American F 22 shot down the airship over coastal waters in the Atlantic Ocean. News of the Chinese airship went public on February 3. This was not a farfetched claim in 1998 a weather balloon went off course over Canada and drifted across the Atlantic before coming down in the Arctic Sea. The point you likely won't hear Assam CM Himanta Biwa Sarma make during his shock campaign against child marriages is that despite the arrest of around 2,500 men since Friday, each of the marriages remains valid. The only path to making them voidable that the Prohibition of Child Marriage Act, 2006, provides is a nullity petition in the district court by a contracting party to the marriage who was a child at the time of the marriage. The wives protesting outside police stations are not interested in filing such a petition. In media interviews some of them have professed love for the husband; some have children in tow, for many the arrested husband is the sole breadwinner for the family. Sarma's cause itself is not a lonely one. Indeed it is through society wide efforts that India has reduced child marriage. NFHS surveys show that the 54% of women aged 20-24 married before age 18 in 1992-93, became 47% in 2005-06, and then 23% by 2019-21. Obviously change is picking up pace. But experts are clear that it is rising education and income that have delivered this change. This is also why Parliament and Centre haven't wielded the blunt instrument that is being deployed in Assam today. They have recognised that economic and educational development is very uneven across the country, and that child marriages remain the most common among the most deprived populations. States that have gone further include Karnataka, which ten years after Parliament passed PCMA amended it to declare every child marriage void ab initio, but only thenceforth. Sharply in contrast in Assam, the

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## CISF-HCM-TEST-Dated-2023-02-07-Test NO.-7074

The purpose of this work is to make it more convenient and useful for judicial officers and to collect in a small compass, some useful judgments of the Honble Sri Justice M.Satyanarayana which are found scattered through the various law-journals and in Internet. It is strenuous attempt to present some valuable rulings of His Lordship in this tiny book for daily reference on its various facets, for benefit of all judicial officers. This book is useful for enrichment of legal knowledge on civil side. This book contains only relevant paras of the judgments on each topic and readers are requested to go through full text understand the ratio-decendi laid down in the judgments. For easy reference, citations have been referred to. As some judgments are gathered from using Internet, the case numbers, names of the parties and date of judgment are also noted for easy reference. This book also contains Honble Division Bench judgments wherein His Lordship is one of member of the Division Bench. With propound sense of regret, I crave the indulgence of the learned readers for the typographical errors that might have crept in the text, notwithstanding the assiduous alertness and vigilance, having been unavoidable in the first attempt of this nature. All the while, I am confident that this book is very useful to all judicial officers for daily reference. of the property under Ex.A.1 after issuing notice, plaintiffs filed the present suit and undisputedly defendant Nos.5 to 11 and plaintiff Nos.1 and 2 were compromised as per orders in I.A.No.1930 of 1992. Defendants also failed to establish that they are continuing in possession of the property, consequently the contention of the defendants that plaintiff Nos.3 to 6 are not entitled to claim relief of declaration of title, without seeking relief of recovery of possession is without any substance and this contention would stand to any legal scrutiny by this Court. Under Section 35 of the Specific Relief Act,1963, a declaratory d

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## CISF-HCM-TEST-Dated-2023-02-07-Test NO.-7075

Jesus spent his entire life in the well being of others and inspired people to follow the right path he is also known as liberator and protector of liberating people from suffering. At same time Jesus performed many such miracles due to which he was not only called the messenger of God so his birthday was celebrated as Christmas. On this day all schools and colleges and government and private offices have their holidays. The history of this holy Christmas celebrated with joy and cheerfulness is associated with birth anniversary of Jesus Christ. This holy festival is celebrated every year on twenty fifth December as a celebration of the birth of Jesus Christ with full joy and gaiety. Christmas festival is celebrated with great pomp. This day is celebrated as birth anniversary of God Jesus Christ. This festival is celebrated in country and abroad with its customs and traditions. On this festival decorating the Christmas tree and cutting cakes going to church and gifts from Santa Claus has a different significance. Christmas festival has special significance for people of Christianity. According to the religious book Bible of Christianity Jesus Christ was born on this day however different views have been given regarding the birth date of Jesus Christ. Birth of Jesus Christ had already been predicted that a man on earth would be born who would grow up to be an influential king and his kingdom would have no limits and he would be savior of the world the painter and will be the right guide. After this when Jesus Christ was born in a cowshed from womb of mother Mary in Bethlehem in Israel his prophecy came true. After which his birthday was celebrated as Christmas festival. Christmas feast is especially associated with Santa Claus. A row over the election process. This MCD conflict is an extension of the year long tussle between the two parties over the administration of the national capital. Given Delhi unique governance structure with a multiplicity of authorities, ideal



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## CISF-HCM-TEST-Dated-2023-02-07-Test NO.-7076

Legislative Research found that most state governments are reluctant to share power and taxes with local bodies. This severely curtails urban governance at a time when 675 million Indians are slated to live in urban centers by 2035. They need smarter cities, which needs empowered instead of stalled local bodies. Mumbai needs municipal elections. Delhi needs a mayor. On a summer afternoon in 2021, just before the start of the monsoon session of Parliament, large multinational banks in India received an email from the Securities & Exchange Board of India Semi on details in about half a dozen stocks. The banks, acting as custodians, bookkeepers for foreign portfolio investors FPI, had to identify the last natural persons who control the FPIs holding those stocks. It was Semi way to figure out whether the men calling the shots in the offshore funds were acting behind a veil to rig up prices of stocks listed on Indian exchanges. We see and feel different kinds of environments physical, educational, intellectual, social, financial, spiritual and material. Parents, brothers and sisters, and our elderly guardians at home make our lives cosy and comfortable. At school, teachers and fellow students educate us. Thus, we experience an educational or learning shift in schools. As we grow and pass through different levels of schooling, we experience an intellectual shift. At the workplace, we learn to work in a cooperative way. Friendly cooperation leads to order in life as well as at the workplace, resulting in a social shift. We make a living at our workplace, it causes a shift in our financial standing. The aforesaid environments are responsible for these shifts. However, the real order and shift come from self-confidence and self strength. When these traits dominate, we possess the power of control. However, we lose this control once we misuse it. Our inner strength should be channelised for the common good, above self gain and prosperity. In this way, there is collective pros

## CISF-HCM-TEST-Dated-2023-02-08-Test NO.-7077

The country, strengthen citizens sense of the country. This would allow China to indulge in propaganda against the neighboring countries. Fifth, it provides for the border to be sealed in the event of a war, armed conflict, incidents which threaten the security of border residents. India had reacted against the passage of this law realising its implications: China unilateral decision to bring about a legislation which can have implication on our existing bilateral arrangements on border management as well as on the boundary question is of concern to us. It further warned China to avoid undertaking action under the pretext of this law which could unilaterally alter the situation in the India China border areas. It may be pointed out that in the South China Sea, China had indulged in similar action. In April 2020, China had issued new names for 25 islands and reefs and 55 underwater entities in the SCS to assert its claims over them. This was followed by the establishment of two districts to administer Parcel and Spratly in the SCS. The PRC has also passed the Coast Guard Law that authorizes its maritime law enforcement fleets to use lethal force on foreign ships operating in China waters, including the disputed waters claimed by China. That is intended to assert its claims in the nine dash line in the SCS. China not only occupied features, it created artificial islands, which have been weaponries. India has rightly responded by dismissing the Chinese invention. In a statement, the official spokesperson of the ministry said, Arunachal Pradesh has always been, and will always be, an integral part of India. Assigning invented names to places in Arunachal Pradesh does not alter this fact. Should India be concerned about this cartographic aggression this deserves to be seen in the context of the Chinese sinister design to first assign Chinese names to geographical entities, then launch propaganda that historically these places belonged to China and then lay claims over the

## CISF-HCM-TEST-Dated-2023-02-08-Test NO.-7078

Show some progress towards the achievement of the Chinese Dream, particularly, when CPC is celebrating its centenary. It is no wonder that China has adopted a more aggressive tone and activities, threatening the stability of the region. China is also constructing a number of villages along the Arunachal Pradesh border in an attempt to solidify its claims. Arunachal Pradesh is called as Hangman or the Southern Tibet by China and is shown as the Chinese territory in its maps. The renaming of places is a part of the Chinese mischief to claim these geographical entities, which include eight residential areas, four mountains, two rivers, and a mountain pass as per the CPC mouth piece Global Times. While these do not materially impact on India, it is a challenge to India sovereignty and integrity. India options are limited to stymie any aggressive move by China. A two dimensional strategy for this needs to be carefully worked out. First, there is a need to counter such false propaganda based, more forcefully perhaps on a continuing basis, so that the policy making center does not start believing in its own fabricated propaganda. This has to take into account the Chinese three warfare stratagem that includes psychological warfare, media warfare and law fare. India needs to establish a group comprising all the stakeholders to work out details as has been done by China. Second, the support to self rule in China should be extended. China is contesting not only the McMahon Line but the interior parts of India. India needs to understand clearly that these Chinese acts would not have happened had Tibet been an independent country. The Chinese occupation of Tibet has made China our neighbor and now we are facing their sinister designs. Currently, there is enhanced international support to the Central Tibetan Administration Tibet Govt. in Exile. China decisions to incise the Tibetan culture and ruthlessly repressing the Tibetans have generated a strong criticism. At the 14 the sess

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## CISF-HCM-TEST-Dated-2023-02-08-Test NO.-7079

Is the most opportune time to support the self rule in Tibet. India has, of late, started to maintain closer ties with CTA. This needs to be taken to the next step of providing diplomatic support at various international forums to the Tibetans to achieve their objective. There is a potential for trouble on the issue of re incarnation of Dalai Lama, which should be tackled right now by pressurising China. In a quote popularly attributed to Abraham Lincoln, including by many current US lawmakers and politicians, the country 16th President is said to have warned that America will never be destroyed from the outside. If we falter and lose our freedoms, it will be because we destroyed ourselves. As it turns out, archivists and historians have lately determined that the quote is an oversimplified paraphrase from an even more prescient observation Lincoln made in an address in 1838 on the threats to American institutions. In what is now considered his first great speech, made to Young Men Lyceum in Springfield, Illinois nearly 23 years before the Civil War, Lincoln said: Shall we expect some transatlantic military giant to step the ocean and crush us at a blow Never! All the armies of Europe, Asia and Africa combined, with all the treasure of the earth our own excepted in their military chest, with a Bonaparte for a commander, could not by force take a drink from the Ohio or make a track on the Blue Ridge in a trial of a thousand years. At what point then is the approach of danger to be expected I answer, if it ever reach us, it must spring up amongst us. It cannot come from abroad. If destruction be our lot, we must ourselves be its author and finisher. As a nation of freemen, we must live through all time, or die by suicide. Into the third year of the pandemic, governments the world over now have the benefit of experience to shape responses to a surge in infections. In India, the second wave during the 2021 summer was a searing experience. No less important in terms of im

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## CISF-HCM-TEST-Dated-2023-02-08-Test NO.-7080

West Bengal government has limited flights from Delhi and Mumbai to three a week. The ongoing surge in infections is happening in a context that has important differences when compared to the second wave. Around 65% of the adult population is fully vaccinated and over 8 million children in the 15-18 age group have been administered a single dose. Moreover, we have the benefit of observing the trajectory of the Omicron variant in other countries. The combined impact of these differences calls for a more sophisticated approach by state governments. Resorting to partial curfews and lockdowns will impose a disproportionate cost on the most economically vulnerable segments and not really curb infections. The primary aim for governments is to ensure that the healthcare infrastructure does get overwhelmed. When seen in this context, Maharashtra approach makes sense. Media reports indicate the state is inclined to use Covid bed vacancy as a measure to choose policy options. A smarter approach along with tighter enforcement of masking rules and capacity restrictions in public spaces will help states strike a fine balance between controlling the spread of infections and limiting its economic fallout. India can neither afford to let its healthcare infrastructure collapse nor impose lockdowns. The current surge needs to be managed by a smarter set of tools. In welcome progress in the Bully Bay case, within days Mumbai cyber police has made arrests spread from Bengaluru to Rudrapur and Kotare. This time virulent sexual harassment is being addressed with the investigative urgency it demands. But that all the accused are students has caused yet another round of shock and dismay. A male engineering student, a female 12th standard pass preparing for engineering entrance exams, and a male BSc student what could have brought them all together in a mission to shame, scare and dehumanise more than 100 Muslim women concertedly and brazenly Even if it turns out the students were prodded by o

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## CISF-HCM-TEST-Dated-2023-02-08-Test NO.-7081

Tough policing of hate crimes, effective social media regulation, and politics staying away from religious misadventures and jobs jobs jobs. Today, there is a need for all of us to come together and take Lifestyle for Environment LIFE forward as a campaign. This was Prime Minister Narendra Modi at the COP26 Summit while underscoring the need for an environmentally conscious lifestyle as a mass movement to revolutionise many sectors. Lifestyle, no doubt, plays a significant role in reducing the impacts of climate change. But the biggest question is: How do we address the complex adaptive challenge of behavior change Since NY resolutions survive only as long as a female mayfly, let try the 10 Commandments carved on two tablets of stone and reportedly handed to Moses by God Himself. This prompted a joke in times when you were stoned by every Tamar, Dick and Heroin simply because his sentiments were as sensitive as problem gums. It went, who was the most constipated man in the Bible Moses, because he took two tablets and had to spend 40 days in the wilderness. Jokes apart, the Biblical commandments are fundamental principles which should be enshrined in all constitutions even those smoother than that of the bowel challenged prophet. Tweaked, they speak directly to our hyper godly times. You don't know the usefulness of the useless. In fact, the useful is only useful so far. It has a certain utility, but the useless has no limitation to it. What is the use of a rose flower No use, but life would be very empty without rose flowers. What is the use of laughter it is not a commodity; it does not feed people. If you are hungry, it will not help. If you are ill, it will not help, it is not medicine. If you are fighting with somebody it will not help, it is not an atom bomb. Of what use is laughter that why the people who look at life with the eyes of a utilitarian don't laugh. They don't love because what use is love to them it is wastage, a wastage of energy, time, life. To them it

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## CISF-HCM-TEST-Dated-2023-02-08-Test NO.-7082

Greece. In ancient Greece, poets, philosophers, mystics lived very long. In India in the past, yogis and meditators lived very long, but now that is not the case anymore. Politicians and actors in India live long. We measure people by their utility, we reduce people into commodities. I am not saying don do anything useful. I am saying do useful things but remember that the real and the greatest experience of life and ecstasy come out of doing something useless. It comes through poetry, it comes through painting, it comes through love, and it comes through meditation. The greatest joy floods you only when you are capable of doing something useless, useless in worldly eyes. Because it can be reduced into a commodity, that why they call it useless. Now if you invent something, a gadget, you can patent it and you can earn money out of it. But if you write a beautiful poem, you can earn any money out of it; it is just wastage. People ask, what are you doing why are you wasting your life but writing poetry, if you really have been into it, is a great joy in itself. Nothing else is needed, you are already rewarded. No other extrinsic reward is going to make any difference to you. The reward is inward, intrinsic; it arises out of the activity. Writing poetry, painting, or playing on the flute they are not utilities. Armed Forces Special Powers Act was brought into the administrative and legal arena in 1958 in the NE through an ordinance and later to receive Parliamentary sanction to a series of Acts created by the Indian Parliament that empowers Armed Forces to maintain public order in disturbed areas, to gain grip on deteriorating law & order situation, more or less, in all seven states. The ordnance was then subsequently put through certain legal embellishments and trappings and reintroduced in 1972 in all seven sister states of NE. The same Act was also placed into operations in the state of Punjab in 1983 and later in J&K in Jul 1990. It is noteworthy that the Act concep

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## CISF-HCM-TEST-Dated-2023-02-08-Test NO.-7085

Framework for the paramilitary forces and the state police forces to combat insurgency in the region. But the Assam Rifles and the state police forces could not contain the Naga rebellion and the rebel Naga Nationalist Council NNC set up a parallel government in 1956. Thus, to tackle the growing threat, The Armed Forces Assam and Manipur Special Powers Ordinance 1958 were promulgated. On the basis of Section 3, AFSPA, the Governor is empowered to issue recommendations in the notification in Gazette. Once the Declaration regarding disturbed area is announced, it is bound to stay for minimum three months. Governor carries astounding & phenomenal powers in the matter of recommendation of AFSPA powers. The Act legitimizes the forces to conduct a search of any place and if need be, the place can be put to destruction. Further, the Act empowers the forces to shoot at the assembled crowd in case the danger is very evident. The Act empowers the forces to arrest anyone and keep in captivity with use of force. Section 4 of AFSPA gives special powers to Armed Forces in disturbed areas to shoot even if it kills any individual who violates law or is suspected to violate law (this includes assembly of five or more people, carrying weapons etc). The forces can enter premises without warrant and use force to conduct search of person, arms, equipment, property etc. The Forces are expected to hand over the culprit earliest nearest to the Police station. Section 6, AFSPA provides immunity to the personals of the forces from legal prosecution in case an innocent might be caught in the fire. Contemporary developments The Nation has witnessed indubitable complex situations since attaining Independence in 1947, related to law and order and separatism in NE fuelled by foreign powers, in Punjab by Khalistan supporters as well as foreign powers ensconced in Canada, UK etc, threatening the delicate fabric of unity & integrity of Bharat i.e., India. The Supreme Court had upheld the constitutionality of AFSPA.



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## CISF-HCM-TEST-Dated-2023-02-08-Test NO.-7086

The anti national elements that hide in the territory of neighboring countries are supported by some vicious locals who cover their moves while emerging at wrong places and at wrong times, and help the enemies of the Nation in their own innocuous ways. When the civilians start running even after warning while crossing a toll, barricade, a precarious condition takes shape and security forces are left with limited options. No uniformed person kills his own countrymen intentionally. Also, uniformed personals are neither international shooters nor they are in a position at a critical juncture to go through the credentials of fleeing elements. The Standard Operating Procedures are thus followed. Why do Some Oppose the act is largely opposed because of the impunity it provides against human rights abuses, violence unleashed and the infringement of fundamental rights. The 16 year long fast undertaken by Iron Sharia against the imposition of the act in Manipur shows the anger people harbor against this Act. The constitutionality of the AFSPA under Indian law is questioned and its relevance in the light of Article 4 of the International Covenant on Civil and Political Rights, ICCPR is also put into scrutiny. The 5th report of Second Administrative Reforms Commission on public order also recommended repeal of the Act. It is bold but factual to write that most of the committees were constituted of Literary heads, Justice and Bureaucrats who are the best in oration in seminar halls citing National, International treaties, Agreements, covenants regarding Human Right violations little realizing that when they procrastinate simple cases/suits till an indefinite period and keep the poor and helpless people in jail without granting bail, they do something similar to Human Rights violations every day. They are the same Committee Heads who never visit sites of occurrence in NE and J&K where mishaps occur, without all round protection by the same Security Forces against who they put on

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## CISF-HCM-TEST-Dated-2023-02-08-Test NO.-7087

The last and final instrument of State who cannot be allowed to break down or fizzle out before the anti nationals, come what may. It is intriguing to note that the Armed Forces are always summoned even at the drop of hat, however, when it comes to justification of invoking and mustering, the Armed Forces are left alone to walk on thin wire and put through most arduous test. During encounters involving Police or Para Military Forces operations, be it at Kanpur or Hyderabad where the encounters were stage managed with back support of the State Government, did we withdraw the state instruments of security? When did the civilians not become casualty due to crossfire or mishap deliberately or unintentionally? Did it ever invite discussion to withdraw Police Force or their powers and abolish encounter operations at all? Our Armed Forces are well trained, well oiled and well indoctrinated constituents, who are responsible for the unity, territorial integrity and sovereignty of the country through land, air, sea by applying all dimensions of power and strength at its disposal. Mistakes do happen by the most professional forces in all facets of conduct of duties at internal and external front, however, the forces are not thought of drawn out. Since the AFSPA is in force since 1958, one cannot say that the Armed Forces are not trained, sensitive or carrying balanced head while conducting the most ordained duty in the midst of double edged situations where discrimination of friend and foe is back breaking and most mind boggling. It is, therefore, a high time that every student in our country must be put through NCC and likewise army camp training to enable them to sense minimum standards of actions, develop sensitivities towards uniformed personals that are functioning in a situation compared to Devil & Deep Sea and loiter amidst uncertainty while handling crisis and emergency situations. When one flees, he is bound to attract suspicion. The opposition devoid of munitions ag

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## CISF-HCM-TEST-Dated-2023-02-08-Test NO.-7088

Five decades there was a time when on one hand, entire populace dreamt for a separate Nation while today only a minuscule fringe element being on pay roll of adversaries are quick to demonize the current Central Government taking advantage of one odd such mistake by the Armed Forces. There is no denying that if the Armed Forces were not used with dexterity with support of Act providing immunity, the defector situation would have been frustrating and flabbergasting. The budget last year, which carried proposals for numerous bold reforms, was justifiably nearly universally hailed as a path breaking one. As a side effect, it considerably narrowed the scope of big ticket outstanding reforms. This naturally raises the question: What more can the government announce in the forthcoming budget to signal that the withdrawal of the three farm laws has not dented its resolve to stay course on reforms? There are at least two areas that still offer the government ample scope for reforms that would speed up the economy journey towards greater prosperity. With state elections nearing, it open season for tempting the electorate with sops. And no party holding back. Punjab Congress chief Navjot Sidhu has promised financial incentives ranging from Rs 5,000 to Rs 20,000 for girl children in Classes 5 to 12, free e scooters for female college goers and interest free loans for their higher studies besides Rs 2,000 per month for women homemakers. Earlier, AAP in Punjab, Goa and Uttarakhand had promised Rs 1,000 per month for all women. In UP, SP adapted AAP playbook by announcing free electricity for irrigation and first 300 units free for households. Despite governing at the Centre and in most poll bound states, BJP too boasts significant cash bonanzas transferred in UP: a Rs 2,000 PM Kisan tranche, Rs 1,000 crore for self help groups targeting around 16 lakh women, Rs 1,100 to primary school students for buying school gear, and Rs 2,000 to 1 lakh girl children. True, some cash transfers

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## CISF-HCM-TEST-Dated-2023-02-08-Test NO.-7089

Corresponding value in an insulating environment. In metals, electrons are free. In insulators, these are bound. Thus, freedom of electrons causes this shift. Freedom is a positive attribute; thus, Knight shift is normally positive. Collective effects or cooperation among electrons enhance this shift. Thus, we see an example of similarity in life and matter. It may be of interest to note that NMR is known as MRI, Magnetic Resonance Imaging, in the field of medical diagnostics. Materials are studied in science. The above analysis of environmental shift implies that life, too, can be modeled by science. Scientists adhere to reason, experimentation, accuracy and precision. If these traits are followed in studying human nature, it can be studied more accurately. But life is much more complex than matter. Science does not create itself; it is humans who create science. Science, on the other hand, perfects life to a great extent. We know that the relationship between the creator and creation is amongst the most mysterious and complex phenomena that continues to baffle us, notwithstanding the fact that advances in knowledge are taking place continuously. Revdi is a Rajasthani sweet dish, often gifted as a symbol of love and gratitude during festivities. Not contextualizing it with a recent statement by the Prime Minister, the taste of revdi characterizes the essence of sesame seeds along with the sweetness of sugar or jaggery. Revdi, in general, is not an essential commodity but carries a significant part in the lives of middle and elite classes who share Revdi boxes with their near and dear ones. Revdi is beautiful yet dangerous, as the over consumption of the same might lead to diabetes and initiate a chain of diabetic generations adding up to the overall ill health of the society. When India became independent, our economy followed a trickle down approach in support of the industries in the country. Since then, the phenomenon of writing off loans worth lacs of crores to

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Also record in the injunction order that if the suit is eventually dismissed, the plaintiff undertakes to pay restitution, actual or realistic costs. While passing the order, the Court must take into consideration the pragmatic realities and pass proper order for menses profits. The Court must make serious endeavor to ensure that even-handed justice is given to both the parties. If the law as declared by Apex Court is applied to the present case granting ad-interim injunction till 15-06-2015 is totally inconsonance with the principle laid down in the above judgment, by the Vacation Civil Judge, Nizamabad. On overall consideration of entire material available on record with reference to law declared by Apex Court and this Court, it is clear that no injunction can be granted to interdict the election once the election process is started. Grant or refusal of an injunction in a civil suit is the most important stage in the civil trial. Due care, caution, diligence and attention must be bestowed by the judicial officers and judges while granting or refusing injunction. In most cases, the fate of the case is decided by grant or refusal of an injunction. Experience has shown that once an injunction is granted, getting it vacated would become a nightmare for the Defendant. In order to grant or refuse injunction, the judicial officer or the judge must carefully examine the entire pleadings and documents with utmost care and seriousness. The safe and better course is to give short notice on injunction application and pass an appropriate order after hearing both the sides. In case of grave urgency, if it becomes imperative to grant an expert ad interim injunction, it should be granted for a specified period, such as, for two weeks. In those cases, the Plaintiff will have no inherent interest in delaying disposal of injunction application after obtaining an expert ad interim injunction. The Court in order to avoid abuse process of law may According to Order 13 Rule 3 CPC the Cou

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## CISF-HCM-TEST-Dated-2023-02-08-Test NO.-7093

SSC CGL is a test that many take. It is a tough exam, no fake. Typing is a key part, no doubt. Speed and accuracy, that what it about. For those who want to pass, it vital. To do well in the typing test, it crucial. Practice makes one fast and neat. Typing texts, emails, and sheets. Try to type without mistakes. This is a key step, no debate. Speed will grow with time and care. Accuracy is a must, it fair. The more one types, the better they get. In the SSC CGL test, typing speed is key. It vital to be fast, don you see? Accuracy is important, too. The right keys, in order, no screw. No errors, that what one needs. To pass this test, one must succeed. It best to take practice tests. This helps one to do their best. It shows areas where they lack. And helps them to get back on track. Try to beat your score each time. This shows progress, it so fine. Tests are a great way to learn. In conclusion, typing is a key part of the SSC CGL exam. To do well, one must practice fast and neat typing. Taking practice tests is a great way to gauge your skills and identify areas for improvement. With time and effort, anyone can ace the typing test and pass the SSC CGL exam. Typing is a skill that is needed for many jobs. Speed and accuracy are key. Tests are done to gauge skill. Time is a key factor, too. Fast typists are a great boon. They can type words with ease. This is a big plus for work. Practice is the best way to improve. Type texts and emails each day. Speed and accuracy will grow. With time, typing will flow. Try to type without mistakes. This is the goal each day. Improve by typing with care. Taking typing tests is fun. It shows progress and skill. Keep track of speed and score. Try to beat it each time. Tests are a great way to learn. See what needs improvement. Keep practicing and typing. Aces typing tests, don slip. In conclusion, typing tests are a great way to measure your typing abilities. By practicing regularly and taking typing tests, you can improve your typing

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## CISF-HCM-TEST-Dated-2023-02-08-Test NO.-7094

And mothers have started getting benefits from government free ration schemes and mid-day meals in schools. Banks waived off loans worth Rs 2500 crores so that Gautama Adani could do better in his life. In the above list, a lot of these products are free, however, it is for the people to decide which of them is a Revdi and which one is a necessity. Promises that cannot be fulfilled should not be promised. Once it is said, it has to be fulfilled, even if it comes at a cost of hurting the capitalist sentiment and narratives that back them. Whether those promises should be considered welfare oriented, depends solely on what is being promised. Like the 2014 elections that promised 24 hours electricity, women safety, rapid employment and so on, multiplying the hopes of over 100 crore people, the election promises or public meetings never experienced a political campaigner speaking on writing off the big loans. Thus, the actual Revdi becomes a clandestine deal in a panopticon with nearly three fourths of the population even being aware of the same. The need for delivering goods for free which can never be a permanent solution but empower the people itself reflects the current status of the Indian economy. Economic development of any country is a holistic term and cannot be imagined without economic equality, rise in per capita income, reduction of rural urban disparity, self sufficiency of the industries, ample employment opportunities and so on. Thus, the narrative that connects these welfare schemes as a hindrance to economic development is a mere myth and a means to hide the failures of different governments to fulfil the actual requirements of economic development. Lastly, imagine a factory worker getting Rs 200 as her daily wage. It corresponds to Rs 6,000 a month. Even while buying a reel of thread, the worker pays GST, without any concession, at an equal rate as her capitalist owner. Likewise, lakhs of workers from the managerial to the grassroots level constitute t

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## CISF-HCM-TEST-Dated-2023-02-09-Test NO.-7095

With the Omicron variant surging globally, this is the time to reexamine the strategy for tackling Covid 19 as a disease at the global level. I will examine this in two steps. First, why are we here and next, what do we need to do now this novel virus has thrown up several surprises, including its fast evolution in terms of variants of concern. Yet, there is no coherent global response, with different countries waging different local battles against this smart virus. Ironically, countries with the resources to employ extreme responses such as the Zero Covid strategy are witnessing a rise in hospitalization and deaths due to newer variants of concern. Isolated strategies will indeed drive countries to find themselves in perpetual cycles of panic, fatigue and cynicism. Go advance estimate of the 2021 22 GDP shows that the economy has bounced back to the pre pandemic level. GDP is expected to grow by 9.2 to Rest 147.53 lakh core, or about \$3.2 trillion. In absolute terms, it means that the GDP estimate for this financial year is 1.26 higher than that of 2019 20, the last pre pandemic year. The positive development, however, has to be balanced by the forecast that private consumption continues to be lower than what we recorded two years ago. It indicates that the recovery has been uneven and swathes of the economy are yet to get back on track. The unevenness is captured by the performance of the trade, transport and logistics sector. It forecast to be at Rest 24.70 lakh core in 2021 22, 8.4 lower than the level two years ago. The weakness here will show up in private consumption, which is forecast to be Rest 80.80 lakh core in 2021 22, 2.8 lower than the pre pandemic level. On the positive side, the recovery in fixed investment is noteworthy. It is estimated to be Rest 48.51 lakh core this year, 2.5 higher than the pre pandemic level. The economy has recovered but it not been broad based. The advance estimate needs to be interpreted with care. It was compiled using data



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## CISF-HCM-TEST-Dated-2023-02-09-Test NO.-7096

Out of 31 members. The fault is not this or that committee. The fault lies in how dominant male politicians who decide on committees and election candidates think. For example, while at 110 81 in Look Sabah and 29 in Raja Sabah the proportion of women in the 779 strong Parliaments is still a low 14, a standing committee on women issues does even reflect this proportion, nowhere close to it. Just one woman member in a 31 strong committee means women have 3 representations in a group that will decide the fate of millions of young women. Data shows that women candidates have as good an electoral strike rate as their male counterparts. And politically investing in women is not just fair but also common sense with participation of women voters steadily increasing. Female voter turnout in the last Look Sabah polls outdid male participation by 0.17 percentage points. This is new India. How long will our male nets across parties ignore it The 2002 Hollywood film Minority Report warning of AI mediated predictive policing found real world resonance in the 2016 ProPublica expose on algorithm bias in risk assessment tools evaluating the possibility of recidivism in offenders. But the march of algorithm based decision making and artificial intelligence tools is slowing. In 2019 Estonia set about designing a robot judge to adjudicate disputes less than 7000 to focus the justice system on major cases. Similar claims of Chinese Internet Courts functioning in three cities since 2017 with robot judges need more independent verification. On December 13, 2021, the Union Minister of State for Finance in a written reply to the Parliament ruled out setting up of a fiscal council as recommended by the FRBM Review Committee. The reasoning given for the rejection was that there are institutions such as the Comptroller and Auditor General (CAG), National Statistical Commission and the Finance Commission that already perform some or all of the proposed functions of the Fiscal Council. But 30 de

## CISF-HCM-TEST-Dated-2023-02-09-Test NO.-7097

Sultans he is the best man in own culture of the society of the killer lived on the edge yet continued undaunted in his quest for dharma. considerations in mind, and to promote the cause of dharma, the Guru created the Koalas, pure, on Baisakhi day in 1699. This was a new order of followers, a spiritual and social entity rather than a politically dynamic force. Calling the Koalas pure and his very own, he thus gave a form to the concept of the warrior saint, which he had championed all his life. The Koalas were ordained to believe in one God, shun rituals and superstitions, seek respect for women, and consider everyone equal. The Guru overall message was that one should look upon all persons as deserving of kind treatment, having a license to lead a peaceful and dignified existence. These virtues propagated by the Guru are precisely the beliefs the world needs today. Despite his turbulent life, the Guru was a great patron of the arts. At Aponte Sahib, he meditated, composed poetry and wrote much of the Disarm Grant. At Anandpur Sahib, he created the Koalas. The Guru has inspired millions to look beyond their own, limited vision. As human beings, we tend to ace. The Guru taught us to give rather than ace. Because that is precisely what he always did? His presence keeps us going. Whenever one feels lonely, one only has to think of how he might have felt losing his entire family, and all loneliness tends to disappear. When tense or depressed, just think of all the problems he faced. Yearning for homely comforts, you just have to recall how he managed in his harsh surroundings, and suddenly your home starts to appear more comfortable. Guru Go bind Singh left us with a great gift the Guru Grant Sahib which he designated our eternal Guru. This ensures blessings for humanity at any Gurdwara in the world. He wasn't just a Guru for the Sikhs but also a savior of other communities, instilling in them a sense of pride and dignity. His new order was a mission to do right. He did i

## CISF-HCM-TEST-Dated-2023-02-09-Test NO.-7098

Global average and least among BRICS nations. Can this gap be bridged Yes, but only through fossil fuels as renewable energy is not a viable option to ensure uninterrupted and adequate power for the world second most populated nation. But then, it is not working. In an unusual development, Congress ruled Rajasthan and Congress backed Maharashtra governments have reached out to the BJP ruled union government to intervene and push Chhattisgarh to give them necessary clearances for their respective coal blocks. Their desperation indicated that all is not well with the Chhattisgarh government and even within the Congress party. Rajasthan and Maharashtra governments are not only facing challenges to manage their respective power sectors but also fear wrath of the public on account of their rising cost of electricity. Congress veteran and Rajasthan Chief Minister Ashok Gehlot went a step ahead to deal with the state coal shortage after his number of requests to Bagel failed to get a favorable outcome. The Rajasthan government also fears penalties and losses due to its delayed coal mine projects in Chhattisgarh. In such a situation, Gehlot made a political move, which often works well in the energy sector. In his letter to Sonia Gandhi, Gehlot warned his party chief that delays in developing Chhattisgarh based coal blocks might adversely reflect on the performance of the Rajasthan government and create a precarious situation as both the states are governed by Congress. Partner in Maharashtra government, state Congress unit is also learnt to have escalated its grievance against Bagel government to the party leaders in New Delhi. The aggrieved states are in a fix since earlier nods of Chhattisgarh only enabled them to avail desired clearances from the Centre. Now when they have already factored coal supply from their respective mines instead of arranging supplies from other sources, Bagel government move to delay clearances incessantly has left them struggling. After the severe

## CISF-HCM-TEST-Dated-2023-02-09-Test NO.-7099

The way Indonesia has acted recently. A few days back, Indonesia banned coal exports. The move by a major coal exporter created shock waves for many, including India. China is shaken by this development. A country can behave with the world like this for its energy security but not the state in a federal structure. Certain voices also talked about the implications on local ecology. Of course, forests are critical for the health of our mother earth. But if environment is the only consideration, India all the mines producing close to 750 million tonnes of coal should be shut down right away. And why should the treatment be different for the metal and minerals But can us as a society and economy go back to the dark age The answer is a Big No. And that is why we have stringent provisions in place to make the mining sector responsible. Armchair activists and their puppet media persons talk about the number of trees cut for the mining projects. They never tell the readers how many trees the mining lease holder has to plant to make up for nature losses. Rather, environment journalists should ask their own employers about the number of trees they plant for killing immense forests to produce dailies. Recent developments in global and India coal sector have made the stakeholders realize that coal cannot be written off only because of a vocal minority that is communicating smarter than the silent majority. We can only hope writers study the energy sector and vice versa. India must look at the energy sector comprehensively instead of silos if we want to achieve energy security in true sense. What the Baghel government is doing is against the interests of people and the exchequer of Chhattisgarh. Mining sector is one of the key drivers for the growth and development of any state. Coal is going to lose its sheen in the next 10 15 years and the Baghel government should start looking for alternatives to secure Chhattisgarh future. Instead of sending discouraging signals to investors

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## CISF-HCM-TEST-Dated-2023-02-09-Test NO.-7100

It is possible that the outrage of some retired notables and a section of the editorial classes over the extreme grandstanding of some lesser known sadhus at Dharma Sensed gatherings would have been more calibrated had India largest state not been going to the polls next month. Elections are an opportune occasion to Hoover accumulated grievances, real or contrived, and present these as proof of the pudding to the electorate. The shrill suggestion that India has been experiencing an uninterrupted epidemic of hate speech an idea that in recent times has been molded by an approval of the cancel culture in the West targeting religious minorities since 2014 is a strong motivation behind this exercise. Yet, the awkward reality is that contemporary politics has always been marked by rhetorical flourishes that appear hateful to some and inspirational to others. Parliamentary decorousness, not to mention the recourse to understatement, irony, sarcasm and humor, may be the ideal. However, the idealisation of restraint fits uneasily with a prevailing tradition of hyperbole. What can also be disengaged from the political process is the endeavor of a minority usually irrelevant in electoral calculations to transfer the responsibility of safeguarding Indian democracy from an elected government answerable to the people at periodic intervals to the higher judiciary whose internal dynamics are, well, different. The belief that India has become an illiberal democracy and must be shown the correct path motivates this constant recourse to judicial activism. The apparent drive to secure justice does exactly mask the real aim of forcing the executive to either violate a mandate or act in a politically unrewarding way. Retired Supreme Court judge Madam Looker argument that a call for genocide the charge against a loudmouth at the Hardwar gathering last month is tantamount to the real thing is an example of the draconian rulings these activists expect from the apex court. It has taken Vice

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## CISF-HCM-TEST-Dated-2023-02-09-Test NO.-7103

While the size of the pandemic in India and elsewhere will probably not have an accurate estimate for years to come, it is clear that our collective preparedness was inadequate. Preparedness is an insurance policy and requires strengths in infrastructure, process and systems, people and plans across public health, healthcare, regulation, science and technology with strong links to industry, facilitated and supported by governments. Preparedness facilitates response, but in its absence, countries use tools of data, policy and resources to try to predict and manage the spread of infection and its consequences. The approaches used early in the pandemic borrowed heavily from China in the use of lockdowns and heavy restrictions. These were complemented by test, trace and isolate approaches that have proven effective in epidemics not pandemics, particularly in the early stages. There was an unprecedented and necessary investment in vaccine development, and somewhat less, but still valuable emphasis on the development of diagnostics and evaluation of new and unproven treatments. In late 2020, we had absolutely stunning efficacy results from the mRNA vaccines and good, if confused, results from the AstraZeneca vaccine. 2021 was the year of vaccines and vaccination, with prior purchase agreements facilitating access to most vaccine platforms for high income countries in the first half of the year. India and China were uniquely privileged in Asia in having their vaccine manufacturers provide vaccines at scale. After early hiccups with supply, the electronic registration system and the thankfully short lived policy dividing state and central purchase and supply, India ramped up production in the second half of 2021 and vaccinated a large proportion of its population, doing better than global expectations.

Vaccines were the triumph of 2021, and even as variants emerged and spread, it became clear that they were protecting against severe disease and mortality. However, the level

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## CISF-HCM-TEST-Dated-2023-02-09-Test NO.-7104

Might have been a delay of a few very crucial weeks before the world noticed a spreading signal. Surveillance and data are critical for pandemics. We can either repeat the mistakes of the past, or rely on the warning signals to come from elsewhere, or we can be transparent in building testing and data capture systems and sharing that data. The Indian SARS CoV 2 Genomics Consortium INSACOG and Coving are examples that show it can be done, but those and other data cannot yet be linked, which is an important need for building a prepared and responsive public health system. There will be research on new and improved vaccines. We do not know yet whether they will be needed, but this is a test case, to show that we can respond to emerging variants. It is unlikely that the vaccines we have today will be the last vaccines we will use in the future. Will we need vaccines and boosters forever At the moment, this seems like an unending cycle, but we should remember that we did not actually do the studies to show whether a first set of three vaccines might be better than two, or what the ideal schedule should be or if mixing different vaccines gives better responses. As we settle down and develop our longer term SARS CoV2 management strategies, we will need these optimisation studies to continue for vaccines, as well as for existing and new drugs and approaches to diagnostics. Science brought us the solutions that have allowed us to weather this storm, but national interests delayed global access. In 2022, the Covid 19 situation will improve, but we need to remember the hard lessons of protecting and preserving community trust, of empowering people with information, advice and the resources they need to live through difficult times, of investing in science and in technology and the need for global solidarity. Religious bigotry has been present in India since time immemorial, but over the last three decades or so, its copyright seems to have been held by the Singh Pariah. My fat

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## CISF-HCM-TEST-Dated-2023-02-09-Test NO.-7105

Islam does proselytisation of other religions has led to resentment amongst many Hindus. Some diehards have even taken matters in their own hands and have visited atrocities on minorities. This is absolutely the wrong way to tackle the issue. Perhaps the best way is to revisit the matter of freely proselytizing one faith and removing it from the Constitution. This will lead to much hullabaloo amongst the evangelical faiths, but then the majority community concerns need to be addressed to. For sure, any solution is better than violence. Jai Shree Ram has become a slogan of bullying instead of venerating a Hindu deity known for His self sacrifice and gentleness. Even Magmata Banerjee has been accosted by this slogan. She has been quick to take umbrage. Our extremely devout prime minister tried to play the Ram card in the West Bengal assembly elections but was rightly rebuffed by the electorate. That does not mean that he will not pull out the same card once again and that he will be rebuffed by the electorate every time. Christians make only a fraction of India population and go about their business. They serve in fair numbers in the armed forces; their loyalty to the country is just not suspect. Mode goes to the Vatican to bear hug the pope, while at the same time Christians in the land are being intimidated by fringe elements. They are vandalizing churches and breaking statues of Jesus Christ. I was listening to a lecture given in Manhattan by a Hindu Indian monk from the Vedanta Society of New York. He said that Ram, Krishna, Jesus, Ramakrishna Parmahansa were all deities and symbols of God. Perhaps he included Jesus only to placate his New York audience. But he is not the only Hindu preacher who I have heard say that Jesus is God. Many of the orders that these monks and preachers belong to derive sustenance from the Singh Pariah. I have rarely ever heard a Hindu preacher elevate Muhammad to godhood though. What message is India sending to the world when it bullies



## CISF-HCM-TEST-Dated-2023-02-09-Test NO.-7106

To its practitioners, so they cloak themselves with Hinduism, while practicing all the tenets of Hindustan, a poisonous political ideology. I wonder what the pope thinks now about meeting Mode. In their meeting, the pope would have appealed for greater Christian evangelization in India and Mode must have responded that that was already the case. The pope must have cautioned Mode about violence against Christians in India, and true to prickly type, Mode must have gone into denial mode. Hindus who fear that Christians convert the soft underbelly of Hinduism, i.e. scheduled castes and tribes, must at once stop discrimination against SCs and STs. They want SCs and STs to remain in the fold of Hinduism but in a depressed state. Hinduism is also an inward looking religion, whereas Christianity is an outward looking religion. The sense of service is integral to Christianity; to Hinduism, whatever one says, it is not as much in practice. If it were, where the schools and colleges and hospitals run by Hindus There are are some, but the Christians have them disproportionate to their numbers. The objective is not to decry Hinduism, perhaps the noblest of faiths. It is to stop louts of the Singh Pariah from defacing the name of Hinduism, as well as that of India. If they cannot serve, let them not bully. For too long has Mode let fringe elements run riot while presenting an acceptable face to the world. India is running scared of his thugs. Their habits must end forthwith. If they can do well, let them not do evil. Yes, I speak to you, Mr. Prime Minister. We will no longer live in fear of your hypocritical, revolting ways. Every election in India appears as a new text, asking to be read differently, but most times we end up reading them in conventional ways. Social reality and people aspirations are changing continuously. These changes make every election a new political text. And these days, realities, aspirations and expectations interplay with each other in ways that make ele

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## CISF-HCM-TEST-Dated-2023-02-09-Test NO.-7107

Corresponding value in an insulating environment. In metals, electrons are free. In insulators, these are bound. Thus, freedom of electrons causes this shift. Freedom is a positive attribute; thus, Knight shift is normally positive. Collective effects or cooperation among electrons enhance this shift. Thus, we see an example of similarity in life and matter. It may be of interest to note that NMR is known as MRI, Magnetic Resonance Imaging, in the field of medical diagnostics. Materials are studied in science. The above analysis of environmental shift implies that life, too, can be modeled by science. Scientists adhere to reason, experimentation, accuracy and precision. If these traits are followed in studying human nature, it can be studied more accurately. But life is much more complex than matter. Science does not create itself; it is humans who create science. Science, on the other hand, perfects life to a great extent. We know that the relationship between the creator and creation is amongst the most mysterious and complex phenomena that continues to baffle us, notwithstanding the fact that advances in knowledge are taking place continuously. If there is anyone responsible for this process loss of life and property due to Turkey earthquake, it is Erdogan. It is this ruling party AKP that has not prepared the country for an earthquake for 20 years, said Kemal Kilicdaroglu, leader of the main opposition party in Turkey. Selim Temurci of the opposition Future party in Turkey said They did not have the capacity to conduct search and rescue at all the buildings at once but they only got to certain places in 30 hours. Recep Tayyib Erdogan the present President of Turkey has finally accepted his shortcomings. He is known for his anti-India statements, and has ungratefully completely forgotten the past support that the Turks have got from India. His overt bias towards a politically failed, and economically bankrupt, state of Pakistan that is known world wide as safe hav

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## CISF-HCM-TEST-Dated-2023-02-09-Test NO.-7110

Of Muslims who demanded Pakistan and their modus operandi of harping on the two nation theory that led to the birth of Pakistan that has over the years turned into a failed state a security threat to entire South Asian region. He was a U.K. educated doctor and leader of India Congress party. He created a house in Delhi which was not only the resting place for a Hindu sympathiser of Caliphate and Ottoman cause Mahatma Gandhi in Delhi, but also a center for the movement to help the Ottoman Empire in critical times when colonial powers were bent on its fragmentation. Dr. Mukhtar Ahmad Ansari, who later led India freedom movement as president of Congress party from 1927 to 1928, left no stone unturned to convince fellow Indians to go on a medical mission to help Turkey, 23 students from Aligarh abandoned their studies and volunteered to work in a medical mission to help Turks during the war. He formed the Red Crescent Society to mobilise funds for Turkey caught up in the Balkan War, people contributed generously. A total of Rs 118762 was collected. Dr. Ansari led the Medical Mission to Turkey in 1912 and led the Khilafat delegation to England in 1920. To know more about this mission readers can read the book, People Mission to the Ottoman Empire M.A. Ansari and the Indian Medical Mission, 1912-13 by Burak Akşapar. In the course of the war, Ansari divided his mission into two parts-one would remain in Omerli and the other, under his leadership, would accompany Enver Pasha, the charismatic leader of the Young Turks movement, to the war zone of Gallipoli. The second hospital was set up in the town of where in the month of March 1913 alone, the Mission treated 171 admitted patients and 101 outdoor patients. We have all been working terribly hard, Dr. Mukhtar Ahmad Ansari reported on 22 February 1913: I may tell you that our field-hospital, if not the best, is second to none in Turkey. Not only are our wards, dispensary, operating theatre and general provision most excellent,

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## CISF-HCM-TEST-Dated-2023-02-09-Test NO.-7111

Damaging or destroying essential infrastructure, including health facilities. Turkey Disaster and Emergency Management Agency AFAD said the country overall death toll currently stood at 12,391 people, with 62,914 others injured, reports Anadolu News Agency. In the time of need we need real friends and as per a Turkish phrase Dost kara belli blur a friend in need is a friend indeed, India has shown its humanitarian nature again like in the past it has been sending huge relief support to earthquake hit Turkey and even Syria, our motto is Vasudhaiv Kutumbakam the entire world is one family that is what India stands for, unlike Pakistan which as per some reports denied their air space to Indian rescue mission to Turkey. Indian Army has mobilised an 89 member medical team to earthquake hit Turkey. The team comprises Medical Specialists & is equipped with X-ray Machines, Ventilators, Oxygen Generation Plants, Cardiac Monitors & associated equipment, to establish a 30 bedded medical facility. Four C-17 planeloads of relief material, equipment and personnel, weighing over 108 tons, including 99 medical specialists has been sent by India to Turkey to set up a 30-bed medical facility in field operation conditions. Medical equipment have been sent too that includes x-ray machines, ventilators, operation theatre, vehicles, ambulances, generators, etc. Our help includes: Self-contained search and rescue units: Over 100 NDRF personnel, with equipment, vehicles and dog squads. Equipment: Hand and power tools, lighting equipment, air-lifting bags, chainsaw, angle cutters, rotary rescue saw, victim location equipment, life detectors, etc. Dog squads have been sent to help locate victim in rubble and collapsed structures. India has stabilised a field hospital at Hatay, in Turkey India NDRF teams are working to provide disaster relief in Gaziantep, we have already sent 6 big flights full of relief material to Turkey, including C-17 Globe-masters. The Turks who are reading this article i

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## CISF-HCM-TEST-Dated-2023-02-09-Test NO.-7112

Provide an enriching and holistic lifestyle. Upcoming Coliving players are ensuring that today working professional is well taken care of with every possible comfort that they can imagine. These startups are employing insights from big data and digital technology to amalgamate expectations of quality, comfort, and trust with the latest living and working requirements of the modern mobile working professional. Tech is being used to improve the process, operational and logistical efficiencies, accelerate customer acquisition and engagement, security, and contractual workflows. Across the spectrum, digital solutions are being implemented to strengthen new-age communities living across Indian metros. Here a look at some tech-driven trends which are invariably revolutionising the sector New co-living companies are incorporating tech to enhance various process efficiencies. From generating business via online postings and offering prime-location living solutions to patrons to streamlining the paperwork and the actual physical act of moving in, the processes are fully digitally-enabled. Super easy tech platforms have been adopted to accelerate supply for listing for owners/developers. Here, Big data plays a significant role in tapping into consumer behavior and expectations, enabling the real estate provider to offer customised services. Moreover, in the aftermath of the pandemic protocols, the technology allows practically zero-touch move-ins for cosmopolitan citizens. Immersive technologies for visual data tracking: There are multiple ways in which Co-living spaces use immersive digital technologies. Besides replacing the tedious physical process of touring properties with virtual tours, co-living firms utilise backend dashboards and visual data for day-to-day decision-making and optimisations. VR and AR technology are the key trends in the real estate industry. From quickly offering virtual tours to prospective clients from anywhere in the world to staging properties for

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## CISF-HCM-TEST-Dated-2023-02-10-Test NO.-7113

Which EC has allowed. Star campaigners can immediately switch to virtual rallies and thanks to growing smartphone penetration; grassroots workers can take their message even further than physical rallies do. As for issues, these elections will be a good measure of how ordinary voters are assessing the economy, which is in good health by some macro measures but also has worry spots in terms of unemployment and not yet recovered consumption. Also on test will be whether farmers groups have real electoral power in Punjab and parts of UP. Politically, this round is crucial for BJP incumbent in four of the five states as well as Congress, facing grave questions about its national relevance and taking on BJP in three states. Regional parties like SP in UP, AAP in Punjab and Goa, and TMC in Goa and Manipur, are also potential gainers if they can upset BJP and Congress apple carts. In most watched UP, BJP is also up against history. The state mostly throws out incumbents. But as poll campaigns heat up, it is fair to say BJP, helmed by the PM, starts with many advantages. But crowds at Achilles Yama rallies, uncertainty over Dalit votes given Mayawati non campaign, and SP outreach towards BJP OBC phalanx signal that the race is very much open. In Punjab, CM Charanjit Singh Channi worst enemy is fellow Congressman Navjot Sidhu. And with an energetic AAP in the fray, retaining Punjab has perhaps become more difficult for Congress, even with Alkalis and BJP in a tough spot. Coming back to Covid, EC must hold party leaders responsible for cadres violations. That the only punishment that will work because India net as are not used to being upbraided very often and they will therefore have a strong incentive to ask rank and file to behave. Finally, Indian authorities have moved the Competition Commission of India has ordered a probe against Google for its alleged abuse of dominant position in news aggregation. This follows; much later than it should have, in the footsteps of action

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## CISF-HCM-TEST-Dated-2023-02-10-Test NO.-7114

Employ trained professionals, increasingly financially unviable. As this newspaper has always argued, without responsibly produced news, we are left with the social media jungle of half truths, lies, fake content, superstition, manipulation and hate mongering. The world has already seen the chaos this can wreak. Tech giants falsely argue that they bring substantial traffic to news publishers. It works both ways. Around 40% of trending queries on Google are news related, bringing considerable traffic to it. So, tech giants basically get a near free ride. It is logical and fair that online platforms equitably share online ad revenues with news publishers. Hopefully, CCI action will lead quickly to necessary rules that ensure this. India announcement that it aims to reach net zero emissions by 2070 and to meet 50% of its electricity requirements from renewable energy sources by 2030 is a hugely significant moment for the global fight against climate change. India is pioneering a new model of economic development that could avoid the carbon intensive approaches that many countries have pursued in the past and provide a blueprint for other developing economies. Ambitious targets the scale of transformation in India is stunning. Its economic growth has been among the highest in the world over the past two decades, lifting millions of people out of poverty. The rapid growth in fossil energy consumption has also meant India annual CO2 emissions have risen to become the third highest in the world. However, an India CO emission per person puts it near the bottom of the world emitters, and they are lower still if you consider historical emissions per person. Why are religious honchos always asking us for good news Once the wedding rites are over, couples are told where to get the best prams. The latest to chime in is Pope Francis, decrying the general elfishness of millennials who choose pets and house plants over kids. Breed or adopt, he suggests, but avoid four legged replace

## CISF-HCM-TEST-Dated-2023-02-10-Test NO.-7115

The 17th and 18th centuries, such as John Locke and David Hume, laid the foundations of modern scientific inquiry by saying that any hypothesis about the nature of reality had to be based on experiment. However, in the same breath, they also said that our experience of reality was founded on our senses, on our individual sense perception. So, the color blue, say, that I experience might be very different from that which you experience, and both may be quite different from what is really blue, what is blue in reality. Science writer Gary Zukor puts it: Reality is what we take to be true. What we take to be true is what we believe. What we believe is based upon our percepts. What we perceive is what we look for. What we look for depends on what we perceive. What we perceive determines what we believe. What we believe determines what we take to be true. What we take to be true is our reality. Round and round the mulberry bush. If we are enmeshed in this circularity of thought, do we need even more windmills of the mind as represented by quixotic fiction certainly not, proclaimed Plato, the most draconian of censors who wanted to banish all art, starting with poetry and poets, from his ideal Republic. In Plato view, human life was a pilgrimage from being trapped in the world of false sense perception into the clear light of transcendent knowledge. To illustrate this, he used the metaphor of a cave in which we are all held as prisoners, chained and facing a wall. Behind us is a fire which casts our shadows on the wall. We perceive this game of shadows to be reality. If we realise the illusory nature of sense perception, we can emerge from the cave and bask in the sun of the immutable Idea of the Good. Poets and artists, by luring us with imitations of the Real, distract us from this quest, which is why they should be expelled from society. In *The Fire and the Sun*, the novelist and philosopher Iris Murdoch examines Plato critique of art and presents an eloquent defence of



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## CISF-HCM-TEST-Dated-2023-02-10-Test NO.-7116

Seem to make much news anymore. Perhaps the instances have stopped or perhaps the media is bored of the topic. Certainly cow herders of the Muslim community tread in fear for being mistaken for cattle traffickers and of course consumption of beef in many parts of the country must have radically come down with laws against cow slaughter. Former Punjab Chief Minister Capt. Mariner Singh reputation has been torn to shreds by Navjot Singh Sidhu, but the captain seems an honorable man. He seems to be the only man of significance in India to have condemned the killings after the incidents of reported sacrilege in Punjab. Not a murmur seems to have come out of the prime minister or any other leader, including Sonia Gandhi or Rahul Gandhi. Elections in Punjab are nigh and all parties are playing it coy. Not so the captain. It is a wonder that a man of his mettle did advance further in the Congress than just remaining the chief minister of Punjab. There was talk of him becoming the party president, but Sonia Gandhi would have none of that. He could also be an able prime ministerial candidate for the UPA, but once again Sonia seems to have reserved that slot for Rahul. Merit does count for much in the Congress, or for any other political party for that matter. Sheila Dixit, the former chief minister of Delhi, was another bright star in the Congress firmament. After years of ably serving the capital city, it was thought that Sonia might elevate her to the prime minister ship once Man Mohan Singh started stumbling as prime minister in 2012. But Sonia would have none of that. Dixit had a mass base; Singh did not. Dixit popularity went against her. In the Uttar Pradesh state elections of 2017, she was projected as the chief ministerial candidate by the Congress, but flopped because she was seen as an outsider. Why is blasphemy or sacrilege taken so seriously in Islam, Hinduism and Sikhism in Pakistan, blasphemy any perceived insult to the prophet of Islam or the Koran is punishable

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## CISF-HCM-TEST-Dated-2023-02-10-Test NO.-7117

The TLP was banned by the Pakistani government but is now hailed by Imran Khan Government which wants to ally with it to win both federal and state elections in the Pakistani state of Punjab. He who wins Punjab wins Pakistan, and Imran Khan is desperate to do anything to retain power. He has condemned the live burning of Kumara, but this is lip service at best. It also because Sri Lanka has traditionally been a friend of Pakistan and Khan is afraid of jeopardizing relations with the few friends that he has in the world. Some people have been apprehended for the crime, but as informed Pakistani analysts report, none will be persecuted. Kumara apparently committed blasphemy, and he met his just fate as per Pakistani law, and that is that. Another incident of punishment for blasphemy will soon occur, but the Pakistani government will perhaps try that it does lead to the murder of a foreign national. Hindus and Christians in Pakistan are fair game for punishment for apparent blasphemy. The situation in India is nothing to gloat about either. At the Golden Temple in Amritsar, the man who reportedly committed sacrilege was apprehended, taken out of the sanctum sanctorum and murdered in the presence of police. Perhaps the police itself committed the murder. Not even the name of the man has been released. Why does religion have such a toxic influence in South Asia What is it about our culture that makes us want to burn alive people for removing the trash of a terror outfit like the TLP, or kill people just upon the pure suspicion of having consumed beef, or someone violating the sanctum sanctorum of a shrine In Pakistan, blasphemy is punishable by death. In India, not so. In India there is a due process for committing blasphemy or sacrilege whose legal result is not death. In the first instance, how blasphemy or sacrilege defined is is consuming beef in India sacrilege most five star hotels in India serve beef or at least used to serve beef. Should all the consumers of beef

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## CISF-HCM-TEST-Dated-2023-02-10-Test NO.-7118

Rules, covid appropriate protocols and behavior. A welcome change, however, is noticed in the way enforcement of covid appropriate rules are seen by the governments and allied agencies under certain specific circumstances. Contrary to a misplaced notion that large congregations and gatherings are given a free reign even during pandemic, it is all about the trust not on herd immunity but on herd mentality. That explains this sanguine assumption by the power that is; of masses following covid appropriate protocols during occasions supercharged with, perhaps, politico religious fervor. Whatever has happened or not during two years of the pandemic, it has certainly helped strengthen implicit faith of the governments and judiciary in citizen ability to follow the strict norms albeit in certain kind of situations only. Such a trust in public adherence to prescribed norms has manifested only in events involving mass gatherings. It is rather encouraging to see that even in during these trying times; governments, statutory bodies, and judiciary have reposed faith on masses so that large gatherings, political or religious, can continue to be organized while keeping surging pandemic at bay by this trust factor alone. After all if our past experiences have anything to go by, we have shown our exemplary intents of following strict rules time and again. Even today, jostling crowds in the markets are prime examples of that, everyone donning masks and strictly following do gas Ki social distancing. And when political parties are trusted to exercise self restraint in political rallies, that too in these politically charged times; wishes do not remain horses anymore! That the throng provides immunity against all the variants of Covid 19 has been yet another novel discovery in the country. Needless to say, such discoveries will go a long way in making us atman nirbhar. Indeed, this innovation alone could supersede exports of domestically produced vaccines. But these are only the precur

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## CISF-HCM-TEST-Dated-2023-02-10-Test NO.-7121

It is evident that boosters in the elderly and those otherwise at high risk will provide the greatest decrease in severe disease and death in all parts of the world, if doses and vaccination are not constrained, which is why precautionary doses make sense here, even in the absence of evidence from India on waning vaccine effectiveness. Two studies from Israel were published in December 2021 in The New England Journal of Medicine and showed that a booster dose of the Pfizer Biotech Comirnaty vaccine reduced infections tenfold and Covid 19 deaths by 90%. The UK Health Security Agency has also released data showing that booster doses given after six months increase protection from hospitalisation from 55% to 88%, using a mix of mRNA vaccines and the viral vectored AstraZeneca vaccine, with boosters of only mRNA. It therefore appears a no brainer to introduce booster doses for everyone everywhere, but there are key issues that need further consideration in the context of India. Two positive changes are underway in the incentive structure influencing decisions of public sector bankers. The Central Vigilance Commission CVC has amended rules to minimise the possibility of CBI taking unilateral decisions on investigations into alleged bank frauds. Separately, bankers have asked GoI to have a sunset period for investigations subject to conditions. GoI should consider this favourably and also revisit its entire incentive structure that influences credit disbursal in public sector banks PSBs. GoI ownership and control in the financial sector is not going away. In the Union Budget 2021, finance minister Nirmala Sitharaman said the financial sector is one of four strategic sectors where public sector entities will be present. Therefore, if GoI wishes to run commercial enterprises it needs to create an incentive structure that does not fritter away taxpayer investments. In this context, there are two considerations. One, any commercial enterprise has to take risks. It, thereby, fol

## CISF-HCM-TEST-Dated-2023-02-10-Test NO.-7122

Echelons is the main point of the meaningless if these bank chiefs also factor in the three Cs into their decision making. It in this context that the CVC steps and bankers requests make sense. They are important steps in ending creative accounting and recognising NPAs in time. It will also help if CBI develops greater domain expertise in financial matters to lower risks to India economy. The Election Commission higher expenditure limits for poll candidates are irrelevant given to the right point of this total political funding realities. There are no limits on the expenditure of campaigning political leaders or on political parties, as long as a candidate is not named. So, in 2019 Lok Sabha polls BJP officially declared expenditure of Rs 1,264 crore and Congress, Rs 820 crore this, when each candidate could spend just Rs 70 lakh per constituency. In fact, EC should remove all ceilings on poll spend, under whatever category. It should instead focus on transparency in sources of funding. An already opaque framework on source of funds was made worse by electoral bonds in 2018. These are bearer bonds that allow parties to raise funding, Indian or foreign, without citizens knowing donors identity. Amendments to laws such as Income Tax Act, Companies Act and FCRA removed existing provisions for both donor and recipient to make disclosures. The Supreme Court has the electoral bond matter before it. It would do Indian democracy a power of good was SC to take a call on the issue. If and when reforms do take place, some logical ideas must be put in. There should be no restrictions on sources of funding. Funding needs to be opened to everyone, corporations, trusts and individuals, with no limits. The entire focus of the regulatory architecture should be on ensuring that donor identity is public. Political parties are the means through which public policy eventually gets made. This gives voters an indisputable right to know who is funding political parties. Transparency of polit

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## CISF-HCM-TEST-Dated-2023-02-10-Test NO.-7123

Forthcoming elections in five states, where many regional parties are in contention, are a good context to remember a less appreciated aspect of India democracy subnational politics is a progressive force. Indian federalism was instituted under the shadow of two sets of events that raised intense fears about the unity and stability of the country. Firstly, the traumatic, bloody Partition of the country along religious lines. And secondly, the ongoing challenge of the integration of princely states and separatist stirrings in borderlands from the Northeast to Tamil Nadu and Kashmir. Telecom Company Vodafone Idea governing board on January 10 opted to make go the company largest equity shareholder to compensate for a delay in payment of dues to the state. Tata Teleservices followed suit a day later. The backstory an industry bailout package offered by Go last September. The package offered a deferment in payment of spectrum and adjusted gross revenue AGR dues. The interest arising out of the deferred payment could be paid to go in the form of equity shares. Go should formally accept the decisions of the two companies. It will own about 35.8% of Vodafone and 9.5% of Tata Tele. Economic uncertainty looms and we can ill afford the collapse of a telecom company with a 23.07% share in the wireless market. This should be seen as nationalization. Instead, it has to be treated as short term support to insulate the economy from the cascading effect of a drawn out implosion of a large firm. This kind of temporary support has precedent in India and elsewhere. The US government short term majority stake in the country iconic auto company GM is a good example. Following the global financial crisis in 2008, the US government supported GM and Chrysler and at one stage held 61% in the former. It was done to insulate a battered economy from the knock on macroeconomic effects of a collapse of a large firm. A closure would have rippled out into the ecosystem and undermined a struggling f

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## CISF-HCM-TEST-Dated-2023-02-10-Test NO.-7124

Is the best way out among the surprises of 2017 assembly elections was the ease with which BJP formed governments in Manipur and Goa though Congress was the single largest party in both states. Congress was stranded at 28 in Manipur 60 member and 17 in Goa 40 member assemblies while BJP followed at 21 in Manipur and 13 in Goa. As the Congress high command waffled, BJP central leaders struck overnight alliances with GFP and MGP in Goa and NPP, NPF and LJP in Manipur to form governments. Both Manipur and Goa arena strangers to short lived ministries and defections. Small assembly sizes and fragmented political fields make it easier to woo deserters and change governments. BJP, this time, is going to voters with governments that lasted the entire term. But it is at a profound disadvantage in Goa, missing Manahan Paprika, who could woo the sizeable Christian vote. Yet the crowded opposition space with AAP and TMC hurting Congress Goa dreams could end up splitting the anti incumbency vote. In Manipur, Congress is the primary opposition but the steady exodus of its MLAs to BJP has helped. These frequent defections are certainly not a good sign for democracy. It is a vibrant opposition that keeps a government on its toes. Post poll realignments by small regional parties and defections by individual MLAs have little to do with voters choices. The price of a defector in the post poll political market is the main motivator. Interestingly and revealingly, the two national parties in Manipur and Goa and competing regional parties arena aggressively pitching for alliances. They are perhaps relying on the history of the two states where pre poll enemies quickly become post poll allies. But voters are clearly at a disadvantage here in deciding who to vote for. With ticket seekers and weathervanes continuing to change sides even after EC election date announcement, opportunity and not principled ideological positions or fear of voters remains the main poll theme in these states. The

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## CISF-HCM-TEST-Dated-2023-02-10-Test NO.-7125

India aims to become a country with zero emissions. It outlined its goals and milestones in the government Long Term Strategy for Low Carbon Development docket. This article focuses on the goals converging with a larger global push to transition away from fossil fuels and increase the use and adoption of renewable energy sources. When India signed the Paris Agreement, it pledged to achieve two critical broad based goals to combat climate change. The first of which is to reduce the intensity of emissions of India GDP by 45% between 2005 and 2030. The second is that India total power capacity comprises 50% non-fossil fuel based energy sources. India is committed to achieving these objectives, as evidenced by the government significant push across the EV sector, including developing and manufacturing technologies and infrastructure in the country. The government has identified six key elements in its net zero goal strategy and policies. The first is the expansion of renewables and strengthening of the load on the electricity grid, which will be unavoidable as more people switch to electric vehicles. The grid is already being upgraded, a critical component of this element. The load on the grid to provide and sustain power to billions of batteries and charging stations would be enormous as more four wheelers and commercial vehicles switched to EVs. The second step is to focus on R&D on nuclear energy and other green energy sources such as hydrogen and geothermal. Several countries have already invested in making nuclear energy a promising low cost, low maintenance renewable energy source. India has a large amount of nuclear fuel on hand. India also has an extensive coastline that could be used to generate energy through geothermal energy generation solutions. This could provide energy to energy starved states such as Gujarat, Maharashtra, Tamil Nadu, Kerala, and Andhra Pradesh. The third critical component is research and development of biofuels and fuel cells, such as hy



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## CISF-HCM-TEST-Dated-2023-02-10-Test NO.-7128

And create at least 15 million new jobs. Apart from that, it would significantly reduce pollution levels in India major cities. Regarding pollution, India transportation sector is the worst offender. This is a critical factor in the government emphasis on decarbonizing the transportation industry to achieve its net zero goal. E Mobility and EVs will be crucial in this regard. Aspects of this sector, such as developing a pan India charging infrastructure, will be critical in facilitating the transition to EVs. Several private players have joined forces to build the country largest EV charging and battery swapping stations. The government is also encouraging such collaborations and developments by launching several schemes aimed at the EV sector, such as FAME, which is now in its second phase of implementation, FAME II. These schemes are intended to promote growth in the EV sector by providing substantial subsidies, incentives, and impetus. These advancements are being accompanied by an increase in India solar power generation capacity, which has risen from 6.7 gigatonnes in 2016 to 40 gigatonnes by 2021. The construction of India largest solar park, with a capacity of 4750 megawatts, in Rann of Kutch, Gujarat, is expected to boost solar energy generation even further. Wind energy generation has also increased 2.2 times since 2017. These solar parks and energy generators will be critical in developing battery infrastructure. This manufacturing effort will not only help EV sales and adoption, but it will also aid in the upgrading of Indian railways and the transition of trains away from coal powered generators. It will boost the railway sector by allowing all trains to be powered by an electric grid. EVs are not only crucial for India to keep up with global automotive trends and technologies, but creating this EV ecosystem could be the catalyst to catapult India into a new era of global energy dominance. India is well positioned to capitalize on renewable energy, and th

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## CISF-HCM-TEST-Dated-2023-02-10-Test NO.-7129

New brands specific to D2C brands is increasing by the day. D2C brands, especially in the Grooming, Healthcare and Food and Nutrition category witnessed a boost in traction during the pandemic, when people became more self-aware to take measures and prioritize health and wellness. Besides their strength of catering to specific consumer preferences, e-commerce channels have enabled D2Cs to connect better with consumers resulting in increased purchases. The growing popularity of digital first brands driven by a focus on specific customer needs indicates immense market potential. E-commerce players were able to build and nurture these growing customer-focused businesses by providing them relevant mentoring that covers access to a network of investors, market intelligence, scalability programmers, and marketing engagements. Identifying nuanced unmet needs of customers and launching products to exclusively cater to these needs in multiple portfolios, provided a higher push initially. The next phase of growth was initiated by leveraging on the already existent connect with consumers. Online retailers are able to create higher social engagement for D2Cs through features such as Live Commerce; Influencer Marketing Campaigns and Organic Social Media amplification with formats such as reels, stories, and live sessions. Furthermore, the reason for the D2C boom is the ease of setting up online business. E-commerce firms have bridged the gap in logistics, fintech firms have streamlined online or credit payment infrastructure, equipping brands with technology and enabling them to set up online storefronts. As a result of this, D2C brands have witnessed a tremendous boom in customer engagement and purchase patterns during recent e-commerce shopping events. D2C brands on the growth spectrum spread across segments ranging from beauty and electronics to pet care, fresh meat, and seafood, D2C brands are scaling new heights, with many brands in this segment showing an impressive growth tr

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## CISF-HCM-TEST-Dated-2023-02-10-Test NO.-7130

Got divided into two schools of thought one stating it as unethical and illegal, while the other defending the practice with their financial need. Moonlighting is working for a business of the same niche while being a permanent employee of another. Many IT sector employees moonlight secretly for financial benefits outside their working hours. Post pandemic, the practice gained momentum due to remote working and reduced job security. Over 43% of employees find dual employment favorable to safeguard their earnings even if their permanent source of income is lost. How does India perceive moonlighting? Although moonlighting is popular in America, many companies in India are framing strict policies to refrain workers from working elsewhere. Especially in the IT industry, employers try to bind their workers with strict clauses regarding dual employment in their joining letters or through clear cut company policies. For example, top IT companies like IBM and Infosys have warned their employees for moonlighting and find it cheating plain and simple. However, some companies consider moonlighting as the future of work, as 78% of corporates find talent acquisition and retention challenging. As a result, the food delivery chain Swiggy has allowed employees to work on other projects outside their working hours or during weekends that do not hamper their productivity to compensate for the gap in skills and remuneration. Though the concept is controversial and stirring debate among employers and workers, there no defined law against moonlighting in the Indian constitutional framework. There is a restriction on dual employment in the Factories Act 1948 Amended in 2016 for laborers working in plants and factories. But the law does encompass IT employees or workers outside the factory setting. Again, the Industrial Employment Standing Order Rules 1946 restricts workers from accepting additional employment that may harm the interest of their employers. But the Industrial Relations Code

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## CISF-HCM-TEST-Dated-2023-02-10-Test NO.-7131

Towards day lighting, and conflicting with company interests. Consequently, 90% of the companies have asked their employees to resume working from the office, while 42% of employees announced quitting jobs if they are not allowed to work from home. Though 81% of employees prefer remaining loyal to their companies, at least 4 out of 10 workers are keen to practice side hustles to earn more, pay off debts, follow their passion, and evade boredom. Companies mainly identify dual income sources for their employees through their Universal Account Number UAN of the Employees Provident Fund EPF. Creating two PF accounts is practically impossible for an employee, and two or more PF contributions in the same account indicate moonlighting directly. However, tracking double employment is difficult in the case of freelancing or contractual jobs where no PF facility is available. In that case, an employer can earmark a breach of policies if the employee uses the same company laptop or organisational tools for moonlighting or the same bank account for depositing remuneration. Employers can also track moonlighting with new age technologies or deploy third party agencies for background checks. They can warn or sack them for compromised productivity, leakage of critical data, misuse of company resources, or conflict of interests. What should companies do to prevent moonlighting? Though moonlighting can be tough to identify and handle, companies can reduce the growing need for moonlighting by paying the appropriate remuneration, offering incentives and appraisals, rewarding employee performance, and using productivity tools to track employee working time. They should have a precise moonlighting policy to convey the company expectations from an employee clearly and should take disciplinary actions only after warning the employees for consistently poor performance. Moreover, hiring a workforce from a trusted source is essential to address the pain point at its core. Enterprises should re

## CISF-HCM-TEST-Dated-2023-02-11-Test NO.-7132

Is revenge tourism with a vengeance, the vengeance coming in the form of the bill presented to the visitor which resembles the daily hijab submitted by the head chef employed by a billionaire however, I got to learn that the tent my friend stayed in was not of the ordinary, run of the military variety but belonged to the super deluxe glamping category. Glamping is a portmanteau word and stands for glamorous camping, and the tents employed for the purpose are of the 7 star varieties, complete with sofas, carpets, maharaja size beds, and en suite loos with hot and cold water that is not only running but sprinting like Milkman Singh in his heyday. The idea behind glamping is to give a new twist to tourism, enabling well heeled travellers with a luxury experience in a setting not normally associated with opulence. A similar concept is that of high end resorts disguised as villages in which designer thatched huts, equipped with all imaginable mod cons, ensure that guests enjoy rural rusticity in right royal comfort. Visitors to Rio are taken on sightseeing tours of the favelas, or shanty towns, which dot the hill slopes that surround the city. India has more and slummier, slums than Brazil, and our tour operators could go one better than their Brazilian counterparts and offer elegantly furnished des res dwellings in Delhi huge jhopris, or in Mumbai Dharavi, said to be one of the biggest slums in Asia, and help popularise glumming, or glamour slumming, on the lines of glamping. More adventuresome experience seekers might be induced to try out the accommodation provided by a famous government run guest house renowned for the red carpet welcome it has extended to many notable personalities. And who better qualified to be Brand Ambassadors and inaugurate glamprisonment, or glamour imprisonment, in Thira jail than Vijay Malaya and Nora Mode Swami Vivekananda always stood for harmony of religions. He spoke about acceptance of all religions as true and appealed to religious and

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## CISF-HCM-TEST-Dated-2023-02-11-Test NO.-7133

His own law of growth. map of Swami Vivekananda was laid down by his spiritual master, Ramakrishna Paramhansa, who espoused the doctrine of Kato Mat, Tate Path, recognizing the potential of all religions to act as means of attaining spiritual enlightenment, and Elm sad vipraha bahuda vacant, there is only one truth and learned person call it by many names. Swami Vivekananda also narrated the story of Kula Mandala frog in the well, to explain the closed minds of religious bigots. His central message was that holiness, purity and charity are not exclusive mansions of any particular religion and that every religion has produced men and women of the most exalted character. To those who dream of the exclusive survival of their own religion and destruction of the others, he said: I pity them from the bottom of my heart and point out to them that upon the banner of every religion will soon be written in spite of resistance, help and not fight, assimilation and not destruction, harmony and peace and not dissension. Swami Vivekananda turned the Universalist philosophy of Vedanta into a driver of social change. True religion taught people to recognise the divinity of man and woman and to be of service to the poor Deidra Narayan Sava. He raised money for the construction of Blur Math to feed the famine hit in Muslimabad in 1897 and again in 1898, to serve plague victims in Calcutta. Blur Math temple incorporates the architectural style associated with the places of worship of each religion. There are monks in the Ramakrishna order who are Muslim; Christians, Jews and Hindus, and they live together in the service of humanity. Swami jig believed that there never was my religion or yours, my national religion or your national religion, there is only one infinite religion that has existed all through eternity and will ever exist. When purity and spirituality disappear, leaving the soul dry, quarrels begin and not before. Therefore, he said, Follow one and respect all. The essence o

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Last person on earth who should be lecturing us on the status of religious minorities. But do we need a lecture in the first place Of course, we do. There no denying that religious relations in India today are fraught with Hindu majoritarianism on the rise. But that lecture should be given by secular Indians. India is at a crossroads today and the last thing we need is to become a Hindu version of Pakistan. In fact, that is precisely what Pakistan wants. After all, when Partition took place in 1947 on the basis of the Two Nation Theory, the biggest success of independent India was that it did not fall for the communal trap. In a way, secular India was the best answer to Islamic Pakistan, evidenced by the former economic and development successes and the latter poor performance on these scores. But if India descends into majoritarianism with a sizeable minority population, forces inimical to this country will look to fish in our troubled waters. In fact, troubled religious relations will be a gift for Pakistan deep state that views India as the eternal enemy and spares no efforts to try and undermine this country. And given the vastness and diversity of India, multiple potential pressure points exist from Punjab to Kashmir to the Northeast. Therefore, do we really want to make things easy for India enemies by straining our own social fabric Secularism and unity in diversity are India strengths? They are the reasons why we aspire for greatness. They certainly should be sacrificed at the altar of populist politics. In that sense, majoritarian extremism in India and Pakistan is a legacy of the unfortunate Two Nation Theory. The extremes feed off each other. But while Pakistan has already paid and continues to pay a heavy price for this, India can still pull itself back from the precipice. Let us not foolishly walk into traps of the past and give Imran Khan something to gloat about. India future depends on this. The decision of the J&K Assembly in 2002, to freeze the deli

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At this stage to look back at the proceedings in the apex court on November 09, 2010. It will also be instructive to look at the observation of the High Court in the matter, before the case came to the apex court. Before an appeal was made in the Supreme Court, Jammu & Kashmir State High Court had upheld the validity of the amendment to Section 47 3 of the Constitution of J&K. The main thrust of the challenge before the High Court, as well as before the Supreme Court was, to decide on: whether or not the decision of the Faros Abdulla government in freezing the delimitation of territorial constituencies of the State of Jammu Kashmir, pertaining to the Legislative Assembly, till 2026, is legally sustainable The main plea of the petitioner was that, the freeze would result in strong imbalances, and that, because of this freeze, the demographical changes will not be properly reflected. The appellant was said to have been aggrieved by an amendment to the Jammu and Kashmir Representation of the People Act 1957, especially the amendment in Section 47 3 thereof, which was brought about in 2002. It was argued before the Court, that normally the delimitation operation is carried out, consequent upon a census operation, so that, the change in the composition of the population is properly reflected. However, in the State of Jammu and Kashmir, although the census operation was completed in 2001, delimitation was not carried out. On the contrary, in 2002, the National Conference government of Faros Abdulla, amending Section 47 3 of the Constitution of J&K, decided to freeze the delimitation till 2026. The appellant had submitted that, not holding delimitation exercise immediately after the completion of the census, as per the aforesaid amendment was unconstitutional. He had argued, that the said amendment to the Constitution of J&K was itself violate of the Basic Structure of the Constitution of India, as applicable to the State of Jammu and Kashmir, as well as the Constitution of



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## CISF-HCM-TEST-Dated-2023-02-11-Test NO.-7136

It is always tempting to invest state elections with greater significance than necessary. So, it is no surprise that the Uttar Pradesh assembly elections are already being tom med in the media as a pointer to what may happen in 2024. Without in any way dismissing the importance of Uttar Pradesh and its 80 Look Sabah seats, we need to take an aerial view of reality. Whatever be the outcome on March 10, when the Election Commission will announce the results to five state assembly elections, we must remember one thing: Before 2024, we not only have the Gujarat election later this year, but also elections to three Hindi belt states and Karnataka coming up in 2023. Resignations of two UP cabinet ministers and four legislators have shaken BJP, so far considered the favourite. Samajwadi Party is likely to be Swami Prasad Maurya a destination, naturally so because UP is seeing BJP and SP vying for top honors. The caveat being BSP can upset equations in many seats. But the crossover of BSP MLAs to SP and BJP, and Congress losing its prominent western UP face Imran Mason to SP, are all pointing to an SP vs. BJP big fight. With Maurya, Achilles Yama game plan of creating fissures in BJP umbrella OBC coalition, which includes MBCs, may hit BJP where it hurts most. SP has had some realisations: the limitations of its Muslim Yama base in a scenario where BJP is polling 40% of votes consistently, the futility of partnering BSP to net Jatav votes, the consolidation of upper caste, non Jatav, non Yama Hindu votes. Clearly, Achilles is plotting a new course this time. The strategy of wooing MBC net as harbouring grievances kicked off with snapping up eastern UP based SBSP OP Rajbhar after his ouster from the UP cabinet. SP revived alliance with Jat dominated RLD has also gained traction, amid the western UP farm agitation. SP has also approached small parties of Kurmis, Mauryas and Nonias, which could make a difference in close contests. A split in the Yama vote was averted by mending

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## CISF-HCM-TEST-Dated-2023-02-11-Test NO.-7137

Despite the flailing OBC quota sub categorisation experiment and political representation struggling to keep every group happy, most bets seem to be on social engineering, not development. No surprise then that Maury a political life could so smoothly go from BSP to BJP to SP. The late Atal Bihar Vajpayee had coined a doctrine for Kashmir: insanity, jamhuriyat and kashmiriyat. The former Prime Minister was talking about the three pillars that would define his Kashmir policy. These would be humanity, democracy and syncretism. Vajpayee remarks found resonance in all quarters and his words continue to be repeated by successive governments. But much Jhelum water has flowed since then, often tinged bloody pink. The generosity of spirit expressed through Vajpayee doctrine and his famous Lahore bus trip was repaid with the Cargill War, the IC 814 hijack and an attack on the Indian Parliament. The omnipresent, omnivorous, ominous Omicron has created a never before phenomenon. The haves are speedily outnumbering the have notes. It not just an economic marvel. Epidemiologists say that this insatiable but less virulent mutant could turn out to be the silver bullet sanjeevani booti against its monster mother virus. That it just might bestow on us that global object of desire, herd immunity. Yeah, yeah, it okay, we don mind sounding like a huddle of thick skinned cattle. Far better than cowering in fear of SARS Cove 2. With the numbers jumping like a soaped up auto rickshaw meter, the have notes may well begin to feel left out of the statistics. Indeed, I too was in danger of an acute attack of FOMO as each ping of my What Sapp brought news of one more friend neighbor getting membership to the mass club of Positive People. Then, last week, I too got detected. Call it a case of if you can lick it, join them. And pray that you walk on the mild side. My new normal has become newer. Social distancing has deepened into isolation. So that makes me the mistress of my time, right Wrong.

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## CISF-HCM-TEST-Dated-2023-02-11-Test NO.-7140

The greatest number as the highest morality It becomes easily explicable by Dasani conception that Sri Satyanarayana is in everything. Dadaji not only says that Sri Sri Satyanarayana is in everything and everything is in Sri Sri Satyanarayana, but that He becomes everything. To the one having the true knowledge, all is God that is Sri Sri Satyanarayana. It is the arvam Khalvidam Brahm of the Upanishad. Truth Is One The tenets of Dadaji philosophy stand on the saying truth is one, language is one and there is one universal human race. Basically, there is no class, caste, creed or sectarianism and what we see today is all man made. We are the children of the same Father. So, how can there be a difference or distinction In fact, the caste or class system introduced in the name of the Founder by a self interested group of people is not only meaningless but also baseless. Man cannot avoid his prarabdha, predestined fortune. He has to undergo the unpleasant circumstances with patience. Human beings cannot realise this simple truth easily and, therefore, they sometimes leave the samsara in the quest of peace and truth. They forget that they must have to bear the fruits of the karmas of their previous births in their present lives. Lila of God Dadaji says that the samsara is Lila of God and, therefore, one should not neglect the creation of God, neglecting the duties of a family man. Prayer and penance alone cannot lead one to perfection. People should bear the prarabdha with patience, devoting themselves to the lotus feet of Sri Satyanarayana or the eternal God. This is real papaya. Prarabdha is to be reduced by consumption. Divine grace is to be gained by him whose ego is eliminated perfectly, who has borne the prarabdha with patience and dedicated himself at the lotus feet of Sri Sri Satyanarayana and constantly repeats the Mahakam with sublime devotion. The good and the pleasurable are confused and presented to man. The intelligent compare the two; and on mature reflecti

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## CISF-HCM-TEST-Dated-2023-02-11-Test NO.-7141

Technology and many other momentous items. If such a documentary has to be made for India for the year 2022, some of the following elements are likely to be featured. When I wrote a similar piece at the beginning of the year 2021, I hoped that 2021 might be the last year of the pandemic and life would be normal soon. At that point, there was hope that the vaccines would put the dreaded virus to rest. Most of my words for 2021 are still applicable for 2022 as we are in the midst of a less dreadful but fast spreading Omicron wave. Did you just sneeze while reading this paragraph Might want to get yourself tested and upload the result on social media. In India, any conversation about a year without politics is absolutely incomplete. The next few months are likely to witness feverish campaigning as 5 key states, including the semi final state of Uttar Pradesh, head to the polls. Will the talismanic Prime Minister retain power in 4 states or will Arvind Kejriwal make a dent in Goa and also capture Punjab Will Rahul Gandhi finally come of age and be a major vote puller The most interesting role will be of Mamata Banerjee and how she desperately attempts to dislodge the Congress. This is in the backdrop of her poll strategist, Prashant Kishore, claiming like a priest on national television, I am not aware of any political strategy. We should all appreciate how Indian politics creates so much employment, especially via hyperactive journalists screaming at 9 PM every night on how breaking news is emerging every minute and only they are broadcasting it. Are you listening to them Also breaking news! These hyperactive journalists will also interview the first childhood crush of every Indian who wins a medal at the Beijing winter Olympics. The talk of the gig economy is going to reach deafening proportions. Many entrepreneurs who have built, most of them massively loss making firms, over the last few years are finally ready to make in the moolah by listing on the stock markets. R

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## CISF-HCM-TEST-Dated-2023-02-11-Test NO.-7142

They will walk away by the month of March. This time, we will all blame our nasty sister Omicron. Moreover, LinkedIn is likely to be flooded with so many motivational videos every day that an entrepreneur will see a gap in the market and start charging money to spread de motivation and stress to bring balance and harmony to the world. Will you sign up for the Platinum membership for such a de motivational program Besides the narcissism, the big theme this year is likely to be the honest focus on yourself. Focus on your actual physical and your mental health which is not meant for social media consumption. Many famous people are likely to step out of the taboo and make this conversation about mental health normal. Many more people are likely to emerge out of the shadow of what Sharmaji ka beta is doing and pursue their unconventional dreams. This might also be the year where a record number of unhappy relationships are ended and people realise that a dog is a man and a woman best companion. Someone should ask the dog who his her favourite companion is When you speak about India, you have to mention cricket. The year begins with the historic India South Africa series which hopefully Virat Kohli will win. The rest of the year, the pundits who have never played the game, will over analyse on what it will take for Indian cricket to dominate the whole of 2022. My view as a pundit who has never played the game Rohit Sharma hamstring and Virat Kohli ability to fight the opposition and not the BCCI. It will be a fun day if BCCI chief Sourav Ganguly decides to keep Virat Kohli waiting for a meeting and Virat showers him with his favourite expletives when he enters the room. In conclusion, the year 2022 is likely to be a highly entertaining one. More than Bigg Boss can ever be. As far as the title of this piece goes, it is likely to be the year of the tiger. The tiger being Ravinder Takkar, managing director and chief executive of Vodafone Idea, on Wednesday stated that Gol is

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## CISF-HCM-TEST-Dated-2023-02-11-Test NO.-7143

Folklore has it that in the medieval ages the king consent was required for people to cohabit. The expression fornication under consent of king whose abbreviation translated into a more popularly used word to depict the act, arose out of the necessity for such consent and required branding on the house of cohabitation as to grant of such consent. Things do not seem to have changed much in the 21st century with the Prohibition of Child Marriage Amendment Bill, 2021 being introduced in the Lok Sabha to statutorily increase the marriageable age of women to 21 years from 18 under threat of severe consequences. The title to the Bill itself is a misnomer with the government appearing to forget that in India, a child ceases to be one at 18 and becomes an adult. The Omicron powered third wave has swelled blindingly fast but thankfully so far without the second wave accompanying devastation. The national test positivity rate has jumped to 12.1%, and it has breached 25% in some large cities. Although daily testing has gone up from an average 11 lakh to over 20 lakh now, the number is still inadequate given the likely spread, and most testing seems concentrated in big metro areas. Reported figures are, therefore, likely underestimates, perhaps by an order of magnitude. Plus, there are unreported infections getting caught by home testing. Given all this, authorities need to recalibrate their approach. First, in a situation of uncontrolled spread, the metrics that matter most are the national numbers of hospitalisation and hospital caseload. Hospitalisation figures from large metros like Delhi and Mumbai show there no shortage of oxygen, ICU and ventilator beds yet. But we really should have much more data, like other countries do, on this. Second, we need national and region wise break up of hospitalisation data by vaccination status. It makes a huge difference to public health policy and for citizens if we have data indicating whether the partially vaccinated or unvaccinated ar

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## CISF-HCM-TEST-Dated-2023-02-11-Test NO.-7144

In India, one in nine people are at the risk of developing cancer in his/her lifetime. Based on cancer registry data, it is estimated that approximately 800,000 new cancer cases will be diagnosed in India each year. Such is the severity of this disease. Stressful professional lives and sedentary lifestyles results in several serious ailments. Today, even the younger generation is prone to several health problems. One of the most common of such critical illnesses is cancer. Cancer is costly, emotionally, and socially. There have been cases where people had to dip into their savings and ended using their entire retirement fund. It impossible to relieve yourself of tension when your medical bills are bankrupting you and your family. Given the rise in incidences of cancer, opting for a term insurance with critical illness cover at an early stage in life has become crucial. Term Insurance with critical illness cover is an important addition to your contingency portfolio. You can purchase critical illness insurance as a separate policy or add it as a tab to your term life insurance policy. India that is Bharat, alone has the wisdom, intellectual reasoning, and the age-old, time-tested civilizational culture, to spread globally this idea that Science, Education and Religions are all meant to guide and inspire us towards discovering the purpose of daily working and living and how to build the interest and powers of mind to strive towards becoming good, better, best. It is this ideal of Harmony of Science-Academia-Religions that the world needs today. Harmony must triumph over and trump the idea that My-God-My-Religion alone is true; and this is now being globally recognized. Harmony, worldview of Oneness, focus on the Subjective, i.e., focus on inner spiritual awakening, and direct, individual realization of the highest truth, Perfection aka God, is the USP of India that is Bharat, as indeed the essence of all religions, that we the educated and the world needs. Science and

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## CISF-HCM-TEST-Dated-2023-02-11-Test NO.-7147

Religions, is no doubt important, but only in the backdrop of this purpose and ideal of more and more unselfishness and less and less of selfishness. It is important to note this point. If we do not understand this vital point, we may misunderstand the idea and purpose of science, technology, education, and importance of harmony of religions. Forgetting this, today all systems of education, religions, politics, etc. instead of spreading selflessness and goodness are spreading clever ideas to grab money and power and divide people into yours-mine camps. All religions have two parts: the non-essential and the essential, the ceremonial and the spiritual, the external and the internal, the social and the individual. The spiritual portion is the essential and this must become a part of mainstream educational and growing up so that society may be inspired to become good, better, best. Followers of every religion, led by petty selfishness and politics, make the mistake of mixing and confusing both these aspects into one. The problems generated by the societal and external aspect of religions get confused with the spiritual; and the result is that modern education and academia have rejected religions as superstitious and spreaders of divisions and hate, not of unity and love for all ! Truths is infinite and so science and religions must work together; create an environment of seeking, exploring, questioning, reflection to discover the highest truth for themselves, instead of just belief and belonging. Academia must help keep religion within its proper limits and give freedom to society to grow. Reformers and Scientists make the mistake of holding religion accountable for all the horrors of priest craft, witchcraft, killings, and hatred spread in the garb of religions. And the result? Failure of society to make good people! In India everyone made the mistake of holding caste to be a religious institution and tried to pull down religion and caste all together and failed; we fa



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## CISF-HCM-TEST-Dated-2023-02-11-Test NO.-7148

Has resulted in all modern problems; and therefore, the need for a mission and focus on creating a new syllabus for establishing people in daily routine of self-development processes focused on producing people with character. And Governance to ensure that our teachers and leaders are those who are inspired to imbibe commitment to duties for good of society! It is a mere coincidence that I am writing this article while Valentine day is around the corner but trust me, love is omnipresent, around the year. Just navigate and discover it through positive stimulations. Everyone once in a while feels hurt, betrayed, sad, wanting to be loved. It is the expectations which trigger such feelings. Who do we expect from is the question. Perseverance is a virtue which we must have but it has its limitations. Adaptability and resilience are also equally important virtues and many times they collide head-on with perseverance. Those are the moments of truth when the comfort zones must be shunned and a change in our perspective be embraced. The point that I am trying to make here is that comfort zones are created by social constructs. We follow the crowd, the accepted practices and norms. Who we expect from and who becomes a cause of our hurt feelings is governed by the social construct. For example, the social construct necessitates us to expect kindness and love from people around whom we are born and have blood relationships with, very close friends or spouses; but the paradox is that most often feelings are hurt by those very people and it leaves us wanting and wanting endlessly till we are exhausted, till we have shut ourselves to the world, till we define life as unworthy of living, till we start distrusting the entire human race. It requires us to work hard to summon the courage to break free from the construct and discover unknown possibilities. Not living in harmony with ourselves is a major cause of our troubled state of mind. Being in harmony with self means accepting ours

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## CISF-HCM-TEST-Dated-2023-02-11-Test NO.-7149

Into the other. In this new setting, you are surrounded by strangers. These could be a long-forgotten neighbor, a few colleagues who you never thought would add any value to your life, a beggar whom you always see at the corner of the street but never look at, the security guard of your home or office or the guy who drives your cab or a rickshaw every day. There are many people who we pass by without thinking about them. Recently someone hit a parking lot attendant in Delhi to death. For him, the attendant was just any other invisible person who became a victim of this inebriated man impulsive reaction. When I turned the pages of the newspaper the next day, I read the story behind this seemingly invisible victim. He had a family of four to feed in Uttar Pradesh, with small school-going children. His wife took a loan of twenty-five thousand rupees to travel to Delhi and collect her husband dead body. Let us come back to your avatar which you just placed somewhere new, where you are surrounded by strangers, each one having a full-fledged life just like the parking lot attendant, about which you know nothing. Now you try to converse with each one. Some of those are inspiring, some have completely new stuff to share, which you had never bothered to think about, and some of them were influenced by who you are where as others did not see any value in you. Your next step is to get copier with those people who see you as someone who can make a difference in their lives and who accept you as you are. As a following step in the game, you start to give positive vibes and make small contributions through your ideas, warmth and benevolence. Consequently, you develop a bond with them. For example, you have a blanket for a beggar on the street corner in the cold winter. When she touched the blanket, the warmth of that blanket reflected in her eyes as she looked into yours. Her warmth made you love this new avatar of yours. You started sharing your expertise and knowledge with your

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## CISF-HCM-TEST-Dated-2023-02-12-Test NO.-7150

The booster programme has had a slowish start, the other factor being healthcare professionals unofficial booster shots taken earlier. But GoI and states must not allow either programme to flag relentless messaging is needed. Perhaps, it time to seriously consider door to door vaccination. Today, Pakistan will unveil its first codified national security policy that reportedly seeks peace with India and no hostility for a century. It doesn't even rule out normalisation of trade and economic ties without waiting for a final resolution of the Kashmir issue. Give points to Islamabad strategists for thinking long and deep. But such thinking is useless unless Pakistan gives up its use of terrorism as an instrument of state policy. As per latest Indian military inputs, Pakistan continues to host 350 400 terrorists at border launch pads. Plus, with Taliban return to power in Afghanistan which simply wouldn't have been possible without Islamabad support it is doubtful that Pakistan military ISI complex is ready to abandon its tried and tested strategy of promoting cross border terrorism. Therefore, if at all Pakistan is serious about peace with India and benefiting from geo economics, the ball is in its own court. It is Pakistan that has to give up its destabilising activities in the region. Predictably, its anti India obsession has had disastrous consequences for Pakistan society and economy. It holds the inglorious distinction of approaching the IMF for bailouts a record 22 times between 1958 and 2020. And its current growing indebtedness to China makes it a likely candidate for a Chinese vassal state status. Just how wrong headed and self goal scoring the Pakistani leadership has been is best exemplified by the success of its erstwhile eastern wing that became Bangladesh. The latter has overtaken India in per capita income and other HDI indicators like women labour force participation. Yes, the Pakistani economy will benefit immensely if relations with India normalised two way

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## CISF-HCM-TEST-Dated-2023-02-12-Test NO.-7151

For Rs 119 per container, inclusive of all taxes and delivery charges. OK, that sounds reasonable, let get it, I say. But, says Bunny, if we buy two we pay only Rs 220, which means we end up saving Rs 18. The thought of saving Rs 18, on a toilet cleaner or anything else, is very attractive during these pandemic hit hard times so we opt for the cut price double deal. And I m sure there are people like us who make a similar choice and go for surplus in order to save. Marketing managers, of all manner of goods, from toilet cleaners to tablecloths, bank on this line of reasoning to boost sales by offering rate reductions through schemes like bogofs. Bogof is an acronym for Buy One, Get One Free. Or, rather, FREE! Free, particularly if followed by an exclamation mark, is arguably the most compelling word in whichever language it is written or spoken. The prospect of getting something for nothing puts into at least temporary abeyance any and all questions and doubts as to the overall benefit being offered. Free is a verbal magnet of almost irresistible power. This was brought home to us last week when a local Chinese restaurant presented us with four coupons with which we could avail of four separate deals. The first of these was a 25% price off on the total bill. Wow. Twenty five percent free! We went, we ate, we paid a bill of Rs 3,000, down from Rs 4,000. To save Rs 1,000 we d spent Rs 3,000. The second coupon was a bogof. You paid for one meal for Rs 1,250 and you got the second meal free. Or FREE! But having saved Rs 1,000 by spending Rs 3,000 we couldn't afford to save any more. That the problem with saving money. It too expensive to do so. In a typical world, while going about the daily chores, one seldom feels the urge to delve deeper, to comprehend the true purpose of human life. However, a revolutionary change dawns when one intellect gets refined and becomes razor sharp by the virtue of Guru grace and constant contemplation of what is true and what is not! Viveka,

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## CISF-HCM-TEST-Dated-2023-02-12-Test NO.-7152

Of life There can be just one purpose, the realisation of Self, and that is only possible while we have this human body. Every festival or tradition is an allegorical expression of the ultimate, carrying a more profound meaning within, and Makar Sankranti is no different. On the auspicious occasion of Makar Sankranti, the Sun transits into the Makar, the Capricorn sign. And Makar is characterised by sheer persistence and hard work. There are two ways you can celebrate this auspicious celestial event. The first one is following the ritualistic mode. Bathing in holy rivers like Ganga and Yamuna, offering of sesame seeds, feeding the poor, and so on. The second and the more challenging one is the spiritual way, which is about unearthing the hidden meaning, leading you to the ultimate truth. In this inward Makar Sankranti, you immerse your mind in the holy waters of viveka, so that vices like attachment, aversion, and fear can be washed away. This is the way to dissolve the duality of mind bringing about the state of equipoise. It is the day to resolve to live by the teachings of your Master and have unwavering faith in the words of rishis, sages and revered scriptures. All these are mandatory prerequisites that make you worthy of receiving the gift of supreme wisdom. So spiritually speaking, Makar Sankranti is the light of jnana entering the ignorant mind intellect and radiating it with the highest wisdom. Think, what sort of karma must one perform Only those that lead us to the highest truth. Rest are to be carried out as a mere support system for the sustenance of this body. Worldly responsibilities have a limit, and their reach is not beyond that! Makar Sankranti is the day to sit back and contemplate which path your mind intellect wishes to pursue. The way that leads you to the transitory objective world or the one that steers you to the truth and liberation The choice is yours! The pharma industry has seen a rapid rise in the past three years with rapid digitizatio

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Rift between the offline and online pharmacies but like other sectors there will be an ever growing sync between the offline pharmacies opening an online market for themselves. Rapid Digitization with AI ML: One cannot disagree or neglect the fact that digitization and technological innovation is the backbone of a growing economy and the same is applicable to the pharmacy business. Hence, people have acknowledged this fact and aligned their offline business with the online opportunities to stay in line and pace with the ever changing business environment in the technological world. Consumers no more want to step out to buy goods and it is a world where doorstep service is given preference. The use of AI ML has also changed the entire consumer behavior and now the customers can experience real life shopping experiences medical consultations sitting back at home, which will be the new era of online shopping in 2022, with an ongoing decline in offline pharmacy business. Digital Records: The use of digital processes has been around for some time and will continue in 2022. Originally paper based processes have been converted to digital to make operations more efficient. A unified Aadhaar synced medical history backup has been developed by different medical organizations. Digital processes are especially helpful in promoting regulatory compliance because they allow pharmaceutical companies to closely track data and how it is maintained. Pharmaceutical companies appreciate this switch to digitalization because of the transparency it provides across the organization and all departments and hence will continue to be the way ahead in 2022. Cloud Computing: Cloud technology is used in every sector today. In the pharmaceutical industry, the cloud allows businesses to work with other stakeholders to become more effective. Cloud computing also provides an inexpensive way to use analytics. Pharmaceutical companies rely specifically on cloud security and central access to analyze co

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## CISF-HCM-TEST-Dated-2023-02-12-Test NO.-7154

Folklore has it that in the medieval ages the king consent was required for people to cohabit. The expression fornication under consent of king whose abbreviation translated into a more popularly used word to depict the act, arose out of the necessity for such consent and required branding on the house of cohabitation as to grant of such consent. Things do not seem to have changed much in the 21st century with the Prohibition of Child Marriage Amendment Bill, 2021 being introduced in the Lok Sabha to statutorily increase the marriageable age of women to 21 years from 18 under threat of severe consequences. The title to the Bill itself is a misnomer with the government appearing to forget that in India, a child ceases to be one at 18 and becomes an adult. The Omicron powered third wave has swelled blindingly fast but thankfully so far without the second wave accompanying devastation. The national test positivity rate has jumped to 12 and it has breached 25 in some large cities. Although daily testing has gone up from an average 11 lakh to over 20 lakh now, the number is still inadequate given the likely spread, and most testing seems concentrated in big metro areas. Reported figures are, therefore, likely underestimates, perhaps by an order of magnitude. Plus, there are unreported infections getting caught by home testing. Given all this, authorities need to recalibrate their approach. First, in a situation of uncontrolled spread, the metrics that matter most are the national numbers of hospitalisation and hospital caseload. Hospitalisation figures from large metros like Delhi and Mumbai show there no shortage of oxygen, ICU and ventilator beds yet. But we really should have much more data, like other countries do, on this. Second, we need national and region wise break up of hospitalisation data by vaccination status. It makes a huge difference to public health policy and for citizens if we have data indicating whether the partially vaccinated or unvaccinated are th

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## CISF-HCM-TEST-Dated-2023-02-12-Test NO.-7155

The booster programme has had a slowest start, the other factor being healthcare professionals unofficial booster shots taken earlier. But Go and states must not allow either programme to flag relentless messaging is needed. Perhaps, it time to seriously consider door to door vaccination. Today, Pakistan will unveil its first codified national security policy that reportedly seeks peace with India and no hostility for a century. It does even rule out normalisation of trade and economic ties without waiting for a final resolution of the Kashmir issue. Give points to Islamabad strategists for thinking long and deep. But such thinking is useless unless Pakistan gives up its use of terrorism as an instrument of state policy. As per latest Indian military inputs, Pakistan continues to host 350 400 terrorists at border launch pads. Plus, with Taliban return to power in Afghanistan which simply would have been possible without Islamabad support it is doubtful that Pakistan military ISI complex is ready to abandon its tried and tested strategy of promoting cross border terrorism. Therefore, if at all Pakistan is serious about peace with India and benefiting from geo economics, the ball is in its own court. It is Pakistan that has to give up its destabilising activities in the region. Predictably, its anti India obsession has had disastrous consequences for Pakistan society and economy. It holds the inglorious distinction of approaching the IMF for bailouts a record 22 times between 1958 and 2020. And its current growing indebtedness to China makes it a likely candidate for a Chinese vassal state status. Just how wrong headed and self goal scoring the Pakistani leadership has been is best exemplified by the success of its erstwhile eastern wing that became Bangladesh. The latter has overtaken India in per capita income and other HDI indicators like women labor force participation. Yes, the Pakistani economy will benefit immensely if relations with India normalised two way t



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Per container, inclusive of all taxes and delivery charges. OK, that sounds reasonable, let get it, I say. But, says Bunny, if we buy two we pay only Rest 220, which means we end up saving Rest 18. The thought of saving Rest 18, on a toilet cleaner or anything else, is very attractive during these pandemic hit hard times so we opt for the cut price double deal. And I m sure there are people like us who make a similar choice and go for surplus in order to save. Marketing managers, of all manner of goods, from toilet cleaners to tablecloths, bank on this line of reasoning to boost sales by offering rate reductions through schemes like bongos. Bogor is an acronym for Buy One, Get One Free. Or, rather, FREE! Free, particularly if followed by an exclamation mark, is arguably the most compelling word in whichever language it is written or spoken. The prospect of getting something for nothing puts into at least temporary abeyance any and all questions and doubts as to the overall benefit being offered. Free is a verbal magnet of almost irresistible power. This was brought home to us last week when a local Chinese restaurant presented us with four coupons with which we could avail of four separate deals. The first of these was a 25 price off on the total bill. Wow. Twenty five percent free! We went, we ate, and we paid a bill of Rest 3,000, down from Rest 4,000. To save Rest 1,000 we d spent Rest 3,000. The second coupon was a bogof. You paid for one meal for Rest 1,250 and you got the second meal free. Or FREE! But having saved Rest 1,000 by spending Rest 3,000 we could afford to save any more. That the problem with saving money. It too expensive to do so. In a typical world, while going about the daily chores, one seldom feels the urge to delve deeper, to comprehend the true purpose of human life. However, a revolutionary change dawns when one intellect gets refined and becomes razor sharp by the virtue of Guru grace and constant contemplation of what is true and what is n

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There can be just one purpose, the realisation of self, and that is only possible while we have this human body. Every festival or tradition is an allegorical expression of the ultimate, carrying a more profound meaning within, and Makar Sankranti is no different. On the auspicious occasion of Makar Sankranti, the Sun transits into the Makar, the Capricorn sign. And Makar is characterised by sheer persistence and hard work. There are two ways you can celebrate this auspicious celestial event. The first one is following the ritualistic mode. Bathing in holy rivers like Ganga and Yamuna, offering of sesame seeds, feeding the poor, and so on. The second and the more challenging one is the spiritual way, which is about unearthing the hidden meaning, leading you to the ultimate truth. In this inward Makar Sankranti, you immerse your mind in the holy waters of vive, so that vices like attachment, aversion, and fear can be washed away. This is the way to dissolve the duality of mind bringing about the state of equipoise. It is the day to resolve to live by the teachings of your Master and have unwavering faith in the words of rishis, sages and revered scriptures. All these are mandatory prerequisites that make you worthy of receiving the gift of supreme wisdom. So spiritually speaking, Makar Sankranti is the light of Janna entering the ignorant mind intellect and radiating it with the highest wisdom. Think, what sort of karma must one perform? Only those that lead us to the highest truth. Rest is to be carried out as a mere support system for the sustenance of this body. Worldly responsibilities have a limit, and their reach is not beyond that! Makar Sankranti is the day to sit back and contemplate which path your mind intellect wishes to pursue. The way that leads you to the transitory objective world or the one that steers you to the truth and liberation? The choice is yours! The pharm industry has seen a rapid rise in the past three years with rapid digitization and the

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## CISF-HCM-TEST-Dated-2023-02-12-Test NO.-7160

The offline and online pharmacies but like other sectors there will be an ever growing sync between the offline pharmacies opening an online market for themselves. Rapid Digitization with AI/ML: One cannot disagree or neglect the fact that digitization and technological innovation is the backbone of a growing economy and the same is applicable to the pharmacy business. Hence, people have acknowledged this fact and aligned their offline business with the online opportunities to stay in line and pace with the ever changing business environment in the technological world. Consumers no more want to step out to buy goods and it is a world where doorstep service is given preference. The use of AI/ML has also changed the entire consumer behavior and now the customers can experience real life shopping experiences/medical consultations sitting back at home, which will be the new era of online shopping in 2022, with an ongoing decline in offline pharmacy business. Digital Records: The use of digital processes has been around for some time and will continue in 2022. Originally paper based processes have been converted to digital to make operations more efficient. A unified Adhere synced medical history backup has been developed by different medical organizations. Digital processes are especially helpful in promoting regulatory compliance because they allow pharmaceutical companies to closely track data and how it is maintained. Pharmaceutical companies appreciate this switch to digitalization because of the transparency it provides across the organization and all departments and hence will continue to be the way ahead in 2022. Cloud Computing: Cloud technology is used in every sector today. In the pharmaceutical industry, the cloud allows businesses to work with other stakeholders to become more effective. Cloud computing also provides an inexpensive way to use analytics. Pharmaceutical companies rely specifically on cloud security and central access to analyze complex data in

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Based on historical reasons is not a justiciable right, to which historical reasons they are referring to. It can be safely presumed that both the Courts are obviously referring to the historic accession of the erstwhile Princely State of Jammu & Kashmir to the Indian Union. While considering this, one is compelled to take cognizance of another monumental historical incident, the alleged genocide of Kashmiri Hindus, that took place in Independent India, in 1990, when a large number of Kashmiri Hindus reportedly faced genocide in the State & to safeguard their lives & the prestige of their womenfolk, had to flee their native state, which they had inhabited for thousands of years. It became a statutory and constitutional dispensation based on historical reasons is not a justiciable right, to which historical reasons they are referring to. It can be safely presumed that both the Courts are obviously referring to the historic accession of the erstwhile Princely State of Jammu & Kashmir to the Indian Union. While considering this, one is compelled to take cognizance of another monumental historical incident, the alleged genocide of Kashmiri Hindus, that took place in Independent India, in 1990, when a large number of Kashmiri Hindus reportedly faced genocide in the State & to safeguard their lives & the prestige of their womenfolk, had to flee their native state, which they had inhabited for thousands of years. It became a part of the recent history, when the Union Government abrogated Article 370 & 35 A to rectify the historical wrong & bring the State of J & K into the mainstream. Government decided to carry out delimitation before the elections, which was deemed to be a logical step. This delimitation is being carried out now after the last one in 1995, i.e., almost after 25 years. The step was also necessitated, to say the least, by the urgency of rehabilitating the Kashmiri Hindus, who were forced by, the then prevailing circumstances, to leave their native place & I

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## CISF-HCM-TEST-Dated-2023-02-12-Test NO.-7162

The face of retail is undergoing a paradigm shift, and with it are the security requirements of global ecommerce and Omni channel businesses. As more and more companies gain access to consumer information, it becomes imperative not only for retail brands but also for their Saabs vendors to protect this treasure trove of data. The Saabs market, growing at a CAGR of 27.5, will reach USD 716.52 billion in 2028, with enterprise values for Saabs businesses reaching approximately 7 forward revenue. Ecommerce is expected to make up USD 14.5 billion of that market. Although the onus of upholding data privacy laws is generally thought to lie upon customer-facing brands, Saabs companies, too, must strictly adhere to changing localization and security norms. Failure to comply may cause severe penalties like those faced by Amazon USD 888 man and Google USD 56.8 man in 2018 and 2019, respectively, and reputational loss. What is Saabs compliance? Saabs compliance can be defined as a set of regulatory frameworks that dictate how Saabs providers must protect clients data collected for providing various personalized services. It includes data privacy, localization, security, data sovereignty, information security, and data residency laws. Since Saabs models enable integrations with several 3rd party cloud-hosted software for shipping, forecasting, analytics, warehousing, accounting, project management, and more, every new integration poses a potential security breach. Therefore, making Saabs compliance a priority is key to reaching your business full potential. Why are Businesses Gravitating Towards Saabs Products? As we discussed, Saabs is becoming the go-to product for businesses, but what is the cause of this rapid adoption? For instance, why is the banking sector, traditionally accustomed to handling everything on-premise to ensure top-notch security, increasingly shifting towards Saabs vendors? For a better tomorrow- where humanity grows, where products are carefully curated, et

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## CISF-HCM-TEST-Dated-2023-02-12-Test NO.-7165

The sovereign approval route for retail trading and e-commerce of domestically produced food products. Among the primary industries in this sector are sugar, grains, edible oils, beverages, dairy products, fruits and vegetables, meat, and seafood. Because of their inherent capacity and understanding of plant ingredient processing, Indian processors have been encouraged to develop plant-based substitutes in recent years. Plant-based meat is currently available in grocery stores, hotels and restaurants, and on various e-commerce sites in India. Given the increased awareness of such products and the substantial growth in the urban population, these food products are likely to see healthy growth in India. Many Indian social media influencers and celebrities have played an important role in highlighting the importance of plant-based meat by investing in mock meat brands, and many more have become Vegan in the last few months. A rise in health-related issues, as well as the growing popularity of healthy alternatives, is boosting the future of plant-based meat in India. The market in India is he growing vegan population, technological advancements, rising cholesterol-related health concerns, and sustainability were the primary drivers of the plant-based meat market. A day in the life of a grassroots leader in Yavatmal who is committed to helping women become self-reliant and fostering community resilience against climate change. I am Prate Belle, a community resource person CRP for my village Marla in the Ghatanji block of Yavatmal district, Maharashtra. I am a single mother of two young children and shoulder multiple responsibilities, including being a parent, homemaker, and provider for my family. Ghatanji is in the drought-prone Vidarbha region an area characterised by agrarian distress, which affects rural livelihoods. This crisis has compounded over the years due to excessive use of chemicals, cash cropping, over extraction of groundwater, and degradation of forests. M

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But this started to change when a farmer named Santosh Ghotne showed interest in adopting these practices and asked for a demo. Realising the importance of practicing sustainable agriculture, he asked me to help him form a farmers group under the Panjabrao Deshmukh Jaivik Sheti Mission. We mobilised a few other farmers, and eventually formed and registered a group of 20 farmers in 2021, who now practise organic farming. These farmers have received organic pesticides and some equipment such as pumps, a tank for making organic pesticides at subsidised prices from the government. I have a very keen interest in sustainable agriculture, and I strive to encourage more farmers in the village to adopt sustainable, organic methods of cultivation. Since Yavatmal is drought-prone, we also need to think about how we manage water. For the past three years, I have been conducting the groundwater game and crop water budgeting exercise with community members to raise awareness about the importance of managing water resources. As a result of these activities, some farmers have switched from flood irrigation to sprinkler or drip irrigation, whereas some others have switched to less water-intensive crops or decreased the area under water-guzzling crops. In the evenings, I usually facilitate a meeting with women from the community. In these mahilasabhas, we discuss women concerns, along with other larger issues in the village. These spaces are extremely important because they allow women to share and discuss problems that might otherwise go unsaid and unheard. We also talk about how these issues can be raised in the gram sabras. I first started working with women through the SHG movement. Five years ago, I did not know what a self-help group was. My family did not allow me to join an SHG as it would have meant going out of the house to attend meetings, which were sometimes conducted at night. Out of curiosity, I spoke to a group of women who I knew were saving money through SHGs. As their group

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Session was scheduled for the sixth day after his passing. I put aside my sorrow and attended the training, and with my mother-in-law backing my decision, I did not care about other people opinions. Had I not taken up this opportunity, my future would have looked very different. Thus, I started working with MSRLM as the dog sakhi for my village in January 2020. My first task was to conduct a survey of all the enterprises in the village, such as small shops, eateries, and flour mills, to understand who runs them and how they are run. This was mainly done to analyses the needs of the village and help women get into entrepreneurship. Then, I formed a group of 14 small and marginal women farmers who were interested in running a business. These women received a loan of INR 2 lakh under the MSRLM programmer to kick start a farm-based enterprise. We decided to start selling vegetables, and would go to the local farmers market to understand the process of procurement and sale. Eventually, we established contact with some organic farmers from our own village and nearby villages who practise sustainable farming. With the support of MSRLM, which helped us get into a contract with a farmer producer organisation in Yavatmal, we managed to sell vegetables worth INR 35,500 in just a few days. This motivated us to continue making efforts to grow our enterprise. We decided to do farming on our own and used the remaining loan amount to lease four acres of land for community farming. In 2022, we have grown soybean using organic methods; we now plan to distribute the seeds to those farmers in the village who are willing to adopt organic farming practices instead of buying hybrid varieties of seeds from the market. I belong to the Kunai community, and traditionally our women are not allowed to step out of their houses. Now, many of them are members of SHGs and actively participate in gram sabras. I also encourage them to start their own livelihood enterprises and become financially indep



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## CISF-HCM-TEST-Dated-2023-02-13-Test NO.-7168

Two state parties the Aam Aadmi Party AAP having its government in Delhi and the Trinamool Congress TMC having its government in West Bengal are trying hard to expand their presence beyond their home states with an eye on the 2024 Lok Sabha election. Their hope is that in 2024, Indian voters might be looking for a national alternative to challenge the BJP as Congress electoral support may shrink further after various state assembly elections due in 2022. Five states go to the polls in the next couple of months and a few others by year end. Congress has not only lost power in many states, it has been relegated to the third and fourth position in populous states which send a large number of members to Parliament like Uttar Pradesh, Bihar, West Bengal, Andhra Pradesh and Tamil Nadu. Even in states where it remains the main opposition to BJP, especially in Hindi heartland states, it performed badly during the Lok Sabha elections, though it managed to win a few state assembly elections. Sensing the vacuum at the national level, both Mamata Banerjee and Arvind Kejriwal, perceived as gritty fighters, are trying hard to fill that space, having won their state assembly elections as incumbent parties by defeating the BJP quite convincingly. So who is ahead in this race for becoming at least No 3 at the national level AAP seems to have an advantage over TMC on account of two things. First, it has a wider electoral presence. This year, AAP is contesting elections in UP, Punjab, Uttarakhand and Goa. It is unlikely to contest in Manipur. Going by the current trend, AAP seems to be the front runner in the electoral race in Punjab and will be able to register its electoral presence both in Uttarakhand and Goa. Even in 2017, AAP won 20 assembly seats in Punjab and polled 24% votes. AAP is the only state party which is the ruling party in one state Delhi and has a sizable presence in another state. Electoral success in Punjab will help AAP in creating a popular perception of being a

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Kejriwal remain extremely popular in their own states, namely West Bengal and Delhi, Kejriwal popularity extends beyond Delhi to many Hindi speaking states and this could help his national ambitions. However, amongst leaders of non Congress, non BJP parties Mamata Banerjee may be more acceptable to lead the opposition against Modi at the national level. But just the personal popularity of Arvind Kejriwal and Mamata Banerjee can help the parties in their expansion plan, popular support is necessary, and equally important is local level leadership which parties need to expand their support bases. The ground looks fertile, but both political parties need to look for healthy saplings to be planted ice local level credible faces to take the party message forward and build a support base. When COVID 19 hit in early 2020, it affected every aspect of people lives. For many from the most marginalised sections of society, it meant loss of employment and lack of access to education, food, and the market, among other things. Farmers in rural India were dealing with a peculiar problem. They had their produce, but since markets were shut during the lockdown there was no place to sell. Further, many bank branches were closed and ATMs were far away. With restrictions on travel, cash was practically out of reach, which curtailed people buying power. Communities had to look for alternate modes of survival. One approach that some of them took was a return to the barter system a solution they were familiar with. People bartered perishable goods such as vegetables, kirana stores in villages provided essentials in exchange for wheat, and food grains became a currency to pay children tuition fees. Those who did not have goods offered physical labour in exchange. How did the transition happen Communities in rural India have been practising barter for centuries. In states such as Assam, where barter was extremely popular during the pandemic, it has been celebrated in the form of a fair calle

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Single transport vehicle from the village. A car goes from our village across Sivas agar district twice a week. It can be my car or anyone else from the locality. We collect goods from the various local stores and sell it to people at once, she adds. A resident of Chatty Thirukonam in Ariyalur district of Tamil Nadu, R Raja compares barter to debit and credit card payments that people in the cities use. He calls it an older form of cashless payment that rural communities returned to. New meanings of an old concept Nonprofits working in the livelihoods sector in rural India are aware of this well oiled barter machinery. This has allowed them to work with communities for their sustenance especially in spaces where income alone is not enough for survival. However, since barter is a localised form of exchange, the organisations have also had to develop a nuanced understanding of cultural contexts and histories. When Drishtee, a nonprofit that works with rural entrepreneurs, developed a mobile barter application during the pandemic, they chose Sivas agar district to start with. The nonprofit regional head of the Northeast, Paragdhar Konwar, said that it was a conscious decision considering the region history. Sivas agar was the capital of the Atom dynasty, which ruled Assam for six centuries. People here have followed the same age old practices, including that of barter, for a long time now. Nonprofits using barter during the pandemic found that it was particularly popular among low income households and women in rural India. As a result, there was pre existing community knowledge waiting to be harvested. Konwar adds, we told people that you will be continuing with the binimoy protha exchange tradition before explaining the renewed importance of barter during the pandemic. The mobile application was used by people in Assam to exchange rice for oil and ducks for chicken eggs and to avail tractor operated rice mill services when mills nearby were shutting down. For Goon, a

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Women in rural India. In cash poor regions, barter helps people meet their needs locally are it for immediate necessities, such as food grains, or a used smartphone. In cash poor regions, barter helps people meet their needs locally are it for immediate necessities, such as food grains, or a used smartphone. Additionally, barter is a viable way for local producers to sell their products. These are producers who cannot avail the benefits of e commerce platforms or access urban markets, which are driven by large production volumes, standardised packaging, and homogenised aesthetics. People have also used barter to work on community issues such as lack of water, sanitation, and infrastructure. Goonj, for instance, has used barter as a reward for labour. Villagers work on solving local problems on their own, and are rewarded in the form of goods that often travel from cities to them. Gupta says, typically people wait for access to a government scheme to address their local level problems. Meanwhile, there are unused materials in the city, for which there is demand in villages. The nonprofit connects these two. Gupta adds, just imagine a situation: You give a person a shirt and the next day you say, his is mine, he will say, yes, it is yours. But if a person is building a road or working on a water body for his village and you give him a shirt as a reward, he will say, it might be yours, but I have earned it. Barter opens up avenues for rural women who often do not have access to cash and markets. Satyan Mishra, co founder and managing director at Drishtee, says, Women who were earlier making things just for themselves saw barter as a big opportunity. They started exchanging hand made products for goods that they or their families wanted. In Varanasi, women were found bartering hair for goods. Monika Bordello, a resident of Dhekeria Gain, Sniper district, Assam, asserts that she will continue to barter whether or not there is a pandemic. She says, Women barter things they

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## CISF-HCM-TEST-Dated-2023-02-13-Test NO.-7172

India is totally unprepared to conduct digital elections. The third wave may have pushed the Election Commission of India ECI to place temporal restrictions on physical rallies, but this is no indication that we are ready to change the course of how elections should be conducted. While it is true that the penetration of the internet, and the use of smartphones, has increased in the last few years, there still exists a massive digital divide in India. A digital election means that the poor and the lower castes will be at a disadvantageous position compared to the urban, middle and richer classes, and the upper castes. The new diktat will also put the smaller and regional parties in a fix if election campaigns go entirely digital in reaching out to their electorate. To modernise, and revolutionise, the electoral process, it will require a lot more steps. First, the filing of nomination papers by online mode; second, campaign through online mode, and finally, online voting. At every stage of the election process, there seems to be challenges for going online, which India is completely unprepared to take on at this moment. Just like how we have to fill online applications to seek admission in schools and colleges, candidates will have to switch to online for filing their nomination papers. And, just as how bigger and more renowned schools are able to use online platforms effectively, while smaller schools, especially those in villages and smaller towns, suffer in getting applicants, a similar difficulty is bound to be encountered by candidates from smaller parties and candidates from rural locations with limited understanding of the medium. The ECI had first put a ban on physical rallies till January 15. After reviewing the situation, the ECI has extended this ban further, permitting political parties and candidates to engage only in online rallies for 2022 Assembly elections. But using entirely an online platform for campaigns is surely to the disadvantage of the smaller

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How voters from different social backgrounds use social media. For instance, Facebook was used by 35 voters belonging to upper castes 25 among OBC voters; 21 among voters from Dalit community and 19 among the voters from the Advice community. And about 41 upper caste voters used What Sapp 30 among OBCs, 25 among SCs, and 21 among Advises. Their presence on Twitter, however, was much smaller, even though the presence of voters from lower social classes was even less. Such a digital divide amongst voters from different communities will make the voting greatly uneven for voters from different social backgrounds. Ban on physical rallies should not bother political parties too much though. There are other avenues available for political parties and candidates for election campaigns. ECI has allowed door to door campaigning, with not more than five people at a time, including the candidate. Door to door campaigning has been an important mode of polling from the very beginning. In a changed situation, parties and candidates need to strengthen this mode of election campaigning. More groups should be formed to engage in more door to door campaigns. While big crowds at election rallies do help the party in creating a perception of its chances of winning election, it is important to note that these crowds are not necessarily an indicator of victory of the party as a sizeable number at these rallies are a hired crowd. And merely attending the rally does not mean that they would end up voting for the party of which they attended the rally. Some attend the rally as they want to see their leader, while others attend it for payment, and are even provided free transport to the venue. Essentially, all those who turn up to attend the rally do not vote for the party. So, a ban on physical rally will not as such affect the prospect of the party, which organises more rallies. Since the digital divide will work against them, they can minimise the blow by organising more door to door campai

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And Dalit other castes as against Hindustan caste but the underlying principle of social engineering remains the same. The idea that the community one was born into determines one ability to win the votes of different communities is completely normalised in Indian politics today. But ignoring the social and economic toll it is taking on the nation will only keep pushing up this toll painfully. Consider that the UP assembly sat for only 17 days in 2021, marginally better than 13 days in 2020. The pandemic has meant that pre existing weaknesses in the state health infrastructure have not put people through newer traumas, but neither this nor the related economic issues invited expanded attention from the legislature. Discussion of the performance of even those three fourths of BJP MLAs, who have been retained in the governing party first list, is sparse. Their identity is seen as having greater import than their work. Opposition parties too direct criticism of the government primarily in the identity politics framework. Achilles Yama in particular has been dangling the promise of a caste census as some sort of superglue for all the governance cracks in the state. A chilling data point is that UP had fewer employed people at the end of December 2021 than in December 2016. With job creation slowing nationally, it is not alone in this fate. But seeing the solution in divvying up jobs as well as educational seats by actual caste numbers is a complete failure of both common sense and policy imagination. Party honchos would say they are simply doing what wins elections. But this is a vicious circle where a neat wins because of his caste and then his self interest is in digging social divisions even deeper, with much greater granularity than religious polarisation. It is turning India into that strange country with affirmative action for the majority, but more quotas are a poor substitute for more jobs. And mind you, whoever forms the government will face a major trust defici

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## CISF-HCM-TEST-Dated-2023-02-13-Test NO.-7177

Costs at the individual level. Delhi government action will only put upward pressure on the costs of a couple of sectors without meaningfully altering the city air quality. Instead, the Delhi government should start by converting its own fleet into EVs. Investing in public transport, particularly buses, and charging stations will also help. When virtue signaling is used as a substitute for good policy, the price is borne by consumers. To illustrate, road transport minister Nitin Gadkari recently said that Go has prepared a draft notification to make a minimum of six airbags mandatory for vehicles carrying up to eight passengers. But about 81% of the 18.6 million vehicles sold annually are not four wheelers they are two wheelers. Plus, national highways that make up only 1.94% of India road network account for 35.7% of crash fatalities. The laudable intent of making most of our roads safer needs action elsewhere. The very best leaders are ones who can work within a system and change it. Good ones can cope, manipulating what they can and accepting that some things are just beyond their control. Accepting that something is impossible simply does not exist in Viral Kohli worldview. This is one of the reasons he will always go for a win, even if it means almost certain defeat in the process. There is no room for conservative thinking in Kohli cricket world. In the 1980s, coy end was the earliest formal lesson children received in the gender divide. Boys who broke the no yakking in class rule would be sent to the girls row. Though all children look so natural in the yak class that one can imagine them with fleecy hair and enormous horns and a stampede of yaks, only boys were bothered from their herd. And the separation hit them like a Kepi Dev. shot. Feeling of isolation among the girls plus puzzled envy from the boys brigade. Above all a kind of shame brought on by the giggly censure of their peers. Educational institutions did not enforce segregated seating. The children can



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## CISF-HCM-TEST-Dated-2023-02-13-Test NO.-7178

We were trolling all night. Male gaze is an academic construct but male glare is a social media phenomenon. This furious glare is provoked by women success, confidence, or assertion of rights. The masculine mode therefore becomes the message, which is, Stay in line. The line is held by the tolerance for item numbers, as if to say if you want to appear on TV you can pout and seduce archly, but don't you talk about patriarchy. Learning codes for developing apps is easy, but hard wired attitudes take updates only with a struggle. Classrooms circa 1980s are gone. Modern education perhaps even dissects misogyny. The Angry Boys must be taught that the word is no highfalutin Western concept. It is what happens when one of their own is called a nice item on an app. The third wave of Covid 19 pandemic is upon us. As we try to find a way out of all the resulting uncertainty, the words hardhat and abjure, faith and patience, frequently associated with Shirdi Sai Baba, come to our rescue. We often chance upon these two words painted on trucks, behind auto rickshaws and taxis as we fret and fume stuck helplessly in traffic jams. The last two years have seen Nature playing its mighty hand by consigning us all to a masking zone as it were, where all humankind has been forced to recalibrate and reevaluate. Just as we wear physical masks to protect ourselves from the virus, so too we can think of a metaphysical mask to protect against untrammelled greed and pursuit of material gains in a manner that widens the gulf between the haves and have nots. Pandemic, there have been times when Nature has forced us into a state of suspended animation, helping us capture the essence of living enshrined in endless actions characterized by kaya, dacha and mania body, speech and mind. In this state, the mind often rewinds and analyses situations that led us to this point in the first place. When the mind is somewhat freed from the pursuit of a fast paced life, certain thoughts, sayings and words come

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## CISF-HCM-TEST-Dated-2023-02-13-Test NO.-7179

Patient and humble and wait for the Divine Rishi to experience His grace. Saburi is also being tenacious and performing one karma as an offering to the guru without any expectations. Patience calms us. It infuses in us a sense of gratitude, happiness for others and the powers of discretion. It settles us and helps the mind focus with hyena and ekagrata, concentration. Patience leads to faith, and faith leads to patience. Say, as a Paramguru, lived his life to teach his seekers shraddha and sabra, two seemingly simple character traits but ones that encompass a universal understanding. He motivated us to walk the path with confidence and grit by cultivating shraddha and sabra. We are all hoping to de mask one day. When the time comes, let us guard against recidivism and de mask by surrendering ourselves to the stay vacant, truthful sayings of our gurus and sacred texts. These have been distilled after deep contemplation and sad Hana. India is gearing up for Amrita Mahotsava, but notwithstanding celebratory fervor, many conflicts within remain unresolved. The dominant mood being self laudatory, honest introspection is hardly the flavored the season. Even the United States of America, despite 245 years of independence, faces new set of challenges. So it would be appropriate for India to take objective reality check and formulate requisite conflict resolution templates. Conflict resolution is conceptualised as combination of methods, structures and processes, involved in peaceful ending of conflict. The common strategies recommended are, firstly, in hard power domain, avoidance back burner approach and quelling. Secondly, in soft power realm, yielding, conciliation, co operation and competitive coexistence. My recommendation is for smart power strategy entailing focused minimal application of hard power, combined with soft power. The foremost requirement is to craft a win strategy, based on building long term trust. Unfortunately, most often, parties to conflict, notably

## CISF-HCM-TEST-Dated-2023-02-13-Test NO.-7180

Average Indian household income in the US by 2021 data is \$123700 making Indians the highest earning ethnic group. In the UK, Canada, Australia, New Zealand and many western European countries, Indians are in the top earning groups. A 2012 estimate said total wealth of the Indian diaspora was one trillion dollars. But that estimate likely left out wealth of millions of people of Indian origin, who did not directly migrate from India. That why there a large difference between the size of the Indian diaspora, around 18 million, as estimated by agencies like World Bank and UN and MEA estimate of around 32 million. Therefore, when one considers the larger count of Indians abroad, around 32 million, the total wealth held by them ten years back may have been around \$2 trillion. And now, ten years later, given quite a few bull runs in global stock markets, given that land values are going up constantly, and given rising incomes of Indians abroad, their total wealth may well be around \$4 trillion. And even this may be an underestimate because every year 2.5 million Indians migrate. If we take that into account and add the total income earned by Indians abroad, it not unlikely that there already a \$ 5 trillion powerhouse out in the world manned by Indians. Meaty appointment as the nodal ministry for the online gaming industry promises to usher in a new era of growth for the industry. As the laws around the industry evolve to support the unprecedented progress that the industry has seen, legislative intent is now in consonance with the judicial precedence to keep the industry on its arc of progress. With this, we can see the potential to make India a gaming superpower. The draft rules proposed by the ministry do a great job of promoting responsible growth for an industry otherwise marred by an uncertain policy environment. They suggest a list of stringent due diligences to be carried out by the operating platforms to establish a robust mechanism of governance. With the proposa

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The SRB, by preferring an appeal. In consonance with the Rules, this quasi judicial body should necessarily be constituted, among others, with a judicial member who is a retired judge from the Supreme Court or the High Courts, and a technical member, with expertise on the subject matter. This appellate authority, in addition to being the third tier for dispute resolution, will also need to be instrumental in providing the necessary government oversight to the operation of SRBs. In pursuit of this goal, this Grievance Appellate Committee needs to closely observe and audit the functions of the SRB in addition to time bound resolution of complaints. In a consultative capacity with government agencies before initiation of action against a registered platform or game, this appellate authority also needs to provide guidance to SRBs in registering compliant games. As the next tier of dispute resolution, this appellate authority should also be empowered to address grievances by way of notices and advisories to SRBs and where required, even issue a cancellation of the SRB, in cases of non compliance. While the Draft Rules bring the promise of a stable regulatory regime for the industry, a more comprehensive approach of defining provisions for setting up a Grievance Appellate Committee will go a long way in solidifying the positive impact of the steps taken by the government. A necessary parameter for government oversight of the SRBs, these proposed rules would complement the legislative intent for the Centre in its unrelenting efforts for integrating the online gaming industry with a governing mechanism aligned to ensuring a responsible gaming industry and protecting the interests of consumers. In an era of digital designs, graphic printing and fast fashion the essence of real craftsmanship is a treasure. The very process of creating intricate designs that starts with the act of putting a thread through the needle to weave in the fabric consistently is heartwarming. It makes

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## CISF-HCM-TEST-Dated-2023-02-13-Test NO.-7184

Foreign exchange for the country while helping preserve the country cultural heritage. Every cloth and handicraft product you come across has a story about the craftsman passion or inspiration for making it. It is imperative to preserve the rich art of our traditions, heritage, and culture, as well as traditional skills and talents associated with people lifestyles and histories. Apart from their unparalleled importance and contribution to our culture, these artisans are responsible for keeping us rooted and connected to the ways and diverse traditions that India offers. The art and skills have been successfully leveraged to pump foreign exchange and put the Indian fashion industry on the world map in a remarkable manner. It is unfortunate to see that the fashion industry so far has been unorganized when it comes to artisans and craftsmen. The re introduction of treasured arts like Ajrakh, Kalamkari, Block printing and Bandhani have given new hope to revolutionize the fashion industry by making people aware of the importance of every aspect that goes into building these beautiful outfits. Skilled craftsmen must be compensated marginally to value their work and effort. Though the focal point of this debate remains in the uncertainty of what a base level laborer is paid for an outfit that is displayed in high end studios. This sector is still trying to organize its structure. The ray of hope is the emergence of sustainable labels that are bringing this issue to the forefront and are proactively advocating for artists and craftsmen of the industry. Slowly but a change is seen. There was an Old Man with a beard, who said, it is just as I feared Two Owls and a Hen Four Larks and a Wren, have all built their nests in my beard. The Book of Nonsense (1846), Edward Lear Students of semiotics may well ponder as to why Rahul Gandhi, longstanding heir apparent of the Congress, has transformed himself into what might be called the hair apparent by growing a beard that would not b

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Sigmund Freud, Tolstoy to Tagore. To attest that the hairs on the chinny chin chin are not to be taken lightly is the mission of Britain Beard Liberation Front (BLF), which was founded in 1995 by left wing historian Keith Flett, and which campaigns against what it claims is pogonophobic discrimination, a prejudicial aversion to beards of all kinds from Van Dykes to the Full Monty Santa Claus and asserts the rights of pogonophiles who sport such growths for reasons of faith or fashion. Among its other activities, BLF hosts the Beard of the Year Award, an event keenly watched, and contested, by those who stand for might and mane, and bristle at any attempt to impose upon them what they perceive to be bare faced tyranny. Such divertissements aside, BLF has successfully opposed the dismissal of a fireman, who d been suspended because he refused to shave his goatee, which his superiors believed would be an impediment to the donning of the mandatory face mask when literally facing the heat. BLF also championed the cause of workers of an international oil company who d been laid off on similar grounds. BLF has participated in May Day rallies with a mass beard waggle as a protest against the waste of natural resources involved in the production of shaving accessories like brushes and blades. It took up the cause of Sean Connery, claiming that he d been denied a knighthood because he wore a beard, though the licensed to thrill Bondsman himself surmised that the honor had not been accorded to him probably for his professed support of Scottish separatism which, however, did not prove an obstacle when he was given the title in 2000. While it not known if Rahul is cognisant of BLF, closer to home the Congress leader has many to show him solidarity, not the least of which is the Bharat Beard Club which, in 2021, celebrated No Shave November, and organised the Beard and Moustache Championship in Gorgon, which featured over 150 competitors from all over the country vying for prizes

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Government linguistic states had to be accepted, which nurture seeds of conflicts. The decades of 60s and 70s were dominated by external conflicts of 1962, 65 and 71. These conflicts and skillful leveraging by Shari and Indira Gandhi with slogans like Jai Jawing Jai Kinas transformed them to people war. They played significant cementing role in our troubled journey of forging nation hood. Two festering fault lines, left wing extremism LWE and Naga insurgency owe their origin to this period. LWE started in Nix labara and despite being quelled by the Army, kept simmering to manifest again in the 90s. Proxy war, often understood to be synonymous with Kashmir and Khalistan, in fact was initiated with China and East Pakistan, providing sanctuary to Naga rebels inflat 50s. Notable silver linings are resolution of Miso and Punjab insurgencies. The former was classic application of smart power of cooption by putting Ladling in charge. The same has been tried in less critical situations, like Gorkhaland and All Assam Students Union movements, where Sub ash Greasing and Paula Mohandas were mainstreamed. Ironically, all such leaders, when placed at helmhavefailed tofulfil aspirations, getting consigned to oblivion. Nagaland remains the Gordian knot, defying solution despite passing away of two Kaplan and Isaac Swum, out of three musketeers, as Micah continues to hold out. De jure mainstreaming of National Socialist Council of Nagaland IM remains the key, currently insurgents are enjoying de facto powers with rampant extortion. Punjab is the only example of hard power solution, albeit combined with support of society. It is also unique because unlike other problems, state police was empowered and Army remained in the background. It is a pity that despite massive expansion of Central Armed Police Forces and the state police, including specialised battalions and intelligence agencies, we remain hesitant to empower Khaki, heavily relying on Armed Forces. The unfortunate re

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Rahul Gandhi famously remarked in 2013, when UPA was in office and few could have gauged Congress dramatic decline since, If India is a computer, then Congress is its default programmer. What he meant was that even if non Congress governments came to office, they would follow programmers and policies whose template had already been set by Congress. Circa 2022, it times to revise that statement. Indian politics has been thoroughly overhauled in a decade, and its operating system is no longer a Congress OS but a BJP OS. Non BJP parties, too, have adopted a language and approach that resemble BJP. Take, for instance, something that Rahul himself said recently that India is a Hindu nation. A statement like this would have been inconceivable from the mouth of any Congressperson a decade ago. The first two Covid waves saw Indian students suffering one of the longest school closures in the world, and now Omicron has pushed them back into a chaotic patchwork of schools open or closed per different state regulations. Our authorities cite protecting children as their most unbending priority. Do countries who have gone the extra mile to continue physical classes care about their children any less, or about educational outcomes more And remember, under 18 vaccination has been initiated here a year after Israel, nine months after the US, and six months after the UK. Within 13 days of vaccination opening to the 15 17 age group, 45 of this 7.4 core strong cohort have got their first dose. Next, it will be the turn of the 12 14 group, which is estimated to be similarly numbered at 7.12 core. NTAGI chairman NK Aurora has indicated that only when double dosing of the first group is completed, will vaccination open for the second group around February end or early March. By this kind of timeline, many of the 16.2 core children aged 5 11 years, whose development is most fundamentally impacted by school closures and for whom no vaccine is authorised yet, will be waiting for vaccines well



## CISF-HCM-TEST-Dated-2023-02-14-Test NO.-7188

A medley of issues that animate ground level campaigning in elections. Headlines, on the other hand, generally focus on caste, religion and defections. Important as the latter are, post poll surveys show that economic matters never disappear. They do influence voting patterns. Two overarching economic issues are likely to figure in the forthcoming assembly elections. Inflation has been at elevated levels for a while and the economic recovery has been uneven. How it plays out in each state will vary as there are sharp differences among them. The relief for incumbent governments is that the sequential momentum between October-December in the consumer price index is insignificant. For sure, India year on year inflation rate in December was 5.59, closer to RBI 6 upper limit of tolerance. But sequential momentum is often what sticks in the minds of voters. Among the five states due to vote, UP and Uttarakhand recorded an inflation rate in December of 5.65 and 5.82 respectively. It was below national average in the other three states, with Manipur recording inflation of just 1.05. The electoral impact of inflation in an economy with tepid demand will be influenced by the existing level of poverty in a state. Here, UP is the outlier with a poverty ratio of 37.79 according to Nitti Analog multidimensional poverty index score. Manipur and Uttarakhand have a poverty ratio of 17.89 and 17.72 respectively. Goa and Punjab are outliers as they are among a tiny cohort with a poverty ratio below 10. In a country where the median age is less than 30, both the availability of jobs and their quality matter. CMIE employment data shows that Goa is the worst performer here with an unemployment rate of 12 when the national average is 7. Punjab, Uttarakhand and UP have unemployment rates below the national average, with UP recording the lowest among the election bound states at 4.9. The individual data points may not be the highlight of campaign rhetoric but their combined impact on the vot

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Left for two kilometers and I am staying left because you do not argue with her and in some way you do not want to offend her. Then she says keep left, keep left and in five hundred meters take the second right and now I am all confused like do I stay left or do I go right, what am I supposed to do, it is like the meters are running out, cars are honking, somebody help me, so obviously I miss the second right and now there is silence on the app like she has given up on me. After agonizing silence she comes on again, go straight for two kilometers stay left, stay left. No change in the voice, no recrimination for not turning into the second right, you would expect some sort of inflection, like you stupid dimwit, you think I have all day, did you hear me, I said second right five hundred meters before, were you listening. At least then I can apologies but there is just no tonal change. Now I am worried she thinks less of me and I have to make up so now I will stay super left for the rest of the two kilometers and be a good boy and now she is saying, in three hundred meters take the fourth exit at the roundabout and the roundabout looms and it has more exits than an octopus has tentacles and I am counting one, two, three, four, and then I have done it, smack, right dab into four. Now she is saying go eight hundred meters then take a right onto Abrader Shah Afar Margi and because her accent is way out it comes off as Bidder shay safer mag and naturally by the time I get my act together BSZM has flashed past and then she does the dirty again. She lapses into total silence. Come on girl, talk to me, I am desperately lost, I want to hear you. Nothing. Not a peep and you are now desolate. Pooh she is back, you are drenched with gratitude, now she saying go straight for three kilometers, then take the third right, keep left, keep left. Finally, after much trial and error you hear the magic words, you will reach your destination in 200 meters followed by you have reached your

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Body relationships, position, religion, nationality everything for which we said I, truth is it is my. They are all mine, but they are not I. Then, who am I am the energy that thinks, decides, comes into words and action through my body to create my relationships and achieve my goals. It is I who does it all. I the energy, a pure consent being, we can call it consciousness, light, power, spirit, or the soul. I the soul am the actor playing different roles and the physical body is my costume. Nature of the soul every soul is originally an embodiment of seven qualities: Purity, peace, love, happiness, power, wisdom and bliss. These attributes are ever present in us. Understanding the truth of our identity, of being a Soul, changes how we perceive ourselves, and the world around us. A little awareness enables us to experience soul consciousness in every scene. When we are ego conscious, we believe our self to be a body, role, position and a relationship and then we look for peace, happiness, love, and power in them. We want to achieve or buy happiness, seek love from people, power in positions and peace in places. When we live in the awareness of being a pure, peaceful, lovely and happy soul, we experience these feelings while playing our roles. We then become givers of peace, love and happiness to the world. These feelings convey who we are, not what we want. Visualize a scene at the office. Within 10 minutes you meet four people security guard at the gate, receptionist at the desk, colleagues at the workstations, CEO in his cabin. If your behavior changed four times in 10 minutes, then you were a role connecting to their roles. Enter the same office as a pure soul, your courtesies will be according to their roles, but your respect will be the same for all, because you are a soul connecting to another soul. Not superior or inferior to anyone. The shift from ego consciousness to soul consciousness can certainly be considered as a healing process spiritual, mental and emot

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Developed my own view of how ecosystem could evolve and what can augment it. This sector has ability to satiate all sorts of ambition philanthropic and for profit; yield immediate returns or returns on long term patient capital. One has to find their spot and choose the play and stick to it, while being innovative and agile in their approach. The sector can be divided into 2 key core components real estate and care Real Estate (Senior Housing) India is seeing a growing demand for Independent Living or what is fast becoming Community of Seniors living together. The Target population is the baby boomers who have lived an independent life and would prefer to continue doing so. Real Estate projects especially targeted for such seniors across the mid and high segment income can hope for immediate returns on a for sale model. Senior Care Senior Care is the long term play. Elderly need empathy and care, the need of which only grows as one gets older. With increased care needs a well structured environment can contribute immensely to quality of life and decreased burden on acute health care infrastructure. It important to have differentiated expertise of care in various care settings i.e. at home or institutionalized care. Expertise includes Memory Care, Long Term Care, Assisted Care or as basic as Social Engagement. Adult Day Care for Social and active meaningful engagement is another key service from a care perspective. This expertise supplemented with Rehabilitation (Occupational Therapy, Speech Therapy and Physical Therapy) especially post surgery post event can contribute significantly to overall happiness and wellbeing of seniors. The term rehabilitation is often misinterpreted and underrated. Senior Rehabilitation stands for ensuring the best possible and independent dependent life of a senior citizen. Sub Acute Care Services and Rehabilitation are the key to a well cared for senior population. Institutionalized care is an opportunity to explore via the Real Estate ro

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Lives in their senior years. Summarily a sustainable ecosystem for seniors in India would require strong collaboration between different industry players from the real estate sector, home care sector and care providers. Affordable and accessible care for seniors should gain its due importance and place in the national policy framework. The senior care industry needs to focus on outcome measures especially while catering to the needs of the geriatric population. The outcome must be shared among all care providers through the continuum of care, and promotion of value based care with positive outcomes will result in greater effectiveness and efficiency in delivering quality care to support holistic wellness. So, if India aims to create a robust eldercare ecosystem, a holistic policy framework needs to be put in place at the earliest. The need of the hour is to enable the right policy with an aim to inculcate the use of positive and respectful messaging. This can go a long way in terms of ensuring later generations adopt a more positive and respectful outlook towards senior citizens. A strong policy framework, mechanisms for financing of care and an elder welfare ecosystem involving both in the public and private sector can help the Indian elders live a healthy and enriching life in their silver years. Union Home Minister has recently written a letter to stakeholders including the Chief Justice of India, Members of Parliament and Chief Ministers of various states for a comprehensive review of India criminal laws (primarily Indian Penal Code (IPC), the Code of Criminal Procedure (Carp) and the Indian Evidence Act) to create a people centric legal structure. The letter written on the year end of 2021 coming from the Home Minister seeks suggestions also from the Chief Justices of High Courts, Administrators of Union Territories, Bar Councils and law universities. While sharing the Central Government commitment to ensure speedy justice to all the citizens of India, especial

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## CISF-HCM-TEST-Dated-2023-02-14-Test NO.-7195

By the British was not to maintain public order in the society but to expand the territories in India. The ruling establishment we have now has fortunately public welfare as the highest priority and for that the way we look at crime needs a fresh look. Moreover, the society has evolved itself in past 150 years. The crime in 1860 and the crime in 2022 vary monumentally. The rapid increase in financial crimes in last few years requires a better mechanism in the IPC to deal with it and to equip itself to deter such crimes. Similarly, the Indian Evidence Act is of 1872. The way evidence is collected, analyzed, annexed in charge sheets, preserved, exhibited and produced has seen gradual change. Although necessary amendments have been made from time to time including bringing in electronic evidence etc. but still a complete thorough change establishment we have now has fortunately public welfare as the highest priority and for that the way we look at crime needs a fresh look. Moreover, the society has evolved itself in past 150 years is required. With new investigative tools such as DNA, Brain mapping, lie detector tests, updated forensics, latest ballistics etc., the evidence which is collected and presented in court for trial has seen a huge change. The Evidence Act thus deserves to be updated to suit present and future requirements. The Code of Criminal Procedure, 1973 lays down the procedural aspects of conducting investigation and consequent trial of accused until conviction and appeals. Prior to the 1973 law, we had the Criminal Procedure Code, 1898 which warranted to be revised. In past around 50 years, there are many judicial precedents which have interpreted various provisions of Carps and which now deserve to find a place in the text book of the Code itself. One such important example is that of a Protest Petition which is to be filed by the complainant in cases where the police file a closure report instead of charge sheet against accused. This does not yet find

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## CISF-HCM-TEST-Dated-2023-02-14-Test NO.-7196

International practical experience is evident that Pak is inching to economically collapses nation or bankrupts economy, however, it happened, when would has provide safe sanctuary to most wanted terrorists of the globe? Door of liberal world has closed for Pak; is inching to merge in authoritarian rule, however it is not new for Pak, as has already witness military Coup sync Myanmar and African countries. It is significant to refresh the memory here that father of the nation Muhammad Ali Jinnah would never dream such type of Pak, which has stroked hard of his legacy, and turned pseudo setup. In the contest, however India has registered a slow pace growth of economy, but remain stuck to democratic setup, exception of the Emergency period. In is secular state, India used to accommodating asylum seekers of surrounding counties, despite its natural resources has developed crack at ridge however is proud. More Indians than Pakistanis have been excited about Pakistan newly written first National Security Policy NSP. Seven years in the making, the document spanned the Nawaz Sharif years as well as Imran Khan Tenure, as well as two Narendra Modi governments in India. Much has changed in the subcontinent in these seven years. Pakistan strategic position has undergone radical changes as it has moved from being a US ally to a premier Chinese ally and a Taliban liberator. Its geoeconomic imperatives have occasionally run alarm bells in many capitals, but Pakistan has lurched from being a serial IMF offender to a juggler of China Saudi UAE bailouts and deferred payments. Ban on physical rallies should not bother political parties too much though. There are other avenues available for political parties and candidates for election campaigns. ECI has allowed door to door campaigning, with not more than five people at a time, including the candidate. Door to door campaigning has been an important mode of polling from the very beginning. In a changed situation, parties and candidates

## CISF-HCM-TEST-Dated-2023-02-14-Test NO.-7197

Oxfam International and its India unit recently brought out two separate reports on the same subject, inequality. It a politically salient topic and understandably generates debate. However, the suggestions in Oxfam reports don capture the nuances of the problem and, therefore, their solutions are unworkable. None of this is to suggest that concentration of economic wealth is good. An economy in the grip of oligarchs will stagnate and shut off opportunities for everyone. The issue, however, requires parsing. Oxfam has followed a popular approach to measuring inequality. It has used wealth, not income, as the yardstick. This approach is lopsided as it tilts towards using the market value of financial assets which fluctuate almost every minute. Oxfam India has made three suggestions in this context. One is to ask for better measurements and more regular ones. Good quality statistics are public good and go needs to raise its game here. The other two suggestions pertain to taxation. Oxfam asks for a wealth tax and a temporary 1 surcharge on the richest 10. It in the area of neither taxation that the suggestions consider neither the trade offs involved nor India history with wealth tax. India did levy a wealth tax. It was abolished in the 2015 Union Budget. It was a feel good tax with no meaningful impact. To illustrate, in its last year 2015 16, Go could raise only Rest 1,079 core as wealth tax. That is, just Rest 1.4 for every Rest 1,000 that accrued through direct taxes. To compensate for its abolition, a surcharge on incomes above Rest 1 core was levied. There are practical difficulties in taxing wealth, which has also been influenced by more than a decade of loose monetary policies of major central banks that are trying to boost economic growth. What really matters is economic growth and the creation of pathways to economic mobility. Post 1991, the rise in India economic growth lifted millions out of poverty even as inequality widened. Economic growth is indispensabl



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## CISF-HCM-TEST-Dated-2023-02-14-Test NO.-7198

The introduction of the National Education Policy 2020 in India has brought the importance of art integration in the school curriculum to the forefront of the educational discourse. Despite the fact that design is an integral part of our daily lives, with design permeating all aspects of our existence, many schools still view it as a low priority subject and do not offer it to students. However, the implementation of design education in schools can have a profound impact on students analytical and thinking skills, as well as their emotional intelligence. Design thinking is a human centered process that involves empathizing with users, defining problems, generating ideas, prototyping, and testing. By learning design thinking at an early age, children can learn how to become effective problem solvers and communicators. Design education not only develops one applied intelligence but also the emotional aspect of life. The five step process of design thinking starts with empathy, which is the cornerstone of the design process. Understanding the user and having empathy for their needs, problems, and wishes is essential to the design process. The National Education Policy 2020 aims to introduce art integration in core subjects such as mathematics, physics, and history, among others. This is a commendable and welcomed step, as it allows students to explore these subjects creatively and integrate a holistic approach in education. However, the implementation of this policy is a concern, as many parents and teachers are unaware of design education. Developing basic art skills in students in grades 7 10 is of prime importance to help learn core subjects through art integrated activities. Indian school pedagogy has so far operated in a fashion that is fast becoming obsolete. All subjects are taught in isolation, with little real world or applied approach making subjects like mathematics and physics extremely difficult to grasp for many students. Art integration breaks that barrie

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## CISF-HCM-TEST-Dated-2023-02-14-Test NO.-7201

A concern, as many parents and teachers are unaware of design education. It is essential to change our education mindset and teaching methods to allow children to develop their full potential and create value and solve problems of the future. India has made significant strides in recent years in terms of economic growth and technological advancement. However, there is still a long way to go in terms of becoming a major player in the global research and development (R&D) landscape. The challenges on the way, although daunting, can be overpowered if we get our act together. It is imperative to know the challenges if we are to look for solutions. India share of R&D spending with respect to its global counterparts has been and continues to be abysmal. The contrast other than in the spending numbers also lies in the nature of funding. While scientifically advanced nations rely on funds, for R&D, from private organisations and corporations as well, R&D in India has for decades been purely state funded. Because of this, funds are limited to only early stage techs and innovations. Even though the government has increased its R&D spending in recent years, we still lag behind other major economies such as China and the United States. We need to increase R&D spending to at least 2% of GDP, in line with the global average. An increase in public funding of R&D will spur private spending as well, as there is a direct correlation between public and private funding in R&D. Since a coordinated effort between academia and industry remains absent and research & development activities in India have purely been associated with academia, only a handful of innovations find their way to the mainstream or commercialisation. This results in a very slow rate of technology adoption if not the collapse of innovations at the lab level and after a certain period of time researchers are happy with just publishing papers. The subtext here is that although the government can encourage the private sec

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## CISF-HCM-TEST-Dated-2023-02-14-Test NO.-7202

In a co creation model where private industry players and researchers can collaborate to either get technology transfers or create a mechanism where homegrown technologies keep getting adopted and innovations are brought from labs to market. Industry players would eventually have to increase their own R&D spending but till that happens, they can play a pivotal role in the creation and adoption of mid TRL (Technology Readiness Levels) technologies. Any larger effort is incomplete without the participation of the masses. There are many pressing concerns like air pollution, waste management, water security, etc., the solutions for which are beyond the scope of science and technology interventions alone and require larger socio economic models. Community engagement and awareness drives bring the solutions closer to implementation and all the stakeholders together. However, such models need to have an end objective aligning or in conjunction with the vision and operating mechanisms of local government bodies. India is brimming with untapped potential. Sufficient funding coupled with a larger participatory model can turn India into a global powerhouse of cutting edge technologies. Innovations that remain on paper imply only good intentions. What we as a nation need is substantial groundwork propelling innovations from the paper to the people. Our collaborative efforts are what will get us to an Atmanirbhar Bharat. The sooner we discern this, the faster our transition to a developed economy will be. As G20 president, India has listed 3 healthcare priorities recently: tackling health emergencies, strengthening the pharmaceutical sector to improve access and availability of medical countermeasures, and digital innovations for universal health coverage (UHC) for all. These priorities, in a sense, reflect the great strides that the country has made in both therapeutics and universal healthcare coverage in recent years as well as the growth opportunities and threats that lie ahe

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## CISF-HCM-TEST-Dated-2023-02-15-Test NO.-7203

Epidemic therefore, restricting or denying access to public transport or to marketplaces, malls, places of work and worship is justifiable whether done by government or private bodies. Same goes for vaccine mandates for government staff and government schoolteachers. But it is wholly another matter when vaccination status is linked to welfare benefits. Madhya Pradesh linked PDS rations to vaccination and Kerala health department had directed government hospitals to withhold free Covid treatment to unvaccinated patients. A poor person right to PDS rations poses little threat to public health. Denial of food rations to poor households is a terrible outcome that can be justified on any ground. Government duty to protect every human life can be located in the right to life under Article 21, some scholars argue. But more than that, denying poor citizens free treatment is a travesty of state basic duties. A better off citizen who unvaccinated can access private healthcare. Basic test of humaneness therefore says a low income Indian can be denied public healthcare. India pool of unvaccinated plus partially vaccinated is worryingly large, and states are right to be concerned. But they should keep welfare benefits out of the equation. And, most important, they must do a lot more to convince zero dozers and one dozers to get those jobs. This should now include serious plans about taking vaccines to the people. Punjab, which faces uncertainty with five cornered assembly elections, has usually remained an outlier to the national trend, especially as seen in the cow belt states. Because the roots of Punjab different political behavior are religious and social, its social dynamics, communal and caste issues can be seen through the prism of any other state or prisms standardized in Delhi. Seven decades before Channel Long before Charanjit Singh Channel became its first scheduled caste Sikh chief minister, the state had its first leader of opposition in an illustrious SC Sikh, Goal

## CISF-HCM-TEST-Dated-2023-02-15-Test NO.-7204

Them No why not because you can get a booster only 39 weeks after your second shot. Evidence suggests that immunity begins to wear off between six and eight months after the second dose. So why, in India, whose national vaccination programmer is being billed as the biggest in the world, should people who want the booster have to wait for 39 weeks, almost 10 months, when vaccines are being wasted How was the figure of 39 arrived at Does it have something to do with numerology Is it an auspicious number Does it reflect the collective IQ of the Powers That Be Hush! Don ask, it a secret. In its enigmatic workings the starker has a lot of secrets, vaccines apart. The Food Corporation of India keeps itself as busy as a brace of beavers, applying itself to secure food grains at the Minimum Support Price, which was central to the recent farmers agitation. So what happens to all this food According to a UN report, 40 of all food collected in India is wasted, destroyed by vermin or weather. An Indian agricultural research body reports that every year 67 million tons of food is wasted, enough to feed all of Bihar for a year. So why is the wasted food distributed to end rampant malnutrition in the country Don ask, it a secret. Knowledge is said to be power. So, implicitly, lack of knowledge is powerlessness. Why is the voter who puts the government in power left powerless by the government in so many things Don ask, it a secret. Based on our experience of the past two years, there is one lesson we can definitely carry into 2022: that the need of the hour is a conscious planet. The pandemic has established that the virus spares no one. We are, whether we like it or not, one planet. If we are conscious, we can ride this tumult with minimal damage; if we are compulsive, we will pay a huge price. Some may consider it morbid, but, as a guru, I am always reminding people of their mortality. Why because you don become spiritual by praying, by going to temples, mosques and churches; you

## CISF-HCM-TEST-Dated-2023-02-15-Test NO.-7205

Politicians and mathematical formulae may seem like strange bedfellows. But in the run up to 2022 UP polls, every day brings a new equation. Chief minister Yogi Adityanath recently said the UP battle was a clash between 80 and 20, only to be countered by his own estranged minister and Samajwadi Party latest catch, OBC leader Swami Prasad Maurya who said that the election will be fought between 85 and 15. The references are obvious: While for the saffron clad CM elections are essentially a majoritarian face off between majority Hindus and minority Muslims, Maurya would have us believe that this time UP will see a forward caste vest backward caste battle. Put simply, UP politics is returning to the 1990s Mandir vest Mandal tussle, although this time the identities at play are far more complex. Two independent proceedings in the Supreme Court have brought the state of India statistical system into focus. The sharp divergence between some states official Covid toll and the higher number of compensation claims accepted by them has raised questions on India mortality statistics. In a similar fashion, the apex court questions directed at Gol on starvation deaths, while hearing a plea for a national policy on community kitchens, point to an unsatisfactory state of affairs. India had an early start in collating vital statistics of the population. The process began in the 19th century. Later, in 1969, recording of these details was made mandatory through statutory backing. The Civil Registration System CRS is overseen by Gol but run by states. It aims to be a comprehensive database on births and deaths, but the quality varies sharply across states. CRS 2019, the last available one, estimates India had 8.3 million deaths, of which 92 were registered. Over time, there has been progress in registering births and deaths. However, when it comes to medically certified deaths, India regressed even before the pandemic. Only 20.7 of the registered deaths in 2019 were medically certifi

## CISF-HCM-TEST-Dated-2023-02-15-Test NO.-7206

Part of building credibility. Violating it casts a shadow of doubt on the entire effort of India statistical apparatus. Policies need to be based on evidence. Here, India risks getting left behind if GoI and states don't get it together. The Supreme Court warning that the Maharashtra assembly suspension of 12 BJP MLAs for one year represents a danger to democracy has a much wider resonance. Suspensions are now all too frequent, irrespective of party. Citing statutory parallels like Election Commission having to conduct polls within six months of a seat falling vacant, SC suggested suspensions should be longer. SC also noted that since suspensions are aimed at ensuring smooth conduct of House business, extending them beyond the ongoing session would be irrational. The SC bench was especially worried about governments with slender majority misusing this provision. But intolerance to dissent is the bigger malaise. Last month, 11 BJP MLAs were suspended in Chhattisgarh. And 12 Raja Sabah members were suspended in the winter session for alleged misbehavior during the monsoon session. It served no purpose in mitigating disruptions or bridging the political divide. The opposition complained the action contravened House business rules, which only allowed for suspension for the remainder of the session, not for the next session. Disinclination of treasury benches to debate issues inconvenient to governments and opposition insistence on the same have ruptured parliamentary protocols leading to frequent bedlam and, of late, intemperate conduct. Presiding officers are responsible for ensuring government legislative business is transacted smoothly with keen House participation. For the twain to meet, they need to eschew partisan conduct. But that's tough given the maximalist tendency of contemporary politics. SC is signaling that suspensions must be kept short and preferably for only the ongoing session. Given that blame for disruptions lies on all fronts, using suspension as a puni

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## CISF-HCM-TEST-Dated-2023-02-15-Test NO.-7207

Be \$5 trillion by FY25, sit at global high tables, conquer space, claim the 21st century, but Indian elections will always be stoned on primitive caste. However, we notably also have the Other Backless Class, where women orbit the celebverse in barely there swag along with manicured men exuding Guerin Orchid Imperial. These are the twice born, not the once bonded. So they can afford to look down on the lowly OBCs from penthouse and private jets. But are they really from another planet After all, only one letter separates this alpha lot from the Dali they own and the Dalit they disdain. Consider these factors. One, social engineering is the party game during elections. The Other Backless Class is doing it all the time at all its parties, networking towards the killer deal. Yes, political parties pay lip service to the social contract; our OBC lubricates social contacts. Two, the Other Backless Class too has a more privileged layer, as creamy as its night routine. Three, poll ethical OBCs have triangular tie ups; this one has a Bermuda shorts triangle, Willington Club Alibi Bora Bora. Well, what about us, Parses, whose ivory shouldered Avgas flash backless blouses at the drop of a strap Alas that is enough for membership to this exclusive OBC. Like that dhobi dog, we belong neither here nor out there among the electorally feted OBCs. Being a muscularity, we were always invisible to the naked eye in of nets. Now, we vet been triply tales end from the current political reality. We are not hurrahd as Hindu, mauled as Muslim or showered with Backward tickets. Burdened by a lack of jail, we form our own OBC: Outlier Biwa Caste away. The Book of Genesis begins with an account of how the universe came into being. The Spirit of God was the Prime Being who preexisted the universe. Nothing else was in existence. All was formless, empty and dark, probably a black hole of dense energy. We come to know certain facts about God as we read through the first chapter. God had tremendou



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## CISF-HCM-TEST-Dated-2023-02-15-Test NO.-7208

Big and small. From a number of these whirling stars, burning masses separated and whirled and cooled, probably over millions of years, and began to revolve around their mother body turning into the stars planets. Planets from a star family as home for His beloved child, the human being, and began to set it up to be his fitting habitation. The planet to be named the Earth had mountains, land and waters. God made plants and trees, grass and flowers appear everywhere. They could produce seeds through which they proliferated. The animal kingdom stepped in. They first appeared in the waters and were followed by the fish of the seas, reptiles, birds and finally mammals. At the end of every phase or day, as the narrator calls it, God paused to check that all that was coming in was good. The creatures were made male and female to form into families and proliferate through sexual reproduction. In the sixth and last phase, God brought in the crown of His creation man and woman for whom the heavens and the earth were ready. Multiply and fill the earth, and rule over it, He said to them. They had the ability to apprehend what they saw, and imagination and creative ability to build on what they had been given. They were physical beings, but they alone could hear God voice in their spirit and converse with Him as His fellow beings. Cosmologists today agree that all universe came into existence with a Big Bang. Evolutionists believe in an order of development of life forms that, to a large extent, goes parallel with the order stated in the creation narrative. All that came into existence was planned and created by a loving god who made the universe and everything in it good for his children, human beings with whom he is continuously in touch. The best way for men and women to fully use and enjoy the goodness in and around them would be to know and understand their good and loving creator and live by his precepts and guidance. The Kashi Vishwanath Dham project unveiled by Prime Min

## CISF-HCM-TEST-Dated-2023-02-15-Test NO.-7211

Of the temple, construction of a magnificent Ram Temple is in progress in Ayodhya at present. It has been suggested in this connection that, Prime Minister Mode, who swears by the ideal of sabra sat sabra visas, & sabra visas, should also engage in the revival of the shrines of all faiths, presumably to prove his secular credentials. Those who suggest this, wonder, as to why religion cannot be used as a unifying force to foster values, such as love, compassion, charity and a spirit of service, which according to them are common to all religions. However, this, seemingly innocuous question, shows or feigns an ignorance of history depicting the reality. Some critics have also wondered, whether the occasion could have been solemnised as a national event, by inviting the opposition parties and the heads of all religions, presenting before the world, the all embracing nature of Hinduism. This again is a wishful thinking, if one looks at how stridently the case for Ram temple at Ayodhya was opposed by the Muslim Personal Law Board throughout, and, even after the verdict was given in favor of the Ram temple by the Supreme Court, based on the evidences put before it. Mode is reported to have invoked the noble qualities of Ram and ideals of Ram Raja in Ayodhya and paid respects to Viswanath in Kashi. He is also reported to have made an oblique reference to invaders like Aurangzeb, who desecrated Hindu temples centuries ago, which understandably seems to have angered those whom L.K.Advani had described as pseudo secularists. It is claimed, Mode can make Hindus proud, with malice toward none & with charity for all by embarking on a move for revival of the shrines of all faiths., presumably to prove his secular credentials. Unfortunately, Mode critics, who give this sermon to him, forget that, he is a staunch follower of Hindu culture, which has always welcomed all those who came from outside, provided them all facilities, and never encroached upon their religious faith or conve

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## CISF-HCM-TEST-Dated-2023-02-15-Test NO.-7212

A Mosque, or the destruction of the Kashi Vishwanath temple by Aurangzeb are classic examples of this destructive mentality of Muslim Invaders. Another example is one of Senath temple in Gujarat, which was invaded & plundered by Mahmud of Ghazi 17 times. Unfortunately, in opposing the construction of Ram temple in Ayodhya or restoration of Kashi Vishwanath temple to its past glory during the reign of Mode, is being looked down upon as an act against the contemporary Muslims in India or a political gimmick to polarise Hindu votes. The unfortunate thing is that, not only the fundamentalists among the Muslims, but even the so called secularists, comprising, the so called liberals & the leftists are in the forefront in criticizing Mode for their petty interests. These critics never bring out the historically proved truth before the common man that, Hindu faith is the only faith which is secular, as it is not monotheistic, as against all others. It is one of the oldest civilizations which believes & proclaims loudly that, There is only one truth, but different ways to know it, accepting that all religions seek the same truth by following their own way, as against the fact that, all others are monotheistic religions, with one angel, and which came into being much later. Naturally, with the motive to spread their influence, the Muslim & Christian religions particularly, have historically resorted to various tactics to convert the people from the majority community, i.e., Hindus, by force or by allurements. Their efforts are reportedly still continuing. More than any other political leader, Mode actions speak loudly for his secular credentials. His steadfast support to the Muslim Women in their fight against the evil practice of Triple Tale or the recent decision to raise the marriageable age of women from 18 to 21 years, on par with men, are pointers. In the same vein, his initiative to restore the past glory of Kashi, one of the holiest shrines of Hindus, destroyed by the i

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Other long term illnesses. People need to be aware that the indoor air gets easily influenced by the outdoor air and is 10 times worse and harmful because of restricted air flow in the enclosed area. It is not just the metropolitan cities which get affected but even the surrounding cities face the menace of poor indoor air quality. Industries like healthcare, construction, factories, hotels, airports, are more likely to experience poor air quality due to their packed, and complex structure which does not support the influx of fresh air. Moreover, being commercial spaces, often these places are huddled with large crowds which further deteriorate the IAQ. As we spend more and more time indoors, mostly in centrally conditioned spaces such as office complexes, homes, malls, hotels, restaurants, auditoriums and various other closed premises, building management systems are dealing with not only contaminants pollutants generated indoors but also have to ensure outdoor pollution like PM as well other gaseous contaminants are not brought inside conditioned spaces through conditioning systems. Given that the major cause of poor IAQ is the lack of clean fresh air in the buildings which only gets worse with the presence of moisture, ensuring proper ventilation is the best solution to improve the indoor air pollution. It dilutes the contaminated air indoors by utilizing the fresh air from outside. With the help of this approach, we thoroughly clean the outside fresh air and introduce that into a building, maintaining positive pressure in the building. To ensure proper ventilation, HVAC&R systems must be installed which offers wide range of advantages. It not just renders acceptable indoor air quality but also provides thermal comfort in the enclosed space. The system employees advanced desiccant technology that uses hygroscopic substances to suck moisture from the air in order to maintain the proper RH and cools down the indoor spaces. One of the primary benefits of this technol

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## CISF-HCM-TEST-Dated-2023-02-15-Test NO.-7214

India State of Forest Reports ISFRs is published every two years. And, every ISFR shows an increase in the forest cover compared to the previous one. ISFR 2021, released last week, too shows an increase of 1,540 so mms of forest area an area slightly more than that of Delhi compared to ISFR 2019. But is this biennial good news the correct way to assess the state of our forests? Can we evaluate the health of our forest, and how government policies have affected it, in such a short time? The answer is no. We need at least a decade to judge whether forests have improved or deteriorated. So instead of getting into the quagmire of biannual assessment, let check how India forest has fared on a decadal scale. A year is a long time in an uncertain world. Over the last year, India economic challenges have multiplied. Policy support that was wholly directed to revive an economy in the midst of its first annual economic contraction in three decades has to now simultaneously focus on a relatively high retail inflation that is sticky. The price of the Indian basket of crude, a popular gauge of inflationary pressure, is now around \$87 a barrel, higher by about 50% over the last year. Therefore, RBI and Gol need to tweak their positions to simultaneously support economic growth and cope with an upward pressure on retail inflation. The forthcoming Union Budget needs to be framed in the context of the last two years. Monetary policy has been the main tool deployed to revive the economy. Not only has the central bank policy rate at 4% been lower than retail inflation for long periods, market interest rates have been pulled down by expanding liquidity. Consequently, in the last two years, median term deposit rates of banks for fresh inflows have fallen by 2.13 percentage points and average lending rates for new loans are now 1.97 percentage points lower. There are two developments that indicate that monetary policy has run its course. Over the last two months the gap between the intere

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## CISF-HCM-TEST-Dated-2023-02-16-Test NO.-7215

Banks are unlikely to make a meaningful difference. It government spending which can crowd in private business and investments. The Union Budget needs to reflect this approach. As environmental regulation is far from a Formula 1 race, speed should not be the key criteria for assessing it. This is why the Union environment ministry plan to rate State Environment Impact Assessment Authorities SEIAAs by faster green clearances raises questions. The rating is being undertaken within the ease of doing business End framework. While balancing economic and environmental interests is complex and necessary work for governments to do, the specific mandate of SEIAAs is to safeguard the environment. The ranking that really matters here is how India air, water and land quality compare to other countries today. Of course it is not in public interest to have the clearance process mired in red tape either. In this regard NDA has done well to rectify the UPA era logjam. Prescribed timeline is down to 105 days, average time taken down to 75 days. But we cannot keep speeding down this path illimitably. Plus, it is not as if states End rankings are sole determinants of actual investment flows. Tamil Nadu ranks lower than both UP and Bengal. But the state attracts some very big projects. Ola e scooter plant in Krishnagiri being a recent example. Consider that SEIAA members will get the top score if they undertake site visits in less than 10% of cases, but the bottom score if visits are undertaken in over 20% cases. This is a strange incentive given that these state authorities are supposed to be staffed by experts in local ecology precisely so they can rigorously analyses the impact of a particular project. Even though the pandemic has forced grant of clearances through virtual meetings, this is not a desirable policy when it comes to the future of our ecologically sensitive areas. From Uttarakhand to Kerala, SEIAAs need to be independent of both business and governments. They should put

## CISF-HCM-TEST-Dated-2023-02-16-Test NO.-7218

The Statesman newspaper in 1967 and lasted for 10 years. Its editor was Desmond Doing, a multi talented writer, artist and photographer. The writers were Dobby Braga, Papa Menno, and I. Aimed at readers ranging from the mid teens to the early 20s; the magazine featured pop music and fashion. It also covered Naxalbari, Mother Teresa, inflation and Jayaprakash Narayan antigovernment mass movement. Critics accused the magazine of aping the West, overlooking the fact that it featured Ravi Shankar, Day Shankar, Satyajit Ray and MF Husain alongside The Beatles. What was so different about JS that, almost 50 years after it was axed by the then managing director of the Statesman, it should still be so vividly recalled by so many, with so much emotion, as though in remembrance of the loss of a close friend? The answer could be that the JS was far ahead of its time in that, long before the term social media was coined, the magazine served as an interconnecting platform for so many people across the country. It was a virtue born of necessity. Run on a shoestring budget, JS could afford more full time staffers. The three of us writers could possibly fill the magazine, week after week. So we relied on our readers also to be contributors, what today are called presumes, consumers who are also producers. It was Facebook before Facebook was invented. The JS list of presumes was long and included, among many others, MJ Akbar, Shisha Throop, Bache Kerkorian, and photographer Raghu Ray. It was an eclectic mix, representing all shades of opinion, as diverse as India itself. That why, so long after its demise, JS is missed today. Because it was a part of so many lives. And when asked how JS would have fared if it had been around these days, I reply I do know. But had it been around with its all embracing diversity, perhaps these days might not have been hose days. The timeless art of storytelling is best illustrated by Arabian Nights, where Scheherazade saves her own life and that of all

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## CISF-HCM-TEST-Dated-2023-02-16-Test NO.-7219

Across Europe winning admirers everywhere. Not subject to age, he lived for centuries. Now become so famous that people began to ask questions: where are you from, what are your origins, who are your parents? Scholars came to examine and probe Alf Lela, often tearing pieces of the carpet. Some declared he had Arabic origins, some said Persian. Others swore he had Indian blood. Exasperated, Alf Lela had had enough. Don you understand, I am an orphan? Those who go looking for my parents will only find themselves. I am the offspring of your own dreams, desires and stories. Accept me as a part of yourselves. Alf Lela then sorrowfully gathered his tattered paper carpet around him and flew away. The recently published book The Last Chapter tells us of the last story of the saga of the Arabian Nights. The Sultan and Scheherazade are now married with three children, Amin, the elder prince; Faired, the princess; and Kader, the younger prince. The palace is engulfed in sorrow for Scheherazade is gravely ill and almost on her deathbed. She asks the sorrowful Sultan to summon her grieving children and tells them that there is a way her life may be prolonged a little longer and she can end her stories the way she wants. But to do this, the children have to brave hardships and get three things that are hidden in the world. These are the sap of a tree in the Garden of Tears, feathers of a special bird and an empty book from the Book Tower. The children are puzzled by this strange request but dutifully agree to go on the quest. They return after 40 days and innumerable adventures, which test their skills, patience and endurance, and give all three objects to their mother. Now Scheherazade takes the feather, pen; the sap, ink; and the book and says, these are nothing but things that allow knowledge and stories to be written and told. The children realize that their mother may not be there with them always, but Scheherazade will continue to live in these stories as long as the art of



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## CISF-HCM-TEST-Dated-2023-02-16-Test NO.-7220

Incursions into its territorial waters. The Philippines is the first export destination for the Brahmas missile, which in the past has been deployed against the Chinese in Latah and Arunachal Pradesh, particularly in the wake of China incursions and land grab in eastern Latah. It also the first step towards attempting to correct a huge imbalance in the South China Sea, where China uses its navy, coast guard and even its armed fishing militia to conduct swarming expeditions to intimidate its neighbors. The Brahmas may not be enough, but it a start. It also shows countries in the region can explore non China, Non US options for the very few defense items that India can make. Unspoken is the fact that a Brahmas sale would not have been possible if both India AND Russia were not on the same page. Other countries in the region are watching. Indonesia, for instance, uses the Russian Yacht supersonic anti ship cruise missiles, but could be a potential Brahmas buyer. Thailand is also said to have expressed interest in them. To the West, the UAE is a prospective Brahmas buyer as well. Contrary to popular belief, Vietnam, which uses Russia Bastion P systems, is not an interested country at present, and a previous attempt by India to sell them the Akashi missiles went nowhere. But Vietnam is a close strategic partner for India in that region. The Brahmas export should not be burdened with too many strategic expectations, but the fact is, it has opened a doorway for India to put its foot through in the contested South China Sea. That carries its own implications for the future. In the Indian Ocean region, China has resumed its big diplomatic outreach enterprise in India neighborhood, after almost two years of being isolated due to the Covid 19 pandemic. China brings the same force, the same overwhelming largesse albeit followed by debt, and the same promise of diplomatic maneuvering space to large and small countries in the region, particularly in India neighborhood. But China h

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## CISF-HCM-TEST-Dated-2023-02-16-Test NO.-7221

Continues to be an economic marauder Wang Yi was silent when his Lankan hosts asked Beijing to restructure their debt. But the Chinese foreign minister used his visit to Colombo to push them to sign an FTA with China, which is impossible for Sri Lanka to accept. In a sign that the normally pliable Rajapaksa government was still miffed, the Lankan transport minister Pavithra Wanniarachchi chose the day of the Yi visit to inaugurate a luxury train service between Colombo and Jaffna, built with Indian assistance. India came in with a last minute rescue package to help Sri Lanka tide over the next few months. India offered to defer a \$500 million Asian Clearing Union ACU payment by three months it was due in the first week of January, as India did in 2019. India also allowed Sri Lanka to avail \$400 million in a currency swap under the SAARC facility, which it had done earlier in 2020. In the coming months, India will extend a \$1 billion credit facility for food, medicines and essential supplies as well as a letter of credit of \$500 million for fuel. For the first time, India got something in return from Sri Lanka. In December, India got Sri Lanka to prevent the Chinese from building power projects in three islands off Jaffna, creating a security problem for India. India will now build those energy projects. But more importantly, the New Year kicked off with Sri Lanka finally completing the Trincomalee oil tank farms agreement with India, hanging fire for decades, that gives India control over 14 of the oil tanks and create a strategic storage facility. Elizabeth Kelsey, the Director of Asian Studies at the Villanova University, in her research article published by the American Society for Legal History provides a descriptive account of the history behind the codification of the criminal procedure code in India. In her account she traces the presence of rule of colonial difference as termed by post colonial theorist Parthia Chattered. According to Parthia Chattered, the c

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## CISF-HCM-TEST-Dated-2023-02-16-Test NO.-7222

Literature of India. While a statement like this seemed to be a coloniser genuine opinion about India and Indians, MS Kelsey work pierces the veil to understand the coloniser core motivation. It so turned out that colonizers were motivated by providing a justification to their rule which Macaulay called as an enlightened and paternal despotism. Otherwise, the letters written by late eighteenth century British administrators John Bebb and James Patterson to George Canning reveal that they regarded India as a country rich, populous and powerful in itself, inhabited by settled agriculturalists with land rights and useful knowledge. Thus, there was a conscious effort by the colonizers to make the colonised feel inferior. Unsurprisingly, while codifying the criminal procedure, English codifiers rejected the idea of Europeans being subjected to law administered by Indians because it would have jeopardised the superior image and standing of the colonizers. For example, Macaulay in his Notes on the Indian Penal Code states that how desirable it is that our national character should stand high in the estimation of the inhabitants of India and how much that character would be lowered by the frequent exhibition of Englishmen of the worst description, placed in the most degrading situations, stigmatised by courts of justice. Therefore, MS Kelsey work providing an historical account of the codification criminal procedure, helps us to become aware of the colonizers obsession with forging and maintaining hegemonic relationship with the colonised subjects. This hegemony needs to be called out in order to decolonize our mind and to prevent us from falling into the trap of thinking that every remark by the colonizers about India was their objective assessment and, therefore, must be treated as the gospel truth. How far have we come? Even as we call out the hegemony of the colonizers in the codification of Criminal Procedure Code, it is also essential to not stop just at that but gauge

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## CISF-HCM-TEST-Dated-2023-02-16-Test NO.-7225

Boils down to the enforcement of the bail provisions. For example, in 2020 when the Maharashtra police arrested Arab Go swami an embodiment of the privileged class as mentioned above in the abetment to suicide case, the judicial magistrate denied him bail but within two days his case was taken up by the Apex Court and he was granted bail. Former SCBA President and Senior Advocate Ushant Dave, expressing his lament over the lack of similar enthusiasm to protect the liberty of the non privileged class of Indians, wrote that it was deeply disturbing how Mr. Go swami petition was listed instantly when thousands of citizens are languishing in jail waiting for their cases to be heard for weeks and months. The unequal application of criminal procedure code is not only by the courts but even by the law enforcement agencies. The criminalisation of the Ruler tribe by the police in the 1990s, that inspired the makers of the Jai BhÄ«ma movie, was based on caste oriented considerations and the non production of Rajakannu before the judicial magistrate by the law enforcers within 24 hours of his arrest despite being instructed by the criminal procedure code, as well as, it being his fundamental right under Article 22, is a classic instance of how the invisible dual system of laws still prevails despite it no longer remaining codified on paper. It is only natural that the 2019 report titled Criminal Justice in the Shadow of Caste revealed that one in every three undertreat prisoners in India is either SC or ST. Although, it might seem that I have cherry picked two instances, the class bias entrenched to the criminal justice system is a matter of common knowledge. At this juncture, while it seems like the criminal procedure code has informally replaced the Privileged Europeans with the Privileged Indians, it also forces one to reflect upon whether Lord Glenborough was right when he said in the House of Lords 1833 that inequality was the natural state to which Indians were attached an

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## CISF-HCM-TEST-Dated-2023-02-16-Test NO.-7226

Our founding fathers chose democracy when India became independent. In this seventy fifth year of our independence, it is easy to miss how audacious, yet appropriate, that choice was. In the horrendous aftermath of the Partition, it was not clear India would survive as a country, let alone a democratic one, whether the provinces of British India and the princely states could be welded together, whether their peoples would feel a sense of national unity and purpose that overcame differences of religion, caste, language, and socio economic identities. In another win for women right to inheritance of property, the Supreme Court has ruled that daughters will have equal rights to their father property even prior to the enactment of the Hindu Succession Act HSA of 1956. In fact, it clarified that if a property of a male Hindu dying intestate is a self acquired property or obtained in partition of a coparcenary or family property, the same would devolve by inheritance to daughters and not by survivorship as was the case before 1956. The apex court has been progressively interpreting the 2005 amendment to the HSA and in 2020 clarified that daughters had coparcenary rights by birth. In a country where women face massive social and legal hurdles to inheritance, this is a big win. Thanks to deep patriarchal mores and rural agrarian settings, property, which is seen as a primary source of wealth, is largely inclined to be passed on to male heirs. This in turn deprives women of agency, financial independence and entrepreneurship. True, the recently released National Family Health Survey 5 says that 43 of women respondents reported owning house land alone or jointly. But doubts remain about women ability to actually access and control property. In fact, a 2020 University of Manchester working paper found barely 16 of women in rural landowning households own land. Plus, inheritance laws for agricultural land remain a minefield with conflicting central personal laws and state laws.

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## CISF-HCM-TEST-Dated-2023-02-16-Test NO.-7227

Central employees. Too few senior public service employees undermine governance. India 3.8 of the workforce comprising public sector officials is pitifully low compared to 22.5 in UK, 13.5 in US and 28 in China. Against UP and Karnataka having 80 and 85 salaried government employees per 10,000 population, virtually no US state has corresponding numbers lower than 200. Second, big ideas like lateral entry have stuttered. Reforms that streamline emoluments, link development outcomes to career progression, and insulate bureaucrats from unwarranted political interference, are needed to woo talent from corporate, research and academic fields. Third, sprawling governments need trimming. States are constantly spawning new PSUs and welfare bodies. For instance, in 2020, Andhra formed a whopping 56 backward class corporations. Instead of subdividing existing pies, talk about real reforms. Having studied civil wars across the world, from Northern Ireland to Iraq, Colombia to the Philippines, Syria to Sri Lanka, she alerts us to the warning signs of instability building under the surface. Countries go through a grey zone as they move away from democracy and towards autocracy the book terms this anorak. Countries in this middle zone of backsliding democracy have grown, Walter says and she includes Brazil, India and the United States. Though Sir launched only one satellite mission last year, we were able to launch three PSLV missions and one GSLV mission since the pandemic started in 2020. The four missions showed that we could launch satellites, however not at the pace of the pre pandemic period. For delayed missions, it will be our endeavor to meet revised deadlines. I will try my best to achieve the goals set by Dry Sivan. Children play with masks. The more grotesque the mask, the greater is their amusement. The secret to their enjoyment is the fact that they know the mask is different from them. The word personality comes from the Latin word persona, which means mask. If your

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## CISF-HCM-TEST-Dated-2023-02-16-Test NO.-7228

Was happy as long as her attention was on Ram. Her troubles began when her attention was drawn by the golden, fleeting deer. Site represents you, the individual. Ram is Spirit. The deer symbolizes worldly objects that are tantalizing but passing. They are not what they appear to be. In the end, you get abducted by Raven, your sense organs. Remain focused within. Understand your strengths and weaknesses. Leverage your assets to overcome the faults. Strive for excellence. Analyze, do not agonies. Fix a goal beyond your selfish, self centered interests. Step out of your comfort zone and go beyond your myopic vision. Then, long before you get to enlightenment, you will experience freedom from worldly pressures. You remain relatively unaffected by the roller coaster ride of life. How did you get so entangled with matter you have been incessantly thinking about the body, mind and intellect. You now have to think of the Spirit with the same intensity while you are interacting with your matter layers. Chapter 13 of the Bagdad Gita explains the clear distinction between matter and Spirit, knowledge and that which has to be known. Krishna details twenty fascinating traits of the wise and says, this is knowledge. Anything apart from this is ignorance. It is not academic knowledge of the scriptures that matters but going beyond the letter to the Spirit that confers wisdom. Ramakrishna Paramahans was illiterate by choice, but he taught the Upanishads to Swami Vivekananda. As you shift your attention to Spirit, matter ceases to hold sway over you. You experience the power, freedom and bliss of Atman. Thereafter, there is no looking back. You become God! They say change is the main consistent hub throughout everyday life and we observe it remains constant. We should investigate how our method for correspondence has transformed from the epistolary to the computerized period. Many think that we are at present going through the Fourth Industrial unrest. To be sure innovation goes thro

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## CISF-HCM-TEST-Dated-2023-02-16-Test NO.-7229

The rise of Sustainable & Organic Clothing represents modern-day buyers adoption of eco-conscious fashion template. The popularity of organic textiles is commensurate with its market size, which is on a consistent rise. Organic Cotton, for example, has become the most famous sustainable textile in India, the leading producer of organic cotton (51%) with 1.23 million tons produced in 2022. In its report named Organic Cotton Market, 2021-2028, Fortuna Business Insights came up with two interesting findings. Firstly, the market size of the organic cotton industry will touch the outstanding mark of USD 6,730.9 million by 2028. It is expected to grow at a CAGR of 40.0% in the 2021-2028 periods. Organic cotton is a naturally cultivated textile material developed with natural fertilisers and harmless materials that has a lower impact on the environment than synthetic cotton. Buyers mindsets have also gone through a profound metamorphosis. It has led to a preference shift towards value-based eco-friendly shopping. The organic fashion boom can be attributed to the dichotomous nature of the textile industry at present. On the upside, a recently released Global Market Report, 2023, by the Business Research Company stated that the global textile market would witness growth from \$573.22 billion in 2022 to \$610.91 billion in 2023 at a 6.6% CAGR. The only glaring downside is that the textile and clothing industry is one of the most pollution-causing industries in the world. Studies across the globe show that textile waste and cleaning processes diminish the quality of roughly 5% of landfill space and 20% of freshwater bodies across the globe. Fast fashion items often undergo a long and intense chemical process before ending up on our hangers. Around 8,000 different synthetic chemicals are used to dye, bleach and wet process garments. Those chemicals often cause diseases or even deaths among farmers and inflict serious birth defects on their children. The organic clothing market has



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## CISF-HCM-TEST-Dated-2023-02-16-Test NO.-7232

Which causes minimal to no harm to the environment. There are numerous catalysts at work in the popularity of organic clothing. They are far more comfortable, easily maintainable, washable, and stretchable, which makes everyone preferred choice on the Wish list. There are no polar views on the sustainability of organic clothing, which is expediting the idea of ethical fashion. It has introduced new and refreshing ways and approaches in the lifestyle and fashion industry, leading to the abnegation of old feudal thinking models. Mindless shopping has taken a backseat. Buyers are perceptible and enquiring about the fabrics and choosing organic clothes over chemical products, which have clearly depicted a coherent change in the fashion industry. Brands are introducing their organic fashion lines, and the genesis of organic fashion brands is also at the apex of growth. According to sustainable fashion industry statistics, the market is expected to rise to \$9.81 billion in 2025 and \$15.17 billion in 2030 at a CAGR of 9.1 percent, due to the growing awareness of ethical fashion in India. The western world, more specifically Europe, driven by their learning and data proliferation is increasingly moving towards taking control of their personal data. The governments enacted regulations (related to data privacy) decades ago to safeguard the personal data of their citizens. As laws have matured, the European Union General Data Protection Regulation (GDPR) is now considered the golden standard by many countries (in privacy legislation). However, in India the context is slightly different. Privacy safeguards in the corporate world have hitherto largely been driven by contractual obligations, or legislative imperatives that trickle down while processing data originating from countries with laws regarding privacy and/or data protection. In addition, the rapid pace of digitization has increased the need for organ to focus on information and cyber security. The Indian Government has b

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## CISF-HCM-TEST-Dated-2023-02-16-Test NO.-7233

By individuals and implement the requirements of the proposed Digital Personal Data Protection Bill (when it becomes an act) by organisations. Organisations that are yet to implement personal data protection measures should ideally start focusing on the following: He is the anger kayak. We can understand this term better by definining him as the complete artist who has accomplished all three forms of Indian classical music instrumental, vocal and dance. This is how vocalist Pt. Sajan Mishra chooses to reminisce about India Kathak giant. This month marks the 85th birth anniversary of one of the biggest performing artists that the country has ever seen. Cutting across generations and genres, his passing away was called the end of many eras. Classical dancer, the king of Kathak, Pt. Birju Maharaj had a fan following and admiration few have witnessed or experienced. He started solo performances on stage at the age of seven and soon enough started teaching Kathak by the age of 13. His affable nature and openness to embracing other art forms has been pivotal to his stature of stardom. Apart from his unquestionable hold on Kathak, he also sang Thumri, Dadra, Bhajan and Ghazals. He was a master in percussion instruments like table and dholak. And let not forget poetry! Similarly, exponents of Indian classical music feel that only he could transcend boundaries with his brilliance. Ace flautist, the legendary Pt. Hariprasad Chaurasiya, recently unveiled a huge wall mural of Pt. Maharaj on a busy Delhi street and believes that artists like him continue to live on through their overarching presence. The mural is a befitting tribute to the dance master who had also dabbled in making paintings in acrylic, pastels and water color. His paintings, that have also been auctioned, were imageries on music, dance and Lord Krishna. He was not averse to Hindi film music, which is often accused of diluting the purity of classical compositions. He was happy to choreograph commercial numbers f

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## CISF-HCM-TEST-Dated-2023-02-16-Test NO.-7234

Little wonder, that great artists will always hold our heart, with their magnanimity in spirit and essence. The WMO has also noted that very high greenhouse gas emissions (total failure of mitigation) could cause a sea level rise of two meters by 2100 and even 15 meters by 2300. This is a major economic, social, and humanitarian challenge, as rising sea levels can cause flooding and damage to infrastructure, homes, and livelihoods. The population potentially exposed to a 100-year coastal flood is projected to increase by about 20 percent if the global mean sea level rises by 0.15 m relative to 2020 levels. This exposed population doubles at a 0.75 m rise in mean sea level and triples at 1.4 m without population change and additional adaptation. In conclusion, sea level rise is a major threat to global coastal communities, and human activity is the main driver behind it. This issue requires urgent attention and collective action to mitigate its effects and prevent a humanitarian and ecological crisis in the coming years. The 2015 Paris Agreement aims to limit global warming to well below two degrees Celsius above pre-industrial levels and pursue efforts to limit the temperature increase to 1.5 degrees Celsius, and it is crucial that countries take the necessary steps to meet these goals and safeguard the future of our planet. I think it is important to travel and step out of your comfort zone, as that gives an opportunity to observe and learn from others and the way they lead life. Personally, for me I realised that there are times when I am unhappy and not satisfied with how things are in my life. There is always this urge and need to become better and find what can give true happiness. In our society, there are already a lot of standards that have been set over the years that define and put a picture to what a good life should be like, and what is needed to become successful. For e.g. the standard path is that you get good education, find a good job and earn good mo

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## CISF-HCM-TEST-Dated-2023-02-17-Test NO.-7235

Patterns in the rest of the world. From the topics to the instructive strategies, the whole course of training has denoted a critical level of progress contrasted with the bygone eras. The instructive area has recorded positive changes in each level of training. Right from the essential study halls to the college levels, we see more current strategies being conveyed in lessons and in any event, perusing materials have changed significantly. Inside the bigger schooling area, proficient degrees happen to perhaps the most unmistakable harbingers of progress. As the support of future experts, these degrees mirror the tides of the occasions just as future possibilities. With the quickly changing modern space, it is basic to update our courses and their applications as indicated by the furious necessities of the time. The initial step to acing that is to stay up to date with the patterns of the current years just as extended patterns of the impending years. We have separated out probably the most conspicuous instruction patterns in 2022 here. Top Trends in Education in 2022 Rise in online learning: Since the year 2020, internet learning has become a remarkable trendy expression. Internet learning is a subgenre of advanced learning, and it goes past traditional study hall settings. Understudies who learn online are not restricted by variables like time, distance, or area. This permits understudies to study at whatever point and anyway they pick. Students mostly have advanced to this method of learning. With respect to the rest, worldwide establishments are as of now attempting to decrease the effect of training interruption on individuals who come from oppressed foundations and are well informed or tech savvy. Soft skills training: a major trend in higher education: The absolute most significant abilities in the work environment incorporate decisive reasoning, critical thinking, individuals the board, and inventiveness. Bosses need to see arising experts who see how to sett

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Is one such apparatus that makes a customized concentrate on time for every understudy. It fills in the holes left by conventional advancing by dispersing material in little lumps that can be tweaked to address the issues of individual understudies. What more, since the data is created by AI, every one of the materials delivered stays refreshed. Increase in demand for massive open online courses: Open Online Courses are free brief span courses that can be gotten to from anyplace whenever and are made for the mass populace. 2020 saw north of 180 million students on the web, spread across 2800 courses, and 19 webs based degrees, and 360 miniature certifications. These courses offer understudies an incredible method for building their abilities. Because of the accommodation of MOOCs, learning is restricted to the individuals who can manage the cost of advanced education. This is one significant benefit of these courses, aside from their brief span illustrations, which permit understudies to learn more quickly than expected. With advanced education continually developing, organizations should up their game to convey more worth. With arising advancements like AI and AR VR, learning will become open to everybody. This will permit understudies of all ages to learn at their own speed and make plans that best suit them. Albeit these advances are helpful, it could be hard to achieve this adjustment of emerging nations where conventional learning is more reasonable. Organizations should make methodologies to make these offices open to everybody, regardless of their experience. It was the best of the times, it certainly was the worst of the times, it was the age of wisdom, it certainly was the age of foolishness, it was the epoch of belief, it certainly was the epoch of incredulity, it was the season of light, it certainly was the season of darkness, it was the spring of hope, it certainly was the winter of despair. Times they are a changing. The 56 inch Abrader who 7 odd years

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India trade is a record \$126 billion but his silence is deafening. This when India first Chief of Defence Staff had named China as enemy number one, when Beijing keeps needling us in Latah, Arunachal, Bhutan et al. Kahn Gaye who 56 where art thou 56 A running theme for the chest beating by 56 has been Na Kahuna Na Khan Dona i.e. he will root out corruption. Forget his false promise to bring back black money from abroad, demonetisation and, the Rafael Chowkidar Chor Hai probe still underway in France, PM Cares Fund is turning out to be grandmother of all wars on corruption. On the one hand, the nation is celebrating one year of the vaccination drive. On the other, an RTI has exposed that the Rest 100 core from PM Cares Fund promised for vaccine development was never given. The PM Cares Fund management has been accused of giving orders to companies which provided sub standard equipment in the fight against COVID. In fact, it is alleged that especially during the pandemic many of his cronies have grown tummies of 56. Kahn Gaye who 56 where art thou 56 Whenever he goes abroad, he puts on the mask and projects himself as an admirer of Gandhiji bowing deeply before Bapu statues when the cameras are around. But back home, he plays dumb when any Godse Bhakt, like his party MP mocks Gandhiji or a religious bigot hurls abuses at Bapu. The real face behind the mask is visible. Pandit Nehru has been removed from his government Azadi ka Amrut Mahotsav and now Mahatma Gandhi is fair game for the hatemongers Parivar. The Donald Trump anointed Father of India seems to have turned mook darshak to the patricide of the Father of the Nation so that his New India does not have to fake obeisance for Sabarmati ke sant who got India independence sans sword and shield Bina khadag Bina dhhal. After all, 56 is all about muscular domination even if limited to fellow countrymen whom Pradhanji recognises by attire. Appreciating the advancement in payment technology, we do not have to worry about

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And secure transactions to achieve success and gain consumer trust. How can companies businesses safeguard their payments With the advent of newer technologies such as open banking APIs and block chain, companies are also looking at issuing their own cards to create their own financial ecosystem. This gives them the advantage of interacting with their customers and also giving them a seamless payment experience. However, it is also essential for businesses to install necessary safety & security protocols to protect customer data and their transaction details. Here are some measures that companies could take to ensure there is no breach in their system Security Sockets Layer SSL certification for any business doing online transactions, an SSL certificate is an absolute necessity. Installation of SSL activates the protection of any sort of communication between the server and the client. It encrypts all data points like IDs, passwords, card numbers, etc. and creates a unique lock that helps companies protect the information from online hackers. Address Verification Service AVS is an important tool that helps organisations to detect suspicious transactions and helps in preventing any sort of card related frauds. It helps in reconfirming the address provided by the card user with the address as per the bank records. Once the merchant raises a ticket to verify the customers address, the issuing bank responds with the authentication and helps the organisation to pick the next course of action i.e. to accept or decline the transaction. While this is not absolutely fool proof, it does give businesses an added layer of security for online transactions. Payment Card Industry Data Security Standards PCI DSS Complying your business with PCI DSS is one of the primary steps that organisations must take before accepting online payments. Launched in 2006, the PCI DSS helps in securing your online payments by providing a detailed framework of protocols and safety measures that every

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Account multiple biotech platforms have also initiated a video verification process, wherein the customer could shoot a quick video along with their ID document to confirm their KYC. Do not store payment data of customers It always a good practice to keep a tab on the data being logged in to your system. One of the best methods of protecting customer data is by completely getting rid of any payment data once the transaction is complete. Storing such sensitive information puts your customers at risk of exploitation by online fraudsters. Technical training to employees Provide detailed training sessions to the backend team managing all the financial transactions and data management. Companies generally ignore silly human errors that could compromise customers financial and personal data. Conduct mock sessions on possible scenarios of data breaches that could arise during day to day operations which might have an impact and compromise security. Although one can never give 100 assurances against security threats, but being vigilant and following simple practices, can at help mitigate risks. Having a dedicated digital payment method for online transactions, using biometric authentication, when possible, not disclosing the OTPs, ATM pins, and so on to others, etc. can give you reasonable security from potential payment frauds. Examining the Constitution as it took its final shape in November 1949, Constituent Assembly member Kendal Hanumanthaiah dejectedly remarked: We wanted the music of a venal or sitar, but here we have the music of an English band. It was a feeling that many shared, and the idea that the Constitution and the institutional systems it engenders lacks indignity and replicates Anglicized forms ill suited to Indian terrain has since been firmly ensconced in the mainstream political discourse. Calls to decolonize India political and constitutional systems, one made recently by Justice Abdul Nasser, abound. Some even seek to lay the blame at Nehru door. It is



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It is important to note that these ideas were widely shared in the Constituent Assembly, including by Ambedkar and Patel. Even when expressed in the language and paradigm of a British constitutional legacy, India Constitution created an institutional structure and political culture that constitutes a typology of its own, distinct from Westminster. It was, to quote the constitutional historian Harshan Kumarasingham, an Eastminster the first of its kind. In contrast to the uncodified or sparsely codified constitutions of the UK and the dominions, India Constitution, the lengthiest in the world by a mile, went into exquisite and extensive detail. This was driven not by a crude obsession with verbosity, but the need to explicate rules and provide firm and detailed guidance for institutions. It was an indigenous answer to India circumstances: the absence of experience, tradition and precedent emblematic of Westminster. Or as the political theorist Madhya Kholo recently reminded us in his book India Founding Moment, an attempt to use the Constitution as a pedagogical tool to train Indian institutions and those who staffed them. It created a state explicitly committed to revolutionary social aims embedded in its Constitution, with individual rights hemmed in with multiple provisos that enabled the state to override them and legislate its social revolution into being. Here again, the impress of Nehru and his socialist policies then enjoying widespread acceptance as an answer to India poverty and social inequality is clear. Through Article 123 that confers the power to promulgate ordinances, the Constitution clothed the executive with legislative power and allowed the government to legislate in place of Parliament, without declaring an emergency. This is a power unheard of in Westminster. This enshrining of executive supremacy placed the government in the driving seat with the ability and the power to set the agenda for all legislative business. To stress this dominance further

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Those for better or in my opinion mostly for worse, represent a kind of indignity that has served to root the Constitution in Indian soil. This Constitution is thus more than an imposition or a transplant; it is the framing of its own hybrid system: the Eastminster system. It could be called a shipboard romance. We were both students on the journey home by ship from Portsmouth, UK. The tall lanky Gujarati boy had been apprenticed in a professional course in London. He was returning to Bombay, as it was known in the early 1950s, after three years. He spoke English with a Cockney accent. Cur blimey Whatever are ye doing was the first thing he said when he saw my sister and myself standing on the ship top deck throwing shillings and sixpences into the churning water. The Scandia Steamship passenger ship SS Jaljawahar was making its way slowly into the open sea. Come ill est. drooled I said, he is so funny I had spent the last three years studying at a Lyceum in Paris and spoke only French. My father was one of the early members of the Indian Foreign Service. It to propitiate the sea gods. Over here they call him Neptune. We call her Kandalama, or the mother of the ocean where we live in Kerala, explained my mother. That when I decided this family needs help, recalled the Gujarati boy many years later. No one throws money away like that. SS Jaljawahar was like a floating saloon with just about 15 First Class passengers. We bonded like a group of castaways. We had no choice. We were going to be together on board for maybe 20 days. Both the ship Captain and staff were still learning how to manage a passenger vessel. The Jaljawahar had been commissioned two years prior to 1951 when we boarded it. Appolino The Ship is rolling yelled the Gujarati boy at the ship steward, a Goan. Appolino immediately appeared with a tray of hot soup. It calmed our nerves as the ship sailed past the notorious Bay of Biscay and Portugal that still owned its colony on the west coast of India. Th

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Boy outdid the others by wrapping his tall lanky body in two white bed sheets and crammed the circular ring of a deck quoit to hold down his head dress. The surgeon painted a beard and moustache with gentian violet and turned him into an Arab. Sheikhs were creatures of romance and passion in those days. When we disembarked at Port Said, we followed the Gujarati boy into the bazaars and discovered fresh dates and black tea in small glasses. At Aden, one of the most modern looking towns on our journey, we were welcomed by a community of Gujarat is. They treated us like pioneers making the journey by sea on Indian bottoms like the Jaljawahar. We ate with our fingers from brass tails for the first time and tasted our first mangoes. Ship board romances don last. That the nature of the genre. When we disembarked at Bombay overwhelmed with the excitement of actually experiencing the heady aromatic essence of India, we never thought we would meet the Gujarati boy again. But he had undertaken to teach me English. He took us to meet his father, a rather formidable Gujarati gentleman who dressed in a three piece suit and wore a gold chain with a gold watch in his waistcoat pocket. His wife had died while the Gujarati boy was in the UK. His father was planning to get married again to his Jewish secretary, an amazingly astute woman. Over the next ten years, the Gujarati boy kept in touch with us. He met my grandparents living in Bangalore. They were used to keeping a menagerie of guests and animals, my grandfather having spent his life as a forest officer in the jungles of Mysore, Kerala and the Telugu country. The Gujarati boy was tended to as they might a languor or lion. He loved the strangeness. My own family had anyway travelled back and forth to Europe as my father assignment took him. Because of my English lessons, I wrote to the Gujarati boy from different parts of the world. He too kept in regular touch. He sent us pictures of the various girls whom he planned to marry.

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I should continue my education no matter what we decided. The warm waters of the sea lapped at our feet leaving crabs to look at us before they dived into the wet sand. Somewhere a falling star streaked across the sky. Reader, I married him. Followed by a master degree, two children and a successful career. Till the end of his life, I still found the Gujarati boy drooled funny. That why I would urge those planning to rise the marriageable age of young women from 18 to 21 to view it from a young person perspective. To treat it in utilitarian terms that might enhance the country demographic profile; or worse, as if women were production lines for making babies, is to betray a mindset that puts them on par with animal husbandry. The legal age for marriage has to include the notion that what matters is: love, actually. The decision to merge the Amar Jawing Jota Memorial with the Eternal Flame at the National War Memorial has sparked a needless controversy. It is a symbolic and inclusive gesture that must not be politicized. In the absence of a National War Memorial, which should have been conceived and constructed decades ago, the Amar Jawing Jota with the Eternal Flame was constructed under the arch of the India Gate memorial in 1972 to commemorated fallen Indian soldiers, sailors and airmen from the 1971 war. No names of these personnel were inscribed at the Amar Jawing Jota. Consequently, a visitor to the India Gate complex would perhaps wonder whether India military legacy was restricted to the 13,000 odd fallen soldiers of the British Indian Army in World War 1 whose names were inscribed on the India Gate memorial while those who were killed in 1971 remained unnamed. After decades of protest from veterans and military historians, proposals galore from service headquarters and procrastination by several governments, the National War Memorial was dedicated to the country by Prime Minister Mode on February 25, 2019. Since then all commemorative and ceremonial functions

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By that time, the power tussle to be in the government had started between the political parties. This gave rise to The Divide and Rule Policy. Voter Version 3.0 was divided by the political parties on the basis of caste and religion. The fight for freedom and equality which was a unified effort of the Indian voter was disintegrated in this era. This was perhaps the longest and the worst era of Indian Politics which lasted for almost 40 years. Power still remained with the Political parties and Voter Version 3.0 was fragmented to uncountable pieces at every level of society. The basic needs were still not met. Global society evolved, technology evolved, people evolved. The new world gave rise to an informed voter and the transformation began. Year 2014, shall be marked in the Indian history for shifting the attention of the Indian voter from problems to solutions. Where they were told that, if you grow and keep pace with the world, you will automatically get freedom and equality. There was a tectonic shift in the narrative and this gave birth to Voter Version 4.0. They again gave chance to their government with free mind and open heart. Some things started to move at the society level and basic needs were met partially. The needs started to shift slightly upwards on the Maslow hierarchy table from basic to psychological needs. Technology and its advancements supported the agenda. Political will and narrative started to change. Political parties which were still playing the politics of dividing the voter on caste, started to slowly fade away from the canvas. Voters became united again and this time their needs were different. Personal and professional growth started to gain grounds. With some state elections round the corner, political parties are dealing with a much evolved voter. A voter which has come out of a huge Pandemic, a voter which has seen the technological advances where corporates have given the consumer all powers back in their hands, and made the consum

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## CISF-HCM-TEST-Dated-2023-02-17-Test NO.-7247

The design universe was always ruled by leading players like Adobe and Photoshop. But ever since a then nascent and aspirational Canva entered the picture in 2013, it revolutionized the design industry. Earlier, the design space was limited to the professionals and the large-scale design companies. The internet revolution broke the barrier to a large extent but Canvas is one of the only known apps to make professional-level design accessible and user-friendly to a large portion of the non-professional public. Over the years, Canvas has gone from being a basic design tool to the most versatile one. It has completely changed the design landscape and made graphic design a more accessible and evolutionary industry. Here are a few ways Canvas and its features are changing the landscape for designers and why you should definitely give it a try. By offering endless templates and designs One of the first features professional, newbie designers, or simply anyone looking to make a graphic design are the plethora of design templates available on Canvas. Canvas hosts over 4,20,000 templates, most of which you can unlock even without signing up for Canvas Pro (a premium version of Canvas). It has over 75 million pictures, videos, and design elements that you can choose from including over 3,000 fonts. You can even add your own font to the database. The best (and slightly intimidating) part is that you can keep scrolling and Canvas template designs will literally not end. Each of these designs comes pre-made and customizable. So, you can use a pre-made professional-grade template when you are pressed for time with a few easy edits. Or you can customize the template, including the background, color, font, images, elements, texts, and other aspects to create a picture-perfect design. By being extremely user-friendly Apart from being a digital warehouse to numerous beneficial designs and design features, Canvas hallmark USP is being a 100% user-friendly application. Canvas makes it c

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The start. For instance, if you are a copywriter, you can handle the template copy, while leave the color scheme, font, and other design details to the graphic designer. Meanwhile, the final editor can get looped in the process and give inputs from the beginning. The end client too can get in on the collaboration. On the side, you can make edits like removing unwanted backgrounds from images. You name it. You can access and design on Canva from any interface including the web, your Smartphone, desktop, or an iPod. Jammu and Kashmir (J&K) has been suffering from terrorism for several decades. The region has been affected by violence, unrest, and terrorism. This has significantly impacted the lives of the people. Terrorist organisations masterminded by our adversary are primarily responsible for terrorism in J&K. These groups have been responsible for various violent activities, including bombings, shootings, and kidnappings. The impact of terrorism in J&K has been widespread and far-reaching. The violence has resulted in the loss of many lives, both civilians and security forces personnel. It has also caused significant damage to property and infrastructure, resulting in economic losses and disruption to daily life. It has also profoundly impacted the mental health and well-being of the people in the region. The constant threat of violence and the fear of attacks have created a sense of insecurity and anxiety among the people. It has also led to the displacement of many people, who have had to leave their homes and seek refuge in other parts of the country. They are living as refugees in their country. Terrorism in J&K has profoundly impacted the lives of the people in the region. The Indian Government has taken several measures to address the problem of terrorism in J&K. These measures include increased security presence, counter-insurgency operations, supporting education and sports and various other initiatives to address the root causes of the terrorism. The Gover

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Taken several steps in this regard, such as ensuring at least one playfield in every panchayat, establishing over 4500 Youth Clubs and organising sporting activities to enable the youth of the J&K to participate in sporting activities. In terms of education, access to quality education is an essential step towards fostering unity in J&K. Education can help young people broaden their horizons, learn about different cultures, and develop critical thinking skills. It can also provide a platform for interaction between students from diverse backgrounds. The Government has taken steps to improve access to education in the region. For example, it has set up new schools and colleges, provided scholarships to students from economically weaker sections, and implemented innovative teaching methods to improve learning outcomes. The restoration of the educational system and bringing it back on the rails remained the most significant challenge ever since the insurgency sprouted in J&K in the 1990s. Though this revival system was initially slow, it has picked up momentum over the last 6 to 7 years. There has been an increase in the number of schools and other educational institutions in J&K. Keeping at par with the national educational system. The UT will soon shift from a scheme to system of education. Apart from sports and education, several other initiatives are also being taken to foster unity in J&K. These include interfaith dialogues, cultural events, and community service programs. These initiatives are helping to build bridges between different communities and promote mutual understanding and respect. The issue of terrorism in Jammu and Kashmir is complex and multifaceted, with deep-rooted political, social, and economic factors. While there is no one-size-fits-all solution to this problem, promoting sports and education can undoubtedly play a role in mitigating the causes of terrorism and promoting peace in the region. How is the Indian Army promoting sports and education



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The region and help them acquire new skills that can help them find gainful employment. The local community has widely appreciated the Indian Army efforts in promoting sports and education in J&K. These efforts have helped to build bridges between different communities, promote mutual understanding and respect, and create new opportunities for the youth in the region. The Indian Army initiatives have contributed significantly towards building a more inclusive and harmonious society in J&K. In conclusion, sports and education are two essential areas that foster unity in J&K. By promoting sports and education; the Government and civil society organisations are creating new opportunities for people to come together, learn from each other, and work towards a common goal. These efforts are helping to build a more inclusive and harmonious society in the region. Overall, promoting sports and education can play an essential role in countering terrorism in Jammu and Kashmir by promoting a sense of unity and national identity and providing young people with the critical thinking skills and opportunities they need to build a better future for themselves and their communities. However, it important to note that promoting sports and education alone will not defeat terrorism in Jammu and Kashmir. This approach needs to be part of a comprehensive strategy that addresses the underlying political and economic factors driving extremism and involves the active participation of all stakeholders, including the government, civil society, and the private sector. By being a safe storehouse tool Canva is by far the choicest tool when it comes to simplifying the lives of its graphic designers. Did you know that anytime you are working on a design, it gets automatically stored on the platform without you having to manually save it? You can work on multiple designs and leave them mid-way and Canva will immediately save them when you exit the page. It will store your newest to oldest designs jus

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## CISF-HCM-TEST-Dated-2023-02-18-Test NO.-7253

Enable growth and not look to control the people. Good governance has to enable giving seamless control to the people. Voter Version 5.0 cannot only understand the political narrative, but is also capable to see through the political will. It is much more ruthless and punishing than before. India has travelled a journey of seventy years to celebrate this new and powerful society. Time has come that all the four pillars of our democracy should stand up to the occasion, come together and understand the new challenges and solutions thereof. Bring every word of our Constitution into action and understand the real meaning of power, equality and freedom. The virtual shift of education since the pandemic made the digital divide more evident than ever before. While the real extent of the dropout rate since the pandemic can only be truly measured when all education shifts offline again, the estimated numbers are huge, with 9 states and union territories reporting a dropout rate of over 25. As per the Right to Education Forum, about ten million girls in India could drop out of secondary schools due to the pandemic; thus, severely affecting enrolment at the higher education level in the years that follows. The Beta Bache, Beta Paho report suggested that 320 million students from preprimary to tertiary levels of education were affected by the closure of schools in India. Out of this 49.37 were girls. The numbers report an alarmingly high reduction in the Gross Enrolment Ratio, especially for girls. 101.78 at the primary level; 88.55 ; at the upper primary level; 96.75 at the elementary level; 76.93 at the secondary level; 50.84 at the higher secondary level. According to the report, if 100 qualified girls both overage and underage enroll in primary school, only 50 will progress to higher secondary school. Women in India are 15 less likely than men to own a mobile phone and 33 less likely to use mobile internet services. In 2020, 25 percent of all adult females owned a smartphon

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Groups among the many other challenges of a digital education the pivotal role classroom spaces hold for students has been unfortunately diminished. Classrooms are spaces for equal opportunities and active discussion. Learning outside of the classroom deprives the child of the necessary space for their early development. A class is more than just a place for knowledge transfer; it is also transformational in ways other than knowledge gain. It allows people to connect and learn from one another. If these ties are nurtured, they can have societal ramifications. The Centre for Monitoring Indian Economy estimates that more than 80 of households have lost some portion of their incomes due to lockdown, and about 140 million workers have become unemployed. This can be used to further pre-empt the future fall and lack of people willingness to educate their children, especially young girls, in the face of financial constraints. The Kerala Model In the face of the pandemic, when states and institutions struggled to bridge the gap between access and education, Kerala model excelled giving way to an equitable way of imparting education at different levels. Some of their efforts included School TV a broadcast of online classes. While still virtual, this attempt took into account the pre-existing, comparatively higher accessibility of television box sets and cable. The Kerala government, instead of discontinuing the mid day meal yojana, broadened its scope by making deliveries to the houses of students. Overall, the Kerala model dealt with the pandemic on the tents of access, equality, and education for all. While the Indian government has programmes such as Beta Bache Beta Paha, Skill India Mission, and Digital India Mission, a more localised approach is required, given the country diversity. Reinforcing programming solutions is required to end the pandemic induced catastrophe for adolescent girls. Addressing health, empowerment, and education requirements at a young age will no

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Of educational spaces and their ability to provide digital access. The burden of bridging the digital divide must be coopted in a federal manner to execute efficiently providing free mobile phones and tablets to school aged girls, female health workers, female teachers, and community leaders, in the rural urban poor; or providing affordable smartphone loans for women through corporate social responsibility and government schemes. A larger, more national level policy change in the way education is imparted through board in a rote learning format, also should be under scrutiny. While not directly proportionate to the success of the 2035 Goal, it would pave the way for more qualitative, holistic education. Within the next few days, India will celebrate its 73rd Republic Day quoting seventy three years of having the constitution into effect. Since then India is a federal republic Union of states however on actual grounds, we follow a quasi federal structure. This certainly means that the center will have a cutting edge in terms of powers as compared to states. British Raj introduced the process of civil services in India to streamline the process of administration. Ever since then the central government is run by a human resource mechanism called All India Services. There have been several changes in past years regarding the process of hiring & training civil servants. Presently the Department of Personnel and Training takes charge of this process for the central government. Once the DOPT selects the candidates for All India Services via UPSC, It allocates state cadres to the selected candidates. Now a person has to serve in his her cadre unless a deputation knocks at his her door. In layman language deputation is an ad hoc service that an employee performs at a location different from his permanent job location. Presently, As per the IAS Cadre Rules 1954: the State has to nominate the names of All India Services officers for deputation and a maximum of 40 percent of the

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## CISF-HCM-TEST-Dated-2023-02-18-Test NO.-7256

Deputation since this process is tightly coupled and adds a dependency on states recently an update was made in the deputation rules which mention that Centre can get an All India Services officer on deputation without the prior consent of the state. This decision has ultimately added a question mark on center and state relations. For a nation to progress towards development, the center and state must work in a synergy wherein the demands of deputation must be heard by the state government regardless of any political backgrounds and having nation interest first policy. Secondly, the number of seats for all Indian services must be increased to cope up with the demand and supply of human resources chain, lastly lateral entry into sector specific domains at mid senior level bureaucracy must be entertained by the GOI. A rather popular superstition in this land is that if one is leaving for work, trip, or a journey and someone sneezes, it is suggested that one may wait for a while before proceeding. There is some wisdom to this one. Some wise men by their observations probably devised the norm. For the moment, one can see avoidance of airborne infection as the many viruses, as common cold, influenza, prevalent unclassified breeds of virus, bacteria, even tuberculosis. It is now that we hope to see hope in receding of the most devastating pandemic in recorded history. The appearance of a new variant probably so far appears less of a threat, or so we assume. An armory of serial vaccinations, oral drugs, there is much to the tale of man tryst with virus. As health authorities put up a brave front, with Covid 19 vaccine as its main assault rifle, the proliferation of the new variant has caused expectedly, great confusion in large populations. The initial symptoms being mostly upper respiratory track, a quick assessment and line of therapy needs to be assigned. Despite reports that a booster dose has protective action against the variant strain, for acute infections, rest, we

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## CISF-HCM-TEST-Dated-2023-02-18-Test NO.-7257

Deputation since this process is tightly coupled and adds a dependency on states recently an update was made in the deputation rules which mention that Centre can get an All India Services officer on deputation without the prior consent of the state. This decision has ultimately added a question mark on center and state relations. For a nation to progress towards development, the center and state must work in a synergy wherein the demands of deputation must be heard by the state government regardless of any political backgrounds and having nation interest first policy. Secondly, the number of seats for all Indian services must be increased to cope up with the demand and supply of human resources chain, lastly lateral entry into sector specific domains at mid senior level bureaucracy must be entertained by the GOI. A rather popular superstition in this land is that if one is leaving for work, trip, or a journey and someone sneezes, it is suggested that one may wait for a while before proceeding. There is some wisdom to this one. Some wise men by their observations probably devised the norm. For the moment, one can see avoidance of airborne infection as the many viruses, as common cold, influenza, prevalent unclassified breeds of virus, bacteria, even tuberculosis. It is now that we hope to see hope in receding of the most devastating pandemic in recorded history. The appearance of a new variant probably so far appears less of a threat, or so we assume. An armory of serial vaccinations, oral drugs, there is much to the tale of man tryst with virus. As health authorities put up a brave front, with Covid 19 vaccine as its main assault rifle, the proliferation of the new variant has caused expectedly, great confusion in large populations. The initial symptoms being mostly upper respiratory track, a quick assessment and line of therapy needs to be assigned. Despite reports that a booster dose has protective action against the variant strain, for acute infections, rest, we

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## CISF-HCM-TEST-Dated-2023-02-18-Test NO.-7258

By another virus. The 2011 US initiative was probably spurred by a viral mutiny, the Swine Flu in 2009. It is well ascertained that the influenza virus is transmitted from aquatic birds. A bit of insight in the viral world may give clarity as more news spreads in the present circumstances. The influenza virus has been classified as A, B, C, and D. The common seasonal spread in winters is largely due to variants A, B, Variant C is less severe in clinical manifestations. Variant D has a very low incidence, to repeat, the clinical symptoms are predominantly upper respiratory. Cough cold, congestion and fever, mild to moderate. Treatment is symptomatic. No antiviral drugs are approved. Vaccines are available to prevent, thwart, or mitigate severity, but as in the other endemic pandemic virus have not been cleared for infected cases. The diversification of Influenza into four subtypes is due to a process of re assortment, a process by which the virus can swap gene segments. It may be considered a blessing of nature that the influenza persists with its four variants, and no more. In the present clinical scenario, the scare of a common flu being another vociferous variant remains. The health authorities and physicians are more adept at noticing any signs of a more intensive variant. Knowing the inter virus interactions as in influenza, one would wishfully think of weaker variations. The earlier devastating one, does not leave scope of further virulence. The genome has been decoded, leading to vaccines to step up body defenses. Science has done well with vaccines, and the message of booster doses. However, with the confusion, clinical discretion, shall have to be exercised. A certain amount of patience, pain and panic is what we have to go through. Time alone shall settle when we feel more settled.

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## CISF-HCM-TEST-Dated-2023-02-18-Test NO.-7261

Forget that they were treated like cannon fodder, particularly during the early years of WWI. In a scathing indictment of the callous way in which the Crown inducted the Indian Army into the European theatre of battle, David Ommissi, a British historian, writes in his book Indian Voices of the Great War. The Indian troops arrived in France trained and equipped only for a colonial war there was no mechanical transport and shortage of medical supplies and it was months before Indian units had their full complement of warm clothes. As they arrived, these under equipped troops were fed piecemeal into the front line in an attempt to stem the German rush between Ypres and La Basse. Honors alone could not sustain the spays morale which went into steep decline with the onset of colder weather. The Indian troops were withdrawn for rest after heavy losses. As a military historian of independent India, I have always found it conflicting to reconcile the Amar Jawing Jota with the dominating arch of India Gate. The symbolism of merging the flame at Amar Jawing Jota with the Eternal Flame at the National War Memorial must be seen as part of the process of remembering and forgetting at the same time. Until very recently, the legacy of Entail Sub has Chandra Bose and the Indian National Army INA was rarely discussed as a part of Indian military history while studying the period 1939 1947. By including Entail statue in the same complex, his legacy as an expression of militant nationalism in the fight for independence will get its rightful place. As they take a long walk, Indians will remember the sacrifice of their colonized countrymen when they visit India Gate and reflect on what compelled millions of their countrymen to join military service and serve the Crown. As they then move on to the National War Memorial, they will absorb the present and see why India armed forces are a pillar of its democracy. Rather than infusing politics into what is largely an inclusive issue, it is ho



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## CISF-HCM-TEST-Dated-2023-02-18-Test NO.-7262

Everyone else in his big family, which had earned SP much public scorn for being a family enterprise. With no future in SP, his sister in law Aparna Yama has joined BJP. The Badal family domination of the Akali Dal, meanwhile, is yielding diminishing returns to a movement that has dominated Punjab politics for decades. Dynastic succession is a reality in Indian politics except for parties like BJP and fading CPM, CPI though these too periodically make allowances for scions proving their mettle. That none of BJP top rung leaders are dynasts allows Prime Minister Narendra Modi to go on the offensive against big political families like Gandhi. With umpteen regional parties originally ranged against Congress now confronting BJP, the latter is sharpening the parivarvaad attack against dynasties of satraps like M Karunanidhi, K Chandrasekhar Rao, Sharad Pawar, BAL Thackeray, Mulayam Singh, Lalu Prasad and lately Mamata Banerjee. With one plank of the political attacks against him centered on family rule, Achilles has paid a backhanded compliment to BJP for ridding SP of his family members. But political elites down to the district level are actively invested in prolonging their own fiefdoms. Democracy in India has retained many of the dynastic and feudal characteristics of the medieval political economy that preceded it. With personality cults flourishing, creating a line of succession for the immediate family was a primary instinct for those who seized outsized influence in political parties at the national, state and local levels. But there seems to be recognition in the political class that popular acceptance for nepotism cannot be pushed beyond a point. Yama family politicians are conspicuously missing at Achilles side in these elections. Baden MP Sanghamitra Maura has betrayed her 2019 mandate by crossing over to SP, even though her father and senior OBC leader SP Maura has. In Punjab and Uttarakhand, Congress is attempting a one family, one ticket rule discomfiting t

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## CISF-HCM-TEST-Dated-2023-02-18-Test NO.-7263

Tunes like Aye Mere Watan Ke Logon that have wider connect with citizens. There is also much subnational texture to such conflicts. For example, the Centre rejection of Tamil Nadu Republic Day tableau has gotten strong rebuttal from the state, with DMK leaders schooling the north about the contributions of the south freedom fighters that starred in the tableau. But contrary to whatever the most vituperative tweets on opposite sides suggest, such contestation over historical meanings is not new, or necessarily bad. They are part of the rough and tumble of a diverse democracy, and contestations over meanings as well as readings of history are signs of healthy life in the public space. Of course, such debates often follow the power cycle every political party in government that has the capacity and inclination promotes its own heroes and other assorted historical and cultural preferences. But the quest for power by convincing voters is one of the defining features of democracy. Therefore, this is natural, too. Yes, there are some red lines that define a democracy that must be respected in such contests. Otherwise, these so called culture wars are simply a manifestation of politics. This article examines the question how best to measure poverty it (a) looks at indicators and trends of some poverty estimation methods and (b) stresses that poverty based on consumption is still important and there is a need for strengthening the quality of consumer expenditure data. Consumption, MPI, GHI In the consumption method, any household failing to meet the minimum level of consumption expenditure or poverty line can be treated as a poor household. This minimum level of consumption expenditure can be derived from minimum expenditure on food and nonfood items. Nightmares no longer involve missing kids or cash it always the phone. Even before we grope for glasses upon waking, our palm first possessively curls around the mobile. Screen lights up at sunrise. Checking it every 12 minutes

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## CISF-HCM-TEST-Dated-2023-02-18-Test NO.-7264

The panic of sending bitchy texts about someone to that very someone! It not paranoia, our skulls are turning transparent. Think anything and related ads rain down on us. I imagine whole cyber teams assigned to my search engines, powered as they are by poor vision and typos. Even my daughter, fed up by the diverse randomness of my curiosities, asks, Why do you surf porn like other moms Brush your teeth or not, but do erase browser history. Covid has only brought us closer; we constantly elope with phone to coverage areas. App for milk, app for masala dose. Forward this, download that. The fear of being offline, FOMO, keeps us on our toes. Life is a constant search for charging points. Without signal or network that are we squinting at phone, going hmmm when called for dinner or told house is on fire '€! We know about plane crashes and earthquakes in other countries, but an alien invasion in the drawing room will go unnoticed. Loll, we type deadpan. But having sent banging on in law group chat to indicate dinner, we are more careful with emesis now. One must set only those one wants to sext. Every day we have many feelings. Sometimes we are happy, sometimes we are sorrowful, sometimes angry, irritated or afraid; and these feelings fill our mind and heart. One feeling lasts for a while, and then another comes, and another, as if there is a stream of feelings for us to deal with. Practicing meditation is to be aware of each feeling. The Abhidharma writings on Buddhist psychology say that feelings are of three kinds: pleasant, unpleasant and neutral. When we step on a thorn, we have an unpleasant feeling. When someone says something nice to us, you are very smart, or you are very beautiful, we have a pleasant feeling. And there are neutral feelings, such as when you sit there and don't feel either pleasant or unpleasant '€! I find this analysis incorrect. A so called neutral feeling can become very pleasant. If you sit down, very beautifully, and practice breathing and smiling

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## CISF-HCM-TEST-Dated-2023-02-18-Test NO.-7265

A globally competitive pharmaceutical industry, there no denying the numerous challenges ahead, among the biggest of which is the growing incidence of communicable and non communicable diseases in the country and the gap in healthcare infrastructure and services. The pharmacy sector will continue to collaborate with the government and hospitals, diagnostics, and other players in the healthcare ecosystem to address these and other healthcare challenges. While the government must continue to strengthen healthcare infrastructure and delivery systems to ensure UHC for all by 2030, the pharmaceutical industry in India too needs to increase investments in R&D and keep upgrading its manufacturing and quality standards to provide access to affordable medicines for all. Favorable policies and stronger partnerships between government, industry and academia can help accelerate the pace of innovation and expansion of healthcare infrastructure, too. Digital healthcare solutions will also enable the transformation of healthcare in India. For instance, digital data management and information systems and New Age technologies like artificial intelligence and machine learning can help in treating and tracking lifestyle diseases, as is evident from the growing number of health tech start ups in the country. The challenges are numerous, but as both the government and industry have shown in recent years, healthcare for all is no longer a distant dream. Cancer is not a single disease. In fact, there are more than 200 different types of cancers. They are classified according to where they start in the body: breast, lung, oral, cervical, stomach, liver, kidneys and so on. Each of these cancers has different characteristics even if present in the same part of the body. Each carries different proteins which help the cancer grow. This is what makes the treatment more complex and challenging. For example, in breast cancer, based on the presence or absence of certain proteins, there are some maj

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## CISF-HCM-TEST-Dated-2023-02-18-Test NO.-7268

The mutation so that therapies which target this abnormality can be started. Targeted therapies are usually used in the treatment of advanced cancers along with chemotherapy or radiotherapy. In some types of cancer such as HER2 breast cancer, they can also be used at an early stage. Targeted therapy is also usually better tolerated with fewer side effects as compared to conventional chemotherapy. Targeted therapies in India: current scenario and outlook various studies have shown that targeted therapies have improved the survival rate for HER2 positive cancer significantly. Similar studies for lung cancer for patients with mutations in targetable proteins have also shown positive results. Despite the proven efficacy of targeted therapies, we have not been able to use them as much as we would like to for our patients in India. One challenge appears to be financial constraints as majority of these are not covered by private insurance or included in any government scheme. Another challenge is the lack of access to specific diagnostic tests required to check patient eligibility and provide the right targeted therapy. Large scale studies have shown that in India, less than 20% of lung cancer patients undergo basic molecular testing. These problems are exacerbated in Tier II cities and towns. We need concerted action by key stakeholders such as doctors, patient advocacy groups, government (payers), private insurance companies and pharmacy companies to improve access to these therapies. It is also essential to educate the general population and primary care physicians about cancer and related symptoms to ensure that disease is diagnosed at a relatively early stage and maximum number of patients can avail the benefit of curative therapies. Patient education and empowerment efforts are also critical, so cancer patients and their caregivers can actively seek answers from their doctors about the efficacy and use of targeted therapies for their cancers. Moreover, patients should

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## CISF-HCM-TEST-Dated-2023-02-18-Test NO.-7269

By the pandemic. The school education sector faced several challenges and setbacks owing to the extended lockdowns during the pandemic. Remote learning and reliance on digital technologies for disseminating knowledge caused learning disruptions for students. While the government introduced measures and action plans during this period to minimise loss of learning, evidence suggests that many students still need to catch up. As a result, the Union Budget 2023 24 was expected to invest in combating the digital divide and learning loss. But what do the interventions made in the budget for highlights that although, between 2018 and 2022, the government school enrolment rates for children (aged six to 14) in rural areas have gone up by 7.3 percent in almost all states, children basic reading ability has dropped to pre 2012 levels in both government and private schools. Children basic arithmetic levels have also declined as compared to 2018 levels in most states. The National Achievement Survey (NAS) 2021, conducted every three years by the National Council of Education Research and Training (NCERT), helps diagnose students learning gaps. The NAS 2021 also reflects on the poor learning outcomes and drop in arithmetic and language skills. Of the surveyed students in classes 3, 5, 8, and 10, the average score obtained by the students across all grades and subjects dropped in 2021 as compared to 2017. A survey conducted in 2021 highlighted the data on learning loss among students due to online learning. Forty three percent of students in rural areas reported not receiving online material from schools, and 10 percent reported online study as being beyond their understanding. The figure was 14 and 12 percent respectively for urban areas. The statistics are much worse for Dalit and Advise households, where only 4 percent of SC/ST students in rural areas were studying online regularly during the lockdown. Budgetary interventions The increase in the budget allocation for DSEL in FY

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## CISF-HCM-TEST-Dated-2023-02-18-Test NO.-7270

Had released only 51 percent of the funds allocated to Samara Shish. While overall enrolment rates have improved, the availability of safe and enabling learning environments for students has been inadequate. The provision of infrastructure, incentives, and scholarships is essential to ensure students remain in schools and prioritise learning. However, this need is not reflected in the budgetary provisions made in FY 2023 24. For instance, the pre metric scholarship ST allocation has been reduced from INR 419 core in FY 2022 23 (BE) to INR 412 core in FY 2023 24 (BE). The actual expenditure of the scheme in FY 2019 20 (A, or actual) was INR 440 core, indicating much higher spending in the pre pandemic year. He pre metric scholarship minorities scheme witnessed a fund slash of 69.6 percent in FY 2023 24 (BE) compared to FY 2023 24 (BE). Earlier, the scheme used to cover classes 1 to 10, and now it covers only classes 9 and 10. Free elementary education (for students in classes 1 to 8) under the Right to Education Act, 2009 is offered as justification for discontinuing scholarships for the elementary level. However, a closer look at the dropout rates among minorities in elementary education paints a different picture. As per the available data, in 2018 19, the annual average dropout rate of Muslim minority students at the primary level was 7.6 percent, whereas this figure was 3.61, 5.16, and 5.48 percent for students from the general category, scheduled caste communities, and scheduled tribe communities respectively. On a positive note, the Union Government plans to recruit 38,800 teachers and support staff for the 740 Eluvia Model Residential Schools (EMRS), serving 3.5 laky tribal students in the next three years. For this financial year, 51 EMRS are sanctioned with a budgetary outlay of INR 5943 core, that is, INR 116 core per school. Foundational literacy and numeracy (FLN) is another component where experts have advocated for urgent budgetary intervention. To creat

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## CISF-HCM-TEST-Dated-2023-02-19-Test NO.-7271

Forms and colors are often unhappy. If we want to practice, we can go out and look at leaves, flowers, children and clouds, and be happy. If you practice awareness, you suddenly become very rich, very happy. Practicing Buddhism is a clever way to enjoy life. Happiness is available. Please help yourself to it. All of us have the capacity of transforming neutral feelings into pleasant feelings, very pleasant feelings that can last a long time. This is what we practice during sitting and walking meditation. If you are happy, all of us will profit from it. Society will profit from it. All living beings will profit from it. On the wooden board outside of the meditation hall in Zen monasteries, there is a four line inscription. The last line is, Don waste your life. Our lives are made of days and hours, and each hour is precious. Have we wasted our hours and our days are we wasting our lives these are important questions. Practicing Buddhism is to be alive in each moment. When we practice sitting or walking, we have the means to do it perfectly. During the rest of the day, we also practice. It is more difficult, but it is possible. The sitting and the walking must be extended to the none walking, non sitting moments of our day. That is the basic principle of meditation. Abridged from Being Peace Democracy, is where the power lies in the hands of the people. Really this year on 26 the January, India will be completing its seventy two official years of being a democratic state. India after freedom in 1947 was left with many issues to tackle with at a socio political level. One of the biggest challenges to deal with was the legacy that British Empire had left behind. The legacy of managing the Indian people and their multi dimensional perspective. Maslow hierarchy of needs perhaps would be the best to explain the psyche of Indian Voter. Initial Leadership of the country in order to manage this multi dimensional perspective laid down the Constitution of India. A Constitution w



## CISF-HCM-TEST-Dated-2023-02-19-Test NO.-7272

The United Nations Decade for Ecosystem Restoration puts the spotlight on preventing, halting, and reversing the degradation of ecosystems worldwide. Ecosystem restoration means assisting in the recovery of ecosystems that have been degraded or destroyed, as well as conserving the ecosystems that are still intact. Evidence overwhelmingly suggests that this focus is pivotal to help fight poverty and climate change and to save us from extinction. But to succeed, the private sector needs to be at the forefront of this fight. Why focus on ecosystem restoration now our development story so far has been focused on economic growth, putting immense pressure on different ecosystems, and making it challenging to achieve the goal of keeping global temperature increases to less than 1.5 degree Celsius by 2050. There has never been a more urgent need to reverse this process of degradation. In doing this, the private sector has an active role to play. Farmlands which cover more than one third of the Earth land surface are one of the most vital ecosystems to sustain human kind. Through our work in India, Pakistan, Tanzania, and Brazil, we have already seen how private sector can create impact for smallholder farming context by engaging at various levels such as sourcing, finance and by supporting research and development. Many damaging practices such as industrial farming practices have led to pollution of water bodies, deterioration of soil health, loss of biodiversity and destruction of peat lands which are an important reservoir of carbon. This has been driven primarily by the demand created by the private sector. Now the sector has an opportunity to shift investment and business practice towards a different approach. As estimates from giants such as Unilever say, there are losses from inaction, including some \$-300 million per year as worsening water scarcity and declining agricultural productivity lead to higher food costs. 4 Landscape approaches make for an urgent, compelling

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## CISF-HCM-TEST-Dated-2023-02-19-Test NO.-7273

These partnerships also create a good platform to channel private and public funding collaboratively in the right direction and take a systemic approach in addressing issues such as biodiversity, water, human rights, through bottom up collaborative planning in the region. Farmers who are the true custodians of the land and primarily responsible for sustainable production get a seat at the table and can contribute to the action agenda for building the supporting infrastructure for sustainable production. For companies, while it is critical to look at their supply chain to maintain competitive advantage, by supporting landscapes they get a license to operate and improve their reputation in the local community. Landscape approaches also offer better traceability of raw materials can reduce potential operational disruptions due to climate change, resource scarcity and community risk in the future and help improve their regulatory standing. Companies can have different models of engagement with landscapes. They can source sustainable produce from the landscape directly or through its suppliers, for example IDH Source Up is an online platform that links Agra commodity companies with multi stakeholder initiatives in producing regions Compacts. Companies can also contribute to funds investing in landscape partnerships, for example, fashion label Chanel has recently committed \$25 million as the anchor investment in the Landscape Resilience Fund which will raise \$100 million by 2025 to support sustainable agriculture, protect forests, and to support smallholder farmers in developing countries. Companies that want to be deeply involved can directly invest in projects supported through the landscape partnerships, provide supply chain finance, or join the governance of the multi stakeholder partnerships in the sourcing regions and influencing suppliers and peers to join, for example, Nestle, recently announced investments in forest landscapes in South east Asia as part of its for

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## CISF-HCM-TEST-Dated-2023-02-19-Test NO.-7274

The invitation extended to the heads of state of the five Central Asian Republics Kazakhstan, Kyrgyzstan, Tajikistan, Turkmenistan and Uzbekistan as chief guests at India Republic Day parade generated much celebratory recollection of a shared history. Unfortunately, the leaders won are travelling to New Delhi due to Covid. Curiously, however, most of the focus has so far been on the so called Silk Route trade links and relations during the Cold War, while most have diplomatically avoided references to the links originating in the Mughal dynasty. Announcing the decision to hold a virtual summit with the five leaders a day after the Republic Day, India has referred to Central Asia as part of its extended neighbourhood. This is indeed historically true. It remains to be seen if the more ideologically inclined in New Delhi present ruling dispensation would be tempted to recall that Babur, of the Bari Masjid fame, rode out of present day Uzbekistan to establish the Mughal Empire. On December 24, India recorded 7,189 new Covid cases and the daily positivity rate of testing was 0.65. A month later, the daily caseload increased about 36 fold to about 2.55 lakh with a positivity rate of 15.52. It a surge reminiscent of last summer devastating second wave but without similar consequences. Neither has India medical infrastructure been overwhelmed nor has economic activity been as severely disrupted. For sure, the current wave is not over. However, the evidence of the last four weeks shows that India has absorbed the lessons of the first two waves and come up with more sophisticated responses. The primary credit for it goes to state governments who have tailored responses to the incidence of infections within their jurisdictions. The first wave taught us that infection peaks vary across regions which meant that a homogenous national response extracted an unwarranted economic cost. In the second wave, governments at both levels were caught napping. On this occasion, two aspects in

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In the pathogen. Sketchy data on breakthrough infections embodies a prevailing weakness. Availability of more granular data will help states further refine their responses. India has the means to rely more on its own research but it needs better coordination from Gobi. In the areas of vaccines and capturing the infection spread, Gobi needs to take the lead in raising standards. In an order that essentially urges central agencies to investigate cases expeditiously, the Supreme Court has granted bail to an alleged cattle smuggler behind bars for 14 months while CBI took its own time probing a conspiracy angle after filing a supplementary charge sheet in February 2021. CBI attempt to foreground national security by alleging that Enamel Hague was the kingpin of a cross border cattle smuggling racket involving BSF, Customs and Bengal police officials fell flat with SC asking why 14 months of Hague incarceration were enough to prove the conspiracy. Having already undergone a sixth of the maximum term of seven years imprisonment in the case, any further incarceration would have undermined the constitutional principle of innocent until proven guilty. Routinely, investigating agencies seek extension of custody of accused citing ongoing investigation. But it for courts to call their bluff. Equally, it is the backlogs in courts that keep most accused persons behind bars. A net result of dysfunction at the investigating and judicial ends is that a whopping 76 of inmates in Indian prisons are under trials. Contrast this to the US or UK where convicts are 76 and 84 respectively of the prison population. Premier agencies like CBI with a reputation to protect must be especially mindful of setting the bar high for state police forces to emulate. It is Gobi responsibility to fulfill CBI staffing and forensic investigation needs. A 2020 CVC report reveals nearly 20 of CBI sanctioned staff strength lying vacant. While CBI claims a high conviction rate of 70, currently, a third of 9,757

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## CISF-HCM-TEST-Dated-2023-02-19-Test NO.-7276

Even as the Indian ambassador to the UN deplored the spread of Hindu phobia in some parts of world, in a local TV interview the head of a US organisation called Genocide Watch claimed that the stage was being set for the mass murder of minorities in India. Ever since it won Independence to emerge as the world most populous democracy, India has been a favourite whipping boy of the Anglophone West. Many, like the arch imperialist Winston Churchill, predicted that the new born nation, with its much diversity of creed and caste, would disintegrate within years, if not months. Proving such doomsayers wrong, India has not just survived but thrived in its plurality for 75 years, incurring the ire of its ill wishers, who seize any opportunity to show the country in the worst possible light. Such attempts to malign India, arising out of spite at seeing a once subject nation rising as a corrective counterbalance to the hegemony of the so called First World, are best brushed aside with disdain. But this latest charge leveled against the country, that it is heading towards a Nazi style Holocaust, can be treated with casual contempt. As the interviewee said during the discussion, the subcontinent saw not one but two genocides at the time of Partition, an avoidable bloodbath for which Britain precipitate and self serving exit from its erstwhile colony was largely responsible. Following Indira Gandhi assassination, there was mob violence, partly spontaneous, partly politically motivated, against Sikhs. Similarly, the post Godhead riots of 2002 have a murky ideological backdrop. But to cite the outcry of love jihad, the Citizenship Amendment Act, gaur rasher vigilantism, and isolated attacks on mosques and churches, as the TV interviewee did, and create a chronicle of genocide foretold is an allegation demanding a rebuttal not just from the government of the day but from each and every one of us. Genocide involves collective responsibility, which means all of us. And apart from any

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The clock is also a form of the wheel that represents the Kal Chakra, time cycle. forms of chakra that represent different dimensions, meaning and utility. The Brahmend Chakra signifies the cosmos; the Samsara Chakra, the world order; the Jeevan Chakra, unending cycle of birth and rebirth in humans, animals and plants; the Ritu Chakra, the six seasons that come one after the other and keep repeating the cycle endlessly; and the Kal Chakra, time cycle. There is also the Dharma Chakra that symbolises the Vedic rit, dharma, moral order. The Dharma Chakra is significant in Buddhism and Jainism. It denotes the continuous flow that regulates the individual and society in terms of morality and code of conduct. The first sermon by the Buddha is known as Dharma Chakra Pravartan. As Kal Chakra, the Sudarshan Chakra becomes a dreaded weapon in the hands of Vishnu avatar Vasudev Krishna of the Mahabharata. It is a beautiful but fast moving weapon meant to destroy imperfection. The chakra is also a symbol of the Sun, the most essential source of energy on earth. The sun also revolves continuously on its axis like a chakra. In fact, in early art, the sun is represented as chakra. Moreover, when a king or a god is portrayed as chakravarti, powerful, he is depicted with a chakra aura behind his head. According to Ideologist VS Garhwali, the chakra also symbolises unity in diversity, the guiding force of our culture and democracy. The 24 spokes of the chakra on our national flag represent 24 hours of the day. They emanate from the center and move out towards the circumference in different directions, showcasing diversity, while the motionless but all uniting axis represents unity. Though the spokes go in different directions, they, all the same, remain tied to the center. This, according to Garhwali, confirms the saying from the Rig Veda: Exam sat viral bahudha vadanti. The truth is one, like the calm center of the chakra, but the learned describe it in different ways, like the spoke

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## CISF-HCM-TEST-Dated-2023-02-19-Test NO.-7280

Even in tier 2 and 3 regions of the country. The total number of loans sanctioned by NBFCs through digital lending platforms has spiked by more than 55 between 2018 and 2020, indicating the rise of digital lending across India. And this is just a start. The growing adoption of finch lending is attributed to several factors. For instance, finch companies follow digital onboarding using new age techniques like e KYC and sign, thus minimizing or completely eliminating the need for physical paperwork. Consumers can opt for loans through online submission of documents like PAN card, Adhere card, income statement, etc. on app or website. For analysing the creditworthiness of consumers, finch players leverage efficient underwriting algorithms, which enable them to sanction loans only to the genuine borrowers with positive intent and good repayment history, almost immediately. Traditionally, it takes around 7 8 business days for lenders to disburse the loan. But with finch, a borrower can get money credited into his account in a few hours. Clearly, finch lending is fast, convenient and seamless compared to conventional lending methods that are highly tedious and time consuming. However, as a borrower, you must keep a few things in mind while taking loans from finch companies. To begin with, a borrower must check and learn the lender credibility before availing of a loan. For this, they should scan through their testimonies, read about both negative and positive reviews, and find out whether or not the lender is honest with customers throughout the transaction. One of the best ways to collect honest feedback about the lender is to communicate with previous loan consumers and know all the pros and cons. Access to these inputs will help borrowers make informed decisions and protect them from any kind of hidden costs. Once the finch company is finalized, don forget to read the fine print during the loan procedure. You must read and review all the terms and conditions of repayment

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## CISF-HCM-TEST-Dated-2023-02-19-Test NO.-7281

Following the devastating second Covid wave and in preparation for the third, we converted over a thousand beds at our Health City in Bengaluru to ICU beds in order to take care of sick patients. Now, despite our institutional positivity crossing 50, we only have 29 patients in our ICU and the situation is no different in other parts of the country. Most Covid ICU beds are empty. Prime Minister Namenda Mode asking citizens and party workers to achieve 75 voter turnouts in upcoming elections is a target that can build on the already stupendous work done by Election Commission to expand voting rights. On National Voting Day, Chief Election Commissioner Sushu Chandra said India now has over 95 core voters, a figure that trumps voter count in the second largest democracy, the US, several times over. Much credit should go here to the framers of the Constitution who weighed in favor of a central, independent constitutional body to oversee elections. This works better than the US model of decentralized electoral processes that is sowing chaos and blatantly undemocratic practices like voter suppression. Far from disenfranchising voters, India has moved in the direction of easier enrolment and improved access to voting for citizens at the margins, thanks to EC getting institutional support to largely deliver on its mandate. The commission ability to self correct, like the crackdown on large election rallies held earlier in blatant disregard for the pandemic, is just as praiseworthy. An equally impressive achievement for EC, which paid special attention to regions with low women enrolment, is that new female voters have grown at a faster rate 5.1 than male voters. Their enthusiasm to enroll is also reflecting in increased female participation in elections. Bihar in 2020 witnessed 60 of eligible women turning out to vote against 54 of men. Not surprisingly, women voters are being aggressively wooed now by political parties. However, urban voters are pulling their weight enough



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## CISF-HCM-TEST-Dated-2023-02-19-Test NO.-7282

Commission to respond to a PIL that seeks restraints on pre poll promises of political parties that have financial implications as the petitioner fears for the health of state finances. The three member bench indicated that the issue is serious enough to warrant a response from two of the stakeholders. They have been asked to respond in four weeks. India Constitution imposes restraints on the extent of debt states can run up. Article 293 forces states to operate under borrowing limits set by Go. In practical terms, go fixes borrowing ceilings for states at the beginning of each financial year. Within the limits that have been set, the way political parties want to spend the available resources is a matter of what they wish to priorities. The essence of fiscal policy is adjusting taxes and spending to get the preferred economic outcome. Governments may make wrong choices. But that for politicians and voters to judge, not courts. Stranger is the Gujarat HC observation on China, while ordering a stay on the removal of anti dumping duty on some Chinese imports. Love or hate China, you cannot ignore it, the two judge bench said. How China, a major power and a dangerous adversary, should be thought of is absolutely outside a court domain, even in its observations. Courts stay away from commenting on foreign powers, with good reason. Gujarat HC should have followed that tradition. Relatedly, it does India trade policy little good if HCs keep ruling on matters like anti dumping duties these should be executives domain and that of tax tribunals. Courts are a force of good. They will be better if they recognise no go areas. RPN Singh exit from Congress and entry into BJP has less to do with Congress and more to do with BJP. Another leader leaving Congress is hardly likely to make a difference to the party dim prospects in Uttar Pradesh. The akkar is between Yogi Adityanath and Akhilesh Yadav. As of now, Congress is expected to come a poor fourth, the third position likely to g

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Is positive thinking an inherent characteristic of a person or can it be developed in one psyche? The opinions differ in answering this vital question. Some people believe that it can be inherited from parents, and cannot be developed. Others believe that like other qualities it can be developed with proper practice and guidance. Still some others hold the opinion that it is hereditary to some extent but can be acquired to some degree. There is also a section of people, who believe that all depends on circumstances or luck. We need to adopt a scientific approach to find an answer to the above question. No one can get success every time even after making efforts, nor can one fail constantly. Moreover, success has different meaning for different people. For some students, getting 60 per cent marks is success, for others it may not be sufficient. In a competitive examination, success means getting selected, whatever the percentage of marks. As for inheritance theory, since positive attitude is not a physical feature but a mental faculty, it cannot be purely hereditary. It can be developed. Moreover, parents play a major role in developing this quality of a child. A child, who watches his parents working hard, having faith in success through their words, behavior and body language, is likely to develop a similar attitude. The children of short-tempered, over cautious and nervous parents may assume similar characteristics when they grow up. Psychologists, therefore, prescribe a code of conduct for parent behavior in front of their children. They must exude confidence, self-belief and hope, especially in difficult situation, so that the children emulate these qualities. They must be taught the importance of being positive before, during and after the performance of a task. There is no better education for a child than watching his parents come out of a tough situation by means of earnest endeavors. Such success not only gives more joy but also increases self-confidence.

## CISF-HCM-TEST-Dated-2023-02-19-Test NO.-7286

Employee and has quashed and set aside the judgment and decree passed by the learned trial court consequently dismissing the suit filed by respondent no.1 herein original plaintiff declaring the date of birth of employee 24.01.1961, the original defendant karnataka rural infrastructure development limited hereinafter referred to as the original defendant appellant corporation has preferred the present appeal. Feeling aggrieved and dissatisfied with the

impugned judgment and order dated 05.11.2019 passed by the high court of karnataka at dharwad in writ petition no. 109447 of 2019 sores , by which the high court has partly allowed the said writ petition, relying upon the judgment and order passed in raft no.1674 of 2013 which is the subject matter of civil appeal no.5720 of 2021 arising out of slap no.2368 of 2020 and has directed the karnataka rural infrastructure development limited to reconsider the decision of original writ petitioner with respect to change of date of birth, the original respondent - karnataka rural infrastructure development limited has preferred civil appeal no.5721 of 2021 arising out of slap no.1062 of 2021. Civil appeal no.5720 of 2021 the facts leading to the present appeal in nutshell are as under:- that respondent no.1 herein original plaintiff was appointed with the appellant - corporation in the year 1984. In the service record his date of birth was reflected as 04.01.1960 as per silk marks card. After the lapse of nearly 24 years, respondent no.1 herein original plaintiff requested for change of date of birth from 04.01.1960 to 24.01.1961. That thereafter respondent no.1 filed a suit for declaration before additional city civil and sessions judge at Bangalore to declare that his date of birth is 24.01.1961. The suit was opposed by the appellant corporation relying upon the karnataka state servants determination of age act, 1974 hereinafter referred to as the act, 1974 and resolution dated 17.05.1991 passed by the appellant - corporation

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## CISF-HCM-TEST-Dated-2023-02-19-Test NO.-7287

To maintain it, an effective system is essential for marketing of agricultural products so that the interests of producers and consumers may be safeguarded. A model Act has been circulated to the States in order to make uniformity in the regulation and management of markets. In order to provide basic infrastructure facilities for these markets under a Centrally-sponsored programmer, the committees of the trade centers are given monetary assistance to the markets through the State Government. Now, both the programmers for the development of markets and construction of village god owns have been entrusted to the State Governments. with the Chief Minister as the Chairman. They have started an agricultural machinery board for supplying machinery. They have taken many steps in addition to the normal measures. The Government has been doing their very best in this regard. But with all that, it has not kept up with the targets fixed, unless earnest and vigorous attempts are made. I wish to throw out my own suggestions in this regard. They may not be very pleasant but I wish to be excused because I am speaking from experience. Madam, the first thing is that so far as the producing agency is concerned, its voluntary interest and its enthusiasm must be won. For instance, in industrial labor relations, we got out of the way to invite labor and give it even participation in the management and to do everything for labor. This is just to see that industrial relations are good and the industrial output will be increasing day by day. Should we not show some consideration for this producing agency, namely, the farmer? Mr. Thomas has shown how agricultural products, even at these increased prices, are not paying to the agriculturist. He has shown that very correctly, and everyone who has intimate connection with agriculture at least will agree to that, and if at all anything, that is an under-estimate, not an over-estimate. When that is so, how can we expect the farmer to produce unles

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## CISF-HCM-TEST-Dated-2023-02-19-Test NO.-7288

In the rubber industry. The present production, of rubber is about twenty thousand tons a year, the demand is increasing every year, while the supply is not keeping pace with the demand. It is proposed to fill up the gap over the short period by importing rubber. The Bill, when passed would enable the Board to import rubber and a provision has been made as to how any profits that are made out of this import of rubber should be utilised. To increase the, production of rubber, it is proposed to take up the development scheme. The details of which are being worked out. It appears that at present the small grower is at a great disadvantage, as far as the marketing of his rubber is concerned. This problem is rather difficult to solve However, provisions have been made for the Rubber Board to take up marketing of rubber also. It is hoped that the new Board will be able to tackle the problem of the small grower of rubber industry successfully. The Rubber industry has established itself as a major industry in India. India ranks high in natural rubber production. Sir, the Press Council Second Amendment Bill was introduced by me in the last session, as I submitted in my statement which I laid on the Table of the House. I request the House to consider the Second Amendment because an Ordinance had to be issued since the life of the Council was expiring. Since the life of the present council was expiring, we had to issue the Ordinance. At this stage, I do not think have much to say because it is a very simple Bill. It is only trying to extend the life of the Press Council till the end of the year. If we are able to finalize the formation of the Press Council earlier, then, of course, the present term would expire earlier. You will recall, I had said in the course of the last debate that a Committee of Members of Parliament has been working for the drafting of the second Bill, which is likely to come up before the end of this session. The Committee has been sitting and they have b

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## CISF-HCM-TEST-Dated-2023-02-20-Test NO.-7289

Bumped off in these goose stepping times. What will replace it Not a Vanda wonder, but Aye mere witan key logon. Despite the Urdu witan instead of BJP authorised janmabhoomi, this patriotic paen is kosher because the lyrics are by Kava Praveen, and, btw, also commemorate the fallen heroes of the 62 war with a still grabby China. Closer in meaning to abide with me is Farida Kannur Ajar Jane Ki zed and kayo, but obviously that would make the cut. Gandhi Christian apart, the fuss over the axing is semantically unfounded. You can say abide with me and beat retreat at the same time, no you d sound totally confused or at best, like a victim of unrequited love. But the hype gripe has given grist to several news cycles, and is welcome relief from elections and Omicron. The first will always abide with us the second is in no hurry to beat retreat. Apart from the serious usual suspects, plenty of annoying die herds should be drummed out. Met averse everything, Nova Jokes, Zombie Blurs days, Wardle addiction, Gen Z slang. Also, the kombucha kefir kimchee gang since life in enough ferment already. Sourdough, too, because something more cheerful is kneaded. Spiritually speaking, if we have a similar experience over and over again, it often means that we have not learnt the required lesson from it the very first time. Every incident takes place to impart some teaching, or to cut our previous karmas. With the Covid 19 pandemic waves coming back again and again, Nature seems to be asking us to transform, go back to being our natural self, and embrace truth in our actions, thoughts and deeds. Now is the time to prepare to be a sahi human real human; being sacral, sahib, and savanna uncomplicated, easy and normal, the way Nature wants us to be. And by shedding all our acquired mannerisms, we can grow to become a Being of Light. Let us be centered, cleansed and come into our natural swoop, form, so that Nature can work upon us. Nature appears to be determined to remove all imperfection

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And Amazon The answer is simple: Indian startups need a level playing field with their global counterparts. They need the ability to access deep pools of capital to build companies at global scale. For this, they must be given the choice to list on foreign exchanges, if it works better for their business model and customer base. The government had taken a step in the right direction, by amending the Companies Act in September 2020 to pave the way for unlisted companies to list on foreign exchanges. But more than a year later, the rules for enabling this reform are still awaited, despite persistent pleas from the entire startup ecosystem. Startups have pinned their hope on the reassurance that this reform will be operationalized in the upcoming Budget. There are several misconceptions about how this reform will impact India. First, some argue that this may undermine or hurt the Indian domestic capital markets. This is far from the truth. For most Indian startups, the home market will continue to be the preferred listing destination as it offers many inherent advantages. India capital markets regulator SEBI has brought in several progressive reforms to allow domestic exchanges to become attractive options for raising capital. The success of recent IPOs like Tomato and Nuka has demonstrated that the Indian capital markets have the appetite to invest in new tech models. It has also proven that many Indian founders will continue to prefer listing in India. Then why enable global listing, if the Indian capital markets are coming of age that a very pertinent question. The answer lies in giving founders the choice as start ups have significant variations in the sector they operate in as well as where their customers are located. It true that Indian capital markets are allowing tech entrepreneurs to unlock value like never before. But despite the success of these recent IPOs, there are companies in certain sectors that will benefit much more from accessing foreign capital mar

## CISF-HCM-TEST-Dated-2023-02-20-Test NO.-7291

Logistics, genomics, biotechnology, EV technology may be better served by global capital markets. In contrast, companies in sectors like consumer products or financial services would always prefer, and benefit from, an Indian listing. We also can afford to ignore the size, scale and depth of international capital markets. Take this: the total market capitalization of all the companies listed in India as of Dec 31, 2021 was approximately \$3.6 trillion while the comparable number for the US is 15 times or \$53.0 trillion. In 2021, India saw 63 IPOs raise a total of \$16 billion whereas the US had 6 times as many IPOs 397 raising 9 times the capital \$142 billion. Also, compared to the US, much fewer funds are allowed to invest in India or Asia or Emerging markets. By not allowing Indian startups with global ambitions to tap these deep markets, were hindering their ability to become global powerhouses. A foreign listing will force Indian startups to benchmark themselves to global comparable and raise the standards across the industry. It will also make it easier to acquire other companies with liquid stock currency or hire international talent. These would add up to huge net positives for improving India competitiveness and productivity. The other argument is that Indian investors will miss the party. They will lose the opportunity to take advantage of the growth of Indian unicorns if they tap international capital markets. Again, this is a misconception as Indians will hugely stand to benefit from this reform. These companies will remain centered in India and the FDI that will flow as a result of the capital being tapped will bring wealth creation and job creation opportunities at scale for India. This will also create a ripple effect of making India an attractive investment destination. As more and more foreign investors familiarize themselves with Indian companies listed on global exchanges, they are likely to invest more in India. One of the worst arguments is when cri



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## CISF-HCM-TEST-Dated-2023-02-20-Test NO.-7292

Global scale for this, they must be given the choice to list on foreign exchanges, if it works better for their business model and customer base. The government had taken a step in the right direction, by amending the Companies Act in September 2020 to pave the way for unlisted companies to list on foreign exchanges. But more than a year later, the rules for enabling this reform are still awaited, despite persistent pleas from the entire startup ecosystem. Startups have pinned their hope on the reassurance that this reform will be operationalised in the upcoming Budget. There are several misconceptions about how this reform will impact India. First, some argue that this may undermine or hurt the Indian domestic capital markets. This is far from the truth. For most Indian startups, the home market will continue to be the preferred listing destination as it offers many inherent advantages. India capital markets regulator SEBI has brought in several progressive reforms to allow domestic exchanges to become attractive options for raising capital. The success of recent IPOs like Zomato and Nykaa has demonstrated that the Indian capital markets have the appetite to invest in new tech models. It has also proven that many Indian founders will continue to prefer listing in India. Then why enable global listing, if the Indian capital markets are coming of age that a very pertinent question. The answer lies in giving founders the choice as startups have significant variations in the sector they operate in as well as where their customers are located. It true that Indian capital markets are allowing tech entrepreneurs to unlock value like never before. But despite the success of these recent IPOs, there are companies in certain sectors that will benefit much more from accessing foreign capital markets. Take for instance, Software as a Service Sagas. Today, India is home to several Sagas companies that are ready to tap global markets. It being touted as the second wave for the cr

## CISF-HCM-TEST-Dated-2023-02-20-Test NO.-7293

Listing we also can afford to ignore the size, scale and depth of international capital markets. Take this the total market capitalization of all the companies listed in India as of Dec 31, 2021 was approximately \$3.6 trillion while the comparable number for the US is 15 times or \$53.0 trillion. In 2021, India saw 63 IPOs raise a total of \$16 billion whereas the US had 6 times as many IPOs 397 raising 9 times the capital \$142 billion . Also, compared to the US, much fewer funds are allowed to invest in India or Asia or Emerging markets. By not allowing Indian startups with global ambitions to tap these deep markets, were hindering their ability to become global powerhouses. A foreign listing will force Indian startups to benchmark themselves to global comparable and raise the standards across the industry. It will also make it easier to acquire other companies with liquid stock currency or hire international talent. These would add up to huge net positives for improving India competitiveness and productivity. The other argument is that Indian investors will miss the party. They will lose the opportunity to take advantage of the growth of Indian unicorns if they tap international capital markets. Again, this is a misconception as Indians will hugely stand to benefit from this reform. These companies will remain centered in India and the FDI that will flow as a result of the capital being tapped will bring wealth creation and job creation opportunities at scale for India. This will also create a ripple effect of making India an attractive investment destination. As more and more foreign investors familiarize themselves with Indian companies listed on global exchanges, they are likely to invest more in India. One of the worst arguments is when critics compare direct listing to flipping, a term being used to describe the trend of Indian founders incorporating their startups overseas. On the contrary, not having the option to allow direct listing could be one of the reaso

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## CISF-HCM-TEST-Dated-2023-02-20-Test NO.-7294

Happiness It is so much about owning the thought, that the pursuit of happiness lies in dropping the search and embracing the authenticity of the moment The stark conditioning to seek goodness and eliminate sadness from our lives repels us from loving our lows and owning our highs, till the extent that we disregard the beauty these hard times hold in shaping happiness. As Rumi says it rightly, breakthroughs come up with the intention of believing in hope, magic and newness. Our wounds carry the elixir for our healing. It would be unfair to demean our hurt in the struggle to find the healing potion for joy. As Rebecca Campbell quotes, light is the new dark . It time we change our perspective towards this darkness and embrace our scars with love. It courage to walk with our scars but it brave to take a pause, smile, thank them and be ready to slay ahead. It is time we accept the bad with the good, the sorrow with the joy and the suffering with the healing. Humanizing Data Science may sound like a big fancy word. However, in reality, it is simply making Data Science as a technology more accessible to a layman. As we know, the only way, Data Science becomes directly useful to a human is when it gets democratized, and to do that, it needs to get Humanized first How The real life biggest applicability of Data Science is to empower the decision makers of the businesses and to pull out the stories from the data with which a business user can resonate and can make an informed decision. And that is where Humanized Data Science comes in handy. Today, solutions like Lean ETL, Data Mesh, Self Service BI, and NO Code Analytics are just a few names of the fishes in the ocean of the Data Science universe that is making it more humanized. Why Good Part, When Technology like Data Science starts becoming humanized and resonating with humans directly, it starts solving the business problems and adding to the efficiency and efficacy of the business. That is where the role of Advanced Tec

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## CISF-HCM-TEST-Dated-2023-02-20-Test NO.-7297

The introduction of Humanized Data Science. I am referring to the layer of Augmented Data Management that is powered by Data Science and Artificial Intelligence. This layer needs to be humanized to the level that it becomes Business user centric. And yes, Humanized Data Science will be playing a major role in bridging that gap. Today, the adoption of technologies like Artificial Intelligence and Data Science is less compared to the kind of value it brings to the table simply because of its narrowed target audience, it is mostly targeted to the Tech Professionals Tech Geeks and comes out complex to be directly consumed by a Business user with no coding background, again, thanks to humanized and no coding touch to these technologies which is changing the perception of the users towards it and is minimizing the repulsion in the adoption of it from the masses. So, in short, Humanized Data Science is bridging many gaps right from the application of Data Science in the market to its adoption in businesses. Where we are Heading 2022 will change the pattern of Data Science to Humanized Data Science, which will also shoot up the BI adoption with easy availability of BI enablement options to start the BI journey for any enterprise. Every day, new advanced ways of handling the Data spectrum are getting introduced to embark the data driven culture in businesses. Data is becoming directly available in form of insights to the business users with the help of powerful BI platforms that use humanized Data Science at their backend and these instant insights are becoming pivotal today for most businesses to take timely decisions. With the no code approach in Augmented Data Management and having Self Service BI in place, The workplaces are getting connected internally like never before and able to leverage Data to run the daily operations successfully. Also, with time, this all is getting better Technologies are making business users their best friends and enhancing the calibration of b

## CISF-HCM-TEST-Dated-2023-02-20-Test NO.-7298

With a mala fide intent to spoil my winter recess since I was too naughty to be handled at my maternal home in Jaipur. To the surprise of the horse, I almost jumped out of the Tonga when it reached the destination. I had spotted my aunt, all smiles, standing at the little courtyard outside her place. I was extended a warm welcome by my favorite aunt with my favorite Plaza Ki Kishore and Marche Bade the famous snacks of Rajasthan . My aunt had landed up with her first job of a government school teacher at Deli and grandpa and granny were both uncomfortable with the idea of letting the pretty spinster live all by herself in an unknown place. They visited her every weekend and this time, I was the extra baggage since I have been missing my aunt at Jaipur. I polished off my plate and jumped out to play outdoors in the semi arid landscape of Deoli, reined by the Cheri trees. I would not know then that Cheri would contribute with it firewood the same night to not only keep us warm in the five degrees of the Deoli winters but also help granny to cook up Leal Means Red meat curry a delicacy of Rajasthan . I curled up with my loving aunt after a sumptuous meal and slept like a log of Cheri. I woke up to the Republic Day, next morning. A hot water scrub bath and I was ready to accompany grandpa to the celebrations at aunt school. Aunt had left early morning for her rehearsals. The otherwise lackluster government school building was decked up like a bride that morning. The stage was set, the rural kids were fancied up and my pretty aunt looked delightful in her lozenge chili a traditional attire of Rajasthan as she guided us to the seating area. The National Cadet Corps NCC Cadets were on fire with patriotic fervor all around while the famished teenager in me shamelessly looked around for after event refreshments when a solitary figure caught my eye. Away from the crowd, he was seated alone on a bench near the school gate watching the proceedings intently. Something on his body

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## CISF-HCM-TEST-Dated-2023-02-20-Test NO.-7299

Sixth sense failed me. Are you participating He offered me redid a kind of sweet rock candy. No uncle, I am a looker on too, I munched what you mean I was never a spectator on Republic Day. I was always a participant right from being a NCC Cadet to an Army Officer. It just that now a days, I do not go uninvited especially since I am no more a serving soldier. By the way, I was the chief guest here last year but they never called for me this year so here I am, enjoying the show nevertheless, as a common Indian, his voice was penetrative. How can you be a common man, uncle Soldiers are not commoners. For that matter, any compatriot who sacrifices for his country can never be a commoner, I sounded patriotic. You seemed to have a matured head over young shoulders, I see. So, what do you aspire to be when you grow up It was 3.30 pm. I had been sitting all through the day, right from 9am, waiting for my turn to deliver my talk in the recently held public speaking event at Guru Gram. With still ten speakers to go and with my patience, energy and enthusiasm dwindling, I just closed my eyes for a moment and tried to recollect all the motivational thoughts stored in the medulla the show nevertheless, as a common Indian, his voice was penetrative. How can you be a common man, uncle Soldiers are not commoners. For that matter, any compatriot who sacrifices oblongata of my tiny brain. Immediately a quote stored somewhere in my upper you participating He offered me redid a kind of sweet rock candy. No uncle, I am a looker on ware started flashing which recharged my discharged self. It whispered silently the show nevertheless, as a common Indian, his voice was penetrative. How can you be a common man, uncle Soldiers are not commoners. For that matter, any compatriot who sacrifices.

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## CISF-HCM-TEST-Dated-2023-02-20-Test NO.-7300

Four thousand kilometers separate India and Israel. Today marks the 30th anniversary of the establishment of full diplomatic relations between the two countries. From agriculture and water management to innovation and security, the two countries share knowledge, projects and, most importantly, a vision for the future. In recent months, along with the UAE and US, we have partnered in a unique diplomatic dialogue. If there is one significant point of similarity between Indian and Israeli cultures, it is that both are rooted in deep histories. Among others, Ramayana and Mahabharata, and Tanah and Talmud, are grand, dramatic epics that tell the story of a people as well as moral stories which define the norms and the laws of life. Today the first weekend this year where many cities will see a semblance of normalcy. Unlike earlier occasions, states this time have not let weekend restrictions linger even though daily new infections average around 2.5 lakh. It spells relief for India beleaguered contact intensive businesses such as eateries. This sector has been among the worst hit over the last two years. The National Restaurant Association of India last year estimated that the pandemic induced lockdowns had put around 25 of restaurants out of business, leading to retrenchment of about 2.4 million employees. The scale of damage was surely avoidable. States during the Omicron wave raised their game by linking mobility restrictions to the extent of stress on the healthcare infrastructure. Going forward, this should be the primary metric to guide decisions. Another approach that needs to be avoided is differentiating between essential and other activities to decide on shutdowns. Every activity generates jobs and arbitrary demarcations undermine livelihoods. To illustrate, across India gyms have been amongst the worst hit by shutdowns, which have often persisted long after other activities resumed. Typically, the average Indian business is small sized which makes it impossible

## CISF-HCM-TEST-Dated-2023-02-20-Test NO.-7301

The contents of the Bill. It has been my general objection that Article 123 of the Constitution, which empowers the President to promulgate Ordinances during the recess of Parliament, is a very special power. Therefore, Sir, it is an extraordinary power which has to be exercised with very great caution and care and only in an emergent situation. The First Amendment provides that Congress make no law respecting an establishment of religion or prohibiting its free exercise. In the last few years, thanks to jobs becoming global, the importance of English has increased manifold. It has over the years become an important medium of communication, both at the international and intra-national levels. The importance of spoken English is even more, because here are many cases. Where one knows his subject well, but fails to communicate it properly. The practice of spoken English, therefore, is quite essential. Learning English in a country where it is not a native language, opens a number of opportunities for the Individual. An individual can make strides in the management ladder if he or she can speak English fluently. If your English is poor even though with brilliant business ideas, you may still find yourself languishing at the bottom of the management ladder. Your productivity will drop over a period of time since you will find difficulty in expressing your brilliant ideas. Those who can speak good English will probably usurp your ideas and get the credit for all the hard work you did. Group discussion is one of the ways to test someone communicative skills generally before the final interview for a job. An English language trainer trains the candidates for group discussions. While training the candidates, the trainer aims at grooming the whole personality etc. He usually organizes number of mock interviews to make the candidates confident and to assess them as where they are lacking in order to fill the gap. Fear of speaking in front of groups is one of the greatest fears



## CISF-HCM-TEST-Dated-2023-02-20-Test NO.-7304

Was also opposed on the ground of delay and laches on the part of respondent No.1 original plaintiff in requesting to change the date of birth. Relying upon Section 5 2 of the Act, 1974 the learned Trial Court dismissed the suit vide judgment and decree dated 28.07.2013. Feeling aggrieved and dissatisfied with the judgment and decree passed by the learned Trial Court dismissing the suit, respondent No.1 original plaintiff preferred Regular First Appeal No.1674 of 2013 before the High Court. The High Court by the impugned judgment and order dated 11.03.2019 has allowed the said appeal by observing that it was highly impossible that the plaintiff should have availed the remedy within three years from the date of joining of service and also observing that the resolution dated 17.05.1991 passed by the appellant corporation adopting the Karnataka Civil Service Rules and allied laws was not brought to notice of the plaintiff. Feeling aggrieved and dissatisfied with the impugned judgment and order passed by the High Court dated 11.03.2019 allowing the said appeal and quashing and setting aside the judgment and decree passed by the learned. Trial Court dismissing the suit preferred by respondent No.1 herein and consequently decreeing the suit and declaring the date of birth of respondent No.1 original plaintiff 24.01.1961 instead of 04.01.1960 recorded in the service record, original defendant employer corporation has preferred the present appeal. Shri Gurudas S. Kannur, learned Senior Advocate appearing on behalf of the appellant corporation has vehemently submitted in the facts and circumstances of the case more particularly when the request for change of date of birth was made after 24 years and de hors the statutory provisions, the High Court committed a grave error in decreeing the suit and granting the declaratory relief. It is submitted that as mandated by Section 5 2 of the Act, 1974 no such alteration to the date of birth to the advantage of a State servant be made u

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## CISF-HCM-TEST-Dated-2023-02-20-Test NO.-7305

The various sufferings, endurance and joy described in books enable us to have a closer look at human life. They also inspire us to face the hardships of life courageously. Nowadays there are innumerable books and time is scarce. So we should read only the best and the greatest among them. With the help of books we shall be able to make our thinking mature and our life more meaningful and worthwhile. A Visit to an Exhibition: Recently, an exhibition Building A New India was held in the capital. It was organized by the Ministry of Information and Broadcasting, Government of India. The exhibition was set up in the Triveni Kala Sangamon. The chief exhibits were photographs, novels, some sculptures by Indian modern artists presenting Indian cultural inheritance. First of all, I visited the general section of the exhibition where different charts and photographs depicting India development in various fields were set. Most impressive photographs among these were those showing India nuclear development. The second section dealt with India magnificent historical background. I was fascinated by the pictures of Mohenjo-Daro excavation. Then I saw the most beautiful and colorful section of the exhibition i.e. the cultural section. It consisted of paintings, sculptures, photographs etc. The Rajasthan and Gujarati paintings were very colorful and attractive. This exhibition, inaugurated by the Prime Minister, lasted for a week. My Favorite Teacher: A teacher is called builder of the nation. The profession of teaching needs men and women with qualities of head and heart. There are many teachers in our school and a large number of teachers among them are highly qualified. I have great respect for all of them. Yet I have a special liking for Miss Y. Miss Y is a woman of great principles. She is jewel among all the teachers. Almost all the students respect her. She teaches us English. She is quite at home in this subject. She takes keen interest in teaching students. Simple living an

## CISF-HCM-TEST-Dated-2023-02-20-Test NO.-7306

My bent head. The teacher had caught me red handed. She scolded me then and there and insulted me in front of the whole class. I was embarrassed. My cheeks burned being guilty conscious. When the class was over, I went to the teacher to apologize. When she saw that I had realized my mistake, she cooled down and then told me in a very kind manner how disheartening it was when she found any student not paying attention. I was genuinely sorry and promised to myself never to commit such a mistake again. The Saddest Day of My Life: Days are not of equal value in one life. Some bring happiness while others bring sadness. Sadness and happiness both are equally important to man life, since they are the two sides of a coin. As we cannot forget the happiest day, we are unable to forget the saddest day of our life too. The saddest day of my life was the Diwali Day. Diwali is considered to be a happy festival and till last Diwali, it was my favorite festival. On last Diwali, my sister, my brother and I were busy lighting the fireworks. I was holding a fuljhari in my hand and unfortunately my younger brother, who was standing just beside me, had a cracker in his hand. This cracker caught fire and a very loud explosion was heard which shook my sister and me. After that, we all could think of nothing else than blood stained cotton, bandage, Dettol etc. My cousin took my brother to the doctor where he got 14 stitches in his forefinger and thumb. But at home, everybody kept cursing and blaming me for the mishap. That night, I could not sleep and I cried a lot. For next few days, I bore the burden of this blame for being responsible for this unfortunate incident. I felt deeply guilty conscious which I was able to overcome after a long time. Life Is Action, Not Contemplation: Life offers many opportunities to us to succeed and see it closely. But action is required for it. Goethe, a German philosopher rightly remarked that Life is action, not contemplation. Even Charles Darwin proved t

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## CISF-HCM-TEST-Dated-2023-02-21-Test NO.-7307

And inspiring vivacity. Such imagery can play an important role in changing mindsets and mending prejudices. It can encourage young women to consider military careers even as it helps erase their families nervousness about this. But all such social change banks on institutional change, on the forces welcoming women soldiers and promoting them fairly. On this front a lot of the push has actually come from the Supreme Court side, while the forces have kept petitioning for more time to mitigate operational, practical and cultural problems. For example, last week saw SC asking government to explain why the intake of women candidates at the National Defence Academy has been prelimited at only 19 for the upcoming session, which is how many women were inducted last year. Hans NDA set up the infrastructure needed for a full intake of women yet Warfare has changed dramatically since the 20th century, modern armies need an appropriately wider skill set. They need women. It the end of January and many resolutions to exercise are trailing off. But don worry, that perfectly normal. We were not born to huff and puff on a jogging track, lift weights or contort our bodies into shape. Exercised Why Something We Never Evolved To Do Is Healthy and Rewarding by Daniel E Lieberman, an evolutionary biologist at Harvard University brings the evidence to bear upon this peculiar modern activity. Our aversion to a workout is perfectly natural. Avoiding non essential exertion is simply pragmatic adaptation. It is also possible to live a long and healthy life without it. But the book shows what exercise can do, and what we gain from incorporating it into our routines as a lifetime habit. The Special Protection Group SPG, whose sole mission and responsibility is the protection of the Prime Minister of India, has been in the news recently for the lapse in PM security in Punjab on January 5. The Supreme Court has set up a five member panel to probe the security breach. The matter rightly raises se

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## CISF-HCM-TEST-Dated-2023-02-21-Test NO.-7308

Posing serious risks to focus, time resource, relationships, and most importantly, health, they snatch our sleep, peace of mind, sense of balance and wellbeing. The monkeys are mobile phones, money and our mind. Mobile phone is a smart tech device, a useful tool, and can be our good servant. But our deep attachment with the gadget has almost elevated it to a status of one of our body parts. Lording over us, the device is playing truant with sleep, mental health, interpersonal relationships, academic attainments and productivity. And necessary tool to survive. Money per se is not a nuisance but our addiction to it makes it so. Dazzled and enamored by its exterior facets status symbol, power and flamboyant lifestyles we dance to money tune and often fail to realise when our material needs degenerate into greed, inviting misery. Our mind is a rare gift to us by God. Incredibly intelligent with unlimited potential, it is our great asset and should be our friend. Yet unchannelled and unguided, our mind could be our worst enemy. The torrents of thoughts the mind produces, unless filtered or directed, can torment us. Anxiety, anger, jealousy, fear, depression and other irrational and negative thoughts are some samples of the mischief an uncontrolled mind can create. In fact, the monkey mind is the most dominant mischief maker, and if this one is mastered, the other two monkeys can be tamed. One profound insight that we receive from spiritual masters and health experts is the need to cultivate an attitude of non attachment to master such monkeys. The attitude allows us to live in this world fully without being attached to things or thoughts that cause disturbance and suffering. A mobile phone attachment with us runs deep, and to break free from its bondage we could practice keeping the mobile out of sight for hours or days, a kind of digital fasting. This way we can set ourselves free from its spell and enjoy more real life connections and experiences. Our idea of money need

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## CISF-HCM-TEST-Dated-2023-02-21-Test NO.-7309

Full of a new term Jet land for western UP the region between Saharanpur and Ghaziabad for the past few days. What is surprising is the term Jet land used for a community where they are not just a miniscule percentage of votes in the region, let alone the entire state, but also the fact that there are other castes and communities that are present in much larger numbers. A peek into history will make this allegory look even more absurd. The first big leader to emerge from the community was former PM and UP chief minister Chaudhary Charon Singh. In 1969, BKD won 98 out of 402 seats with an overall vote percentage of 21.29 of the total votes polled in the assembly elections. The veteran grassroots leader was a larger than life politician who enjoyed full support of other communities including Adams, Rajput, Goo jars and the farming community. This explains why his party was consistently polling near 20 vote share in subsequent elections till his death in 1987. Despite the disruption caused by the pandemic, the industry has seen a rapid increase in the number of fitness enthusiasts over the last two years. The industry resilience and adaptability worked in its favor. A heightened sense of awareness among the people led the industry to innovate and adopt technology first solutions. As recently as 2019, the global fitness industry market size surpassed 96 billion USD; with over 170 million people choosing to stay fit every day. When the pandemic hit, these people moved to online solutions. Fitness companies that embraced this saw massive growth in the last few years. For example, in response to the shift to remote working during the initial lockdowns, the fitness industry provided remote workout solutions to allow fitness enthusiasts to virtually follow their fitness regimens. Apps providing online consultations surged whether it is a consultation with a doctor or a dietitian. These apps are gaining popularity due to the extent of personalization and convenience they can p

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## CISF-HCM-TEST-Dated-2023-02-21-Test NO.-7310

Expected to encourage more people to use online and hybrid workout modules, it will also make room for large scale tech innovations to emerge and thrive in the fitness domain. Aside from personal motivation, recent technological advancements will have an impact on the fitness industry innovation trajectory. The rise of the Metaverse is one such development. Fitness enthusiasts will be able to pursue their fitness goals with the help of highly immersive and interactive workout games in the future thanks to advanced fitness technology. The games, which will be created using VR and AR technologies, will encourage movement based cardio exercises, music mapped routines, and newer fitness activities such as boxing, sword fighting, and dancing, among others. Repeated waves of Covid 19, and now the emergence of the Omicron variant, which is expected to peak in India by February 2022, have increased demand for fitness at home. Aside from concerns about future variants, there is a growing emphasis on fitness as a catalyst for the rising incidents of lifestyle diseases such as obesity, stroke, type 2 diabetes, heart disease, and atherosclerosis. Working out in the Metaverse will also enable users to organize group training, cycle racing, and running sessions with friends from all over the world. Apps will support the fitness metaverse, making users fitness journeys more immersive and compelling. Users of block chain based apps, for example, will be able to earn tokens by completing tasks and modules on fitness apps. These tokens can then be used to purchase fitness equipment, gain access to new modules, and schedule live coaching sessions. The rise of online fitness classes is just one chapter in a long story of fitness industry innovation. People all over the world will be able to enjoy superior experiences enabled by tech led training sessions, with the virtual fitness market expected to reach nearly 60 billion USD by 2027. The transition to such a future has already begun

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## CISF-HCM-TEST-Dated-2023-02-21-Test NO.-7311

Populations and which permit diversity of co existence through myriad mechanisms. To do so, it is imperative for planners and institutions in the public healthcare space to broaden the aspect of wellness into every realm of public life to come out of their established but now untenable positions and examine fundamental first principles in view of the existential challenges posed by mutant viruses and bacteria. In traditional knowledge systems like Ayurveda and associated disciplines, the anti bacterial and antiviral strategy was multi dimensional and multi pronged ranging from preventive to remedial. The range included a wise selection of materials used in public touch surfaces to design of homes, to food combinations to formulations of Bahamas for targeted delivery of vital elements to Yoga Asana and Pranayama practices to cleanse lymphatic nodes and more. The Ayurveda Yoga continuum is a well known Indian Knowledge systems example, which hosts within itself manifold approaches for boosting immune system and offer resilience by harnessing life force principles intrinsically. The war on disease may well need to be flipped into a comprehensive public wellness program by policy a planner that spans human food, lifestyle, education, consumption choices and even investigate materials being used in daily life. Moreover, this switch is deeply and intricately enmeshed with the sustainability debates and must not be viewed as an isolated silo. Take the case of choice of materials. Copper or Tamar has been known for at least 5,000 years in Indic knowledge systems, has emerged as a new but a well established ancient candidate in the war against disease on two planes: surface based and water borne transmission of disease vectors. A well publicized New England Journal of Medicine article 1 authored by van Dormagen et al. shows that the COVID 19 Coronavirus retains infectivity on a variety of common surfaces like plastic and 304 Stainless Steel for 48 to 72 hours. In contrast, it



## CISF-HCM-TEST-Dated-2023-02-21-Test NO.-7312

On January 27, the government handed over the reins of Air India to the Tatas in what political commentators have rightly characterised as a historic juncture for the flag carrier since its nationalisation in 1953. The writing on the wall was unequivocally clear privatise or shut down. What is not as certain, however, is the impact of the sale on India future disinvestment agenda. Supporters have lauded the move for both signaling a strong commitment to market driven reforms and a tangible landmark that can guide future privatisation efforts. Instead, it is critical to treat Air India sale for what it is, an island of success in a dysfunctional governance environment, rather than a watershed moment in public sector reform. Three features explain what is different in India only successful privatisation effort in 19 years. One, the political environment behind the Air India sale has been characterised by an increasingly rare mix of inters elite consensus and popular support. Consider 2001, when the government efforts to divest 40 equity stakes in Air India were allegedly scuttled by its own minister of civil aviation, who was vehemently opposed to giving up control. Citing an adverse climate amidst intense political opposition, the only bidding consortium withdrew. Similarly, building its platform on the opposition to disinvestment and a coalition of Left leaning parties, the Congress party approved a Rest 300 billion equity infusion to turn around the airline in 2012, despite a worsening debt burden. Cut to 2017 when the Mode government first attempted to divest a majority stake in Air India, and the picture was very different. Whether it was due to the opposition own role in the ill advised merger cum expansion that led to an intractable debt burden or increasing public support, it was telling that political elites steered clear of explicit criticism against an impending sale. Beyond political circles, policy intellectuals and media moguls across the aisle also helpe

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## CISF-HCM-TEST-Dated-2023-02-21-Test NO.-7315

From a crown jewel under Tata stewardship to a taxpayer burden under state control, only served to enhance sympathy towards the cause of returning ownership to the Tatas. Popular support for the Air India sale coupled with Tata involvement lent a political viability that might not have been possible otherwise. Third, the terms of the final transaction might prove difficult to replicate. The final transaction was unique in two ways. One was the government decision to divest its entire stake and, second, was its offer to provide flexibility on the amount of debt. Out of the total debt burden of Rest 61,526 core, Tatas have committed to undertaking only 25 of the total debt and paid a paltry Rest 2,700 core as cash. Add significant tax concessions and the transfer of other intangible assets, and the deal gets sweeter for the Tatas, while the loss to the public exchequer increases. A distress sale of this nature certainly does not provide a financially viable blueprint for future privatisation efforts and might be much harder to land politically. Successive governments have failed to reform PSUs or relinquish control, given vested interests of rent seeking parties, ideational resistance from elite groups, and weak institutional structures. Predictably, cracks are already forming in other efforts the sale of Central Electronics Limited CEL has been put on hold under allegations of under valuation and rigging, while there are concerns that bidders are allegedly influencing valuation in BPCL privatisation. Unbridled optimism that the deal is a harbinger of a new era of reform might be misplaced. Understanding what is unique to the Air India sale instead, will help illuminate what the future holds for India disinvestment agenda. In business schools in the 1980s, the Avis marketing case study was legendary. The tagline went we are number 2. But we try harder. This was the pre Umber age when Hertz was the market leader in the cut throat car rental business. As its nearest comp

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## CISF-HCM-TEST-Dated-2023-02-21-Test NO.-7316

Spokespersons, conscience keepers, torch bearers, and goal scorers. A Cristiano Ronaldo helps. We are number 2. We don't try is the wrong shibboleth to inspire its cadres. Politics has no runners up trophy, unfortunately. Though the Congress has a low tally of just 52 Lok Sabha seats, there is no shame in being the largest opposition party it still commands a 20 vote share. In the two comparable democracies, the UK and US, whether through filibustering or parliamentary interventions, public debates or street protests, the leading opposition party performs like a shadow government in waiting. The opposition voice dominates airwaves, sets the agenda on daily prime time news, and drives public opinion. The Congress, far too accustomed to unfettered uninterrupted power, has failed to do enough justice to this pivotal role. For a challenger brand, the key is unflagging discipline and intelligent risk taking. Prashant Kishor is right waiting for anti incumbency to defeat BJP is like waiting for Donald Trump to become Gandhi. The BJP can certainly be defeated but the Congress needs a fresh idea. Or a compelling narrative. Or the simplest option, a brand new leader. Even despite this unfathomable torpor that grips the party functioning, it is likely to surprise many in the forthcoming state assembly elections. The party has extraordinary roots, mostly under leveraged. The hard truth that Congress must accept is that people want to see a new face at the helm. Rahul Gandhi flip flop on his own role has aggravated public antipathy towards the first family alleged imperiousness. In his celebrated speech at Jaipur on becoming vice president in 2013, Rahul had said Power is poison. It is certainly not a cinch. For the party critical resurrection, Rahul Gandhi is better suited to do a nationwide podiatry, connecting with the poor and the destitute, the marginalized and the dispossessed, with who he appears more at home. He should be Congress ideological ambassador, not the impatie

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Handedly behind that deceptive exterior of the good boy next door look lurks a fiercely lionhearted man. The Congress loyalists would still get a Gandhi with her political brand largely intact, while Pilot could attract millions of voters who find dynastic politics retrograde. The BJP gets votes not necessarily because people like them more but because they like the Congress less. The grand old party must reverse this public trust deficit. Piranha and Pilot can do that they are both young and plucky and mirror an aspirational India in transition. The BJP talks of their double engine, the Congress duo could be a bullet train. Indian warehouses are usually located in remote areas with a modicum of facilities. Over the last few years, the growth of ecommerce and online retailing in the country has given rise to a renewed demand for warehousing capabilities. In order to reach the customer as soon as possible, you, as a business, need to have a presence close to the market. To ensure minimum downtime in a remote plant, you need to maintain a network of multiple warehouses at different locations and have access to inventory from anywhere and anytime from any device. This can become a challenge with rural locations. Here, Software as a Service Saabs can ensure that even a small operation of 20 30,000 SQFT can use industry accepted processes. Saabs companies regularly add learning from their customers across domains to the platform every month. This not only democratises access, but it also helps their customers refine processes and systems for optimal performance. Given the supply chain heavy reliance on data crunching, a Saabs Warehouse Management Software WMS can provide data points from multiple warehouses, customers, devices and sensors on the Cloud. The data analytics team can then analyse this data and come up with better inventory strategies. Saabs WMS works on a Mobile First basis and connects to the cloud directly on the 4G network. They work on Android based handh

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## CISF-HCM-TEST-Dated-2023-02-21-Test NO.-7318

Only for current usage and increase or decrease payments as per business flow per month. The software gives you an all in one cost structure with no hidden charges and makes payments predictable and easily provisioned. Latest technology on tap while technology changes rapidly, logistics companies in house teams may not always be positioned to keep up with changes in digital technology, e way bills, GPS, IoT etc. This can form an impediment in delivering new features regularly. With the help of Saabs companies experience across multiple technology teams and customers, there is a reduced dependency on long term employees, thus reducing the chances of ransom salaries. Best practices for operations Warehousing companies need to compete in a cut throat market where efficiency is vital. Saabs companies learn from across domains and customers and incorporate their learning into software features. Warehouse providers can therefore adopt these ready to use practices built into the Saabs and offer the best possible solution to their customers. Business continuity and security traditionally, logistics companies kept their entire IT infrastructure in a single place for data security. However, with internet connectivity, they had to plug their infrastructure to the larger world, opening the floodgates to possible security attacks. Events such as floods, the pandemic etc., have now closed the doors to physical offices for days, if not weeks. In such a situation, Saabs companies can act more swiftly with their expertise and teams of people monitoring cyber attacks round the clock. In addition to its benefits, a warehouse services company must ask themselves the following questions while selecting a Saabs partner Pedigree and track record What is the company background Have they been around for long What is their organization size Are they profitable and or well funded Customer base Who else is trusting their Saabs system Can people or businesses you know refer you to their services

## CISF-HCM-TEST-Dated-2023-02-21-Test NO.-7319

The market with his son to sell their donkey. He comes across some village boys out to have fun. Seeing the father and son duo walking with the donkey, they first suggest that let the son ride on the donkey and save the effort. The son is put on the donkey back. The boys then ridicule the boy for riding while the father walks. The father and son switch places. The father rides while the son walks. The boys then taunt the father for making the poor son walk and advise the duo to ride the donkey together. Thinking it a good idea they comply. The poor donkey collapses from exhaustion. The boys then express their disgust at the duo for ill-treating the donkey and advice that they take the donkey to an animal doctor. The duo again follows the advice. On the way, they come across barking stray dogs. In the confusion that ensues, the donkey falls into the flowing river. The donkey is lost forever. Banwarilal loses the donkey because he follows what he is suggested without thinking for himself. Moral: He who listens to everybody will only become a laughing stock. One hot day, a thirsty crow flew all over the fields looking for water. For a long time, he could not find any. He felt very weak, almost lost all hope. Suddenly, he saw a water jug below the tree. He flew straight down to see if there was any water inside. Yes, he could see some water inside the jug! The crow tried to push his head into the jug. Sadly, he found that the neck of the jug was too narrow. Then he tried to push the jug to tilt for the water to flow out, but the jug was too heavy. The crow thought hard for a while. Then, looking around it, he saw some pebbles. He suddenly had a good idea. He started picking up the pebbles one by one, dropping each into the jug. As more and more pebbles filled the jug, the water level kept rising. Soon it was high enough for the crow to drink. His plan had worked! Moral: Think and work hard, you may find solution to any problem. French Revolution: At the beginning of the

## CISF-HCM-TEST-Dated-2023-02-21-Test NO.-7322

That the High Court ought to have appreciated that the ignorance of law cannot be an excuse. It is submitted that being an employee in fact he was supposed to know the rules and regulations applicable to the employees of the corporation. It is submitted that in any case, the High Court ought to have non suited the employee on the ground of delay and laches as the request for change of date of birth was made after lapse of 16 years from the date of adoption of enactment Act, 1974 by appellant corporation. Relying upon the decisions of this court in the cases of Home Depot. v. R.Kirubakaran, 1994 Sapp 1 SCC 155; State of M.P. v. Primal Shrivs, 2011 9 SCC 664; Life Insurance Corporation of India & Others v. R.Basavaraju 2016 15 SCC 781 and Bharat Coking Coal Limited and Ores. v. Sham Kishore Singh 2020 3 SCC 411, it is prayed to allow the present appeal. Learned advocate appearing on behalf of the appellant corporation had fairly admitted that so far as respondent No.1 herein Â- employee is concerned, the impugned judgment and order passed by the High Court has been implemented. However, as others suits are pending, he has requested to decide the question of law so that the impugned judgment and order passed by the High Court may not come in the way of corporation. Sheri

Ashok Bannidinni, learned Advocate appearing on behalf of respondent No.1 original plaintiff has submitted that so far as respondent No.1 original plaintiff is concerned the impugned judgment and order passed by the High Court has been implemented in the year 2019 and even thereafter he has attained the age of superannuation treating and considering his date of birth as 24.01.1961, nothing further is required to be done in the present appeal and as such the present appeal has become infructuous so far as respondent No.1 original plaintiff is concerned. Now so far as Civil Appeal No.5721 of 2021 arising out of SLP No.1062 of 2020 is concerned, it is submitted that even the said appeal has also become inf

## CISF-HCM-TEST-Dated-2023-02-21-Test NO.-7323

Voltaire and Montesquieu, the bourgeoisie demanded political rights and government by the consent of the people. Estates-General France had an assembly called the Estates-General, meant to represent all the three Estates. The Estates-General, however, was never summoned between 1614 and 1789. Benazir Bhutto: Benazir was assassinated on December 27, 2007 in Rawalpindi by the Islamic terrorists, when she was addressing one of the election meetings due to be held soon afterwards. Her death postponed the elections; the Pakistan People Party triumphed at the polls thereby shattering the dream of Nawaz Sharief of the Muslim League to occupy power. Zardari, in his earlier avatar as Consort of Benazir, earned nickname of Mr. 10%. Lo & behold, Mr. 10% now becomes head of the State. Zardari has visited a number of countries in his quest to seek foreign financial assistance and military assistance to defeat the Taliban. The monster created by Pakistan refuses to vanish and is now determined to destabilize the country and bring down the entire superstructure. The Swat Valley in early 2009 was occupied by the Islamic militants before they were ousted by a determined army action. Climate Change: The climate is the commonly considered to be the weather averaged over a long period of time, typically 30 years. Somewhat more precisely, the concept of climate also includes the statistics of the weather such as the degree of day-to-day or year-to-year variation expected. The Inter-governmental Panel on Climate Change IPCC glossary definition is: Climate in a narrow sense is usually defined as the average weather, or more rigorously, as the statistical description in terms of the mean and variability of relevant quantities over a period of time ranging from months to thousands or millions of years. The classical period is 30 years, as defined by the World Meteorological Organization WMO. These quantities are most often surface variables such as temperature, precipitation, and wind. The f



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## CISF-HCM-TEST-Dated-2023-02-22-Test NO.-7324

A nation that prepares for its Union Budget Day. As the positivity rate of Covid cases are increasing rapidly, schools, and colleges have decided to continue with online classes. The EdTech industry and all the other startups in the education sector are eagerly awaiting for the budget day as a lot depends on the financial support that offered by the Government in terms of tax exemptions and funding. Educational institutions are also looking forward to the agenda of NEP 2020. As per the Union Budget of 2021, the education sector was allotted a total of Rest 93,224 core. Out of which, Rest 54,873 was allotted for school education, and the rest for the higher education space. As the pandemic and the situation in terms of the educational model followed, has changed much, education experts are expecting at least a 10 higher budget allocation for the upcoming 2022-23 budget, since last year a major chunk of the funds were allocated to healthcare and emergency services. The Government should provide a clearer breakdown of the budget and give due diligence to enhance internet connectivity and modern amenities. The quality of education cannot be compromised and hence classes should be accessible on 5G internet to all students irrespective of them belonging to tier 2, 3, and 4 cities. Availability of electronic devices PCs, laptops, smart phones to every student holds a major role in enhancing digital learning. A relaxation on GST for EdTech platforms and developments in the digital infrastructure are a must for the effective implementation of NEP 20. Also by reducing the interest on education loans, the government can create a level playing ground for all learners. Another major concern that students have is the lack of diversity or representation in higher educational institutes. Inclusivity is still a stigma and measures need to be taken at a much larger scale for a change to be effectively visible. Just as the previous year, Government should bring out plans and encourage Atma

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## CISF-HCM-TEST-Dated-2023-02-22-Test NO.-7325

By blood sugar levels that are consistently above average, the risk for diabetes still increases. Taking steps to change your diet and lifestyle may help manage your diagnosis early on. A Journal of Internal Medicine study found it is possible to go back to a normal blood sugar level with effective weight management and blood pressure control. Here are some easy ways in which you can take charge of your health after a prediabetes diagnosis. Incorporate exercise into your normal routine there no doubt that exercise is great for everyone, but for those with prediabetes, is a vital component of treatment. During physical activity, your body uses excess sugar in the bloodstream as energy for your cells and muscles. Go for a walk to shed off a few kilos it is very effective and the best exercise recommended for preventing and managing diabetes. According to the American Diabetes Association ADA, people with diabetes who exercised moderately for 30 minutes, three to four times a week, maintained healthy blood sugar levels for almost three hours longer each day than the non exercising group. The effects of high blood sugar can include nausea, loss of breath, and the eventual development of type 2 diabetes. Through this physical activity alone, this group lessened their exposure to these risks. It important to note that if you re starting an exercise routine for the first time, it best to build up gradually to the recommended 30 minutes a day. So, start small, and break it into increments if needed three ten minute walks can be far less daunting than one long one, after all. One of the most common causes of low blood glucose is too much physical activity. In fact, moderate to intense exercise may cause your blood glucose to drop for the next 24 hours following exercise. Tweak your diet for better blood sugar management a fasting blood sugar level between 100 and 125 mg dl is considered prediabetes, while a reading below 100 mg dl is considered healthy for most adults, accord

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## CISF-HCM-TEST-Dated-2023-02-22-Test NO.-7326

Vegetables healthy snacking. When choosing snacks, opt for those that are low in sugar, sodium, and unhealthy fats to avoid blood sugar spikes and weight gain. Healthy snack options like protein rich dairy products, fruits such as apples or blueberries, vegetables or a small serving of nuts are all good options in your daily meals. Additionally, one can even include a diabetes specific oral nutrition like Ensure Diabetes Care between meals which has a slow release energy system to help manage blood glucose levels and support weight management. Cut back on indulgences and find your Zen certain lifestyle factors stress, drinking aerated beverages, and smoking, to list a few can make it harder to maintain healthy blood sugar levels. And while reducing stress is often easier said than done, it important to make time for yourself and take steps to manage it. Mindful exercises like yoga and meditation are a great way to find your Zen, while also getting in a healthy dose of fitness. Including simple mental health breaks into your day, practicing breathing exercises and taking time out to pursue a passion or hobby will also help foster inner peace to deal with the chaos of everyday life and eliminate dependency on external factors. A prediabetes diagnosis can be overwhelming, but it does not have to turn your world upside down. One should view it as an opportunity to turn the situation around and actively seek professional and personal support to cope with it. This is a year of optimism & newer opportunities for the Fast Moving Electrical Goods FMEG sector in India. A lot of sectors had a ruffled start in FY21 22 due to the pandemic, FMEG being one. The industries are slowly recovering now but this has to be supported by government policies and announcement. There is a need more than ever for a holistic budget when we are under the ominous time of Covid 19 third wave. The companies are hoping the government will offer concessions and brings down the parity and rates to 18 p

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## CISF-HCM-TEST-Dated-2023-02-22-Test NO.-7327

Of transitioning to energy efficient solutions. The sector is looking forward and hoping for the government to use Atmanirbhar Bharat and Make in India programmers to attract foreign investments, implement cutting edge technologies, and increase exports in order to make India a global powerhouse. This will also in turn help increase job prospects, which is necessary for a post pandemic future. A greater focus on employing emerging technologies to emphasize the importance of using energy efficient solutions will push the companies to come up with innovative product offerings. Since innovation in the field of mobility, power management will act as the success ladder for the sector in India. These steps may also aid in defining a route toward meeting the net zero target by 2070. It rightly said where there is a will; there is a way, as the FMEG sector is on the watch for an optimistic budget. Looking at the key parameters, a budgetary allocation and related policies towards empowering the Fast Moving Electrical Sector are imminent. Lavonia was Tamil Nadu dear daughter and a worshiper of Bharuch Mata. She believed in Thirukural and hence was firm in her Hindu dharma. She trusted that the Constitution would save her. But she was forced to commit suicide by the nefarious conversion zealots. Hence, actually it was a suicide but a killing by anti Constitution conversion forces. After several days and a lot of angry voices against the organised church, her father sheepish statement proves only one thing Church is stronger than the paternal bond between a daughter and her father. The Indian Constitution, created under the leadership of Babasaheb Ambedkar says all persons are equally entitled to freedom of conscience and the right to freely profess, practices, and propagate religion subject to public order, morality and health Article 25. Further, Article 26 says that all denominations can manage their own affairs in matters of religion. Lavonia Christian School tried to snatch

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## CISF-HCM-TEST-Dated-2023-02-22-Test NO.-7328

During the Christmas holidays the girl, though a Hindu, was forced to stay back in the hostel of the Christian institution. She wanted to go back to her family, but the Christian management cited education as a reason and forced her to stay in the hostel during a Christian festival. This could be construed as illegal confinement of a minor. The religious angle is too obvious. I remember the great monk said in one of his articles that conversion is a violence against Hindus. The proselytizer zealot applies a verbal and symbolic violence against the person faith, beliefs, gods and goddesses and insults his ancestors. He makes the converted person an alien in his family, among his community and alienates his connections with his civilizational roots. The advocates of conversions want that India must not celebrate festivals like Pongal, Diwali, only their festivals as approved by the Vatican of religion. Lavonia died because she did want to leave celebrating Pongal and adopt an alien festival. She was a true Hindu, a true Indian who thought perhaps the Constitution and its protectors will help her. Sadly, all those who swear by the Constitution failed her. India has been a center of Dharma that showed the basic human values to the entire universe. We do not believe in exclusivism but in inclusivism. Our Upanishads have said that Let Thoughts come to us from all directions. We do not want to live in a house with closed doors and closed windows. Swami Vivekananda, who narrated the story of Jesus Christ in a very emotional manner and introduced celebration of Christmas in all Ramakrishna Moths world these words you are not Christians. Go back to Christ. He had strongly opposed the idea of conversion in these words and then every man going out of the Hindu pale is not only a man less, but an enemy more Complete fiercely against the Christian conversions of the Hindus. He challenged the Christian proselytizers asking if the god is prejudiced against the non Christians He said

## CISF-HCM-TEST-Dated-2023-02-22-Test NO.-7329

There something to cheer before the budget India goods exports are a record high 393 billion, after having stagnated in the 250 330 billion annual range for a decade. A robust revival in global goods trade helped, of course, but India global share of exports also rose to an all time high, and in the last quarter likely crossed 2. While higher commodity prices contributed, which could reverse, too, trends in several large sectors seem sustainable. Take electronics, the largest sector by value in global goods trade, where India has been noticeably absent so far. In 2021, India exported 16 billion, a fraction of a percent of global trade but double the level of 2018. While the government target of 110 billion in four years seems ambitious, a multifold increase from current levels is likely. Beginning February 10, the first batch of 690 assembly seats across five states will record polling. Attention is largely focused on UP, where the assembly has 403 seats, or 58 of the total. The first two rounds of polling in UP will have a predominant focus on western UP, the state relatively less poor agricultural region, which contributes about 73 seats. While it does provide the bulk of representation in the assembly, the campaign themes here encapsulate the full spectrum of both identity and economic issues that have captured public attention. The highlight of the current phase of campaigning for western UP is the pitch made to attract Jat voters. They have been integral to BJP social alliance in UP that has delivered in three successive elections since 2014. However, passage of three farm laws in Parliament in 2020 undermined this coalition as Jat farmers were a part of the agitation against the reform. True, farm laws were withdrawn last November. However, the agitation brought out larger problems in west UP agrarian economy, which is dependent on the government price support system for two key crops, wheat and sugarcane. The presence of a significant Muslim population in many

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## CISF-HCM-TEST-Dated-2023-02-22-Test NO.-7332

Play out, there will be plenty of sound and no light. The best and the logical choice to shine a light is the Supreme Court, which has the matter before it. As of now, SC has constituted a committee mandated to identify those shriveled, establish if any government agency acquired the spyware, and whether lawful procedures were followed for operating it. Therefore, whether Israel sold Pegasus to India, as reported by the New York Times, is a question the committee should be able to answer. The opposition is expected to demand a discussion in Parliament, but disrupting the Budget session over the issue may do it little good, even in an election season, since the issue is not one that easily saleable in the rough and tumble of a campaign. The government, on its part, should cooperate fully with the committee. It obvious now that some answer is necessary on whether and how Pegasus was bought by official agencies. On a broader scale, and as argued previously by this newspaper, just as there no doubt that some national security imperatives require covert surveillance, there also no doubt that in a democracy opposition leaders, judges, journalists and activists cannot be spied on. As SC had said, a government cannot get a free pass every time it mentions national security. The court had also specifically observed that spying on journalists reduces their professional ability to gather facts and is, therefore, antithetical to democracy. What India needs, and no government, whether Congress or BJP, has paid notice to this, is a national security law a set of rules that will govern surveillance. Most well functioning democracies have such laws. It the lack of rules that allow surveillance far beyond the scope of what can be reasonably thought as national security concerns, because no party involved in covert information gathering feels constrained. Intelligence gathering in a democracy cannot be via ad hoc decisions, and neither can citizens privacy be violated in similar fashi

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## CISF-HCM-TEST-Dated-2023-02-22-Test NO.-7333

Heightened phonemes are the new pheromones. With several analyses confirming the game grid as a status enhancer when it lights up in the right colors, these hues can be considered analogous to the moods signaled by status updates on travel. Grey indicates that the player has got nothing, it is like the commute to office. Yellow says the letter is right but in a wrong position. That corresponds to a hard won leave but a trip to the least favorite relative town and the resultant posts that induce shock and awe. Green is the tint of success the right letter in the right place, like flying into Paris. Five greens and the player displays behavior defined by a word that has more than double the letters permitted by the game, braggadocio . The all green tracks with 1 sulfide with Mona Lisa; 2 a picture of a croissant being held in front of the Eiffel Tower; 3 images of shopping bags from Avenue des Champs Lessees boutiques; 4 boasting that the purchase of the first ever book on existentialism will give tips on hedonistic existence, because it is Paris after all; and 5 uploading a video which shows a five letter word, merci , being tried on a flummoxed fellow Indian traveller. No wonder then that social media is congested with photos of the Wardle grid. However, preliminary research suggests that this game does not significantly sharpen cerebral capacities. Researchers have not come to a decisive verdict on the benefits of challenges such as crosswords in general. Still, while this new game may not make you a better person, say by turning your habits blazing green in relation to corona hygiene, it can streamline your vowel movements. Some puzzle champions apparently start the game with a word suffused with vowels. That strategy is said to smoothen progress down the grid towards the good word. Shakespeare could have invented new words for every blank array. But then he would have been confronted by five shades of grey, making him wonder if he should go with lend me your pinna



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## CISF-HCM-TEST-Dated-2023-02-22-Test NO.-7334

Work together to make an individual function the senses, motor skills, gut, muscles, reproductive and excretory systems and other organs are all designed to aid human survival either by deliberation or instinct. It is inconceivable that such a sophisticated package would not have a built in plan B, C or D in case the brain is under pressure due to an ailment or trauma. Apart from the brain, the human gut, muscles and the five senses are all part of an individual memory bank, in varying degrees, and memory thus dispersed throughout the body is here to stay, even if one begins to suffer from Alzheimer , dementia or amnesia. Which is why learnt skills that are acquired after long periods of diligent practice and passion are mostly never really forgotten a dancer will remember her movements a craftsperson may retain his skill at craft making; a cyclist is unlikely to forget how to ride a bicycle. Acquired skills that involve body movement that are honed with years of practice and application, like dancing, driving, climbing, swimming, gymnastics and other such, become part of what is called one muscle memory so even if you cannot remember who you are or your loved ones and friends, you may still know how to engage your body in any of the above activity that you were once skilled at. Your sense of smell plays a significant role in jogging your memory; fragrance past brings to life a memorable moment; food aromas and tastes tell stories of shared lunches and dinners with friends and relatives; a favorite piece of music brings back its associations and the experiences that played out while you were listening to it; caressing an old shirt or sari floods you with precious memories and watching a film or visiting an art gallery could take you back in time. If there is an afterlife, and the dead are reborn, would the previous life memories be carried forward by the soul when it transmigrates from its old body to a new one Most often the reborn do not remember their past life; s

## CISF-HCM-TEST-Dated-2023-02-22-Test NO.-7335

Inducted along with Covid specific relief measures will help calibrate the normalization process faster for seamless transition so that the economy is put back on its normal growth trajectory. With Consumer Price Index CPI inflation rising to 5.59 percent in December 2021, up from 4.91 percent in November 2021, is set to move beyond the orbit of RBI comfort level. The headwinds of retail inflation are now prompting a rethink to find ways to rein in price rise, lest it should feed into rise in input costs for the industry. It may come in the way of effort of the corporate sector to close the output gap. The rising commodity prices pushing crude oil to US 90 can exacerbate future inflation unless it is effectively tackled. As a result, shift in the interest rate trajectory is not far away and forbearance for restructuring of loans may also see its way out. Instead of using variable rate reverse repo VRRR route to manage liquidity overhang, RBI may have to take visible action by raising reverse repo rate in the upcoming monetary policy review. Market trends in its recent liquidity auction using VRRR mode under liquidity adjustment facility LAF , the strike rate of interest was 3.99 percent far above the reverse repo rate of 3.35 percent. The 10 year benchmark bond yield moved up from 6.45 percent on December 31 to 6.75 percent on January 27, 2022 while rupee has weakened from Rs.74.34 to a US to 75.07 during the same period. The robust fore reserves of US 634 billion at the end of December 2021 may not necessarily be the panacea against exchange rate challenges. These trends amply indicate that action is needed to stabilize exchange rate. The hawkish stance of US Federal Reserve in view of rising inflationary pressures to a historic high of 7 percent is already impacting the global stock markets. The rise in interest rates in US can tilt the balance of movement of overseas funds impacting stock markets. Already the tremors are seen in the gyration in the BSE NSE index t

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## CISF-HCM-TEST-Dated-2023-02-22-Test NO.-7336

The Mahatma Gandhi National Rural Employment Guarantee Scheme MGNREGS was introduced in 2005 with an aim to alleviate poverty in the country. While it was not envisaged as a women empowerment programme alone, the scheme has a 33% reservation for women and delivers equal pay as men for similar work. Findings from a recent study supported by Omidyar Network India ONI The State of Rural Employment: A Look at MGNREGS across 5 States in India throw light on the positive effects of MGNREGS on women as well as the constraints they faced when seeking work under the scheme. The study, which was conducted between August and September 2021 across the five states of Karnataka, Jharkhand, Andhra Pradesh, Uttar Pradesh, and Rajasthan, highlights that over the past five years, more women than men were employed under the scheme and nearly half of the employed women were previously unpaid laborers. This underlines the scheme impact in providing paid employment opportunities to women as well as addressing gender disparities in the face of traditional social norms and sectorial wage gaps. The income earned from MGNREGS is deposited directly into women bank accounts and may potentially translate into greater bargaining power and control over financial resources in households for women. However, understanding the extent of women control over resources and ultimately whether those resources are being used to enhance women lives needs in-depth large-scale investigation. Meanwhile, the study found that women entry in the workforce is restricted by household responsibilities and low MGNREGS wages. Availability of work for women is also a challenge 28% of women who tried to apply but could not said this was because there was no work available for them. This accounts for an estimated 1.5 million women across the study states. At the same time, an estimated 4.2 million women across the study states did not apply for MGNREGS work as they did not fully understand the application process. These fi

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## CISF-HCM-TEST-Dated-2023-02-22-Test NO.-7339

The scheme. An instance of where this worked is Karnataka, which took up the Union government measures to increase the proportion of female mates and barefoot technicians. When compared to the national average of 19% for female labor force participation, MGRENGS is disproportionately attracting women, even surpassing its 33% reservation. Women hold a higher share than men in not only the number of active job cards, but also the number of annual person days of employment. By increasing women participation in the rural workforce and ensuring equal pay, the scheme has taken a step towards addressing gender disparities. Bridging existing gaps through increased awareness and availability of work will offer an opportunity to further deepen the impact of India most ambitious social protection scheme and aid the rural economy with active contribution from women. If there ever was a more gentle and yet strident feministic statement, it is in the soulful and melodious signature song of Gala, the deep, dark and depressing movie on childhood abandonment, gender bias and debauchery of the 1940s Bengali film and music industry. While recording the song koi Kaiser unhip samjhaye, the composer explains to the playback singer that the heroine is saying no to the hero advances but in her no there is a yes and the singer needs to capture that coquettish and romantic appeal in her voice. Well, in a male dominant patriarchal set up, where a woman no to sex can only be considered playful teasing to arouse the man further, the composer could not have thought any better. One can only hope that the lyricist Amitabh Bhattacharya had more brains above his belt to write out such a brilliant statement against what can be perceived as a ditty on relationship rape, be it marital or otherwise. In a country where marital rape is not even recognised as a crime under law, the sentiment behind jaaney kyon balma ghodey pe sawar hain is the most lyrical protest against being pushed into a physical moment

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## CISF-HCM-TEST-Dated-2023-02-22-Test NO.-7340

This is the brand of Indian feminism which makes a statement by not actually making a statement but living through the patriarchal cordon and still being able to do your own thing. Of course, this is just the tip that is being decorated with a spirited fight back though a majority of the fair sex in India continues to battle discrimination, oppression, repression, suppression and even death. Dowry is not yet a dated issue much like female infanticide, underage pregnancy, under nutrition and many such issues and one is not even talking of sexual harassment at work place, domestic violence or the proverbial glass ceiling. Returning to the lovely song and the hidden sentiment in it, somehow it takes me back to the film Lipstick Under My Burqa and the equally gentle way it showed a burst of assertion among the very you and me kind of women from the ultra-conservative strata of patriarchal society. Pulses are consumed as Dal, a cheap source of plant protein in India. These are consumed because of their body building properties because of the presence of various amino acids in these. They are also said to have medicinal properties. Pulses are critical for the food basket in India, and an important source of plant protein which are said to help address obesity, diabetes etc. Pulses are playing a vital role in ensuring the food and nutritional security in India. But the country faces a huge gap between the supply of and demand for pulses. According to experts, there is huge potential for substantially enhancing production of pulses in India, primarily by increasing productivity and to some extent, by increasing area under Pulses. In addition, they also see a scope for enhancing area under pulses in the rice-fallows of eastern India and other rice-fallow areas, and in the hilly areas for cultivating some of the improved extra-short and short-duration varieties. India is the world largest producer of pulses with the increase in production of pulses during the period was accomp

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## CISF-HCM-TEST-Dated-2023-02-22-Test NO.-7341

Seasons are considered to be the main seasons. We also divide the year into six seasons, namely, vasant, grishma, varsha, sharad, hemant and shishir. Keystrokes Value of Science The present era is the era of science. Science has undoubtedly done a great service to mankind. Man, a rational being, has been curious to explore mysteries of nature and this led to many discoveries being made in various part of the world. But he is never satisfied with the acquired knowledge and is always keen to unravel mysteries of the universe. He has conquered the land and air. His incredible lust for knowledge has revolutionised human life and raised the standard of life. He was able to invent innumerable ways of making his life comfortable and happy. Every sphere of life has been revolutionized by science. There have been innumerable inventions. One of the greatest inventions is the invention of medicines. There has been a series of tests carried out using animals as subjects and various medicines have been tried out on these animals to check their efficacy. Many fatal diseases can now be cured because we have the drug to fight those diseases. It has reduced the rate of infant mortality and increased the life span. Before these inventions millions of people died for lack of medical care. Science has given us many machines that have made our lives very comfortable. Buses, cars, sewing machines, mixies, grinders, etc. are all machines that are used every day by us and the discovery of electricity has made it possible for us to change night into day and summer into a comfortable cool season. It is now easy to cultivate fields as we have tractors. New forms of irrigation are now being employed. It is easier to protect the crops because of the use of various chemicals and pesticides. Even mosquitoes can be driven away because of the discoveries made in science. It has enabled man to entertain himself in many ways. TV, radio, video and the cinema are all popular means of entertainment. Be

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## CISF-HCM-TEST-Dated-2023-02-23-Test NO.-7342

RBI perception this is despite fears about the impact of a resurgent virus on the fragile recovery. On the other end, IMF revised its outlook down from 9.5 percent projected in October 2021 to 9 percent now for the ongoing fiscal FY22 keeping the disruptions of the third wave in view. The World Bank projection of GDP outlook for India is already way below it at 8.3 percent and has estimated it to grow at 7.1 percent in FY23. In its supplement to the Asian Development Outlook ADO 2021, Asian Development Bank ADB scaled down its GDP outlook for India from 8.8 percent to 8.6 percent for FY22. Dr. Arvin Panagariya, former Vice Chairman of Nitti Analog while appreciating the revival pace of the economy called upon a need for fiscal consolidation stepping down fiscal deficit by 1.5 percent. Similarly, the Rating agency ICRA maintained that real GDP outlook at 9 percent each in FY22 and FY23 and expects the change of monetary policy stance from accommodative to neutral triggering shift in the interest rate sentiments. Forward view since key indicators are fast racing to pre Covid levels though it will take more time for high contact industry to look up, there could be shift in the policy stance. The Union Budget 23 may reflect some signs of fiscal consolidation towards normalization though allocation to capex, social sectors like MGNREGA, health care and other pressing areas may not be cut. Efforts for reviving public private partnership and revival of private sector investment cycle may find its print to de stress the government exchequer. The outlook of credit growth is beginning to improve as bank credit is gaining pace due to ease of stress in banks balance sheets. The twin balance sheet malady is ostensibly behind us. Capital adequacy ratio, profitability and asset quality are improving paving way for stronger banks. The operationalisation of National Bank for Financing Infrastructure Development Naid and National Asset Reconstruction Company Ltd NARCL Bad Bank is set

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## CISF-HCM-TEST-Dated-2023-02-23-Test NO.-7343

The last two years have been very difficult for the world economy due to the Covid pandemic. After a significant decline during the national lockdown, followed by a sharp revival, the economy experienced a much shallower slowdown during the second wave of April June 2021. Since then it has witnessed a sustained recovery even if Omicron may have impacted some sub sectors in January 2022. Most high frequency indicators like GST collections, freight traffic, e way bill generation, and fuel consumption broadly follow the above trends. This year Economic Survey argues that a combination of responsive policy making and supply side reforms place India in a good position to generate strong growth in 2022 23. According to advance estimates, GDP has climbed past pre Covid levels with growth registering 9.2 in 2021 22 after a contraction of 7.3 in 2020 21. Agriculture was the least affected sector but output in most segments of industry and services is also above the pre pandemic level of 2019 20. However, the recovery is still not complete for contact intensive sectors such as travel and tourism. Thus, the sub sector ride, hotels, transports, and communications in national accounts remains 8.5 below pre pandemic levels of activity. The key message of the Economic Survey is that in 2022 23, the economy is expected to grow between 8 8.5, mainly on account of vaccination triggered normalcy, robust exports and the availability of fiscal space for Go investment. These are reasonable assumptions and lend credibility to projections. But the forecast also assumes there won't be any more shocks. First, the Survey expects monsoon to be normal. Second, it assumes key central banks in rich countries will ensure that financial markets don't panic during liquidity tightening. Third, it says the average price of oil will drift down from the current \$89 barrel to about an average of \$70 75. Even assuming all these hold, there are implicit assumptions in the Survey. These are less convincing. Go



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## CISF-HCM-TEST-Dated-2023-02-23-Test NO.-7344

Revival of private investment. Even if banks have lendable funds, industry will wait for robust demand. The recovery in overall GDP, however, has provided Go with fiscal space arising from buoyant revenue. Therefore, in addition to capital expenditure, it needs to use the fiscal space to help contact intensive services sectors to get back on their feet. This will also improve the job market and feed into private consumption. Recovery has been good. But worries remain, domestic and possibly external. The Union Budget this year will be presented while EC Model Code of Conduct is in force across five states, including India most populous one, UP. In 2017, EC had forbidden Go from announcing state specific schemes or broaching achievements relating to the five poll bound states in the Budget speech. The 2012 Budget, now infamous for Prefab Mukherjee retrospective taxation fiasco, was postponed to March 16 for state polls to conclude. This year, EC has issued specific directions like 2017 though MCC usual strictures against announcing any financial grants or promises that have the effect of influencing voters should still apply. But elections have other effects on budgets. For example, UP and Punjab discos are among the most debt ridden. They urgently require reforms worked out for the electricity sector to come into effect. But these reforms are usually unpopular, because they attack subsidies, especially those given to farmers. So, it is almost certain today Budget will steer clear of signaling anything on electricity reform. Sometimes election budgets do the other thing when MCC is not in force, they give generous doles. The best recent example is Congress 2008 Budget general elections were in 2009 that announced the farm loan waiver. That sop was thought to have helped Congress come back to power. But when Congress increased allocation for food security in the 2013 Budget general elections were in 2014 and followed it up with a food security law, voters remained unimp

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## CISF-HCM-TEST-Dated-2023-02-23-Test NO.-7345

Of my first memories of elections in Manipur was the colorful election symbols that flooded our localities in Impala. Badges, banners and candidate posters were plastered almost everywhere. Candidates outstretched folded hands, begging for votes. There was hardly any debate. Rather, elections were like big shows involving announcements, feasts, liquor and distribution of money. We also saw former contractors, drug traffickers, money launderers, jailed militants, men with connection to armed groups and gangs becoming part of the performativity democracy. We hardly saw sincere, honest people get elected. I belong to that category of people who nod wisely over the details of the annual budget but have no clue what it all means. In my time the newspapers had two columns with arrows going up and down. They were for items that concerned me like electronic appliances, petrol prices, cooking oil, gas, cigarettes, stuff that threatened to wreck my budget. In a jiffy I knew if the government had got another raise at my cost. The esoteric stuff I had no time for though I do confess the years that they said the budget was robust and healthy I cried copious tears of relief. Who wants a weak and fragile budget occasionally it is buoyant which floats my boat because we cannot have it sink on us. Since we seldom get to read any postmortem of the last budget and how it panned out these 12 months or how wide is the chasm between the perceived and the reality it is difficult for the self confessed economically deficient to read much into the clicks. The pro government lobby will call it a people budget and how it is balanced which is gratifying since no one wants it toppling over but the opposition will call it inflationary and unrealistic and only benefiting the rich. They will also say it is anti agriculture and the government spokesman will announce that it will galvanise industry and is forward thinking besides being strong on fiscal consolidation. Someone anti establishment will t

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## CISF-HCM-TEST-Dated-2023-02-23-Test NO.-7346

Here and it might make the markets volatile and that is worrying. But it is reform oriented and the monetary deficit will be bridged, though neither bothers me, I am looking for a newspaper that has arrows going up and down. The state of Mauna, stillness, lies at the heart of all spiritual traditions, alluding to a dimension of consciousness far beyond the thinking mind, wherein one becomes aware of awareness itself, of a silence within, which is one own Self. Drawn from the word muni, the ascetic who practices silence, Mauna takes one into a state beyond the chatter of the mind as well as the practices of meditation. It is often said that while we may choose our manner of prayers and meditation, stillness will choose you when you are ready, much like the guru will appear when the disciple is ready. The famous Psalm, Be still and know that I am God beckons one to anchor oneself in silence and stillness. Eckhart Tolle refers to this phenomenology of silence as stepping into a state of inner still alertness, wherein you are present you have stepped out of thousands of years of collective human conditioning . Tradition lays out Mauna as a spiritual practice itself, where the seeker is required to preserve silence as a spiritual discipline in order to quell the clutter of the mind. This was seen as a prerequisite for inducing pratyahara, a gradual withdrawal from the objects of external senses, a realisation of the transitoriness of the outer world, giving rise to a detached perspective on life and living. It is in keeping with this spiritual practice that the ancient seers kept aside an entire month for introspection, reflection and meditation for seekers and the common man alike, which would conclude on the 15th day of the month of Magha, now known as Mauni Amavasya. Mauni Amavasya is symbolic of the need to quieten down, take a pause and reassess the journey of life undertaken so far, so as to gather strength anew for the road ahead. It is a call to choose the road ah

## CISF-HCM-TEST-Dated-2023-02-23-Test NO.-7347

Refers to this transforming voice of silence as the power of quiet in a world full of noise. He would gently prod people to heed to this eloquent sound of silence, in which we can hear the call of life and love. According to the Chhandogya Upanishad, Mauna is a form of Brahmacharya, in the sense that the mind is fixed on the Brahman in this state of silence, in the final realisation that we are not just this body and mind. Brain health is the ability to perform all the mental processes of cognition, including the ability to learn and judge, use language, and remember the US Centers for Disease Control and Prevention CDC Let food be thy medicine, thy medicine shall be thy food Hippocrates For long food has been the favorite tool of dieters, fitness freaks and body builders. But recent research shows that food also impacts brain health. Food can be good, or bad, for brain and for moods. Food and brain about 20 percent of the food that we eat goes to the brain. Minerals such as magnesium, zinc, and selenium help synthesize neurotransmitters that directly affect mood, help cell activity and help form brain tissue. Food influences the micro biome in the body. Some gut microbes are linked to higher rates of depression. Most of the chemical serotonin, the neurotransmitter that sends signals between nerve cells and stabilizes mood and feelings of happiness and wellbeing, is made, stored and is active in the gut. Brain makes only five percent of serotonin. Vitamin B12, foliate, and Iron help the body make serotonin. A major portion of the brain is glial cells which perform many functions in the brain and in the nerves in the body. These cells depend on omega 3 fats. Brain building blocks About 60 of brain is made of fat and half of that are omega 3 fatty acids. Long chain omega 3 fatty acids build brain and nerve cells. Vitamins A, B, C, E, and K, healthy unsaturated fats, minerals such as magnesium, selenium, iron, zinc, and copper, and antioxidants such as polyphenols and f

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Omega 3s fats help learning and memory, improve mood, sharpen memory, slow down age related mental decline, and help ward off Alzheimer disease. Inadequate omega 3s intake is linked to depression and to learning impairment. People who eat fish regularly may have more gray matter in their brains. Gray matter contains most of the nerve cells that control decision making, memory, and emotion. Dark leafy greens are inexpensive and have high nutrients but low calorie. Spinach, watercress, beet greens, kale, rapine, arugula, collards, chard, and Romaine lettuce, are rich with fiber, foliate and vitamins C and A. Eat them as salad, or in soups, stews, stir fries and smoothies, or pesto. Have a bit of seaweed once or twice a week. It is rich in iodine, fiber, zinc, and phytonutrients. Colorful fruits and vegetables brightly cultured vegetables and fruits have compounds that reduce inflammation, and improve memory, sleep, and mood. Red and purple items such as red peppers, blueberries, and eggplant are beneficial. Avocados have healthy fats and help absorb of phytonutrients from other vegetables. Broccoli has antioxidants and vitamin K which is fat soluble and is essential to form sphingolipids, a type of fat that is densely packed into brain cells. Vitamin K is linked to better memory and cognitive status in the elderly. Cruciferous vegetables such as cabbage, Brussels sprouts, cauliflower, broccoli, turnips, book Choy, and kale have glucosinolates which reduce oxidative stress and the risk of neurodegenerative diseases. Broccoli also contains vitamin C and flavonoids which boost brain health. Nuts, beans, and seeds are a good source of fibers, healthy fats, protein, vitamins, antioxidants, omega 3 fatty acids, vitamin E, and minerals. Their fats are not fully absorbed so they help control weight, reduce food intake, and burn energy. Vitamin improves cognition, protects cells from oxidative stress by the free radicals, and reduces the risk of Alzheimer disease. Hazelnuts, al

## CISF-HCM-TEST-Dated-2023-02-23-Test NO.-7351

Flaxseed and chia seeds, peanuts, cashews, walnuts, almonds, Brazil nuts, avocados, fish, and soybean, sunflower, and canola oils, are good sources of monounsaturated fats. Fermented foods lower inflammation and improve the diversity of gut micro biome. Gouda cheese, cottage cheese, sauerkraut, yogurt, coconut kefir, kimchee a traditional Korean side dish of fermented cabbage and radish, kombucha a fermented drink made with tea, kefir a fermented milk beverage, are a few of the fermented food. Six servings a day of fermented foods are recommended. Spices and herbs balance the gut microbes, reduce inflammation, and may improve memory. Cur cumin, an ingredient in turmeric, can directly enter the brain and benefit the cells there. It benefits attention, overall cognition, helps new brain cells grow, boosts serotonin and dopamine both of which improve mood, and may improve symptoms of anxiety and depression. But turmeric has only 3 6 cur cumin so the effects are less than those obtained in tests were much higher dose of cur cumin is used. Add turmeric to curries, marinades, roasted vegetables, stews, sauces, salad dressing, or smoothies. Adding a pinch of black pepper makes cur cumin greatly more bio available to our brain and body. Ginger, sage, rosemary, cinnamon, and saffron are a few other spices good for brain. Dark chocolate and cocoa powder have flavones, including caffeine and epicatechin, and antioxidants. Flavanols may slow down age related mental decline, enhance memory, and reduce the risk of depression by up to 70. They may also improve brain plasticity and thus improve learning. These benefits are shown only in dark chocolate that contains 70 or more of cocoa. Dark chocolate is also a mood booster. Soy products have the antioxidants polyphenols which reduces the risk of dementia and improves cognitive abilities in aging. Coffee has caffeine and antioxidants which sharpen concentration, increase the brain capacity to process information, increase alertness b

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## CISF-HCM-TEST-Dated-2023-02-23-Test NO.-7352

Between eating eggs and brain health. But enough research to establish the brain boosting benefits of the nutrients found in eggs. Green tea has L thiamine, an amino acid that increases frequency of alpha waves in the brain, which improves focus, alertness, memory, and performance, and helps to relax without getting tired. It increases the activity of the neurotransmitter GABA, which helps reduce anxiety. L thiamine is rich in polyphenols and antioxidants that could protect the brain from mental decline and reduce the risk of Alzheimer and Parkinson. Whole grains, such as brown rice, barley, bulgur wheat, oatmeal, whole grain bread, and whole grain pasta are a good source of Vitamin E. Ginseng may improve brain function. But more research is needed to examine that. Supplements for magnesium, beta carotene, and vitamins B, C, or E, may be taken by people deficient in them. But supplements will not improve mental performance of those who are not deficient in these. Which foods are bad for brain health and why Sugary drinks like soda, sports drinks, energy drinks and fruit juices, have high fructose corn syrup HFCS, which has 55 fructose and 45 glucose. High intake of fructose can cause high blood fats, high blood pressure, obesity, type 2 diabetes, and arterial dysfunction. These increase the risk of heart disease, and dementia. High fructose intake can cause insulin resistance in the brain, and reduction in brain function, memory, learning and the formation of brain neurons. Refined Carbs such as sugars and highly processed grains like white flour have a high glycemic index GI and high glycemic load GL. That is, they cause a spike in blood sugar and insulin levels. High GI and high GL Foods impair brain function, cause poorer memory, and increase the risk of Alzheimer disease and dementia. Foods High in Trans Fats such as hydrogenated vegetable oils, shortening, margarine, frosting, snack foods, readymade cakes, and prepackaged cookies, increase the risk of Alzheimer

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## CISF-HCM-TEST-Dated-2023-02-23-Test NO.-7353

The Union Budget is the right choice at the right time. Given Covid effects and a recovery this year, finance minister Nirmala Sitharaman has appropriately prioritised growth, while keeping the fiscal deficit in check. This growth oriented Budget will create numerous jobs, spark enterprise and position India as the fastest growing of the major economies. The Budget is consistent with our honourable Prime Minister Narendra Modi vision of making India Atmanirbhar a digital superpower, a sustainability leader and a healthy nation. This statement of intent is clearly supported by a plan for the future, and backed by allocations specifically in the areas of infrastructure, digital transition, planet resilience, education and health to support Indian ambitions. It been many years since you d gone away. Had you been around, I can imagine you asking, what this girl Nirmala done in the Budget to answer that question, let me put the Budget in a broader context. The deadly pandemic I hope it goes away soon has taken a devastating toll on the economy. The task for the Budget was to put the economy on a firm recovery track, and importantly ensure that that rapid growth translates to jobs and incomes for the poor. The easy and politically attractive way would have been to support consumption by giving money directly to the poor. It is to FM enormous credit that she did not succumb to this temptation. Brevity and bravery defined FM Nirmala Sitharaman fourth Budget. In a short speech, she articulated three excellent strategies. First, Go is taking a big bet on growth by massively pushing capital expenditure, and is ready to risk high inflation. Growth is the priority now, and most inflation will be via higher energy and commodity prices, over which Go has little control. Will RBI scupper the growth party Remember, it has frequently called for fiscal heavy lifting. As inflation rises retail fuel prices will start rising again after the election hiatus RBI MPC may want to increase rat



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## CISF-HCM-TEST-Dated-2023-02-23-Test NO.-7354

In the recent past, incidents of on-campus violence and aggression have increased in Indian Universities, especially at Jawaharlal Nehru University, New Delhi. Having been an alumnus of the University, one can see a pattern emerging out of these recurrent incidents. They are no longer isolated incidents but the incessant rant of left-liberals increasingly breaking out against the present dispensation, masterfully executed in campuses meant for higher education and followed up with a series of well-manuevered narratives. Therefore, it becomes imperative for authorities to decipher the ways in which these narratives are constructed and weaponized in order to hack young minds. On February 20, 2023, an incident of violence was reported from JNU, in which a portrait of Chhatrapati Shivaji Maharaj was vandalized, which in turn resulted in a clash between ABVP (Akhil Bharatiya Vidyarthi Parishad) and other communist student wings. What is alarming is the political patronage and support provided to these left-leaning students, in the name of Free Speech and Right to Protest. In no time, a war of icons and symbols was unleashed to show that the so called left, which has known to be anti-establishment, still practices the art of stirring lies into propaganda to create an intoxicating concoction for its followers. When ABVP students protested against the vandalization, followed by their rude and disrespectful behavior, the students of the left-wing parties fabricated a fancy narrative by bringing in Karl Marx, Stalin and Periyar to instigate people off-campus and gather political support. Their political masters wasted no time in flooding social media with their reactions, which soon snowballed into a tool to attack the government. Comments based on hearsay and social media posts that are deliberately made viral ultimately end up blowing the real situation out of proportion. As a result, a small group of students with vested interests peddle their hidden agenda for some politic

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## CISF-HCM-TEST-Dated-2023-02-23-Test NO.-7357

Academic achievements. JNU as an academic institution has been a symbol of inclusiveness and equal opportunity for all. It has been a place where dreams are realized, where students, especially girls from the remotest parts of the country are welcomed with open arms (because of the provision of quartile points for girl students). Upon getting access to quality higher education, some of these students have used the opportunity to become an inspiration for the masses. JNU is known to provide students with an ecosystem in which even dissenting voices are heard and respected. JNU has been a safe haven for its students, where everyone is free, where everyone opinion matters. That is why clashes between groups of students which have been on the rise, pose serious threats to the very fabric of JNU. Change for the better is good, but a situation which threatens the very character of JNU, disrupts and maligns its characteristic ethos should be fought tooth and nail. Any sensible person would condemn such pseudo-intellectual narcissism and self-righteous attitude which pose a danger to the development of the nation. In the presents times, when Bharat is going through a transformation, we need our Universities for nurturing young minds for responsibilities that will emerge in the near future. During the Indian freedom struggle, Netaji Subhash Chanda Bose was greatly influenced by Swami Vivekanada, whose words echoed in his mind, Who, tell me who will hear the call of my Bharatdesha? Oh you young boys and lads! See, the caves and the summits of the Himalayas are beckoning to you. Befriend them for achieving your life aim. Instead of hearing the call of the New Bharat, these left-leaning students are fighting for the ideals of Marx and Stalin, which are far removed from our present reality, both temporally and spatially. The past history of violent incidents and poster-propaganda at JNU clearly suggests that JNU has become a ground for ideological-warfare or a self-proclaimed lef

## CISF-HCM-TEST-Dated-2023-02-23-Test NO.-7358

Bill, 2023, makes the original act more stringent to deter destruction of private and public property during protests. Both governments and judiciary have rightly taken a dim view of vandalism. Dissatisfied with the relevant central and state legislations, the Supreme Court took suo motu cognisance of the problem in 2007 and set up two committees to look into it. The suggestions made by two committees represent both the justifiable position on cracking down on vandals, and the challenge in enacting a law that deters theft and destruction of property. The committees did want the burden of proof to be on the accused and were also wary of guilt by association someone who did not vandalise but was a part of a protest that turned violent. The gap between the right intent and loose laws leads to abuse of power. Consider the law introduced by UP in 2020 to deal with vandalism during protests. Its implementation ran into problems with the apex court because all stages of the legal process were controlled by the executive, thereby, violating the principle of separation of powers. This is an important reason why legislation to deter damage to property, public or private, can end up losing support. The Bengal legislation has tried to follow due process by providing an opportunity for the accused to be heard in the event the property is attached. However, the initiation of the process on the grounds of reasonable suspicion is bound to be tricky in India as a weak criminal justice system often leads to miscarriage of justice. Perversely, such laws can end up magnifying what is called the doctrine of chilling effect a law or a set of practices that have the effect of undermining freedom of expression. This is in fact already in play thanks to vaguely worded laws enacted in multiple states. The legislature is duty-bound to ensure that vandalism does not hide behind legitimate expression of dissent or protest. But even more important perhaps is that laws to deal with this do not, be

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Is no doubt that today India is one of the large of one of the of our times. Mobile phones have and impacted our lives as they allow us to walk away with them and to own ourselves completely, most importantly they are very intimate and ha an reach. However, it is just the beginning of a new way life and still the are immense and perhaps beyond our imagination today. Whatever might be the origin of science and religion, the main point is their area of activity and their method of working. Science makes a man rational and free minded. Religion wants man to believe blindly in what he is told to be true and worthy of being practiced. Science asks and puts every thesis or to test. Religion abhors such methods. Science believes in and wants to truthful and true if it comes out finally resultant of the. Religion pre supposes the result and wants to stick to it of the outcome of inquiry or experiment. So, religion and science both are to each other. For mankind, both are required in equal measure and. Thus intrinsically, both are essential for man. The role of education as an agent or of social change and social is widely recognised today. Social change may take place i When human needs change. When the existing social system or network of social fail to meet the existing human needs, and When new materials suggest better ways of. Social changes do not take place or by. As Maclver says, social change takes place as a to many types of changes that take place in the social and non social environment. Education can initiate social changes by bringing about a change in outlook and attitude of man. It can bring about a change in the pattern of social relationships and thereby it may cause social changes. There was a time when educational institutions and teachers were engaged in transmitting a way of life to the students. During those days, education was more a means of social control than an instrument of social change. Modern schools, colleges and universities do not place much

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## CISF-HCM-TEST-Dated-2023-02-23-Test NO.-7360

As for inheritance theory, since positive attitude is not a physical feature but a mental faculty, it cannot be purely hereditary. It can be developed. Moreover, parents play a major role in developing this quality of a child. A child, who watches his parents working hard, having faith in success through their words, behavior and body language, is likely to develop a similar attitude. The children of short tempered and nervous parents may assume similar characteristics when they grow up. Psychologists, therefore, prescribe a code of conduct for parent behavior in front of their children. They must exude confidence, self-belief and hope, especially in difficult situation, so that the children emulate these qualities. They must be taught the importance of being positive before, during and after the performance of a task. There is no better education for a child than watching his parents come out of a tough situation by means of earnest endeavors. Such success not only gives more joy but also increases. According to the studies, proprioceptive neuromuscular facilitation or PNF type of stretching is more effective for immediate results. Regular stretching can not only help heal an existing back injury but can also prevent future back pain by reducing your risk for muscle strain and strengthening your back muscles. All the people who regularly go to the gym know how helpful stretching can be. Performing dynamic stretches prior to exercise in the gym can help prepare your muscles. Not the only gym, but it can also help you improve your performance in dance or an athletic event. It is only natural that your muscles get tense when you experience physical or emotional stress. This is because the tightening of your muscles is the response of the body towards stress. All you need to do is focus on the areas of your body where you feel the stress, such as your neck, shoulders, etc. and stretch those parts of your body. During lactation, the breast concentrates iodine in milk so

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## CISF-HCM-TEST-Dated-2023-02-24-Test NO.-7361

Investment Allocation towards food subsidy and MGNREGA together has been lowered by about Rest 1.05 lakh core. In addition, spending on vaccines and Air India will fall in 2022 23, thereby freeing up resources that will be spent on roads and railways. There are two assumptions here. First, there will be no more shocks. Second, growth will reduce the need for high level targeted support. Those critiquing cuts in welfare spend should remember that Go can always spend out of Budget if the need arises. What to make of the 30 tax on gains from crypto assets Post budget, FM said taxing gains on digital assets does mean legalising them. That correct in the sense that any gain in income can be taxed. But it is reasonable to think that having brought crypto assets under the taxation regime, Go will subsequently declare the underlying asset to be legal. Therefore, unless there a nasty surprise, the Budget has made the first move towards accepting the reality of crypto assets. That a smart call, as is making the new tax applicable from March 2023. This will give time to crypto asset holders to adjust their portfolios. The crypto move aside, if RBI launches its digital currency in the next financial year, India will have moved up the block chain technology ladder. Disappointments go seems to have lost enthusiasm for privatisation, perhaps fearing it can become an electoral liability. But then again, with markets choppy, it not the best time to sell assets anyway. There plenty that good in this Budget if Go can spend the entire cape it has budgeted for. Given elections in five states, including those in UP, the Budget seems to have been prepared on another planet. There are no pre election lilies, not much pandering to the voter endless appetite for subsidies, and almost nothing at all for BJP core middle class constituency. Even that punt you may have planned on crypto currencies now comes with a heavy tax bill 30 plus surcharges and chess with no loopholes. Regardless of whethe

## CISF-HCM-TEST-Dated-2023-02-24-Test NO.-7362

Warriors The other side could have Krishn. But Krishn would not fight, and he would be alone and unarmed. Between Narayan and the Narayani Sena, which would the cousins choose Krishn offered Arjun the first choice as the ancient code was clear: The youngest should be given the opportunity to opt first. Without hesitation, Arjun chose Krishn. Duryodhan was filled with glee, certain that the already strong Kaurav army would now be invincible with its expanded numbers and weaponry. But Arjun was just as certain that he had made the right choice. And as it would turn out in the great war, having Krishn on their side was crucial to the Pandav victory. Even as an unarmed ally, Krishn role was decisive at several turning points in the war, via his masterful strategic advice and occasionally also via his divine intervention. The story offers several important lessons. Firstly, although Krishn equalised the claims of Duryodhan and Arjun, the son of Pandu placing himself at the Lord feet was indicative of his humility, while Duryodhan assumption of a position by the Lord head suggested hubris. Secondly, Duryodhan was seduced by the promise of victory, of which he felt assured now that he had Krishn army and weapons working on his side. In contrast, Arjun chose the path of Dharma and glory, knowing that Krishn embodied these values. The Kaurav king had opted for a path that he believed would fulfil his interests. But the more rewarding choice was the one made by Arjun, not only because it reflected his values, but also because a strong basis in values helped the Pandav side achieves material victory too. Thirdly, there was also a high level of intelligence reflected in Arjun choice. While he did not underestimate the importance of having powerful military forces, he probably knew that strategic thinking and cunning would be indispensable for defeating the formidable Kaurav side. And on war strategy, he knew Krishn was unrivalled. Lastly, having a trusted friend and guide by one

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## CISF-HCM-TEST-Dated-2023-02-24-Test NO.-7363

Whether it was Jitin Prasad who joined the BJP or Lalitesh Tripathi who joined the TMC that is because they had made up their minds. In a way, it seemed Priyanka seemed to be somewhat welcoming the exits as she explained it would mean opening up of opportunities for others. Incidentally, it has been three years since Priyanka took charge as the Congress general secretary in charge of Uttar Pradesh in January 2019. However even before the seven phase elections begin in the state on February 10, a sense of ennui and despair seems to have set in the organisation. It may seem odd that Priyanka entry failed to vitalise the party cadre in a manner it was envisaged. Far from it, her presence and style of functioning has actually aggravated a sense of despair. Congress leaders, who were earlier uncomfortable in dealing with Rahul Gandhi, say they now can relate with his sister. Everyone is holding Priyanka personal secretary Sanded Singh responsible for the growing fault line within the state unit. Officially four of seven MLAs of the Congress who got elected in 2017 have formally quit the party. Barring Uttar Pradesh Congress president Ajay Kumar Lallu and Congress Legislature Party leader Aradhna Mishra who are still with the party, two MLAs from Rae Bareli Aditi Singh and Rakesh Singh Harchandpur seat and Naresh Saini from Behat in Saharnpur have joined the BJP. From my experience I can tell you, it was much easier to deal with Rahul Gandhi than Priyanka; Priyanka only interest in UP is limited to Rae Bareli Lok Sabha seat which is currently represented by Sonia Gandhi, beyond that she is not interested in anything points out a leader who migrated to Samajwadi Party even after being named as Congress candidate. Asked about switching parties at the eleventh hour, one of the Congress candidates who had made the last minute switch to the Samajwadi Party admitted that she did want to end up losing yet another election on Congress symbol. In fact most Congress leaders who had



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## CISF-HCM-TEST-Dated-2023-02-24-Test NO.-7364

Many as four of the seven MLAs who won in 2017 elections pose a serious challenge to Priyanka mission to rebuild the Congress in a state that she has been managing for the party officially for two years. Yet when asked about these exits, Priyanka prefers to focus on how the Congress was weakened because it had an electoral understanding with the BSP in the 90s and had never recovered from it. She keeps emphasising on how she lives, eats, and breathes UP. In this connection, it must be said; she preferred to release a manifesto for UP youth from party headquarters in Delhi. As if these contradictions were not enough, Priyanka also handled the question of a CM face for UP politics in a cavalier manner, revealing her casual approach to politics. Firstly, while answering a question on CM face at a press conference at AICC headquarters, she erred big time by not going by the Congress rule book which is to say Chief Minister will be chosen after consulting elected MLA. This is something that could have saved her the blushes. Instead, she rushed to unmask herself as an unabashed arrogant leader and went on to pose a counter question if there was any other face other than hers. In contrast, Rahul wisely steered clear of the question and did not even bother to bail out Priyanka who had got caught in CM trap. When her self declaration as CM did not go down well even within the Congress, it was then that Priyanka rushed to do some damage control on declaring herself as Congress Chief Ministerial candidate for the UP elections. She contended that she was irritated after being asked the same question multiple times. It came across as a weak defence as video clips showed Priyanka enjoying the media interaction. After all this, Priyanka backers still insist that she has got a compelling narrative going with her ladki hoon lad sakti hoon, in poll bound Uttar Pradesh. True, she got off the block by releasing the first list of 125 candidates out of which 50 were women. The BJP which s

## CISF-HCM-TEST-Dated-2023-02-24-Test NO.-7365

If Priyanka has no need for the ordinary Congress worker, she should know it could be mutual. As for those who have a rose tinted view the he Congress may recover under Priyanka watch in UP. they may have not read the tea leaves. Bloomberg News has published a long article titled How Errors, Inaction Sent Deadly Covid Variant Around the World by Chris Kay & Dwain Panda on 29 December, 2021. In the article the authors argue that India was slow to identify and publicize the emergence of Delta variant. India bashing by some iconic and reputed organizations, media houses and even personalities is nothing new. Rantingâ€™s on India always sell since not only does the audience in West lap up such stories but also many in India who specialize in letting their nation down. It appears that both, Bloomberg and the two authors of the article, have either very short memories or have deliberately chosen to ignore the origins of the virus that was gifted to the world by China. The start point of the whole COVID 19 pandemic was the media statement by Wuhan Municipality on a pneumonia type fever outbreak that came to the notice of the local World Health Organization WHO office in China on 31 December 2019. Working together with Chinese authorities, it took over a month for WHOM to declare the virus as a Public Health Emergency of International Concern and another month and a half to term it as a pandemic on 12 March 2020. But for Bloomberg this delay was of no concern. From the date of initial detection as per WHO timeline, the first variant Alpha from UK was officially registered after three months, second Beta from South Africa in seven months, third Gama from Brazil in less than two months, fourth Delta from India in about six months and the latest Omicron from South Africa in less than three weeks. Genome sequencing of these variants is a specialized job and developing countries like India and South Africa did not have adequate facilities for the same till end of 2020. It may also

## CISF-HCM-TEST-Dated-2023-02-24-Test NO.-7366

Variant turned out to be very lethal as compared to the first three. Would it really have mattered if the reporting had been completed a few weeks earlier as stated in the article Any answer to this question has to be speculative and limited to guess work? The world as a whole had shed its guard by the end of 2020. In early 2021 the pandemic appeared to be under control and there was complacency across the nations. In most of Europe and USA, public pressure and protests prevented governments from implementing tough precautionary measures. People were more concerned with their social life and holidays. Many went on to claim that any restrictions imposed by the government were against their right to freedom to live as they pleased. Did such societal attitudes not contribute significantly to spread of Delta variant Surprisingly the article does not say anything about the delay by China in first reporting the outbreak of the virus? Investigations by Australia have shown that Coronavirus type outbreak appeared to have started in China in May June of 2019 and not late December as reported. Is it not surprising that China was ready with a vaccine Sino pharm for the virus in December 2020 while the world was still struggling to find one Surely vaccines are not produced at the press of a button. It is obvious the Chinese drug makers had a head start. Was this delayed reporting not responsible for spread of the virus globally in the first place What about the role WHO that was hesitant to declare the virus as a pandemic till as late as mid March 2020 It is widely believed that this delay by WHO was at the behest of China. Today, after over two years, there is no official confirmation of how and where the virus originated. The farcical investigations by WHO teams that were stage managed by the Chinese authorities made sure that no blame could be apportioned to China. Can WHO be absolved for the delay in declaring the virus as a pandemic Despite millions of dollars spent by WHO

## CISF-HCM-TEST-Dated-2023-02-24-Test NO.-7369

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## CISF-HCM-TEST-Dated-2023-02-24-Test NO.-7370

Their pharm giants based on money power. Pharma giants like Pfizer went to the extreme of asking sovereign nations to pledge their national assets, including strategic assets, as guarantees against supply of vaccines. Such bizarre demands could not have come without the blessings of their government. Surprisingly Bloomberg has nothing to say on such posturing on vaccines by these rich nations and how it added to the spread of new variants including Delta. The authors have stated that the Indian government did not listen seriously to scientists and medical experts. As always, the sources of these charges have not been revealed. This is indeed laughable. India overall response and handling of COVID 19 pandemic, despite its huge population of 1400 million, has been appreciated across the world. The speed of production of vaccines, essential drugs, up gradation of medical infrastructure and above all the timely initial lockdown in March 2020 has been commended internationally. The task forces created at national level for the fight against the virus included doctors, scientists, industrialists and government officials who worked together at break neckspeeds to produce results. The question is why were these responsible officials not contacted by Bloomberg and the authors. Instead, why did they seek answers from some individuals working in their small cocoons. Does Bloomberg think that its own country USA, much richer and more developed than India, handled the pandemic better. A look at media and other reports over the last two years actually tells a very sad story that reeks of inefficiency and apathy. Till date USA has registered over 1.8 times more cases than India. This despite the fact that its population is just one fourth of India and it boasts of a much better medical infrastructure. On 31 December, USA reported over half a million cases while India numbers were below 22,500. Perhaps Bloomberg should be more concerned on what is happening in its own country instead of

## CISF-HCM-TEST-Dated-2023-02-24-Test NO.-7371

Like India and South Africa to start from the beginning. USA and some more developed European nations were no better as far as sharing was concerned. Was this not obvious when these nations refused and dithered to waive off the patent regime for vaccines as recommended by WHO The matter is still not resolved and a large part of humanity is suffering because of unavailability or affordability of the vaccines. The authors seem to have a problem that India objected to B.1.617 variant being referred to as India variant. Once WHO had decided on a protocol of naming the variants as per Greek alphabet, it was logical for India to demand the same for the one discovered in India. The motive of the authors is indeed questionable when they raise such a trivial issue. The authors and Bloomberg instead should have been asking the more pertinent question as to why WHO skipped two Greek alphabets, Nu and Xi, to name the latest variant as Omicron which comes after Xi In emergencies like the current pandemic, the governments have to exercise their authority, at times harshly, for overall good of the nation. The lockdown imposed across India in March 2020 is a prime example in this regard. The inability of several Western governments to impose strict restrictions shows how lack of resolve can cost the nations dear. By forcing a quick lockdown, the Indian government exhibited a decisive leadership that rose above any selfish political concerns. A limited collateral damage in such decisions is inevitable and that has to be seen as a price to be paid for the greater good. There is no guarantee that if the government had served a notice period before the lockdown, such collateral damage could have been avoided totally. The more important issue of note here is that the nation came out stronger and better prepared to fight the virus after the lockdown. After the arrival of BJP and Mr Modi at the helm of the government, India has become an obsession of sorts with many in the Western world wh

## CISF-HCM-TEST-Dated-2023-02-24-Test NO.-7372

The Budget speech this year had a fundamentally different tone than all the past ones in that it did not mention any benefits targeted at specific groups such as the Scheduled Castes, Scheduled Tribes, and OBCs, women, widows or the elderly. The only exception proving the rule was a small benefit for differently abled children. The speech instead focused on the development of specific sectors and specific regions. The implicit view taken by the finance minister seems to be that specific schemes for specific groups already exist and the scarce time of the Parliament and the nation must be devoted to outlining the road map of development, which is for everyone. So, development is what got the FM undivided attention. This was particularly admirable at a time when many pundits were predicting the speech to be a laundry list of giveaways to every conceivable group in view of the impending elections in five states. Much interest has been generated by the Budget statement that RBI will issue digital rupees during 2022-23. It is a reiteration of a 2017 suggestion by a high level inter ministerial committee that asked RBI to introduce its own central bank digital currency CBDC. A CBDC is a digital form of paper currency. Holders of CBDC can transfer money digitally instead of handing over currency notes. Globally, pilot projects on CBDC have been underway since 2014. However, progress is slow because this seemingly simple innovation can have unforeseen consequences. India today is one of the 50 odd monetary jurisdictions with a digital retail payment system that runs 24/7 and transfers are near real time. RBI pilot survey on retail payments done in six cities over December 2018 and January 2019 showed that digital payments were catching on fast. While cash was the preferred mode of payment for transactions up to ₹500, digital payments were more popular for higher amounts. As digital payments have been growing at over 50% over the last five years, the trend is clear. From a u

## CISF-HCM-TEST-Dated-2023-02-24-Test NO.-7373

Whenever we hear the word Ghazal, the things that come to mind are the timeless melodies of Jagjit Singh. His tracks like um Ko Dekha To Yeh Khayal Aaya and um Inta Jo Muskura Rahe Ho are some of the most loved songs from the 80s. He spent his entire life towards reviving and popularising the art form of ghazal, which is a classical form of music and poetry dating back centuries. This romantic style of poetry is known for captivating the hearts of listeners and readers with its beautiful and often melancholic themes of love, loss, and longing. Ghazal as a form of poetry is known to have originated in Persia back in the 7th century and is often referred to as a superlative dialogue between lovers due to its unique style and themes. Ghazal is primarily a type of poem that is made up of couplets or pairs of rhyming lines. Where each couplet is self-contained and has its own message, meaning, and rhyme scheme. This structure allows Ghazals to present a series of contrasting views on a single theme, which makes them an ideal form of poetry to showcase the dialogue between two lovers. Through the use of metaphor, imagery, and symbolism, the poet can express their deepest feelings and thoughts about love, while also exploring the complexities of relationships and the human experience. One of the key elements of Ghazal that make it seem like a form of a romantic dialogue between two people is its use of the ghazal refrain. The refrain, also known as the radif in the Urdu language, is a repeating phrase that appears at the end of each couplet in the poem. This repetition not only serves to bind the poem together but also gives it a sense of unity and coherence, while also providing a framework for the poet to express their ideas and emotions. This is a major reason why poetry in music emerges out the best and most beautifully in Ghazal songs. The themes of Ghazals are mostly centred around love, loss, and longing. The melancholic tone of Ghazals combined with their beautiful l



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## CISF-HCM-TEST-Dated-2023-02-24-Test NO.-7376

Serve to symbolize their love for their beloved. This imaginative use of imagery not only creates a sense of atmosphere but also helps the poet to express their deepest emotions in a way that is both subtle and powerful. In addition to the use of imagery and metaphors, Ghazals are also known for their melancholic tone. The poet often uses the language of grief, longing, and despair to express their love and the pain of their separation from their beloved. It an art form that bestows an experience where all emotions of love, whether it is pain, separation or union are welcomed. Despite its origins in ancient Persia, this art form has continued to evolve and adapt over the centuries. Today, Ghazals are enjoyed by millions of people all over the world, who appreciate their timeless themes, beautiful language, and impactful melodies. Many contemporary poets continue to write Ghazals in the traditional style, while others have adapted the form to suit their own individual styles and themes. Regardless of the form it takes, Ghazal remains a powerful form of poetry that is capable of capturing the hearts of listeners and readers alike. In terms of volume, India pharmaceutical industry ranks third in the world<sup>1</sup>. However, there have also been multiple incidents of counterfeit medications and drugs hitting the market<sup>2</sup>. Globally and in India, the pharma industry has been grappling with issues related to counterfeit or spurious drugs for a while now; however, these have been amplified post the pandemic. To further bolster India image as the Pharmacy of the World, all stakeholders must work together to ensure issues such as counterfeit drugs do not dent this image. Counterfeits Affecting Pharma Reputation This battle is new for the industry, but the events of the last few years signal the need for intervention. COVID-19 caused massive disruptions in global supply chains, which led to countries around the world struggling to source life-saving medicines. This phase also led to a r

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## CISF-HCM-TEST-Dated-2023-02-24-Test NO.-7377

In the world including India. But what sets pharma counterfeit apart is the potential for life-threatening damage. In addition to increased morbidity and mortality, counterfeit products might also worsen drug resistance and lead to treatment failure. Fake medications place the user health at grave risk; but they also adversely hit the entire pharma industry reputation, operations, and finances. The World Health Organisation WHO also estimates that there are over one million deaths per annum from counterfeit and substandard drugs, causing \$21 Billion of global financial impact. In a 2017 report, the organisation also claimed 10.5 per cent of medicines sold in low and middle-income countries, including India, were substandard and falsified which is a serious threat to patient safety. Pharmaceutical products contribute 8 per cent to India overall merchandise exports and 2 per cent to India gross domestic product GDP. Safeguarding India image as a trusted, reliable supplier of pharmaceutical products is imperative to realise India ambition of Atmanirbhar Bharat. The Way Ahead It is in the larger public health interest that all stakeholders, including consumers, need to stay watchful of substandard and counterfeit drugs. India pharma industry should focus on creating effective communication collaterals to develop a vigilance mindset amongst consumers. Concerned government bodies should also actively promote programmes focusing on patient safety and awareness through the strategic use of media. Anti-counterfeiting measures at manufacturing locations are the need of the hour. A higher focus is called for to strengthen production quality and supply-chain controls through the usage of available technologies. Manufacturers should consider the adoption of block chain-based pharma solutions to ensure higher quality control across the value chain vendors, distributors, bottling and packaging and retailing. Pharma manufacturers should aim for a rigorous, traceable, permanent seri

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## CISF-HCM-TEST-Dated-2023-02-24-Test NO.-7378

Now, I am a full grown tree, and that two feet wall has been converted into a broad platform all around me, with my root out of sight, and the trunk also somewhat covered from vision. Here on the platform people sit and say their prayers and relax. At times they also consume their temple Prasad while sitting on this platform. Oh, what a wonderful feeling it is to be so loved and cared for and, above all, being so honored and respected. This honor is given to me as; I understand now that, a section of the Indian society considered me a holy tree to be worshipped. This is why there is so much hype about me and my kin. In fact all great ideals and philosophies are the outcome of great men contemplation. But these philosophies and ideals would easily have been forgotten, had they not been applied to real life. Who could remember Marx if Lenin had not motivated people to follow communism? Rousseau name would certainly have been rubbed out of our memory, had France not accepted socialist democracy. Lives of various great men and even religious leaders endorse the view that action is not only natural instinct; it also the essence of life. Karl Marx was a German philosopher during the 19th century. He worked primarily in the realm of political philosophy and was a famous advocate for communism. He cowriter The Communist Manifesto and was the author of Das Capital, which together formed the basis of Marxism. Marx political and philosophical thought had enormous influence on subsequent intellectual, economic, and political history. His name has been used as an adjective, a noun, and a school of social theory. Marx believed that humanity core conflict rages between the ruling class, or bourgeoisie, that controls the means of production such as factories, farms and mines, and the working class, or proletariat, which is forced to sell their labor. At the request of the Communist League, Marx and Engels coauthored their most famous work, The Communist Manifesto, published in 1848.

## CISF-HCM-TEST-Dated-2023-02-24-Test NO.-7379

And poor English, he called me to his office. Handing me a copy of Reader Digest with an essay on Gandhi, he said, Ripu, next week you will narrate that essay in the Assembly. Nothing is impossible, he added. I took it as a challenge and decided to memorize the whole essay. Shivering, I stood in front of the assembly, and rattled out the essay like a parrot. Loud clapping ensued. Here began the story of how a teacher can mould and build a student. Principal Mani asked me to read newspapers daily and make note of important events. I took a dictionary and sat with English daily. In one hour, I could finish no more than half a page, but I did not lose heart. The output kept increasing every day. My vocabulary kept on expanding, so did the general awareness. Mr. Mani put me in the declamation team. By the time I was in the 10th standard, I was the best debater of the school. I still remember how we defeated a Pune school in an inter-school debate which was presided over by none other than Nani Palkhiwala. Why do you start writing when you can speak so well, Mr. Mani asked. And there I was in the school magazine editorial team. He reposed faith in me as a moral guide, and put me in charge of the small children in Pratik House. It enriched me spiritually as I had to lead young minds on the righteous path. I am a tree, tall and imposing, standing all alone near the campus of a temple. My life is ever so interesting as, I see a huge spectrum of society, funny gestures of people, and hear all kinds of conversation of the devotees who pass by me. I was not always so huge. As is true of all living beings I was also a long time back, a young sapling with this huge tree within me. At that time I looked fresh and beautiful as all other beings that are young, but, at that time I was of course not so imposing. This is what I have seen about life that, every stage has something good about it. I understand that, I am a penal tree which just grows anywhere and everywhere. Ever since I

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Risks is nonnegotiable. The timeline should be flexible. The Supreme Court suggestion on halting criminal proceedings against economic fugitives willing to repay the money they owe to lenders and others they defrauded must be taken up for serious consideration by Go. The two judge SC bench advocated this course noting the considerable resources like time, money and effort expended by investigating agencies like ED and CBI in trying to bring fugitives back from foreign jurisdictions, thanks to lengthy legal processes on extradition in foreign countries. The suggestion followed a co accused in the Sterling Biotech fraud case claiming he had repaid a portion of the money due from him to banks and would repay the remaining amount but wanted protection from prosecution and harassment by investigating agencies. Go has enabled investigating agencies to go after high value offenders via the Fugitive Economic Offenders Act, 2018. This sanctions quick seizure and sale of their assets. However, a difficulty here is that many such fugitives have assets stashed abroad or became assets in India that agencies are unaware of. Further, the legal processes, paperwork and evidence required in each country can vary greatly. So, far from a quick closure we are realistically looking at years of painfully lengthy legal battles. If the end goal of both banks, others defrauded and investigating agencies is to recover the money, criminalisation may actually be thwarting it. For example, the accused in the Sterling case wants to repay banks, which would be happy to recoup the funds, but CBI is willing to let him off the hook, ostensibly because the law does allow it to use discretion. It would be worthwhile looking at monetary penalties imposed by SEBI on violations like insider trading that avoid costly litigation but penalise violators. More countries are adopting the US plea bargaining like innovation known as deferred prosecution agreement. This avoids criminal prosecution of company execu

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## CISF-HCM-TEST-Dated-2023-02-25-Test NO.-7381

Up signifying nothing. That said, enough heat has to be generated to throw light on the vile bugging of politicians, judges, journalists and activists via this cyber intelligence technology. It could become an election Watergate issue, more for lying than for spying. So, here my list for Question Hour. The Israeli company which created this sinister spyware is NSO Group. Do the initials stand for the National Security which it sells, and only to governments No they don, but here the short answer. Said people had to be degaussed because criticism equals anti national, no the initials happen to be those of the group founders, Nib, Shale and Omro. Is bay, how much these names sound like our Hindustan Can the hobbled opposition cobble enough unity to turn Pegasus into the Fifth Horseman of the Apocalypse for BJP Unlikely. More to the point, did the starker use the winged horse as a Trojan horse, since this spyware is meant to thwart foreign and local threats The answer depends on whether local means Indians not yet battened into silence, and foreign means the NYT, which last week claimed that in 2017, this government bought Pegasus from Israel our recently anointed BFF as part of a 2 billion weapons package. Since this is the case which launched a thousand opposition spears, then it also likes Helen of Troy cause of the Trojan War. Scarily, the Pegasus spyware can be covertly installed in all Android systems, and in most is with a zero click. So does this make our cellphone the new Agent 007, star of His Majesty Secret Service Turn it into Bond favored Beretta Upgrade iPhone to sly Phone Finally, will this hula create a great FOMO wave Will everyone want to gallop ahead on a Pegasus, from business houses to Bollywood producers to nosy Mrs. Ballad Consciousness is a universal attribute of all life forms, starting from the single celled prokaryote to the far more complex human brain. The assumption that consciousness is produced by the brain is no longer viable. New theori

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## CISF-HCM-TEST-Dated-2023-02-25-Test NO.-7382

The sheer volume of available content that could be potentially distressing. This filter could be expanded by meditative queening of mind chatter, or the scope of the survival imperative be enhanced by psychoactive drugs resulting in previously excluded contents entering the supraliminal consciousness. This could account for a range of transcendental or metaphysical phenomena like out of body experiences. Oriental philosophies have all along maintained that the universe is a manifestation of intelligent consciousness. Max Planck, who is considered the father of Quantum Theory, said, I regard consciousness as fundamental. I regard matter as derivative from consciousness. We cannot get behind consciousness. Everything that we talk about, everything that we regard as existing, postulates consciousness. Quantum physicist Erwin Schrödinger in his monograph, what is life expresses his thoughts on the nature of consciousness and self, specifically from a Vedanta perspective. He proclaimed that consciousness is only one, singular, identifiable with its universal source Brahman. He believed that the perceived spatial and temporal plurality of consciousness is merely Maya, illusion. Theoretical physicist David Bohme believed that there was a deeper reality beneath the quantum level, a wholeness that connects the entire micro and the macrocosm. The notion of a separate organism is clearly an abstraction, as is also its boundary. Underlying all this is unbroken wholeness, even though our civilization has developed in such a way as to strongly emphasize the separation into parts. This wholeness is very aptly described in the Upanishads Om namadah poorn doormat poornam Poornasya poorn poome That is complete, this is complete, from the completeness comes the completeness If completeness is removed from completeness, only completeness remains. The human brain with all its complexities might be equipped with the ability to transcend the restrictive filter and expand its cognitive hor

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## CISF-HCM-TEST-Dated-2023-02-25-Test NO.-7383

Modest so far, with only a few experimental pizza and medicine deliveries. The size of the global commercial drone market is estimated at USD 27.4 billion in 2021, and is expected to grow to USD 43 billion in 2025. India is all set to enter this rapidly expanding market, with the Ministry of Civil Aviation expressing its interest to make India the Drone Hub of the world. Drone operations were unregulated in India until 2018. The new Drone Rules, 2021 simplified many restrictive rules introduced in 2018 and removed cumbersome approvals needed to fly a drone. As per the recent law, authorization is only required when there is a departure from prescribed procedures. The documentation required to obtain a drone usage permit is simplified substantially. Fees to get a remote pilot license have also been reduced. Digital Sky will be developed as the user friendly, single window online system for all approvals and permissions. The Ministry of Civil Aviation Mocha has reserved INR 120 core for a PLI scheme to boost the drone manufacturing sector. All this can potentially promote drone production and use. The Directorate General of Civil Aviation of India DGCA has released a dynamic interactive map within the Digital Sky platform indicating the various zones where drones can operate through color coding. For example, green indicates free operations, yellow signifies restricted operations, and red demarcates the no fly zones. The concerned ministry will also facilitate the development of drone corridors for cargo deliveries. The Road Ahead Can we expect cargo drones to become a critical component of India logistics ecosystem in the near future We think that several issues related to human resources, infrastructure, network design, awareness, and pricing need to be addressed in order to promote commercial drone usage in India and ensure operational viability. At present, there is a shortage of qualified drone pilots and UAV designers and engineers. Hence, developing training fac



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## CISF-HCM-TEST-Dated-2023-02-25-Test NO.-7384

Redundancies must be built between GPS, Radio Frequency and 5G communications to ensure failsafe operations. The service network and transmission must be secure and reliable. Packing all this equipment and making a compact drone capable of carrying various cargos will be an engineering challenge. Design choices should also be made considering time required for maintenance checks and battery swaps. Significant improvements or breakthroughs in charging or battery chemistries could enable multiple deliveries on a single charge and amplify the cost effectiveness of using drones. How can drones take off commercially There is, obviously, a clear case for time sensitive applications such as delivering lifesaving drugs and perishables during emergencies and crises, where the benefits are invaluable. However, for drones to take off commercially, adoption rates should be high enough to decrease costs through economies of scale. How can the cost of drone operations be lower than or comparable to alternative transportation modes such as a motorcycle or a pickup truck at similar or higher safety and service levels Moreover, today, most e commerce firms pay their delivery partners around INR 30 per household per delivery. Can drones compete at this level Commercial viability will also depend upon integration with and interoperability between several transportation solutions. Some countries are already developing the infrastructure necessary to enable drone operations at a large scale, including drone terminals and vertiports or zones earmarked for safe takeoff and landing of aerial vehicles. The Marina Bay in Singapore boasts the first full scale passenger air taxi vertiport. The costs of scaling such infrastructure assets are huge, questioning their immediate necessity when the technology is still immature. Is India interested in making such investments one way to take forward vertiport development can be the public private partnership mode. We do not think that consumer acceptan

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## CISF-HCM-TEST-Dated-2023-02-25-Test NO.-7385

Mode government trundles on. Indian people don't seem to be worried about development. Witness the upcoming UP elections. Mode has got the upper caste Hindu vote, Achilles has the OBC vote all locked up, and Owasso is trying to win over Muslims and Dalit. Where is Piranha Gandhi in all this she is trying to play the gender card. India second most backward state remains as backward as ever. UP is as large as Pakistan. Until UP progresses, India will not progress. But it seems that only God can help UP. So only God can help India. But India already has a god and that is Mode. 2021 with the second wave of the pandemic was a horror year for him. The New York Times wrote one scathing piece after another about him. It even said that he was deliberately killing Indians. That was a bit much. American mainstream media like the NYT and the Washington Post are firmly ranged against the PM. This hatred goes back to his Godhead days. But to call the NYT super media, as Minister VK Singh has done, is just a joke. What does VK Singh mean by super media does he mean that someone is paying the NYT to write things against Mode. The NYT is amongst the foremost papers in the world. It has made errors in judgment, most notably in its support for the second gulf war, but it is not known to accept money to write articles. If that were the case, Mode and his gang would have been all over it. Rahul Gandhi is once more erring about making Pegasus an issue like he did by making Rafael in the last general elections. Today Rafael is the pride of the Indian Air Force, and Mode got away scot free if at all he had committed some hanky pinky in the deal. What Rahul needs to focus laser like on is the lack of growth in the economy. The economy refuses to grow fast enough because of the crony capitalism practiced by the Mode government. All previous governments have indulged in crony capitalism, but Mode has taken it to new heights. A Gautama Adana today has come from nowhere to become Asia richest man.

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## CISF-HCM-TEST-Dated-2023-02-25-Test NO.-7388

It seems now that he was just a flicker in our history. There something rotten in the state of India. Just change the Muslim rulers and then the British with our current day rulers which includes Mode and all the rest of them, and nothing seems to have changed. There is a glitterati class and then there are the poor. The middle class is getting crushed in between. Is there a solution to all of this mess It seems no. Indian governments will willfully take the help of foreign governments to spy and snoop on their own people. This is all the dirty tricks department of the government. It purely a bid to retain power illegally. Who needs to provide good governance when dirt can be dug out on opponents and used against them in a western democracy like the US or the UK, the Pegasus scandal would have led to the fall of the government. Witness the UK. Boris Johnson & Co. threw some parties in 10 Downing Street when he had imposed lockdown on his country, and now is gasping to cling on to his chair. Not so in India. Here brazen ministers like VK Singh, known for their brazenness, are pulled out to tar other people. It just reverse tarring If a newspaper writes something, just throw black ink on its face. VK Singh caused controversy when he was army chief. His penchant for courting controversy does not seem to have left him. But one can retain one place by being more loyal than the king. And the undisputed king of India today is Mode. All hail Mode as he resorts to every trick in the book to extend Mode Raj. Let us rewind to July, 1941. In response to the Japanese occupation of the northern Indochina, the United States placed an oil embargo on the Japanese Empire. Hence, Japan launched one of the deadliest attacks on US soil the Pearl Harbor attack, on 7 the December 1941 as a message to release the oil embargo. In response, US entered the war. On the European front, Nazi Germany had launched Operation Barbarossa and quickly made their way to grip the root of Soviet War machin

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## CISF-HCM-TEST-Dated-2023-02-25-Test NO.-7389

Will sweep through every industry and defence will not be left untouched. Renewable energy promises cheaper and more efficient military machinery. The United States navy deployed the Great Green Fleet in 2016. One ship, the USS Makin Island uses a blend of diesel biofuel, and contains a hybrid electric diesel propulsion system. This has made the vessel go three times as long without refueling, compared to a conventional vessel. It is estimated that the use of energy efficiency and biofuels in USS Makin Island will save 248 million in energy costs over its lifetime. The US Navy has diversified its energy sources with having the largest fleet of nuclear powered aircraft carriers 11, the conventional energy resources oil, biofuels made from algae and Hydrogen powered UAVs demonstration stage. Secondly, one of the Hydrogen powered UAVs Unmanned Aerial Vehicle in demonstration stage of the US Navy is the Hybrid Tiger drone. It takes power from only two sources Solar and Hydrogen fuel cell. A typical long endurance drone burns gallons of highly priced jet fuel along with making a distinct noise. However, the Hybrid Tiger could stay aloft for 24 hours and remain completely quiet. Thirdly, the efforts by US Navy are helping its allies. The US Navy has already signed an agreement with Queensland Premier Anastasia Palaszczuk to supply the Pacific Fleet of the U.S. with biofuels. According to a statement on the Queensland government website, the state hopes the deal will advance its hopes to become an Asia Pacific biofuel hub and foster a 760 million export oriented biofuels sector. Coming to India, the Green Hydrogen Mission as announced by Hon blew Prime Minister will make India a Green Hydrogen hub in the future. With projected prices of Green Hydrogen is to fall in the range of 2 per kg by 2030 from the 4 7 range of today, our forces will be in a position to experiment this new fuel in upcoming technologies like UAVs. This is one fuel which will be completely made in India

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## CISF-HCM-TEST-Dated-2023-02-25-Test NO.-7390

Projection indicates that Ammonia will power 45 of shipping in 2050 net zero analysis. When successful, major powers like USA and China will not bat an eyelid in implementing this technology in their Navies. India should not be left behind. Indian Navy may lead the efforts to start diversifying our energy sources for military purposes because the Indian navy is already in the process of diversifying through nuclear powered submarine INS Arian and so, is well positioned to explore Green Hydrogen. In future, world militaries will diversify their options even more. Green Hydrogen demand will increase and as India strides ahead with Green Hydrogen, such agreements with major navies of the world will further push India to become the Green Hydrogen hub. Energy is the one resource that changes courses of wars, creates alliances and forces countries to develop new areas of research and development. Realising this, the US Navy has worked towards diversifying its resources with nuclear powered aircraft carriers, biofuels powered Fleet and Hydrogen Solar powered drones demonstration stage. Adding to this, with the ammonia powered shipping, it is only a matter of time when we see world first Green Hydrogen powered Navies. China has already started building a 300MW Green Hydrogen plant in Xinjiang which will produce 20,000 tons of green hydrogen annually. To counter China and proclaim India as the hub of Green Hydrogen, we need to establish ourselves in every sector that needs Green Hydrogen. Having the world first Green Hydrogen powered Navy, completely powered by Atmanirbhar Bharat, will proclaim arrival of India as he Vishwaguru. Bharatiya Janata Party leaders, especially Prime Minister Narendra Modi, have been accused of appropriating prominent national, mostly Congress, leaders. Vardar Patel was appropriated in the name of nationalism, Mahatma Gandhi on his 150th birth anniversary, Ambedkar by inaccurately quoting him, and now Sub has Chandra Bose by installing his hologram a

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President who believed in systemic racism. In India, however, national icons are transferable. The Congress has no problems in embracing Ambedkar who was openly critical of, scathing actually, the greatest leader of the grand old party, Gandhi. Few people talk about communists these days because of their marginalization, but their ideology and politics has had a huge influence in the country. While they haven't exactly appropriated Gandhi, they have certainly put him on a pedestal. That was so a century ago. The imminent collapse of Gandhi will close a romantic and exciting chapter of Indian national movement. It will demonstrate that a socially revolutionary movement cannot be influenced by reactionary forces, thundered M.N. Roy, a leading Marxist theoretician, in 1922. In 1927, another prominent communist R. Palme Dust wrote, the spiritually reactionary propaganda of Gandhi is an enemy of the interests of the masses. In 1931, he wrote, Gandhi is already dying. In 1942, Dust called Gandhi the pacifist evil genius of Indian politics, and that to all that is young and generous in India the name of Gandhi is an object of cursing and contempt, the name of Judas. Would Savarkar, who coined the term Hindutva, have differed with him similarly, another communist leader, P.C. Joshi, too, wrote in 1942, Gandhi is the path of negation.. .. The outlook of negation, the policy of passivity and the practice of subservience this is Gandhi today. All this changed with Gandhi's assassination on January 30, 1948. Dust at once realized that Gandhi could be a useful ally. Referring to Gandhi's efforts just before his death to quell communal violence, Dust hinted at a new tactic that Gandhi's martyrdom can be utilized by the Communists, wrote Gene D. Overstreet and Marshall Windmiller in *Communism in India*. The operative word here is utilized. Communists changing assessment of Gandhi served a purpose by castigating the Singh Pariah for changing its evaluation of Gandhi, Reds and pinkish intel

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## CISF-HCM-TEST-Dated-2023-02-25-Test NO.-7392

Data is the bedrock of policy. Accurate data gives you an insight into reality and equips both government and active citizens with the capacity to engage in meaningful dialogues on the basis of objective facts. Regularly collected and published data help to assess progress as well as chronic and acute problems. It sets the course for short, mid-term, and long-term course correction. Data helps evaluate the distance between reality and benchmarks, and suggests timelines to reach them. Data is also an important tool in the advocacy quiver of active citizens, whether they are involved in health, education, environment, fighting hatred, or as I am in the area of justice. Earlier, few people valued the use of data, and indeed there was not much data available. But with digitisation more and more data is produced and shared globally. In fact, there are so many national and international indices nowadays that it can be quite bewildering. The government is putting out more data and citizen groups are using it, as say with the India Justice Report. Citizen groups, think tanks, nonprofits, and special interest groups are also generating data from their own vantage points. This is a way to contribute to the national project of strengthening democracy and development. But does data digitisation create more exclusion, in a country like India where digital literacy still has a long way to go? We need to popularise the use of data for advocacy right down to the grassroots through small and focused measurements of what is really going on at ground zero. Currently, this is still in the domain of the elite. Democracy, for me, is characterised by the ability of people to have debates. And to disagree, if need be; to think and say what they want. We live in an age where, across the world, misinformation and disinformation are rife. It is easy to get subverted from basic truths. Good data represents objective truth, at least as much as it can. Being part of a democracy requires active citizen

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## CISF-HCM-TEST-Dated-2023-02-25-Test NO.-7395

Have grey areas that must be navigated. Science itself is always questioning long-held beliefs through new inquiry based on experimentation and innovation, or by interrogating older statistical analyses and studies. Without these battles, there would be no progress. That said, there is concern about statistics and data around the world: how much is collected, by whom, for what purpose, and how much of it is held close or published. Indeed, there is justified concern over the amount of personal data that government and commerce collect, as well as questions about what they use it for, power accumulation, and loss of privacy. IJR began as a project to use public data to provide a holistic view of India justice system, and thereby point out where improvements can be made. Can you tell us a little bit more about it? IJR was first published in 2019 and comes out every 15 months or so. Originally born under the aegis of Tata Trusts with a mission to contribute to improving India justice delivery system, it measures the structural capacity of states to deliver justice and on this basis, in a first-of-its-kind effort, it ranks states. It relies entirely on the government own statistics and ranks the adequacy of budgets, human resources, infrastructure, workloads and diversity of police, judiciary, legal aid, and prisons. Quite uniquely, it brings together in one place a large number of statistics that normally remain siloed in individual departments to build a holistic picture of justice delivery, measure trends and improvements, and make visible stubborn bottlenecks that have remained unaddressed over time. Is there an upcoming publication of IJR? What contemporary issues does it cover and how has it evolved over the years? We are getting ready for IJR third publication in April 2023. This edition, like its predecessors, seeks to understand whether the police, the judiciary, prisons, and legal aid have the structural capacity to fulfill their mandates. This is its focus, an



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## CISF-HCM-TEST-Dated-2023-02-25-Test NO.-7396

Depth and nuance via new indicators and pillars. In for example, we added a section to highlight improvements and shortfalls within each state since 2019. There are many more sub-systems of the justice delivery system yet to be discovered prosecution, forensics, specialised agencies such as human rights courts, commissions, and others. With each addition there will emerge a clearer picture of how far justice delivery has come to enable itself to fulfill justice needs. So, while we continue to add these new pillars, our aim has always been to reflect data back as a mirror to policymakers and help them see the whole picture in one place, rather than in fragments. It is important to recognise that this reflection is not a confrontation or a complaint. It is a resource to help all stakeholders policymakers, media, and active citizens engage with one another with some degree of accuracy. The mirror can only reflect what it sees before it. Besides the substantive issue of better justice delivery, there is another conversation to be had about the accuracy, regularity, consistency, and granularity of data: what is included, what is left out, and how data can constantly be better collected, standardised, and validated to fit the public purposes for which it is collected. How has the government and the bureaucracy responded to the report? We have presented before parliamentary committees, and they have listened to us with great attention. I believe the reason they listen is that they know we have done all the grunt work to put together something that can give them a holistic insight into the justice system. Responses in Parliament have also cited the report. States that have done well on certain indicators do take encouragement from the report and mention it in official documents. Others have on occasion held internal meetings to see what can be improved. We do see the report being used in various educational settings, and this spread in its use augurs well. That being said, i

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The parents heard nothing more from him. A few days later, however, they received a call from the San Francisco police. Their son had died after falling from a building, they were told. The police believed it was suicide. The grief-stricken parents flew to San Francisco and were taken to the city morgue to identify the body of their son. They recognized him, but to their horror, they also discovered something they did know, their son had only one arm and one leg. Moral: The parents in this story are like many of us. We find it easy to love those who are good-looking or fun to have around, but we don't like people who inconvenience us or make us feel uncomfortable. We would rather stay away from people who are as healthy, beautiful, or smart as we are. Thankfully, there's someone who won't treat us that way. Someone who loves us with an unconditional love that welcomes us into the forever family, regardless of how messed up we are. A story tells that two friends were walking through the desert. A story is told about a soldier who was finally coming home after having fought in Vietnam. He called his parents from San Francisco. Mom and Dad, I am coming home, but I have a favor to ask. I have a friend I had like to bring home with me. Sure, they replied, we had loved to meet him. There's something you should know, the son continued, he was hurt pretty badly in the fighting. He stepped on a land mine and lost an arm and a leg. He has nowhere else to go, and I want him to come live with us. I am sorry to hear that, son. Maybe we can help him find somewhere to live. No, Mom and Dad, I want him to live with us. Son, said the father, you don't know what you are asking. Someone with such a handicap would be a terrible burden on us. We have our own lives to live, and we can let something like this interfere with our lives. I think you should just come home and forget about this guy. He all figured a way to live on his own. At that point, the son hung up the phone. During some point of the

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The sand and now, you write on a stone, why? The other friend replied when someone hurts us we should write it down in the sand where winds of forgiveness can erase it away. But, when someone does something good for us, we must engrave it in stone where no wind can ever erase it. A mother and a baby camel were lying around, and suddenly the baby camel asked, mother, may I ask you some questions? The mother said, Sure! Why son, is there something bothering you? Baby said, why do camels have humps? The mother said, Well son, we are desert animals, we need the humps to store water and we are known to survive without water. Baby said, Okay, then why are our legs long and our feet rounded? The mother said, Son, obviously they are meant for walking in the desert. You know with these legs I can move around the desert better than anyone does! Baby said, Okay, then why are our eyelashes long? Sometimes it bothers my sight. Mother with pride said, my son, and those long thick eyelashes are your protective cover. They help to protect your eyes from the desert sand and wind. Baby after thinking said, I see. So the hump is to store water when we are in the desert, the legs are for walking through the desert and these eyelashes protect my eyes from the desert than what in god name are we doing here in the Zoo? Once, there was this guy, who was in love with a girl. She was the most beautiful and gorgeous but for him, she was everything. He used to dream about her, about spending the rest of life with her. His friends told him, why do you dream so much about her when you don't even know if she loves you or not? First, tell her your feelings, and get to know if she likes you or not. He felt that was the right way. The girl knew from the beginning, that this guy loves her. One day when he proposed, she rejected him. His friends thought he would take alcohol; drugs etc. and ruin his life. To their surprise, he was not depressed. When they asked him how was it that he is not sad, he repli

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Arguably, this was a more challenging budget to present than last year. How so Even though the pandemic economic hit was larger this time last year, the intellectual consensus was clear: fiscal policy should remain very supportive and accommodative central banks should mitigate the resultant fallout on interest rates. No such consensus exists this year. On the one hand, India still remains below the pre pandemic path and with private investment sluggish; the economy still needs fiscal support to drive growth and employment. On the other hand, the global backdrop has become much more precarious. The Fed is set to deliver a series of rate hikes in 2022 already spilling over into Indian bond yields and crude prices are close to \$90. In addition, public debt GDP has climbed towards 90 and the current account deficit has widened past 2 of GDP. All these would argue for more fiscal caution. India has an unenviable reputation of being a litigation prone tax jurisdiction. Therefore, it heartening to hear Go officials say that the overarching aim of direct tax policy reform is to move towards a simpler regime, without exemptions and low rates. A transition to this regime will drastically reduce litigation and also be a fairer one. Litigation has kept mounting. For example, in 2014 15, about Rs 2.1 lakh core had been under dispute for a duration between one and two years. By 2020 21, it had increased more than threefold to Rs 6.6 lakh core. An underlying cause for litigation, abundance of loopholes, also limits the tax collection. To illustrate, the effective tax rate for corporate taxpayers in 2019 20 was 22.5. This rate was lower than the statutory tax rate of 25.2 for companies that opted for a new tax regime where there are no deductions. Clearly, the current tax regime neither prevents litigation nor does it yield even the rate Go expects in a simpler regime. Sovereign governments face limitations in setting tax rates on companies because capital is mobile. Hence, there i

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Retirement savings, and making the process of filing returns truly simple. All these aspects have been addressed in Go tax reform reports. They should now be made public to build the case for reforms. Most opinion polls are indicating a tight race in Uttarakhand. BJP and Congress are also similar here in that they both have hit self goals. In 2002, 2007 and 2012, the vote share difference between the two parties was just 1.45, 2.4 and 0.45 percentage points respectively. That difference shot up to double digits in 2017, in BJP favor. Five years later, BJP has a tough time explaining to voters why it changed chief ministers twice last year, while Congress grapples with its familiar demons of factionalism. In a state that prides itself as devbhoomi, all parties are wearing their religion on their sleeves, reducing the traction for Hindustan. With many households having members in armed forces, the pitch for these voters is no less vocal though BJP may have the advantage here. Interestingly, pandemic related economic hits, including in sectors like tourism that Uttarakhand depends on, are not necessarily made for opposition issues. In Kerala and Bengal, incumbents prevailed, projecting welfare schemes and food rations that helped people tide over tough times. In Uttarakhand too, BJP is betting on welfare delivery. Its other bet is that floating voters will stick with it. The other state specific factor is that the popular and understandable wish for development a 2019 official report indicates continuing outmigration from hill districts to the plains for jobs and education has to contend with the state fragile ecology, that allows only gradual infra upgrades. Congress, as is its wont, has suffered major desertions. It has an easily recognizable figure to project in former CM Harish Rabat, but most of his onetime proteges have turned against the veteran. BJP has also seen exits but CM Pushkar Singh Dhami has steadied the ship, including by scrapping the controversial Cha

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To him to be clear, a specific exception is made by law, for the heinous crime of rape so long as she is his wedded wife. On the same day that former Vice President Hamid Ansari drew flak from critics for saying that in India the concept of civic nationalism was giving way to a cultural nationalism based on religion, a leading BJP politician addressing the Jat community reportedly said that his party and Jats had made common cause by fighting against the Mughals. When asked how the Lotus party, which is less than 50 years old, could have fought the Mughals who came to what is now India over 600 years ago, the neta replied that while the Jats had fought the Mughals in the past, his party was fighting them now. This revelation was an eye opener for me, and possibly for others like me. In my sketchy knowledge of history, Babur, who founded the Mughal dynasty, which lasted for three centuries, was victorious in the battle of Panipat in 1526, which he fought against the Sultan of Delhi, Ibrahim Lodi, and an odd name for a Hindu. My wonderment was caused by the name of Babur adversary but by the disclosure that the Mughals, whose rule ended in 1857 when the Brits exiled Bahadur Shah Zafar to what was then Rangoon, where he died in 1862, were still hanging about the country disguised as our fellow citizens but ready at hand to be fought against by those who could sniff out their alien presence, thanks to the uncanny acuity of their olfactory sense. Then another thought struck me. If the fraudulent presence of Mughals in our midst could be detected, what other aliens posing as Indians might be unearthed For instance, my forebears came from Kutch, most of which is now in Pakistan. Does my ancestry make me a crypto Pakistani, who ought to go back to where he belongs Similarly, Bunny parents came from Lahore. By this token is she too a potential Paki Come to think of it, most of us who live in this country could be outed as outsiders, descended from Aryan or other exotic roots,

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## CISF-HCM-TEST-Dated-2023-02-26-Test NO.-7402

From the moment a soul enters this world within a mother womb, through the process of birth and all the phases of growth that it will experience throughout its lifetime, there will be pain and difficulties. The nature of the pain and difficulties may change, but they occur through life. When we realise this truth, we begin to search for answers. This search brings us to the spiritual path and to the words of saints and mystics who have come to this world to show us the way to happiness. The saints offer us a blueprint to unravel life great mystery so that we can attain life purpose: To reunite our soul with God. While the road Godward may not be easy, we can accomplish it one step at a time. Need to learn to withdraw our attention from the outer world and focus on the inner spiritual worlds. This process of withdrawing our attention is called meditation, and we can learn it under the guidance of a spiritual Master. Meditation is the process of experiencing God love for ourselves by taking our attention away from the world outside and focusing it within. Doing so, allows us to defocus from the turmoil of our surroundings and connect with the source of all love, all joy, which is God. Meditation is the highest form of prayer and unlocks the gates to the reservoir of untapped love that we carry with us. If we spend some time daily within the silence of our soul, we will be connected with a place of bliss. Then the outer circumstances of our life will not affect us. The real reason to meditate is, in fact, a spiritual reason. It is to reap the spiritual benefits of the practice. Meditation helps us become aware of our spiritual nature, which is our true essence. Once we become aware of our spiritual nature, we also gain knowledge of God, and then everything else in life falls into place. Next, the saints teach us to lead ethical lives, wherein we learn to be truthful, nonviolent, compassionate, kind, and selfless. In doing so, we will gradually find that our lives are tr

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Countering the narrative, MEA spokesperson Arindam Bagchi has said, we have seen reports on the issue. India is a robust and vibrant democracy. It does not require certification from others. The claim that others need to protect our Constitution, is presumptuous and preposterous. The track record of the event organisers, is as well known as the biases and political interests of the participants. Central Law Minister Karen Rijju hit out at Hamid Ansari for his remarks over Hindu nationalism, saying, what the former vice president has said is wrong, and as a member of the minority community, I can proudly say that India is the safest nation. He wondered, Why some people who enjoy the best freedom and privilege in India, join the anti India propaganda, peddled by foreign based anti India forces What satisfaction do they acquire by defaming India Senior BJP leader and Union Minister Mukhtar Abbas Naqvi said that the Bharat bashing brigade is engaged in competition of lynching the country culture, commitment and Constitution. Speaking to reporters, Naqvi said, some people are becoming a part of the anti India conspiracy of Pakistan sponsored organisations. These organisations are conspiring to create confusion over India culture and inclusivity. He said that these people are becoming a partner in the Pakistan propaganda, to defame India. Naqvi said that the country feels that some people and organisations want to tarnish India culture, nationalism and its ethos of unity in diversity. The mindset of Modi bashing is now changed to Bharat bashing, he alleged. Najmul Hoda, an IPS Officer, in a write up in Times of India, referring to Ansari assertion that, India is facing a new imaginary thing these days, and that is Cultural Nationalism, rightly says, to say that Indian nationalism is not cultural, would be like, denying Indian Nationhood, and making it merely a geopolitical entity, just like the British did. He says further, today, India Cultural Nationalism is being denie



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It so happened that one day, when the white elephant was feeding he heard loud cries. A forester from Banaras had lost his way in the forest and was absolutely terrified. He had come to the area to visit relatives and could not find his way out. On seeing this big white elephant he was even more terrified and ran as fast as he could. The elephant followed him and told him not to be afraid, as all he wanted to do was to help him. He asked the forester why he was crying so bitterly. The forester replied that he was crying because he had been roaming the forest for the past seven days and could not find his way out. The elephant told him not to worry as he knew every inch of this forest and could take him to safety. He then lifted him on to his back and carried him to the edge of the forest from where the forester went on his merry way back to Banaras. On reaching the city, he heard that King Brahmadutta personal elephant had just died and the King was looking for a new elephant. And she replied, I wanted to buy a red rose for my mother. But I only have seventy five cents, and a rose costs two dollars. The man smiled and said, Come on in with me. I all buy you a rose. He bought the little girl her rose and ordered his own mother flowers. As they were leaving he offered the girl a ride home. She said, yes, please! You can take me to my mother. She directed him to a cemetery, where she placed the rose on a freshly dug grave. The man returned to the flower shop, canceled. There is a nine year old kid sitting at his desk and all of a sudden, there is a puddle between his feet and the front of his pants are wet. He thinks his heart is going to stop because he cannot possibly imagine how this has happened. It never happened before, and he knows that when the boys find out he will never hear the end of it. When the girls find out, they all never speak to him again as long as he lives. The boy believes his heart is going to stop; he puts his head down and prays this prayer, Dea

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Now all of a sudden, instead of being the object of ridicule, the boy is the object of sympathy. The teacher rushes him downstairs and gives him gym shorts to put on while his pants dry out. All the other children are on their hands and knees cleaning up around his desk. The sympathy is wonderful. But as life would have it, the ridicule that should have been his has been transferred to someone else Susie. She tries to help, but they tell her to get out. You have done enough, you klutz! Finally, at the end of the day, as they are waiting for the bus, the boy walks over to Susie and whispers, You did that on purpose, did you? Susie whispers back, I wet my pants once too. Moral: All of us go through all good and bad things in life. A voyaging ship was wrecked during a storm at sea and only two of the men on it were able to swim to a small, desert like island. The two survivors who have been good friends, not knowing what else to do, agreed that they had no other recourse but to pray to God. However, to find out whose prayer was more powerful, they agreed to divide the territory between them and stay on opposite sides of the island. The first thing they prayed for was food. The next morning, the first man saw a fruit bearing tree on his side of the land, and he was able to eat its fruit. The other man parcel of land remained barren. After a week, the first man was lonely and he decided to pray for a wife. The next day, another ship was wrecked, and the only survivor was a woman who swam to his side of the land. On the other side of the island, there was nothing. Soon the first man prayed for a house, clothes, more food. The next day, like magic, all of these were given to him. However, the second man still had nothing. Finally, the first man prayed for a ship, so that he and his wife could leave the island. In the morning, he found a ship docked at his side of the island. The first man boarded the ship with his wife and decided to leave the second man on the island. He c

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We must note here that there are other communities in the country, which are included in minorities, like Parsis & Jews who have willingly become a part of the mainstream and we never have heard any such complaint from these communities. It is unfortunate, that a person like Hamid Ansari, who has held the august office of the Vice President of India twice & had been a career diplomat and an Academician, a Vice Chancellor of a higher Education Institution like Aligarh University, should use such diatribe against the Home Government & support the falsehood of the habitual India baiters, who cannot tolerate the rise of India in the eyes of the International Community. Najmul Hoda rightly says it is pertinent to ask whether having been the occupant of the country second highest office, ceremonially higher than the Prime Minister, should Ansari have participated in a programme organised by an outfit & joined the participants who are known India bashers, and not only should have participated, but also joined them in a chorus denigrating a Sovereign Country, out of their hatred against an indigenous ideology & the indigenous people. It is seriously felt the government should henceforth ascertain beforehand the background of the organization arranging a conclave, high profile individuals are going to attend, to avoid embarrassment later. Boosting India Covid vaccine basket, pharma major Zydus Cadila has started supplying its corona jab ZyCoV D to the government. The three dose Plasmid DNA vaccine, which is injected via a needle free system was approved for emergency use in the 12 and above age group nearly six months ago. However, the company has admitted that teething issues had delayed the delivery of the vaccine. In fact, it was in November last year that the company had received an order for 10 million doses of the vaccine from the Centre. That said, it is welcome that the Zydus vaccine is finally available. And as per latest reports, the government plans to use the new

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Mainstay of India vaccination programme. In fact, mix and match vaccination is already being done abroad and there is no reason why India should lag here. Actually, the number of people with comorbidities below 60 years of age is quite large and keeping them outside the booster net makes them vulnerable to new Covid variants. And with WHOM now indicating the emergence of Omicron sub variants that could be even more infectious, we should be caught napping here. Vaccination is a key tool to end the Covid pandemic. Thus, with newer vaccines coming up, both children vaccination and the booster programme for adults need to be scaled up as soon as possible. Of late, governments world over have turned visionaries, planning not of tomorrow or day after but for 25 30 years in future! The trend started with several governments setting up net zero emissions goals for their countries to fight climate change, slated to be realized in 2050, 2060, and even in 2070. Not to be outdone, our finance minister talked about Amrit Kaal vision for India@100 i.e., goals for 2047. Earlier such exercises were limited five year time frame, when everyone was promised the pot of gold at the end of the rainbow during the election time. But everyone knew that promises made in the manifestos were meant to be forgotten the day a party was sworn. In a sense, it was a harmless game. But the 21st century brought with it an era of visionary governments. And these visionary governments have considerable latitude espousing vague goals in a very long term horizon sans any intermediate milestones and monitor able actions, and most of all, no way of tracking any progress on any of those lofty visions. They know very well that the regimes or the leadership or both might change in the interim and that is why it would be difficult to hold anyone accountable by then. But if governments can sell us dreams couched in visions, why is not a common person, an individual too accorded the same facility to come out with

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Goes simply wait merrily till Manic Kaal 40 years, and there you have your dreams turn in to reality. Or visualize a contented married couple who only have to gaze each other lovingly till Swarm Kaal. This reminds me a story that we were told often in our childhood. The story is of a man named Sheikh Chili. Sheikh Chili got so engrossed in daydreaming by the lure of a gold coin promised by a businessman in return of transporting some fragile but expensive goods on his head and what all he would do with that gold coin he completely forgot about the fragile goods he was carrying. Soon he began to shake his head so violently that the fragile goods that he was carrying fell down and were reduced to pieces. Of course, not only the businessman was beside himself, poor Sheikh Chili got nothing. The moral of story was not to indulge in wild daydreams but work sincerely and diligently. Needless to say, morals are for mere mortals like us, not for those who have onerous task of running the countries. And that how increasingly governments are leading public down the garden path, to daydream for the golden days in some far away future effectively camouflaging their own inactions in utopian dreams. Perhaps this is one place where they follow the great British economist Keynes who famously said that In the long run we are all dead . Wish we too have that luxury, to be able to promise fulfillment of our goals at the end of Amrit Kaal and enjoy the life without any duty, any tax till then no questions asked, no declaration to make! Globally, most countries are going through a tectonic shift with a great amount of focus being directed towards building resilient economic models, creating sustainable solutions for climate change, and developing affordable drugs for life threatening diseases. However, gender parity and gender rights seem to be missing from these discussions. A cursory glance at the recent data reveals the current state of women in India and around the globe is not very

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Us of the Red Cross and Leprosy makes us nostalgic of Mother Teresa and her now flailing missionaries in India. As we combatted the COVID 19 Pandemic, a picture of the strong capabilities of the women leadership in dealing with crisis situations has emerged globally. Women leaders at the government and corporate houses have demonstrated exemplary leadership and resilience in dealing with the pandemic. For example, women government heads in countries like Denmark, Ethiopia, Finland, Germany, Iceland, New Zealand and Slovakia have been widely recognized for the quickness, decisiveness and effectiveness of their nation response to the COVID 19. But despite their exceptional managerial skills and laud worthy contribution, women still haven received their due credit in society. With societal prejudices seeping into the professional sphere, India female labor force participation rate has dramatically fallen to a historic low of 23.3%, as per NSSO. Between March and April 2020, 15.4 million women lost their jobs, or 37% of the female workforce, versus 28% of men. The labor force shrank by 10.5% for women versus 2% for men between October 2019 and October 2020. Are we really proportionately rewarding women in peaceful times for their significant contributions in stressful times the world, however, has something to learn from the Latin American countries like Rwanda, Bolivia and Cuba, where more than half of the parliamentarians are women accruing to the significant feminist interventions in the last 20 years. In 1997, women had only held more than 30% of seats in just 5 countries. Today, 49 countries have achieved this. Quotas are a common factor in many of the electoral systems, with more women as legislators and MPs. The first country in the world to introduce a gender quota by law was Argentina in 1991. Since then, the legal requirement for parties to put forward a certain proportion of female candidates has become common across Latin America, and beyond. The scenario in

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Speaking, her husband interrupted her to take over. On being requested by the guardian minister who was chairing the meeting, he got upset and shouted, Tile Kay samajhta, meaning, what she understands . Though, the comment made everyone roar in laughter, the sad fact remains that the male counterparts have a strong sense of agency in a woman career. Another major challenge for her is managing the balance between family commitments and work requirements. The ability to multi task is an advantage and a disadvantage at the same time. In an attempt to prove her worth, she tends to overcompensate, unable to set clear boundaries. Lastly, the constant struggle of being accepted as a leader in a patriarchal socio political setup. And I believe, this is a struggle that every woman politician, at every level, has to encounter. She is compelled to combat opposition from also within her own political parties. And this opposition is at times even more than what she faces from the opposition parties. Hence, to sum up and reiterate the decade long demand, the passage of the Women Reservation Bill would be an important step in allowing greater participation at the highest level of India politics. Comprising approximately 50% of the population, increased exposure would increase economic opportunities, which would ultimately push our growth rate by 4.2%, as asserted by the United Nations and ILO. Enhanced representation would surely help to break the glass ceiling which perpetuates regardless of the class lines. It is time for the Modi government, which has a very comfortable majority in Parliament today, to prove its commitment to gender equality by introducing the Women Reservation Bill in Parliament representation would surely and ensuring its passage.

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The voice, what did he pray for that I should owe him anything? The King was extremely concerned when he heard what they had to say and went to the stable himself. He offered the elephant food from the royal table and asked him why he grieved in this manner. He thought that the elephant should be proud and honored that he was chosen as the state elephant and would get the opportunity to serve his King. But the white elephant replied that he would not eat a thing until he met his mother. So the King asked him where his mother was. The elephant replied that she was back home on Mount Candor Ana and must be worried and hungry as she was blind and had no one to feed her and take care of her. He was afraid that she would die. The compassionate King was touched by the elephant story and asked him to return to his blind, old mother and take care of her as he had been doing all along. He set him free in love and kindness. The happy elephant went running home as fast as he could. And he was relieved to find that his mother was still alive. He filled his trunk with water and poured it over his sick mother who thought that it was raining. Then she cried out as she thought that some evil spirit had come to harm her and wished and prayed that her son was there to save her. The white elephant gently bent over his blind mother and stroked her lovingly. She immediately recognized his touch and was overjoyed. Her son lifted her up and told her that the kind and compassionate King of Banaras had set him free and he was here to love and look after his mother forever. His mother was absolutely thrilled and blessed the kind King with peace, prosperity and joy till the end of his days. She was so thankful to him for sending her son back home. The white elephant was able to take good care of his mother till the day she died. And when he died himself, the King erected a statue of him by the side of the lake and held an annual elephant festival there in memory of such a caring and noble soul



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Of the lake and hid behind the bushes. The white elephant was collecting lotus shoots for his mother meal and could sense the presence of humans. When he looked up, he spotted the forester and realized that it was he who had led the King men to him. He was very upset at the ingratitude but decided that if he put up a struggle many of the men would be killed. And he was just too kind to hurt anyone. So he decided to go along with them to Banaras and then request the benevolent King to be set free. That night when the white elephant did not return home, his mother was very worried. She had heard all the commotion outside and had guessed that the King men had taken away her son. She was scared that the King would ride him in to battle and her son would definitely be killed. She was also worried that there would be no one to look after her or even feed her, as she could not see. She just lay down and cried bitterly. Meanwhile her son was led in to the beautiful city of Banaras where he was given a grand reception. The whole city was decorated and his own stable was gaily painted and covered with garlands of fragrant flowers. The trainers laid out a feast for their new state elephant that refused to touch a morsel. He did not respond to any kind of stimuli, be it the fragrant flowers or the beautiful and comfortable stable. Once upon a time, there lived a herd of eighty thousand elephants at the bottom of the majestic Himalayas. Their leader was a magnificent and rare white elephant who was an extremely kind hearted soul. He greatly loved his mother who had grown blind and feeble and could not look out for herself. Each day this white elephant would go deep into the forest in search of food. He would look for the best of wild fruit to send to his mother. But alas, his mother never received any. This was because his messengers would always eat them up themselves. Each night, when he returned home he would be surprised to hear that his mother had been starving all day. He w

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Mechanisms, to mention but a few. Data generated from surveys, for instance, especially satisfaction surveys and social audits of how justice is experienced on the ground, need to be built into governance and welcomed, whether they are internal or generated by active citizens. Meanwhile, of course, we believe our consistent work is providing signposts on the path to change. IJR is a constant, quality resource that helps create an environment for reforming the delivery of justice for all. One hopes that as a benchmark for excellence, the report will prompt states to deliver the best justice to people. The Digital Personal Data Protection Bill (DPDPB), once enacted, would define new norms of compliance for organisations in India. The draft bill, which was released in the public domain in November 2022, calls for organisations to take reasonable cyber security measures to protect customer data and further impose stringent penalties for non-compliance. According to a report from PwC, only 9% of CISOs in India are confident of effectively meeting all disclosure requirements even as pressure mounts from regulators to report cyber incidents. Security is a necessary foundation for any data protection compliance mechanism like the proposed DPDPB. Adhering to compliance norms alone is not enough to ensure that organisations have established a strong level of deterrence against cyber-attacks. The proposed legislation is imminent, but CISOs and business leaders in the country cannot wait for laws to be passed to build cyber resilience especially at a time when the number of data breaches in India is increasing. Organisations need to move faster than the speed of government to secure themselves from damaging threats. The World Economic Forum revealed in its Global Cyber security Outlook 2023 report that the financial impact of ransomware attacks cost the world \$7 trillion in 2022 and 46% of organisations suffered from reputational damage. This is a testament to the fact that cyb

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In order to help them prioritise what to fix first, organisations need to shift to exposure management. Shift to exposure management Exposure management helps organisations understand the breadth of the attack surface with visibility into IT and OT assets, cloud misconfigurations and internet-facing systems and apps. It also provides understanding into the depth of the attack surface with visibility into who is using which systems, and the level of access each user has and maps the potential attack pathways cybercriminals can take across the organisation. Exposure management also collates, and analyses data from preventive security tools, while also helping organisations prioritise which vulnerabilities and misconfigurations to focus on first. Foundational cyber security is one of the most important investments any organisation can make. In fact, the same PwC report cited earlier shows that 77% of leaders in India say cyber security is an important priority in the next 12-24 months. Every Indian enterprise, big or small, must take action to secure their organisations now instead of waiting for a breach to occur. Reactive cyber security strategies only offer the illusion of security because it only takes a single vulnerability or an unsecured user to perpetrate a breach. Its time organisations in India adopt exposure management to understand, anticipate, communicate and reduce cyber risk. The past ten years have been changing and shifting toward a tech-dominant lifestyle, upending national economies around the globe. According to a report by Research and the Markets, the global market for digital transformation is expected to increase from USD 469.8 billion in 2020 to USD 1,009.8 billion in 2025, at a compound annual growth rate CAGR of 16.5%, and that clearly states that we will enter the sci-fi future we have only seen in movies or imagined in concepts. The fintech industry has undergone rapid technological transformations to meet evolving business needs and changin

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## CISF-HCM-TEST-Dated-2023-02-26-Test NO.-7419

Banking and payment apps are now accessible around-the-clock. Some of the contemporary technologies used in daily bank processes have also evolved. Think about data storage facilities. Floppy disks and CDs were popular methods in the early 2000s, and today cloud spaces with features such as file retention, previews, integrations with third-party apps, one-way syncing, selective sync, and headless design have paved their way and have become critical components in the BFSI sectors. A Closer Look at the 5 Waves of Fintech Evolution The first wave of technological advancements in the banking industry involved the replacement of manual processes with machines such as mainframes and computers. This allowed banks to handle larger volumes of transactions more efficiently. With the advent of the internet, the second wave of technological advancements brought online banking, which allowed customers to access their accounts from anywhere, at any time through the internet. The third wave introduced mobile banking, making it even more convenient for customers to access their accounts and conduct transactions on the go. In the fourth wave, banks used new technologies, such as AI, block chain, and Iota, to drive innovation and improve customer banking experience. And finally today at the fifth wave we are talking about cloud computing, cloud marketplace. Diving Deep into Wave 5: How Creating Marketplaces is Changing Banking for the Better BankTech wave 5 is the most recent and exciting stage of technological advancement in the banking industry. It heralds a new era of progress and innovation that is transforming the way banks operate and provide value to their customers. It about banking marketplaces, where banks use cloud computing to offer a wide range of financial products and services on a single platform. This enables the development of innovative and scalable solutions, resulting in integrated ecosystems with increased convenience, transparency, and choice for customers while

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## CISF-HCM-TEST-Dated-2023-02-26-Test NO.-7420

Of modern consumers. Last mile With the advent of online banking, mobile banking, artificial intelligence, and block chain technology, technology has had a significant impact on the banking industry. This trend is expected to continue as banks invest in emerging technologies such as quantum computing, machine learning, and digital payments, to provide customers with more personalized, secure, and convenient banking services. The industry will continue to evolve as banks embrace innovation. As India progresses towards becoming the 3rd largest economy in the world in the near future, Science, technology and innovation will serve as a pivot for delivering long term sustainable solutions to address at-scale disruptions required in healthcare, agriculture, manufacturing and environment. Synthetic biology, espoused to be the next revolution, can prove to be a game changer across sectors, given its versatility. It deals with the formation of new biological components, can be used for a wide variety of applications, from food to medicine to renewables. It is a multidisciplinary field that combines principles of engineering, computer science, and molecular biology to design and construct new biological parts and systems that do not currently exist in our natural world. This can include creating new genetic circuits and synthetic cells. The goal of synthetic biology is to make the engineering of biology more predictable and controllable, with applications in areas such as medicine, agriculture, and biotechnology. For instance, For example, genetically engineered vectors can produce more efficient vaccines and therapeutics with high expressions and capacity, with lower side effects and reduced risks of resistance; Green Chemistry products such as bio-surfactants can be produced from Agriculture waste, Optimising the enzyme encoding genes in microbial strains can deliver improved production of antibiotics, vitamins, enzymes, organic acids. Another example is PHA a form of bio-

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A frail old man went to live with his son, daughter-in-law, and four-year-old grandson. The old man's hands trembled, his eyesight was blurred, and his step faltered. The family ate together at the table. But the elderly grandfather's shaky hands and failing sight made eating difficult. Peas rolled off his spoon onto the floor. When he grasped the glass, milk spilled on the tablecloth. The son and daughter-in-law became irritated with the mess. "We must do something about father," said the son. "I've had enough of his spilled milk, noisy eating, and food on the floor. So the husband and wife set a small table in the corner. There, Grandfather ate alone while the rest of the family enjoyed dinner. Since Grandfather had broken a dish or two, his food was served in a wooden bowl! When the family glanced in Grandfather's direction, sometimes he had a tear in his eye as he sat alone. Still, the only words the couple had for him were sharp admonitions when he dropped a fork or spilled food. The four-year-old watched it all in silence. One evening before supper, the father noticed his son playing with wood scraps on the floor. He asked the child sweetly, "What are you making?" Just as sweetly, the boy responded, "Oh, I am making a little bowl for you and Mama to eat your food in when I grow up." The four-year-old smiled and went back to work. The words so struck the parents so that they were speechless. Then tears started to stream down their cheeks. Though no word was spoken, both knew what must be done. That evening the husband took Grandfather's hand and gently led him back to the family table. For the remainder of his day, he ate every meal with the family. And for some reason, neither husband nor wife seemed to care any longer when a fork was dropped, milk spilled, or the tablecloth soiled. Moral: You reap what you sow. Regardless of your relationship with your parents, you all miss them when they are gone from your life. Always Respect, Care for and Love them. Once upon a time, a

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Them in a bowl. He pulled the eggs out and placed them in a bowl. He then ladled the coffee out and placed it in a cup. Turning to her, he asked. Daughter, what do you see? Potatoes, eggs and coffee, she hastily replied. Look closer, he said, and touch the potatoes. She did and noted that they were soft. He then asked her to take an egg and break it. After pulling off the shell, she observed the hard-boiled egg. Finally, he asked her to sip the coffee. Its rich aroma brought a smile to her face. Father, what does this mean? she asked. He then explained that the potatoes, the eggs and coffee beans had each faced the same adversity-the boiling water. However, each one reacted differently. The potato went in strong, hard and unrelenting, but in boiling water, it became soft and weak. The egg was fragile, with the thin outer shell protecting its liquid interior until it was put in the boiling water. Then the inside of the egg became hard. However, the ground coffee beans were unique. After they were exposed to the boiling water, they changed the water and created something new. Which one are you? he asked his daughter. When adversity knocks on your door, how do you respond? A crow lived in the forest and was absolutely satisfied in life. But one day he saw a swan. This swan is so white, he thought, and I am so black. This swan must be the happiest bird in the world. He expressed his thoughts to the swan. Actually, the swan replied, I was feeling that I was the happiest bird around until I saw a parrot, which has two colors. I now think the parrot is the happiest bird in creation. The crow then approached the parrot. The parrot explained, I lived a very happy life until I saw a peacock. I have only two colors, but the peacock has multiple colors. The crow then visited a peacock in the zoo and saw that hundreds of people had gathered to see him. After the people had left, the crow approached the peacock. Dear peacock, the crow said, you are so beautiful. Every day thousand

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Sir, by any standards of parliamentary work this is commendable business. I sincerely wish I could have stopped here after recording my appreciation of the proceedings. However, Mr. Chairman Sir; once again we end the Session with a sense of regret and concern. You have expressed your sentiments. Most of the creative discussions in the budget exercise focus on Plan expenditure. If so, is it essential to wait for five year intervals to re engage in a planning effort or can we do this on an annual basis for certain areas and on a longer basis for other this is especially relevant as we now present medium term forecasts for the budget. Most of priority areas of government are in sectors which are the primary responsibility of states agriculture, irrigation, health, education, etc. Infrastructure areas, traditionally seen as responsibilities of the Centre, e.g. power, ports, airports and even national highways are gradually seeing increased private participation. This calls for a new focus in planning. The Planning Commission should ensure that all aspects of our policies are conducive to encouraging the private sector to play its role in infrastructure development. At the same time, there is a concern that issues relating to marginalized sections may be given a lower priority at the state level. The Planning Commission should think of ways whereby the responsibility for sectoral interventions is increasingly transferred to states while the Centre retains the flexibility to support targeted programmes aimed at certain focus groups like SCs, STs, BCs, Minorities and Women. Mr. Chairman, Sir. I must begin by expressing my very sincere thanks to you and the Deputy Chairman for the grace and wisdom with which you conducted the proceedings of this House. We are all grateful to you, sir, for the sense of fairness and fair play with which you deal with each Member of this august House. Sir, this has been a very important Session of Parliament. Not only did we discuss the Union



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Disquiet and discontent among many groups tribal communities in particular are unhappy about their lot, whether it is land rights, access to education health or access to economic opportunities. So is the case with SCs, minorities and women. The Planning Commission should consider ways whereby our policies can be restructured to give a stake in economic development to the marginalized so that we can deal with the challenge. Hon. Members, This will have to be not only in commercial activities but also in physical infrastructure, where its involvement has been limited in the past. To enable this to happen, the policy and procedural environment must be made considerably more welcoming towards private investment; and, the government will have to incentivize the private sector to enter unfamiliar areas through well designed public private partnership models. The MTA document brings out possibilities that exist for such involvement and the required policy changes. At this point, I would like to raise a few issues which concern the overall approach to planning as a process. It is important that as a country, we learn to walk on two legs, one embracing processes of high growth and the other addressing the issue of redistribution and balanced development. The growth, we need to put in place a set of policies that tap into the vast reservoir of talent that exists in our country, policies that will create an environment which reward creativity and enterprise. Mr. Chairman, Let me begin by welcoming you to the second meeting of the Full Planning Commission. The Mid Term Appraisal of the Tenth Five Year Plan provides a comprehensive review of the performance of the economy as a whole and of the state of play in each of the sectors. There are several positive features which are noted but, there are also signs that the economy is not on track to achieve many of the important targets of the Plan and corrective policies are therefore urgently needed. I am looking forward to a focused

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Corrective steps in some of the critical areas the Food for Work Programmed which is to evolve into an Employment Guarantee when the Bill is passed is a major initiative in providing income security. Parliament in the next Session, so that we can resume normal work, in accordance with the aspirations of the people we represent. I look forward to participating in the next Session of parliament, with the presence of all Members of this August House. I greatly regret the absence of the Opposition from Parliament. The Opposition has an honored place in our system of governance and their absence from the House detracts from the efficiency of our processes of governance. As I have said repeatedly, all issues which are of concern to any Member of this House can be discussed and debated on the floor of this House. It will be a sad day if our people were to lose faith in important institutions such as our Parliament. Therefore, both Government and Opposition are obliged to play their respective roles to ensure that the system of checks and balances envisioned by our founding fathers functions effectively and efficiently for the common benefit of our country. I would like to conclude by placing on record my sincere appreciation for your guidance and leadership, and also thank the Deputy Speaker, the Secretary General and the staff of the Look Sabra Secretariat for their commitment and hard work. Before I begin, I would like to express my sincere condolences, and my sense of shock and outrage at the terrorist violence in London yesterday. The terrorism we witnessed yesterday has proven once again that none of our societies are free from this modern day scourge. As I said earlier, all civilized societies should join hands in the war against terror, wherever it is fought. The people of India stand firm in solidarity with the people of the United Kingdom in this hour of sorrow. We are gathered together to mark the seventy fifth anniversary. The Union Cabinet today approved Lt. Gov

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Considering all the positive achievement of the University and the constraint of funds facing the University, I have agreed to upgrade Manipur University as a Central University. Furthermore, the College of Technology would become a constituent college of the University. The Ministry of Human Resource Development, Government of India would be issuing the necessary orders in this connection very soon. I want facilities improved here so that you do not have to travel to distant cities in search of quality education. But, for those of you who chose to go to New Delhi or other important Centers of Education, we will try and see how we can provide some assured hostel facilities from the North Eastern States so that you are able to find a home away from home. We live in an increasingly knowledge based economy and education in the most important empowerment we can secure in building the capabilities we need to face the world outside. You young men and women have had the benefit of good education. I urge you to put it to the best use possible, in the interest of your families, your communities, and your nation and of mankind. I am nation building. I urge you to appreciate the fact that education is but a medium for the flowering of the human personality. It is a reservoir from which spring the streams of innovation and imagination, of bold new departures, of dynamism in thought and action. I invite you to write. Hon. Members, I am delighted to be here back amidst all of you, my own people in my adopted home. Returning to Assam has been a memorable experience this time. I was of course here a few months back but that was to join you in hour of distress. People are coming from the rural areas and all castes and communities are represented. The conditions under which the all trainees stay are military conditions. Free ration and uniforms are given. Some Hon. Members have visited these caps. Another important aspect of the training is that those who are illiterate, effort is no

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## CISF-HCM-TEST-Dated-2023-02-27-Test NO.-7427

National Legal Essay Competition is the flagship event organized by AILSA. It provides a platform to the students enrolled in law schools and colleges all over the country to express their views on topics based on different avenues of the legal field. NLEC offers an educational exposure through a research based learning approach. It encourages research in the emerging areas of law among the participants. In view of this approach, the topics provided are broad, interesting and diverse. This shall enable the participants to choose from a wide range of issues and will boost the level of participation as well. AILSA has tried to go beyond the mundane subjects to throw light on the dynamic facets of law, and students by way of participating in this competition would be able to enhance their overall personality and hone their professional skills. Students from various years alike, the NIC Brand Core Team led by Ms. Amrita Vass, worked tirelessly day and night, under the supervision of the AILSA President to make this event a grand success. The competition shall be open to all students pursuing the 3 year or 5 years Law Course from any institution recognized by the Bar Council of India, in India. Any essay found to be plagiarized shall be disqualified. Max. Limit 10 Winning essays shall be published in the AILSA Annual Journal. The participants are responsible for the originality of the work and agree to indemnify AILSA from and against any claims, suits and damages based on any claim of copyright infringement or plagiarism or unauthorized use. If at any point in time it comes to light that an infringement or plagiarism has taken place the certificates issued will be revoked, the prize called back & the said occurrence will be mentioned on the web and through media. Any previously published material shall not be accepted. Footnotes may not be substituted as endnotes, for it shall lead to disqualification. The Joint Declaration that Prime Minister Blair and I issued last Sep

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## CISF-HCM-TEST-Dated-2023-02-27-Test NO.-7428

Global order, based on sustainable development in this context, I look forward to the visit of Prime Minister Blair to India later this year to add more weight to this special relationship. One of the special features of the enduring ties with Britain is the absence of rancor and bitterness. Indeed, there are few similar examples of such goodwill. Constructing the edifice of a strong and future oriented strategic partnership on these foundations is can pay to our past. We owe this to ourselves for retaining the best elements of our partnership and for understanding. MOIC provides law students with opportunities to interact with legal professionals in both national and international arena. On regular basis the association conducts academic conferences, seminars, free legal aid, and academic conventions. Through the association, student activists and law professionals are constantly working together to fulfill the national demand for legal support. I had come to lend helping hand and offer relief from the ravages of nature. This time, I come to share with you your joy. The inauguration of new capital complex is a day of graph joy and fulfillment for the people of Assam. I extend to you, Mr. Chief Minister, and to all your colleagues. Members of the State legislature, the government and the judiciary and to the people of Assam my hear felt greeting on this happy occasion. Friends, this land of yours has been my home for more than a decade. You, the people of Assam have been more than generous in extending to me your love and affection. I have made friends here and I have had the experience of sharing their joys and sorrows. I have been able to extend my hand of help whenever I could and to whatever extent I could. I do hope the citizens of Assam feel that I have been able to reciprocate, truly and sincerely, even if not in the measure expected, their love and affection and, above all, their trust and friendship. Sir would like to emphasize that we are giving training fo

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## CISF-HCM-TEST-Dated-2023-02-27-Test NO.-7431

The Budget has been widely praised for avoiding populist freebies before the coming state elections and focusing instead on a big investment thrust to accelerate economic growth and lift all boats. The black spot is the failure of privatisation this year and diminished hope for the future. There is by now an established template of reactions to the Union Budget which is drearily familiar to Indians. The government side is generous in the use of expressions such as bold, progrowth and pro people to describe the annual exercise. Conversely, the Opposition is never miserly in using terms such as inflationary, anti people and anti poor to berate the Budget. When he was in the Opposition, Aral Bihar Vajpayee who had the most fleeting of interest in matters to do with high finance was known for his stock remark: Garb key pet me let kicking the poor in the gut. Leon Musk, the world richest person and CEO of Tesla Motors, does shy away from expressing his opinions on Twitter. Some of his tweets have even got him into trouble in the past, including stiff fines from stock market regulators. Last month, he responded to a Twitter user question about why Tesla was in India yet with this tweet: till working through a lot of challenges with the government. First off, it is remarkable for a CEO of a prominent, private company to publicly share their challenges with the Indian government. No prominent Indian company CEO would do it, for instance, for fear of repercussions. Perhaps, one of the tests of being truly business friendly is this: Can Indian business owners publicly share their genuine views on government policies? Given the rampant rise from our industry bodies after every budget, that day still seems a bit far away. The current privatisation approach is a proven disaster. We need something different. One solution would be to sell 1 of the shares of selected PSUs every month at the going market price. That would avoid accusations of underpricing and cronyism. Right now, we

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## CISF-HCM-TEST-Dated-2023-02-27-Test NO.-7432

The autonomy of Universities. Bringing legislature to relocate decentralized recruitments at University levels to centralize them through an independent body like Public Service Commission is the culmination of perceived inappropriate use of statutory empowerment of state Universities resulting in the lack of fairness and pendency in recruitments. Perhaps, this is part of the state strategy to get rid of the instances of lack of transparency, manipulations, biases, disregard of merit, excessive delays, litigations, etc. that have undeniably resulted in a huge number of vacant posts of teachers and insufficient representation of teachers from various categories in Universities. The academic community must introspect and figure out why it has been happening in Universities despite its all administrative processes being performed by senior faculty members. Nevertheless, the news of corruption and malpractices by key functionaries in some state public service commissions and excessive delays in carrying out stipulated recruitments are also heard. But, the state public service commissions still enjoy a great deal of public trust for maintaining integrity and fairness in recruitments. Quite likely with the Orissa University Amendment Act 2020 passing test of legal scrutiny, this kind of centralized recruitments of teachers in state Universities may be tried by other states too in future. In this regard, it is pertinent to note that a good number of Universities have been performing teacher recruitments for decades as per the prescribed procedures without any controversy and have set high benchmarks in terms of credible and quality centric teacher recruitments. In fact, the act of the respective University and the regulations of the University Grants Commission for teacher recruitment precisely describe the procedure and statutory force behind them. Therefore, it is obvious that any lapses and malpractices in faculty recruitments germinate from the poor integrity and lack o

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Of recruitments is solely administrative to ease out Universities from its hassles and limit the possibilities of arbitrariness. But on the flip side, it largely restricts the availability of multiple opportunities for being tried upon by the applicants. Upon scrutinizing the process of centralized recruitment, it is evident that in the absence of participation of respective University department for which faculty selections are made it may be difficult in choosing the desired expertise as per the specialty strength and opportunities available with particular department of the University. That is why the best academic institutions of the world initiate the selection of suitable candidates for teachers from the level of concerned Department and the human resource hiring remains in line with the Vision and Mission of the corresponding University Department. Unlike other organizations, every faculty member in the higher education institutions happens to be the nucleus of specific studies and research areas as per their interest. Thence, the picking up of teachers with particular research focus as deemed appropriate in respective University department is essential to sustain & strengthen its knowledge creation, research, and extension activities which are fundamental for the holistic development of institution for making a global impact. Teachers in higher education are drivers for research, extension, and knowledge creation in conjunction with routine teaching so the interactions with the selection committee call for significant qualitative assessment of applicants at the time of selection and cannot be accomplished through mere quantitative measures. At the same time another written examination for screening out bunch of worthy candidates further questions our own evaluation system of Universities Boards and promotes specialized tutoring for scoring well in teacher recruitment examinations. These defeats the very purpose of shortlisting suitable candidates, as their p



## CISF-HCM-TEST-Dated-2023-02-27-Test NO.-7434

When I first came to Mumbai, I had two dreams the first was to do a song with Gulzar Saab and the second was to have Lata ji sing a composition of mine. The first dream was realised in 1992 when I composed a song that was penned by Gulzar Saab the Jungle Book song Chaddi Pehen Ke Phool Khila Hai. To realise my second dream, I had to wait for some time as Lata ji had become particular about the songs she chose. On one occasion, Gulzar Saab spoke to her on my behalf about a song that I had composed and she asked him to send the song on tape to her. After listening, she called me personally to tell me that the song was beautiful and that she would sing it. Although the film was eventually shelved and the song remained unreleased, this was the beginning of my relationship with her. Since Independence, Lata Mangeshkar has been inseparable from the soundtrack of our everyday lives. At Kasbah roundabouts, in village fairs, at paan shops, in middle class drawing rooms, her democratising voice was ever present like the air we breathe. Like the Ganga and the Himalaya, she was always there. In antaksharis, college fests, home celebrations rakhi, kirtan, ladies sangeet there was a song by her for every occasion, season and reason and in almost every Indian language. She transcended generations. At 60, she sang Dil deewana for heroine Bhagyashree, then 20, in Maine Pyar Kiya 1989. Even at 92, she had nearly 15 million followers on Twitter. In an ever changing country, Lata seamlessly knitted our past with our present. In its core, every voice carries a code we must decipher to understand what it culturally represents. Lata voice encapsulated sweetness, purity and simplicity traits matching the mood and predilections of the times when she rose to prominence. It did convey power and muscle. Much like her persona, her voice embodied quiet strength and resolve. No surprise, she fought and succeeded in the male dominated film industry on her own terms. The singer also represented, lik

## CISF-HCM-TEST-Dated-2023-02-27-Test NO.-7435

Artificial intelligence AI has allowed writers to converge in content development. Essential AI-powered tools can perform spell-check and grammar correction. In contrast, advanced AI tools can perform copywriting and content generation in minutes and reduce the workload for human writers. However, is it worth relying heavily on AI tools when search engines, especially Google, do not allow AI-generated content? Also, there are potential downsides to relying too heavily on AI for content writing. Let explore the pros and cons of AI in content development.

**Pros of AI in Content Writing.**

**Increased Efficiency and Scalability** One of the main advantages of using AI in content development is the enhanced speed at which content is generated. The average time a human writer takes to finish a one-page article is 30 minutes to one hour. AI-powered tools can finish it in a matter of minutes. Multiplying this improved efficiency with the number of articles generated certainly enhances the scalability of content generation. It can benefit companies that must produce a large content volume regularly.

**Consistency and Cost-effectiveness** Another advantage of using AI in content writing is consistency. AI-powered tools can ensure that the content tone, style, and voice remain consistent across different pieces of content. Using AI-powered tools to generate simplistic data can be cost-effective. A human writer will charge per content. However, AI tools come with a fixed monthly subscription for multiple articles. It is particularly beneficial for companies that require a large amount of content development.

**3. Improved Quality** AI-powered tools can also improve the quality of the content. A common challenge for human writers is to write impactful content on topics they need to be more experts in. By analyzing large datasets of text and learning from patterns and relationships in the data, AI-powered tools can generate informative, engaging, and creative content. It can help companies crea

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Content, which is not a people-first approach. It can be vital for companies that want to create nuanced content tailored to specific audiences or situations. Conclusion In conclusion, AI-powered tools can be a valuable assistant for content writers. They can help increase efficiency, consistency, quality, and personalization while reducing the workload for human writers. However, there are no effective outsourcing solutions for content development. AI-powered tools may need more creativity, emotional intelligence, and contextual understanding, which can impact the quality and effectiveness of the content. The key to successful content development is finding the right balance between AI-powered tools and humans. Cricket is a big deal in India where it not just a game but an emotion. From Team India victories to their struggles, it leaves a deep impact on the hearts of millions of cricket lovers across the subcontinent. So it no surprise that virtual cricket games have exploded in popularity, with more and more Indians flexing their cricket skills on their phones. Gone are the days of just chatting about cricket at chai tapirs and family get-togethers. Now, fans of the game can put their cricket knowledge to test in real-time online matches and see how their strategies hold up. It was not long before that online games involving real money such as rummy and fantasy sports jumped on the bandwagon infusing the vertical with its gambling mechanisms. But Real Money Games RMG are not without their controversies. There are concerns about the impact of RMGs on younger players, who may be more susceptible to gambling addiction. The impact of gambling on younger children is particularly concerning. Children and young people are vulnerable to the dangers of gambling and can easily become addicted, leading to a range of negative consequences such as financial problems, academic & social issues, and mental health problems. Additionally, the legality of RMGs is still a gray area in

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Gaming industry takes steps to protect younger players, including implementing strict age restrictions and providing education and support to help prevent gambling addiction. On the flip side, video games offer the ultimate escape from reality without the added pressure of potentially losing hard-earned cash. With video games, you can unleash your inner gamer, explore new worlds, and challenge your skills without risking a dime. From racing games to role-playing games, the options are endless, and you can pick and choose the games that suit your interests. And let not forget the social aspect of video games. With online multiplayer options, you can connect and compete with players from all over the world, making new friends and creating lasting memories. It is crucial to consider the dangers of RMGs and address them to ensure that everyone can enjoy video games in a safe and responsible manner. Online gaming operators should have solid security measures in place, like a strong KYC framework, to protect against fraud and all the other risks that come with it. The bottom line is that while RMGs may seem like the latest and greatest thing in the world of video games, the potential consequences outweigh the benefits. So, why not leave the high stakes and potential legal trouble of real money games behind and opt for the limitless fun and imagination of video games? Your wallet will thank you, and your inner gamer will be forever satisfied. India holds a measly 4 market share in the textile industry globally. However, it is critical in providing employment and livelihood in the country as the second largest employing sector, with over 45 million directly employed, including 35.22 lakh handloom workers. Within the textile sector, India man-made fiber market is slowly but steadily becoming an emerging sub-section. Man-made fibers are fast becoming a favorite choice amongst many weavers and spinners in India. They contribute to around 100 of non-cotton fabrics and blended fabrics.

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However, this is not to say that man-made fiber is here to replace natural fiber, as many often note that the future of textile stands in the blend of nature with man-made, providing the best of both worlds. Man-made fibers have become the fuel of India textile industry, enabling Indian weavers and spinners to stay competitive in a price-conscious market. The government has put crucial measures in place for the sector to thrive, including the Production Linked Incentive PLI scheme for Man-made Textiles, the National Technical Textile Mission, the Remission of Duties and Taxes on Exported Products Rode Scheme. However, there are various issues plaguing the value chain. Viscose fiber, despite being integral to India man-made fiber sector, is limited in supply in the country. India also holds one of the largest installed production bases in the world in the weaving industry, but using old technology combined with a limited supply of raw materials, the sector true potential is hindered due to low output and quality. These hindrances and obstacles in the value chain often spiral to impact the entire value chain of the man-made textile industry. This means it is not just the productivity which is at stake but also the livelihood of countless Indian weavers and spinners who are the backbone of the sector. Therefore, to ensure that the textile value chain is sustainable and safeguarded, the first step is to ensure the availability of quality raw materials at competitive prices. To enable this, we need healthy and fair competition in the market and a level playing field. This level playing field will exist only when the supply and demand mechanisms for the raw materials stand at equilibrium. Years of protectionism have skewed the control over raw materials, with some getting an undue advantage. Recent reports indicate that a reintroduction of duties on viscose is being contemplated because of pressure from the domestic manufacturer. The proposed duty is likely to increase the

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Has been the effort and focus on creating integrated frameworks that improve speed of execution and reduce friction between different components. In this direction, the plans to develop an integrated sustainable development mechanism that includes EVs, waste management systems, water conservation projects, green building technologies, energy efficient equipment, and solar power plants will be crucial in reducing the impact of climate change in the years ahead. Benefits for the EV sector there are several takeaways for the EV segment in the Union Budget. A major boost for the domestic manufacturing of EV batteries comes in the form of custom duty exemption on machinery that is imported for the purpose. Even the raw materials imported for production of nickel cathode for the batteries are going to be exempted. This would help in bringing down the high cost of batteries and make EVs more affordable in the years ahead. The FAME scheme allocation has been increased this year. Alternative clean fuels India has traditionally been a fossil fuel dependent country, and bulk of our energy needs are met by diesel, petrol and coal. Coal fired power stations produce more than half of the electricity consumed in India, and the Government is now consciously focusing on moving towards achieving greater gas component in this scheme of things. To make that happen, the government aims to increase the share of LPG LNG from the current 6 to about 15 by 2030. Hefty infrastructure investments are being planned towards that objective. Despite being a form of fossil fuels, natural gas can reduce emissions by up to a third when compared with coal, and this reduction can be a key contributor to the overall goal of reducing one billion tons of CO<sub>2</sub> by 2030. The Union Budget has also proposed hike in funding for research and development of clean tech solutions like green hydrogen production facilities. By exempting excise duty on GST paid compress biogas containment equipment, greater adoption of biogas can also be achieved. In the same vein, 500 new waste to wealth plants are going to be built under the Galvanizing Organic Bio Agro Resources Dhan GOBARdhan scheme. The impact Analysis of these steps clearly highlights how the government is aiming to balance and sustain green growth. On the one hand, there is a lot of support for building the EV ecosystem in India, and making the country Aatmanirbhar by supporting domestic manufacturing of Lithium ion batteries for the EVs which will make these vehicles more affordable and reliable for the masses. On the other hand, there are also far reaching and smart initiatives such as research and development of green hydrogen manufacturing tech and other gas related fuel production infrastructure. This emphasis on gas economy will be crucial to smoothly facilitate the transition from fossil fuels driven economy to an emission free economy in the long term. At the same time, it will act as a bridge to ensure that India keeps reducing its emissions without compromising on its energy needs and growth.

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Plans conclusion there is no doubt that great intent and far sightedness has been demonstrated by the Budget, and it now remains to be seen how all these initiatives pan out. The follow up action on the earlier announced steps such as the implementation of final Battery Swapping Policy and relevant policy measures are expected to complete the picture for a low emissions economy that India aspires to become in the next decade or so

Yoga is a spiritual practice that emphasizes finding both mental and physical balance. Yoga has many health benefits, but to fully experience them, one must also be mindful of what one eats. One emotional, spiritual, and intellectual growth during yoga practice depends heavily on their diet. There are three different types of diet, according to the Shrimad Bhagwad Geeta Tamas, Rajas, and Sattvik. Pure essence is what the word sattvik refers to. It is regarded as the purest kind of diet. They are foods that support long life, virtue, power, health, joy, and happiness. Mental wellness is essential for good health. You can get all the nourishment you need from Sattvik cuisine. The superiority of sattvik food is that it is simple to digest and, when consumed, keeps your body and mood at ease. It won't affect your physical state because the food is odorless, smooth, and juicy. According to the Srimad Bhagwad Geeta, a Rajas diet ignites passion, whereas a Tamas diet causes mental drowsiness, rage, darkness, and inertia. Importance of diet discipline during Yoga practice the suggested diet during yoga is typically Sattvik and vegetarian. A vegetarian diet is recommended for yoga because it is simple to digest, keeps one healthy, and gives them energy all day. Hippocrates, the founder of modern medicine, also penned the proverb, Let food be thy medicine and medicine be thy food. Even the Srimad Bhagwad Geeta states, you are what you eat, emphasizing the importance of mindful food consumption as it influences our behavior. What we eat is inextricably linked to how we think. The truth is that our minds are made up of the most subtle components of food. How diet affects face Yoga performance you may be wondering, How does dieting impact my face yoga performance? The answer is simple a good diet is key to your success as a face yoga practitioner. Eating wholesome, natural foods in the right balance helps maintain the elasticity of facial muscles and inhibits fatty build up. Moreover, a healthy diet will provide your body with the energy it needs to tackle more difficult exercises and sustain face yoga sessions. Eating the right foods will optimize your health by providing essential vitamins, minerals antioxidants, and other essential nutrients that are vital for overall facial health. The power of face yoga can be experienced only by maintaining a diet discipline. Hence, it is of utmost importance to be mindful of what one consumes. To get the most out of your facial yoga exercises, be mindful of what you put in.

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Your body eating a variety of nutritious foods, ensuring adequate protein, fats, and carbohydrates in your diet, drinking plenty of water, and avoiding sugary drinks are all general dietary tips that will help you achieve the best possible results from facial yoga. Many Indian students choose to study abroad at some of the most prestigious universities in the world because they aspire to have a successful global career. Most recently foreign universities received the Indian government nod to set up their campuses in India. The intention is to increase access to higher education by encouraging prominent foreign higher education institutions FHEI to construct satellite campuses in India. These FHEIs should have a top 500 global ranking or a well established reputation in their native country and will only be permitted to offer physical education lessons, per the law. In accordance with other autonomous institutions of India, universities would be given special dispensation on regulatory, governance, and content criteria, according to the UGC document. Let quickly understand the reason behind this move by UGC. About 6.5 lakh Indians enrolled in foreign colleges universities in 2022 in quest of a top notch education and business training, leading to a significant outflow of more than Rs 1,300 crore to pay for their studies. UGC intends to target this share of international students by creating a possibility of creating campuses by world class universities within the reach. Some experts believe that the clause allowing prestigious foreign colleges to open campuses in India will assist Indian students who want to pursue an education abroad. Foreign universities v s studying abroad The proposed model might be crafted with good intentions in mind but unfortunately cannot substitute for studying abroad experience at international universities at this point. An international campus means more exposure With exposure to various cultures and languages, students who study abroad have an opportunity to widen their horizons and develop more cultural awareness. This exposure may result in a greater appreciation for and comprehension of the world. Since these new college model students would be primarily Indian, it will be challenging for international campuses in India to offer this exposure. Global opportunities A student who desires to study abroad will also expand their global network and have more options in the job market. Students who study abroad have the chance to interact and work with peers and professionals from all over the world, creating lasting relationships. More job opportunities may result from this, along with chances to develop one professional network and get notoriety on a global scale. Since the majority of nations grant post study work privileges, many students can obtain experience working abroad. Personal development A student life can be drastically altered by studying abroad! It entails learning about different cultures, traveling to new locations, and creating international friends. Studying abroad also enables personal growth in a way that would not be possible if one chose to remain at home. Living and traveling alone increases your sense of independence and greatly broadens.



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Your perspective of the world. You can pick up new languages while traveling the world, which is achievable on the campuses built up by international universities in India. Networking Building useful connections with people from around the world is much easier when you study abroad. You have the chance to meet people who might become lifelong friends while expanding your network internationally. Even employment prospects like internships, job offers, and business partners can result from certain connections. Life experience of its kind Exactly why should one pursue an international education? This may be the only chance most students ever get to spend a significant amount of time overseas. Take advantage of the chance to travel the world without commitments in order to study and discover different cultures. The experience of studying abroad is unmatched. Summing up As per the announcement if foreign universities set up campuses in India, it will primarily help students who wish to study there since they will have more college and course alternatives to pick from. But students looking for truly global opportunities will continue to target higher education in foreign lands. Micro, Small, and Medium Enterprises s are the backbone of any economy. They make a significant contribution to job creation, income generation, and economic growth. These are known to create more employment opportunities compared to larger enterprises, particularly in rural areas, and provide self-employment opportunities to individuals who may otherwise struggle to find work. Moreover, s are also essential sources of economic growth, contributing significantly to the country gross domestic product GDP. Furthermore, there are an estimated 26 million micro and small businesses s in the country, and these companies employ an estimated 60 million people. Thus, the lack of timely availability of credit at reasonable interest rates is one of the greatest problems s face. The banks high risk perception when lending to s and their consequent emphasis on collateral that is challenging to come by with these enterprises are two of the key reasons limiting the availability of bank financing for this market. The concern is especially important for first generation business owners and small companies. Importance of s In addition to the economic contributions, s play a crucial role in promoting innovation, decentralizing economic activity, and boosting local development. They are often more flexible and dynamic than larger enterprises and can quickly adapt to changing market conditions, making them essential sources of new ideas and innovation. s can help spread economic activity across a wider geographical area, reducing the concentration of wealth and economic power in a few cities. Additionally, they promote entrepreneurship by providing opportunities for people to start and grow their own businesses and stimulate local economic development by providing goods and services to the local community and creating jobs. Overall, s play a vital role in driving economic growth, promoting entrepreneurship, and creating employment opportunities. According to IBEF, s represent over 40 of India total exports, 6.11 of the manufacturing sector GDP, and 24.63 of the services sector.

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Exchange for stardom. Why else would they be petitioning the court to declare that the hijab is essential to Islam? If the High Court bench were to agree with them and pass such an order, would it be binding upon every Muslim woman to don the shroud? Would those Muslim women who decide to exercise their right to choose and not wear the hijab be vulnerable to threats of excommunication from fundamentalists for not being pious adherents of the word of God? Indeed, all these possibilities exist. Muslim women and Muslim moderates who have spoken out against the hijab, describing it as a medieval manacle imposed by patriarchs, need to speak up. The petitioners, who have taken it upon themselves to protect minority rights supposedly under attack from provocateurs, may have grabbed the headlines but they also risk condemning millions of Muslim women to a regressive past. A past, where the mores of modesty were determined by men and for men. There is of course also the question of precedent. Such an order could open the flood gates of regression. Not just Muslim women but all Indian women could soon find themselves at the mercy of high priests imposing misogynistic customs in the garb of essential religious practices. It is well settled in law that every religious practice need not be considered essential, especially, if it does pass the test of constitutional morality. If the worker is serious about constitutionality then it should put the progressive morality the Constitution engenders above regression. In the past decade, technology has been a transformational force for countless industries and sectors across the globe, healthcare included. We witnessed the agility and power of tech first hand during the pandemic when thousands of patients turned to telemedicine for health related services and information. Despite this progress made by technology, healthcare systems across the world remain broken and are in need of a significant overhaul. This is especially true for India where the sheer volume of patients, insufficient resources and vast geographical expanse pose major challenges to healthcare delivery. However, digitisation and technologies such as AI and Machine Learning offer great promise when it comes to reshaping the sector. Keeping this in mind, below are the top five developments to watch out for in Indian healthcare. Care management and coordination: The current healthcare system is a disjointed one with healthcare providers, payers and patients operating in silos. This is leading to a lack of information transparency and overall accountability of care, thereby creating a trust deficit. For example, when a patient is in the hospital, there are thorough medical records that are in place, however, post visit, there is no standard data collection mechanism to track patient health. Although there are scores of apps in the market that function in the healthcare space, most of them focus on delivering and pushing for higher utilisation of services. We are, thus, in need of holistic or comprehensive care management pathways that can help coordinate care with the network.

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Of patients, hospitals, and payers in order to optimise patient care and develop more value based healthcare models. Personalisation of care: From genetic makeup to environmental factors, our health is dependent on myriad factors. Hence, we need systems that can factor in these multiple data points in order to build personalised healthcare plans for each person. Backend systems that are powered by AI/ML models have the power to do this. Take for instance, the needs of a patient with diabetes v/s someone with diabetes, high cholesterol and hypertension. It is clear that the person with three chronic conditions should be classified as a complex patient who will need continuous health monitoring with more frequent touch points. Holistic health care systems that leverage the power of tech and data have the ability to offer personalised medical care, allowing more need based hospitalisations, improved patient satisfaction, and less stress for payers a win win situation for all stakeholders involved. Transforming Healthcare Providers: At present, hospitals work to expand their capacity and drive up revenue by increasing their footfalls i.e. dispensing more healthcare services. However, with staffing shortages and poor patient experience plaguing hospitals, this may not be the best model for the future. In order to maximise revenue without necessarily increasing capacity, there is a need for comprehensive and alternative care delivery mechanisms to be put in place. In essence, holistic care mechanisms categorise patients based on risk: as high, moderate and low. In hospitals today, it is mostly the low to moderate risk patients that flood the hallways and to manage this cohort of patients who contribute to the hospital revenue in rather small amounts there is a large number of hospital staff involved. In the future, such patients can be shifted to a remote care model whereby most of their healthcare can be dispensed via home visits and tele video consultations. This way, hospitals have the liberty to free up and rearrange/divert their resources towards managing high risk patients in a more effective manner without compromising the patient experience. Whole Patient Approach: Care Management entities need to recalibrate their current approach that revolves around managing a patient for a single disease/condition. There has to be a whole patient approach to a patient health that takes into consideration what the WHO calls the social determinants of health (SDOH), i.e. information related to where a person is born, what they eat, where they work, what local air pollution levels are they exposed to and/or whether they have access to safe housing and a stable income. These factors in addition to the clinical inputs play a major role in personalising the whole patient care management plan that addresses the compliance checks in a holistic manner. Continuous education and awareness: Better healthcare requires relentless commitment from all those involved, this includes patients and their attitudes towards healthcare. In order to optimise outcomes, care coordinators and managers need to be at the heart of a communication network that continuously follows up and educates patients post.

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Hospitalization and physician visits. Thus, tech based independent monitoring tools and AI ML driven data management systems hold immense potential to actualise this vision of a new healthcare ecosystem one where patients, healthcare providers and payers work in synergy to improve outcomes for all those involved. Recent pronouncement to set a Digital University to impart world class quality education is likely to kick off a paradigm shift in the higher education of the country which boasts of successful Gurukuls and Ashrams for residential education in ancient times. However, the legitimization of digital education had nucleated sometimes back with UGC (Open and Distance Learning Programmes and Online Programmes) Regulations, 2020 coming into force. Though it may not be possible to critically evaluate the novel concept till the envisaged University becomes functional, but macro level introspection is quite possible. Undoubtedly, the digital access to seek education in virtual mode may liberate higher education from the brick and mortar campuses of institutions to a certain extent. Thence the principal issues of accessibility, quality, and cost of education in the incipient digital university and fast pervading online education culture need guesstimated. Assessing Accessibility It is ubiquitous that the Covid induced disruption of education started profuse offering of online education. During the lockdown, the barrier free ingress through the internet came as a saviour, and information technology helped in continuing education activities. Nevertheless, the digital divide and socio economic condition of our society remained a deterrent to effective education delivery for all, and deprivation of students from the poor financial background cannot be ruled out. Since then, there has been an exponential increase in the use of online interaction platforms for meetings, discussions, presentations, evaluations, services, etc. This infused confidence and taboo of remote interactions using virtual platforms went to hindquarters. It is worth mentioning that the country already had conceptualized and set up central open University (IGNOU) and similar open Universities in many states for imparting education in distance mode without any restrictions of age, place, etc. Open Universities addressed the larger issue of accessibility of higher education with meagre reliance on digital interactions and tendered a wide range of study diploma/degree programmes in distance mode at the doorstep. Howbeit, open Universities can be enriched by increasing the diversity of programs offered in all domains. Considering the option of distance mode of education, the accessibility of education does not seem concerning even today. Yet, the National Education Policy 2020 calling for raising the current gross enrolment ratio of 27.1 to 50 in higher education by the year 2035 necessitates significant capacity building. Higher education in the digital framework will certainly be offering universal education without dislocation, provided the concerned learners are equipped for digital learning. This in turn means that there has to be good internet bandwidth, computers, laptops, electricity, etc. for uninterrupted participation in educational activities. Unfortunately, the country has a significant digital divide and limitations like flawless

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internet connectivity, lack of computers, inadequate electricity, etc. are still visible and the digital education.

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May also not be in reach of those living in such unserved areas as well as with poor economic conditions apprehensions of the new model of education remaining confined to well off sections of the society warrant necessary interventions for incessant inroads to online education. Quality of Education A cue can be had from the reasonable hesitancy in the prevalent massive open online courses (MOOCS) under NPTEL, SWAYAM, etc. despite being offered by the premier institutions of the country. Feedback indicates that the students opt for these courses only in case of their unavailability in a regular manner in the institutions of their study. Despite initiatives for increasing online learning footprint for quite a long and recognizing the online learning certifications at par with face to face learning mode, the choice for getting education in offline mode in educational institutions is not getting completely faded. There exists a strong perception about utilizing the online education content for supplementing the classroom knowledge. Society reticence towards parity between any online course with the similar offline course in institution campuses is obvious. Another reason for this reluctance is the difficulty in passing courses under MOOCS from premier institutions as compared to it being offered by some other institution. With the upcoming digital university on the hub and spoke model, the students will be facilitated to the best institutions offering online courses, and the same may also fetch additional revenue to the institutions. Moreover, the large number of students interested in a few preferred courses of select institutions will impose the handling limitations and the dichotomy between quantity and quality will be apparent. Also, the institutions engaged in providing online courses will have to make separate arrangements for such teaching content creation and dissemination, else the quality of teaching learning processes offered on their campuses will be affected adversely. Besides, the roping in of a large number of institutions with varying integrity in their functioning in offering digital education may culminate in loss of rigour and dilution in the standard of education. The quality of education in digital mode is one of the big concerns, and a swarm of students descending on it will eventually pose a serious threat to sustain and upgrade the overall standard of higher education. Cost of Education Looking upon the current cost of remote learning in open Universities of the public sector being very reasonable, one can perceive that the cost of digital mode of education from public funded institutions should not challenge affordability. Nonetheless, the instances of the high cost of online education offering from self financed private sector institutions are concerning. The methodology adopted in online education offerings in the past shows that it shall be comprising of student enrolment, sharing of online offline digital study videos of the course(s), evaluation and assessment, result declaration, and release of the pass certificate diploma degree as per prescribed framework. In each of these activities, there is a recurring expenditure of maintaining digital connectivity on the student side at the.

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Same time, there will be cost saving from their no displacement from native places. Ostensibly, given no overhead expenditure on students, repeatability in the usage of learning content, a lesser requirement of course instructors, the institutions will be spending less on online education. Consequently, the cost of digital education must be significantly lesser than campus based regular education. Therefore, the conceptualization and execution of formal online education and freshly ideated digital University in the country must take care of genuine concerns on the standard of education, integrity of processes, ease of reaching out to the target audience, and minimal cost of education. Approbating virtualization of higher education is a double edged sword and embedded with conflict between managing quantity and quality. There is a candidate from a political party who cannot by law be named in the media yet she has been widely identified in the news. An Unna poll candidate, who will face voters on February 23, in the fourth phase of UP polls, is the mother of a victim of sexual assault whose father was killed in police custody allegedly by her attacker, a BJP MLA, goons. As things stand, according to Section 228A(2) of the Indian Penal Code, no victim of any sexual crime, or any person associated with the victim, can be identified in any fore. Breaking the law can attract two years in prison apart from a fine. The sensitivity and strictness with which the Supreme Court views not only naming of victims but also any reference that could identify the victim, was reiterated by a Supreme Court bench of Justices Madam B Looker and Deepak Gupta in their judgment in a sexual assault case in 2018. The judgment said, No person can print or publish in print, electronic, social media, etc. the name of the victim or even in a remote manner disclose any facts which can lead to the victim being identified and which should make her identity known to the public at large. The justices reasoned that Nirbhaya became a symbol of protest without her name being in the public arena. A blanket ban is well intentioned, and in many cases must be upheld in full, but it is necessary to note that of late many women have chosen to not keep their identities under wraps over fears of harassment and discrimination. Among the first who spoke up was the victim survivor in Kolkata Park street case. Assaulted in 2012, she revealed her identity in 2013 as she marched to protest crimes against women. In the latest instance, a Kerala actor has revealed her identity after pursuing justice for four years, where she has accused a popular Malayalam actor of hiring goons to sexually assault her and record the crime. In recent years, notwithstanding the emotional and cathartic outrage and changes in law that followed the Nirbhaya case of 2012, gruesome crimes of multiple men assaulting a woman Badaun, Hyderabad, Hathras, Unnao to name a few have continued. Convictions remain low NCRB.

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Data show rape convictions have almost stayed stagnant, if anything to point out for his target too many has marginally dropped from 40.8% in 2001 to 39% in 2020, the latest data available. It is also a fact that those victims have valiantly fought for survival, their families, lawyers and rights groups have fought for justice tooth and nail. There is no doubt that victims of sexual assault must continue to have the protection afforded by the ban. But there may also be a case that in today India media can perhaps be allowed to carry survivors' voices those willing to be named. In select cases then, their lordships may indeed want to consider exemptions. Now, it is difficult to be a candidate in any election and yet not be named and without giving away the very reason for the said candidate to be fighting elections in the first place. Thus, she has been named. The law has been broken. Collectively. True, campaigning can be vicious, the vitriol and the debasement horrific, social media abused to harass and harangue. To that end and given the coarse public discourse during electioneering that India has witnessed in the last several years, one fears what she may have to not only brave but also tolerate. Point is that, as we have seen, regardless of bans, those who wish to malign do so regardless, the law is little deterrent. This throws up another question that courts may want to address. If a candidate in the election fray in UP for the assembly election in February 2022 has been named, newspapers and magazines have largely followed the rulebook in not naming the Malayalam actor who no longer wants to tolerate her identity being closeted while the man she has accused makes films and graces magazine covers. The actor spoke of her journey from victim to survivor on social media. Her words: For 5 years now, my name and my identity have been suppressed under the weight of the assault inflicted on me. Though I am not the one who has committed the crime, there have been many attempts to humiliate, silence and isolate me. But at such times, I have had some who stepped forward to keep my voice alive. Now, when I hear so many voices speak up for me, I know that I am not alone in this fight for justice. To see justice prevail, to get wrongdoers punished I shall continue this journey. Will the lordships shine some light on the way ahead? Can the decision to reveal identity be made to legally rest with the victim? The media can take its cue from them. It is time to let go, to hand over victims of sexual assault the agency to decide if and when they may or may not want to reveal their identity and also, legally, the right to be forgotten from online platforms at any point in time. The decision must rest with the victim survivor. It is time.



## CISF-HCM-TEST-Dated-2023-03-13-Test NO.-7701

Soon after the geopolitical situation in Ukraine worsened, the Indian basket of crude touched \$97 a barrel. The effect will be felt in days to come. On paper, India shifted to daily pricing of petrol and diesel in 2017. However, there price inertia as elections approach. Consequently, retail fuel prices will start rising in March to compensate for weeks of stasis. This, when private consumption has caught up to pre pandemic level. Therefore, Go should reduce its fuel taxes immediately to offset the impact of the recent increase in the cost of crude. Doing so will synchronise fiscal policy to an evolving global scenario. The period between 2014 15 and 2020 21 was marked by a moderation in the price of crude oil. Go used that phase to increase fuel taxes, thereby, capturing most of the benefits. Between FY 15 and FY 21 Go collected about Rest 16.7 lakh core through excise duty on petroleum products. Moreover, most of it was retained by Go as an increasing proportion of the duty was reclassified as chess to keep it out of the divisible pool that is shared with states. Therefore, it Go that today has the fiscal cushion to lower fuel taxes and hold up private consumption. The economic recovery over the last few quarters has been uneven. Contact intensive sectors haven fully recovered and employment data points to a relative increase in the proportion of jobs in the informal sector. In India, around 80 of every 100 passenger vehicles sold are entry level two wheelers, running on petrol. Therefore, fuel price increases take a toll on a vulnerable segment of the population that is already feeling the pinch of elevated inflation in articles other than food and fuel. A reallocation of household budgets to deal with higher fuel prices will keep consumption weak and undermine an important premise of a growth oriented Budget. Go did well in November to lower taxes on petrol and diesel by Rest 5 and Rest 10 respectively. But it remains high at Rest 27.9 for petrol and Rest 21.8 for diesel. There room to reduce them further as the Budget was conservative in revenue estimates. Gross tax collection for FY 23 is expected to increase by 9.6% to Rest 27.6 lakh core, a level lower than the 11.1% growth in nominal GDP which is the foundation of the Budget. That prudence has now left go with the space to slash fuel taxes and insulate the economy from Ukraine impact on energy markets. Nine months after winning the Tamil Nadu assembly elections, DMK has pushed AIADMK further to the back foot in urban local body polls, potentially strengthening chief minister MK Stalin hand in national politics. DMK landslide victory in all the corporations and a majority of municipalities and town Panchayati could trigger more churning in AIADMK, now run in a collegial style by former CMs EK Palaniswami and O Panneerselvam. Unlike AIADMK, which junked allies who had helped it perform creditably in defeat last year.

## CISF-HCM-TEST-Dated-2023-03-13-Test NO.-7702

The governing DMK carried its partners like Congress and Left parties along to notch an even bigger victory. For Congress, which piggybacked on DMK to third position national rival BJP got attention by contesting alone and earning some wins in 28 of the state 38 districts the TN electorate reaffirmation of Stalin will be a welcome development nationally. Recall that it was Maharashtra ally Shiv Sena that had objected to Bengal CM Mamata Banerjee desire to build a coalition of anti BJP parties without Congress. A strongly placed Stalin will have to be heeded and he is unlikely to be enthusiastic about excluding a key local ally like Congress in pan Indian political alliances. In all hung Lok Sabhas since 1989, TN with its 39 MPs has been crucial in government formation. DMK joined ministries in 1989, 1996, 1999, 2004 and 2009 while AIADMK support mattered in 1991 and 1998. AB Vajpayee failure to retain DMK in NDA in 2003 and BJP mistimed pre poll alliance with AIADMK both were blanked out in 2004 helped UPA rise. So even as it targets a long term strategy to increase its footprint in TN, BJP will be worried about erosion in AIADMK popularity, since every big state counts in 2024 national polls. But in politics, no alliances are permanent. Will Stalin join other CMs like KCR, Mamata and Uddhav in federal front talks or pull a Dravidian surprise What is likely to happen if, after all the protests and legal battles, Muslim women in Karnataka are not allowed to wear the hijab in educational institutions Will they give up their veils, put coconut oil in their hair, tie red ribbons at the ends of their braids and happily assimilate into New India Unlikely. There is every possibility that if and when the hijab is banned, many of these women will find fewer reasons to leave their homes in Muslim ghettos where access to a fast changing modern world is often limited. Maharashtra is among the poll bound states but the state of its politics is as much of a finger pointing, thou, mean, blame shame arena as those in the throes of the electoral dice. In the latest slugfest, BMC is inspecting Narayan Rane for building rules violations, and the Union minister has responded with a tweet about imminent ED notices against the Thackerays. The state BJP president Chandrakant Patil despaired that the political war of words has become a chivda, and it is now difficult to correct. Indeed it would be painstaking to separate the basic fried pooh from the plethora of stuff bunged into it. The analogy has displaced the conventional comparison, khichri, which is not just more difficult but impossible to deconstruct. Despite their common party, Chandrakant bhau might get a tight snack from the neighbouring state for appropriating chivda. Gujaratis claim the GI tag on what they call chevdo. Indeed, that diaspora can take credit for spreading it across the globe, aided by chevdo own portability and open.

## CISF-HCM-TEST-Dated-2023-03-13-Test NO.-7703

Door policy on ingredients. The closed door one of Idi Amin also helped. Vikram Doctor Reports that even the Queen of England is hooked on what Lord Noon (perfidiously) popularised as Bombay Mix; the pretender Duke of Delhi has a version with Choco chunks. Indeed, in the poet Khabardar iconic Jyan vasey ek Gujarati, tyan sadakal Gujarat, you could easily replace Gujarat with chevdo. The moongphalli might be the ruling Swadeshi Munch, but the chivda chevdo offers a lesson to our lofty netas. It is admirably inclusive, and not only in the add ons. The conventional pooh makes way for corn, saboodana, potato straws, yam sticks for those who fast, quinoa for those who diet. You name it, you can chevdo it. In this, it is like the consummate neta, bohuroopee in its quick change artistry. There another political analogy. The Bengali metaphor, chirey chapta to get as flattened in a crowd, like a rice flake fits the cram of candidates in each constituency. By whatever name, this diverse crunchy munchies rules. Cry your heart out, Mahagathiabandhan. A wife and mother of four children sighed as she faced the kitchen sink after dinner. It was overflowing with dirty dishes which she had to wash, dry and put away. Suddenly, she remembered the lines she had heard as a child: thank God for dirty dishes, they have a tale to tell: While other folks go hungry, we are eating pretty well. With home and health and happiness, we should want to fuss; for by this stack of evidence, God is very good to us. Count your blessings and thank God for every living moment, for God generosity to you is infinite. Why should I be grateful Most of us would agree that complaining and criticizing can make life bitter and sour, while being grateful makes us positive, happy and optimistic; it helps us see the bright side of life? It teaches us the art of appreciation. Some experts believe that we lack the spirit of gratitude because we take things for granted. The street urchin into whose hands you drop a packet of biscuits looks up at you with a smile. He has known what it is to be hungry. He knows the value of those biscuits. What do we do when someone takes the trouble to shop and plan and cook and clean, so that a plate of hot food is put before us at regular intervals We make faces and complain that the dish is either too spicy or not spicy enough; that it is boring; it is not our favorite recipe that has been served; and that the vegetables on the plate are not the ones we like. Maybe we need to go without the things we take for granted, to be able to appreciate what we have. Now give me one good reason why we should allow ourselves to go through a loss just to realise the value of what we already have When you become aware.

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## CISF-HCM-TEST-Dated-2023-03-13-Test NO.-7704

Of all that you have to be grateful for, when you actually begin to count your blessings, you will be overwhelmed with gratitude for all that God has bestowed on you so unstintingly. Your peaceful sleep, your loved ones whose dearest wish is just to see you happy, your friends who add value to your life, your good health which you utterly fail to appreciate until you fall ill, the fresh air and sunlight around you, the marvels of technology which have made your life so easy, society and community which let you live in peace and order where would you be without them all Let us thank God for sorrow it teaches us pity and compassion. Let us thank God for pain and illness we learn forbearance and patience. Let us thank God for friends who let us down and hurt us for we learn the divine quality of forgiveness therefrom. Let us thank God for suffering it teaches us courage. Let us thank God for disappointments for they teach us to be ready for His appointment! When we thank the Lord all the time, we build for ourselves a ladder of consciousness on which we can climb and touch the very pinnacle of peace. IVF treatment is an advanced method and a blessing in disguise for couples who have been facing infertility for years. Now it is getting more common than in earlier times. But still, it is a scary and doubtful treatment for many infertile couples. IVF is an assisted technology that assists couples in egg fertilization, which happens outside the body (in vitro), and the rest of the procedure of conceiving happens inside the womb or uterus in the same way that it happens in a natural pregnancy. Still, certain roadblocks stop couples from opting for IVF treatment. These are as follows: In India, most couples think that babies born with the help of IVF treatment are usually abnormal or born with some genetic defect. But now, due to increasing popularity and awareness, people are becoming more aware that no such abnormality arises in the fetus from the IVF procedure. And the chances of abnormality are almost the same as in natural conception. Decision dependency in many Indian families, choices concerning what treatment to take are as yet taken by elderly people rather than the actual couple. Numerous more conservative extended family members are actually involved in decision making. Concern related to hormonal therapy another concern is the medication given during the IVF treatment. Women are scared of hormonal medications and their unfavorable impacts on health and weight. They are unaware that hormonal medications are as similar as the natural ones that the body creates typically and that these get metabolized. Some people also think that such hormonal injections during IVF may cause malignant ovarian tumors. However, it has also been proven wrong by many clinical studies, but people still have misconceptions regarding IVF treatment. Doubts on treatment success some people also doubt the success of.

## CISF-HCM-TEST-Dated-2023-03-13-Test NO.-7705

Despite their significance has been facing several challenges such as access to finance, lack of technology, and limited market access. To help s overcome various finance related challenges, the government of India has launched several schemes and initiatives over the years The Credit Guarantee Scheme CGS was established to enhance the delivery of credit, make it simpler for credit to reach the sector, provide access to capital for the underprivileged and unnerved, and increase the amount of capital from conventional lenders available to new generations of large corporations. In order to strengthen the credit delivery system and facilitate the flow of credit to the sector, the Ministry of Micro, Small & Medium Businesses, Government of India, developed the Credit Guarantee Scheme CGS. To operationalize the scheme, Government of India and SIDBI set up the Credit Guarantee Fund Trust for Micro and Small Enterprises. This scheme was formally launched on August 30, 2000 and became operational with effect from 1st January 2000. Since has undergone significant transformations in order to expand the reach of its programs to untapped markets such as partial collateralized loans, retail trade, and among untapped lenders such as small financing banks, and scheduled cooperative banks. Moreover, it is crucial to provide bank loans without such risks of collateral or third party guarantees to help first generation entrepreneurs achieve their dream of establishing a Micro and Small Enterprise. As per reports during the Financial Year 2020 21, 8.36 lakh guarantees have been approved for an amount of Rs. 36,954 crore. With the increased focus on lending has seen many transformative reforms since 2017 to expand the scope of its schemes to uncovered segments like Partial collateralized loans, Retail Trade and amongst uncovered lenders like and Small Finance Banks and Scheduled Co Operative Bank. Benefits of Government Schemes Access to finance One of the biggest challenges faced by is access to finance. To address this issue, the government has launched several schemes such as the Pradhan Mantri Mudra Yojna for helping startups Prime Minister Employment Loan Scheme for supporting Self Help Groups, Institutions registered under Societies Registration Act 1860 and Production Cooperative Societies and Credit Linked Capital Subsidy Scheme for supporting Micro and Small Enterprises. Under small and micro enterprises can avail loans up to 10 lakhs for their businesses, while the Prime Minister Employment Loan Scheme provides collateral free loans up to Rs. 2 crores to micro and small enterprises The scheme provides capital subsidies to for technology up gradation. Credit Guarantee and Support often find it difficult to secure loans from financial institutions due to the lack of collateral. The National Credit Guarantee Trust Company NCGTC scheme provides a partial credit guarantee to financial institutions for loans extended to s. This helps s secure loans at lower interest rates, which they can use to grow their businesses. Government schemes in the sector provide credit support to small businesses that wish to expand their operations. Moreover, access to credit helps s to improve their production capabilities and enhance.

## CISF-HCM-TEST-Dated-2023-03-13-Test NO.-7708

Their competitiveness, leading to increased profitability and long term sustainability. Increase in Livelihood and Self Employment Government schemes in the sector provide a significant boost to increase livelihood and self-employment opportunities. The sector is a significant source of employment and self-employment in India. 633.9 lakh s are estimated to exist in India. The Micro sector covers lakh enterprises, which accounts for 99 of the country total number of. The Small sector comprises of totals. As per data indicated in the Udyam Portal of the Ministry of people were employed by registered on the portal in FY-22. The government schemes provide financial assistance, skill development and marketing assistance, among other benefits, which help to expand their business operations and create more jobs. This, in turn, leads to an increase in livelihood opportunities for individuals and families, especially in rural areas. Support to make in India initiative this initiative aims to make India a global manufacturing hub. The sector plays a critical role in achieving this objective, as it comprises a significant proportion of India manufacturing industry. The government schemes provide financial assistance, technology up gradation, and infrastructure development, among other benefits, which help us to enhance their production capabilities and compete in the global market. These schemes also encourage entrepreneurship, innovation, and skill development, which are essential for the success of the Make in India initiative. Final Takeaway! The government has launched several schemes and initiatives to support s and help them overcome the challenges they face. s can benefit from these schemes by availing loans, accessing technology and marketing support, participating in export promotion initiatives, and securing loans at lower interest rates. However, need to stay updated on the latest government schemes. Additionally, providing bank finance without the difficulties of collaterals or third party guarantees would be a significant source of assistance to first generation entrepreneurs in realizing their desire of establishing a unit of their own. With this goal in mind, the Ministry of Micro, Small, and Medium Enterprises Government of India, developed the Credit Guarantee Scheme to strengthen the credit delivery system and facilitate credit flow to the sector. Moreover, to put the policy into action, the Government of India and established the Credit Guarantee Fund Trust for Micro and Small schemes have already benefitted the sector greatly and are expected to contribute further in job creation which will ultimately lead to rural development. India lives in its villages. Since ancient times, Indian society has primarily been rural with more than 60% of its population settled in its villages. In ancient India there are several references to village republics. For example, in the Mahabharata in Shanti Parva, Bhishma Pitamah gives a detailed description of village republics to Yudhisthira. In The Buddhist literature also, extensive references are given about the village republics in India. In the Arthashastra also, there is classification of kings duties related to the administrative affairs of

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the village. Villages continue to have an important role in India social, cultural, political, and economic environment regardless of.

## CISF-HCM-TEST-Dated-2023-03-13-Test NO.-7709

The fact that urbanisation and the rise of cities have drawn many rural populations to the cities. The prominence of the village in Indian society since long can be gauged from the several village studies conducted in the 1950s and 1960s to provide insight into the rural society. These studies help us understand the role of the village as a social unit. The Indian village has been researched for decades, even by many Western experts. Furthermore, once the Europeans took possession of India, the mainstream narrative was that the country was made up of homogenous, self-sufficient village republics. India was perceived operationally by the British as a village based country, predominantly made up of rural communities that were independent and self-sufficient. Later researchers on Indian villages were influenced by James Mill and Charles Metcalfe writings and their conception of the Indian village society. Metcalfe in 1810 wrote the Indian village communities were little republics, having nearly everything they wanted within themselves and almost independent of foreign relations. They seemed to last where nothing else lasted. Dynasty after dynasty tumbled down; revolutions succeeded but the village community remained the same. Prior to this, Thomas Munro who later also became the Governor of Madras in 1806 wrote about the Indian village as a little republic and India as a mass of such republics. In the colonial writings, the Indian village was a self-sufficient community and had everything within its periphery. Our villages reflected the simplicity and social harmony of the 5000 year old continuous civilization. Many Indian nationalists wrote extensively on this idea of Indian villages. For Gandhi ji, India soul lived in her villages. He imagined that every village could be a republic or panchayat: self sustained and capable of managing its own affairs which is the essence of the idea of Gram Swaraj. The exchange of ideas between Gandhi and Jawaharlal Nehru on this topic makes for an interesting read. In a reply to a letter written by Mahatma Gandhi on 5th October 1945, Nehru expressed his views on rural areas and villages. Gandhi wrote, I am convinced that if India is to attain true freedom and through India the world also, then sooner or later the fact must be recognised that people have to live in villages, not in towns, in huts, not in palaces. Crores of people will never be able to live in peace with each other in towns and palaces. They will then have no recourse but to resort to both violence and untruth. I hold that without truth and nonviolence there can be nothing but destruction for humanity. We can realise truth and non-violence only in the simplicity of village life. Jawaharlal Nehru, in his reply to Bapu letter, wrote, The whole question is how to achieve this society and what its content should be. I do not understand why a village should necessarily embody truth and nonviolence. A village, normally speaking, is backward intellectually and culturally and no progress can be made from a backward.



## CISF-HCM-TEST-Dated-2023-03-13-Test NO.-7710

Environment narrow minded people are much more likely to be untruthful and violent. A large part of our narrative and focus post-independence has been on urban centers and urbanisation which has its own benefits. However, in recent years, we are seeing renewed focus on village development. In this year economic survey, the thrust of the Government on rural development is discernible. The Survey notes that 65 per cent 2021 data of the country population lives in the rural areas and 47 per cent of the population is dependent on agriculture for livelihood. Thus, the focus of the government on rural development is imperative. The Government emphasis has been on improving the quality of life in rural areas to ensure more equitable and inclusive development. The aim of engagement of the government in the rural economy has been transforming lives and livelihoods through proactive socio economic inclusion, integration, and empowerment of rural India. The Survey refers to the National Family Health Survey data for 2019 21 which illustrates a significant improvement vis 2015 16 in an array of indicators concerning the quality of rural lives, including, inter alia, access to electricity, presence of improved drinking water sources, coverage under health insurance schemes, etc. Women empowerment has also gained momentum, with visible progress in female participation in household decision making, owning bank accounts, and use of mobile phones. Most of the indicators concerning the health of rural women and children have improved. These outcome oriented statistics establish tangible progress in uplifting rural living standards. The launch of the Vibrant Village Programme in the Union Budget 2023 did not come as a surprise. Under the programme, construction of village infrastructure, housing, tourist centres, road connectivity, provisioning of decentralised renewable energy, direct to home access for Doordarshan and educational channels, and support for livelihood generation will be the key priorities. Apart from these, the existing schemes will be converged and their outcomes will be defined and monitored on a constant basis. The programme also aims to enhance infrastructure in villages along India border with China, in states like Himachal Pradesh, Uttarakhand, and Arunachal Pradesh. The border villages of the country are characterised by difficult terrain, weak transport networks and suboptimal socio economic indicators. Such villages have sparse population, limited connectivity and infrastructure and are often left out from the development gains. These regions lack development benefits that other states enjoy. Additionally, these border villages are a strategic asset for the country and important to ensure border security. The government according utmost priority to social and economic wellbeing of the border population and to providing them connectivity, safe drinking water, schools, hospitals and other facilities to ensure sustainable living in these areas augurs well for the nation. The government has already been implementing major schemes for the development of rural areas. Some of them are : The Deendayal Antyodaya Yojana National Rural Livelihood

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Mission Mahatma Gandhi National Rural Employment Guarantee Scheme Deen Dayal Upadhyaya Mantri Awaas Yojana. In our urbanised minds, the meaning of vibrance.

## CISF-HCM-TEST-Dated-2023-03-14-Test NO.-7711

They fear that IVF is just a waste of money and time; eventually, it fails and does not give any results. That's why, for some couples, IVF infertility treatment has become the last option. Preferring conventional methods numerous infertile couples keep on deceiving themselves that infertility is a minor issue that is not difficult to settle. And that can be overcome with certain traditional medications. They think their infertility problem does not need proper medical intervention unless they have gotten genuine advice from a well-experienced and educated gynecologist. Hence, they do not bother to think about IVF treatment. Treatment uncertainty and anxiety for other people, the pressure associated with going through an IVF cycle is a significant hindrance. Apart from that, coping with the uncertainty and anxiety of IVF treatment is another major concern among people because IVF treatment is just like a roller coaster ride for them. Hence, all these things make couples more vulnerable and hostile towards IVF infertility treatment. They are inclined toward keeping it as a hold choice. IVF treatment cost the cost of IVF treatment is a major hurdle for a large percentage of couples. For some middle or average class people, it is beyond their reach to opt for IVF. And also, there is no surety of success in the 1st cycle of IVF, in case of IVF failure in the first attempt, so financially; this becomes more burdening and stressful for such people. Due to financial issues, they are not able to undertake IVF and prefer to seek cheaper and less effective treatments. Misconception related to test tube the greatest misconception encompassing IVF is the normal insight that the kid conceived out of this cycle will not belong to them; it will belong to someone else because it is test tube born. The blame for not being able to bear a child falls only on the ladies. They get abused physically and mentally because of their inability to get pregnant whereas males are hesitant to visit fertility clinics for fear of being labeled infertile. Usually, such a situation happens with infertile couples. This is another major roadblock in the way of infertility treatments including IVF. However, IVF, despite all the above reasons and misconceptions, might be a more practical choice. While the result of IVF is in anyone's hand, making another attempt to get the kids will certainly give you peace of mind. As with all the other things, there is an ideal opportunity. Such a saying holds true for IVF also. Glenbarra: A Lasting Legacy provides an interesting view into Masanori Fukuoka's collecting history. Beginning in the early 1990s, his collecting choices ranged from artists that were already established, to other equally talented artists that had yet not gained recognition. In hindsight, his stable of artists reveals a mind and an eye that was extremely evolved and sophisticated. Their commercial success or creative inspirations were of little consequence to him. Instead, he chose to focus on an intuitive response to the work itself devoid.

## CISF-HCM-TEST-Dated-2023-03-14-Test NO.-7712

Of context and perspective, and entirely aesthetic in nature Dacia Pun dole offers this description of another historic sale that will go under the hammer at Pun doles on 24th and 25th February 2022. The Fukuoka collection of two parts is a mixed bag. It begins with Indian Masters who are million dollar and then filters to lesser names and compositional fervor. Pun doles had created winning records with their auctions and belong to a patent that spells integrity and class. Most important in the sale are the Progressives and a Gironde and an AR pita Singh that is pristine and prismatic for its compositional charisma. Tybee Mehta the mandarin of the metaphor crowns the show with his Mahishasura and his Bull Head sculpture. These two masterpieces reaffirm Tybee brilliance as a modernist master and give us an eye view into his deeper knowledge and understanding of Indian myths and Purines and his love for vegetarianism because he created the bull sculpture as a metaphor for strength and a symbol that cried for the cruelty shown to animals all over the world. Gironde work of 1969 is a symphonic sonata that has ripples of notations that mirror flecks and folds. By his own admission, Gironde spent the better part of five decades learning about the process of painting; a process that he believed was constant and ongoing even when he was not actually applying pigment to canvas. Upon examining works from various stages in his career, it is apparent that he embarked on both a cerebral and visual journey that allowed him to explore his artistic concerns through evolving techniques and styles. Despite the surface changes in structure and form, he remained committed to compositions that elicited contemplation and reflection from both artist and viewer alike. This meditative approach does not scream its importance to the viewer, nor does it rely on contemporary gimmicks to gain attention; yet, these same canvases are the works of Indian modernism that have risen almost unnoticed to the forefront of any international dialogue upon the subject. Akbar Padamsee Medscape is a beauty to behold. Done in darkened embers these are colors that echo earth songs bringing back Padamsee words: .Imp not interested in location or landscape. My general theme is Nature Mountains, trees, water, the elements, and obviously one is influenced by the environment, but I am not interested in painting Rajasthan, or the desert or whatever. When I paint a tree, a mountain or a river I am really interested in the river, He Mountain, he tree. The paintings are neither abstract nor representational. (Akbar Padamsee in an interview with Eunice De Souza reprinted in Akbar Padamsee Metastases AR pita Singh My Lilly Pond created in 2009 is like a tapestry that is filled with flowers and minuscule characters. Throughout her artistic career AR pita Singh has developed a distinctive visual language and style, intermingling history and myth, personal fantasy and reality. She takes the complexities of the world and translates them onto.

## CISF-HCM-TEST-Dated-2023-03-14-Test NO.-7713

Her canvases in disarmingly bright, bold colors, dominated by blues and candy cultured pinks. Despite using what initially can be perceived as simplified forms, which display a certain naiveté, she retains a sophisticated sensibility in her overall aesthetic. The auction also has a poignant Jorgen Chowdhury pen and pastel on paper Two Women of 2009. Jorgen does not construct his figures like a builder with lumps of flesh or hew it out like a carver all in one piece. Like women crocheting apparels, he knits them into shape squiggle by squiggle interlocked into quivering, heaving, crises crossed surfaces. Doodled into existence with almost indolent casualness his bodies soft, extensive, amorphous evoke the asymmetrical forms and rhythms of the vegetal world regulated by myriad inner and outer energies we collectively call nature. Currently, India is entering an uncharted territory with a potentially grave danger, of which, the burning Hijab controversy is the most visible manifestation. Starting with the state of Karnataka, the Hijab controversy has gone viral globally and has not remained a local issue, with a markedly deliberate attempt by International India bashers to color it, as a violation of human rights. Domestically, although not acknowledged explicitly so, it is obvious from the statements of the left liberals, as also the self proclaimed liberal party, Indian national Congress, that, it has been deliberately orchestrated to influence the Uttar Pradesh elections. This is possibly because, it is feared that, the Muslim women, who were the beneficiaries of improved public services, like toilets and piped water in the home, brick houses, health insurance and subsidised gas cylinders, etc., might be inclined to vote for the BJP. It is worth focusing attention on the statements of various Congress leaders, after the emergence of the controversy. The aim behind any research project is to uncover a new aspect that was hidden from the intellectual sight of the human mind. The idea of reading through various journals, articles, write ups, behavioral patterns and then collecting, formulating, decoding, deciphering it is an overwhelming task which can get challenging and at times confusing. To surpass the confusion, one of the most effective methods to use is to create a roadmap in order to organize the scattered thoughts and to put down milestones for personal guidance. This also solidifies the students understanding of the course and develops skills for better career opportunities. Research Process. A framework of research work focuses on the entire process as well as the number of research options. The process allows novice researchers to locate where they are in the process and compare their design, method, options for analysis, and so on. The process involves a lot of simple concepts such as brainstorming the real topic or area of interest, why such research is necessary, what is the core question problem that requires a solution, who all are the stakeholders or who all are being benefitted by the research, where will it be implemented and when is the right time to pursue the research.

## CISF-HCM-TEST-Dated-2023-03-14-Test NO.-7714

The major 5w bulb used in village area to control power issue but some local village are used yellow bulb to not control this section for is the biggest tool to be used while taking over a research project. The point of having a roadmap of the research is to minimize confusion, elevate specific pointers, and help students focus on the segments requiring attention. Suppose students are trained at the beginning of their courses. In that case, they can use this knowledge to track what they are learning in each course and thereby link the process, concept, and philosophical orientations of various elements. This knowledge also helps students in formulating their approach in their dissertation. As students continue with their research and gain confidence, it becomes essential for them to revisit the initial stages and refine them. It is a process followed throughout the project and helps students keep their project concise and generate quality material. Apart from the students, it is also important for the universities and government to provide facilities that can enhance the skillset of the candidates currently, the education institutes in India are encouraging learners and teachers across disciplines to understand the concepts, get in depth knowledge and develop associated skills to implement the learning. Guiding individuals with this approach from an early stage is paving path to preparing well trained and informed research professionals. Besides, India has recently upgraded its education system with its revolutionary National Education Policy 2020 to elevating it to meet the global education standards. To further accentuate the learning experience, the government has taken forward looking steps in the latest union budget. Moreover, colleges under Grade 1 and Grade 2 under the University Grants Commission (UGC) have the freedom to begin the process of initiating such research integrated programmers in their three year courses. Institutes introducing such programmers receive recognition from the authorities. Other than this, the situation can be improved further if more private universities or institutes regenerate an environment where students are introduced to research works. Initiatives like this will not only generate research related interest in the youth but will also make them more creative, intellectual and independent. Introducing the research work on the undergraduate level is the best solution as it allows them to increase their retention capability, keeps their interest high and reward oriented behavior from their mentors will be another encouraging element to encourage research oriented behavior. Starting from introduction of new fields to briefing new concepts in the traditional sectors, Indian Education system has incorporated the research projects PAN India. Bottom line it goes without saying that research in the different fields varies in terms of requirements and end goals. But, from a broader perspective, research means assessing the status quo, formulating a different perspective, testing the idea, applying it in the real world, and finally, sharing it with the masses. Thus, to conclude, the first ideal step to go about with an efficient plan is to introduce the research work at undergraduate level.

## CISF-HCM-TEST-Dated-2023-03-14-Test NO.-7715

Russia invasion of Ukraine has been predicted by US officials for days, and Russia was adamant that such predictions were ridiculous, needless and provocative. Yesterday Russia launched an invasion. As is often the case with invasions, various justifications have been thrown into the mix from self defence to sudden claims that Ukraine is somehow planning to regain the nuclear weapons it gave up when the Soviet Union broke up. The main official reason is the claim that Russia is protecting two Russian speaking Ukrainian regions, Donetsk and Loans, from Ukrainian aggression. Russia preceded the invasion by recognizing both as independent states. Never mind Moscow wordplay, Vladimir Putin has invaded Ukraine. While energy rich Russia won't mind oil and gas prices shooting up, in part because it has customers other than the West, for example, China, and Putin would have factored in the impact of more sanctions before the first missiles hit, the world, and India, enters at best a fraught position both diplomatically and economically. Diplomatically, Putin has proved that noble words on global rules and sanctions won't stop a major leader determined to attack. What this means for actions taken by other aggressive powers down the line, China again being a prime example, is a huge source of anxiety. Putin also seems to be looking at a regime change in Kyiv. If that happens, and if, as is likely, the US supports Ukrainian resistance groups, Europe will see a conflict that can drag out for months, or more with all kinds of possible consequences. There also no escaping the fact that Ukraine again shows the limitations of the world most powerful country, the US, whose reputation had already taken a hit following its chaotic withdrawal from Afghanistan. In short, a bleak new phase of uncertainty has begun. For India, there are several implications. While it is good that the PM told Putin that violence must cease, should the US and key security partners like France want India to say more on Russia conduct, it has some really tough and deft diplomatic work to do. That China itself is being very cagey on Putin action not quite endorsing it is of small comfort. India relationship with the US led West is more important than ever before, both diplomatically and trade and investment wise, and whether maintaining that will require a recalibration of its current diplomatic stance is a key question. There also Pakistan. Imran Khan Moscow visit is part of his desperate attempt to make Pakistan a player in a China led axis. But Khan Enthusiasm about Putin can be a wrinkle in the India Russia relationship in times like these. And, of course, tough US sanctions on Russia may impact India defence supply line with that country as well as future acquisitions like the S 400 missile system. America and Europe, as well as India and much of the rest of the world, will suffer high oil and gas prices indefinitely. While global oil prices have crossed \$100, the,

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Indian basket has hit \$95, and may cross three figures. Current account deficit will widen, inflation will spike, rupee will weaken and global capital flight to safety may hit already bruised India stock markets even more. Go must cut fuel taxes to begin with, and along with RBI, prepare for stormy days. Rajasthan government budget proposal on guaranteed pensions turned the clock back on two decades of pension reform. It a bad idea that threatens to spread as a similar promise is one among the many made during the campaign for UP assembly elections. The backstory to pension reform is that Go budget for 2001 02 highlighted the unsustainable nature of guaranteed pensions. Following groundwork by experts, the National Pension System NPS was introduced by Go on January 1, 2004 for its employees, with states being given the option of following suit. Rajasthan did so immediately. There are two fundamental differences between the old pension scheme OPS and NPS. The former is linked to the last pay drawn by the employee and is guaranteed by the government, making it a defined benefit system. In NPS, there are no guarantees. A defined contribution of an employee is invested in regulated financial instruments and the pension is tied to market performance. A shift to NPS eased the pressure on both Go and states. Moreover, it created space for spending on other welfare measures. Therefore, Rajasthan decision to go back to OPS carries the risk of crowding out other welfare and investment spending to favor government employees. India military pensions continue to follow OPS. The reallocations within the defence budget provide an insight into the impact of guaranteed pensions. The 15th Finance Commission report showed that defence pension relative to defence expenditure increased from 17.6% in FY 12 to 25.2% in FY 19. During the same period, defence capital outlay declined from 31.8% to 23.6% of defence expenditure. Rajasthan chief minister Ashok Gehlot should roll back this announcement in wider public interests. In an uncertain world, guaranteed payouts will end up reallocating public resources from the needy to a relatively better off section of society. Rajasthan government budget proposal on guaranteed pensions turned the clock back on two decades of pension reform. It a bad idea that threatens to spread as a similar promise is one among the many made during the campaign for UP assembly elections. The backstory to pension reform is that Go budget for 2001 02 highlighted the unsustainable nature of guaranteed pensions. Following groundwork by experts, the National Pension System NPS was introduced by Go on January 1, 2004 for its employees, with states being given the option of following suit. Rajasthan did so immediately. There are two fundamental differences between the old pension scheme OPS and NPS. The former is linked to the last pay drawn by the employee and is guaranteed by the government, making it a defined benefit system. In NPS, there are no guarantees. A defined contribution of an employee is invested in regulated financial.



## CISF-HCM-TEST-Dated-2023-03-14-Test NO.-7719

Instruments and the pension is tied to market performance. A shift to NPS eased the pressure on both Go and states. Moreover, it created space for spending on other welfare measures. Therefore, Rajasthan decision to go back to OPS carries the risk of crowding out other welfare and investment spending to favor government employees. India military pensions continue to follow OPS. The reallocations within the defence budget provide an insight into the impact of guaranteed pensions. The 15th Finance Commission report showed that defence pension relative to defence expenditure increased from 17.6% in FY 12 to 25.2% in FY 19. During the same period, defence capital outlay declined from 31.8% to 23.6% of defence expenditure. Rajasthan chief minister Ashok Gehlot should roll back this announcement in wider public interests. In an uncertain world, guaranteed payouts will end up reallocating public resources from the needy to a relatively better off section of society. In Maharashtra, if Maha Vikas Aghadi minister Nawab Malik is in BJP crosshairs today, the roots of this go back to at least the 2019 elections. When BJP secured the highest number of seats 105, followed by Shiv Sena with 56, it was assumed that BJP Shiv Sena would form the government under the leadership of high profile BJP leader Devendra Fadnavis, while the post of deputy chief minister would be given to Shiv Sena. Unexpectedly, Uddhav Thackeray refused to accept the leadership of Fadnavis, saying that during his close door meeting with Union home minister and then BJP president Amit Shah he had been assured that the Shiv Sena nominee would be the CM irrespective of the number of seats the party won. Fadnavis insisted that no such assurance had been given. As the war over the CM post continued, it was NCP spokesperson Nawab Malik who mooted the idea of setting up an MVA government comprising Shiv Sena, NCP and Congress. Bunny had a very special birthday this week, and she was very excited about it, as was I. What was special about her birthday was that the date of it read the same forwards and backwards February 22, 2022, or 22 02 2022 a boomerang number that loops right back where it begins. Such numbers are very rare, coming as they do every once in a long while. The next such number is going to be February 03, 2030. Such numbers are palindromes, a word derived from the Greek o run back. Bunny does believe in numerology, or lucky numbers, but she was still pleased as punch at receiving a palindrome as a surprise birthday present, a reminder that time is a two way street of before and after, with memory being the flyover connecting the two. Palindromes are fun, whether they are numeric or verbal. The most common palindrome in India is perhaps Malayalam. I came across my first palindrome when I was 10. My elder sister, Hema, subscribed to Eve Weekly, a women magazine which had a male authored column called Madam take.

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Am Adam. I read the heading from left to right, I read it from right to left, and it remained the same, a perfect mirror image of itself. Wow. One of the best known palindromes is associated with Napoleon: Able was I ere I saw Elba, which was coined in 1848 by an anonymous wordsmith, as was a man, a plan, a canal Panama, coined a century later. The popularity of palindromes has stood the test of time. Those who devise include litterateurs like James Joyce who in his novel, Ulysses, coined the attarrattat which means a knock on the door and imitates the sound of doing this and computer scientists like Peter Norvig, who is credited with having compiled the world longest palindromic sentence, comprising 17,826 words. You don't have to be a celebrated author or a computer whizz to create your own palindromes to share with friends, and invite them to share theirs with you, in an exchange which might be called Pals lap, which is a palindrome. As is the heading of this column. The best of all forces, which can overcome all difficulties, is the love that knows how to give without any need to bargain for a return. There is nothing that love cannot achieve, and there is nothing that love cannot sacrifice. There is nothing beyond God and there is nothing without God, and yet God can always be captured by love. All other essential qualities will come to the aspirant if he follows faithfully the whisperings of the unerring voice of love that peaks from his own heart, shedding light on the path. To lose hold of the mantle of this guide is to find only despair. The heart without love is entombed in unending darkness and suffering, but the heart that is restless with love is on its way to realisation of the unfading light that shines on the life divine. Pure love is matchless in majesty; it has no parallel in power, and there is no darkness it cannot dispel. It is the undying flame that has set all life aglow, yet it must be kindled and rekindled in the abysmal darkness of selfish thoughts, selfish words and selfish deeds. As it is fired anew, it bursts out in magnificent light to serve as a beacon for those who still grope in the darkness of selfishness. Listen to the language of the tongue and its japs, mantras, devotional songs and so on. He does not listen to the language of the mind and its routine meditations, concentrations and thoughts about God. He only listens to the language of the heart and its message of love, which needs no ceremony or show, only silent devotion for the Beloved. This love can be expressed in various ways, all of which ultimately result in union with God. The practical way for the average man to express love is to speak lovingly, think lovingly and act lovingly towards all mankind, feeling God to be present.

## CISF-HCM-TEST-Dated-2023-03-14-Test NO.-7721

Everyone love means suffering and pain for oneself and happiness for others. To the giver it is suffering without malice or hatred. To the receiver it is a blessing without obligation. The path of love is not free from sacrifices. Just as heat and light go hand in hand, so do love and sacrifice. If, instead of seeing faults in others, we look within ourselves, we love God. If, instead of robbing others to help ourselves, we rob ourselves to help others, we love God. If we suffer in the sufferings of others and feel happy in the happiness of others, we love God. If, instead of worrying over our own misfortunes, we think of ourselves as more fortunate than many, many others, we love God. If we endure our lot with patience and contentment, accepting it as His will, we love God. If we understand that the greatest act of devotion towards God is not to harm any of his beings, we love God. To love God as he ought to be loved, we must live for God and die for God, knowing that the goal of all life is to love God and find Him as our own self. Therefore, let us become the soldiers of God. Let us struggle for the truth. Let us live not for ourselves, but for others. Let us speak truly, think truly and act truly. Let us be honest, as God is infinite honesty. Let us return love for hatred and win others over to God. Let the world know that above everything, the dearest to our hearts is God the supreme reality. The we within us is decoded when we stop being the us we feel it is for every moment we choose the us which we think to be the true us we deviate from what the authentic one is. All our life we are conditioned to tame our true self and be the socially desirable version of ours. The conditioning however happens because it is tougher for every one of us to come face to face with our authentic selves. It puts in a lot of acceptance, love, courage and unconditionally to accept ourselves for what we are. To gather all the broken pieces, to mend them all and love that each piece for whatever shape and size it comes in needs a lot of courage and to walk with all of it unmasked and naked takes bravery. Life is about finding the parted us and on this journey of deciphering us we get concealed with the versions of us which our social sphere believes we are. Initially we learn to understand that those opinions are opinions and not our truth, however, as we grow to be a complex being we fail to strike the difference between the opinions and the truth. It is the first strike to our separation from self. In the process of accepting this social us we often fail to take stands for us and.

## CISF-HCM-TEST-Dated-2023-03-14-Test NO.-7722

Trust our authentic us. We do this to be in the game, to be wanted, to feel less abandoned, to feel less rejected and to feel included. Though we continue to choose the plastically coated version of us, we have continued to feel the ache of the parting from our heart and our brain. The constant unconscious feeling of being separated from ourselves is massive enough for us to finally choose us over everything that is not us. It is time we all outgrow hatred, anger, disgust, hurt and pain which we have deeply buried for every time we did choose ourselves. It is time we choose unconditional positive regard and be gentle on ourselves now. One of the root causes of low agricultural productivity in India is the fact that an average Indian farmer owns less than 3 acres of land. When decisions are made at such a micro level, the cost of scientific and technological interventions becomes prohibitive. Few farmers can deploy the right kinds of machines, soil testing based on nutrient optimizations, or practices requiring agronomic inputs. Contrast this to a 70,000 acre industrial farm, let say in Idaho. Before the cropping season, the farm owner has the means and measures to conduct soil tests of samples from their fields, based on which they do the Agra modeling, calculate the optimal amount of fertilizer requirement, choose the right seed from thousands of seed varieties that best suit their soil conditions and have access to forecasted weather in the upcoming season. The need for a shared economy platform for the smallholder farmers in India, accessing such scientific solutions and farm machinery remains a challenge. If unmet, this would continue to cause the yield loss wherein some of the crops in India produce as little as 1/3rd of the average yield compared to industrial farms. To improve their existing condition, we need to make technological resources accessible to farmers. And the most effective way to achieve this is by sharing these expensive resources between a large numbers of farmers. Technology here plays the role of being the virtual aggregator of farms. This is essentially what a shared economy platform does. Consider the uber model, wherein it matches demand and supply for mobility but at the same time makes an expensive resource like a vehicle shared across a large number of rides. A similar model for agriculture would bring down the cost of mechanisation to the farmers. If we look at farm mechanisation in India, it remains limited to tractors and farm equipment that can be attached to the tractors. Many other specialised machines are not utilised on a farm because such machinery would suffer from very low utilisation. Today, all this work still gets done manually. The focus should be identifying machines that farmers can otherwise not afford and amortizing their costs over many acres. This way, farm mechanisation as a service will be available to farmers at a price point that is cost effective and affordable at.

## CISF-HCM-TEST-Dated-2023-03-14-Test NO.-7723

Has had to intervene many times in favour of live in heterosexual couples. Civil unions, therefore, are an option for any two people seeking legal basis for their relationship. WHO chief is right in arguing that tracing the origins of Covid is not just a scientific but also a moral imperative. This comes as the US Energy Department is reported to have assessed that the pandemic had likely been caused by an unintentional Chinese lab leak. The lab leak theory has persisted despite some scientists positing that the novel virus had naturally jumped from animals to humans. The main reason for this state of unknowability is China stonewalling of a thorough Covid origin investigation. Recall that China had allowed a WHO team to visit the country in early 2021 for investigation. But the visiting team was neither allowed to freely travel and interview witnesses nor given access to raw patient data from early cases in Wuhan the Chinese city thought to be ground zero of the pandemic. As a result, the visit report was inconclusive. And when WHO proposed a second phase of investigation later that year, China flatly refused. This further fuelled speculation that Beijing was hiding something, especially at the Wuhan Institute of Virology, which was said to be conducting gain of function research on coronaviruses. Experiments that were reportedly also funded by the US. If the lab leak theory is true, Covid would be a manmade disaster of epic proportions. Therefore, two things are important. First, there must be an international consensus on banning all gain of function research. The dangers of such experiments far outweigh the benefits. These modified viruses are essentially deadly bioweapons. Second, investigations into the origins of Covid must continue to find the truth and to better prepare for or prevent future outbreaks. Was Beijing directly responsible for the worst pandemic this century, that the question. Elections in the North East used to be an economical affair, compared to the rest of the country where parties and candidates tend to splurge vast sums of money to contest. The intensification of competitiveness of elections and the involvement of new parties in state elections have somewhat changed that feature of politics in the North East. Here, we compare the average net assets of major parties candidates and MLAs across the three states that just went to the polls. In Tripura, the average self-declared wealth of MLAs has increased from Rs 26 lakh in 2008 to Rs 1.5 crore in 2023. In Nagaland, MLAs went from declaring an average of Rs 4 crore net assets in 2008 to nearly Rs 9 crore in 2023. The rise is even more pronounced in Meghalaya, where MLAs declared on average Rs 1.1 crore of assets in 2008, against Rs 9.1 crore in 2023. Colombia wants to send 70 cocaine hippos to Indian and Mexican sanctuaries and zoos. And, no, they are drug mules. In the 1980s, nacre king Pablo Escobar illegally procured four hippos for his private menagerie. Following.

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His death in 1993, officials let these zoo exotica roam free on his ranch. The four progressively multiplied to around 130. Escaping from Escobar estate, one too many also got wet and wild in central Colombia Magdalena River area. The hippo camping idyll seems short lived. Once experts warned they had number 1,500 in 16 years for lack of natural predators, hippos were dubbed invasive, oxyc, a nonnative threat to environment, local wildlife and people. Now, whether they are translocate, castrated or culled, their beastly tale rather instructive. It reveals more about us humans than about them hippos, heavyweight natives of sub Saharan Africa. It said millennia ago Homo sapiens dispersed out of Africa. Were we modern humans native to every earthly place we colonised? Nope. Spreading virus like across continents, we took along invasive bugs, beasts and brainwaves, disrupting pristine new worlds. As for proactively crushing other life forms, T Rex could match us. Everywhere, we eco systematically wrecked biodiversity. Woolly mammoths, dodos, great auk, passenger pigeons, Tasmanian tigers, Caribbean monk seals, Staller sea cows we (trophy)hunters were their nemesis. Were still at it, driving a so called planetary scale sixth extinction. If hippos too are designated vulnerable, thank us grasslands encroachers and ivory poachers. A time came when neither carnivorous lion nor omnivorous grizzly let alone herbivorous hippo rivaled us for food or space. Then, after subjugating all that gamboled or growled in nature, we factory farmed sentient creatures fattened for dinner. If ensnared bush meat yielding hippos could be docile stun gunned livestock, you bet more would be merrier. Territorial hippos are deadly. Territory grabbers, were deadlier: we vet decimated our own kind, archaic humans included. Our migrations, conquistador led explorations and imperialist civilising projects meant bloody conquest of human natives. From the Americas to the Indies cavalierly conflated by Christopher Columbus and beyond, indigenous peoples and cultures paid the price. Our specialism partnered our racism: exploitable non humans we thought inferior; exterminable humans we called savages. Embodying the Anthropogenic survival of the wiliest, we 8 billion strong humans have no natural competitor or, purportedly, moral equivalent. You ask: what behind this predatory triumph and depredatory triumphalism? Our hippo crispy, stupid. Life at some juncture presents us with a signal. Its message is to go inside. For most though, the message will go unnoticed, camouflaged by the foliage of the ego. Once our soul is ready, it will surely be observed. The calling may be prompted by dissatisfaction. We feel boxed in by our conditioning that only promotes the surface. Its effect is suffocation and we feel trapped. Often it takes many wake up calls and catastrophes to intervene and reinforce the soul calling. But even if our upbringing is progressive, we still need to move to a freer air. Are we prepared to tread this futile treadmill for countless incarnations? Eventually, we cannot deny the summons any longer; we must find meaning to our existence. It amounts to spiritual suicide to ignore it. The solution will.

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## CISF-HCM-TEST-Dated-2023-03-14-Test NO.-7727

Never be found on the surface. Reversing the orientation of our consciousness is the first movement we make in yoga. It is the most decisive change one makes in life. Herculean effort is needed to sustain and strengthen the process, for our papaya will only yield to a complete surrender at the very end. We constantly succumb to the gravitational pull from outside, and in truth we don't even notice it. It takes vigilance and a persevering attitude to check this automatic movement. We have to stay awake, realign and go in deeper again and again. Because of the difficulty, there is a temptation to retreat into seclusion. Initially, we need to create our sacred environment. However, in Integral Yoga, we cannot shy away for long because we learn that the best way to change ourselves is through the thick of life itself. It is a yoga of transformation after all and it is in action that our inner movements are best transformed. We must try to do this even in interaction. Eventually, whatever throws us onto the outside only signals the necessity of retaining our poise inside. We are always tested. We have to embrace this station in everyday life. At work or with our family, that elusive tug is particularly there. We have to step back continuously to retrieve our source. The poise needs to be maintained always. We need to protect and nurture our inner connection as soon as we become aware of it. We start as a witness. We detach and disengage from what we experience and see. By detaching from the spume, we find a greater stability in negotiating the turbulent waves of life. Over time though, our awareness starts identifying with the Truth that sits inside. Whatever we identify with, we become. The process solidifies our awareness and gradually transmutes into consciousness. Until then, we do not have sufficient capacity to change our reactions and inner movements. It is like we're watching over them and that only keeps them in check. With this intense state of inner identity, our static station over time transforms into something much more dynamic. True Consciousness is always aligned with Force, Shakti. It does not just witness; it effects. It is the identity of consciousness with the soul that shows us the way to inner mastery for the conversion of our nature to take place. The whole nature goes through a profound change. Sooner or later, in your passage through lifetimes, this calling will come. If it arrives in this life, embrace it. Seize and hold it close to your heart. You are changing the whole modality of your existence. Truly, you do not have a choice. Do not look back, surrender to it and shift everything inside. Let us look at events within and outside India and the impact of the same on an average savings class individual. By average savings class, I mean savings of up to Rs 6.00 lakhs per annum Rs 50K per month. In.



## CISF-HCM-TEST-Dated-2023-03-14-Test NO.-7728

My view this is the most vulnerable class of savers. Now the Government of India is trying to move savers away from the mandated savings such as Life Insurance, PPF etc. by bringing in an alternative income tax computation method (now default choice method) where if you are willing to sacrifice tax deduction sections your base of income and the tax slab is different up to a certain income level. This is meant as some sort of incentive to expand your choice of savings instruments and in some ways push the savings into capital markets (risk and rewards payoff). However, the environment for the savings class in India has always been very unfair. The interest % rates paid by bankers on savings and fixed deposits accounts (post tax) have been pathetic. In a significant percentage of savings class, the only major savings outlet has been bank fixed deposits. Post income tax, the interest income does not even cover inflation. What is not so well known is that for every bank, you have an insurance security of maximum Rs 5 lakhs. Any deposits over this amount at a bank, carry an exposure of losing capital if things go wrong. Only now, are the bank deposit rates of interest showing some sort of uptrend. The Principal loss exposure continues. In India, we have just had the case of the short seller Hindenburg destroying the Market Valuation of Adana Business Group. Adana Group was forced into a rethink of its business expansion strategy and its dependence on Borrowings to fund growth in its Business verticals. Why we needed an overseas short seller to tell this and Indian Financial authorities were silent is an unanswered question? Suddenly, the World over the Financial sector is coming under attack and everyone is worried about the domino effect. As one bank fails, it puts other banks under pressure. The failure of Silicon Valley Bank in USA appears to be hitting First Republic Bank there. Similarly, in Europe Credit Suisse Bank is showing signs of going under. The way the banks are interconnected globally, one does not know where else a piece of the bank structure pyramid slips out, collapsing its structure and affecting others by it. It is to stop contagion from spreading that the Reserve Bank of India is now looking at stability and financials of cooperative banks and NBFCs very closely, so India is saved from failures reverberations. There are other Got of India Savings schemes like Equity Linked Savings Scheme, Public Provident Fund, Senior Citizen Savings Scheme, National Pension Scheme, National Savings Certificates. There are however disadvantages of number of years holdings, etc., (resulting in blockage of liquidity) that one would like to study before investment. If due to capital market volatility, one does not want to invest there (thru Mutual Funds or direct share holdings), the above savings schemes can be considered. Also, Debt Mutual Funds could be considered. It is very likely that the Indian saving class will move towards Gold, affordable.